



CLIENT CODE: C000138355 **CLIENT'S NAME AND ADDRESS:**

ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI

NEW DELHI 110030 DELHI INDIA

8800465156

Gate no 2, Residency Area, OPP. ST. Raphaels School,

INDORE, 452001 Madhya Pradesh, India Tel: 0731 2490008

PATIENT NAME: PRASHANT KUMAR PATIENT ID: PRASM190383290

ACCESSION NO: **0290WC002105** AGE: 39 Years SEX: Male ABHA NO:

RECEIVED: 11/03/2023 08:52 13/03/2023 14:40 DRAWN: REPORTED:

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) CLIENT PATIENT ID:

Test Report Status Results **Biological Reference Interval Units** <u>Final</u>

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

BLOOD COUNTS,EDTA WHOLE BLOOD				
HEMOGLOBIN (HB)	15.0		13.0 - 17.0	g/dL
METHOD: SPECTROPHOTOMETRY				
RED BLOOD CELL (RBC) COUNT	5.71	High	4.5 - 5.5	mil/μL
METHOD: ELECTRICAL IMPEDANCE				
WHITE BLOOD CELL (WBC) COUNT	9.30		4.0 - 10.0	thou/µL
METHOD: ELECTRICAL IMPEDANCE				
PLATELET COUNT	150		150 - 410	thou/µL
METHOD: ELECTRICAL IMPEDANCE				
RBC AND PLATELET INDICES				
HEMATOCRIT (PCV)	46.5		40 - 50	%
METHOD : CALCULATED				
MEAN CORPUSCULAR VOLUME (MCV)	81.0	Low	83 - 101	fL
METHOD : CALCULATED				
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	26.2	Low	27.0 - 32.0	pg
METHOD : CALCULATED				
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	32.2		31.5 - 34.5	g/dL
METHOD : CALCULATED				
RED CELL DISTRIBUTION WIDTH (RDW)	14.7	High	11.6 - 14.0	%
METHOD: CALCULATED				
MENTZER INDEX	14.2			
MEAN PLATELET VOLUME (MPV)	12.9	High	6.8 - 10.9	fL
METHOD: CALCULATED				
WBC DIFFERENTIAL COUNT				
NEUTROPHILS	64		40 - 80	%
METHOD: IMPEDANCE / MICROSCOPY				
LYMPHOCYTES	28		20 - 40	%
METHOD: IMPEDANCE / MICROSCOPY				
MONOCYTES	06		2 - 10	%
METHOD: IMPEDANCE / MICROSCOPY				
EOSINOPHILS	02		1 - 6	%
METHOD : IMPEDANCE / MICROSCOPY				
BASOPHILS	00		0 - 2	%
METHOD : IMPEDANCE / MICROSCOPY				



ABSOLUTE NEUTROPHIL COUNT



thou/µL

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2.0 - 7.0

5.95





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METHOD : CALCULATED					
ABSOLUTE LYMPHOCYT	F COUNT	2.60		1.0 - 3.0	thou/µL
METHOD : CALCULATED					
ABSOLUTE MONOCYTE	COUNT	0.56		0.2 - 1.0	thou/µL
METHOD : CALCULATED					
ABSOLUTE EOSINOPHI	L COUNT	0.19		0.02 - 0.50	thou/µL
METHOD : CALCULATED					
ERYTHROCYTE SEDIME	MENTATION RATE (ESR),WHOLE			
E.S.R		30	High	0 - 14	mm at 1 hr
METHOD: MODIFIED WESTE	RGREN				
GLUCOSE FASTING,F	LUORIDE PLASMA				
FBS (FASTING BLOOD	SUGAR)	149	High	74 - 99	mg/dL
METHOD: HEXOKINASE					
GLYCOSYLATED HEM BLOOD	OGLOBIN(HBA1C),	EDTA WHOLE			
HBA1C		7.0	High	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested: > 8.0 (ADA Guideline 2021)	%
METHOD : HPLC TECHNOLOG					
ESTIMATED AVERAGE (` ,	154.2	High	< 116.0	mg/dL
GLUCOSE, POST-PRA	NDIAL, PLASMA				
PPBS(POST PRANDIAL	BLOOD SUGAR)	296	High	Normal: < 140, Impaired Glucose Tolerance:140 199 Diabetic > or = 200	mg/dL)-
METHOD : HEXOKINASE	154				
LIPID PROFILE, SERI	UM	400		D : 11 DDD	
CHOLESTEROL, TOTAL		190		Desirable: <200 BorderlineHigh: 200-239 High: > or = 240	mg/dL
METHOD : OXIDASE, ESTERA	ASE, PEROXIDASE				
TRIGLYCERIDES		292	High	Desirable: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > or = 500	mg/dL
METHOD : ENZYMATIC ASSA	Y				
HDL CHOLESTEROL		40		< 40 Low > or = 60 High	mg/dL
METHOD : DIRECT- NON IMM	IUNOLOGICAL				









