



CLIENT CODE: CA00010147 - MEDIWHEEL
CLIENT'S NAME AND ADDRESS? TICADE LIMITED

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 DELHI INDIA

TRICHUR, 680022 KERALA, INDIA Tel: 93334 93334

DDRC SRL DIAGNOSTICS

Email: customercare.ddrc@srl.in

Room A1, Ground Floor, Sitaram Tejal, Opp.110KV Substation, Ashwini Junction

PATIENT NAME: SOORAJ T N PATIENT ID: SOORM2502814177

ACCESSION NO: 4177WB002447 AGE: 42 Years SEX: Male ABHA NO:

DRAWN: RECEIVED: 25/02/2023 11:08 REPORTED: 25/02/2023 19:23

**REFERRING DOCTOR:** DR. A M ANTO CLIENT PATIENT ID:

Test Report Status <u>Final</u> Results Biological Reference Interval Units

#### **MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

TREADMILL TEST

TREADMILL TEST COMPLETED

**DENTAL CHECK UP** 

DENTAL CHECK UP TEST NOT DONE

**OPTHAL** 

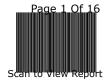
8800465156

**OPTHAL** COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED









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Results **Test Report Status** Units **Final** 

**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT** 

**BLOOD UREA NITROGEN (BUN), SERUM** 

**BLOOD UREA NITROGEN** 14 Adult(<60 yrs): 6 to 20 mg/dL

**BUN/CREAT RATIO** 

12.7 **BUN/CREAT RATIO** 

**CREATININE, SERUM** 

18 - 60 yrs : 0.9 - 1.3 mg/dL **CREATININE** 1.10

**GLUCOSE, POST-PRANDIAL, PLASMA** 

241 **High** Diabetes Mellitus : > or = 200. mg/dL GLUCOSE, POST-PRANDIAL, PLASMA

Impaired Glucose tolerance/ Prediabetes: 140 - 199. Hypoglycemia: < 55.

**GLUCOSE FASTING, FLUORIDE PLASMA** 

**High** Diabetes Mellitus : > or = 126. 204 GLUCOSE, FASTING, PLASMA mg/dL

Impaired fasting Glucose/ Prediabetes: 101 - 125. Hypoglycemia : < 55.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE

**BLOOD** 

**High** Normal : 4.0 - 5.6%. % GLYCOSYLATED HEMOGLOBIN (HBA1C)

Non-diabetic level : < 5.7%. Diabetic : >6.5%

Glycemic control goal

More stringent goal : < 6.5 %. General goal : < 7%. Less stringent goal : < 8%.

Glycemic targets in CKD :-If eGFR > 60 : < 7%. If eGFR < 60 : 7 - 8.5%.

194.4 High~<116.0MEAN PLASMA GLUCOSE mg/dL

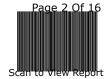
LIPID PROFILE, SERUM

Desirable: < 200 mg/dL CHOLESTEROL 177

Borderline: 200-239

High : >or= 240









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TRIGLYCERIDES	165	High	Normal: < 150 High: 150-199 Hypertriglyceridemia: 200-499 Very High: > 499	mg/dL
HDL CHOLESTEROL	35	Low	General range : 40-60	mg/dL
DIRECT LDL CHOLESTEROL	117		Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	142	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	33.0	High	< or = 30.0	mg/dL
CHOL/HDL RATIO	5.1	High	3.30 - 4.40	
LDL/HDL RATIO	3.3	High	0.5 - 3.0	









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#### Interpretation(s)

- 1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations
- 2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.
- 3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL.
- 4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.
- 5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

#### Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category				
Extreme risk group	A.CAD with > 1 feature of high risk group			
	B. CAD with > 1 feature of Very high risk g < or = 50 mg/dl or polyvascular disease	B. CAD with $> 1$ feature of Very high risk group or recurrent ACS (within 1 year) despite LDL-C < cr = 50  mg/dl or polyyaccular disease		
Very High Risk		1. Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3.		
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque			
Moderate Risk	2 major ASCVD risk factors			
Low Risk	0-1 major ASCVD risk factors			
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk Fa	ictors		
1. Age > or = 45 years in males and > or = 55 years in females 3. Current Cigarette smoking or tobacco use				
Family history of premature ASCVD     4. High blood pressure				
5. Low HDL				

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

	TOTAL CO. LOS MAINES DO	
Risk Group	Treatment Goals	Consider Drug Therapy





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	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group	<50 (Optional goal	< 80 (Optional goal	>OR = 50	>OR = 80
Category A	< OR = 30)	$\langle OR = 60 \rangle$		
Extreme Risk Group	<or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>&gt; 30</td><td>&gt;60</td></or></td></or>	<or 60<="" =="" td=""><td>&gt; 30</td><td>&gt;60</td></or>	> 30	>60
Category B	(40000000000000000000000000000000000000	A0044 5 90000	100.0078	******
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

<sup>\*</sup>After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

#### LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.44	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.20	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.24	0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.5	Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8	g/dL
ALBUMIN	4.8	20-60yrs: 3.5 - 5.2	g/dL
GLOBULIN	2.7	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.8	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	46	Adults: < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	102	Adults: < 45	U/L
ALKALINE PHOSPHATASE	83	Adult(<60yrs): 40 - 130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	44	Adult (male) : < 60	U/L
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.5	Ambulatory: 6.4 - 8.3 Recumbant: 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	4.4	Adults: 3.4-7	mg/dL
ABO GROUP & RH TYPE, EDTA WHOLE BLOO	D		

