

Name: Mr Arvind Gaditrag Date: 07/04/23

Age: 42y Sex: M/F Weight: 61.7 kg Height: 155.7 inc BMI: 25.5

BP: 120/80 mmHg Pulse: 72 bpm RBS: _____ mg/dl

SpO₂ 97%

42/M

- Smoker 1-2 cig/wk.
- Tobacco +
- Alcohol - 180ml - 3 times a month.
- NON HT
- NON DM
- FH - Mother - DM

O/E

JVP°

Clear

L₃

P/A

N.

Im.

HDL - 25

Gd. I Fatty liver.

Adv.

- PMBS - awaited
- Stop Tobacco, Alcohol
- Diet, Exercise
- wt. reduction.
- T. supradyn 1 - x - x

ABE

(30)

Dr. VIMMI GOEL
 MBBS, MD

Sr. Consultant-Non Invasive Cardiology
 Reg.No.: 2014/01/0113

KIMS KINGSWAY HOSPITALS

(A Unit Of SPANV Medisearch Lifescience Pvt. Ltd.)

44, Kingsway Near Kasturba Hospital Park Nagpur - 440001

P: +91 7126789100, F: +91 7126789100

Patient Name	ARVIND GADIKAR	UHID	2324001153
Age\Sex	42/M	DATE	07/04/2023

CLASS PRESCRIPTION

EYE	SPH	CYL	AXIS	VISION
RIGHT	-0.50	00	00	6/6
LEFT	-1.25	00	00	6/6

NEAR ADDITION

RIGHT	00	N6
LEFT	00	N6

REMARKS -

DR. ASHISH KAMBLE
MBBS, MS(OPTH), FICO(LON), FVRS.
VITRORETINAL & PHACO SURGEON
REG NO. MCI/11-39352



MC-4807

**DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. ARVIND GADIKAR	Age / Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 09:39 am	Report Date : 07-Apr-23 11:51 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		44.2	40.0 - 50.0 Vol%	Calculated
RBC Count		5.10	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		87	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.8	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.4	31.5 - 35.0 g/l	Calculated
RDW		14.7	11.5 - 14.0 %	Calculated
Platelet count		290	150 - 450 10^3 /cumm	Impedance
WBC Count		6500	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	48.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	46.4	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	3.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	2.0	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3120	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count	3016	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	234	20 - 500 /cumm	Calculated
Absolute Monocyte Count	130	200 - 1000 /cumm	Calculated



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DEPARTMENT OF PATHOLOGY

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Received Dt : 07-Apr-23 09:39 am	Report Date : 07-Apr-23 11:51 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		17	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100731

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ARVIND GADIKAR	Age / Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 09:37 am	Report Date : 07-Apr-23 10:54 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	93	< 100 mg/dl	GOD/POD,Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

- Diabetes Mellites If,
- Fasting \geq 126 mg/dl
- Random/2Hrs. OGTT \geq 200 mg/dl
- Impaired Fasting = 100-125 mg/dl
- Impaired Glucose Tolerance = 140-199 mg/dl

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.1	Non-Diabetic : \leq 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : \geq 6.5 %	HPLC
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*** End Of Report ***

SPANV Medisearch Lifesciences Private Limited

Shri Chawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U71999MH2018PTC303510

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST



MC-4807



DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ARVIND GADIKAR	Age / Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 09:39 am	Report Date : 07-Apr-23 11:46 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	141 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		128 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		<u>25</u> > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		91.65 < 100 mg/dl	Enzymatic
VLDL Cholesterol		26 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		6 3 - 5	Calculation

Intiate therapeutic	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130 10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160 10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor	>190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



MC-4807

**DEPARTMENT OF BIOCHEMISTRY****Patient Name** : Mr. ARVIND GADIKAR**Age / Gender** : 42 Y(s)/Male**Bill No/ UMR No** : BIL2324001407/UMR2324001153**Referred By** : Dr. Vimmi Goel MBBS,MD**Received Dt** : 07-Apr-23 09:39 am**Report Date** : 07-Apr-23 11:46 am**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.37	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.28	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.09	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		98	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		33	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		27	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.36	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.17	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.19	2.0 - 4.0 gm/	Calculated
A/G Ratio		1.3		

