



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Sehaj Safat** aged, **26yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: Mohali

Date: 18/10/2024

Dr. Nitesh Kumar
Nitesh Kumar
BCMR 47093

Name & Signature of

Medical officer



भारत सरकार

Government of India



सहज सोफत

Sehaj Sofat

जन्म तिथि/DOB: 04/04/1998

पुरुष/ MALE



7392 0109 5830

VID : 9133 2471 2996 1854

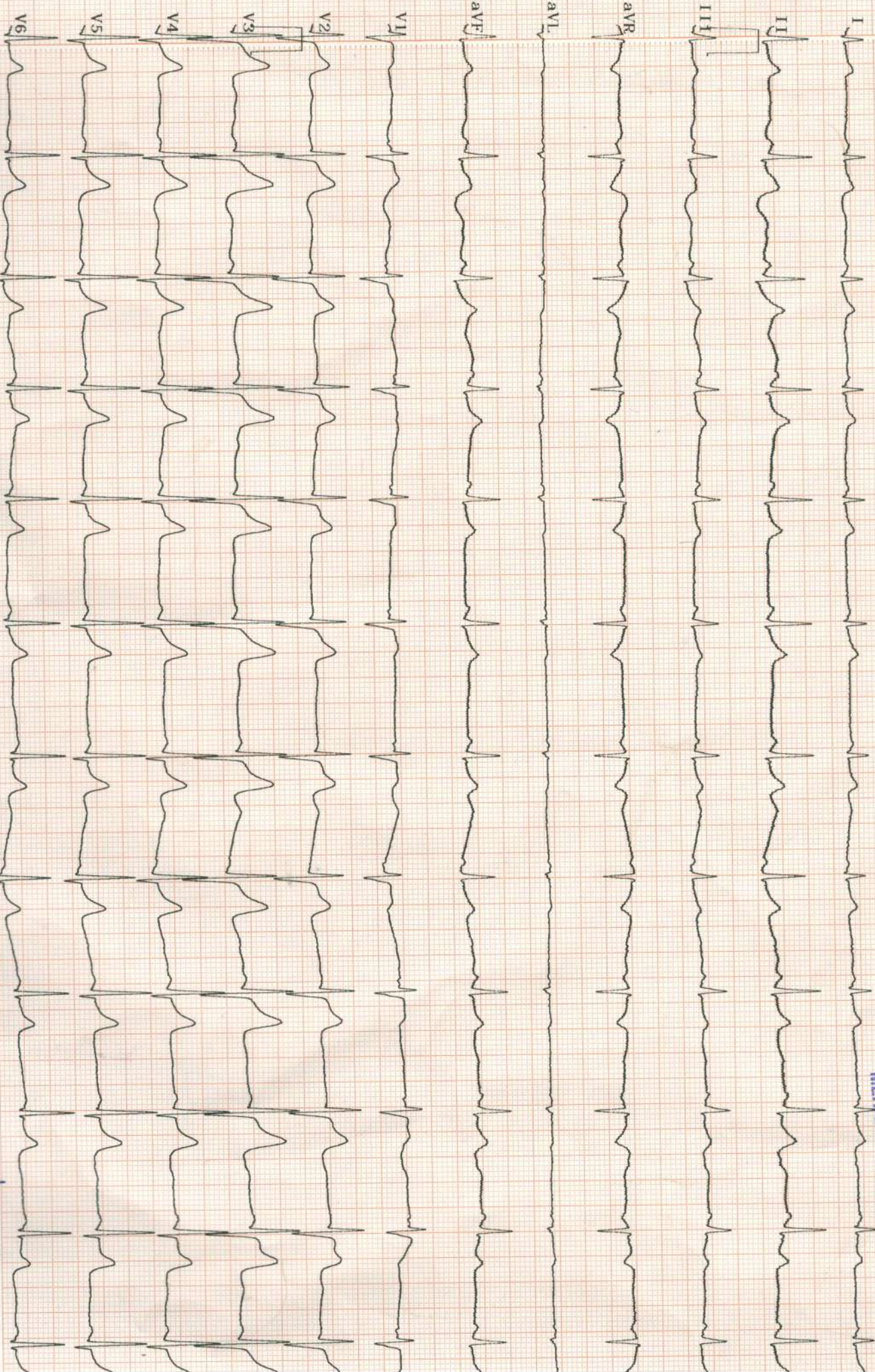
मेरा **आधार**, मेरी पहचान

Heart Rate: 68 bpm

Prescribed by:

ID : 35592
Name: SEHAJ
Age : 26 years
Sex : Male
H : 0 cm / W : 0 kg

USK
DR. HARDEEP SINGH
MBBS, MD, PMC REG. NO. 24833
CONSULTANT PHYSICIAN
MEHAR HOSPITAL, ZIRAKPUR



0.2Hz - 150Hz.