,

ABO GROUP A

METHOD : GEL CARD METHOD









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RH TYPE	POSITIVE			
BLOOD COUNTS,EDTA WHOLE BLOOD	POSITIVE			
HEMOGLOBIN	15.2		13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.47		4.5 - 5.5	mil/µL
WHITE BLOOD CELL COUNT	7.64		4.0 - 10.0	thou/µL
PLATELET COUNT	252		150 - 410	thou/µL
RBC AND PLATELET INDICES				
HEMATOCRIT	44.4		40 - 50	%
MEAN CORPUSCULAR VOL	81.3	Low	83 - 101	fL
MEAN CORPUSCULAR HGB.	27.8		27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.2		31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	12.8		11.6 - 14.0	%
MENTZER INDEX	14.9			
MEAN PLATELET VOLUME	7.7		6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT				
SEGMENTED NEUTROPHILS	33	Low	40 - 80	%
LYMPHOCYTES	52	High	20 - 40	%
MONOCYTES	05		2 - 10	%
EOSINOPHILS	10	High	1 - 6	%
BASOPHILS	00		< 1 - 2	%
ABSOLUTE NEUTROPHIL COUNT	2.52		2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	3.97	High	1 - 3	thou/µL
ABSOLUTE MONOCYTE COUNT	0.38		0.20 - 1.00	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.76	High	0.02 - 0.50	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR) ERYTHROCYTE SEDIMENTATION RATE (ESR),W BLOOD	0.7 <b>/HOLE</b>			
SEDIMENTATION RATE (ESR)	10		0 - 14	mm at 1 hr
SUGAR URINE - POST PRANDIAL				
SUGAR URINE - POST PRANDIAL PROSTATE SPECIFIC ANTIGEN, SERUM	DETECTED (++)		NOT DETECTED	









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PROSTATE SPECIFIC ANTIGEN	0.570	Age Specific :- <49yrs : <2.5 50-59yrs : <3.5 60-69yrs : <4.5 >70yrs : <6.5	ng/mL
THYROID PANEL, SERUM			
Т3	106.47	20-50 yrs : 60-181	ng/dL
T4	5.90	3.2 - 12.6	μg/dl
TSH 3RD GENERATION	4.000	18-49 yrs : 0.4 - 4.2	μIU/mL









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#### Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW APPEARANCE CLEAR

CHEMICAL EXAMINATION, URINE

PH 5.0 4.7 - 7.5









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SPECIFIC GRAVITY	1.030	1.003 - 1.035	
PROTEIN	NOT DETECTED	NOT DETECTED	
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	1-2	0-5	/HPF
EPITHELIAL CELLS	1-2	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	









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The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

**SUGAR URINE - FASTING** 

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

PHYSICAL EXAMINATION, STOOL

COLOUR BROWN

CONSISTENCY WELL FORMED

MUCUS ABSENT NOT DETECTED

VISIBLE BLOOD ABSENT ABSENT









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MICROSCOPIC EXAMINATION,STOOL			
PUS CELLS	1-2		/hpf
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
CYSTS	NOT DETECTED	NOT DETECTED	
OVA	NOT DETECTED		









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CLIENT'S NAME AND XDDRESSY TUCARE LIMITED

MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 DELHI INDIA 8800465156 DDRC SRL DIAGNOSTICS Room A1, Ground Floor, Sitaram Tejal, Opp.110KV Substation, Ashwini Junction

TRICHUR, 680022 KERALA, INDIA Tel: 93334 93334

Email: customercare.ddrc@srl.in

PATIENT NAME: SOORAJ T N PATIENT ID: SOORM2502814177

ACCESSION NO: 4177WB002447 AGE: 42 Years SEX: Male ABHA NO:

DRAWN: RECEIVED: 25/02/2023 11:08 REPORTED: 25/02/2023 19:23

**REFERRING DOCTOR:** DR. A M ANTO CLIENT PATIENT ID:

Test Report Status <u>Final</u> Results Units

#### Interpretation(s)

Stool routine analysis is only a screening test for disorders of gastrointentestinal tract like infection, malabsorption, etc. The following table describes the probable conditions, in which the analytes are present in stool.

PRESENCE OF	CONDITION
Pus cells	Pus in the stool is an indication of infection
Red Blood cells	Parasitic or bacterial infection or an inflammatory bowel condition such as ulcerative colitis
Parasites	Infection of the digestive system. Stool examination for ova and parasite detects presence of parasitic infestation of gastrointestinal tract. Various forms of parasite that can be detected include cyst, trophozoite and larvae. One negative result does not rule out the possibility of parasitic infestation. Intermittent shedding of parasites warrants examinations of multiple specimens tested on consecutive days. Stool specimens for parasitic examination should be collected before initiation of antidiarrheal therapy or antiparasitic therapy. This test does not detect presence of opportunistic parasites like Cyclospora, Cryptosporidia and Isospora species. Examination of Ova and Parasite has been carried out by direct and concentration techniques.
Mucus	Mucus is a protective layer that lubricates, protects& reduces damage due to bacteria or viruses.
Charcot-Leyden crystal	Parasitic diseases.
Ova & cyst	Ova & cyst indicate parasitic infestation of intestine.
Frank blood	Bleeding in the rectum or colon.
Occult blood	Occult blood indicates upper GI bleeding.
Macrophages	Macrophages in stool are an indication of infection as they are protective cells.
Epithelial cells	Epithelial cells that normally line the body surface and internal organs show up in stool when there is inflammation or infection.
Fat	Increased fat in stool maybe seen in conditions like diarrhoea or malabsorption.
рН	Normal stool pH is slightly acidic to neutral. Breast-fed babies generally have ar acidic stool.