*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD**CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ARVIND GADIKAR	Age /Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 09:39 am	Report Date : 07-Apr-23 11:46 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
RFT				
Blood Urea	Serum	9	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.9	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		109.4		Calculation by CKD-EPI 2021
Sodium		143	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.37	3.5 - 5.1 mmol/L	Direct ion selective electrode
THYROID PROFILE				
T3		1.67	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.11	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.59	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

***** End Of Report *****

SPANV Medisearch Lifesciences Private Limited
 and Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
 Phone: +91 0712 6789100
 CIN: U74999MH2018PTC303510



Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

Suggested Clinical Correlation * If necessary, Please discuss

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MC-4807



DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ARVIND GADIKAR	Age / Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 11:28 am	Report Date : 07-Apr-23 12:43 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Indicators ion concentration
Sugar		Negative	protein error of pH indicator
Bilirubin		Negative	GOD/POD
Ketone Bodies		Negative	Diazonium
Nitrate		Negative	Legal's est Principle
Urobilinogen		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Manual
Crystals		Absent	Manual
		*** End Of Report ***	Manual

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



MC-4807



DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. ARVIND GADIKAR	Age / Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 09:39 am	Report Date : 07-Apr-23 11:46 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100731

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ARVIND GADIKAR	Age / Gender : 42 Y(s)/Male
Bill No/ UMR No : BIL2324001407/UMR2324001153	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 07-Apr-23 11:28 am	Report Date : 07-Apr-23 02:40 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		GOD/POD
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100354

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ARVIND GADIKAR	STUDY DATE	07-04-2023 09:57:46
AGE/ SEX	42Y1M1D / M	HOSPITAL NO.	UMR2324001153
ACCESSION NO.	BIL2324001407-9	MODALITY	DX
REPORTED ON	07-04-2023 10:18	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.


Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.


DR. VIRAM TANKSALE
MD, DNB (RADIOLOGIST)
REG NO. 2016093942

NAME OF PATIENT:	ARVIND GADIKAR	AGE & SEX:	42Y/M
REG NO	2324001153	BILL NO	2324001407
REF BY:	DR. VIMMI GOEL	DATE:	07/04/2023

USG ABDOMEN AND PELVIS

LIVER is normal in size (13.8 cm) and shows mildly raised echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (10.5 cm) , shape and echotexture. No focal lesion seen.

Right kidney measures – 9.0 x 3.8 cm. Left kidney measures - 9.6 x 4.3 cm
Both kidney are normal in size, shape and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.


URINARY BLADDER is well distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture (volume- 11.6 cc).

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION: USG reveals,

- Grade I fatty liver.


DR. VIRAM TANKSALE
MD, DNB (RADIOLOGIST)
REG NO. 2016093942

Kingsway Hospitals
41 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Arvind, Gadikar
Patient ID: 001153
Height:
Weight:
Study Date: 07.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 06.03.1981
Age: 42yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	76	120/80	
	STANDING	00:01	0.00	0.00	76		
	WARM-UP	00:05	0.00	0.00	75		
EXERCISE	STAGE 1	03:00	1.70	10.00	112	120/80	
	STAGE 2	03:00	2.50	12.00	129	140/80	
	STAGE 3	01:14	3.40	14.00	141		
RECOVERY		01:00	0.00	0.00	121	150/80	
		02:00	0.00	0.00	103	130/80	
		01:29	0.00	0.00			

The patient exercised according to the BRUCE for 7:13 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 77 bpm rose to a maximal heart rate of 142 bpm. This value represents 79% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: THR not achieved.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Physical deconditioning noted.

To be correlated clinically.

Dr. VIMMI GOEL
MBBS, MD
Sr Consultant-Non Invasive Cardiology
Reg No - 2014/01/0113

07-Apr-23 11:28:25 AM

KIMS-KINGSWAY HOSPITALS

MR ARVIND GADIKAR
Male

PBC DEPT.

