

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH SARJIT
EC NO.	58122
DESIGNATION	BRANCH HEAD
PLACE OF WORK	GHAZIABAD, INDIRAPURAM
BIRTHDATE	01-05-1965
PROPOSED DATE OF HEALTH CHECKUP	25-06-2022
BOOKING REFERENCE NO.	22J58122100020334E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 15-06-2022 till 31-03-2023. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

शुद्धकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA

URMILA SINGH
DHANI RAM

07/07/1971

Surpasser / Account Number

BGFPS2715A

Signature



21072000



बैंक ऑफ बड़ोदा
Bank of Baroda



नाम
Name **SARJIT SINGH**

कर्मचारी कूट क्र.
E. C. No. **58122**

[Signature]

अधिकारी/प्रधिकारी म. प्र. (सु.) अ. का. नं. दि.
Issuing Authority, GM (S), ZO, NO.

[Signature]

धारक के हस्ताक्षर
Signature of Holder

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320808	Collected On	25/06/2022 10:04AM	Received On	25/06/2022 10:08AM
Referred By	Deepak Verma	Reported On	25/06/2022 2:58PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
GLUCOSE, FASTING (F) (Serum Fasting)	94 mg/dl		70 - 110 mg/dl	

..... END OF REPORT

Processed by :- SHAHID SAIFI

Alka
mct-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 27/6/2022 8:49AM

Page 1 of 1

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320840	Collected On	25/06/2022 12:17PM	Received On	25/06/2022 12:18PM
Referred By	Deepak Verma	Reported On	25/06/2022 3:02PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
URINE EXAMINATION, ROUTINE (Urine)			
PHYSICAL EXAMINATION			
Colour	PALE YELLOW		
Appearance	CLEAR		
pH	5.0		
Specific gravity	1.005		
CHEMICAL EXAMINATION			
Glucose	Nil		
Protein	Absent		
Ketone bodies	Absent		
Urobilinogen	Absent		
MICROSCOPIC EXAMINATION			
Leukocytes	2-3 /HPF		
Erythrocytes	NIL		
Epithelial Cells	2-4 /HPF		
Casts	NIL		
Crystals	NIL		
Others	NIL		

***** END OF REPORT *****

Processed by :- KAPIL GAUR

AK
mcy-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 27/6/2022 8:49AM

Page 1 of 1

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320809	Collected On	25/06/2022 10:05AM	Received On	25/06/2022 10:08AM
Referred By	Deepak Verma	Reported On	25/06/2022 4:01PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			
BLOOD GROUPING	"O"		
RH TYPING	POSITIVE		
ESR (WESTERGREN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	43 mm/1st hour		0 - 20 mm/Hr

***** END OF REPORT *****

Processed by :- KAPIL GAUR

Alka
mcy-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 27/6/2022 8:49AM

Page 1 of 4

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320809	Collected On	25/06/2022 10:05AM	Received On	25/06/2022 10:08AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:28AM		

Test Name	Result	Criticality Factor	Biological Reference Interval
HEMOGLOBIN, HB	12.6 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	33.2 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	26.0 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	78.3 fl		77 - 97 fl
PLATELET COUNT	160 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	4.84 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	14.9 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	6.16 x10 ³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
HEMATOCRIT (HCT)	37.9 %		34 -45%
BASOPHILS	00 %		
EOSINOPHILS	05 %		2 -7 %
LYMPHOCYTES	32 %		17 - 45 %
MONOCYTES	04 %		4 -13%
NEUTROPHILS	59 %		40 - 80%

