

SUBURBAN DIAGNOSTICS - BORIVALI WEST

Patient Name: ANURAG SINGH PARIHAR

Date and Time: 7th Apr 23 9:19 AM

Patient ID: 2309717021

Age **35** **8** **30**
years months days

Gender **Male**

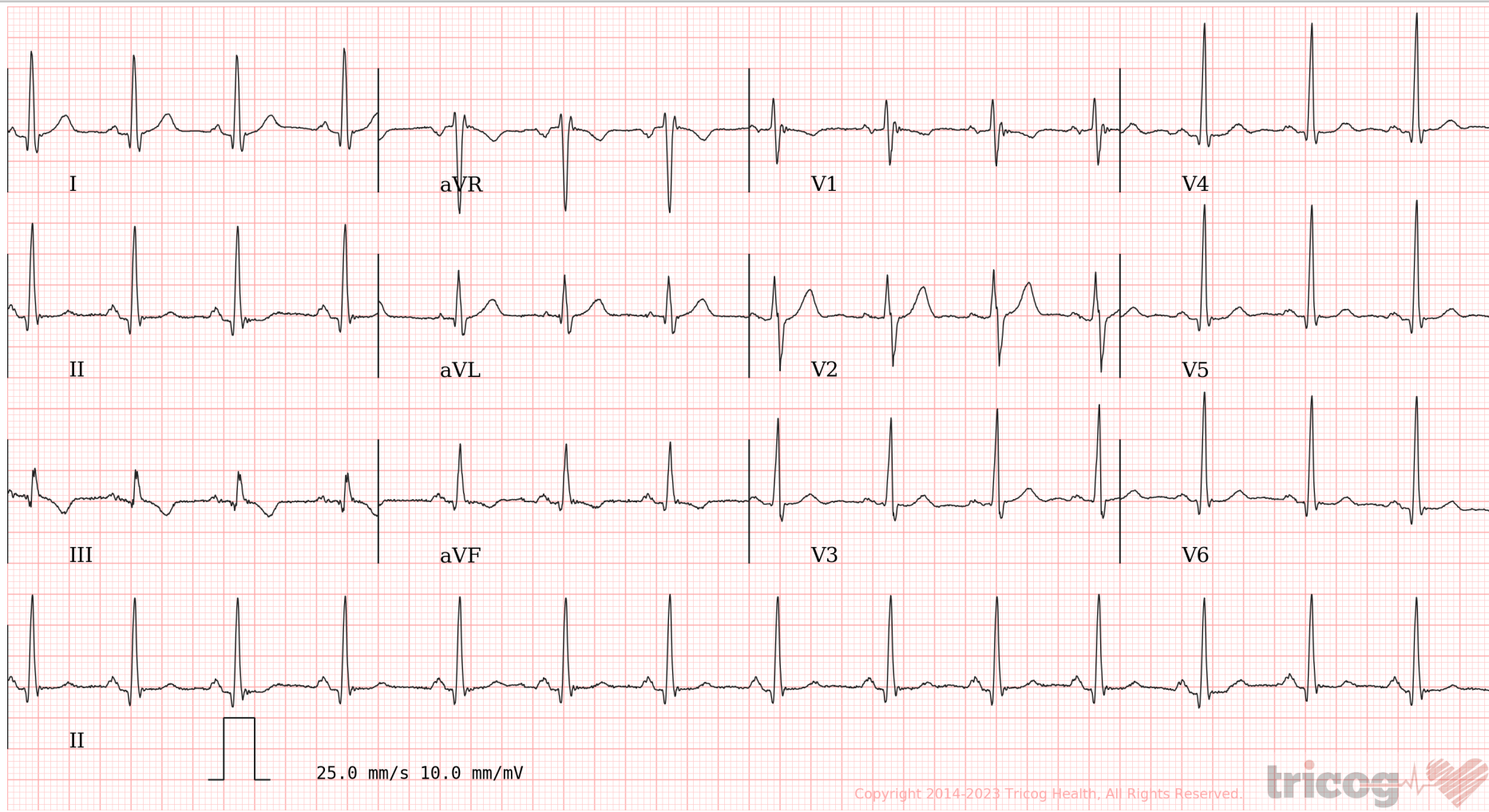
Heart Rate **87bpm**

Patient Vitals

BP: 120/80 mmHg
Weight: 80 kg
Height: 177 cm
Pulse: NA
Spo2: NA
Resp: NA
Others: _____

Measurements

QRSD: 98ms
QT: 358ms
QTcB: 430ms
PR: 138ms
P-R-T: 53° 42° -6°



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Sinus Rhythm, T inversion in III, avf adv 2d Echo. Please correlate clinically.

REPORTED BY

Dr Nitin Sonavane
M.B.B.S.AFLH, D.DIAB,D.CARD
Consultant Cardiologist
87714

Name : ANURAG PARIHAR

CID:- 2309717021

History and Complaints:

Nil

EXAMINATION FINDINGS:

Height (cms): 176cm

Temp (0c): Afebrile

Blood Pressure (mm/hg): 130/80 mmhg

Pulse: 74/min

Weight (kg): 80kg

Skin: Normal

Nails: Normal

Lymph Node: Not palpable

Systems:

Cardiovascular:- S1S2 audible

Respiratory:- AEBE

Genitourinary:- NAD

GI System:- Liver & Spleen Not Palpable

CNS:- NAD

IMPRESSION:

Normal

ADVICE:

CHIEF COMPLAINTS:

- 1) Hypertension: No
- 2) IHD:- No
- 3) Arrhythmia:- No
- 4) Diabetes Mellitus:- No

- 5) Tuberculosis:- NO
- 6) Asthama:- No
- 7) Pulmonary Disease:- No
- 8) Thyroid/ Endocrine disorders:- No
- 9) Nervous disorders:- No
- 10) GI system:- No
- 11) Genital urinary disorder:- No
- 12) Rheumatic joint diseases or symptoms:- No
- 13) Blood disease or disorder:- No
- 14) Cancer/lump growth/cyst:- No
- 15) Congenital disease:- No
- 16) Surgeries:- ~~No~~ DNS ST-
- 17) Musculoskeletal System:- No

PERSONAL HISTORY:

- 1) Alcohol:- No
- 2) Smoking:- NO
- 3) Diet:-MIX
- 4) Medication:-No


DR. NITIN SONAVANE
M.B.B.S.AFLH, D.DIAB, D.CARD.
CONSULTANT-CARDIOLOGIST
REGD. NO. : 87714

Suburban Diagnostics (I) Pvt. Ltd.
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Above Tanisq Jeweller, L. T. Road,
Borivali (West), Mumbai - 400 092.

