



MR. HIMANSHU JOSHI

30 YEARS /MALE

BOB

09-09-2023

Height: 170 Cms

Weight: 72 Kg

BP: - 109/70 mmhg

Pulse: - 60/- Regular

BMI: - 24.9 kg/m<sup>2</sup>

EYE: - NORMAL

The Medical Examiner should record the findings under one of the following categories:-

~~1. FIT~~

2. UNFIT on account of



**Dr. D.S. Chhabra**  
B.P.S., M.F.  
Reg. No. 1007  
MBBS, MD.

MR. HIMANSHU JOSHI

30 Years /M

BANK OF BARODA

09-09-2023


**HEAMOGRAM**

Test Name	Results	Normal Range
Haemoglobin (HB)	15.4	13 - 18 gm%
R.B.C. Count	5.32	4.5 - 5.5 milli./cu.mm
PCV	46.9	40 - 50 %
MCV	88.16	80 - 95 fl
MCH	28.95	27 - 32 pg
MCHC	32.84	31.5 - 34.5 %
TOTAL WBC COUNT	5,500	4,000 to 11,000 /cu.mm
DIFFERENTIAL WBC COUNT	.	
Neutrophils	38	40 - 75 %
Lymphocytes	57	20 - 40 %
Monocytes	03	02 - 08 %
Eosinophils	02	01 - 05 %
Basophils	00	00 - 01 %
PLATELET COUNT	2.19	1.5 - 4 Lacs/cu.mm.
E.S.R	10	M- 0-10 at the end of 1 hr. F- 0-20 at the end of 1 hr

**Dr. POOJA PRAPANNA**  
POOJA PRAPANNA  
M.D.

MR. HIMANSHU JOSHI  
BANK OF BARODA30 Years /M  
09-09-2023

Test Name	Results	Normal Range
<b><u>BIOCHEMISTRY</u></b>		
FASTING BLOOD SUGAR	88.0	70 - 110 mg/dl
P.P. BLOOD SUGAR	105.0	upto 140 mg/dl
URIC ACID	5.93	3.5 - 7 mg/dl
BUN	10.0	5 - 21 Mg/dl
CREATININE	1.33	0.6 - 1.4 mg/dl
TOTAL PROTEIN	7.08	6.0 to 8.0 g/dl
ALBUMIN	5.15	3.2 to 5.0 g/dl
GLOBULIN	1.93	1.9 to 3.5
A:G RATIO	2.67	1.2 TO 2.3
TOTAL BILIRUBIN	0.86	0 - 1 mg/dl
DIRECT BILIRUBIN	0.13	<0.25 mg/dl
INDIRECT BILIRUBIN	0.73	< 1.0 mg/dl
ALKALINE PHOSPHATE	88.0	Adult - 42 - 128 IU/L Child - 150 - 630 IU/L
GAMA GT	30.0	5 - 43 Iu/l
S.G.O.T	25.0	0 - 45 IU/L
S.G.P.T	22.0	0 - 45 IU/L

**Dr. POOJA PRAPANNA** **MD**DR. POOJA PRAPANNA  
M.D.

MR. HIMANSHU JOSHI  
BANK OF BARODA30 Years /M  
09-09-2023**HBA1C**

Test Name	Results	Normal Range
HBA1C	5.5	Normal 4-6 % Good Control 6-7 % Fair Control 7-8 % Unsatisfactory Control 8-10 % Poor Control Above 10 %

  
DR. POOJA PRAPANNA  
M.D.

**MR. HIMANSHU JOSHI****30 Years /M****BANK OF BARODA****09-09-2023**

Test Name	Results	Normal Range
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**HAEMATOLOGY PROFILE**

<b>BLOOD GROUP</b>	<b>: -</b>
<b>"ABO " GROUP</b>	<b>"O"</b>
<b>Rh (D) Factor</b>	<b>Positive</b>

(Cross matching & recheck of Blood Group is mandatory before any transfusion)

**Dr. POOJA PRAPANNA** Cloud - 2.00  
DR. POOJA PRAPANNA  
M.D.



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09-09-2023

**LIPID PROFILE**

Test Name	Results	Normal Range
TOTAL LIPIDS	638	400 - 700 mg/dl
CHOLESTROL	195.0	<200 mg/dl- Desirable 200 - 239 mg/dl - Borderline High >240 Mg/dl High
HDL CHOLESTROL	47.0	35- 60 mg/dl
TRIGLYCERIDE	198.0	<150 mg/dl Normal 150 - 199 mg/dl Borderline High 200 - 499 mg/dl High
LDL CHOLESTROL	108.4	<100 mg/dl Optimal 100- 129 mg/dl Borderline high 160 - 189 mg/dl High
VLDL CHOLESTROL	39.6	<40 mg/dl
RISK RATIO	4.15	3-6

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MD  
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BANK OF BARODA

09-09-2023

**STOOL ROUTINE & MICROSCOPIC**

Test Name	Results	Normal Range
<b>PHYSICAL EXAMINATION</b>	-	
Colour	Brown	
Consistency	Semi Solid	
Mucus	Present	
Blood	Absent	
<b>CHEMICAL EXAMINATION</b>	-	
Reaction	Acidic	
Reducing Sugar	Nil	
Occult Blood	Negative	
<b>MICROSCOPIC EXAMINATION</b>	-	
Pus Cells	1- 2 /hpf	
Red Blood Cells	Nil	
Epithelial	2-4/hpf	
Vegetable cells	Present	
Macrophages	Absent	
Cyst / Parasite	Absent	
Fat Globules	Absent	
Ova	Nil	
Bacterial Flora	Moderate	

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MD  
DR. POOJA PRAPANNA  
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09-09-2023

**URINE EXAMINATION**

Test Name	Results	Normal Range
<b>PHYSICAL EXAMINATION</b>		
	.	
Quantity	30 ml	
Colour	Pale Yellow	
Appearance	Clear	
Deposits	Absent	
Specific Gravity	1.015	
Reaction	Acidic	
<b>CHEMICAL EXAMINATION</b>		
	.	
Albumin	Nil	
Sugar	Nil	
Ketones	Absent	
Bile Pigments	Negative	
Bile Salt	Negative	
Hematuria	Negative	
<b>MICROSCOPIC EXAMINATION</b>		
	.	
Pus Cells	1- 2 /hpf	
Red Blood Cells	Nil/hpf	
Epithelial Cell	1 - 2 /hpf	
Crystals	Nil	
Casts	Absent	

**Dr. POOJA PRAPANNA**  
DR. POOJA PRAPANNA  
M.D.

MR. HIMANSHU JOSHI

30 Yrs./M.

BOB

09th Sep, 2023

X-RAY CHEST PA VIEW

Bony cage is normal.