#### ADDITIONAL STOOL TESTS:

- Stool Culture: This test is done to find cause of GI infection, make decision about best treatment for GI infection & to find out if treatment for GI infection worked.
- Fecal Calprotectin: It is a marker of intestinal inflammation. This test is done to differentiate Inflammatory Bowel Disease (IBD) from Irritable Bowel Syndrome (IBS).
- 3. Fecal Occult Blood Test(FOBT): This test is done to screen for colon cancer & to evaluate possible cause of unexplained anaemia.
- Clostridium Difficile Toxin Assay: This test is strongly recommended in healthcare associated bloody or waterydiarrhoea, due to
  overuse of broad spectrum antibiotics which alter the normal GI flora.
- 5. <u>Biofire (Film Array) GI PANEL</u>: In patients of Diarrhoea, Dysentry, Rice watery Stool, FDA approved, Biofire Film Array Test,(Real Time Multiplex PCR) is strongly recommended as it identifies organisms, bacteria, fungi, virus ,parasite and other opportunistic pathogens, Vibrio cholera infections only in 3 hours. Sensitivity 96% & Specificity 99%.









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Results Units Test Report Status <u>Final</u>

Rota Virus Immunoassay: This test is recommended in severe gastroenteritis in infants & children associated with watery 6. diarrhoea, vomitting& abdominal cramps. Adults are also affected. It is highly contagious in nature.

<br/>
Sh>Interpretation(s)</b>
BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH. CREATININE, SERUM-Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
   Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c GLUCOSE FASTING, FLUORIDE PLASMA-<br/>
-b>TEST DESCRIPTION<br/>
/b>

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine. <b>Increased in</b>

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides.

<b>Decreased in </b>

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

<br/><b>NOTE:</b> While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria,

Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-<br/>b>Used For</b>:

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- Diagnosing diabetes.

3.Identifying patients at increased risk for diabetes (prediabetes).
The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months.

3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

<br/>
<br/> anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates &

opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is









SOORM2502814177

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ACCESSION NO: 4177WB002447 AGE: 42 Years

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DDRC SRL DIAGNOSTICS Room A1, Ground Floor, Sitaram Tejal, Opp.110KV Substation, Ashwini Junction TRICHUR, 680022

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Results Units Test Report Status <u>Final</u>

SEX: Male

recommended for detecting a hemoglobinopathy

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom"""'s disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic

syndrome, Protein-losing enteropathy etc.
URIC ACID, SERUM-<br/>
Version of Increased levels:<br/>
Version o DM, Metabolic syndrome

<b>Causes of decreased levels</b>-Low Zinc intake,OCP,Multiple Sclerosis

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.'

The test is performed by both forward as well as reverse grouping methods.

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive

patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020)

106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-<b>TEST DESCRIPTION</b>:-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. <b>TEST INTERPRETATION</b>

<br/>
<br/> Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR<b>(>100 mm/hour)</b> in patients with ill-defined symptoms directs the physician to search for a systemic disease

(Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. <br/>b>Decreased</b> in: Polycythermia vera, Sickle cell anemia

#### <b>LIMITATIONS</b>

<a href="https://doi.org/10/2012/bp-13/20 salicylates)

#### REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition.
SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT"S TEST

PROSTATE SPECIFIC ANTIGEN, SERUM-- PSA is detected in the male patients with normal, benign hyperplastic and malignant prostate tissue and in patients with prostatitis.

- PSA is not detected (or detected at very low levels) in the patients without prostate tissue (because of radical prostatectomy or cystoprostatectomy) and also in the female patient.
- It a suitable marker for monitoring of patients with Prostate Cancer and it is better to be used in conjunction with other diagnostic procedures.
- Serial PSA levels can help determine the success of prostatectomy and the need for further treatment, such as radiation, endocrine or chemotherapy and useful in detecting residual disease and early recurrence of tumor.

  - Elevated levels of PSA can be also observed in the patients with non-malignant diseases like Prostatitis and Benign Prostatic Hyperplasia.
- Specimens for total PSA assay should be obtained before biopsy, prostatectomy or prostatic massage, since manipulation of the prostate gland may lead to elevated PSA (false positive) levels persisting up to 3 weeks.









