

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name	AHB.0001143026 MS. MOKA VARSHA Age: 31 Year(s) Year(s)/Female 14 Apr 2023 9:53:32 AM	Age :	Sex : M/F
Age :		UHD :	



Physical Examination

General : Build *Slender* Height *166.2 cm* Weight *87.81 kg* BMI :

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

Upto
Medicine
Plenty of oral fluids
Frequency

CVS :

Heart Rate & Rhythm *72 bpm*

B.P. : Supine *112/78* Sitting Standing *SpO2:- 99*

Chest shape *normal*

Heart Sounds

Swinging Echo report

Murmurs

@ LV function

Thrills

*No RWMA
RVEF-60%*

RS :

Rate & Type

Signature and date

Breath Sounds

9886552673

QF400AHB.pf.8203

(con) 121106

DEPT. OF APOLLO HEALTH CHECK



GYNAECOLOGY CONSULT

AHB.0001143025
 MS. MOKA VARSHA
 Age: 31 Year(s) Year(s)/Female
 14 Apr 2023 8:53:30 AM

UHID: _____ Date: 14/4/23

Consultant Gynaecologist: Dr. Mittal

DRUG ALLERGIES : No known

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

Past Medical / Surgical History :

Family History : S/P Lap tubectomy
Father - DM.

OTHER SYSTEMS :

GYNAEC HISTORY :

- Marital Status - S/W Others
- Children - 2
- Deliveries - NVD
- L.C.B. - 2 1/2 yrs
- Abortion - -
- Periods - Regular
- L.M.P. - D₃ menses
- Menopause -
- Contraception -

Present Medication :

GYNAEC EXAMINATION :

- P/A
- P/V
- S/E
- P/R

GENERAL EXAMINATION :

Weight : _____ Kgs, Height : _____ cm

General Condition :

Blood Pressure :

Thyroid :

Others :

BREASTS : B/L breasts - no obvious masses palpable

PAP SMEAR : Taken Not Taken (Reason) D₃ menses

OPINION & ADVICE :

- Review for pap smear offer
- Self breast examination the steady tops

REVIEW DETAILS : (with date)
With Patient / With reports only

USG -> Normal

Signature with Date & Time

[Handwritten Signature]

P.T.O. For more space

Jan 2014

Find...

1 of 1

100%

Main Report



BIOCHEMISTRY

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Name : **Ms. MOKA VARSHA** Age : **31Yr 8Mth 30Days** Gender : **Female**
 UHID : **AHB.0001143025** /AHBHC121106 **W/BNo/RefNo: AHC**
 SIN \ LRN : **8692201 \ 3790372**
 Specimen : **Plasma**
 Ref Doctor : **Dr. MHC**



*** AHB.0001143025 ***

Collected on : 14-APR-2023 11:59:56 AM Received on : 14-APR-2023 01:11:45 PM Reported on : 14-APR-2023 01:32:33 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

<u>TEST NAME</u>	<u>RESULT</u>	<u>BIOLOGICAL REFERENCE INTERVALS</u>	<u>UNITS</u>
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	70	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Provisional
* - Abnormal Value

* END OF REPORT *

DRAFT

CHECKED BY 1254311



Printed On : 14-APR-2023 01:46:29 PM

Dr.Saphya

DEPARTMENT OF RADIOLOGY

Patient's Details	: Ms. MOKA VARSHA		F 031Y
UHID	: AHB.0001143025	Ward/Bed No.	: AHC / AHC
I.P.No./Bill No.	: AHBHC121106	Scanned on	: 14-Apr-2023 12:50
Accession Number	: 10601.223033705	Reported On	:
Referring Doctor	: null		

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder is contracted (post prandial status).

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is partially distended.

Uterus appears grossly normal. Endometrial thickness measures ~ 10 mm.

Right ovary appears normal in size and echopattern. *Left ovary: Not localized.*

No evidence of ascites or pleural effusion seen.

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IMPRESSION:

USG study of the abdomen shows no definite abnormality.