***** END OF REPORT *****

Processed by :- SHAHID SAIFI

Registration No. 45422
DR CHARU AGARWAL
 CONSULTANT PATHOLOGIST
 Pathologist

Report Printed On: 27/6/2022 8:49AM

Page 2 of 4

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320809	Collected On	25/06/2022 10:05AM	Received On	25/06/2022 10:08AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:52AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
KIDNEY FUNCTION TESTS (Serum)				
UREA	24.5 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	0.64 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	4.4 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	138.6 mmol/L		136 - 144 mmol/L	
POTASSIUM, SERUM	4.49 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	103.5 mmol/L		101 - 111 mmol/L	
LIPID PROFILE (Serum)				
CHOLESTEROL, TOTAL	170 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	84 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	58 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	95 mg/dl		0 - 120 mg/dl	
Cholesterol, VLDL	17 mg/dl		0 - 35 mg/dl	
LIVER FUNCTION TESTS (Serum)				
BILIRUBIN, TOTAL	0.63 mg/dl		0.3 - 1.2 mg/dl	
BILIRUBIN, DIRECT	0.14 mg/dl		0 - 0.3 mg/dl	

Report Printed On: 27/6/2022 8:49AM

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320809	Collected On	25/06/2022 10:05AM	Received On	25/06/2022 10:08AM
Referred By	Deepak Verma	Reported On	25/06/2022 11:52AM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.49		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.0 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.57 g/dl			
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.88		1:1 - 2.5:1	
GLOBULIN, SERUM	2.4			
SGPT	29 IU/L		14 - 54 IU/L	
SGOT	25 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	20 IU/L		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	88 IU/L		32 - 91 IU/L	

..... END OF REPORT

Processed by :- SHAHID SAIFI

Charu
Registration No: 42422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

Report Printed On: 27/6/2022 8:49AM

Page 4 of 4

LABORATORY REPORT

Name	URMILA SINGH	Age	50y 11m 19d	Gender	FEMALE
MRN	GHZB-0000175083	Visit No	V0000000001-GHZB		
Lab No	G000320875	Collected On	25/06/2022 2:40PM	Received On	25/06/2022 2:43PM
Referred By	Deepak Verma	Reported On	25/06/2022 6:00PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
-----------	--------	--------------------	-------------------------------	-------------

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)

99 mg/dl

80 -140 mg/dl

***** END OF REPORT *****

Processed by :- KAPIL GAUR


MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST



HCMCT

ManipalHospitals

LIFE'S ON



Name : URMILA SINGH Age : 50 Yr(s) Sex :Female
Registration No : MH010204820 Lab No : 32220608951
Patient Episode : R03000039303 Collection Date : 25 Jun 2022 14:10
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 25 Jun 2022 15:19
Receiving Date : 25 Jun 2022 14:20

BIOCHEMISTRY

THYROID PROFILE, Serum

			Non Pregnant Adult
T3 - Triiodothyronine (ECLIA)	1.39	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.96	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.330	µIU/mL	[0.340-4.250]
Pregnancy TSH:1st Trimester:	0.6 - 3.4	micIU/mL	
Pregnancy TSH:2nd Trimester:	0.37 - 3.6	micIU/mL	
Pregnancy TSH:3rd Trimester:	0.38 - 4.04	micIU/mL	

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 1

-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Human Care Medical Charitable Trust

Adjoining MTNL Building, Main Road, Sector 6, Dwarka, New Delhi - 110075.

Phone: +91 11 4967 4967 | www.manipalhospitals.com | www.hcmct.in

NABH Accredited Hospital NABL Accredited Hospital Awarded Emergency Excellence Services Awarded Nursing Excellence Services Awarded Clean & Green Hospital
H-2019-0640/09/06/2019-08/06/2022 MC/3228/04/09/2019-03/09/2021 E-2019-0026/27/07/2019-26/07/2021 N-2019-0113/27/07/2019-26/07/2021 IND18.6278/05/12/2018- 04/12/2019

Website : www.hcmct.in, delhi.manipalhospitals.com | Email : mailus@manipalhospitals.com | Phone: 011-49674967

Managed by Manipal Hospitals Dwarka Pvt. Ltd

URMILA SINGH G000320809

Reference: Dr.DEEPAK VERMA

VID: 220108000006969

PID NO: P1082200010920
Age: 51.0 Year(s) Sex: Female



Sample Collected At:
Manipal Hospital
NH-24, HAPUR ROAD, OPP. BAHMETA,
GHAZIABAD 201002
201002