Trachea is central. C.P. angles are clear.

Cardiac contour and cardiothoracic ratio are normal.

Lung fields are clear.



DR.D.S.CHHABRA.  
M.D.

MR. HIMANSHU JOSHI

30 Yrs./M.

BOB

09th Sep, 2023

ABDOMINAL SONOGRAPHY

Liver is of normal size, shape, has smooth margins & regular contours and the parenchyma is mildly hyperechoic in echostructure, **early fatty changes**. No focal lesion.

Gall bladder is of normal size, shape, has thin walls & the contents are clear fluid. No evidence of any calculus. Biliary tree is undilated.

Pancreas is normal, no focal / diffuse pathology. Spleen is normal. The portal and splenic veins are normal in calibre.

Both Kidneys are normal in size [ measure about 10.5 cms. in length ], shape and echostructure. No evidence of any calculus in both. The collecting system and ureter on both side are undilated.

Urinary bladder is normal in size, shape & has thin walls.

Prostate is of normal size (around 15 gms.) & is normal in echostructure.

There is no ascitis. No obvious abdominal lymphadenopathy. No sub / supra diaphragmatic pathology on either side.

IMPRESSION :

Early fatty changes in liver.



**DR.D.S.CHHABRA.**

M.D.



## LABORATORY REPORT



Name : Mr. HIMASHU JOSHI	Sex/Age : Male / 30 Years	Case ID : 30901602287
Ref. By :	Dis. At :	Pl. ID :
Bill. Loc. : UNIQUE DIAGNOSTIC CENTRE INDORE		Pl. Loc. :
Reg Date and Time : 09-Sep-2023 11:01	Sample Type : Serum	Mobile No. :
Sample Date and Time : 09-Sep-2023 11:01	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 09-Sep-2023 12:34	Acc. Remarks : -	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
<b>Thyroid Function Test</b>				
Triiodothyronine (T3) CMA	111.63	ng/dL	58 - 159	
Thyroxine (T4) CMA	6.96	µg/dL	4.5 - 10.5	
TSH CMA	1.20	µIU/mL	0.4 - 4.2	

### INTERPRETATIONS

- Circulating TSH measurement has been used for screening for euthyroidism, screening and diagnosis for hyperthyroidism & hypothyroidism. Suppressed TSH (<0.01 µIU/mL) suggests a diagnosis of hyperthyroidism and elevated concentration (>7 µIU/mL) suggest hypothyroidism. TSH levels may be affected by acute illness and several medications including dopamine and glucocorticoids. Decreased (low or undetectable) in Graves disease. Increased in TSH secreting pituitary adenoma (secondary hyperthyroidism), PRTN and in hypothalamic disease thyrotropin (tertiary hyperthyroidism). Elevated in hypothyroidism (along with decreased T4) except for pituitary & hypothalamic disease.
- Mild to modest elevations in patient with normal T3 & T4 levels indicates impaired thyroid hormone reserves & incipient hypothyroidism (subclinical hypothyroidism).
- Mild to modest decrease with normal T3 & T4 indicates subclinical hyperthyroidism.
- Degree of TSH suppression does not reflect the severity of hyperthyroidism, therefore, measurement of free thyroid hormone levels is required in patient with a suppressed TSH level.

### CAUTIONS

Sick, hospitalized patients may have falsely low or transiently elevated thyroid stimulating hormone. Some patients who have been exposed to animal antigens, either in the environment or as part of treatment or imaging procedure, may have circulating anti-animal antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

### TSH ref range in pregnancy

First trimester	0.24 - 2.00
Second trimester	0.43-2.2
Third trimester	0.8-2.5

Note: (LL-VeryLow, L-Low, H-High, HH-VeryHigh, A-Abnormal)

Dr. Soma Yadav  
M.D. (Pathology)

Dr. A Mishra  
M.D. Microbiology

Printed On : 09-Sep-2023 12:44



Dr. D. S. Chhabra  
S.M.D.  
17



आयकर विभाग  
INCOME TAX DEPARTMENT  
HIMANSHU JOSHI  
JAYKANT JOSHI  
23/09/1992  
Permanent Account Number  
ARGPJ7054E  
Hjoshi  
Signature

भारत सरकार  
GOVT. OF INDIA



*[Handwritten signature]*



Summary

UNIQUE DIAGNOSTIC CENTER  
JAURA COMPOUND, OPP. M.Y. HOSPITAL - INDORE  
129/NR HIMANSHU JOSHI 30 Yrs/Male 0 Kg/0 Cms  
Date: 09-Sep-2023 12:35:19 PM

Protocol : BRUCE  
History : nil

Ref. By : BOB  
Medication : nil  
Objective : NIL

Stage	StageTime (min:Sec)	PhaseTime (min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	76	110/70	83	-	
Standing					1.0	71	110/70	78	-	
HV					1.0	67	110/70	73	-	
ExStart					1.0	76	110/70	83	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	122	114/74	139	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	132	125/80	165	-	
PeakEx	2:46	8:47	3.4	14.0	10.0	148	135/86	199	-	
Recovery	1:00		0.0	0.0	1.1	112	135/86	151	-	
Recovery	3:00		0.0	0.0	1.0	86	132/84	113	-	
Recovery	5:00		0.0	0.0	1.0	82	128/80	104	-	



