

FITNESS CERTIFICATE



NAME: <i>Saipalli, Prithvi Raj</i>	AGE: <i>29y/male</i>
HT: <i>162</i> CMS:	WT: <i>70.3</i> KGS: SEX: <i>male</i>

PARAMETERS	MEASUREMENTS
PULSE/BP(supine)	/mt / /mmHg <i>130/90</i>
INSPIRATION	
EXPIRATION	<i>32</i>
CHEST CIRCUMFERENCE	<i>33</i>
PREVIOUS ILLNESS	<i>34</i>
VISION	<i>6/6 normal</i>
FAMILY HISTORY	FATHER: MOTHER:

REPORTS:

FIT

DATE: *07/06/23*

PLACE: *Visakhapatnam*

CONSULTANT PHYSICIAN

[Signature]
Dr. Lanka Prasad, M. B. B. S.

Reg. No. 18363

[Signature]
CIVIL ASSISTANT SURGEON

MEDICAL OFFICER

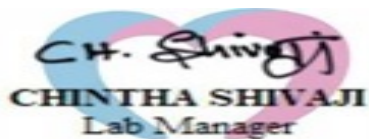
Primary Health Centre

KASINKOTA-53103

VISAKHA Dist.

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
BLOOD GROUPING AND Rh TYPING (Blood/Agglutination)	'A' 'Positive'		
<u>Complete Blood Count With - ESR</u>			
Haemoglobin (Blood/Spectrophotometry)	13.9	g/dL	13.5 - 18.0
Packed Cell Volume(PCV)/Haematocrit (Blood/Numeric Integration of MCV)	41.6	%	42 - 52
RBC Count (Blood/Electrical Impedance)	5.13	mill/cu.mm	4.7 - 6.0
Mean Corpuscular Volume(MCV) (Blood/Calculated)	81.1	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (Blood/Calculated)	27.2	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (Blood/Calculated)	33.5	g/dL	32 - 36
RDW-CV (Calculated)	16.4	%	11.5 - 16.0
RDW-SD (Calculated)	46.55	fL	39 - 46
Total Leukocyte Count (TC) (Blood/Electrical Impedance)	7460	cells/cu.mm	4000 - 11000
Neutrophils (Blood/Impedance and absorbance)	69.11	%	40 - 75
Lymphocytes (Blood/Impedance and absorbance)	23.30	%	20 - 45
Eosinophils (Blood/Impedance and absorbance)	1.15	%	01 - 06



VERIFIED BY



APPROVED BY

The results pertain to sample tested.

Page 1 of 9

Lab Address: MEDALL HEALTH CARE PVT LTD,#17-11-3/4,DR.GKS MANSION,OFFICIAL COLONY,MAHARANI PETA, VIZAG 530002,.

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Monocytes (Blood/Impedance and absorbance)	6.07	%	01 - 10
Basophils (Blood/Impedance and absorbance)	0.37	%	00 - 02
INTERPRETATION: Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.			
Absolute Neutrophil count (Blood/Impedance and absorbance)	5.16	10 ³ / μ l	1.5 - 6.6
Absolute Lymphocyte Count (Blood/Impedance)	1.74	10 ³ / μ l	1.5 - 3.5
Absolute Eosinophil Count (AEC) (Blood/Impedance)	0.09	10 ³ / μ l	0.04 - 0.44
Absolute Monocyte Count (Blood/Impedance)	0.45	10 ³ / μ l	< 1.0
Absolute Basophil count (Blood/Impedance)	0.03	10 ³ / μ l	< 0.2
Platelet Count (Blood/Impedance)	1.82	lakh/cu.mm	1.4 - 4.5
INTERPRETATION: Platelet count less than 1.5 lakhs will be confirmed microscopically.			
MPV (Blood/Derived from Impedance)	10.34	fL	7.9 - 13.7
PCT (Calculated)	0.19	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Blood/Automated ESR analyser)	08	mm/hr	< 15
BUN / Creatinine Ratio	10.0		
Glucose Fasting (FBS) (Plasma - F/Glucose oxidase/Peroxidase)	66	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126


CHINTHA SHIVAJI
 Lab Manager

VERIFIED BY




Dr K. NEEHARIKA
 MD PATHOLOGY
 Reg No : 96545

APPROVED BY

The results pertain to sample tested.