Registered On:
25/06/2022 12:10 PM
Collected On:
25/06/2022 12:10PM
Reported On:
25/06/2022 03:24 PM

HbA1c Glycated Haemoglobin

(EDTA Whole Blood)

Investigation	Observed Value	Unit	Biological Reference Interval
HbA1C- Glycated Haemoglobin (HPLC)	5.4	%	Non-diabetic: <= 5.6 Pre-diabetic: 5.7-6.4 Diabetic: >= 6.5
Estimated Average Glucose (eAG) \$	108.28	mg/dL	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
 - Heterozygous state detected (D10/ turbo is corrected for HbS and HbC trait).

7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 %, Fair to Good Control - 7 to 8 %, Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 % .

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

-- End of Report --



RADIOLOGY REPORT

Name	URMILA SINGH	Modality	US
Patient ID	GHZB-0000175083	Accession No	1110486
Gender/Age	F / 50Y 11M 18D	Scan Date	25-06-2022 10:48:44
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 11:08:47

USG ABDOMEN & PELVIS FINDINGS

LIVER: appears mildly enlarged in size (measures 151 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 84 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.6 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.6 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 84 x 30 mm. It shows two concretions measuring 3.2 mm and 4.4 mm at lower and mid calyx respectively.

Left Kidney: measures 87 x 38 mm. It shows a concretion measuring 4.5 mm at upper calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 82 x 46 x 44 mm), shape and echotexture. Endometrial thickness measures 3.6 mm. Cervix appears normal.

OVARIES: Both ovaries are not seen probably atrophied. Bilateral adnexa is clear.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Mild hepatomegaly with diffuse grade I fatty infiltration in liver.
- Bilateral renal concretions.

Recommend clinical correlation.

RADIOLOGY REPORT

Name	URMILA SINGH	Modality	US
Patient ID	GHZB-0000175083	Accession No	1110486
Gender/Age	F / 50Y 11M 18D	Scan Date	25-06-2022 10:48:44
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 11:08:47


Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

RADIOLOGY REPORT

Name	URMILA SINGH	Modality	DX
Patient ID	GHZB-0000175083	Accession No	1110487
Gender/Age	F / 50Y 11M 18D	Scan Date	25-06-2022 10:21:14
Ref. Phys	Dr. Deepak Verma	Report Date	25-06-2022 15:58:36

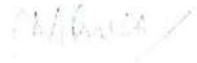
XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.

IMPRESSION

No significant abnormality noted.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887



TMT INVESTIGATION REPORT

Patient Name : Mrs. URMILA SINGH	Location : Ghaziabad
Age/Sex : 51 Year(s)/Female	Visit No : V0000000001-GHZB
MRN No : GHZB-0000175083	Order Date : 27/6/2022
Ref. Doctor : HCP	Report Date : 27/6/2022

Protocol	: Bruce	MPHR	: 169BPM
Duration of exercise	: 3min 49sec	85% of MPHR	: 143BPM
Reason for termination	: Patient fatigue	Peak HR Achieved	: 145BPM
Blood Pressure (mmHg)	: Baseline BP : 124/80mmHg	% Target HR	: 85%
	Peak BP : 134/80mmHg	METS	: 5.5METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	91	124/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	138	134/80	Nil	No ST changes seen	Nil
STAGE 2	0:49	145	134/80	Nil	1-1.5mm slow upsloping ST depression noted in inferolateral leads	Nil
RECOVERY	3:03	82	128/80	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- 1-1.5mm slow upsloping ST depression noted in inferolateral leads at peak stage.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **positive** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