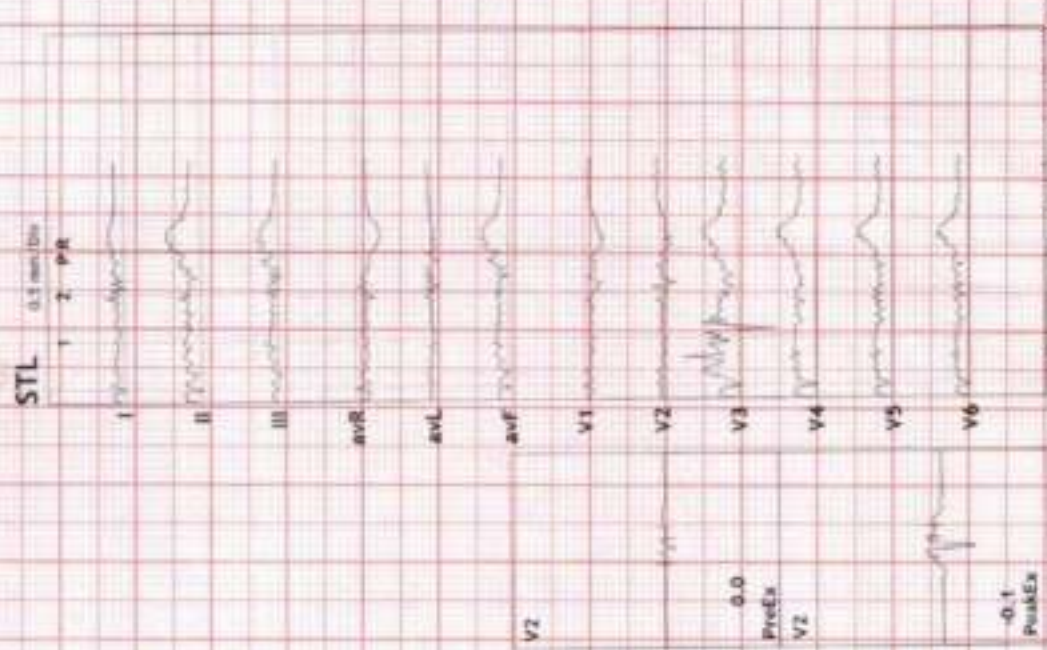
Findings :

Exercise Time : 8:46 minutes  
 Max HR attained : 148 bpm 78% of Max Predictable HR 190  
 Max BP : 135/86(mmHg)  
 Workload attained : 10 (S Fair effort Tolerance)  
 No ST segment changes noted during exercise or recovery.  
 No Angina/Arrhythmia/S3/murmur  
 Final Impression : Test is negative for inducible ischaemia.  
 Maximum Depression: 8:46

*Handwritten signature*

**Dr. Mahendra Chourasiya**  
M.D., D.M. (Cardio)

Advice/Comments:







Summary

Ref. By : BOB

Protocol : BRUCE

Objective : NIL

UNIQUE DIAGNOSTIC CENTER

JAJURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

129/ABR HIMANSHU JOSHI 30 Yrs/Male 0 Kg/0 Cms

Date: 09-Sep-2023 12:35:19 PM

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. (x100)	PVC	Comments
Supine					1.0	76	110/70	83	-	
Standing					1.0	71	110/70	78	-	
HV					1.0	67	110/70	73	-	
ExStart					1.0	76	110/70	83	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	122	114/74	139	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	132	125/80	165	-	
PeakEx	2:46	8:47	3.4	14.0	10.0	148	135/86	199	-	
Recovery	1:00		0.0	0.0	1.1	112	135/86	151	-	
Recovery	3:00		0.0	0.0	1.0	86	132/84	113	-	
Recovery	5:00		0.0	0.0	1.0	82	128/80	104	-	

Medication : NIL

History : nil

Test End Reason :

Findings :

The patient exercised according to BRUCE for 8:46, achieving a work level of Max METS:10. Resting heart rate initially 76 bpm, rose to a max. heart rate of 148 bpm which represents 78% of maximum age predicted heart rate. Resting blood pressure 110/70 mmhg. rose to a maximum blood pressure of 135/86 mmhg. The exercise stress test was stopped due to

Parameters :

Exercise Time : 8:46 minutes

Max HR attained : 148 bpm 78% of Max Predictable HR 190

Max BP : 135/86(mmHg)

Workload attained : 10 (5 Fair effort Tolerance)

No ST segment changes noted during exercise or recovery.

No Angina/Arrhythmia/S3/murmur

Final Impression : Test is negative for inducible ischaemia.

Maximum Depression: 8:46

Advice/Comments:



12 Lead + Comparison

UNIQUE DIAGNOSTIC CENTER  
JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

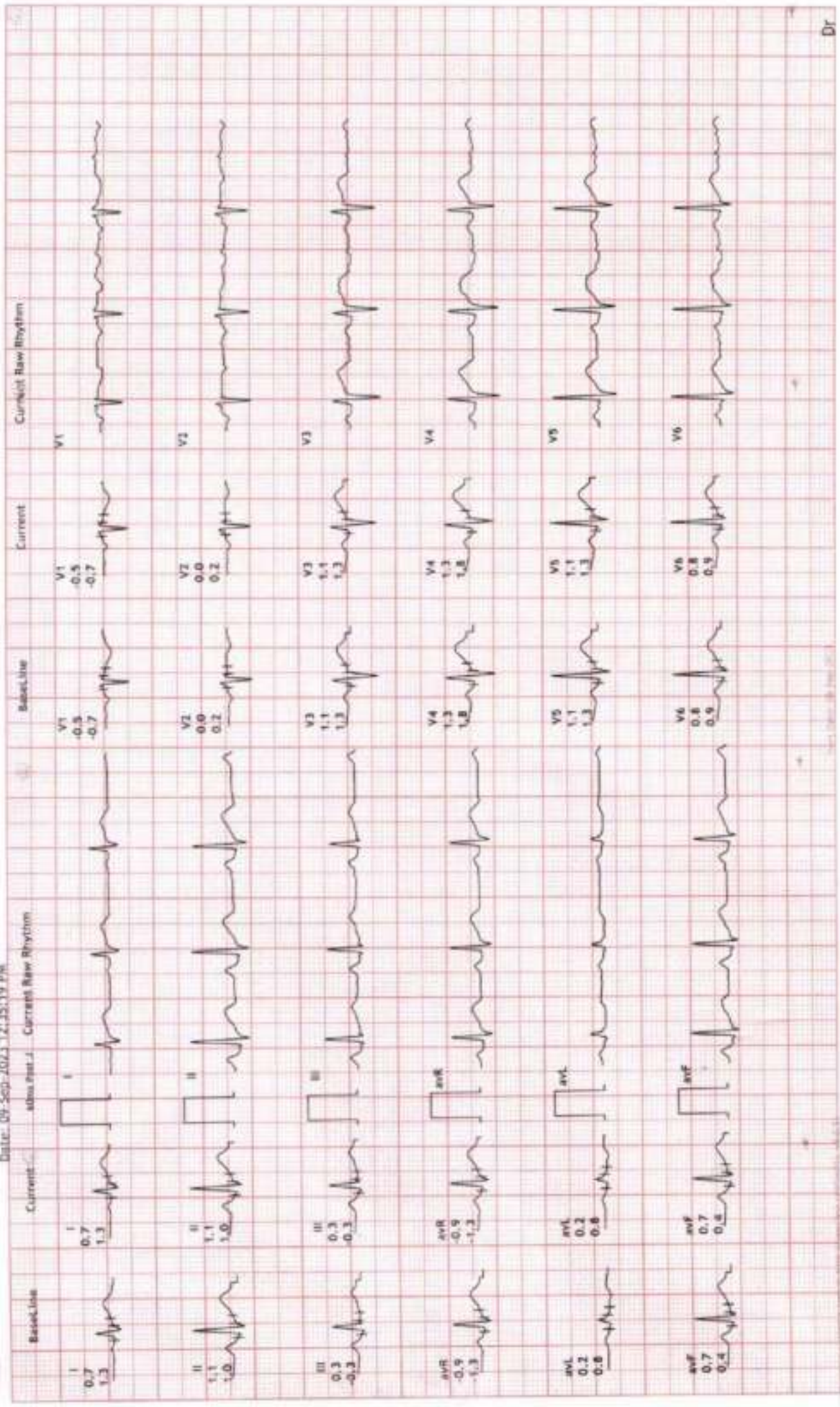
SUPINE  
10.0 mm/mV  
25 mm/Sec.

