

MEDICAL EXAMINATION FORM

NAME OF EXAMINEE: Paaldeep Kumar Garg DATE OF BIRTH: 30/12/1981

NAME OF COMPANY: BOB

FAMILY HISTORY : Mother diabetic, father hypertensive

PAST HISTORY : Not Significant

GENERAL PHYSICAL EXAMINATION

BUILT: well built

PALLOR: not seen

HEIGHT: 171 Cms

WEIGHT: 79 Kgs

BMI: 27 overweight

	1 st Reading	2 nd Reading	3 rd Reading
BLOOD PRESSURE	<u>120/80</u>		
PULSE	<u>79</u>		
RESPIRATION	<u>19/min</u>		

SYSTEMATIC EXAMINATION

RESPIRATORY SYSTEM :

CARDIOVASCULAR SYSTEM:

GENITOURINARY SYSTEM :

LIVER :

SPLEEN :

LYMPH NODES :

EYES :

SKIN :

VARICOSE VEINS:

ENT :


REMARKS BY MEDICAL EXAMINER:

NO Adverse remark

DR. SIGNATURE: Dr. Priya Mahajan

DNB Pathology

Regd. No. 31896


भारतीय पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता: S/O राज राम शर्मा, पत्नी
 न. १६२०, अमन कॉलोनी, धानस,
 चंडीगढ़, चंडीगढ़, 160015

Address: S/O Babu Ram Sharma,
 House No-1620, Aman Colony,
 Dhans, Chandigarh, Chandigarh,
 160015

help@uidai.gov.in
 www.uidai.gov.in
 P.O. Box No. 1947
 Bangaluru-560 001

1947
 1800 180 1947

Dr. PRIYA MAHAJAN
 DNB Pathology
 Regd. No. 31896

PAN HEALTH
 S.C.O. 56, 1st Floor
 Sec. 47-D, Chandigarh

भारत सरकार
GOVERNMENT OF INDIA

आधार - आम आदमी का अधिकार

7932 4229 1287



पुरुष / Male
 जन्म वर्ष / Year of Birth : 1981
 Pradeep Kumar Garg
 श्री प्रदीप कुमार गार्ग





Patient Name :- Mr Pradeep Kumar Garg **Guardian** :-

Reg. No. :- 21100215

Receipt Date :- 02 Oct 2021

Receipt No. :- 11210003397

Age/Sex :- 39 Y / M


Address :- BOB ,Chandigarh

Mobile No. :- 1111111111

Final Report

Investigations	Observations	Biological Reference Interval	Unit
COMPLETE BLOOD COUNTS (CBC)			
Method: SPECTROPHOTOMETER/AUTOMATED CELL COUNTER			
HAEMOGLOBIN	16.7	11.00 - 16.00	mg/dl
Method : Spectrophotometer /Automated cell counter			
TLC	6100	4000-11000	/cmm
DLC DIFFERENTIAL LEUCOCYTE COUNT			
Method : Microscopy			
NEUTROPHILS	52	40-75	%
LYMPHOCYTES	37	20-40	%
EOSINOPHILS	04	1-6	%
MONOCYTES	07	2-10	%
BASOPHILS	00	<0-1	%
RBCS (RED BLOOD CELLS)	5.31	4.50 - 5.50	millions/cumm
Method : Impedance/Automated cell counter			
PCV	49.2	40.00 - 50.00	%
Method : Calculation/Automated cell counter			
MCV(MEAN CELL VOLUME)	92.7	80.00 - 100.00	fl
Method : Calculation/Automated cell counter			
MCH(MEAN CELL HAEMOGLOBIN)	31.5	27.00 - 32.00	pg
Method : Calculation/Automated cell counter			
MCHC	33.9	31.50 - 34.50	g/dL
Method : Calculation/Automated cell counter			
PLATELET COUNT	2.73	1.50 - 4.50	Lakhs/cmm
Method : Impedance/Automated cell counter			
RDW	14.3	10.00 - 15.00	%
PDW	12.1	9.00 - 17.00	fl
MPV	9.7	9.00 - 13.00	fl
P-LCR	22.8	13.00 - 43.00	%
ERYTHROCYTE SEDIMENTATION RATE (ESR).	12	0.00 -10.00	MM/1st hr
Method: WESTERGREN			

<<:END OF REPORT::>>


Dr. Priya Mahajan MBBS
(DNB Pathology)



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Investigations	Observations	Biological Reference Interval	Unit
RENAL FUNCTION TESTS - (RFT)			
BLOOD UREA Method : GLDH-UREASE METHOD	28.5	19.00 - 45.00	mg/dl
CREATININE Method : Jaffes Method	0.88	0.70 - 1.40	mg/dl
URIC ACID Method : Uricase- POD	4.80	3.50 - 7.20	mg/dl
THYROID PROFILE (T3,T4,TSH)			
T3	1.05	0.70 - 2.04	ng/mL
T4 Method : CLIA	9.5	5.00 - 12.60	µg/dL
TSH Method : CLIA	2.47	0.35 - 5.50	µIU/mL
BLOOD GROUP (ABO & RH TYPING) Method: SLIDE METHOD			
BLOOD GROUP (ABO RH) Method : SLIDE METHOD	B		
RH	POSITIVE		
HBA1C (GLYCOSYLATED HAEMOGLOBIN) Method: BORONATE AFFINITY ASSAY	5.3	4.00 Estimated Average Gl- 6.00	%

<<:END OF REPORT::>>

Priya
Dr. Priya Mahajan MBBS
(DNB Pathology)



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Final Report

Investigations	Observations	Biological Reference Interval	Unit
LIPID PROFILE			
TOTAL CHOLESTROL Method : Cholesterol oxidase & peroxidase	319.1	125.00 - 200.00	mg/dl
TRIGLYCERIDES Method : GPO Method	133.7	upto 150	mg/dl
HDL CHOLESTROL Method : DIRECT HDL	60.2	35.30 - 79.50	mg/dl
LDL CHOLESTROL Method : Calculated	232.16	<130	mg/dl
VLDL Method : Calculated	26.74	7.00 - 35.00	mg/dl
CHOL/HDL RATIO Method : Calculated	5.30	0.00 - 3.50	RATIO
LDL/HDL RATIO Method : Calculated	1.37	<3	ratio

<<:END OF REPORT::>>


 Dr. Priya Mahajan MBBS
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Reg. No. :- 21100215

Receipt Date :- 02 Oct 2021

Receipt No. :- 11210003397

Age/Sex :- 39 Y / M

Address :- BOB ,Chandigarh

Mobile No. :-1111111111

Final Report

Investigations	Observations	Biological Reference Interval	Unit
LIVER FUNCTION TESTS (LFT)			
TOTAL BILIRUBIN Method : Diazo Method	0.77	0.00 - 2.00	mg/dl
DIRECT BILIRUBIN Method : Diazo Method	0.18	0.00 - 0.40	mg/dl
INDIRECT BILIRUBIN Method : Calculated	0.59	0.20 - 0.80	mg/dl
SGOT Method : IFCC KINETIC METHOD	25.2	7.00 - 35.00	U/L
SGPT(ALT) Method : IFCC KINETIC METHOD	49.0	5.00 - 42.00	U/L
ALKALINE PHOSPHATASE Method : PNPP	77.5	42.00 - 369.00	U/L
TOTAL PROTIENS Method : Biuret reaction end point	6.9	4.60 - 7.80	g/dl
ALBUMIN Method : Method: Bormocresol green	4.2	3.50 - 5.00	g/dl
GLOBULIN Method : Calculated	2.70	2.30 - 3.60	gm/dl
A/G RATIO Method : Calculated	1.56	1.00 - 2.00	RATIO