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

Name: ANURAG SINGH PARIHAR

Date: 07-04-2023 Time: 09:00

Age: 35 Gender: M Height: 176 cms Weight: 80 Kg ID: 2309717021

Clinical History: NIL

Medications: NIL

Test Details:

Protocol: Bruce Predicted Max HR: 185 Target HR: 157

Exercise Time: 0:05:44 Achieved Max HR: 160 (86% of Predicted MHR)

Max BP: 160/80 Max BP x HR: 25600 Max Mets: 6.7

Test Termination Criteria: TEST COMPLETE

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:13	1	0	0	88	120/80	10560	-1.2 aVR	-1.1 aVR
Standing	00:14	1	0	0	87	120/80	10440	-1 aVR	0.9 I
HyperVentilation	00:17	1	0	0	85	120/80	10200	1 I	0.7 I
PreTest	00:11	1	1.6	0	100	120/80	12000	0.9 V2	-1.2 III
Stage: 1	01:06	1.7	2.7	10	121	120/80	14520	0.9 V2	1.1 V2
Stage: 2	03:00	4.8	4	12	146	150/80	21900	-1.1 V5	-2.1 aVR
Peak Exercise	01:38	6.7	5.5	14	160	160/80	25600	-0.9 II	-1.9 III
Recovery1	01:00	1	0	0	136	160/80	21760	0.6 V4	-1.8 aVR
Recovery2	01:00	1	0	0	112	140/80	15680	-0.5 V4	-1.2 aVR
Recovery3	01:00	1	0	0	108	140/80	15120	-0.4 V4	0.9 I

Interpretation

The Patient Exercised according to Bruce Protocol for 0:05:44 achieving a work level of 6.7 METS.
Resting Heart Rate, initially 88 bpm rose to a max. heart rate of 160bpm (86% of Predicted Maximum Heart Rate).
Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 160/80 mmHg
Good Effort tolerance Normal HR & BP Response No Angina or Arrhythmias
No Significant ST-T Change Noted During Exercise Stress test Negative for Stress inducible ischaemia.

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Ref. Doctor: ----

Doctor: DR. NITIN SONAVANE

SCHILLER

The Art of Diagnostics

(Summary Report edited by User)
Spandan CS-20 Version:2.14.0

DR. NITIN SONAVANE
M.B.B.S.AFLH, D.DIAB, D.CARD.
CONSULTANT-CARDIOLOGIST
REGD. NO. : 87714



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

ANURAG SINGH PARIHAR

ID: 2309717021

Date: 07-04-2023

Exec Time : 0:00:00

Stage Time: 00:13

HR: 88 bpm

BP: 120/80 mmHg

Brace Protocol
STLevel(mm) STSlope(mV/s)

Stage: Supine

Speed: 0 km/h

Slope: 9%

THR: 157 bpm

STLevel(mm) STSlope(mV/s)

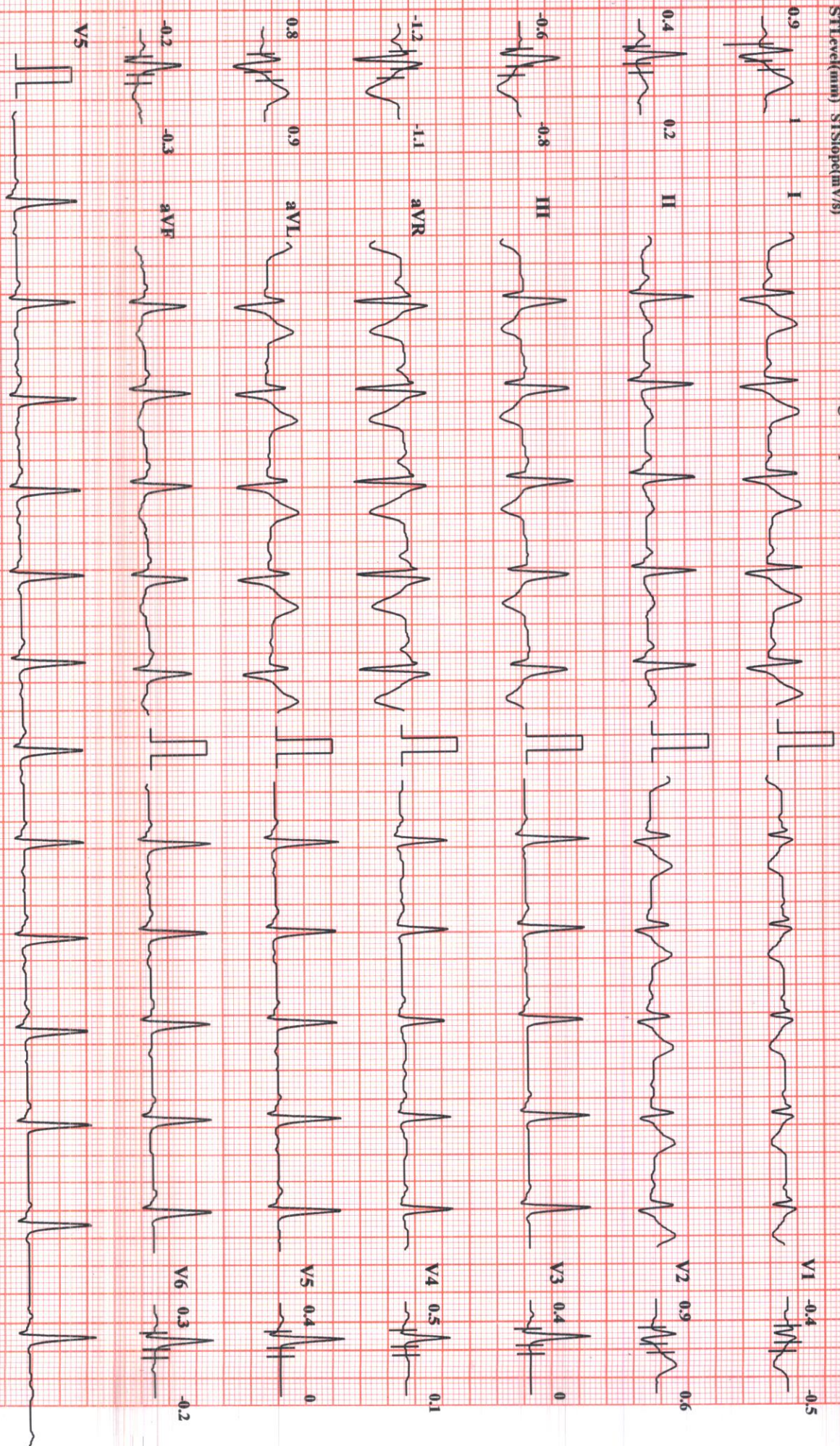


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

ANURAG SINGH PARIHAR

Bruce Protocol
STISlope(mm) STISlope(mV/s)