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CHOLESTEROL LDL	92		Adult levels: Optimal < 100 Near optimal/above optimal: 1 129 Borderline high: 130-159 High: 160-189 Very high: = 190	mg/dL 100-
NON HDL CHOLESTEROL	150	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
METHOD: CALCULATED				
VERY LOW DENSITY LIPOPROTEIN METHOD : CALCULATED	58.4			mg/dL
CHOL/HDL RATIO	4.8			
LDL/HDL RATIO	2.3		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	Risk









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PATIENT NAME: PRASHANT KUMAR PATIENT ID: PRASM190383290

ACCESSION NO: 0290WC002105 AGE: 39 Years SEX: Male ABHA NO:

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Test Report Status <u>Final</u> Results Biological Reference Interval Units

Interpretation(s)

- 1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.
- 2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.
- 3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL
- 4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.
- 5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category						
Extreme risk group	A.CAD with > 1 feature of high risk group	A.CAD with > 1 feature of high risk group				
	B. CAD with > 1 feature of Very high risk §	group or recurrent ACS (within 1 year) despite LDL-C				
	< or = 50 mg/dl or polyvascular disease					
Very High Risk	1. Established ASCVD 2. Diabetes with 2	major risk factors or evidence of end organ damage 3.				
	Familial Homozygous Hypercholesterolemi	a				
High Risk	1. Three major ASCVD risk factors. 2. Dia	abetes with 1 major risk factor or no evidence of end				
		DL >190 mg/dl 5. Extreme of a single risk factor. 6.				
	Coronary Artery Calcium - CAC >300 AU.	7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid				
	plaque					
Moderate Risk	2 major ASCVD risk factors					
Low Risk	0-1 major ASCVD risk factors					
Major ASCVD (Ath	Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors					
1. Age > or = 45 years in males and > or = 55 years in females 3. Current Cigarette smoking or tobacco use						
2. Family history of premature ASCVD 4. High blood pressure						
5. Low HDL						

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Thera	ру
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group	<50 (Optional goal	< 80 (Optional goal	>OR = 50	>OR = 80
Category A	< OR = 30)	<OR = 60)		





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-				

Extreme Risk Group	<or 30<="" =="" th=""><th>< OR = 60</th><th>> 30</th><th>>60</th></or>	< OR = 60	> 30	>60
Category B				
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

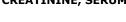
^{*}After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.33		0.0 - 1.2	mg/dL
METHOD: JENDRASSIK AND GROFF				
BILIRUBIN, DIRECT	0.16		0.0 - 0.2	mg/dL
METHOD: DIAZOTIZATION				
BILIRUBIN, INDIRECT	0.17		0.00 - 1.00	mg/dL
METHOD: CALCULATED				
TOTAL PROTEIN	8.1		6.4 - 8.3	g/dL
METHOD: BIURET				
ALBUMIN	4.7		3.50 - 5.20	g/dL
METHOD: BROMOCRESOL GREEN				
GLOBULIN	3.4		2.0 - 4.1	g/dL
METHOD: CALCULATED				
ALBUMIN/GLOBULIN RATIO	1.4		1.0 - 2.0	RATIO
METHOD: CALCULATED				
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	29		UPTO 40	U/L
METHOD: UV WITH P5P				
ALANINE AMINOTRANSFERASE (ALT/SGPT)	52	High	UP TO 45	U/L
METHOD: UV WITH P5P				
ALKALINE PHOSPHATASE	78		40 - 129	U/L
METHOD: PNPP				
GAMMA GLUTAMYL TRANSFERASE (GGT)	33		8 - 61	U/L
METHOD: G-GLUTAMYL-CARBOXY-NITROANILIDE				
LACTATE DEHYDROGENASE	201		135 - 225	U/L
METHOD: ENZYMATIC LACTATE - PYRUVATE(IFCC)				
BLOOD UREA NITROGEN (BUN), SERUM				
BLOOD UREA NITROGEN	9		6 - 20	mg/dL

