

Tο

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011-41195959

Dear Sir / Madam,

### Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY			
NAME	RASHMI MISHRA .		
DATE OF BIRTH	01-04-1985		
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	12-03-2022		
BOOKING REFERENCE NO.	21M179834100013396S		
SPOUSE DETAILS			
EMPLOYEE NAME	MR. MISRA VIKAS		
EMPLOYEE EC NO.	179834		
EMPLOYEE DESIGNATION	SECURITY		
EMPLOYEE PLACE OF WORK	AHMEDABAD,ZO AHMEDABAD		
EMPLOYEE BIRTHDATE	27-03-1980		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 03-03-2022 till 31-03-2022. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Rashui Misha

8967911188 Age - 37

Dr. Jineo M. Shah DNR (Medicing FCCS (USA) Reg. N. C. 20883





Referred by Date

: Self

Patient's Id

: 12/03/2022 : RM150

Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile Ref ID.

: 8967911188

# Fitness Certificate

# GENERAL EXAMINATION

Height (cms): 155

Weight (kgs): 59.7

Blood Pressure: 110/70mmHg

Pulse: 98/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

This is an electronically authenticated report. Note: ((LL-Very Low, L-Low, HH-Very High)

Approved On : 12/03/2022 5:06:00 PM

Generated On : 12/03/2022 17:40

Dr Jinen M Shah DNB (Medicine)FCCS (USA)



Referred by : Self

: 12/03/2022 Date

Patient's Id : RM150 Age/Sex

: 37 Years/Female

Reg. No : 7756

Mobile Ref ID.

: 8967911188

### **HEMOGRAM REPORT**

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin: Total WBC Count: Platelets Count: Differential Count:	<b>5.8</b> 5040 246000	gm/dL /microlitre /microlitre	12.5 - 16.0 4000 - 10500 1,50,000 - 4,50,000
Neutrophils: Lymphocytes: Eosinophils; Monocytes: Basophils:	44 49 04 03 00	% % % %	40-80 20-40 Upto 6 2-10 <1-2
RBC indicies:			
RBC Count: HCT: MCV: MCH: MCHC: RDW:	3.94 21.4 54.3 14.8 27.3 21.4	*10^6 /microL % fL pg % %	3.8 - 4.8 36 - 46 83 - 101 27-32 31.5-34.5 11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA)			
ESR 1st Hr: Thick Smear Preparation: Haemoparasite:	12 mm 2 - 20 mm in 1Hr.  Malarial parasites are not seen.		
Peripheral Smear Examination:			

RBCs:

Platelet:

Moderate Microcytic & Hypochromic.

Platelet adequate & normal on smear.

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End/of Report

Dr. KEYUR Patel



Referred by

: Self

Date

: 12/03/2022

Patient's Id : RM150 Age/Sex

: 37 Years/Female

Reg. No : 7756

: 8967911188

Mobile Ref ID.

## **GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION**

Test

Result

Unit

**Biological Reference Interval** 

Sample Type: EDTA

Glycosylated Haemoglobin

(HbA1C)

5.90

Pre-Diabetic (Adult): 5.7 - 6.4

Diabetic (Adult): >6.5

Therapeutic goal for glycemic control: <7.0

Mean Blood Glucose Level (An average of 2 -3 Months)

122.63

Method: HPLC on D-10, Bio-Rad, USA

#### INTERPRETATION:

\* Blood sample can be drawn at any time. Fasting is not required.

\* Reflects average blood sugar levels for the 2 to 3 months period before the test.

\* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.

\* High value in poorly controlled DM and moves towards normal in patients with optimal control.

Dr. KEYUR Patel ----- End of Report -----M.B.DCP

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Referred by

: Self

Date

Test

: 12/03/2022

Patient's Id

: RM150

Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile

8967911188

Ref ID.

**SERUM LDH LEVEL** 

Result

Serum

Unit

**Biological Reference Interval** 

Sample Type:

LDH Activity( Lactate Dehydrogenase ):

Pyruvate to lactate Kinetic Method

196.6 U/L 120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250 THYROID FUNCTION TEST

(by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triidothyronine by CLIA)	1.18	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	9.20	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	3.113	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

-- End of Report --

Dr. KEYUR Patel

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Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile Ref ID.

: 8967911188

### **BLOOD GLUCOSE LEVEL**

<b>Test</b> Sample Type:	Result Flouride	Unit	Biological Reference Interval
Fasting Blood Glucose (Hexokinase) Collection Time:	84.7	mg/dl	70-110
Collection Time: Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	90.4	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250 **RENAL FUNCTION TEST** 

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	20.0	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	0.68	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	2.93	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

### **BLOOD GROUP**

Sample Type:

**EDTA** 

ABO Group:

"O"

Rh Type:

**Positive** 

Dr. KEYUR Patel ----- End of Report

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 12/03/2022 17:17:00

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Referred by

: Self

: 12/03/2022 Date Patient's Id

Reg. No Mobile

: RM150 Ref ID.