ID: 2309717021
Stage: Standing

Date: 07-04-2023
Speed: 0

Exec Time : 0:00:00
Slope: 0 %

Stage Time: 00:14
THR: 157 bpm

HR: 87 bpm

BP: 120/80 mmHg
STISlope(mm) STISlope(mV/s)

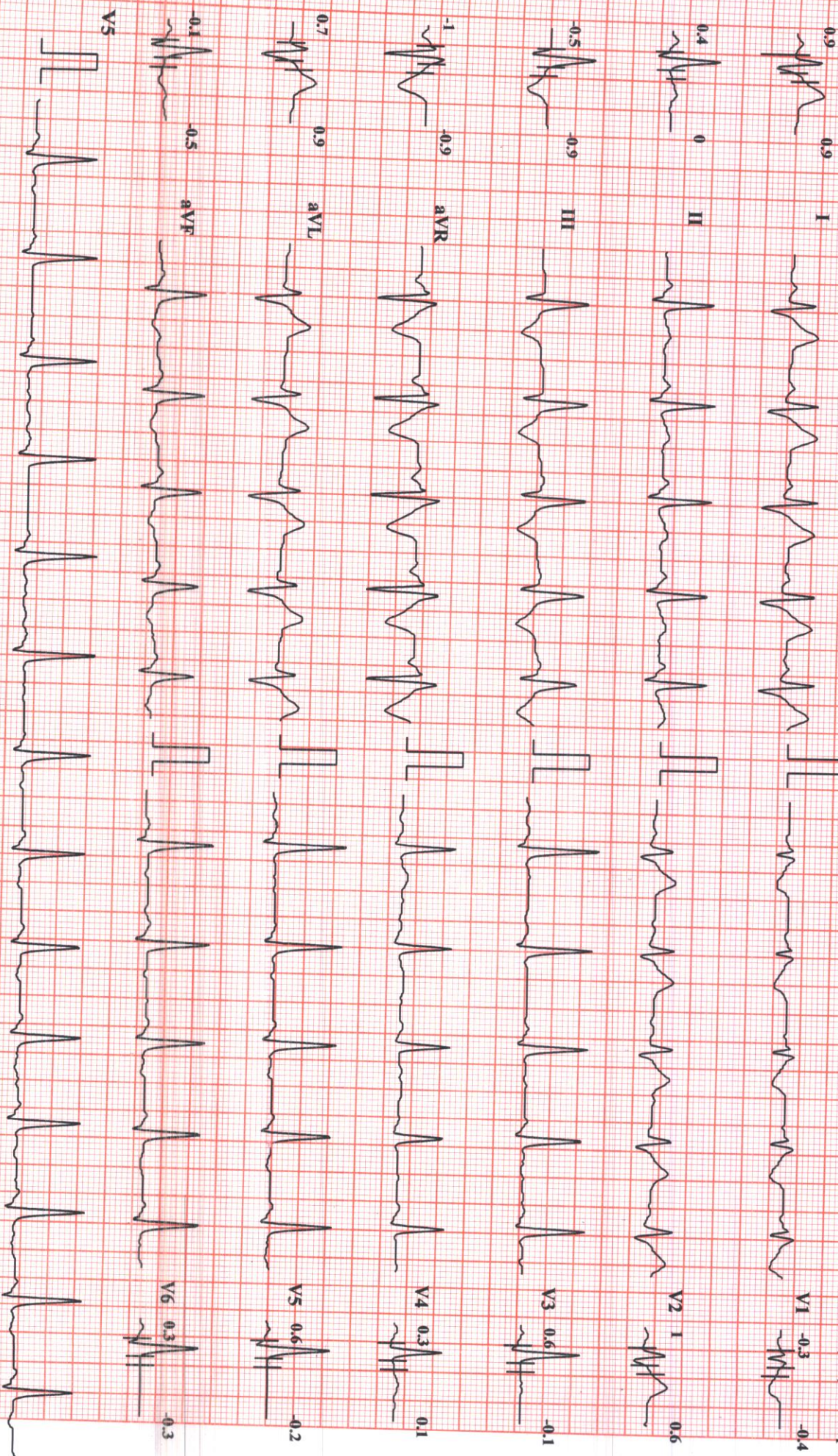


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.1



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

ANURAG SINGH PARIHAR

ID: 2309717021

Date: 07-04-2023

Exec Time : 0:00:00

Stage Time: 00:17

HR: 85 bpm

BP: 120/80 mmHg

Brice Protocol

Stage: Hyper Ventilation

Speed: 0

Slope: 0%

THR: 157 bpm

STL:level(mm) STS:Slope(mV/s)

