

Name : Mr. SOMENATH NANDAN (34 /M)

Date : 09/09/2022

Address : 54A, HARIGHOSH STREET, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002014287

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH156496



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:10/09/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits - regular; Piles - no

### Central nervous system

- Nil Significant

### Eyes

Vision - normal; Glasses - no

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Covid 19 - Yes  
- 2022 January  
Malaria - at childhood  
Jaundice - at childhood  
Typhoid - at childhood



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - consumes alcohol occasionally  
Smoking - Yes

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Duration of smoking(in years) - 10  
Type - Cigarette  
Number - 5  
Chews tobacco - No  
Physical activity - Sedentary



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal



### Family history

Father - has expired  
Aged - 75  
Cause - stroke  
Mother - alive  
Sisters - 1  
Diabetes - father,paternal grandmother  
Hypertension - father,mother,paternal grandmother  
Coronary artery disease - father  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 170  
Weight - 64  
BMI - 22.15  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
Systolic(mm of Hg) - 132  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

Printed By : SHARMISTHA MALLIK

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**COMPLETE HAEMOGRAM PROFILE**

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 12.6 *                        | g/dl           | ●     | 13.0-17.0  |
| RBC COUNT                                  | 4.32 *                        | Million/<br>ul | ●     | 4.5-5.5    |
| Hematocrit - Hct:                          | 39.3 *                        | %              | ●     | 41-53      |
| MCV  | 91.0                          | fl             | ●     | 83-101     |
| MCH  | 29.2                          | pg             | ●     | 27-32      |
| MCHC                                       | 32.1                          | %              | ●     | 31.5-34.5  |
| RDW  | 14.4 *                        | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 8700                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 1.97                          | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 59                            | %              | ●     | 40-80      |
| Lymphocytes                                | 34                            | %              | ●     | 20-40      |
| Monocytes                                  | 04                            | %              | ●     | 2-10       |
| Eosinophils                                | 03                            | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| Platelets:                                 | Adequate.                     |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 16 *                          | mm/1st<br>hr   | ●     | 0-15       |

**URINE ROUTINE AND MICROSCOPY**

| Test Name        | Result          | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume:          | 30              | mL   |       |       |
| Colour:          | Pale Straw      |      |       |       |
| Appearance       | Slightly Turbid |      |       |       |
| Specific Gravity | 1.020           |      |       |       |
| pH:              | 6.0             |      |       |       |
| Albumin:         | Not Detected    |      |       |       |
| Glucose          | Not Detected    |      |       |       |
| Ketone:          | Not Detected    |      |       |       |
| Bile Pigments    | Not Detected    |      |       |       |
| RBC              | Nil             | /hpf |       |       |
| Pus Cells        | Occasional/hpf  |      |       |       |

|                  |  |
|------------------|--|
| Epithelial Cells | Occasional/hpf   |
| Casts:           | Not Found  |
| Crystals:        | Found  |
| Ca-oxalate       | >100   |
| Note             | Biological reference interval<br>RBC- 0-2/hpf<br>Pus Cell - 0-5/hpf. |

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

| Test Name                          | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(POST<br>PRANDIAL) | Nil    |      |       |       |

**URINE SUGAR- FASTING(QUALITATIVE)**

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO AND RH)**

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | AB       |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                          | Result | Unit  | Level | Range   |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM                  | 23     | U/L   | ●     | 10-40   |
| ALBUMIN - SERUM                    | 4.6    | g/dL  | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 90     | U/L   | ●     | 53-128  |
| AST (SGOT) - SERUM                 | 23     | U/L   | ●     | 10-42   |
| BILIRUBIN TOTAL -<br>SERUM         | 0.6    | mg/dL | ●     | 0.0-1.0 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 208 *  | mg/dL | ●     | 0-200 |

**CREATININE - SERUM**

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.9    | mg/dL | ●     | 0.9-1.3 |

● Within Normal Range    
 ● Borderline High/Low    
 ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                                   | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 23     | U/L  | ●     | 7-64  |

|                                     |     |       |   |          |
|-------------------------------------|-----|-------|---|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2    |
| TOTAL T4: THYROXINE - SERUM         | 7.7 | µg/dL | ● | 5.1-14.1 |

**GLUCOSE - PLASMA (FASTING)**

| Test Name                  | Result | Unit  | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 80     | mg/dL | ●     | 70-99 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name             | Result | Unit  | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 219 *  | mg/dL | ●     | 0-150 |

**GLUCOSE - PLASMA (POST PRANDIAL)**

| Test Name                        | Result | Unit  | Level | Range  |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 103    | mg/dL | ●     | 70-140 |

**THYROID PROFILE - I(T3,T4 AND TSH)**

| Test Name                                | Result | Unit   | Level | Range       |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 1.9    | µIU/mL | ●     | 0.270-4.200 |

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

| Test Name                                    | Result | Unit | Level | Range  |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.5    | %    | ●     | Nondiabetic : 4 - 5.6 %<br>Prediabetics : 5.7 - 6.4%<br>Diabetes : >= 6.5%<br>ADA Therapeutic goal : <7% |

**URIC ACID - SERUM**

| Test Name         | Result | Unit  | Level | Range   |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.1    | mg/dL | ●     | 3.5-7.2 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                             | Result | Unit  | Level | Range   |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1    | mg/dL | ●     | 0.0-0.2 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name                             | Result | Unit  | Level | Range         |
|---------------------------------------|--------|-------|-------|---------------|
| HDL CHOLESTEROL - SERUM               | 37     | mg/dL | ●     | 30-70         |
| LDL CHOLESTEROL -SERUM                | 135 *  | mg/dL | ●     | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 36 *   | mg/dL | ●     | 0-35          |

**BUN (BLOOD UREA NITROGEN)**

| Test Name                 | Result | Unit  | Level | Range    |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 10.0   | mg/dL | ●     | 7.0-18.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name   | Result  | Unit | Level | Range   |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.8:1.0 |      |       | 1.0-2.0 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                      | Result | Unit | Level | Range   |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM          | 7.2    | g/dL | ●     | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 2.6    | g/dL | ●     | 1.8-3.6 |

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**CARDIOLOGY**

TREADMILL TEST / STRESS TEST

**Ultrasound Radiology**

ULTRASOUND SCREENING WHOLE ABDOMEN



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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