Page 2 of 9

Lab Address: MEDALL HEALTH CARE PVT LTD,#17-11-3/4,DR.GKS MANSION,OFFICIAL COLONY,MAHARANI PETA, VIZAG 530002,.

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
----------------------	-----------------------	-------------	--------------------------------------

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine) (Urine - F)	Negative		Negative
---	----------	--	----------

Glucose Postprandial (PPBS) (Plasma - PP/GOD - POD)	78	mg/dL	70 - 140
--	----	-------	----------

INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti-diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours) (Urine - PP)	Negative		Negative
---	----------	--	----------

Blood Urea Nitrogen (BUN) (Serum/Calculated)	9.3	mg/dL	7.0 - 21
---	-----	-------	----------

Creatinine (Serum/Jaffe ~ Alkaline Picrate)	0.9	mg/dL	0.9 - 1.3
--	-----	-------	-----------

Uric Acid (Serum/Uricase/Peroxidase)	6.4	mg/dL	3.5 - 7.2
---	-----	-------	-----------

Liver Function Test

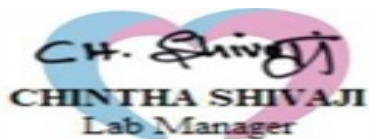
Bilirubin(Total) (Serum/Diazotized Sulphanilic acid)	0.6	mg/dL	0.1 - 1.2
---	-----	-------	-----------

Bilirubin(Direct) (Serum/Diazotized Sulphanilic acid)	0.2	mg/dL	0.0 - 0.3
--	-----	-------	-----------

Bilirubin(Indirect) (Serum/Calculated)	0.40	mg/dL	0.1 - 1.0
---	------	-------	-----------

SGOT/AST (Aspartate Aminotransferase) (Serum/IFCC without P-5-P)	24	U/L	5 - 40
---	----	-----	--------

SGPT/ALT (Alanine Aminotransferase) (Serum/IFCC without P-5-P)	47	U/L	5 - 41
---	----	-----	--------



VERIFIED BY



APPROVED BY

The results pertain to sample tested.

Page 3 of 9

Lab Address: MEDALL HEALTH CARE PVT LTD,#17-11-3/4,DR.GKS MANSION,OFFICIAL COLONY,MAHARANI PETA, VIZAG 530002,.

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Alkaline Phosphatase (SAP) (Serum/IFCC AMP Buffer)	69	U/L	53 - 128
Total Protein (Serum/Biuret)	8.0	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.5	gm/dl	3.5 - 5.2
Globulin (Serum/Calculated)	3.50	gm/dL	2.3 - 3.6
A : G RATIO (Serum/Calculated)	1.29		1.1 - 2.2

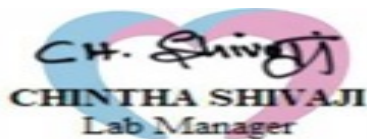
INTERPRETATION:Enclosure : Graph

GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	25	U/L	< 55
--	----	-----	------

Lipid Profile

Cholesterol Total (Serum/Cholesterol oxidase/Peroxidase)	179	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/Glycerol-phosphate oxidase/Peroxidase)	67	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >=500

INTERPRETATION:The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the `usual_ circulating level of triglycerides during most part of the day.



VERIFIED BY




APPROVED BY

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HDL Cholesterol (Serum/Immunoinhibition)	50	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40
LDL Cholesterol (Serum/Calculated)	115.6	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >=190
VLDL Cholesterol (Serum/Calculated)	13.4	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	129.0	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >=220

INTERPRETATION: 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol.
 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	3.6		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)	1.3		Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0


CHINTHA SHIVAJI
 Lab Manager

VERIFIED BY




Dr K. NEEHARIKA
 MD PATHOLOGY
 Reg No : 96545

APPROVED BY

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
LDL/HDL Cholesterol Ratio (Serum/Calculated)	2.3		Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0

Glycosylated Haemoglobin (HbA1c)

HbA1C (Whole Blood/HPLC-Ion exchange)	5.3	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5
--	-----	---	---

INTERPRETATION: If Diabetes - Good control : 6.1 - 7.0 % , Fair control : 7.1 - 8.0 % , Poor control >= 8.1 %