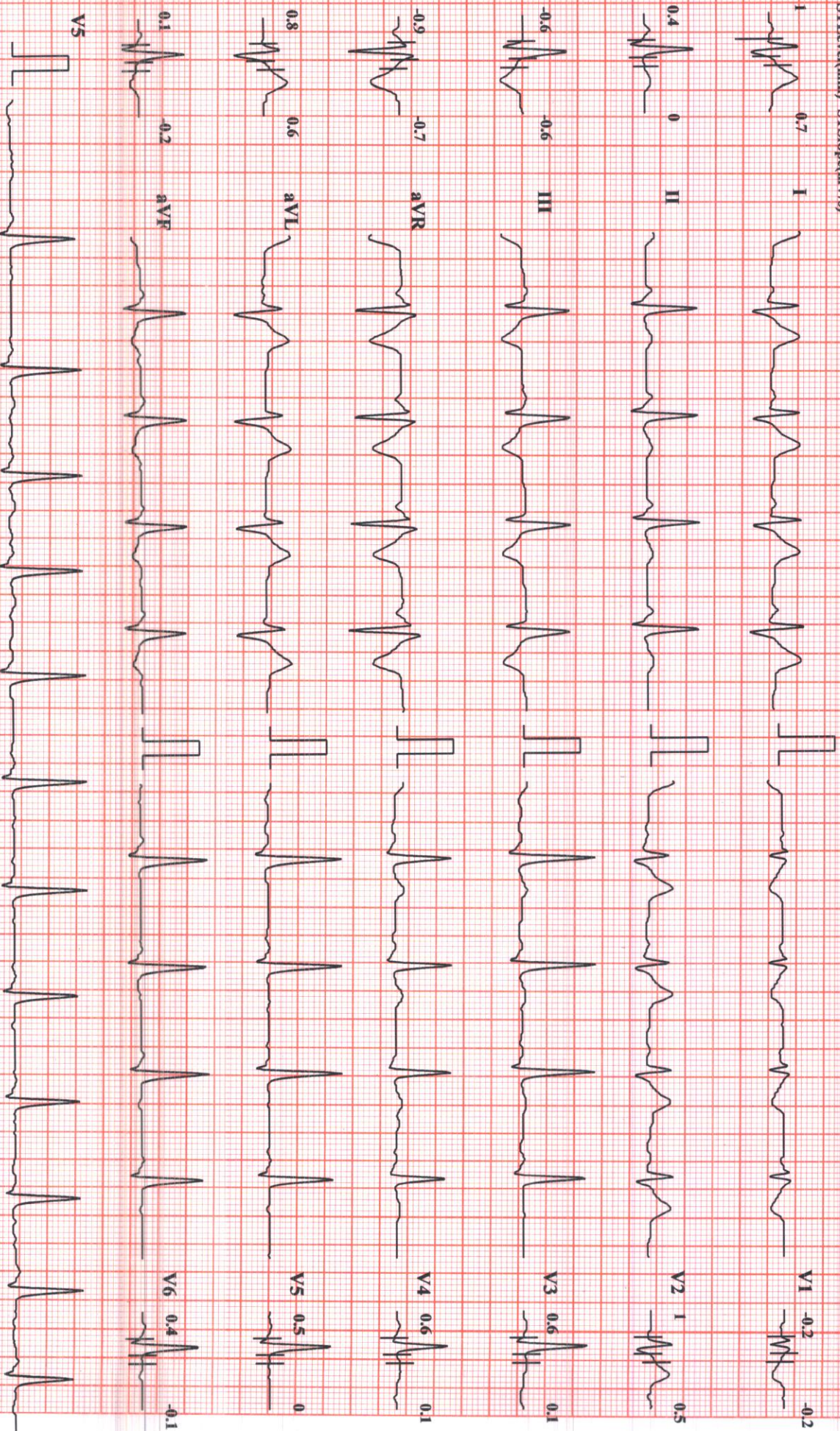


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.1

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

ANURAG SINGH PARIHAR

Brice Protocol

ID: 2309717021

Date: 07-04-2023

Exec Time : 0:01:06

Stage Time: 01:06

HR: 121 bpm

STLevel(mm) STSlope(mV/s)

Stage: 1

Speed: 2.7 kmph

Slope: 10 %

THR: 157 bpm

BP: 120/80 mmHg
STLevel(mm) STSlope(mV/s)

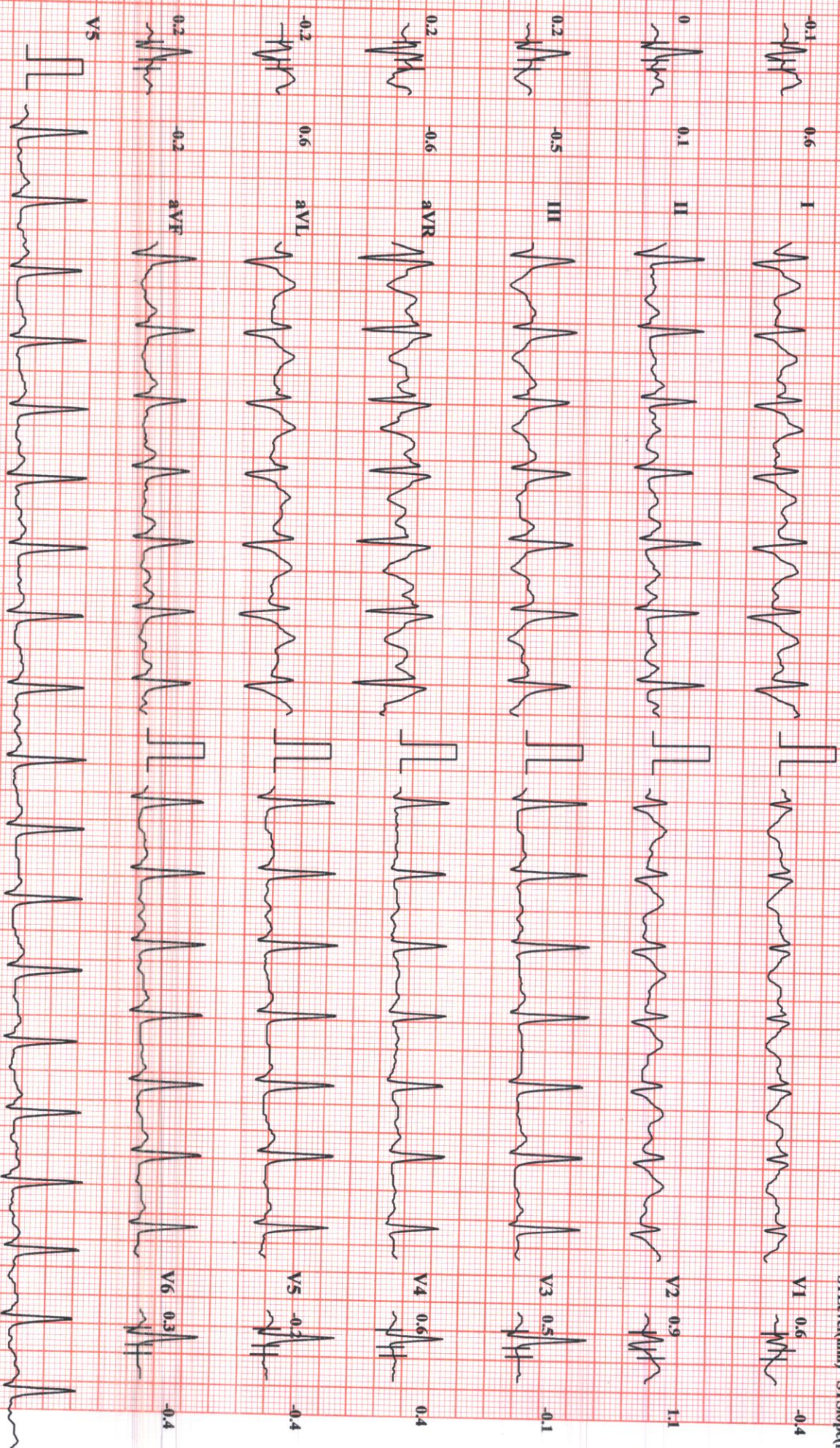


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.1



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

ANURAG SINGH PARIHAR

Brice Protocol

ID: 2309717021

Date: 07-04-2023

Exec Time: 0:04:06

Stage Time: 03:00

HR: 146 bpm

STLevel(mm) STISlope(mV/s)