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25/02/2023 19:23 DRAWN: RECEIVED: 25/02/2023 11:08 REPORTED:

REFERRING DOCTOR: DR. A M ANTO CLIENT PATIENT ID:

Units **Test Report Status** Results <u>Final</u>

- As per American urological guidelines, PSA screening is recommended for early detection of Prostate cancer above the age of 40 years. Following Age specific reference range can be used as a guide lines-

Age of male Reference range (ng/ml) 40-49 years 0-2.5 50-59 years 0-3.5

60-69 years 0-4.5 70-79 years

(\* conventional reference level (< 4 ng/ml) is already mentioned in report, which covers all agegroup with 95% prediction interval)

References- Teitz ,textbook of clinical chemiistry, 4th edition) 2.Wallach's Interpretation of Diagnostic Tests SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST









CLIENT CODE: CA00010147 - MEDIWHEEL
CLIENT'S NAME AND ADDRESS? TICADE LIMITED

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Test Report Status Final Results Units

#### **MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)TMT**

**ECG WITH REPORT** 

**REPORT** 

COMPLETED.

**USG ABDOMEN AND PELVIS** 

**REPORT** 

COMPLETED

**CHEST X-RAY WITH REPORT** 

**REPORT** 

COMPLETED

\*\*End Of Report\*\*
Please visit www.srlworld.com for related Test Information for this accession

DR.HARI SHANKAR, MBBS MD (Reg No - TCMC:62092)

HEAD - Biochemistry & Immunology

SREEDEVI MP LAB TECHNOLOGIST

MANJU SHAJI RADIOGRAPHER DR. SINDHU GEORGE QUALITY MANAGER







# **MEDICAL EXAMINATION REPORT (MER)**

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

a. Height	pany ID) AAJ 97 (cms) stolic		
d. Pulse Rate	stolic		
d. Pulse Rate	stolic		
d. Pulse Rate	84		
FAMILY HISTORY:  Relation Age if Living Health Status If deceased, age at the time.  Father Mother Graph Gra	me and cause		
FAMILY HISTORY:  Relation Age if Living Health Status If deceased, age at the time.  Father Mother Brother(s) 3 9	me and cause		
Father 75 9054  Mother 9054  Brother(s) 3 9	me and cause		
Mother Brother(s)  3  9  9  9  9  9  9  9  9  9  9  9  9			
Brother(s) 3 9			
Sister(s)			
HARVES & ADDICTIONS, Development of the following?			
HABITS & ADDICTIONS: Does the examinee consume any of the following?  Tobacco in any form Sedative Ale	cohol		
Tobacco in any form Sedative Ale	Alcohol		
No 10	20		
PERSONAL HISTORY			
a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details.  C. During the last 5 years have you be examined, received any advice or admitted to any hospital?			
b. Have you undergone/been advised any surgical procedure?  d. Have you lost or gained weight in	past 12 months?		
Have you ever suffered from any of the following?			
<ul> <li>Psychological Disorders or any kind of disorders of the Nervous System?</li> <li>Any disorder of Gastrointestinal S</li> <li>Unexplained recurrent or persister</li> </ul>	nt fever,		
• Any disorders of Respiratory system? Any disorders of Respiratory system?	Ϋ́N		
• Any Cardiac or Circulatory Disorders?  • Have you been tested for HIV/HB before? If yes attach reports	SsAg / HCV		
• Enlarged glands or any form of Cancer/Tumour?			
Any Musculoskeletal disorder?  Are you presently taking medican	Y/N		

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036 Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Any disorders of Urinary System?



 Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

#### FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

b. Is there any history of abnormal PAP
Smear/Mammogram/USG of Pelvis or any other
tests? (If yes attach reports)

,

c. Do you suspect any disease of Uterus, Cervix or Ovaries? Y/N

Y/N

 d. Do you have any history of miscarriage/ abortion or MTP

Y/N

- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc
- f. Are you now pregnant? If yes, how many months?

Y/N

#### CONFIDENTAIL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

- ➤ Is there anything about the examine's health, lifestyle that might affect him/her in the near future with regard to his/her job?
- Are there any points on which you suggest further information be obtained?

Y/N

Based on your clinical impression, please provide your suggestions and recommendations below;

DIAGENES

to be

evitibles

Do you think he/she is MEDICALLY FIT or UNFIT for employment.

#### MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner

B.Sc, MSBS; DIH (Cal), PGDHA Reg. No. 5667

Seal of Medical Examiner

DDRC SRL Diagnostic Services
THRISSUR - 20

Name & Seal of DDRC SRL Branch

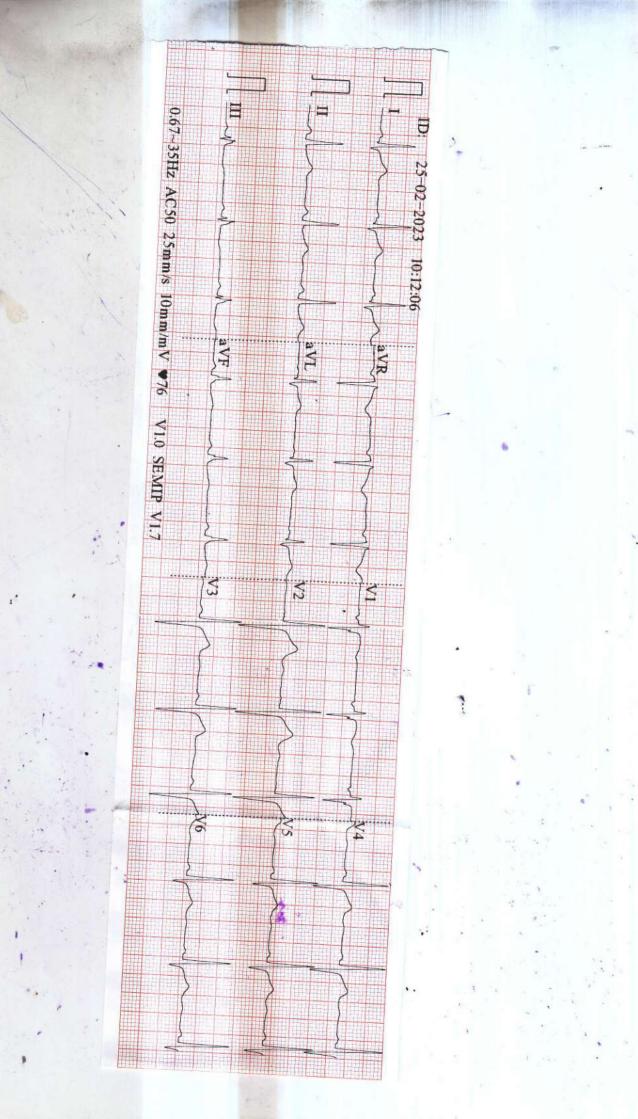
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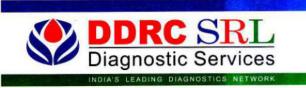
Date & Time

Page 2

# **DDRC SRL Diagnostics Limited**







Name: SOORAJ Age/Sex: 42 Y/ M

Date: 25.02.2023 AC

# **CHEST X-RAY (PA View):**

Trachea is central.

Cardiac shadow appears normal in size and configuration.

Both lung fields are clear.

Bilateral costophrenic and cardiophrenic angles are clear.

No focal consolidation, effusion, pulmonary edema, or pneumothorax.

Both hila appear normal.

Bony thorax and soft tissues are unremarkable.

# **IMPRESSION:**

> No significant abnormality detected.



DR. JESWIN PAULSON DA

DR. JESWIN PAULSON DMRD CONSULTANT RADIOLOGIST

SOORAJ 42 Y/M 13371 CHEST PA 25/02/2023 11:08 AM

**ASWINI HOSPITAL LTD., THRISSUR** 



# **Drishyam Eye Care Hospital LLP**

See The World With Us



# VISION CERTIFICATE

This is to certify that Mr. Sooraj. T. N. (42/m) has been examined and results are as follows

Right Eye

Left Eye

Distant Vision

616

66

Near vision

: NG

IOP(Intra ocular pressure) :

18 mm of Hg (WNL) 18 mm of Hg

Anterior segment

Normal

Normal

**Fundus** 

: Normal

Normal

Squint

: Normal

: Normal

Colour Vision

Mormal

Normal

Doctor's Signature

Date : 25 2 2023

Dr. SURYA SURENDRAN

Reg. No: 38632

Contact: 0487 22 222 99 www.drishyameye.com info@drishyameye.com

**Drishyam Eye Care Hospital LLP** Opp. BSNL Office, Kovilakathumpadam, Thrissur,

Kerala -680022 | Mob: +91 7025 11 11 99





Patient Name: Mr SOORAJ T N	Age:42 Y	Sex: Male
Ref. Consultant :	AC No:	Date:25.02.2023
Clinical details: health check up		

# **USG ABDOMEN**

Liver measures 14.8 cm, normal in size and **fatty in echotexture.** No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is partially contracted. No calculus or mass seen.

Spleen measures 7.9 cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas (head &body) is normal in size and echotexture. No focal lesions seen. No duct dilatation or calcification seen.

Right kidney measures 9.6 x 4.2 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 10.4 x 5.1 cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is partially distended. Wall appears normal. No calculus or mass seen.

Prostate measures 20 cc, normal

No ascites.

Upper para aortic area normal.

No significant bowel wall thickening noted.

# **IMPRESSION**

Grade I fatty liver.

DR. INDU JACOB MD, DNB, FVIR

**REG NO: 46693** 

CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.

Dr. INDU JACOB
MDRD; RADIOLOGIST
Reg. No: 46693 (TCMC)



















आधार - आम आदमी का अधिक



Shora)

8589966434 18/05/1982 42.

Chart Speed: 25 mm/sec Schiller CS-20 V 1.4 SOORAJTN (42 M) Protocol: Bruce 0.6 0.8 F ST Level DDRC SRL DIAGNOSTICS LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT, 0.0 0.4 ST Slope (mV/s) aVF aVL aVR Stage: Supine ID: 26370 Mains Filt: ON DDRC SRL Amp: 10 mm Linked Median Date: 25-Feb-23 Speed: 0 Km/h Iso = R - 60 ms Grade: 0 % Exec Time: 0 m 0 s Stage Time: 0 m 37 s HR: 66 bpm J=R+60 ms (THR: 160 bpm) **¥**6 ST Level ٧6 V5 V4 V3 **≨**2 2 \ 8.8 8.0 B.P: 130 / 84 <u>ا</u> 3 0.4 1.9 Ö