Ex Time 00:33  
BLC :On  
Notch :On

Raw ECG  
BRUCE  
(1.0-100)HZ

MPHR: 43% of 190  
Speed: 0.0 mph  
Grade: 0.0%

129/MR HIMANSHU JOSHI: 76 bpm  
30 Yrs/Male METS: 1.0  
0 Kg/0 Cms BP: 110/70  
Date: 09-Sep-2023 12:35:19 PM







12 Lead + Comparison

129/MR HIMANSHU JOSHER: 71 bpm  
30 Yrs/Male METS: 1.0  
0 Kg/0 Cms BP: 110/70  
Date: 09-Sep-2023 12:35:19 PM

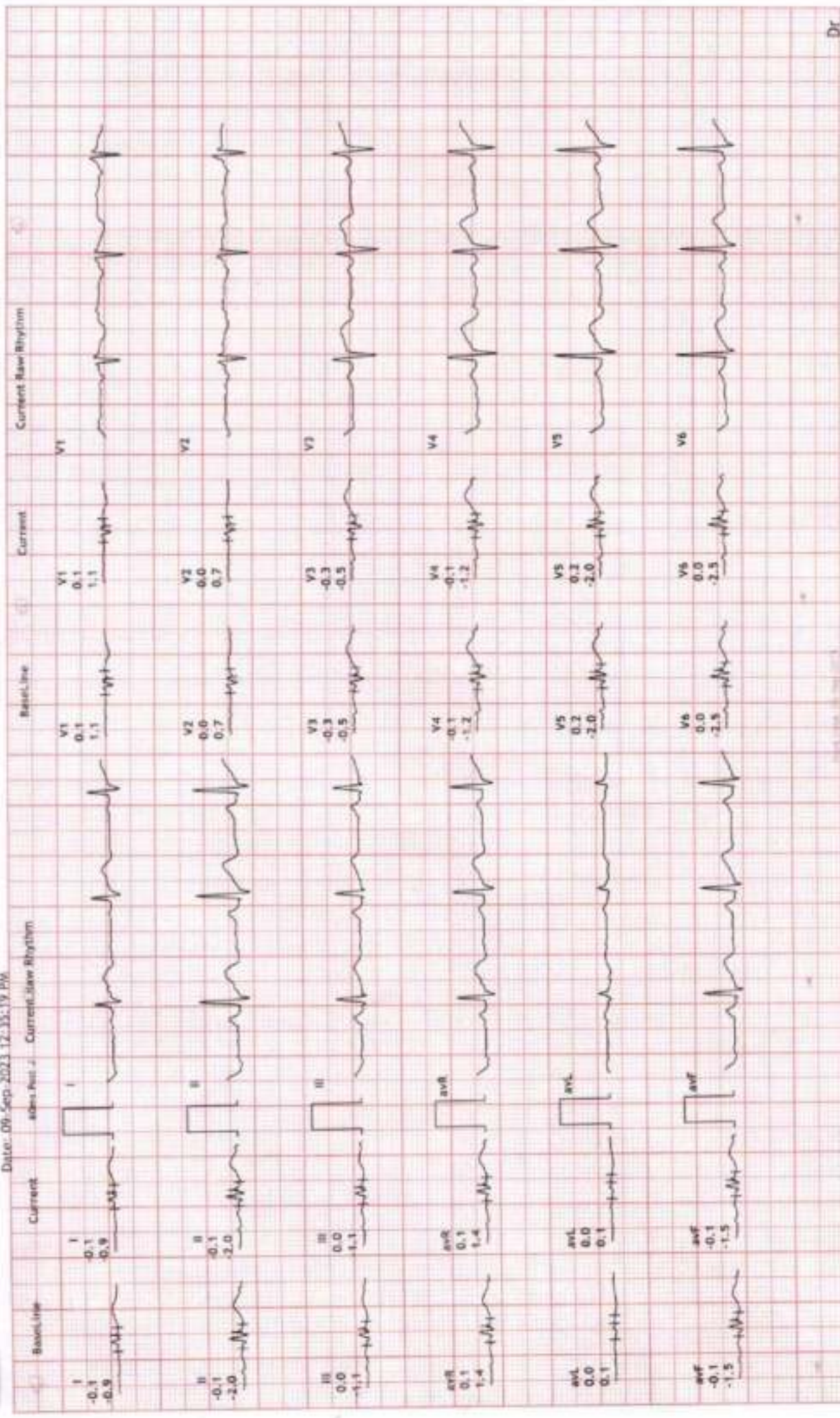
UNIQUE DIAGNOSTIC CENTER  
JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

STANDING  
10.0 mm/mV  
25 mm/Sec.

