

Guj
Le...

Fwd: Please note the following health check-up booking summary on 23/09/2023

Priya Darshini V <PRIYA.DARSHINIV@NARAYANAHEALTH.ORG>

Mon 25/09/2023 16:26

To: Ashwatha GJ <ashwatha@infiniminds.com>

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To: Priya Darshini V <priya.darshiniv@narayanahealth.org>; Priya Darshini V <priya.darshiniv@narayanahealth.org>; Priya Darshini V <priya.darshiniv@narayanahealth.org>; Priya Darshini V <priya.darshiniv@narayanahealth.org>

Subject: Please note the following health check-up booking summary on 23/09/2023

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Member Name	Mobile	Package Name
Bindu R	9845736848	Mediwheel Full Body Health Checkup Female Below 40
KHUSHBOO KESHRI	6205856348	Mediwheel Full Body Health Checkup Female Below 40
MR. KUMAR DEEPAK	6205856348	Medi-wheel Full Body Health Checkup Male Below 40
MR. M S BHARATH KUMAR	9845736848	Medi-wheel Full Body Health Checkup Male Below 40

Thanks & Regards

Arcofemi Health Care Ltd. | F-701 A, Lado Sarai, Mehrauli | New Delhi – 110 030

Ph No. 011-41195959

Email : customercare@mediwheel.in; | Web: www.mediwheel.in

Narayana Health Email Signature

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BILL CUM RECEIPT

Narayana Multispeciality Hospital, Mysore- BILLING

Narayana Hrudayalaya Surgical Hospital Pvt Ltd, CAH-1, 3rd Stage, Devanur, Mysore, Karnataka, India
570019



Patient Name	: Ms Bindu R	Bill No	: IA1014231012275
Patient MRN	: 1014000392820	Date	: 23-09-2023 08:32 AM
Gender Age DoB	: female 34y 5m 05/04/89	Tariff Class	: OPD
Patient Phone No	: 8884548504	Consultant	: Dr. Naveen Kumar D S
Address	: #42/1 6TH MAIN 7TH CROSS, SUBHASH NAGAR, Mysuru, Karnataka, India,	Visit No	: OP-001

Plan: Mediwheel Health check up |

Sponsor : ARCOFEMI HEALTHCARE LIMITED (DIGITAL OPD, 13065_C) | Sponsor Bill No : SA1014231000790 | Sponsor Payable : 3,150.00

Particulars	Date	Qty	Unit Rate	Amount(Rs)
PACKAGE				
I. EHP MEDIWHEEL FULL BODY HEALTH CHECK PACKAGE FEMALE BELOW 40 YRS EAST PKG Dr. Naveen Kumar D S	23-09-2023 to 24-09-2023	1	3,150.00	3,150.00
			Total	3,150.00

GSTIN: 29AADCN7082K1ZX

Total Hospital Charges for Rendered Services/Items : 3,150.00
Total Bill Amount including Taxes before round off : 3,150.00
Sponsor Payable : 3,150.00
Patient Round Off : 0.00
Patient Payable : 0.00

Amount in words: Rupees Zero Only

Balance Details
Gross bill amount : 3,150.00
Sponsor Amount : 3,150.00
Net Amount : 0.00
Amount Paid : 0.00
Balance To Pay : 0.00

Prepared By: Shanawaz Banu, 323551 | Prepared On: 23-09-2023 08:32
Published By: Ashwatha GJ, 911527 | Published On: 16-09-2023 11:04