Mean Blood Glucose (Whole Blood)	105.41	mg/dl	
-------------------------------------	--------	-------	--

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency, hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total (Serum/Chemiluminescent Immunometric Assay (CLIA))	0.94	ng/ml	0.7 - 2.04
---	------	-------	------------

INTERPRETATION:

Comment :

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Thyroxine) - Total (Serum/Chemiluminescent Immunometric Assay (CLIA))	11.05	µg/dl	4.2 - 12.0
--	-------	-------	------------



VERIFIED BY



APPROVED BY

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s)/ Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
----------------------	-----------------------	-------------	--------------------------------------

INTERPRETATION:

Comment :

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) (Serum/Chemiluminescence)	4.05	μIU/mL	0.35 - 5.50
--	------	--------	-------------

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5

2 nd trimester 0.2-3.0

3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment :

1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.

2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations.

3.Values&lt;0.03 μIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

Urine Analysis - Routine

Others (Urine/Microscopy)	Nil
------------------------------	-----

INTERPRETATION:Note: Done with Automated Urine Analyser & microscopy

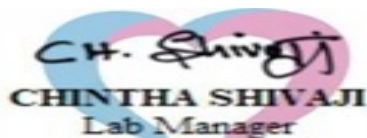
Physical Examination(Urine Routine)

Colour (Urine/Physical examination)	Pale Yellow	Yellow to Amber
--	-------------	-----------------

Appearance (Urine/Physical examination)	Clear	Clear
--	-------	-------

Chemical Examination(Urine Routine)

Protein (Urine/Dipstick-Error of indicator/ Sulphosalicylic acid method)	Negative	Negative
---	----------	----------



VERIFIED BY



APPROVED BY

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 **Register On** : 07/04/2023 7:59 AM
SID No. : 80024303 **Collection On** : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male **Report On** : 07/04/2023 12:48 PM
Type : OP **Printed On** : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Glucose (Urine/Dip Stick Method / Glucose Oxidase - Peroxidase / Benedict's semi quantitative method.)	Negative		Negative
<u>Microscopic Examination(Urine Routine)</u>			
Pus Cells (Urine/Microscopy exam of urine sediment)	3-5	/hpf	0 - 5
Epithelial Cells (Urine/Microscopy exam of urine sediment)	2-4	/hpf	NIL
RBCs (Urine/Microscopy exam of urine sediment)	Nil	/hpf	0 - 5


STOOL ANALYSIS - ROUTINE

PHYSICAL EXAMINATION

Colour (Stool/Physical examination)	Brown		Brown
Consistency (Stool/Physical examination)	Well Formed		Well Formed
Mucus (Stool)	Absent		Absent
Blood (Stool)	Absent		Absent

CHEMICAL EXAMINATION

Reducing Substances (Stool/Benedict's)	Negative		Negative
Reaction (Stool)	Acidic		Acidic


CHINTHA SHIVAJI
 Lab Manager

VERIFIED BY




Dr K. NEEHARIKA
 MD PATHOLOGY
 Reg No : 96545

APPROVED BY

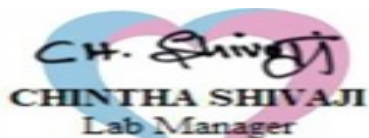
The results pertain to sample tested.

Page 8 of 9

Lab Address: MEDALL HEALTH CARE PVT LTD,#17-11-3/4,DR.GKS MANSION,OFFICIAL COLONY,MAHARANI PETA, VIZAG 530002,.

Name : Mr. SARIPALLI PRITHVI RAJ
PID No. : MED111596614 Register On : 07/04/2023 7:59 AM
SID No. : 80024303 Collection On : 07/04/2023 8:59 AM
Age / Sex : 29 Year(s) / Male Report On : 07/04/2023 12:48 PM
Type : OP Printed On : 07/04/2023 7:44 PM
Ref. Dr : MediWheel

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
<u>MICROSCOPIC EXAMINATION</u> <u>(STOOL COMPLETE)</u>			
Ova (Stool)	Nil		
Cysts (Stool)	Nil		
Trophozoites (Stool)	Nil		
Pus Cells (Stool)	0-2	/hpf	
RBCs (Stool)	Nil	/hpf	
Others (Stool)	Nil		