Ex Time 00:45  
BLC: On  
Notch: On

Raw ECG  
BRUCE  
(1:0-100)Hz

MPHR: 37% of 190  
Speed: 0.0 m/s  
Grade: 0.0%







12 Lead + Comparison

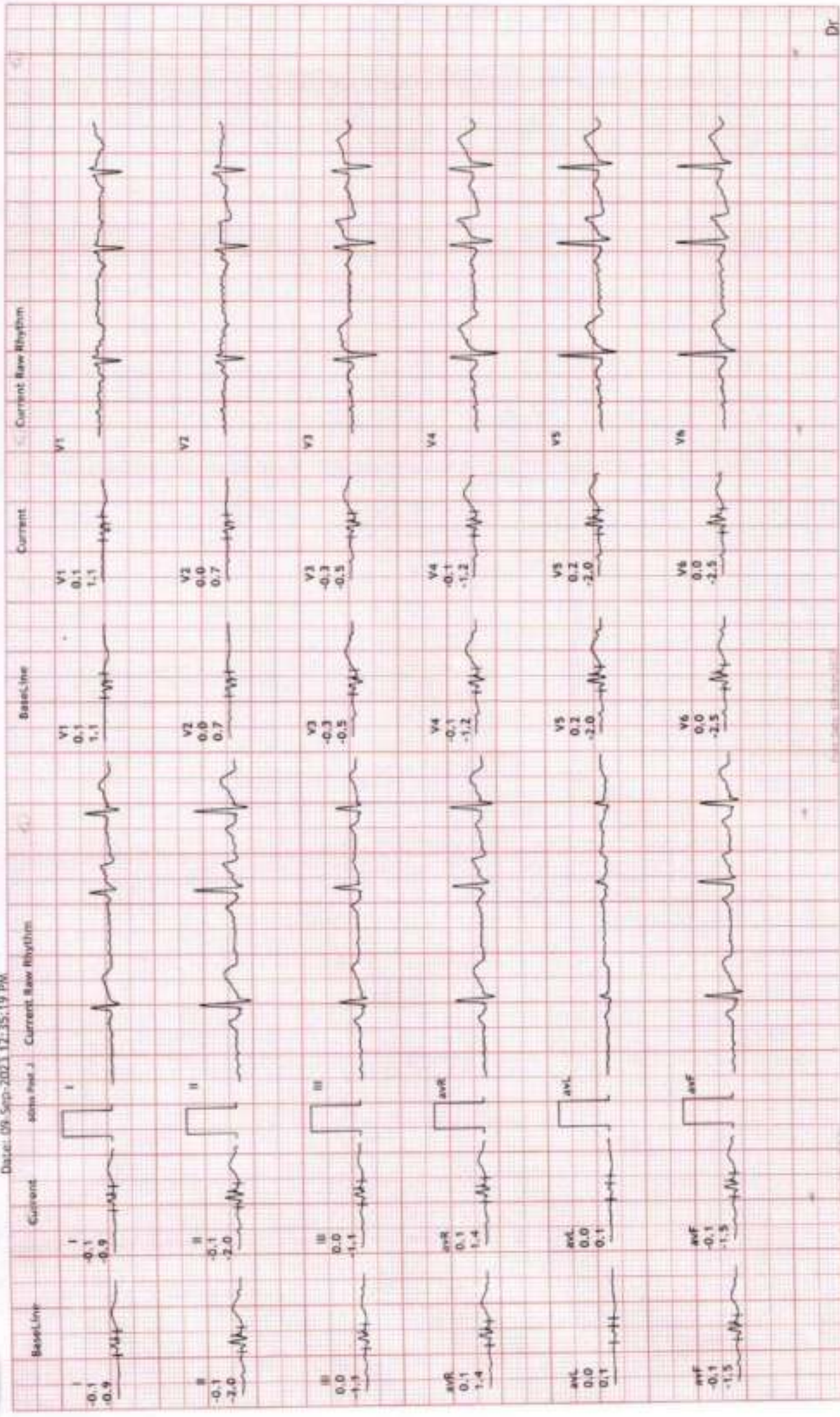
129/MR HIMANSHU JOSHI:HR: 67 bpm  
30 Yrs/Male  
0 Kg/0 Cms  
Date: 09-Sep-2023 12:35:19 PM

UNIQUE DIAGNOSTIC CENTER  
JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

MPHR: 35% of 190  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1,0-100)Hz

HV  
10.0 mm/mV  
25 mm/Sec.