Stage: 2

Speed: 4 kmph

Slope: 12 %

THR: 157 bpm

BP: 150/80 mmHg
STLevel(mm) STISlope(m

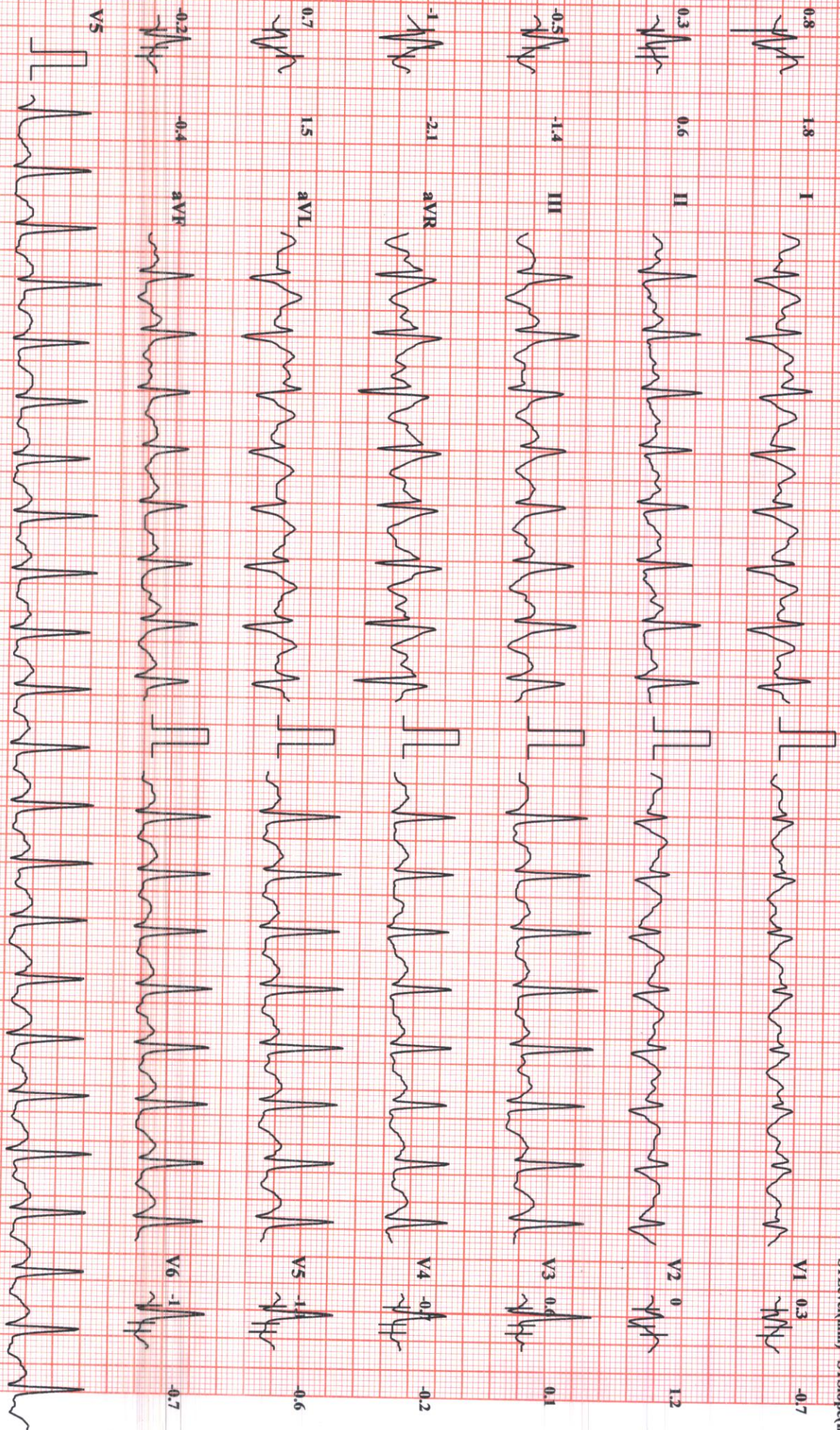


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version: 2.1



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

HR: 160 bpm

ANURAG SINGH PARIHAR

ID: 2309717021

Date: 07-04-2023

Exec Time: 0:05:44

Stage Time: 01:38

BP: 160/80 mmHg

Brice Protocol

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Slope: 14 %

THR: 157 bpm

ST1:vecl(mm) ST1Slope(mV/s)

ST1:vecl(mm) ST1Slope(mV/s)