42 Years

Rate 61 . Sinus rhythm.....normal P axis, V-rate 50- 99
PR 193 . ST elev, probable normal early repol pattern.....ST elevation, age<55

QRS 93
QT 400
QTc 403

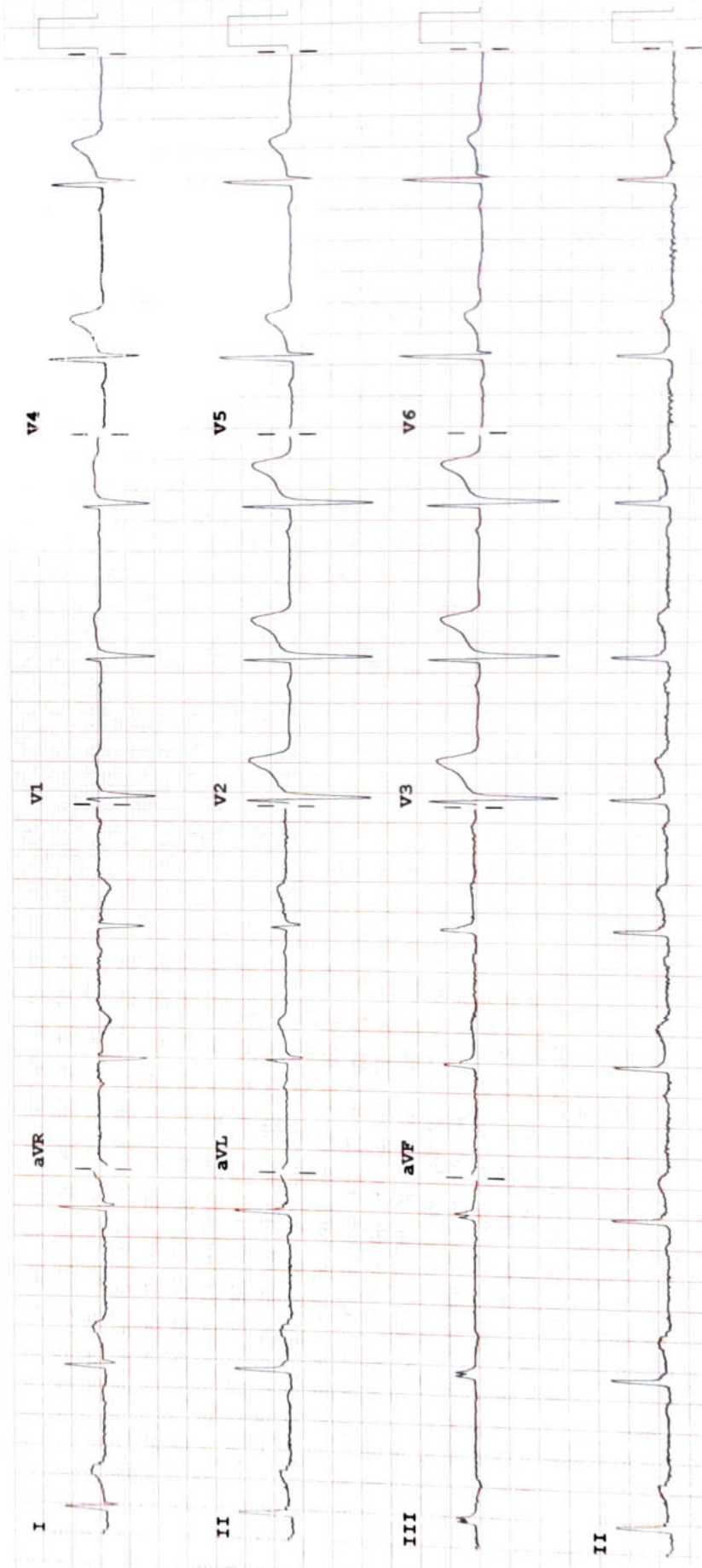
--AXIS--

P 8
QRS 57
T 17

- NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

F7