Protocol: Bruce SOORAJTN (42 M) 0.2 Schiller CS-20 V 1.4 Chart Speed: 25 mm/sec ST Level (mm) 0.0 ST Slope (mV / s) 0.4 aVR Stage: Standing ID: 26370 Mains Filt: ON Speed: 0 Km/h Date: 25-Feb-23 Amp: 10 mm inked Median Exec Time: 0 m 0 s Stage Time: 0 m 30 s HR: 70 bpm Grade: 0 % lso = R - 60 ms= R + 60 ms (THR: 160 bpm) Post J = J + 60 ms٧5 ST Level (mm) 4 **4 ∑**3 V2 š **∀**6 B.P: 130 / 84 0.2 0.6 0.8 Ġ ST Slope (mV/s)

DDRC SRL DIAGNOSTICS LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,

Schiller CS-20 V 1.4 Chart Speed: 25 mm/sec Protocol: Bruce SOORAJTN (42 M) ST Level (mm) ST Slope (mV / s) aVR Ħ Filter: 35 Hz Stage: 1 ID: 26370 Mains Filt: ON Amp: 10 mm Linked Median Speed: 2.7 Km/h Date: 25-Feb-23 Grade: 10 % Exec Time : 3 m 0 s Stage Time : 3 m 0 s HR: 106 bpm 1=R+60 ms (THR: 160 bpm) Post J = J + 60 msST Level **6** V5 4 ×4 **∑**3 **V**2 B.P: 130 / 84 ST Slope (mV/s)

DDRC SRL DIAGNOSTICS

LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,

Date: 25-Feb-23 Exec Time: 6 m 0 s Stage Time: 3 m 0 s HR: 123 bpm

SOORAJTN (42 M) Protocol: Bruce

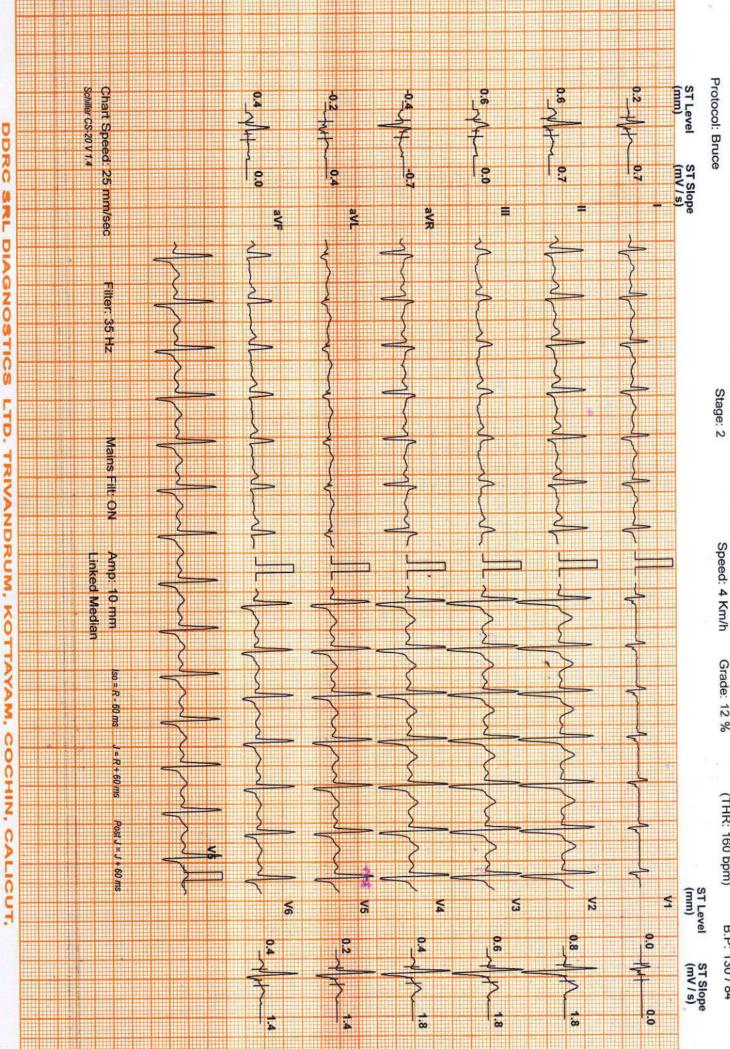
ID: 26370

Speed: 4 Km/h

Grade: 12 %

(THR: 160 bpm)