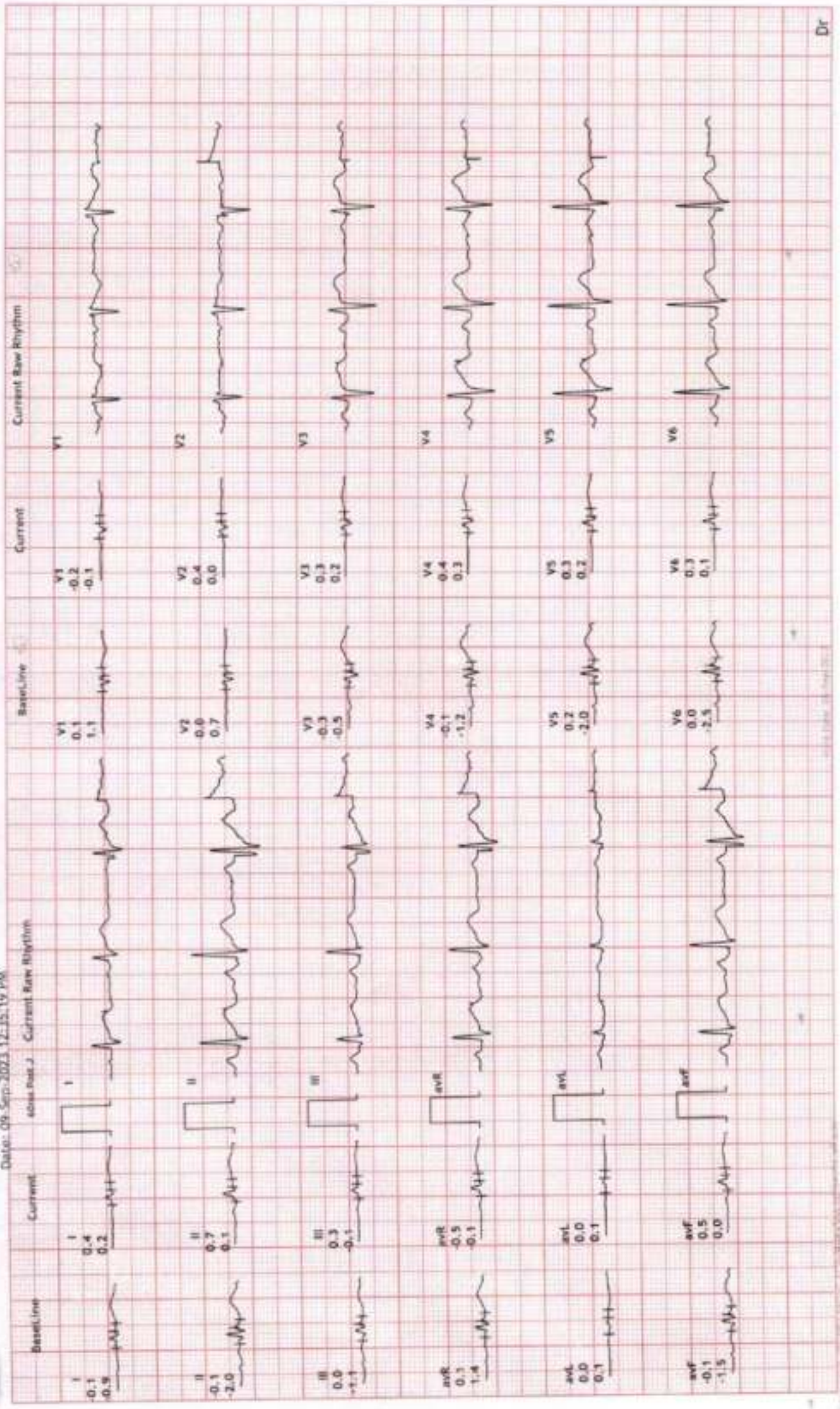
12 Lead + Comparison

129/MR HIMANSHU JOSHI; 76 bpm  
30 Yrs/Male  
0 Kg/0 Cms  
Date: 09-Sep-2023 12:35:19 PM

UNIQUE DIAGNOSTIC CENTER  
JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

Raw ECG  
BRUCE  
(1.0-100)Hz  
ExStart  
10.0 mm/mV  
25 mm/Sec.

MPHR: 40% of 190  
Speed: 0.0 mph  
Grade: 0.0%



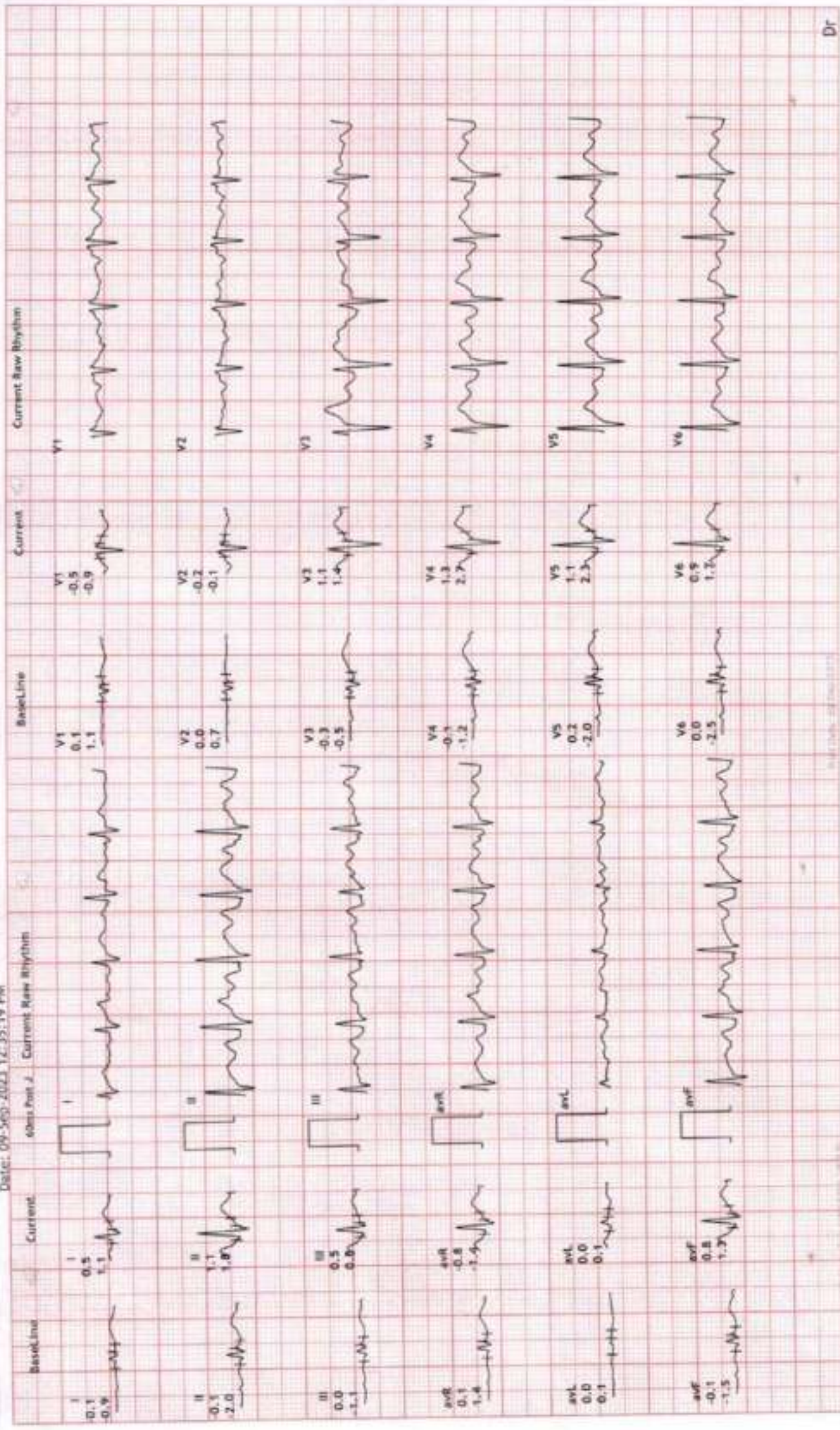


12 Lead + Comparison

129/MR HIMANSHU JOSHI: 122 bpm  
 30 Yrs/Male METS: 4.7  
 0 Kg/0 Cms BP: 114/74  
 Date: 09-Sep-2023 12:35:19 PM

UNIQUE DIAGNOSTIC CENTER  
 JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE  
 Raw ECG BRUCE  
 Ex Time 03:00  
 BLC:On  
 Notch :On  
 (1.0-100)Hz

Stage 1 ( 03:00 )  
 10.0 mm/mV  
 25 mm/Sec.