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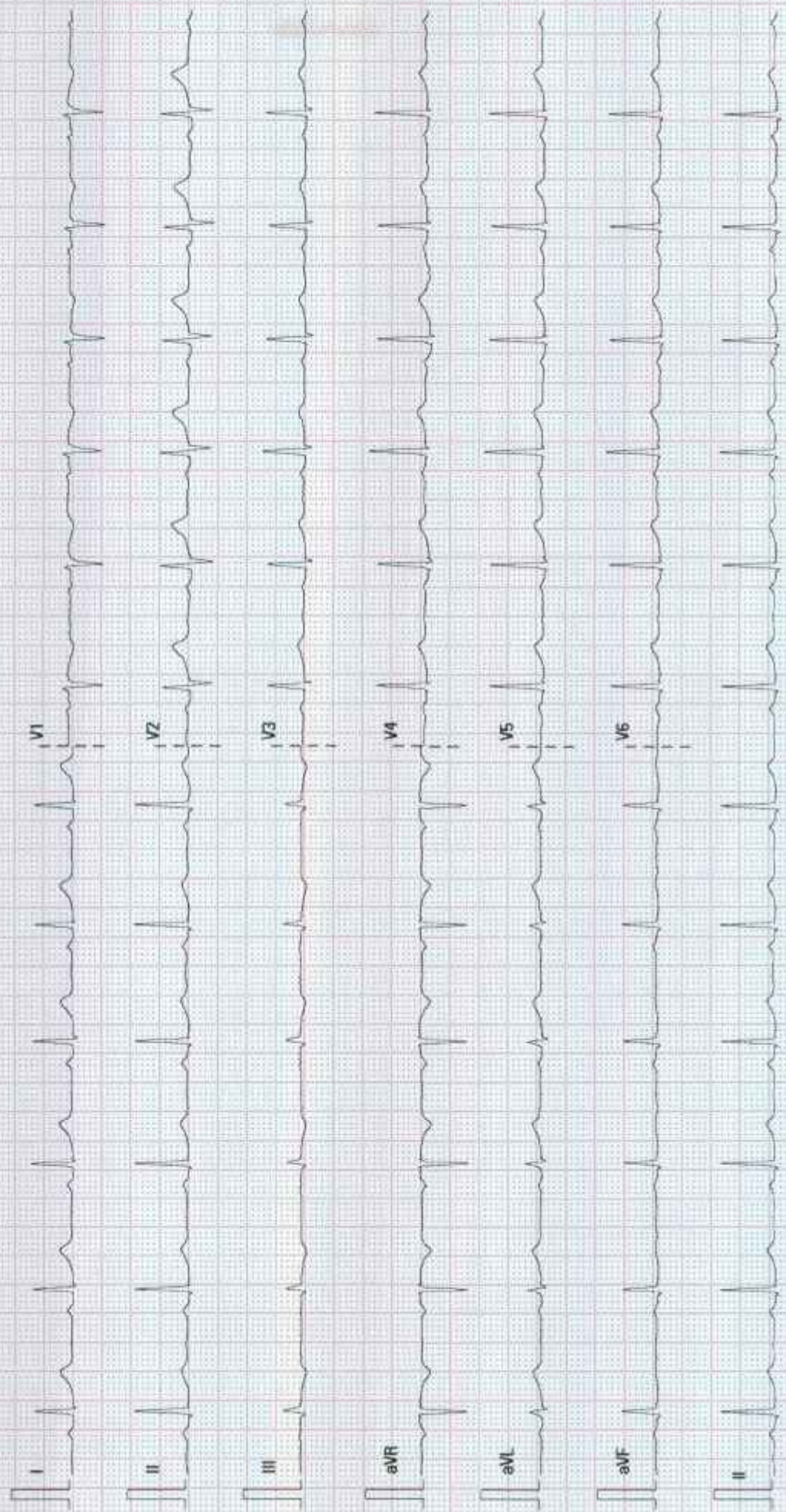
ID: 10140000392820
Name: Bindu R
Age: 34 Years
Gender: Female

2023-09-23 10:21:01 AM

Vent. Rate 74 bpm
PR Interval 166 ms
QRS Duration 74 ms
QT/QTc Interval 394/419 ms
P/QRS/T Axes 37/45/8 deg
QTc: Hodges

Sinus rhythm
Normal ECG

Unconfirmed Diagnosis



25 mm/s

10 mm/mV

50 Hz

BDP 35 Hz

NARAYANA SURGICAL HOSPITAL MYSORU

02.10.00V28.4.1

SN-FN-21132469

Patient Name	Bindu R	Requested By	Dr. Naveen Kumar D S
MRN	10140000392820	Procedure DateTime	2023-09-23 14:09:51
Age/Sex	34Y 5M / Female	Hospital	NH-Mysore

ULTRASOUND SCAN OF ABDOMEN AND PELVIS (MHC)

LIVER - Normal in size (14.3cm) and shows mild fatty changes. No obvious focal lesions.

BILIARY RADICLES - No dilatation.

CBD - Normal in size. No evidence of calculi.

GALL BLADDER - Partially distended.

PORTAL VEIN - Normal in caliber.