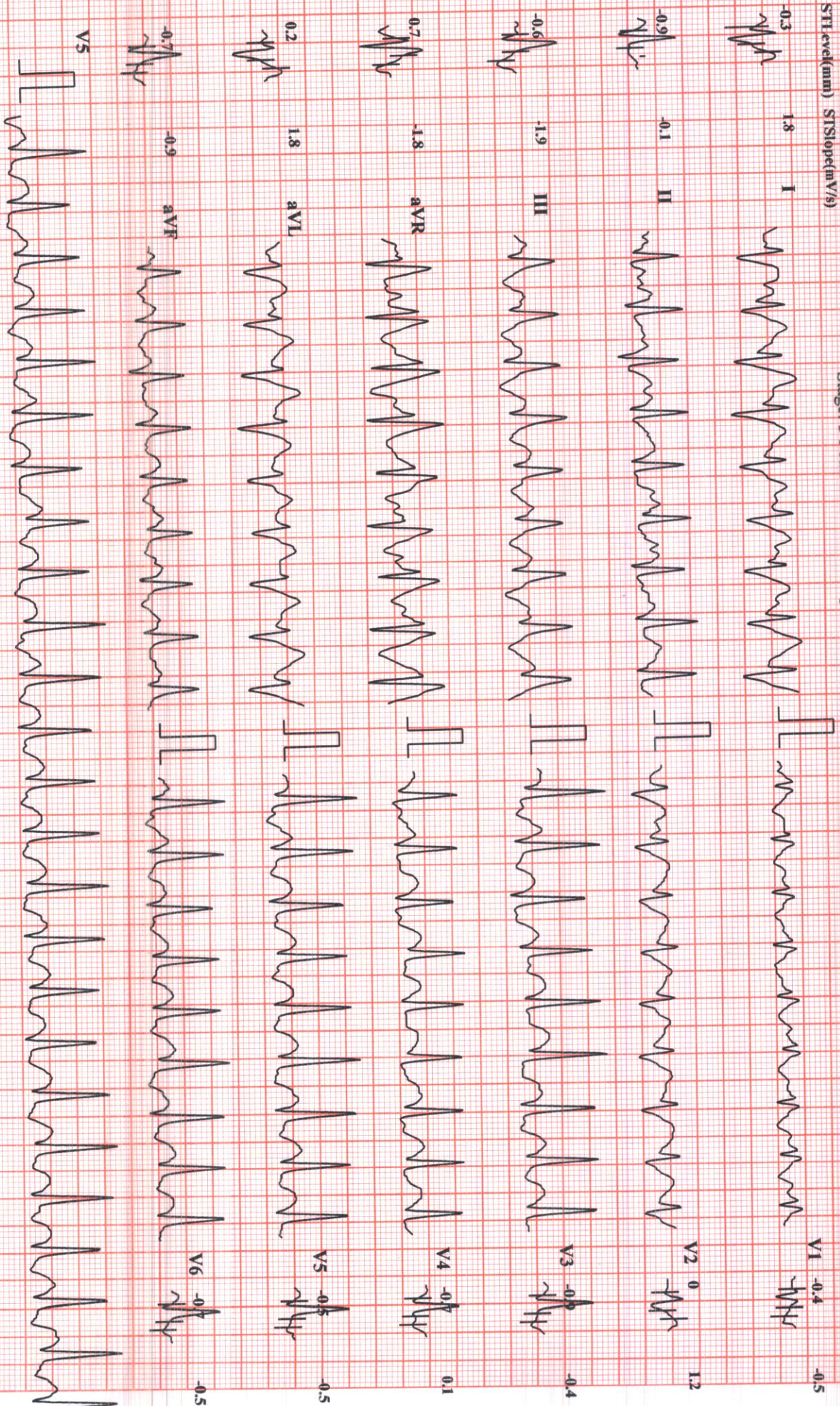


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

HR: 136 bpm

ANURAG SINGH PARIHAR

ID: 2309717021

Date: 07-04-2023

Exec Time: 00:00

Stage Time: 01:00

BP: 160/80 mmHg

Brice Protocol

Stage: Recovery1

Speed: 0 kmph

Slope: 0 %

THR: 157 bpm

STLevel(mm) STISlope(mV/s)

STLevel(mm) STISlope(mV/s)