12 Lead + Comparison

129/MR HIMANSHU JOSHI:MR: 132 bpm  
 30 Yrs/Male METS: 7.1  
 0 Kg/0 Cms BP: 125/80  
 Date: 09-Sep-2023 12:35:19 PM

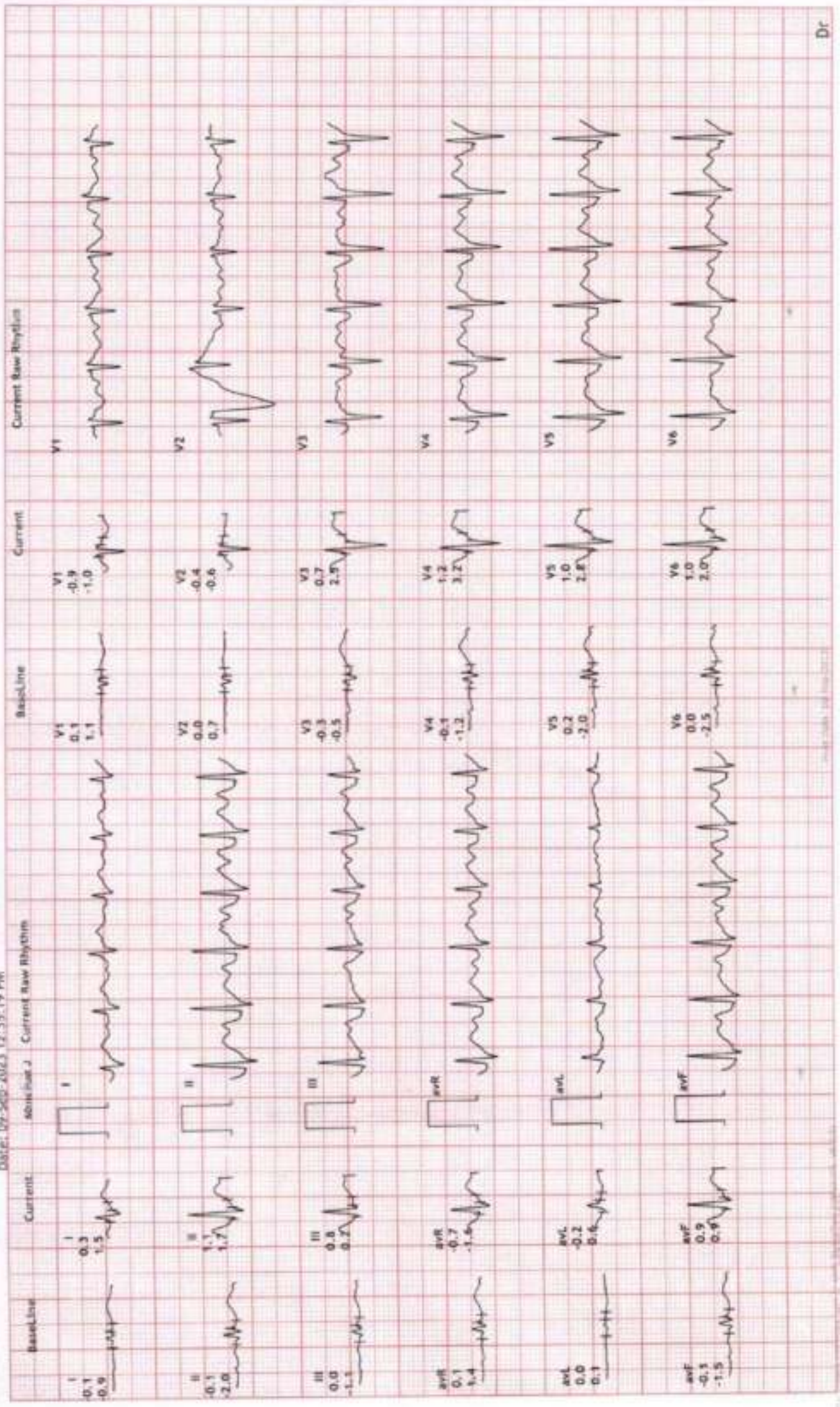
UNIQUE DIAGNOSTIC CENTER  
 JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

Stage 2 ( 03:00 )  
 10.0 mm/mV  
 25 mm/Sec.

Ex Time 06:00  
 RLC :On  
 Notch :On

MPHR:69% of 190  
 Speed: 2.5 mph  
 Grade: 12.0%

Raw ECG  
 BRUCE  
 (1.0-100)Hz







### 12 Lead + Comparison

129/MR HIMANSHU JOSHI#R: 148 bpm  
 30 Yrs/Male METS: 10.0  
 0 Kg/0 Cms BP: 135/85  
 Date: 09-Sep-2023 12:35:19 PM

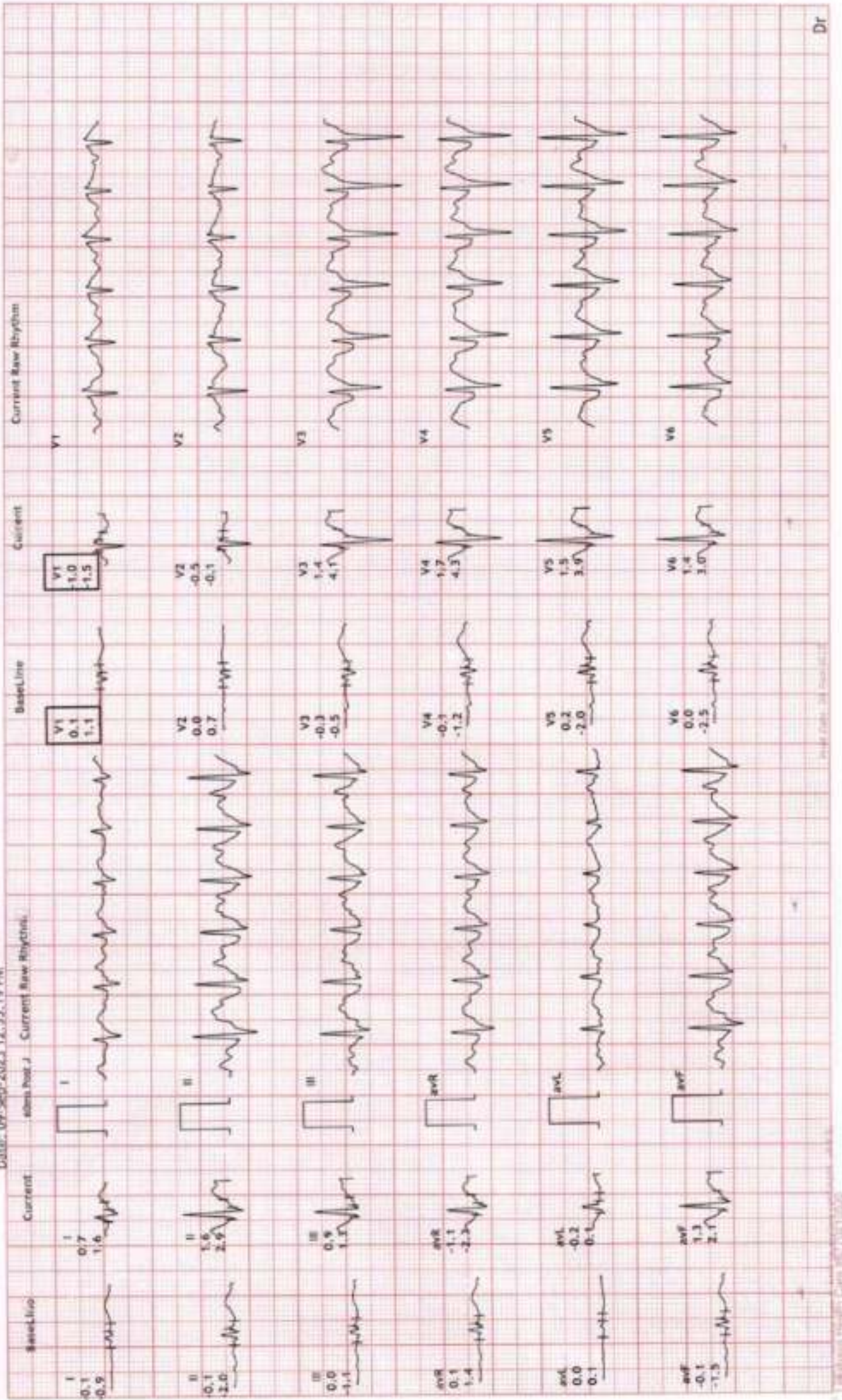
### UNIQUE DIAGNOSTIC CENTER JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