Age/Sex : 37 Years/Female : 7756

: 8967911188

# LIPID PROFILE

	LIPID F	ROFILE			
(Performed on Semi Auto Chemistry Analyzer BeneSphera)					
Test	Result	Unit	Biological Reference Interval		
Sample Type: Fasting Serum			· ·		
S.Cholesterol (Oxidase Peroxidase)	188	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High		
S.HDLC (Direct) (Phosphotungsstic Acid)	57.0	mg/dL	< 40 Low > 60 High		
S.Triglyceride (GPO-POD)	59.8	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High		
S.VLDL (Calculated)	11,96	mg/dL	10-40 Normal		
S.LDLC	119.04	mg/dL	< 100 Optimal		
(Calculated)			100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High		
S.Cholesterol / HDLC Ratio (Calculated)	3.3		< 4 Normal 4-6 Borderline 6-8 Risklevel > 8 High Risk		
S.LDLC / HDLC Ratio	2.09		< 3 Normal		
(Calculated)			3-4 Borderline		
<b>(</b> • • • • • • • • • • • • • • • • • • •			4-6 Risk Level		
			> 6 High Risk		
Cholesterol / HDLC Ratio (Calculated)	3.3		< 3.5 Normal		
Triglyceride / HDLC Ratio (Calculated)	1.05		< 2 Normal > 4 Risk Level > 6 High Risk		
Non HDLC (Calculated)	131		< 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk		

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End of Report

Dr. KEYUR Patel M.B.DCP



Referred by

: Self

Date

: 12/03/2022

Patient's Id

: RM150

Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile

: 8967911188

Ref ID.

### LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum S.Billirubin			
Total Bilirubin	0.93	us se ledt	0 - 1.2
(Azobillirubin)	0.93	mg/dl	0 - 1.2
Conjugated Bilirubin	0.27	mg/dl	0 - 0.4
(Dual Wavelength spectrophotometric)	O LEL P	mgrai	
Unconjugated Bilirubin	0.66	mg/dl	0.0 - 1.1
(Dual Wavelength spectrophotometric)		Ü	
S.G.P.T. (ALT)	39.1	IU/L	0 - 49
(Kinetic with Pyridoxal 5-Phosphate)			
S.G.O.T. (AST)	34.8	IU/L	Up to 46
(Kinetic with Pyridoxal 5-Phosphate)  S.ALP (Alkaline Phosphatase)	149.8	U/L	64 - 306
(4-Nitrophenyl phosphate)	170.0	O/L	04 * 000
S.Protein			
Total Protein	8.37	gm/dl	6,3 - 8.2
(Biuret)			
Albumin	5.4	gm/dl	3.5 - 5.2
(BCG) Globulin	2.97	ann (dì	10.25
(Calculated)	۵.31	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	1.82		
S.GammaGT	42.7	IU/L	12-43
(L-Gamma Glutamyl-4-Nitroanalide)	*t&. I	IO/L	12-40
(E commission contains)			

----- End of Report -----

Dr. KEYUR Patel M.B.DCP

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Referred by

: Self

Date

: 12/03/2022

Patient's Id

: RM150

Age/Sex

: 37 Years/Female

Reg. No

Mobile Ref ID. : 7756 : 8967911188

**URINE ROUTINE ANALYSIS** 

Sample Type: Fresh Urine

**Physical Examination** (Naked Eye Observation)

Amount Colour

Appearance

Result

30 ml Pale Yellow Biological Ref. Value

>10 ml Pale Yellow

Clear

**Chemical Examination** 

Hq

(Dip stick) Specific Gravity

(Bromothymol Blue) Albumin

(Tetrabromophenol)

Glucose

(Specific Glucose Oxidase/Peroxidase) Bilirubin

(Azo-coupling reaction)

Acetone

(Sodium Nitroprusside Reaction) Urobilinogen

(Modified Ehrlich Reaction)

**Nitrites** 

(Diazotization Reaction)

(After centrifugation at 1500 RPM for 10min./hpf)

T.Vaginals Spermatozoa

Crystals

Clear

6.0 4.5-8.0

1.000

Absent

Absent

Absent

Absent

Absent

Absent

1.002-1.030

Absent

Absent

Absent

Absent

Absent

Absent

Microscopic Examination

Pus Cells(WBCs)

Red Blood Cells(RBCs) Epithelial cells

Casts

Amorphous Material

2 - 3 1 - 2

Absent Absent

Absent Absent Absent

Absent

Absent

Absent

Absent Absent Absent

Absent Absent

Dr. KEYUR Patel ---- End of Report ---M.B.DCP

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

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: 12/03/2022 19:36:00 Generated On : 14/03/2022 13:07



Referred by

: Self

Date

: 12/03/2022

Patient's Id : RM150 Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile

: 8967911188 Ref ID.