METHOD: UREASE KINETIC **CREATININE, SERUM**











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CREATININE	0.76	0.70 - 1.20	mg/dL
METHOD: ALKALINE PICRATE KINETIC JAFFES			
BUN/CREAT RATIO			
BUN/CREAT RATIO	11.84	5.0 - 15.0	
METHOD : CALCULATED			
URIC ACID, SERUM			
URIC ACID	7.2	3.5 - 7.2	mg/dL
METHOD: URICASE/CATALASE UV			
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	8.1	6.4 - 8.3	g/dL
METHOD : BIURET			
ALBUMIN, SERUM			
ALBUMIN	4.7	3.5 - 5.2	g/dL
METHOD: BROMOCRESOL GREEN			
GLOBULIN			
GLOBULIN	3.4	2.0 - 4.1	g/dL
ELECTROLYTES (NA/K/CL), SERUM			
SODIUM, SERUM	141.8	136.0 - 146.0	mmol/L
METHOD: DIRECTION SELECTIVE ELECTRODE			
POTASSIUM, SERUM	4.54	3.50 - 5.10	mmol/L
METHOD: DIRECT ION SELECTIVE ELECTRODE			
CHLORIDE, SERUM	103.8	98.0 - 106.0	mmol/L
METHOD: DIRECTION SELECTIVE ELECTRODE			









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Interpretation(s)

Sodium	Potassium	Chloride
Decreased in: CCF, cirrhosis, vomiting, diarrhea, excessive sweating, salt-losing nephropathy, adrenal insufficiency, nephrotic syndrome, water intoxication, SIADH. Drugs: thiazides, diuretics, ACE inhibitors, chlorpropamide, carbamazepine, anti depressants (SSRI), antipsychotics.	Decreased in: Low potassium intake, prolonged vomiting or diarrhea, RTA types I and II, hyperaldosteronism, Cushing's syndrome, osmotic diuresis (e.g., hyperglycemia), alkalosis, familial periodic paralysis, trauma (transient). Drugs: Adrenergic agents, diuretics.	Decreased in: Vomiting, diarrhea, renal failure combined with salt deprivation, over-treatment with diuretics, chronic respiratory acidosis, diabetic ketoacidosis, excessive sweating, SIADH, salt-losing nephropathy, porphyria, expansion of extracellular fluid volume, adrenalinsufficiency, hyperaldosteronism, metabolic alkalosis. Drugs: chronic laxative, corticosteroids, diuretics.
Increased in: Dehydration (excessivesweating, severe vomiting or diarrhea),diabetes mellitus, diabetesinsipidus, hyperaldosteronism, inadequate water intake. Drugs: steroids, licorice,oral contraceptives.	Increased in: Massive hemolysis, severe tissue damage, rhabdomyolysis, acidosis, dehydration,renal failure, Addison's disease, RTA type IV, hyperkalemic familial periodic paralysis. Drugs: potassium salts, potassium- sparing diuretics,NSAIDs, beta-blockers, ACE inhibitors, highdose trimethoprim-sulfamethoxazole.	Increased in: Renal failure, nephrotic syndrome, RTA, dehydration, overtreatment with saline, hyperparathyroidism, diabetes insipidus, metabolic acidosis from diarrhea (Loss of HCO3-), respiratory alkalosis, hyperadrenocorticism. Drugs: acetazolamide, androgens, hydrochlorothiazide, salicylates.
Interferences: Severe lipemia or hyperproteinemi, if sodium analysis involves a dilution step can cause spurious results. The serum sodium falls about 1.6 mEq/L for each 100 mg/dL increase in blood glucose.	Interferences: Hemolysis of sample, delayed separation of serum, prolonged fist clenching during blood drawing, and prolonged tourniquet placement. Very high WBC/PLT counts may cause spurious. Plasma potassium levels are normal.	Interferences: Test is helpful in assessing normal and increased anion gap metabolic acidosis and in distinguishing hypercalcemia due to hyperparathyroidism (high serum chloride) from that due to malignancy (Normal serum chloride)

PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW	
APPEARANCE	CLEAR	
CHEMICAL EXAMINATION, URINE		
PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.010	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED
MICROSCOPIC EXAMINATION, URINE		
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED





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PUS CELL (WBC'S)		5-7	0-5	/HPF
EPITHELIAL CELLS		2-3	0-5	/HPF
CASTS		NOT DETECTED		
CRYSTALS		NOT DETECTED		
BACTERIA		NOT DETECTED	NOT DETECTED	
YEAST		NOT DETECTED	NOT DETECTED	
REMARKS		Please note that all the uri	nary findings are confirmed manu	ually as well.

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions		
Proteins	Inflammation or immune illnesses		
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind		
	of kidney impairment		
Glucose	Diabetes or kidney disease		
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst		
Urobilinogen	Liver disease such as hepatitis or cirrhosis		
Blood	Renal or genital disorders/trauma		
Bilirubin	Liver disease		
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary		
	tract infection and glomerular diseases		
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either		
	acute or chronic, polycystic kidney disease, urolithiasis, contamination by		
	genital secretions		
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or		
	bladder catheters for prolonged periods of time		
Granular Casts	Casts Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein		
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal		
	diseases		
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous		
	infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl		
	oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of		
	ethylene glycol or of star fruit (Averrhoa carambola) or its juice		
Uric acid	arthritis		
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.		
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis		

THYROID PANEL, SERUM





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Т3	137.80	80.0 - 200.0	ng/dL
METHOD: CHEMILUMINESCENCE TECHNOLOGY	6.72	5.10 - 14.10	μg/dL
METHOD: CHEMILUMINESCENCE TECHNOLOGY TSH (ULTRASENSITIVE) METHOD: CHEMILUMINESCENCE TECHNOLOGY	1.530	0.270 - 4.200	μIU/mL

METHOD: CHEMILUMINESCENCE TECHNOLOGY

Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD



Page 9 Of 17

View Details





CLIENT CODE: C000138355
CLIENT'S NAME AND ADDRESS:

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

F-703, LADO SARAI, MEHRAULI

SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156 SRL LTD

Gate no 2, Residency Area, OPP. ST. Raphaels School,

INDORE, 452001 Madhya Pradesh, India Tel: 0731 2490008

PATIENT NAME: PRASHANT KUMAR PATIENT ID: PRASM190383290

ACCESSION NO: **0290WC002105** AGE: 39 Years SEX: Male ABHA NO:

DRAWN: RECEIVED: 11/03/2023 08:52 REPORTED: 13/03/2023 14:40

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) CLIENT PATIENT ID:

Test Report Status <u>Final</u> Results Biological Reference Interval Units

ABO GROUP TYPE AB

METHOD: TUBE AGGLUTINATION

RH TYPE POSITIVE

METHOD: TUBE AGGLUTINATION

XRAY-CHEST

»» BOTH THE LUNG FIELDS ARE CLEAR

»» BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR

»» BOTH THE HILA ARE NORMAL

»» CARDIAC AND AORTIC SHADOWS APPEAR NORMAL»» BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL

»» VISUALIZED BONY THORAX IS NORMAL

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO NEGATIVE

ECG

ECG SINUS RHYTM, NORMAL ECG

MEDICAL HISTORY

RELEVANT PRESENT HISTORY

RELEVANT PAST HISTORY

RELEVANT PERSONAL HISTORY

NOT SIGNIFICANT

NOT SIGNIFICANT

RELEVANT FAMILY HISTORY F/H/O DM/CAD- FATHER, DM- MOTHER

OCCUPATIONAL HISTORY NOT SIGNIFICANT HISTORY OF MEDICATIONS NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.68 mts WEIGHT IN KGS. 92 Kgs