PANCREAS - Head and body of pancreas show normal echotexture.

SPLEEN - Normal.

KIDNEYS - Both kidneys are normal in size and echotexture. No evidence of calyceal dilatation or calculi seen.

BLADDER - Distended and appears normal.

UTERUS - appears normal.

EMT - 7.2mm.

Both ovaries show normal echotexture.

No free fluid seen in the abdomen.

IMPRESSION: Mild fatty liver.
To correlate clinically.


Dr. Roopa K
Consultant Radiologist


This is a digitally signed valid document. Reported Date/Time: 2023-09-23 14:24:14

Patient Name	Bindu R	Requested By	Dr. Naveen Kumar D S
MRN	10140000392820	Procedure DateTime	2023-09-23 12:51:27
Age/Sex	34Y 5M / Female	Hospital	NH-Mysore

X-RAY CHEST PA VIEW

Clinical details : Health check up

The C.T.Ratio is within normal limits.

The lung fields are clear.

The costo and cardiophrenic angles are free.

The domes of diaphragm are normally placed.

The bony thorax shows no gross abnormality.

IMPRESSION: No abnormality detected.

To correlate clinically.

Dr. Rakesh Sharma M N

MBBS,DMRD, DNB(Radiology)

Consultant

Department of Radiology



This is a digitally signed valid document. Reported Date/Time: 2023-09-23 13:03:14



ECHOCARDIOGRAPHY REPORT

Patient ID :	10140000392820	Report Date :	23-9-2023
Patient Name:	Ms Bindu R		
Age / Gender :	34 Years / female	Cath Number :	
Render No :			

MEASUREMENT

AO : 24 (20 - 40)mm **LVID(d)** : 39 (36 - 52)mm **IVS** : 9 (6 - 11)mm
LA : 28 (19 - 40)mm **LVID s** : *26 (23 - 39)mm **PWD** : 9 (6 - 11)mm
EF : 60% (>50%) **ESV** : 24 ml **EDV** : 65 ml

VALVES

Mitral Valve : Normal
Aortic valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal

DOPPLER DATA

Mitral : Trivial MR
Aortic : Normal
Tricuspid : Trivial TR / Mild PAH, PASP 30mmHg
Pulmonary : Normal
LVOT : Normal
Vegetation/Thrombus : Normal
Pericardium : Normal

WALL MOTION ABNORMALITIES

NO RWMA
Left sided pleural effusion +

FINAL DIAGNOSIS

- > NORMAL CHAMBER DIMENSIONS
- > TRIVIAL MITRAL REGURGITATION
- > TRIVIAL TRICUSPID REGURGITATION / MILD PULMONARY ARTERIAL HYPERTENSION
- > NO RWMA
- > NORMAL LV FUNCTION (LVEF-60%)
- > LEFT SIDED PLEURAL EFFUSION +
- > LEFT ARCH / NO COA

DR KESHAVA MURTHY.V
(SENIOR INTERVENTIONAL
CARDIOLOGIST)

DR SRINIVAS P
(INTERVENTIONAL
CARDIOLOGIST)

DR ANAND LINGAN
(SENIOR PEDIATRIC / ADULT
INTERVENTIONAL CARDIOLOGIST)

DONE BY : RITA



Patient Name : Ms Bindu R
MRN : 392820

Page 2 of 2 Typed by : Mrs Sunitha



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 09:04 AM Received On : 23/09/2023 09:31 AM Reported On : 23/09/2023 10:13 AM

Barcode : 602309230067 Specimen : Plasma Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Spectrophotometry)	95	mg/dL	70.0-100.0

--End of Report--

Spared

Dr. Shivaprasad
MBBS, MCh
CONSULTANT PATHOLOGIST

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 09:04 AM Received On : 23/09/2023 09:31 AM Reported On : 23/09/2023 10:13 AM

Barcode : 612309230042 Specimen : Whole Blood - ESR Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

Test	HAEMATOLOGY LAB		
	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	17	mm/1hr	0.0-19.0

--End of Report--

Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 09:04 AM Received On : 23/09/2023 09:31 AM Reported On : 23/09/2023 10:49 AM