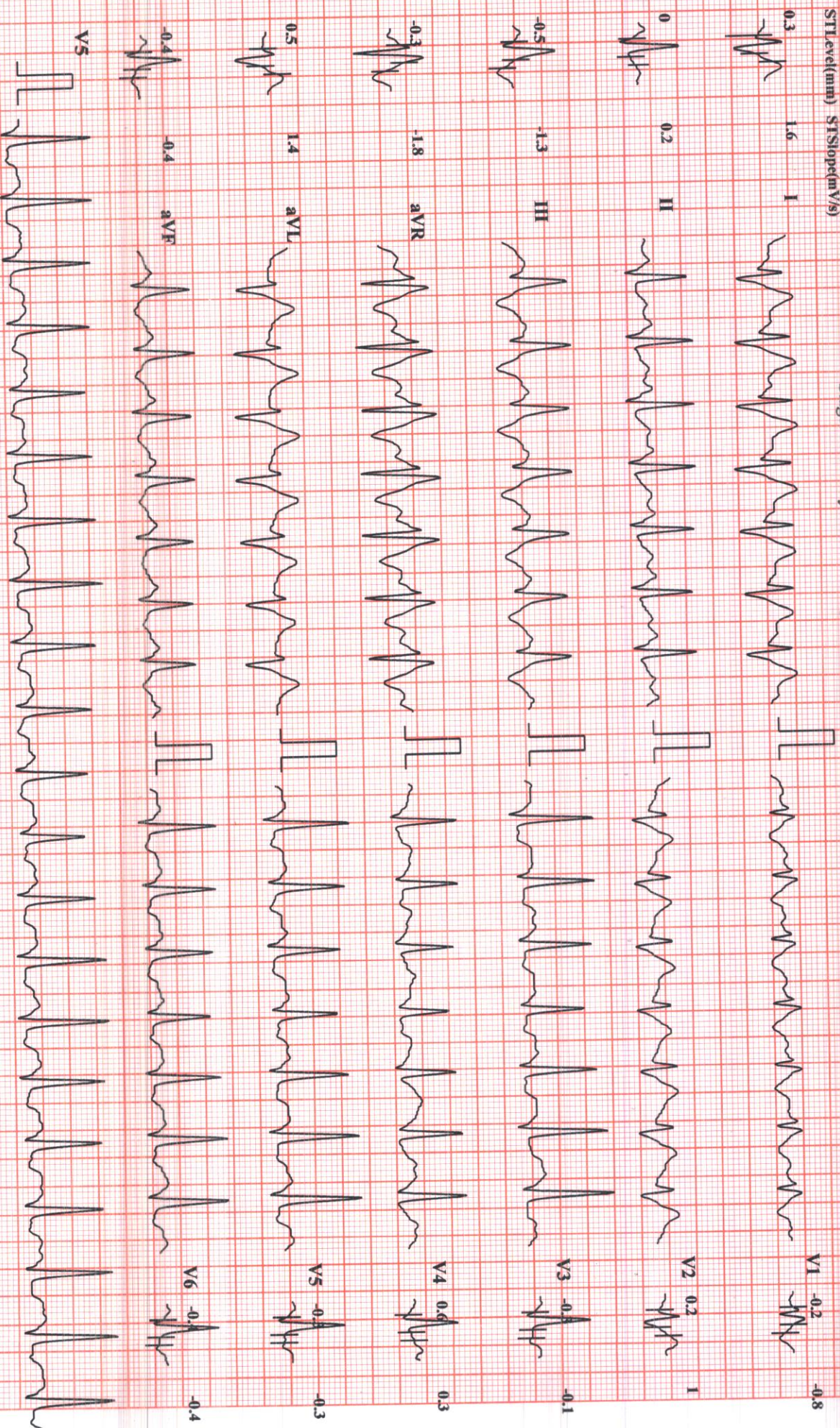


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.1

ANURAG SINGH PARIHAR

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

Bruce Protocol

ID: 2309717021

Date: 07-04-2023

Exc Time : 00:00

Stage Time: 01:00

HR: 112 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery²

Speed: 0 kmph

Slope: 0%

THR: 157 bpm

BP: 140/80 mmHg

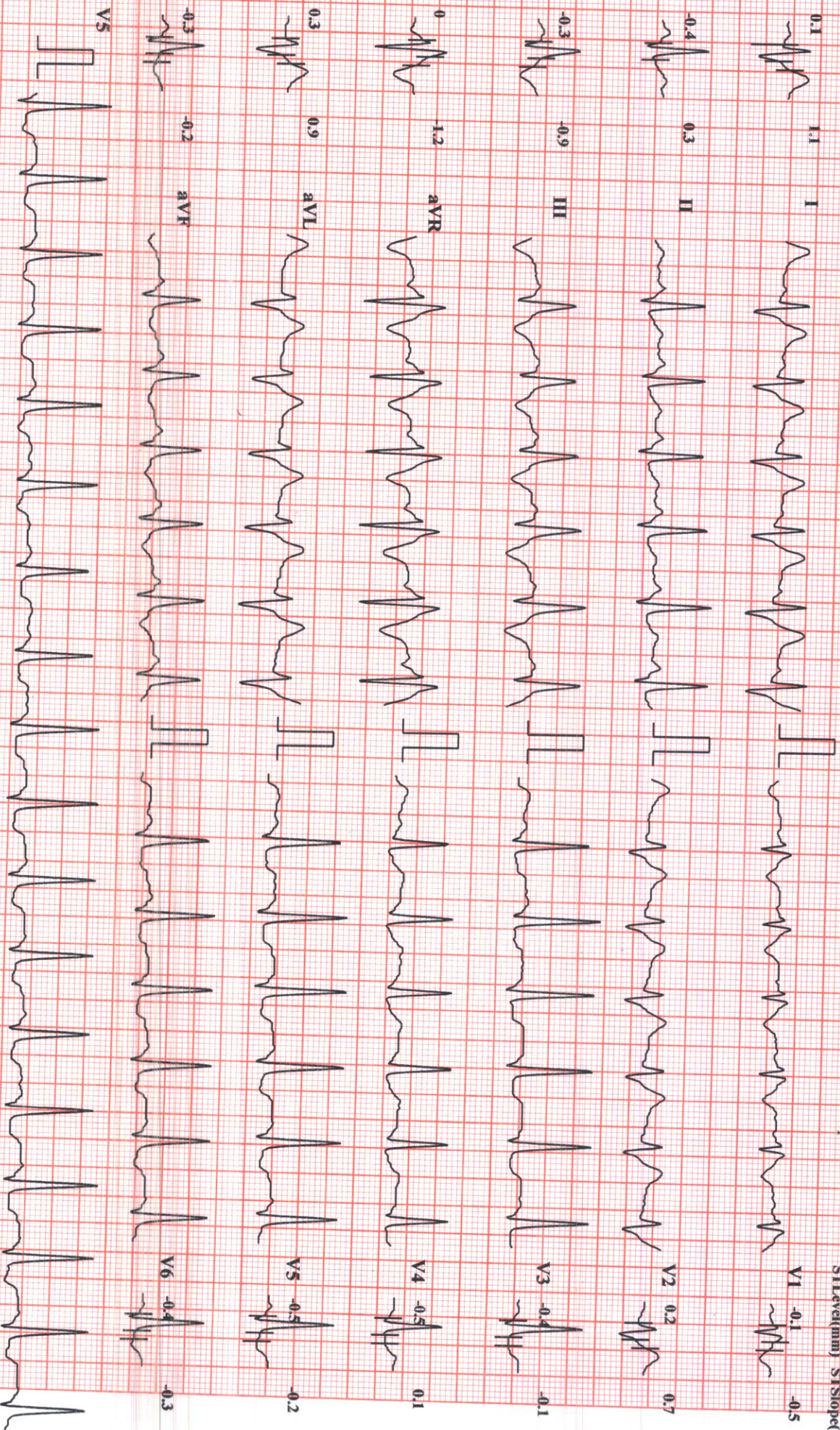


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO - R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version 2.1



SUBURBAN DIANOSTICS PVT. LTD, BORIVALI

ANURAG SINGH PARIHAR

ID: 2309717021

Date: 07-04-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 108 bpm

Brice Protocol

STLevel(mm) STSlope(mV/s)

Stage: Recovery3

Speed: 0 kmph

Slope: 0 %

THR: 157 bpm

BP: 140/80 mmHg
STLevel(mm) STSlope(mV/s)

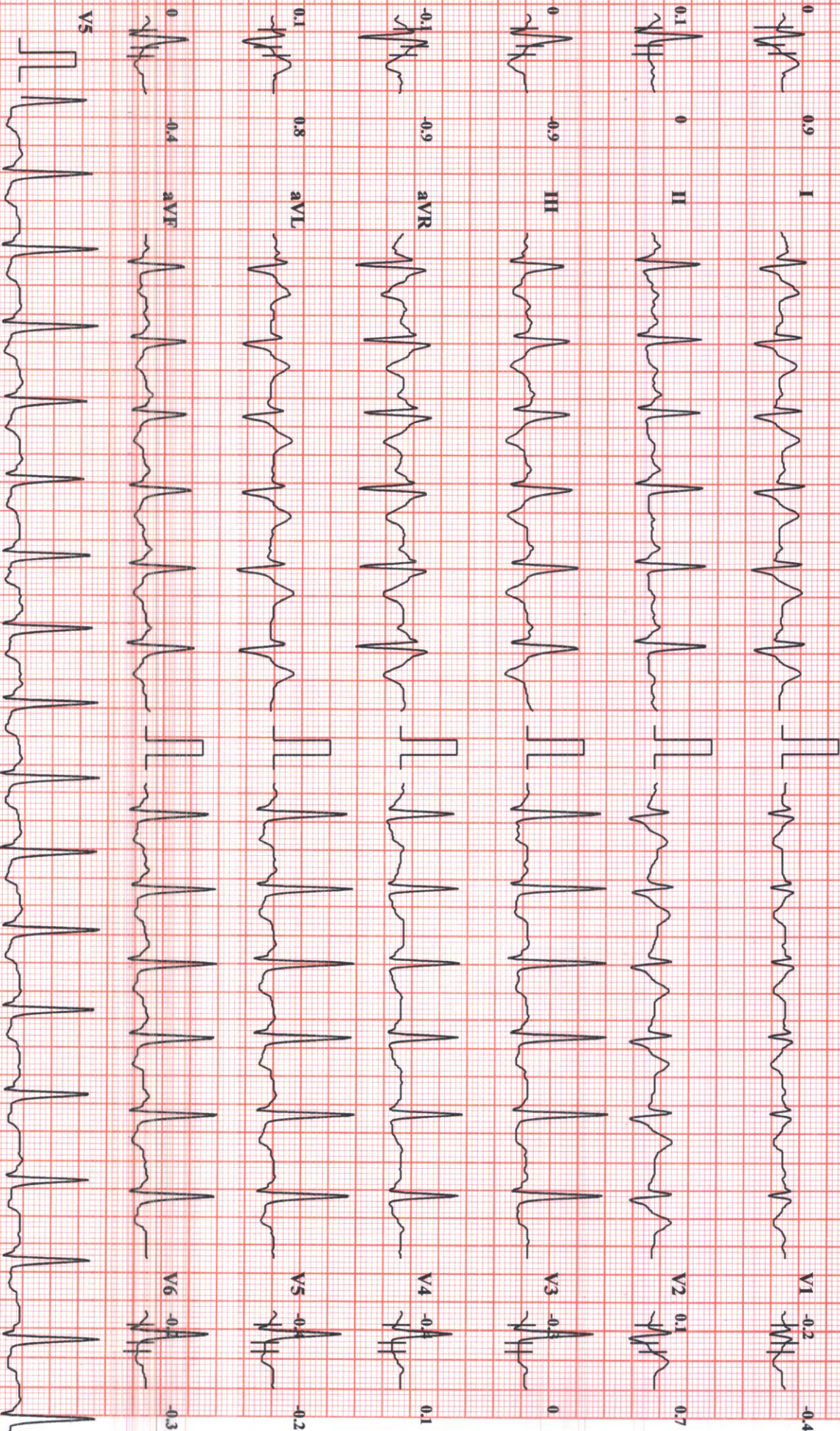


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandau CS-20 Version: 2.14

SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

ANURAG SINGH PARIHAR

Bruce Protocol
ST1Level(mm) ST1Slope(mV/s)