<<::END OF REPORT::>>


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Final Report

Investigations	Observations	Biological Reference Interval	Unit
URINE ROUTINE EXAMINATION			
PHYSICAL EXAMINATION			
COLOR	PALE YELLOW		
APPEARANCE	CLEAR		
CHEMICAL EXAMINATION			
URINE GLUCOSE	NIL	NIL	
URINE SPECIFIC GRAVITY	1.010	1.01 - 1.03	
URINE PH	5.0	4.8-7.6	
URINE PROTEIN	NIL	NIL	
MICROSCOPIC EXAMINATION			
URINE PUS CELLS	01-02	2.00 - 3.00	/HPF
URINE RBC	ABSENT	Absent	/HPF
EPITHELIAL CELLS	01-02	0-5	/HPF
CASTS	NOT SEEN		
CRYSTALS	NOT SEEN		
OTHERS	NIL		

<<::END OF REPORT::>>


 Dr. Priya Mahajan MBBS
 (DNB Pathology)



Health Delivery at your door steps



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ISO: 9001:2000

Dr. Priya Mahajan
MBBS, DNB (Pathology)
+91 99884-63931

SCO 56, 1st Floor, Sector 47-D, Chandigarh
Ph. : 0172-5006756, E-mail : panhealth35@gmail.com



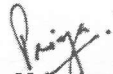
Patient Name :- Mr Pradeep Kumar Garg **Guardian** :-
Receipt Date :- 02 Oct 2021 **Receipt No.** :- 11210003545
Address :- BOB ,Chandigarh

Reg. No. :- 21100215
Age/Sex :- 39 Y / M
Mobile No. :- 1111111111

Final Report

Investigations	Observations	Biological Reference Interval	Unit
GLUCOSE (FASTING) Method: GOD POD	81.3	70.00 -110.00	mg/dl

<<:END OF REPORT::>>


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 (DNB Pathology)

71
39 Yrs/ M
PARDEEP KUMAR GARG
79 Kg / Ht-171 cms
Ref. No.:

Date: 02/10/2021
Time: 10:29 AM
Ref By: BOB
Protocol: Bruce

History:
Medication:

Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	73	120/80	88	
Supine				1	72	120/80	86	
Standing				1	82	120/80	98	
Hyp Vent				1	75	120/80	90	
S1	03:00	1.7	10.0	4.8	103	120/80	124	
S2	03:00	2.5	12.0	6.9	120	131/95	157	2
Peak Ex	02:22	3.4	14.0	9.5	145	149/109	216	9
Post Ex 1	01:00			1	99	141/98	140	9
Post Ex 2	01:00			1	88	136/90	120	9
Post Ex 3	00:35			1	85	125/85	106	9
Finish				1	87	125/85	109	9

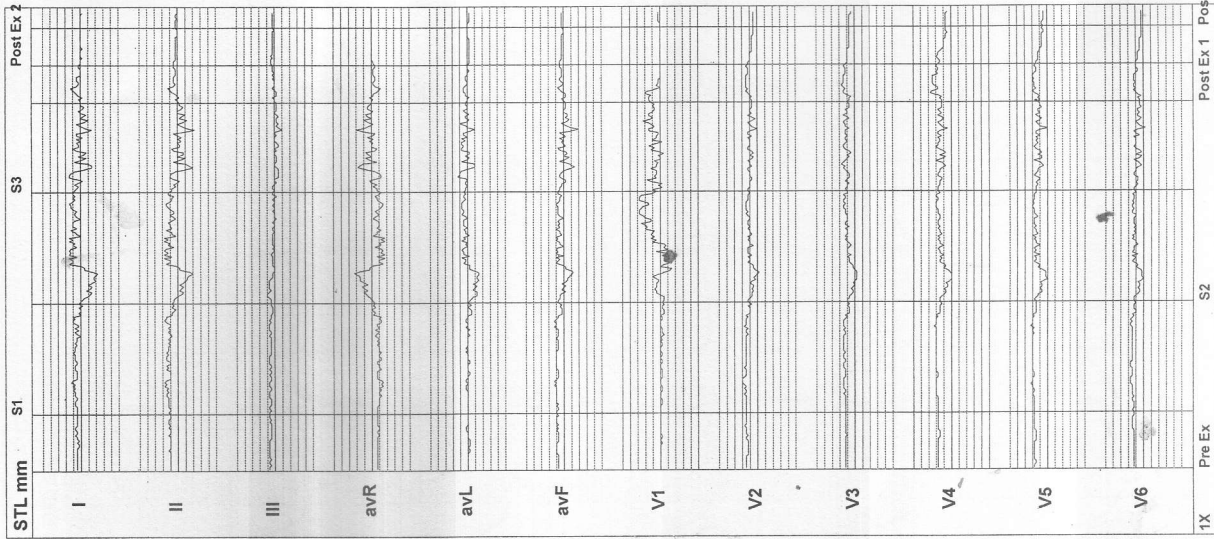
Findings: Exercise Time : 08:22 mins
 Max HR attained : 146 bpm 80 % of Target 181 bpm
 Max BP : 149/109mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.

Dr. Atul Gupta
 DR. ATUL GUPTA
 M.D.

PAN HEALTH
 S.C.O. 56, 1st Floor
 Sec. 47-D, Chandigarh

Summary



PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians
Pre Ex

10 mm/mV
25 mm/s
Median Sweep 25 mm/s

Filter: 0.1 - 100 Hz
Gain: 2X
Sweep: Median Sweep 25 mm/s

Speed: --- mph
Grade: --- %
Protocol: Bruce

Target Hr: 40 % of 181
Ex Time: --- min:sec
Curr Time: 00:08

10 mm/mV
25 mm/s
Median Sweep 25 mm/s

71
39 Yrs/M
Date: 02/10/2021 Time: 10:29 AM

PARDEEP KUMAR GARG
79 Kg / Ht-171 cms
Ref.No.:

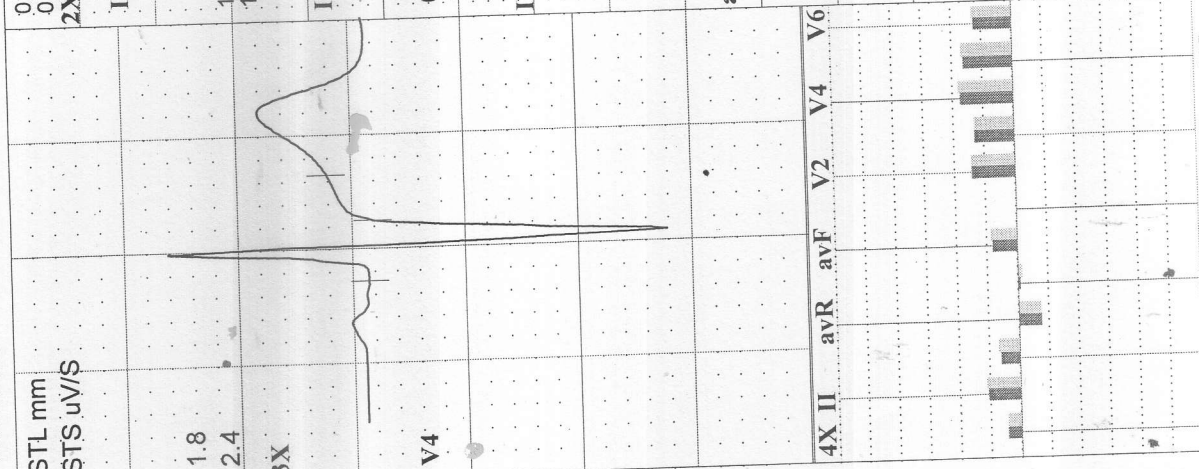
Post J: 79 ms

STL mm
STS uV/S

1.8
2.4
3X

V4

4X II avR avF V2 V4 V6



PAN HEALTH

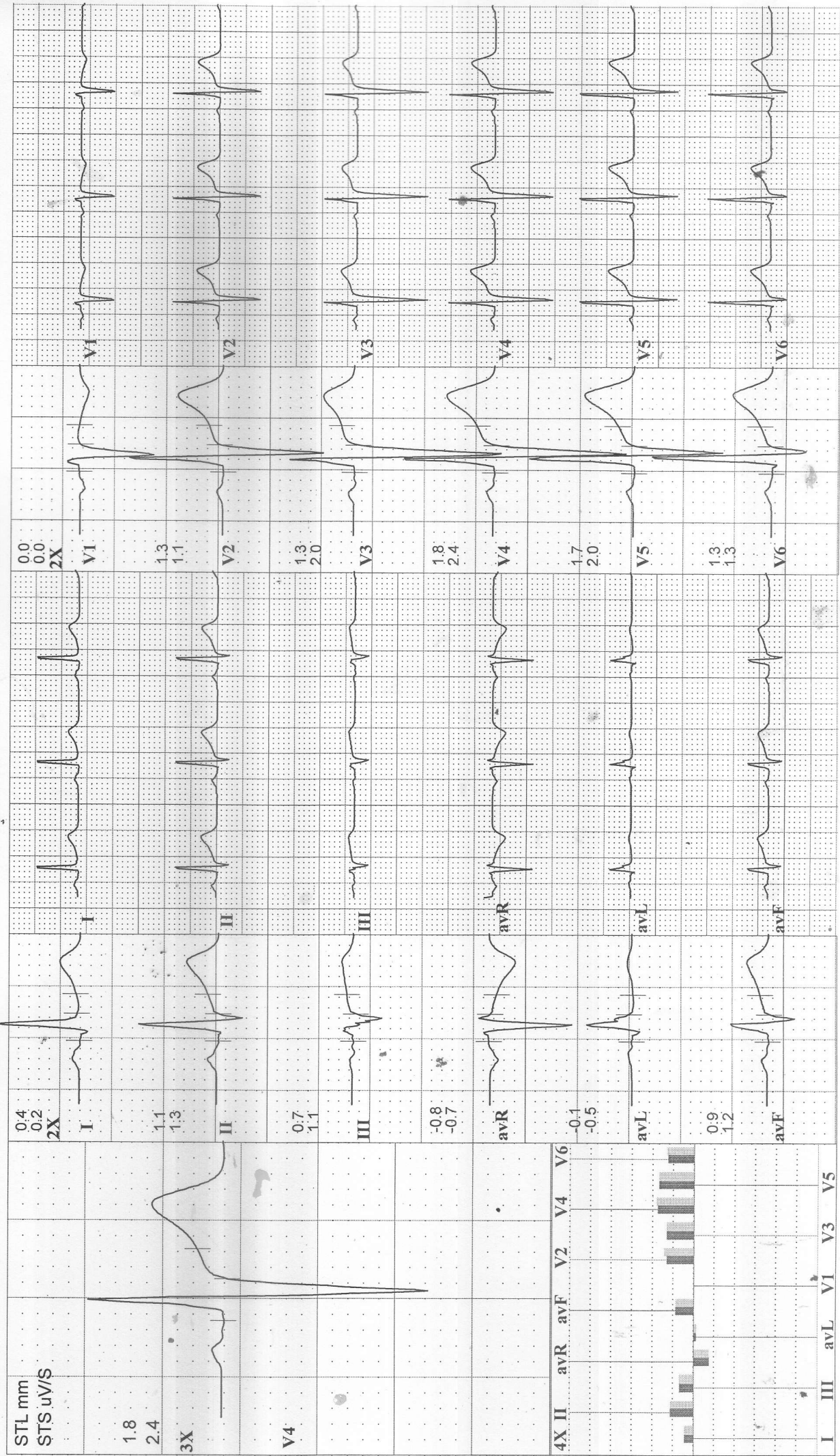
SCO 56 SEC 47 CHD

Linked Medians
Pre Ex
Supine

Speed: --- mph Hr: 72 Target Hr: 39 % of 181 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:19 NotchOn Median Sweep: 25 mm/s