VERIFIED BY



APPROVED BY

-- End of Report --

Name	MR.SARIPALLI PRITHVI RAJ	ID	MED111596614
Age & Gender	29Y/MALE	Visit Date	07 Apr 2023
Ref Doctor Name	MediWheel		

**Dr. B. SRIKANTH MD DM
CONSULTANT CARDIOLOGIST**

Name	SARIPALLI PRITHVI RAJ	ID	MED111596614
Age & Gender	29Y/M	Visit Date	Apr 7 2023 7:59AM
Ref Doctor	MediWheel		

ULTRASOUND WHOLE ABDOMEN

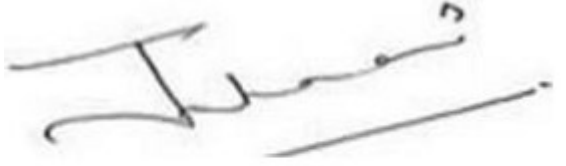
- Liver** : Normal in size (14.1 cm) shows diffuse increase in echotexture.
There is no evidence of IHBR / EHBR dilatation seen.
No focal space occupying lesions seen.
CBD is normal. PV normal.
- Gall Bladder : Normal in volume and wall thickness.
 No e/o intraluminal calculi seen.
- Pancreas : Head, body and tail are identified with normal echopattern and smooth outlines.
- Spleen : Measured 10.9 cm, in size with normal echotexture.
- Right kidney : Measured 10.1 x 4.6 cm in size.
- Left kidney : Measured 10.2 x 5.1 cm in size.
 Both kidneys are normal in size, position, with well preserved cortico medullary differentiation and normal pelvicalyceal anatomy.
 No e/o calculi / space occupying lesion seen.
 No e/o suprarenal / retroperitoneal masses noted.
- Urinary bladder : Normal in volume and wall thickness.
 No e/o intraluminal calculi / masses seen.
- Prostate : Measured 3.1 x 3.3 x 3.1 cm in size (Vol : 17.2 cc) with normal echotexture.
 No e/o ascites / pleural effusion seen.
 No e/o detectable bowel pathology seen.

IMPRESSION :

- **Grade I hepatosteatorsis – To correlate with LFT**

- For clinical correlation.

Name	SARIPALLI PRITHVI RAJ	ID	MED111596614
Age & Gender	29Y/M	Visit Date	Apr 7 2023 7:59AM
Ref Doctor	MediWheel		



Dr. Jahnavi Barla, MD (RD)

Consultant Radiologist

Name	SARIPALLI PRITHVI RAJ	ID	MED111596614
Age & Gender	29Y/M	Visit Date	Apr 7 2023 7:59AM
Ref Doctor	MediWheel		

RADIOGRAPH CHEST P.A. VIEW

The Cardiac size and configuration are normal.

The Aorta and Pulmonary Vasculature are normal.

Both the lungs are clear.

Both Costophrenic angles are normal.

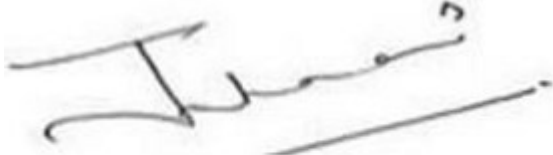
Partial bifid right 3rd rib noted.

The soft tissues and rest of bones of thorax are normal.

IMPRESSION :

- **Partial bifid right 3rd rib (Normal variant).**
- **Visualized lung fields are clear.**

- For clinical correlation.



Dr. Jahnavi Barla, MD (RD)

Consultant Radiologist

☎ : 0891-2706431
Cell : 9246674691



SHARADA EYE HOSPITAL

H.No. APGV KHN B00 146, Sharada Eye Hospital Complex
Krishnanagar, VISAKHAPATNAM-530 002

Dr. K. Venkateswarlu

MD (AIIMS) FRF

EYE SURGEON

Reg. No. 12677

Date

7.4.23

S. Prithviraj 30

VISION (R) E
6/6 NS 6/6 NS
(Post PRIC)

Ant Seg normal normal

Fundus normal normal

Color Vision normal normal

Eyes normal



Dr. VENKATESWARLU
M.B., M.D. (Oph. A.I.I.M.S.), F.R.F.
Sharada Eye Hospital
VISAKHAPATNAM-2
Regd. No. 12677