# **Electrocardiogram**

**Findings** 

Normal Sinus Rhythm.

Within Normal Limit.

----- End of Report

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Approved On : 12/03/2022 5:06:00 PM

Generated On : 12/03/2022 17:40

DNB (Medicine)FCCS (USA)

Dr Jinen M Shah





Referred by

: Self

Date

: 12/03/2022

Patient's Id

: RM150

Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile Ref ID. : 8967911188

# 2D Echo Colour Doppler

# **OBSERVATION:**

- 2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.
- 1. Normal LV size, No RWMA at rest.
- 2. Normal RV and RA, No Concentric LVH.
- 3. All Four valves are structurally normal.
- Good LV systolic function. LVEF = 60%.
- 5. Normal LV Compliance.
- Trivial TR. Mild MR. No AR.
- 7. No PAH. RVSP = 34 mmHG.
- 8. Intact IAS and IVS.
- 9. No Clot, No Vegetation.
- 10. No pericardial effusion.

# **CONCLUSION**

- Normal LV size with Good LV systolic function.
- 2. No Concentric LVH . Normal LV Compliance
- Trivial TR with No PAH. Mild MR. No AR
- 4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

---- End of Report ---

AHMEDABAD

Dr Jinen M Shah DNB (Medicine)FCCS (USA)

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Approved On : 12/03/2022 5:06:00 PM

Generated On : 12/03/2022 17:40

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakkaev, S.G. Highway, Ahmedabad-380054, Gujarat.



Referred by

: Self

Date

: 12/03/2022

Patient's Id

: RM150

Age/Sex

: 37 Years/Female

Reg. No

Mobile

: 7756 : 8967911188

Ref ID.

### X RAY CHEST PA

Both lung fields appear clear.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

**COMMENT:** No significant abnormality is detected.

----- End of Report -----

Dr. Atul Patel

MD Radio-Dignosis

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

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Referred by

: Self

Date

: 12/03/2022

Patient's Id

: RM150

Age/Sex

Mobile

Ref ID.

: 37 Years/Female

Reg. No : 7756

8967911188

# USG ABDOMEN

Liver appears normal in size, show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic billiary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

**Spleen** appears normal in size & echopattern. No evidence of focal lesions.

Both kidney are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass seen.

Urinary bladder contour is normal, no calculus or wall thickening seen.

Uterus appears normal.

Right adnexal region show 48 mm x 40 mm mixed echoic area. Left adnexal region show 66 mm x 60 mm cystic lesion.

No evidence of free fluid in peritoneal cavity. No evidence of para-aortic lymph adenopathy. No evidence of dilated small bowel loops,

### **COMMENTS:**

Findings suggest bil.ovarian cyst. Adv further investigations.

atulpand Dr. Atul Patel ----- End of Report -----MD Radio-Dignosis

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 12/03/2022 6:26:00 PM

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Referred by

: Self

Date

: 12/03/2022

Patient's Id

: RM150

Age/Sex

: 37 Years/Female

Reg. No

: 7756

Mobile Ref ID.

: 8967911188

# Eye Check - Up

# RIGHT EYE

SP:

-1.00

CY: AX: -1.25 46

**LEFT EYE** 

SP:

-0.25

CY:

-1.25

AX:

168

Without Glasses

With Glasses

Right Eye Left Eye

6/5 6/5 N.A N.A

**Near Vision:** 

Right Eye -N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

**Colour Vision:** 

Normal

Comments:

Normal

Dr.Kejal Patel MB,DO(Ophth)

Approved On : 12/03/2022 5:15:00 PM

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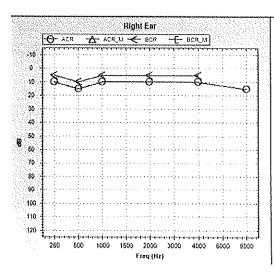


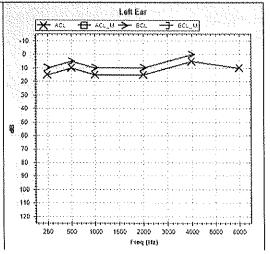
CLIENT NAME: RASHMI MISHRA.

AGE: 37Y / F

Date: - 12/03/2022.

# **AUDIOGRAM**





MODE	Air Cor	Air Conduction		Bone Conduction	
AR	Maskod	unVasked	Masked	UnWaskon	Corte
LEFT		×		>	Blue
RIGHT	Δ	0		<	Red

Threshold In dB	RIGHT	LEFT
AIR CONDUCTION	11	11
BONE CONDUCTION		
SPEECH		SANOSANA PARA PARA PARA PARA PARA PARA PARA P

### Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