10.0mm/mV. 25.0mm/sec

Arrow Cardiot 2.13 Bionet Co., Ltd.

USK

Patient Name	SEHAJ SOFAT 26Y/M	Patient ID	35592
Age/D.O.B	26 Y/M	Gender	M
Ref Doctor	SELF	Date	18 Oct 24

XRAY RADIOGRAPH CHEST - PA

Observations

Cardiothoracic ratio is normal.
Soft tissues of the chest wall are normal.
Visualized thoracic vertebral is normal.
Both lung fields are clear.
Sternum appears normal.
Both costophrenic angles appear normal.

Impression

The study is within normal limits.

Reported By,



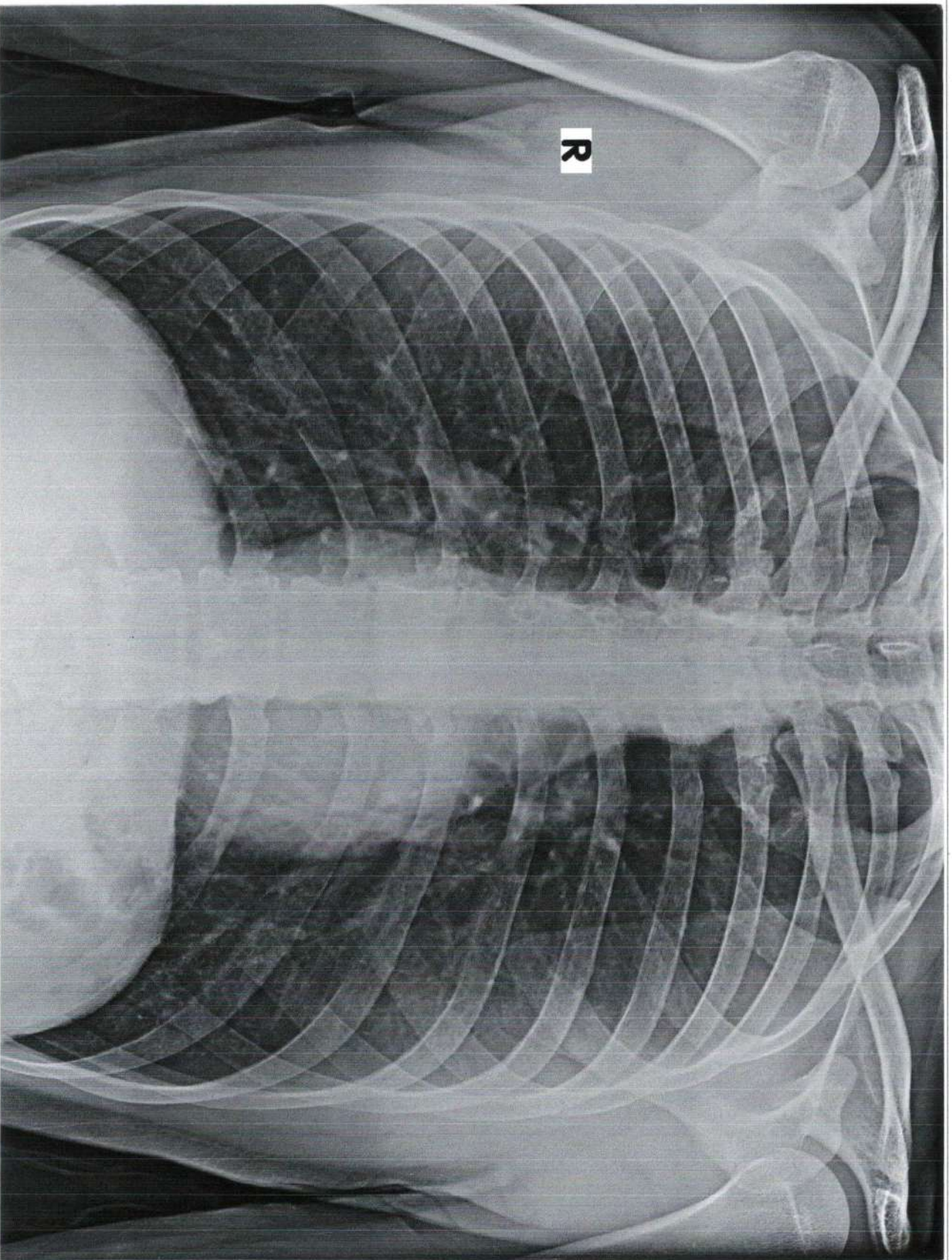
Dr. Kale Balaji Baliram

MBBS, DMRD, DNB

Consultant Radiologist

MMC - 2015063398

SEHAJ, SOFAT, 26Y, M, : CR From 18/10/2024



4cm

PATIENT NAME	: MR. SEHAJ SOFAT	Mobile No	: 7088712854
UHID NO	: 35592	IPD No, AGE	: 26 Y / Male
ADDRESS	: 1093 SECTOR 43B	SAMPLE DATE	: 18-10-2024 10:27AM
DOCTOR	: Self	PRINT DATE	: 19-10-2024 09:50AM