BMI BMI & Weight Status as follows: kg/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE NORMAL
PHYSICAL ATTITUDE NORMAL
GENERAL APPEARANCE / NUTRITIONAL STATUS OBESE
BUILT / SKELETAL FRAMEWORK AVERAGE









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FACIAL APPEARANCE NORMAL
SKIN NORMAL
UPPER LIMB NORMAL
LOWER LIMB NORMAL
NECK NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL TEMPERATURE AFEBRILE

PULSE 64/MIN, REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

BRUIT

RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

BP 140/90 MM HG mm/Hg

(SITTING) NORMAL

PERICARDIUM NORMAL
APEX BEAT NORMAL
HEART SOUNDS NORMAL
MURMURS ABSENT

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST NORMAL

MOVEMENTS OF CHEST SYMMETRICAL

BREATH SOUNDS INTENSITY NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS ABSENT

PER ABDOMEN

APPEARANCE NORMAL

VENOUS PROMINENCE ABSENT

LIVER NOT PALPABLE

SPLEEN NOT PALPABLE

HERNIA NORMAL

CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS NORMAL
CRANIAL NERVES NORMAL
CEREBELLAR FUNCTIONS NORMAL



Page 11 Of 17

o View Details Scan to View Report





CLIENT CODE: C000138355
CLIENT'S NAME AND ADDRESS:

BASIC EYE EXAMINATION

BASIC ENT EXAMINATION

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

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ACCESSION NO: **0290WC002105** AGE: 39 Years SEX: Male ABHA NO:

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Test Report Status Results **Biological Reference Interval** Units <u>Final</u> SENSORY SYSTEM NORMAL MOTOR SYSTEM **NORMAL** REFLEXES NORMAL **MUSCULOSKELETAL SYSTEM** SPINE NORMAL JOINTS **NORMAL**

CONJUNCTIVA NORMAL
EYELIDS NORMAL
EYE MOVEMENTS NORMAL
CORNEA NORMAL

DISTANT VISION RIGHT EYE WITHOUT GLASSES

6/6, WITHIN NORMAL LIMIT
DISTANT VISION LEFT EYE WITHOUT GLASSES

N/6, WITHIN NORMAL LIMIT
NEAR VISION LEFT EYE WITHOUT GLASSES

N/6, WITHIN NORMAL LIMIT
N/6, WITHIN NORMAL LIMIT

COLOUR VISION NORMAL

EXTERNAL EAR CANAL NORMAL

TYMPANIC MEMBRANE NORMAL

NOSE NO ABNORMALITY DETECTED

SINUSES NORMAL

THROAT NO ABNORMALITY DETECTED

TONSILS NOT ENLARGED

SUMMARY

RELEVANT HISTORY NOT SIGNIFICANT

RELEVANT GP EXAMINATION FINDINGS OBESE REMARKS / RECOMMENDATIONS NONE

FITNESS STATUS

FITNESS STATUS FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)









CLIENT CODE: C000138355 **CLIENT'S NAME AND ADDRESS:**

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SOUTH WEST DELHI **NEW DELHI 110030 DELHI INDIA**

8800465156

Gate no 2, Residency Area, OPP. ST. Raphaels School, F-703, LADO SARAI, MEHRAULI

INDORE, 452001 Madhya Pradesh, India Tel: 0731 2490008

PATIENT NAME: PRASHANT KUMAR PATIENT ID: PRASM190383290

ACCESSION NO: 0290WC002105 AGE: 39 Years SEX: Male ABHA NO:

DRAWN: RECEIVED: 11/03/2023 08:52 REPORTED: 13/03/2023 14:40

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Test Report Status Results **Biological Reference Interval** Units <u>Final</u>

Comments

CLINICAL FINDINGS:-

RAISED FBS AND PPBS.

