

Name : Ms. SHILPI AGARWALA (36 /F)

Date : 22/02/2023

Address :

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002093009

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH167916



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:22/02/2023



## SYSTEMIC REVIEW

### Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate exertion; Palpitation - yes; Exacerbated by - moderate exercise

### Respiratory system

Sneezing - yes; Exacerbated by - dust; Runny nose - yes; Cough - yes; Exacerbated by - allergens

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - acidity, bloating; Bowel habits - regular; Piles - yes; Hernia - no

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 14/2/2023; Periods - irregular; No of Children - 1; No of deliveries - 1; Deliveries - LSCS

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Elbow (right) - pain; Knee (right) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Do you have any allergies? - Yes

Allergies - dust, food

Do you have any drug allergies? - No

Covid 19 - No



### Surgical history

Caesarian section - 2020



### Personal history

Marital status - Married

No. of children - 1

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 2

Diabetes - father, mother, sister

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Hypertension - father,mother  
Coronary artery disease - none  
Cancer - None  
Renal disease - father

## PHYSICAL EXAMINATION



### General

Build - obese  
Height - 158  
Weight - 78.2  
BMI - 31.33  
Pallor - Yes  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 94  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 98  
Diastolic(mm of Hg) - 68  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No  
Scars - Pfannenstiel



### Skin

- No significant finding

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### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		
Epithelial Cells	3-5			
Casts:	Not Found			
Crystals:	Found			
Ca-oxalate	20-25			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade-I fatty liver.
- \* Bulky uterus.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### ECG

SINUS RHYTHM.  
INCOMPLETE RIGHT BUNDLE BRANCH BLOCK.

### TREADMILL TEST / STRESS TEST

 Within Normal Range     Borderline High/Low     Out of Range

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

**Biochemistry**

ALBUMIN - SERUM

BUN (BLOOD UREA NITROGEN)

**Haematology**

STOOL ROUTINE

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

**Biochemistry**

AST (SGOT) - SERUM

PROTEIN TOTAL - SERUM

A/G - RATIO

URIC ACID - SERUM

CREATININE - SERUM

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

BILIRUBIN, TOTAL - SERUM

ALT(SGPT) - SERUM

**Haematology**

ERYTHROCYTE SEDIMENTATION RATE (ESR)

**Biochemistry**

ALKALINE PHOSPHATASE - SERUM

TRIGLYCERIDES - SERUM

GLUCOSE - PLASMA (POST PRANDIAL)

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

**Haematology**

COMPLETE HAEMOGRAM

**Microbiology**

ANTI NUCLEAR

ANTIBODIES/ANA(IMMUNOFLUORESCENCE)

**Biochemistry**

BILIRUBIN CONJUGATED (DIRECT) - SERUM

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

CHOLESTEROL - SERUM

TOTAL T4: THYROXINE - SERUM

HDL CHOLESTEROL - SERUM

LDL CHOLESTEROL -SERUM

GLUCOSE - PLASMA (FASTING)

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

**Blood Bank - 2 Services**

BLOOD GROUPING AND TYPING (ABO AND RH)

**ADDITIONAL INVESTIGATIONS (LAB)**

**RHEUMATOLOGY PROFILE-I**

Test Name	Result	Unit	Level	Range
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**PLATELET COUNT**

Platelet Count	2.30	lacs/cum m	●	1.5-4.0
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Comments: Adequate. -

**HB,TC,DC**

Hemoglobin	9.9 *	g/dl	●	12.0-15.0
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MCV	87.0	fl	●	83-101
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MCH	25.7 *	pg	●	27-32
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MCHC	29.5 *	%	●	31.5-34.5
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Packed cell volume	33.6 *	%	●	36-46
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WBC Count	7800	/cu mm	●	4000-10000
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Neutrophils	67	%	●	40-80
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Lymphocytes	29	%	●	20-40
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Monocytes	03	%	●	2-10
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Eosinophils	01	%	●	01-06
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Basophils	00	%	●	0-0
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RBC: Anisocytosis+, Predominantly Normocytic Normochromic.

**CK (CPK): CREATINE KINASE - SERUM**

Test Name	Result	Unit	Level	Range
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CK (CPK): CREATINE KINASE - SERUM	84	U/L	●	40-171
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**VITAMIN B12 -SERUM**

Test Name	Result	Unit	Level	Range
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VITAMIN B12 -SERUM	83 *	pg/ml	●	211-946
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**RHEUMATOLOGY PROFILE-I**

Test Name	Result	Unit	Level	Range
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**CREATININE - SERUM**

CREATININE - SERUM 0.8 mg/dL ● 0.6 - 1.1

**URIC ACID - SERUM**

URIC ACID - SERUM 4.0 mg/dL ● Adult Female: 2.6 - 6.0

**CALCIUM - SERUM**

CALCIUM - SERUM 9.1 mg/dL ● Adult :8.6-10.2

**AST (SGOT) - SERUM**

AST (SGOT) - SERUM 18 U/L ● Adult : 10-42

**ALT(SGPT) - SERUM**

ALT(SGPT) - SERUM 11 U/L ● Female : 10-40

**ASO TITRE**

ASO TITRE: <50.9 IU/ml ● Normal: < 200 IU/ml

**RA FACTOR**

RA FACTOR: <11.2 IU/mL ● <20 IU/ml

**C-REACTIVE PROTEIN (CRP)**

C-REACTIVE PROTEIN (CRP): 0.93 \* mg/dl ● Normal < 0.5

**ANTI CCP (CYCLIC CITRULLINATED PEPTIDE)**

ANTI CCP (CYCLIC CITRULLINATED PEPTIDE): Negative(< 0.5) Positive : > 5.0 U/ml

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**Printed By** :

**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.