Test Name	Result	Units	Biological Ref. Interval
ALT/SGPT <i>METHOD :Method : IFCC</i>	17.3	U/L	00 - 45
BLOOD GLUCOSE - FASTING <i>METHOD :Method: GOD POD</i>	87.6	mg/dL	70 - 110
BLOOD GROUP ABO	A		
BLOOD GROUP "RH"	NEGATIVE		
BLOOD UREA NITROGEN (BUN) <i>METHOD :Method : Spectrophotometry</i>	9.3	mg/dl	5.0 - 20.0
COMPLETE HEMOGRAM WITH ESR			
HAEMOGLOBIN (HB) <i>METHOD :Method: SPECTROPHOTOMETER / AUTOMATED CELL COUNTER</i>	15.3	gm/dl	13.0 - 18.0
TOTAL LEUCOCYTE COUNT (TLC) <i>METHOD :Method: Impedance/Automated cell counter</i>	7700	/cmm	4000 - 11000
NEUTROPHILS	61	%	45 - 75
LYMPHOCYTE	32	%	20 - 45
EOSINOPHIL	05	%	0.00 - 6
MONOCYTE	02	%	0 - 10
BASOPHIL	00	%	0.00 - 3.00
E.S.R. (WESTERGREEN METHOD)	14	mm	0.00 - 15.0
RBC (RED BLOOD CELLS) <i>METHOD :Method: Impedance/Automated cell counter</i>	4.88	Millions/cmm	3.8 - 6.0
PLATELET COUNT <i>METHOD :Method: Impedance/Automated cell counter</i>	2.22	Lakh/cmm	1.50 - 4.5
PCV <i>METHOD :Method: Calculation/Automated cell counter</i>	45.9	%	38 - 54



Reporting By: Technician

Dr. Shweta
Mbbs, Md(Pathology)
(Ex. Pgimer, Chd)

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Test Name	Result	Units	Biological Ref. Interval
MCV(MEAN CELL VOLUME) <i>METHOD :Method: Calculation/Automated cell counter</i>	94.1	fL	80 - 100
MCH(MEAN CELL HAEMOGLOBIN) <i>METHOD :Method: Calculation/Automated cell counter</i>	31.2	picogram	27 - 31
MCHC <i>METHOD :Method: Calculation/Automated cell counter</i>	33.2	g / dL	33 - 37
RDW-CV <i>METHOD :Method: SPECTROPHOTOMETER / AUTOMATED CELL COUNTER</i>	14.9	%	10.0 - 15.0
PLCC(PLATELET LARGE COMPLETE COUNT) <i>METHOD :Method : Impedance/Automated cell counter</i>	85	/cmm	30 - 90
PLCR(PLATELET LARGE COUNT RATIO) <i>METHOD :Method : Impedance/Automated cell counter</i>	38.3	%	11.0 - 45.0
SERUM CREATININE <i>METHOD :Method : Enzymatic</i>	0.64	mg /dl	0.70 - 1.30

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URINE ANALYSIS (URINE ROUTINE)			
PHYSICAL EXAMINATION			
QUANTITY	20	ml.	
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.020	NONE	1.005 - 1.030
REACTION	ACIDIC	NONE	ACIDIC / ALKALINE
PH	6.0	NONE	5.0 - 7.0
CHEMICAL EXAMINATION			
URINE ALBUMIN	NIL	NONE	NIL
SUGAR	NIL	NONE	NIL
BLOOD	NIL	NONE	NIL
URINE BILIRUBIN	NIL	NONE	NIL
UROBILINOGEN	NIL	NONE	NIL
URINE FOR KETONE BODIES/ACETONE	NEGATIVE	NONE	NEGATIVE
MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	NIL	/HPF	
PUS CELLS	1-2	/HPF	1 - 2
RBC	NIL	/HPF	

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Test Name	Result	Units	Biological Ref. Interval
CRYSTALS	NIL		NIL
CASTS	NIL		NIL
BACTERIA	NEGATIVE	NONE	NEGATIVE
OTHER	NIL	NONE	NIL

-----End of Report-----

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Dr. Shweta
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