RAISED HbA1C AND ESTIMATED AVERAG GLUCOSE (EAG)

RAISED SGPT.

DYSLIPIDEMIA.

OVER WEIGHT STATUS.

FITNESS STATUS :-

FITNESS STATUS: FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

ADVICE: WEIGHT REDUCTION, LOW FAT& CARBOHYDRATE DIET AND REGULAR PHYSICAL EXERCISE FOR OVERWEIGHT STATUS AND DYSLIPIDEMIA.

NEED PHYSICIAN CONSULTATION FOR LIFE STYLE MODIFICATION.

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive

patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope. ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION:

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION**

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)



Page 13 Of 17

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REFERENCE:

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLUCOSE FASTING,FLUORIDE PLASMA-**TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in : Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g. galactosemia), Drugs-insulin, ethanol, propranolol sulfonylureas,tolbutamide,and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values),there is wide fluctuation within

individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glyosuria,Glycaemic index & response to food consumed,Alimentary Hypoglycemia,Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2. Diagnosing diabetes.3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

- 2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

HbA1c Estimation can get affected due to :

- 1. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. 2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
- 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.
- 4. Interference of hemoglobinopathies in HbA1c estimation is seen in
- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
 c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM
Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give

yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic

hepatitis, obstruction of bile ducts, cirrhosis. **ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive

liver disease,high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein,is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or C,Multiple myeloma,Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.

Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular



Page 14 Of 17

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DELHI INDIA 8800465156

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permeability or decreased lymphatic clearance,malnutrition and wasting etc
BLOOD UREA NITROGEN (BUN), SERUM-**Causes of Increased** levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol,
Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

• Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia) Lower than normal level may be due to:

• Myasthenia Gravis, Muscuophy URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic

syndrome Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis

TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma,Waldenstroms disease

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver, Albumin constitutes about half of the blood serum protein, Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns,

hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend

on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history as well as the comprehensiveness of the diagnostic panel which has been requested for . These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:

- Fit (As per requested panel of tests) SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
 • Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been
- detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician'''s
- Fitness on Hold (Temporary Unfit) (As per requested panel of tests) Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
- Unfit (As per requested panel of tests) An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.



Page 15 Of 17







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SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA

8800465156

SRL LTD

Gate no 2, Residency Area, OPP. ST. Raphaels School,

INDORE, 452001 Madhya Pradesh, India Tel: 0731 2490008

PATIENT NAME: PRASHANT KUMAR PATIENT ID: PRASM190383290

ACCESSION NO: **0290WC002105** AGE: 39 Years SEX: Male ABHA NO:

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Test Report Status <u>Final</u> Results Units

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN

.

Comments

U.S.G OF WHOLE ABDOMEN

Liver is normal in size, shape with mild increase in parenchymal echotexture. Intra & Extra hepatic biliary radicals are normal. Portal vein and C.B.D are normal in caliber.

Gall Bladder is normal, thin walled & its lumen is echo free.

Spleen is normal in size, shape & echotexture.

Pancreas is normal in size, shape & echotexture.

Both Kidneys are normal in size, shape and echotexture. Central pelvicalyceal system is normal. Corticomedullary differentiation is maintained. There is small anechoic area 1.8cm Seen in mid pole of right kidney - cortical cyst. There is echogenic foci 15 & 14 mm seen in left middle and lower calyx.

IVC and AO is normal in caliber. No lymphadenopathy.

Urinary Bladder is normal thin walled, there is no calculus.

Prostate is normal in size & echotexture.

IMPRESSION- Early fatty infiltration of liver - Left renal calculi.

Dr G S Saluja MBBS, DMRD (Consultant Radiologist)

End Of Report
Please visit www.srlworld.com for related Test Information for this accession

Dr.Arpita Pasari, MD Consultant Pathologist









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CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

SRL Limited

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062