urnita singh

ID: 000175083

25-Jun-2022 15:44:57

Mangal Hospitals, Ghaziabad

Handwritten signature

51 years
Female
Caucasian

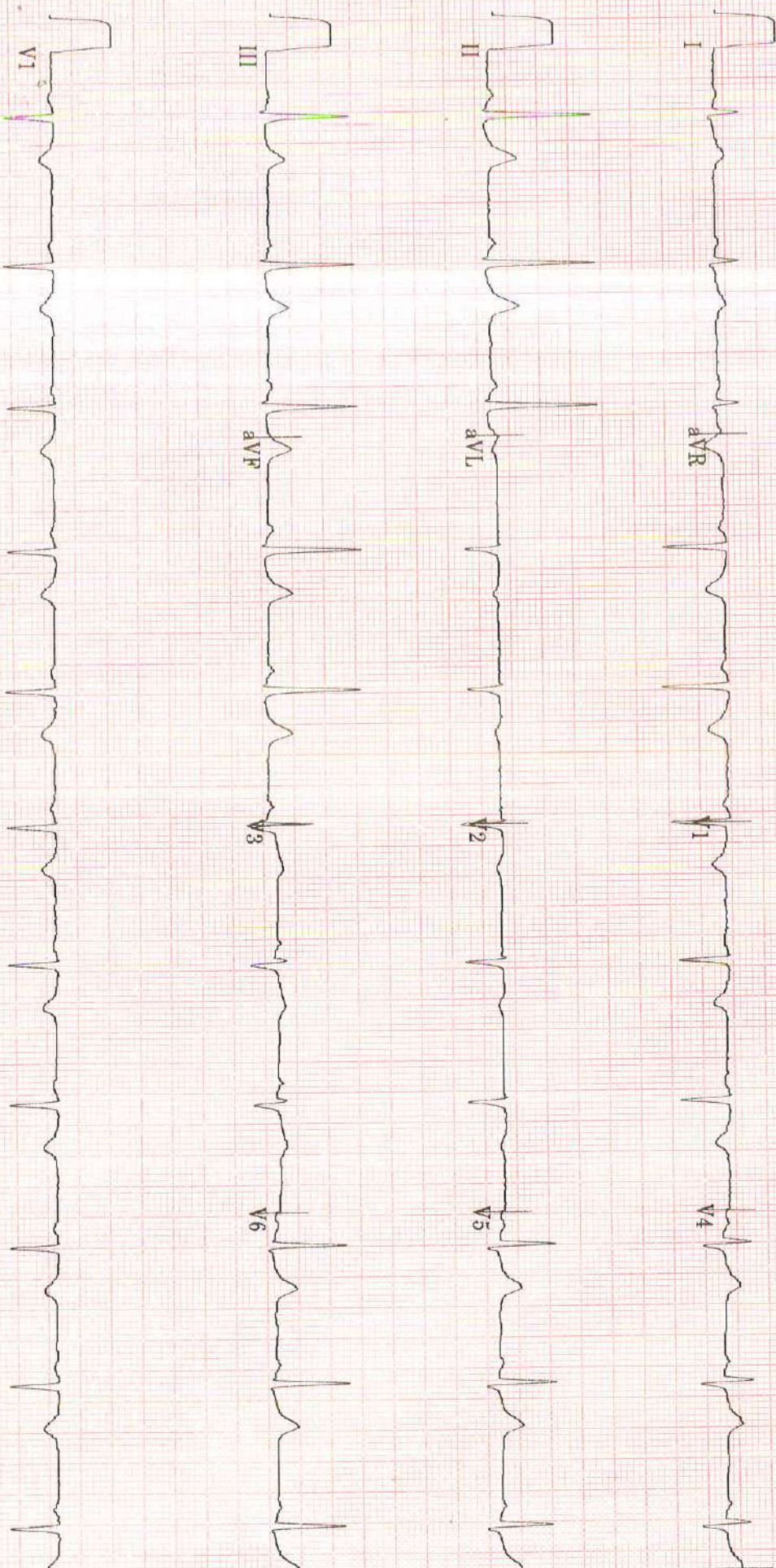
Vent. rate 66 bpm
PR interval 132 ms
QRS duration 78 ms
QT/QTc 398/417 ms
P-R-T axes 72 80 66

Technician:
Test ind:

Normal sinus rhythm
Normal ECG

Referred by:

Unconfirmed



20 Hz

25.0 mm/s
10.0 mm/mV

4 by 2.5s + 1 rhythm ld

MAC55 009C

12SL™ v239