B.P: 130 / 84



DDRC SRL DIAGNOSTICS

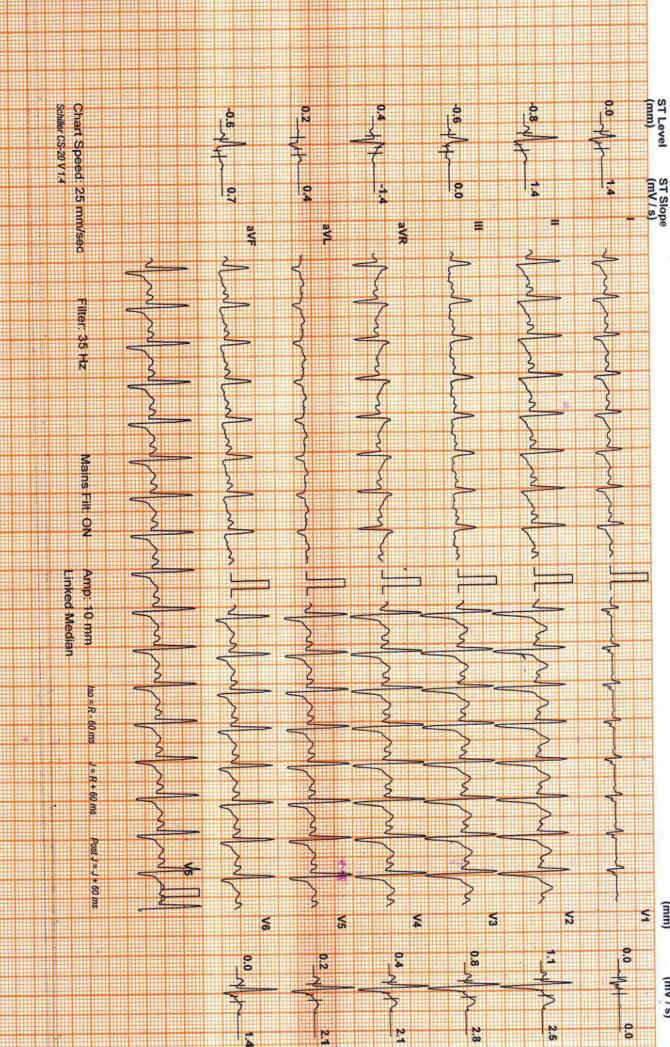
SOORAJTN (42 M) ID: 26370 DDRC SRL Date: 25-Feb-23 Exec Time: 8 m 2 s Stage Time: 2 m 2 s HR: 149 bpm

Grade: 14 %

(THR: 160 bpm)

B.P: 130 / 84

Protocol: Bruce Stage: Peak Ex Speed: 5.4 Km/h ST Level (mm) **V**2 ST Slope (mV / s)



DDRC SRL DIAGNOSTICS

LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,

Protocol: Bruce SOORAJTN (42 M) Chart Speed: 25 mm/sec ST Level Schiller CS-20 V 1.4 }<sup>8</sup> 0.0 DDRC SRL DIAGNOSTICS ST Slope (mV / s) 0.0 aVL aVR aVF = Filter: 35 Hz Stage: Recovery(1) ID: 26370 LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT, Mains Filt ON DDRC SRL Date: 25-Feb-23 Speed: 0 Km/h Amp: 10 mm Linked Median Recovery: 2 m 0 s Grade: 0 % Iso = R - 60 ms J = R + 60 msStage Time: 2 m 0 s HR: 77 bpm (THR: 160 bpm) ST Level (mm) 5 8 8 B.P: 130 / 84 0.2 ST Slope (mV/s)

SOORAJTN (42 M) ID: 26370 DDRC SRL Stage Time: 2 m 0 s HR: 77 bpm

Stage: Recovery(2) Speed: 0 Km/h Date: 25-Feb-23 Recovery: 4 m 0 s

Protocol: Bruce

Grade: 0 %

(THR: 160 bpm)

B.P: 130 / 84

ST Level (mm)