ID: 2309717021
Stage: Recovery4

Date: 07-04-2023
Speed: 0 kmph

Exc Time : 00:00
Slope: 0%

Stage Time: 00:06
THR: 157 bpm

HR: 108 bpm

BP: 120/80 mmHg
ST1Level(mm) ST1Slope(mV/s)

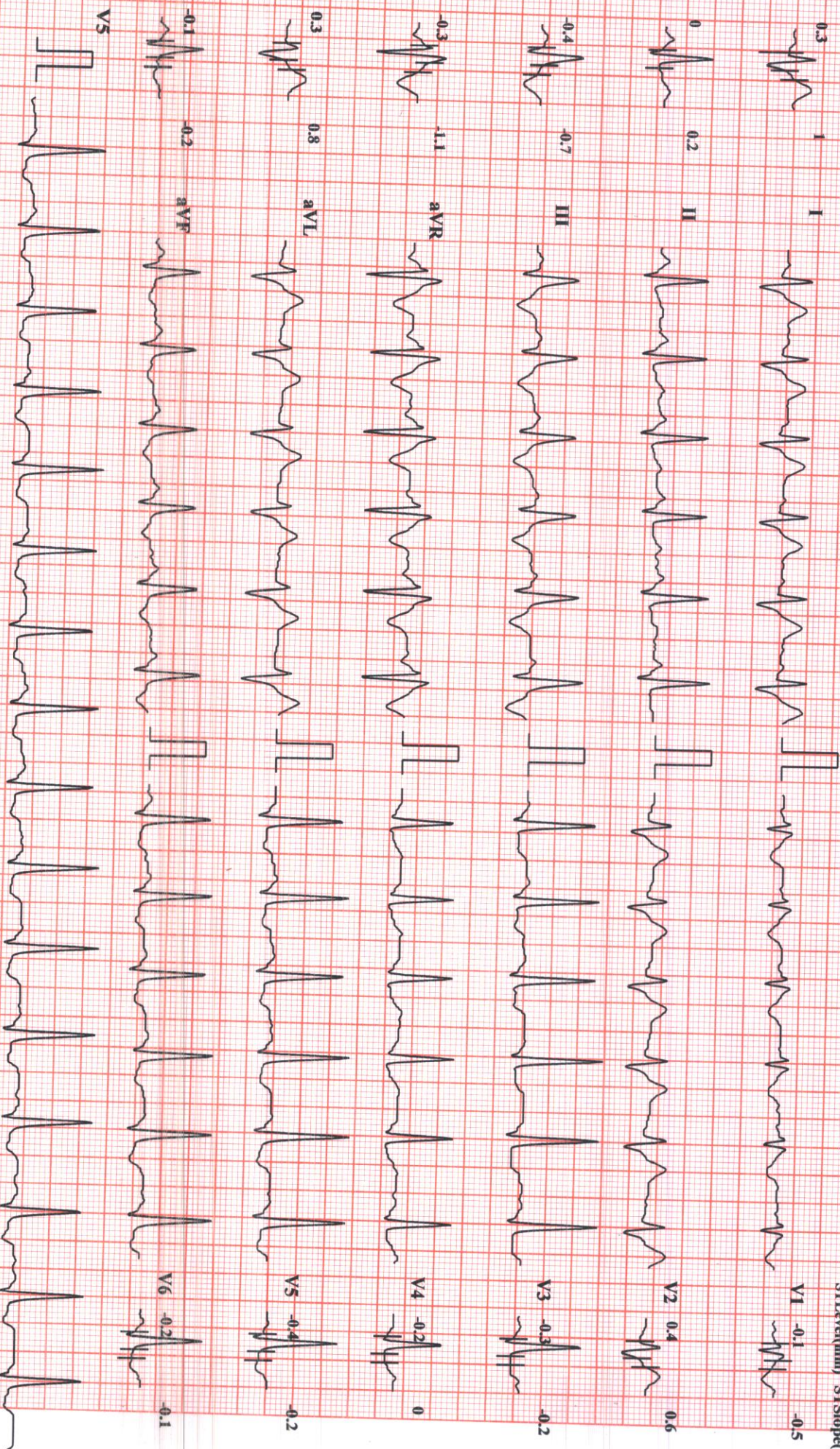
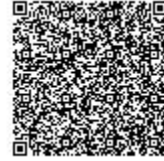


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms



Use a QR Code Scanner
Application To Scan the Code

CID : 2309717021
Name : Mr ANURAG SINGH PARIHAR
Age / Sex : 35 Years/Male
Ref. Dr :
Reg. Location : Borivali West
Reg. Date : 07-Apr-2023
Reported : 07-Apr-2023 / 12:39

USG WHOLE ABDOMEN

LIVER: Liver is normal in size with mild generalized increase in parenchymal echotexture. There is no intra-hepatic biliary radical dilatation.No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. No obvious wall thickening is noted. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. **CBD:** CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

KIDNEYS: Right kidney measures 10.3 x 4.7 cm. Left kidney measures 11 x 4.7 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture. Prostate measures 2.9 x 2.8 x 3.2 cm and prostatic weight is 14.3 gm. No evidence of any obvious focal lesion.

No free fluid or size significant lymphadenopathy is seen.



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Reported : 07-Apr-2023 / 12:39

Opinion:

Grade I fatty infiltration of liver .

For clinical correlation and follow up.

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

-----End of Report-----

DR.SUDHANSHU SAXENA
Consultant Radiologist
M.B.B.S DMRE (RadioDiagnosis)
RegNo .MMC 2016061376.



CID : 2309717021
Name : Mr ANURAG SINGH PARIHAR
Age / Sex : 35 Years/Male
Ref. Dr :
Reg. Location : Borivali West

Reg. Date : 07-Apr-2023
Reported : 07-Apr-2023/14:04

X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

DR.SUDHANSHU SAXENA
Consultant Radiologist
M.B.B.S DMRE (RadioDiagnosis)
RegNo .MMC 2016061376.



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