- *Suggested clinical correlation.*

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(Enclosed report) Ak


DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

YOUR CLINICAL TEST RESULTS

Ms. MOKA VARSHA

FEMALE / 31 Yrs / AHB.0001143025 / AHBHC121106

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 14/04/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin : Oxyhemoglobin method (Photometric measurement)	13.2	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.9 *	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	39	%	●	34 - 46
MCV (Derived from RBC histogram)	80 *	fl	●	83 - 101
MCH (Calculated)	27	pg	●	27 - 32
RDW (Calculated)	14.4 *	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	239	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	7.0	x(10) ⁹ /l	●	4 - 11
Neutrophils	57	%	●	40 - 80
Lymphocytes	33	%	●	8.6 - 23.8
Monocytes	6	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	34 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	20	ml		
Appearance	Turbid			Clear
pH	5.5			
Specific Gravity	1.025 *		●	1.016 - 1.022

● Within Normal Range

● Borderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. MOKA VARSHA

FEMALE / 31 Yrs / AHB.0001143025 / AHBHC121106

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 14/04/2023

Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	3+			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Plenty	Cells/hpf		0 - 2
Pus Cells	4-6 /h.p.f	/HPF		0 - 5
Epithelial Cells	2-4 /h.p.f			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	2.9	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	64	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	18	U/L	●	<= 35

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Ms. MOKA VARSHA

FEMALE / 31 Yrs / AHB.0001143025 / AHBHC121106

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 14/04/2023

BILIRUBIN, TOTAL - SERUM	0.93	mg/dL	●	0.30-1.20
NEPHROLOGY RENAL PROFILE (RANDOM)				
Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	106	mmol/L	●	98 - 107
LIPID PROFILE TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
Total Cholesterol	165	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239"
NEPHROLOGY RENAL PROFILE (RANDOM)				
Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.86	mg/dL	●	Female: 0.6 -1.1
LIVER FUNCTION TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	<= 38
GLUCOSE - SERUM / PLASMA (FASTING)				
Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	82	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126"
GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD				
Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"
LIPID PROFILE TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL	●	"Low : <40 High: >59"

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. MOKA VARSHA

FEMALE / 31 Yrs / AHB.0001143025 / AHBHC121106

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 14/04/2023

LDL Cholesterol (Direct LDL)	116 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.2	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	88.43	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	8.8	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	97	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.0		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.72	µU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. MOKA VARSHA

FEMALE / 31 Yrs / AHB.0001143025 / AHBHC121106

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 14/04/2023

Test Name	Result	Unit	Level	Range
UREA - SERUM	21	mg/dL	●	15 - 45
URIC ACID - SERUM	4.6	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	19	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.15	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.78	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	26		●	Healthy Adults: 22 - 29

X-RAY CHEST PA

IMPRESSION:

No definite abnormality noted on the chest radiograph.

---END OF THE REPORT---

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. MOKA VARSHA

FEMALE / 31 Yrs / AHB.0001143025 / AHBHC121106

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 14/04/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

AH-QF-RD-04

Patient's Details	: Ms. MOKA VARSHA	Ward/Bed No.	: F 031Y
UHID	: AHB.0001143025	Scanned on	: AHC / AHC
I.P.No./Bill No.	: AHBHC121106	Reported On	: 14-Apr-2023 10:15
Accession Number	: 10601.123043133		: 14-Apr-2023
Referring Doctor	: null		: 11:36:17

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

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IMPRESSION:

No definite abnormality noted on the chest radiograph.



**Dr. VINAY MD,
RADIOLOGIST**

---END OF THE REPORT---

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MOKA VARSHA,
Patient ID: AHB/1143025
Height: 166 cm
Weight: 87 kg

DOB: 15.07.1991
Age: 31yrs
Gender: Female
Race: Indian

Study Date: 14.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Jagadeesha A B

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:26	0.00	0.00	75	110/80	
	STANDING	00:03	0.00	0.00	74	110/80	
	HYPERV.	00:06	0.00	0.00	74	110/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	122	120/80	
	STAGE 2	03:00	2.50	12.00	151	130/80	
	STAGE 3	01:03	3.40	14.00	166	140/80	
RECOVERY		03:19	0.00	0.00	89	120/80	

The patient exercised according to the BRUCE for 7:03 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 84 bpm rose to a maximal heart rate of 169 bpm. This value represents 89% of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.


Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

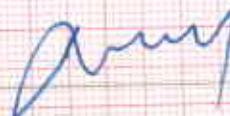
Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician



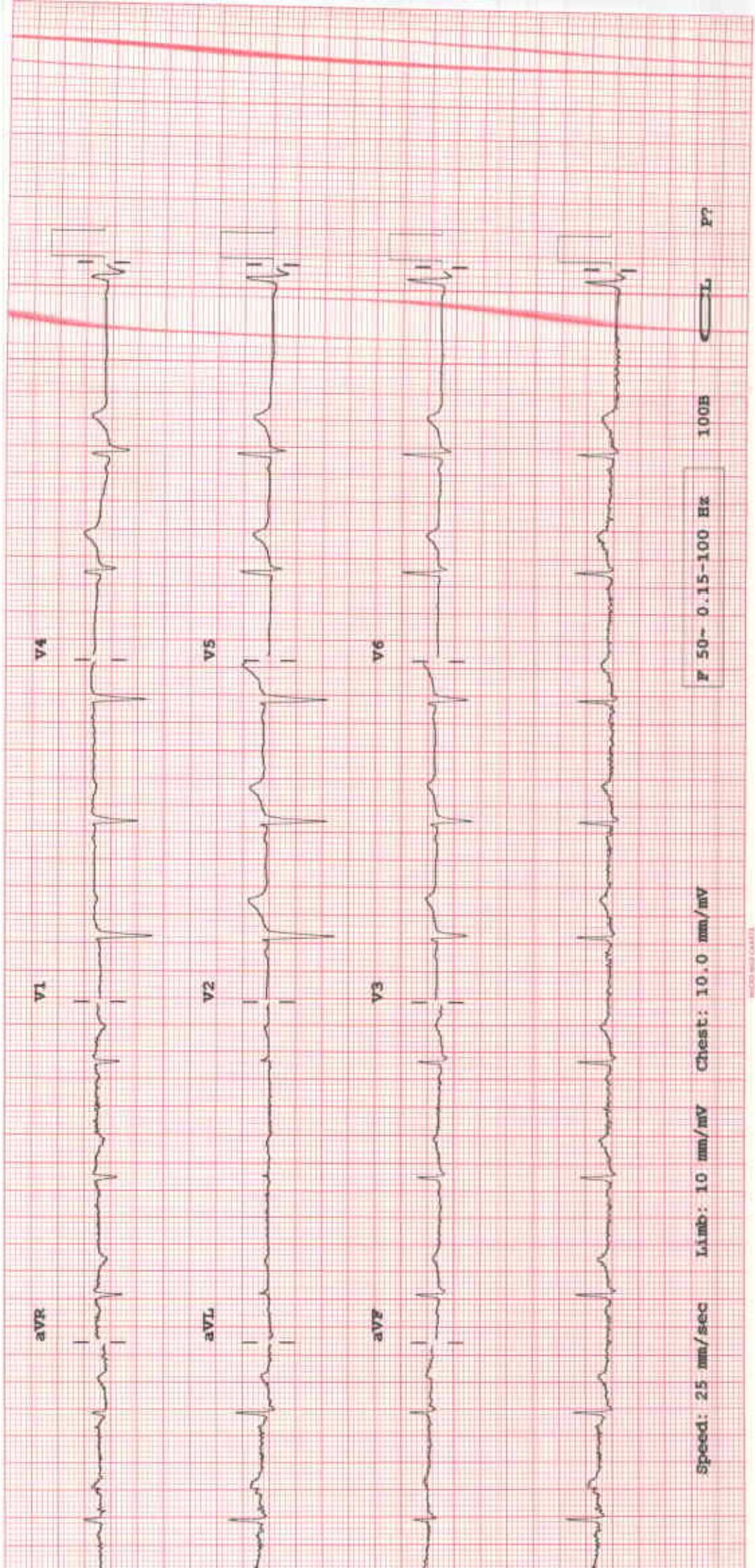
Technician



AHB.0001143025
 MS MOKA VARSHA
 Age: 31 Year(s) Year(e) Female
 14 Apr 2023 8:53:16 AM



Standard Placement



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz 100B

P7