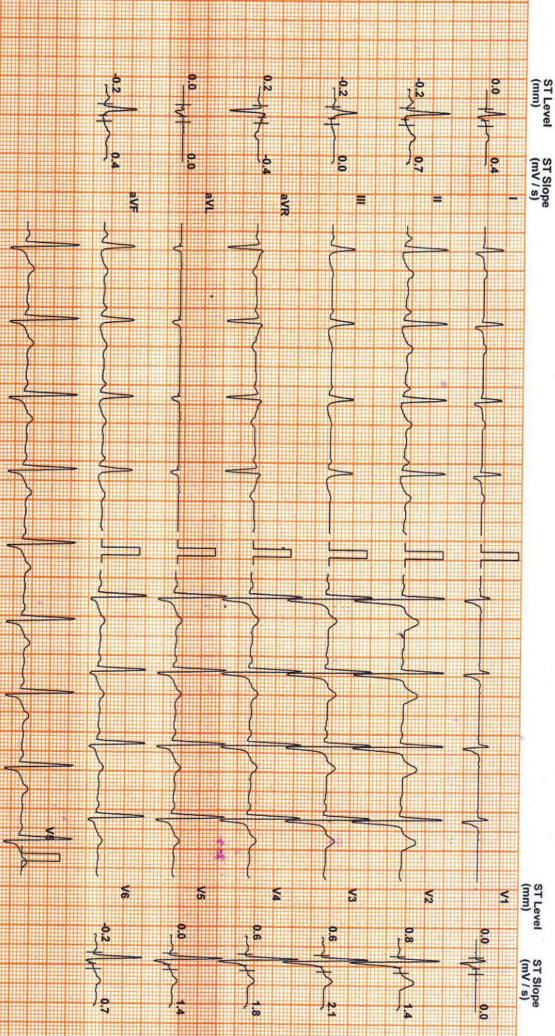


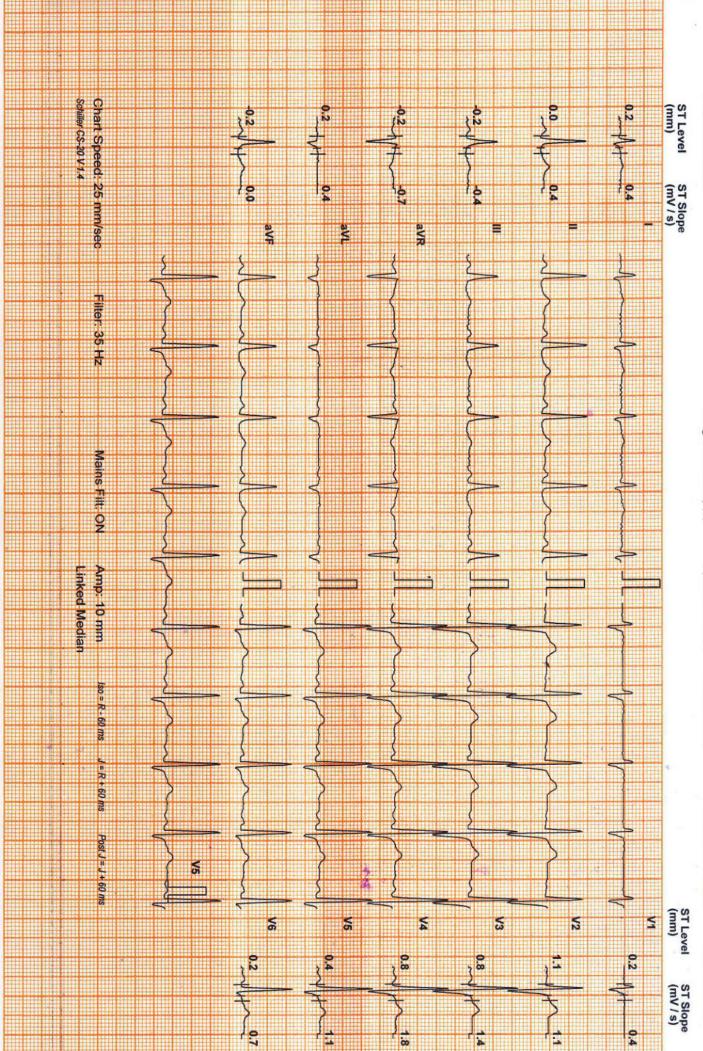
Chart Speed: 25 mm/sec Schiller CS-20 V 1.4

Filter: 35 Hz

Mains Filt ON

Linked Median Amp: 10 mm

DDRC SRL DIAGNOSTICS LTD. TRIVANDRUM, KOTTAYAM, COCHIN, CALICUT,



Patient Details Date: 25-Feb-23

Time: 2:17:42 PM

Name: SOORAJ T N Age: 42 y

Clinical History:

Sex: M

ID: 26370

Height: 173 cms

Weight: 86 Kgs

Medications:

#### **Test Details**

Protocol: Bruce

Pr.MHR: 178 bpm

THR: 160 (90 % of Pr.MHR) bpm

Total Exec. Time:

Max. HR: 149 (84% of Pr.MHR)bpm Max. Mets: 10.20

Max. BP: 140 / 94 mmHg

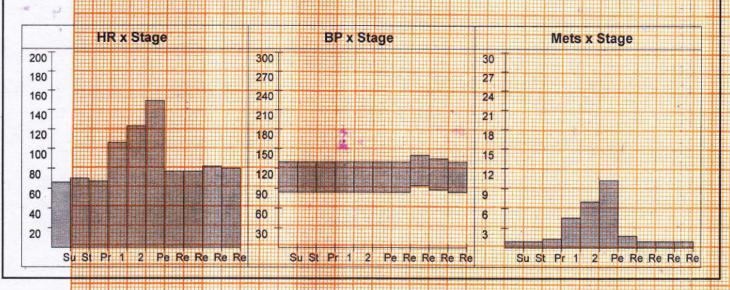
Max. BP x HR: 20860 mmHg/min

Min. BP x HR: 5544 mmHg/min

**Test Termination Criteria:** 

### **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (Km/h)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supin <mark>e</mark>	0:37	1.0	0	0	66	130 / 84	-0.64 aVR	2.12 V2
Standing	0:30	1.0	0	0	70	130 / 84	-0.85 aVR	2.12 V2
1	3:0	4.6	2.7	10	106	130 / 84	-0.64 aVR	2.48 V2
2	3:0	7.0	4	12	123	130 / 84	-0.64 aVF	2.83 V2
Peak Ex	2:2	10.2	5.4	14	149	130 / 84	-0.85 II	3.54 V3
Recovery(1)	2:0	1.8	1.6	0	77	130 / 84	-1.27 II	3.89 V3
Recovery(2)	2:0	1.0	0	0	77	140/94	-0.85	3.18 V4
Recovery(3)	2:0	1.0	0	0	*82	135/88	-0.64 aVR	2.83 V3
Recovery(4)	0:4	1.0	0	0	80	130 / 84	-0.64 aVR	2.12 V2



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**Patient Details** Date: 25-Feb-23

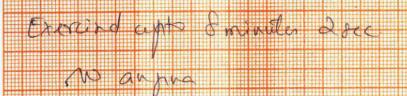
2:17:42 PM Time:

Name: SOORAJ T N ID: 26370

Age: 42 y Sex: M Height: 173 cms

Weight: 86 Kgs

Interpretation



Maxily hman

m st dynshin my nector by which is lewy



Ref. Doctor

Doctor: ----

(Summary Report edited by user)