71 PARDEE, KUMAR GARG Ref.No.:
39 Yrs/M 79 Kg / Ht-171 cms
Date: 02/10/2021 Time: 10:29 AM

Post J: 76 ms

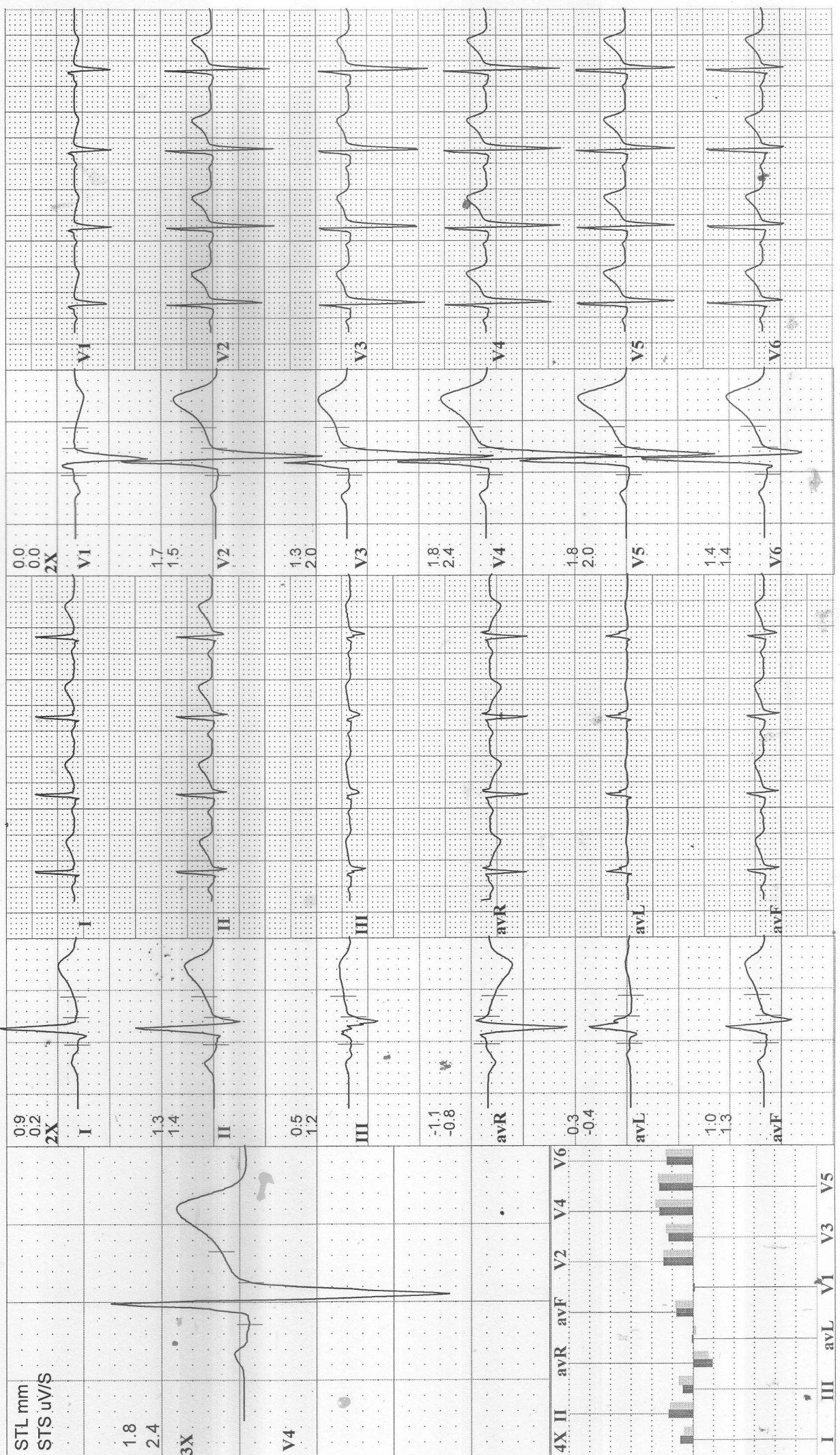


71 **PARDEED KUMAR GARG**
39 Yrs/M 79 Kg / Ht-171 cms Ref.No.:
Date: 02/10/2021 Time: 10:29 AM

Speed: --- mph Hr: 82 Target Hr: 45 % of 181 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:49 NotchOn Median Sweep 25 mm/s

Linked Medians
Pre Ex
Standing

Post J: 79 mS



PAN HEALTH

SCO 56 SEC 47 CHD

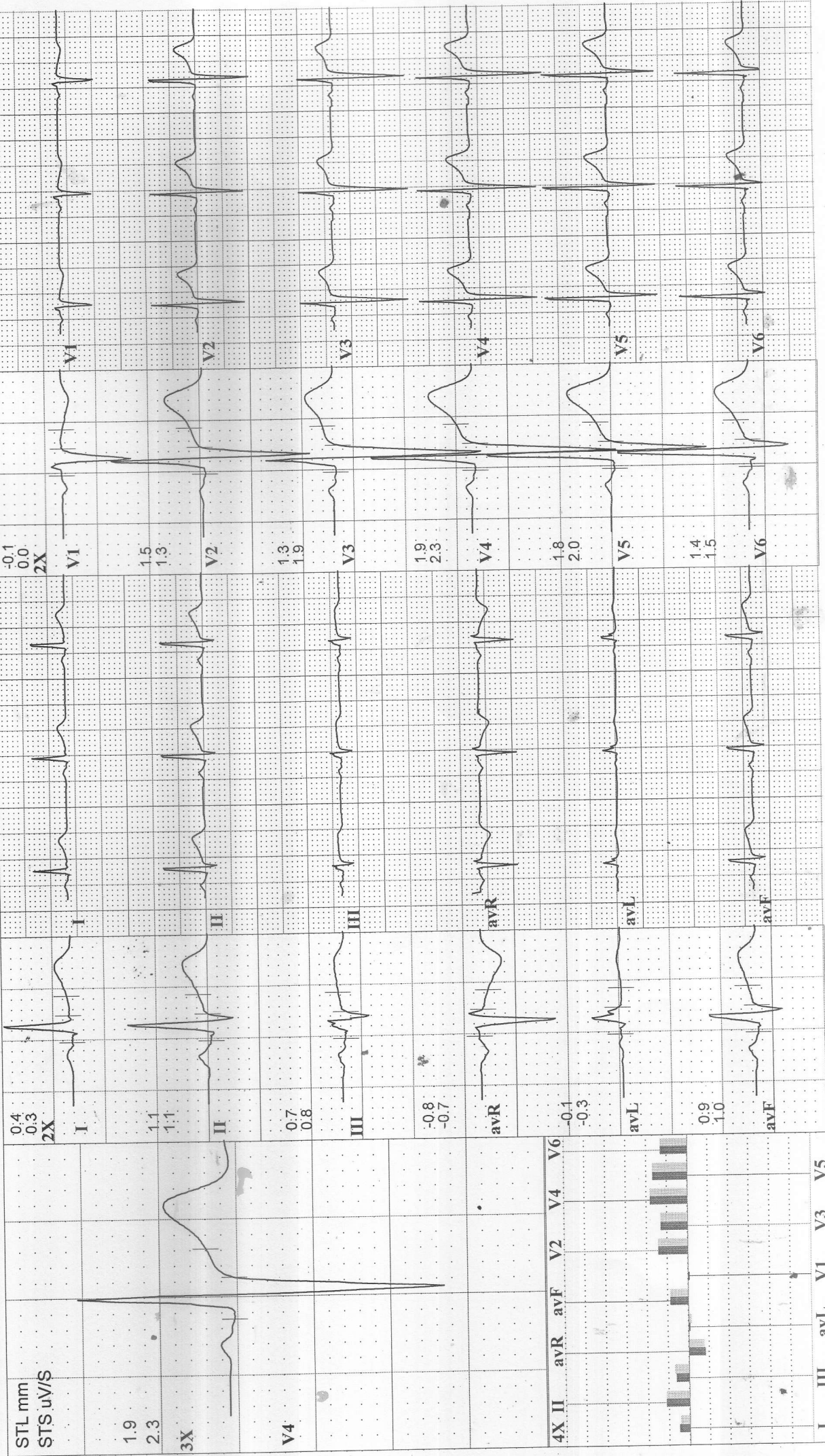
Linked Medians
Pre Ex
Hyp Vent

Speed: --- mph Hr: 75
Grade: --- % Mets: 1
Protocol: Bruce BP: 120/80 mmHg Curr Time: 01:21

Target Hr: 41 % of 181
Ex Time: --- min:sec
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Median Sweep 25 mm/S
Notch On