Barcode : 602309230066 Specimen : Serum Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine (Spectrophotometry)	0.6	mg/dL	0.6-1.2
eGFR (Calculated By MDRD Formula)	114.5	mL/min/1.73m ²	-
Blood Urea Nitrogen (BUN) (Spectrophotometry)	10	mg/dL	7.0-20.0
Serum Sodium (Spectrophotometry)	139	mmol/L	135.0-150.0
Serum Potassium (Spectrophotometry)	4.8	mmol/L	3.5-5.0
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Spectrophotometry)	196	mg/dL	Normal <200 High >240 Borderline 200 - 239
Triglycerides (Spectrophotometry)	153 H	mg/dL	Very High >500 Borderline High 150 - 199 High 200 - 499
HDL Cholesterol (HDLC) (Spectrophotometry)	27 L	mg/dL	40.0-60.0
Non-HDL Cholesterol (Spectrophotometry)	169.0	-	-
LDL Cholesterol (Calculated)	138 H	mg/dL	Desirable: <100 Optimal: 100-129 Borderline High: 130-159 High : 160-189 Very High: >190
VLDL Cholesterol (Spectrophotometry)	31	mg/dL	0.0-40.0
Cholesterol /HDL Ratio (Spectrophotometry)	7.3 H	-	0.0-5.0
LIVER FUNCTION TEST(LFT)			
Bilirubin Total (Spectrophotometry)	0.6	mg/dL	0.0-1.3

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Narayana Multispecialty Hospital

Narayana Hrudayalaya Surgical Hospital Pvt. Ltd. CIN: LB5100KA2010PTC055453

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: CAH/1, 3rd Phase, Devanur, Mysore 570019

Tel: +91 821 7122 222 | Fax: +91 821 7122 235 | Email: info.mys@narayanahealth.org | www.narayanahealth.org



Appointments

1800-309-0309 (Toll Free)

Emergencies

98539-98539

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Conjugated Bilirubin (Direct) (Spectrophotometry)	0.3	mg/dL	0.0-0.3
Unconjugated Bilirubin (Indirect) (Spectrophotometry)	0.3	mg/dL	0.3-0.8
Total Protein (Spectrophotometry)	8.2	g/dL	6.4-8.2
Serum Albumin (Spectrophotometry)	4.8	g/dL	3.4-5.0
Serum Globulin (Spectrophotometry)	3.4	-	-
Albumin To Globulin (A/G)Ratio (Spectrophotometry)	1.4	-	1.0-2.1
SGOT (AST) (Spectrophotometry)	36	IU/L	15.0-37.0
SGPT (ALT) (Spectrophotometry)	47	IU/L	30.0-65.0
Alkaline Phosphatase (ALP) (Spectrophotometry)	87	IU/L	50.0-136.0
Gamma Glutamyl Transferase (GGT) (Spectrophotometry)	16	IU/L	15.0-85.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence Immunoassay (CLIA))	1.17	ng/dL	0.6-1.81
Thyroxine (T4) (Enhanced Chemiluminescence Immunoassay (CLIA))	6.43	ug/dl	3.2-12.6
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence Immunoassay (CLIA))	3.299	mIU/L	> 18 Year(s) : 0.4 -4.5 Pregnancy: 1st Trimester: 0.129-3.120 2nd Trimester: 0.274-2.652 3rd Trimester: 0.312-2.947

--End of Report--

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Narayana Multispeciality Hospital

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Appointments

1800-309-0309 (Toll Free)

Emergencies

98539-98539

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Shivaprasad

Dr. Shivaprasad P.N

MBBS, MD

CONSULTANT SURGICAL GASTROENTEROLOGIST

Note

- Abnormal results are highlighted.
- Results refer to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 09:04 AM Received On : 23/09/2023 09:31 AM Reported On : 23/09/2023 10:51 AM

Barcode : 612309230041 - Specimen : Whole Blood Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

Test	HAEMATOLOGY LAB		
	Result	Unit	Biological Reference Interval
BLOOD GROUP & RH TYPING			
Blood Group (Slide Technique And Tube Technique)	"O"	-	-
RH Typing (Slide Technique And Tube Technique)	Positive	-	-
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Coulter Principle)	13.15	g/dL	12.0-15.0
Red Blood Cell Count (Coulter Principle)	4.96	Million/ul	3.8-5.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	41.0	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Derived From RBC Histogram)	82.6	fL	76.0-96.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	26.5 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	32.1	g/L	30.0-35.0
Red Cell Distribution Width (RDW) (Derived From RBC Histogram)	14.9 H	%	11.6-14.0
Platelet Count (Coulter Principle)	334	Thous/ μ L	150.0-400.0
Mean Platelet Volume (MPV)	8.86	fL	7.0-11.7
Total Leucocyte Count(WBC) (Coulter Principle)	7.31	Thous/cumm	4.0-11.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (Optical/Impedance)	57.81	%	40.0-75.0