71 PARDEEP KUMAR GARG
39 Yrs/ M 79 Kg / Ht-171 cms Ref.No.:
Date: 02/10/2021 Time: 10:29 AM

Post J: 74 mS



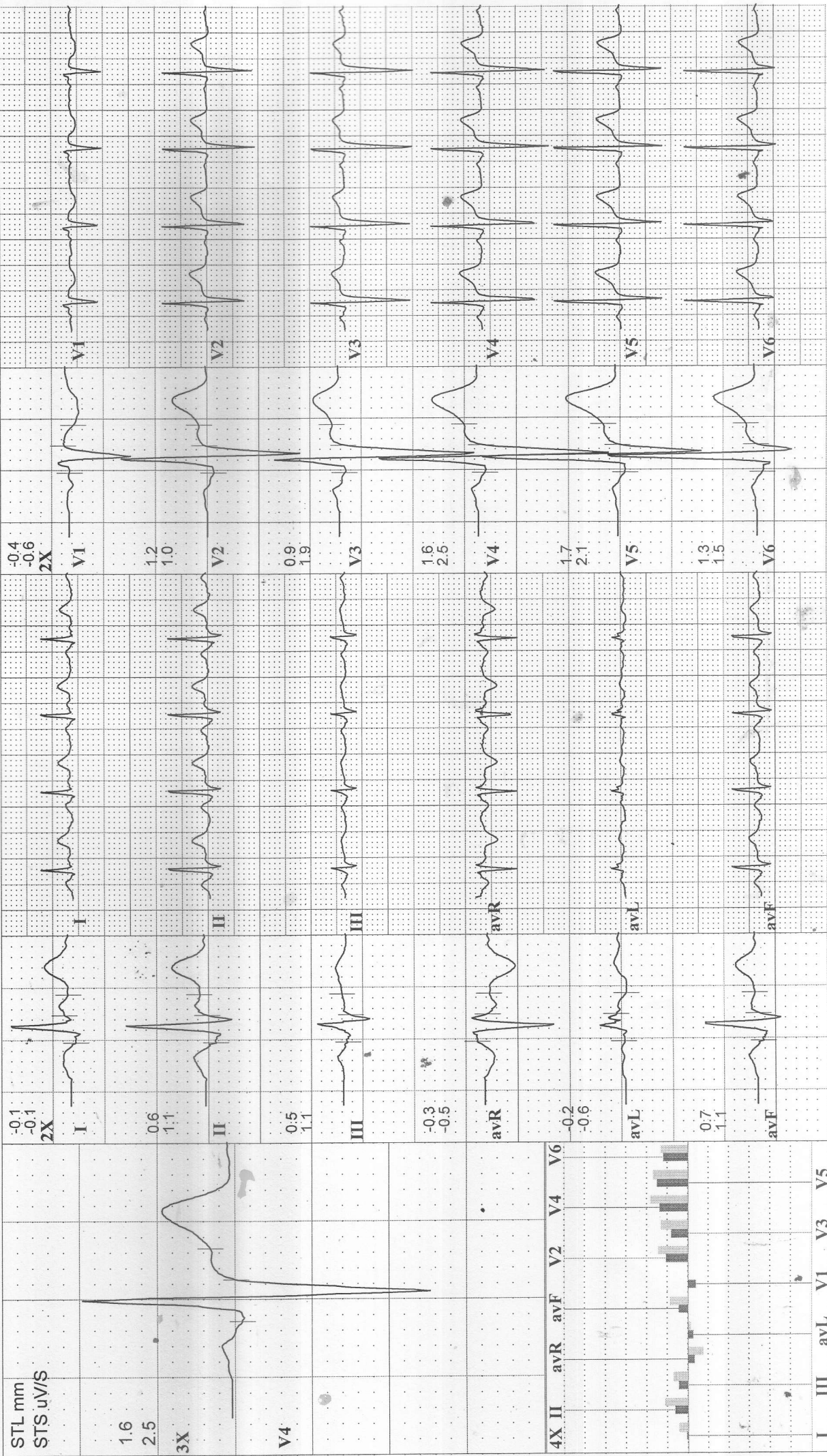
71 PARDEEP KUMAR GARG
39 Yrs/M 79 Kg / Ht-171 cms Ref.No.:
Date: 02/10/2024 Time: 10:29 AM

Speed: 1.7 mph Hr: 103
Grade: 10 % Mets: 4.8
Protocol: Bruce BP: 120/80 mmHg Curr Time: 04:21

Target Hr: 56 % of 181 Filter: 0.1 - 100 Hz Gain:
Ex Time: 03:00 BLC: On
Median Sweep: 25 mm/S

10 mm/mV
25 mm/S
Median Sweep: 25 mm/S
Linked Medians
S1

Post J: 79 ms



PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians
S2

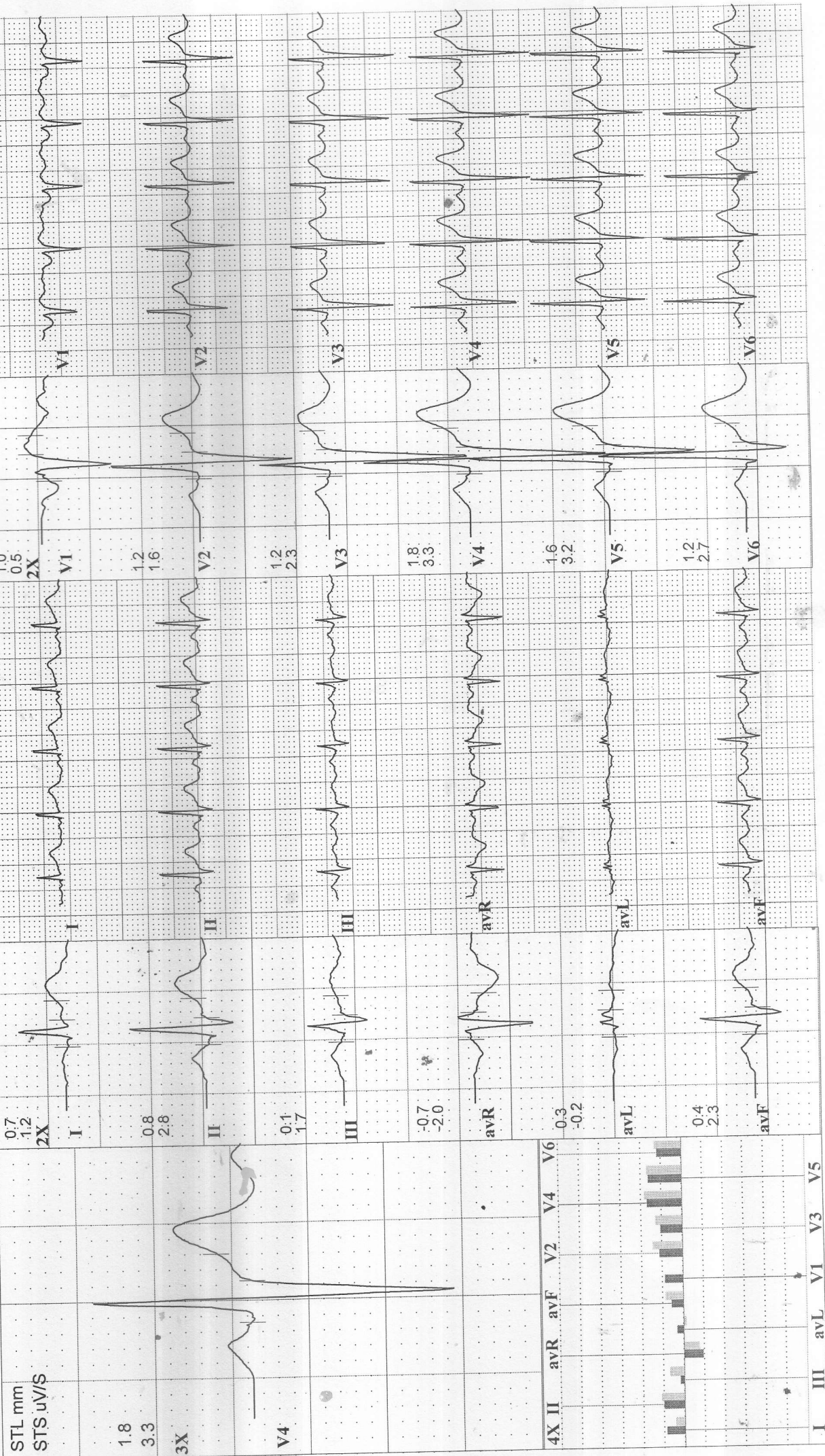
Speed: 2.5 mph Hr: 120
Grade: 12 % Mets: 6.9
Protocol: Bruce BP: 131/95 mmHg Curr Time: 07:21

Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep 25 mm/S

BLC: On
Notch: On

71 PARDEEP KUMAR GARG
39 Yrs/M 79 Kg / Ht-171 cms Ref.No.:
Date: 02/10/2021 Time: 10:29 AM

Post J: 71 mS



PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians
Peak Ex

10 mm/mV
25 mm/s
Median Sweep 25 mm/s

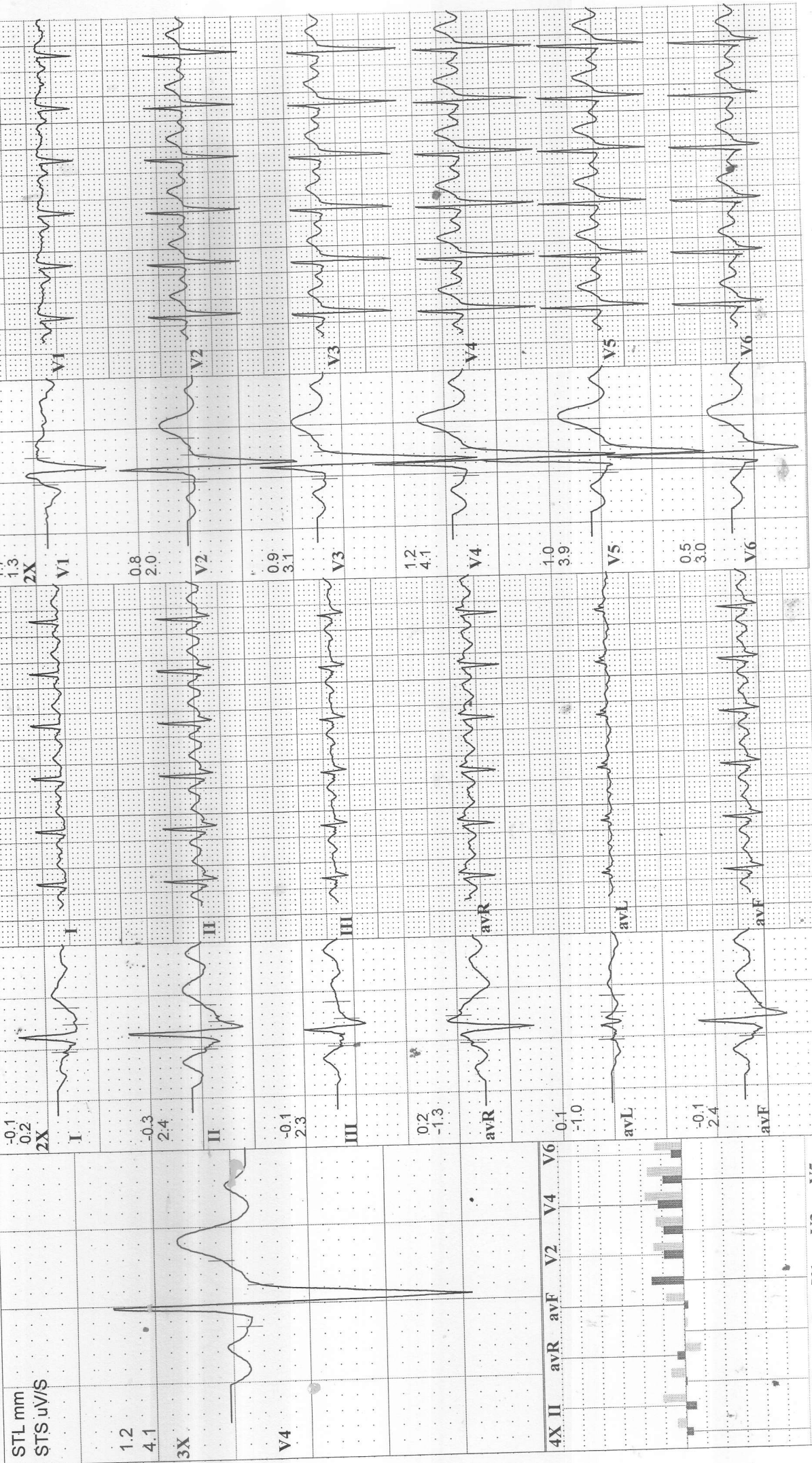
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/s
BLC: On
Notch: On

Speed: 3.4 mph Hr: 145
Grade: 14 % Ex Time: 08:22
Protocol: Bruce BP: 149/109 mmHg Curr Time: 09:43

71
39 Yrs/M
Date: 02/10/2021 Time: 10:29 AM

PARDEEP KUMAR GARG
79 Kg / Ht-171 cms Ref.No.:

Post J: 65 mS



PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians
Post Ex 1

Speed: --- mph
Grade: --- %
Protocol: Bruce

Target Hr: 54 % of 181
Ex Time: 08:22
Curr Time: 10:43

Hr: 99
Mets: 1
BP: 141/98 mmHg

71
39 Yrs/M
Date: 02/10/2021 Time: 10:29 AM

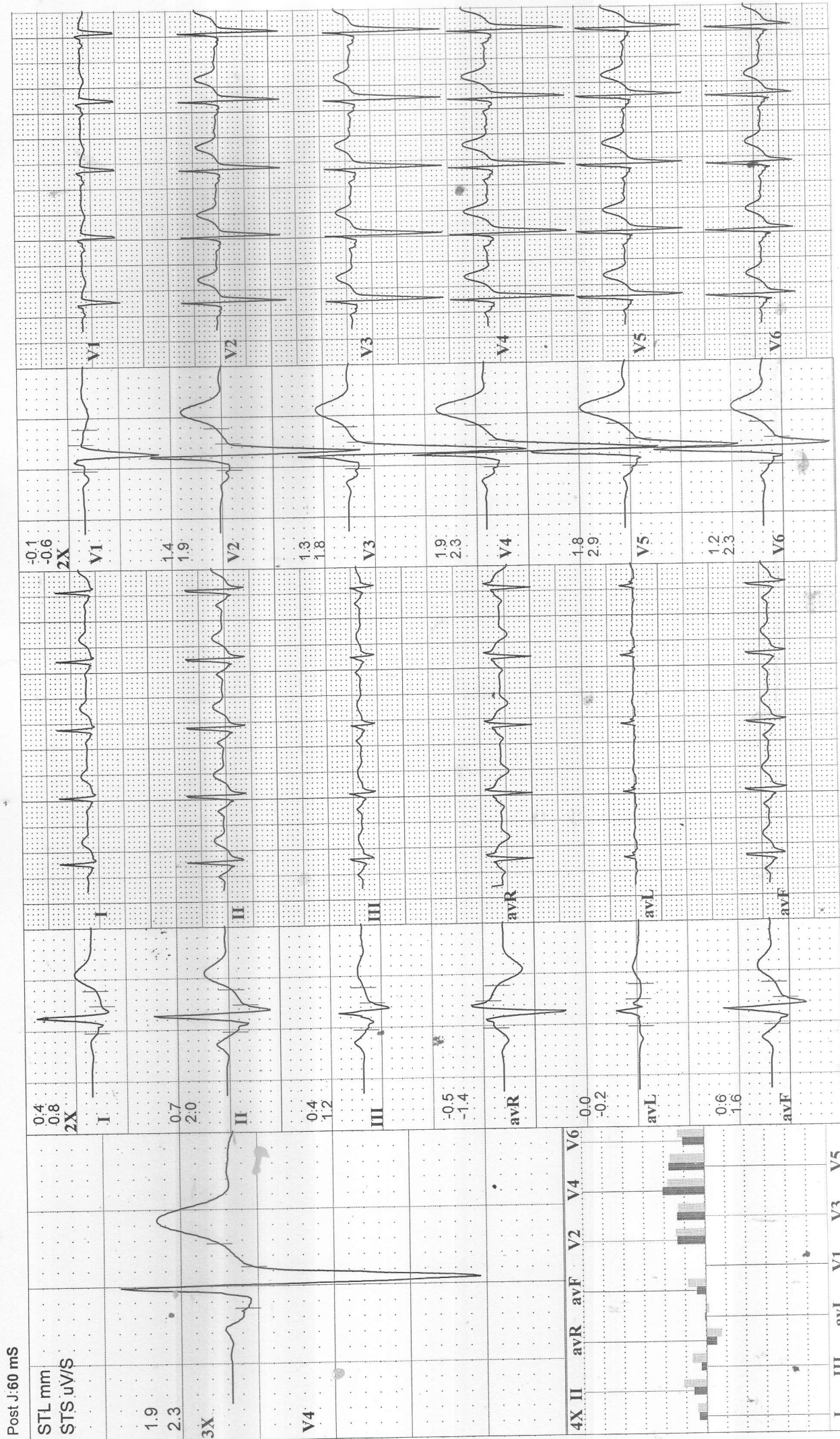
PARDEEP KUMAR GARG

79 Kg / Ht-171 cms Ref.No.:

Post J:60 mS

Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

BLC: On
NotchOn



PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians
Post Ex 2

Speed: --- mph
Grade: --- %
Protocol: Bruce

Hr: 88
Mets: 1
BP: 136/90 mmHg
Curr Time: 11:43

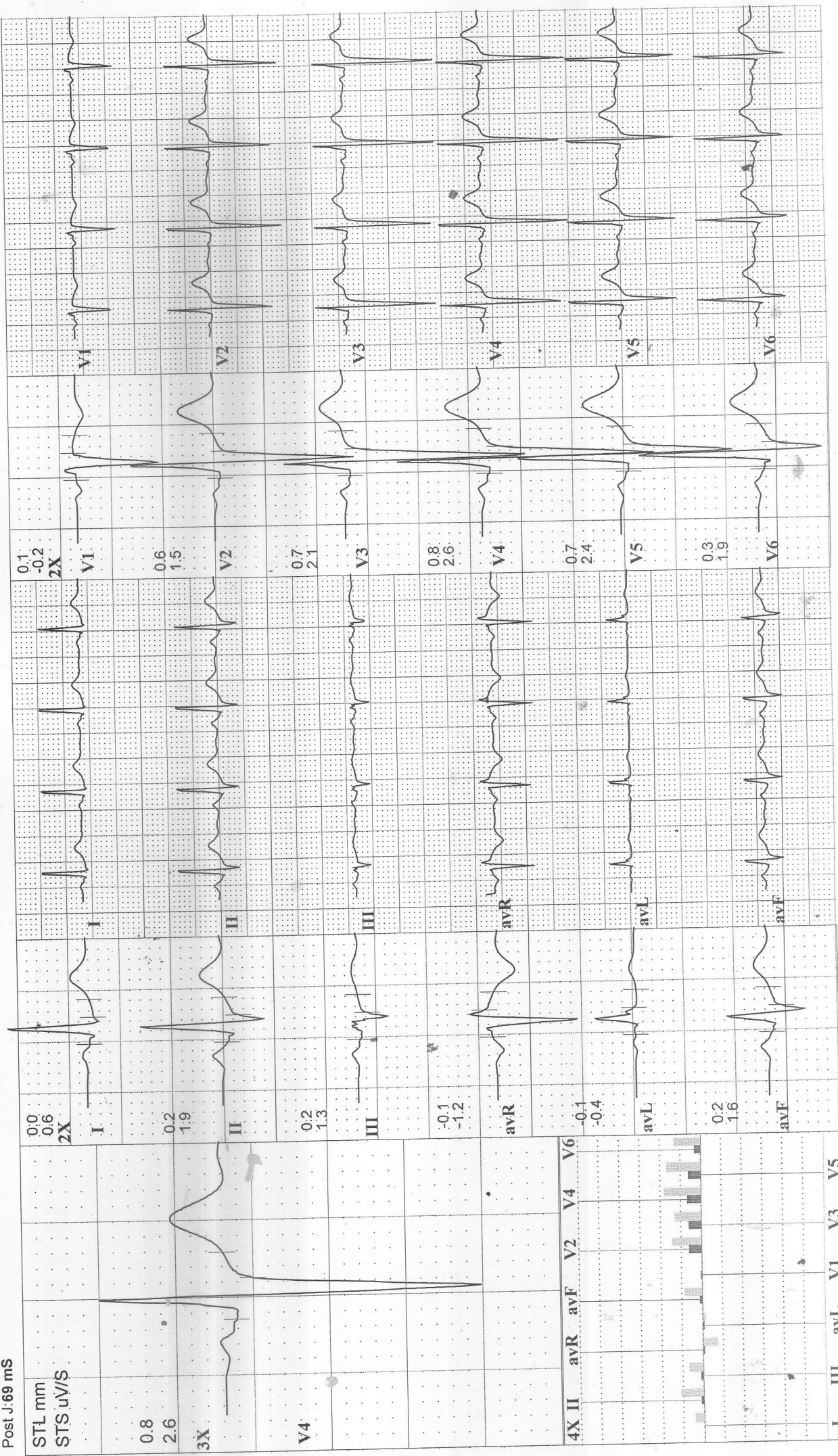
Target Hr: 48 % of 181
Ex Time: 08:22
Filter: 0.1 - 100 Hz
BLC: On
NotchOn

10 mm/mV
25 mm/s
Median Sweep 25 mm/s

71
39 Yrs/M
Date: 02/10/2021 Time: 10:29 AM

PARDEEP KUMAR GARG
79 Kg / Ht-171 cms
Ref.No.:

Post J: 69 ms



PAN HEALTH

SCO 56 SEC 47 CHD

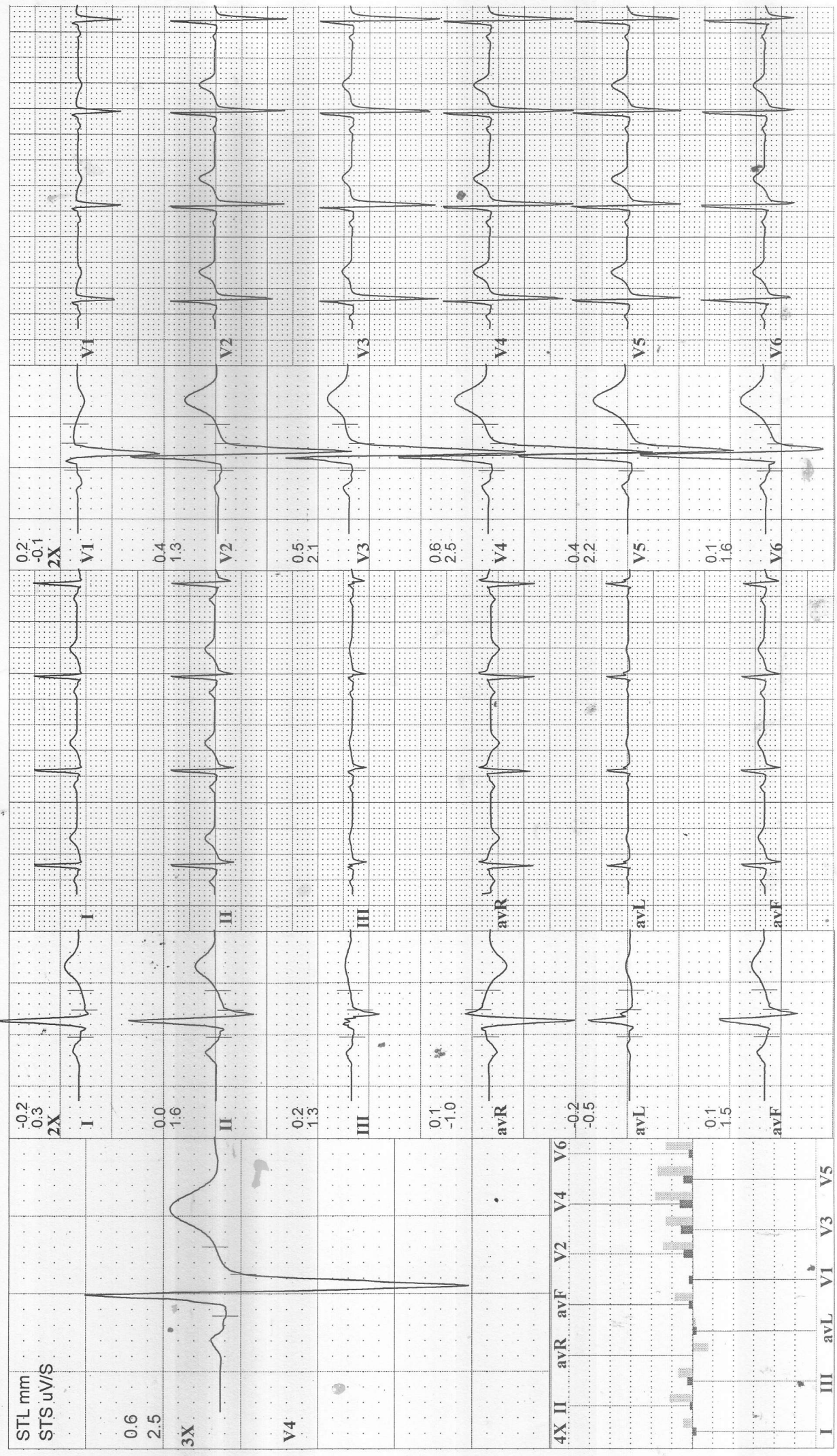
Linked Medians
Post Ex 3

Speed: --- mph Hr: 85
Grade: --- % Mets: 1
Protocol: Bruce BP: 125/85 mmHg Curr Time: 12:18

Target Hr: 46 % of 181
Ex Time: 08:22
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/S
NotchOn Median Sweep 25 mm/S

71 **PARDEEF KUMAR GARG**
39 Yrs/M 79 Kg / Ht-171 cms Ref.No.:
Date: 02/10/2021 Time: 10:29 AM

Post J: 73 mS



SCO 41, Level I, Sector 47-D,
CHANDIGARH - 160 047

Ph. 0172-2633141 M : 98767 00150
Email : tricityhealthcare47@gmail.com

PATIENT NAME : Mr. PRADEEP KUMAR GARG	AGE : 39 YRS / MALE
REFERRED BY : PAN HEALTH LAB	VISIT DATE : 02-OCT-2021
VISIT NO. : 01	

CLINICAL PROFILE: MEDICAL CHECK-UP.

X-RAY CHEST (PA View)

OBSERVATIONS

Both lungs appear clear with no obvious parenchymal lesions.
Bilateral hila appear unremarkable.
CP angles appear normal.
Cardiac size appears normal.
Domes of diaphragm appear unremarkable.
No free air seen under the domes of diaphragm.
Bony thoracic cage & soft tissues under view appear unremarkable.

IMPRESSION: NORMAL STUDY.

Please correlate clinically and with findings of other relevant investigations.

PAN HEALTH
S.C.O. 56, 1st Floor
Sec. 47-D, Chandigarh

Dr. Aman Deepak
Consultant Radiologist

Dr. Aman Deepak
Consultant Radiologist
Regd. No. 011131



Doppler Studies | Real Time 2D & 3D Ultrasound | Obstetric Ultrasound & Doppler | Fetal Interventions | X-rays & Special Investigations

This is only a professional opinion of the imaging findings and not the final Diagnosis. It needs correlation with clinical status and other relevant investigations also.

This report is not valid for medico legal purpose.

PATIENT NAME : Mr. PRADEEP KUMAR GARG	AGE : 39 YRS / MALE
REFERRED BY : PAN HEALTH LAB	VISIT DATE : 02-OCT-2021
VISIT NO. : 01	

CLINICAL PROFILE: MEDICAL CHECK-UP.

USG WHOLE ABDOMEN

IMPRESSION

- Diffuse fatty changes are noted in both lobes of liver (GRADE-II).
To correlate with LFT/ LIPID profile.
- Few well defined **HYPERECHOIC LESIONS** (largest of size measuring approx. 3-4 mm) are noted along with the wall of GB in the body region
S/O SMALL GB POLYPS.
- Normal size & echotexture of bilateral kidneys.
- No evidence of significant renal calculus noted in bilateral kidneys.

Please correlate clinically and with findings of other relevant investigations.

OBSERVATIONS ARE AS BELOW

LIVER: is normal in size, shape, & outline and homogeneous echotexture. Diffuse fatty changes are noted in both lobes of liver. Intrahepatic & extrahepatic biliary radicals are not dilated. Hepatic veins are normal.

PORTA: Portal vein is normal in caliber. No periportal collaterals noted. CBD is normal in course and calibre in traceable portion.

GALL BLADDER: is partially distended and few well defined hyperechoic lesions (largest of size measuring approx. 3-4 mm) are noted along with the wall of gb in the body region.

PANCREAS: It is normal in size, shape, outline & echotexture. No peripancreatic collection noted.

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CHANDIGARH - 160 047

Ph. 0172-2633141 M : 98767 00150
Email : tricityhealthcare47@gmail.com

SPLEEN: It is normal in size & echotexture. No focal lesion noted. Splenic vein calibre at the hilum is within normal limits. No collaterals observed at the splenic hilum.

RETROPERITONEUM: No e/o significant lymphadenopathy noted. Aorta & IVC appears normal.

RIGHT KIDNEY: is normal in size and measures 10.2 x 4.2 cm, shape and echotexture. Cortical echogenicity is normal. Cortico-medullary differentiation is maintained. No pelvicalyceal system dilatation noted. No calculus noted.

LEFT KIDNEY: is normal in size and measures 10.5 x 4.5 cm, shape and echotexture. Cortical echogenicity is normal. Cortico-medullary differentiation is maintained. No pelvicalyceal system dilatation noted. No calculus noted.

URINARY BLADDER: Well distended. Wall thickness is normal. No calculi /debris noted. No fluid/fluid level noted.

PROSTATE: is normal in size, shape, outline and echotexture. It is well confined in it's capsule. No e/o capsular breach. Periprostatic region is normal.

SEMINAL VESICLES: Both side seminal vesicles are normal / symmetrical with no e/o enlargement/ inhomogeneity.

No free fluid or obvious abnormality in visualized bowel loops. Gut loops show normal peristalsis.

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S.C.O. 56, 1st Floor
Sec. 47-D, Chandigarh

Dr. Aman Deepak
Consultant Radiologist
Registration No. 01131