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Narayana Multispeciality Hospital

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Emergencies

98539-98539

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Lymphocytes (Optical/Impedance)	32.86	%	20.0-45.0
Monocytes (Optical/Impedance)	6.72	%	2.0-10.0
Eosinophils (Optical/Impedance)	2.44	%	1.0-6.0
Basophils	0.17	%	0.0-1.0
Absolute Neutrophil Count	4.23	-	-
Absolute Lymphocyte Count	2.4	-	-
Absolute Monocyte Count	0.49	-	-
Absolute Eosinophil Count	0.18	-	-
Absolute Basophil Count	0.01	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Shivaram
Dr. Shivaram P. N.
MBBS, MD
CONSULTANT PATHOLOGIST
570 019

Note

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- Results relate to the sample only.
- Kindly correlate clinically.



Page 2 of 2

Narayana Multispeciality Hospital

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Appointments

1800-309-0309 (Toll Free)

Emergencies

98539-98539

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 09:04 AM Received On : 23/09/2023 09:31 AM Reported On : 23/09/2023 10:54 AM

Barcode : 602309230068 Specimen : Whole Blood Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HbA1C			
HbA1c (HPLC METHOD)	6.3 H	%	Upto - Normal (Non Diabetic Level): < 6 Good Control: 6.01-7.00 Fair Control: 7.01-8.00 Poor Control: > 8.01
Estimated Average Glucose (HPLC METHOD)	134.11	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--

Shivaprasad

Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST



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Narayana Multispeciality Hospital

Narayana Hrudyalaya Surgical Hospital Pvt. Ltd. CIN: L25100KA2016PTC062403

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Appointments

1800-309-0309 (Toll Free)

Emergencies

98539-98539

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 09:07 AM Received On : 23/09/2023 09:32 AM Reported On : 23/09/2023 10:16 AM

Barcode : 622309230016 Specimen : Urine Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	30	ml	-
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction)	6.0	-	4.8-7.5
Sp. Gravity	1.030	-	1.005 - 1.030
Protein	Negative	-	-
Urine Glucose	Negative	-	-
Ketone Bodies	Negative	-	Negative
Bile Salts	Negative	-	Negative
Bile Pigment (Bilirubin)	Negative	-	Negative
Urobilinogen	Normal	-	-
Urine Leucocyte Esterase	Negative	-	Negative
Blood Urine	Negative	-	Negative
Nitrite	Negative	-	Negative
MICROSCOPIC EXAMINATION			

Page 1 of 2

Narayana Multispeciality Hospital

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Appointments

1800-309-0309 (Toll Free)

Emergencies

98539-98539

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Pus Cells	2-3/hpf	-	0-2
RBC	Nil	-	-
Epithelial Cells	1-2/hpf	-	2-4
Crystals	Not Seen	-	-
Casts	Not Seen	-	-

--End of Report--

Shivprasad

Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST

Note

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- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 01:06 PM Received On : 23/09/2023 01:20 PM Reported On : 23/09/2023 01:47 PM

Barcode : 602309230209 Specimen : Plasma Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Post Prandial Blood Sugar (PPBS) (Spectrophotometry)	102	mg/dL	100.0-140.0

--End of Report--



Dr. Shivaprasad P.N
MBBS, MD
CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Bindu R MRN : 10140000392820 Gender/Age : FEMALE , 34y (05/04/1989)

Collected On : 23/09/2023 01:06 PM Received On : 23/09/2023 01:41 PM Reported On : 23/09/2023 01:57 PM

Barcode : 622309230043 Specimen : Urine Consultant : Dr. Naveen Kumar D S(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8884548504

PATHOLOGY

Test	Result	Unit
Urine For Sugar (Semi-quantitative Strip Method- Glucose Oxidase Technique)	Nil	-

--End of Report--



Dr. Shivanth P. N.
MBBS, MD
CONSULTANT PATHOLOGIST

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