MPHR: 77% of 190  
 Speed: 3.4 mph  
 Grade: 14.0%

Raw ECG  
 BRUCE  
 (1.0-100)HZ

Ex Time 08:45  
 BLC :On  
 Notch :On

PeakEx  
 10.0 mm/mV  
 25 mm/5Sec.



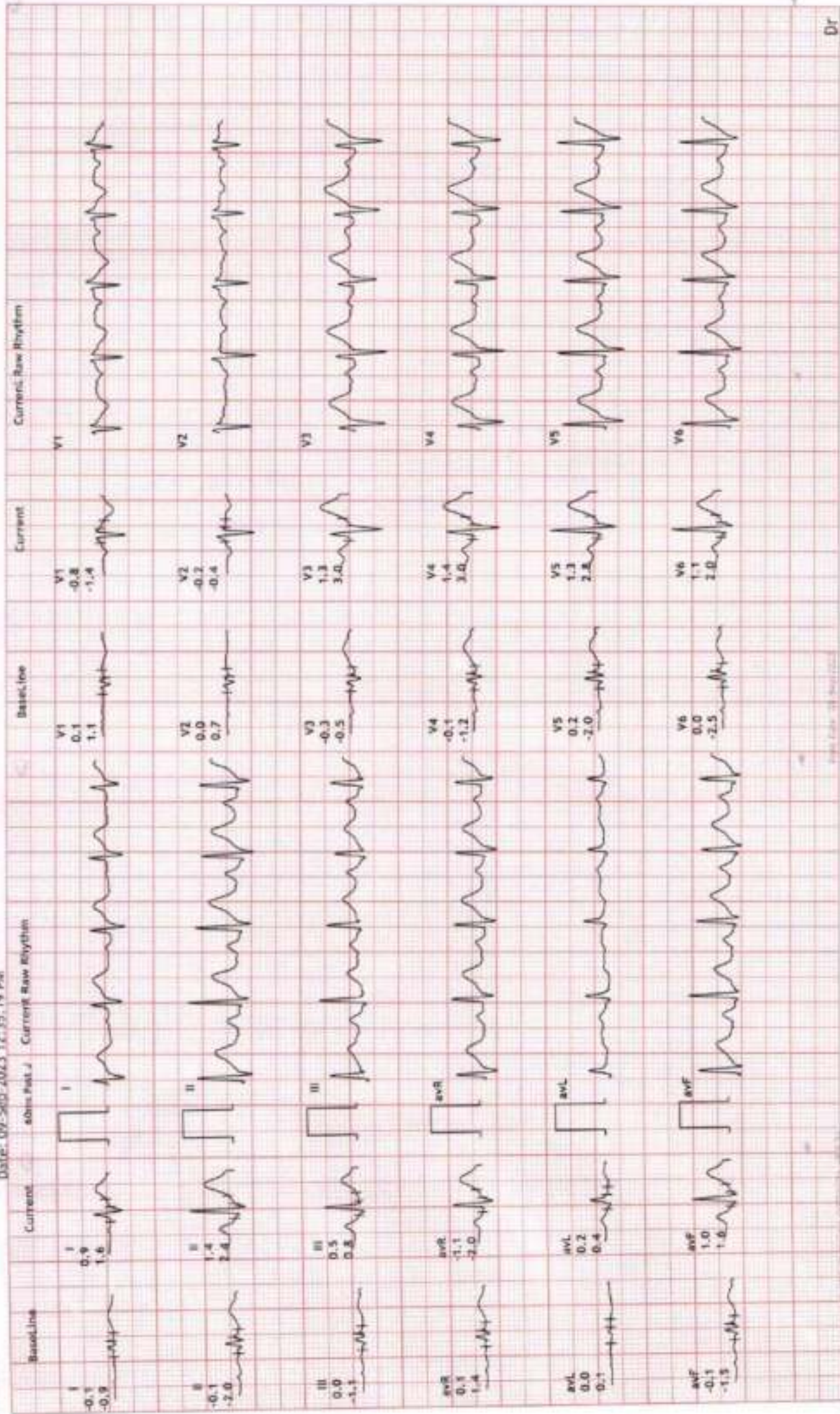


12 Lead + Comparison

129/MR HIMANSHU JOSHI: 105 bpm  
 30 Yrs/Male METS: 1.0  
 0 Kg/0 Cms BP: 135/86  
 Date: 09-Sept-2023 12:35:19 PM

UNIQUE DIAGNOSTIC CENTER  
 JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

Raw ECG BRUCE (1.0-100)Hz  
 Ex Time 08:45 BLC :On Notch :On  
 Recovery : ( 02:00 )  
 10.0 mm/mv  
 25 mm/Sec.







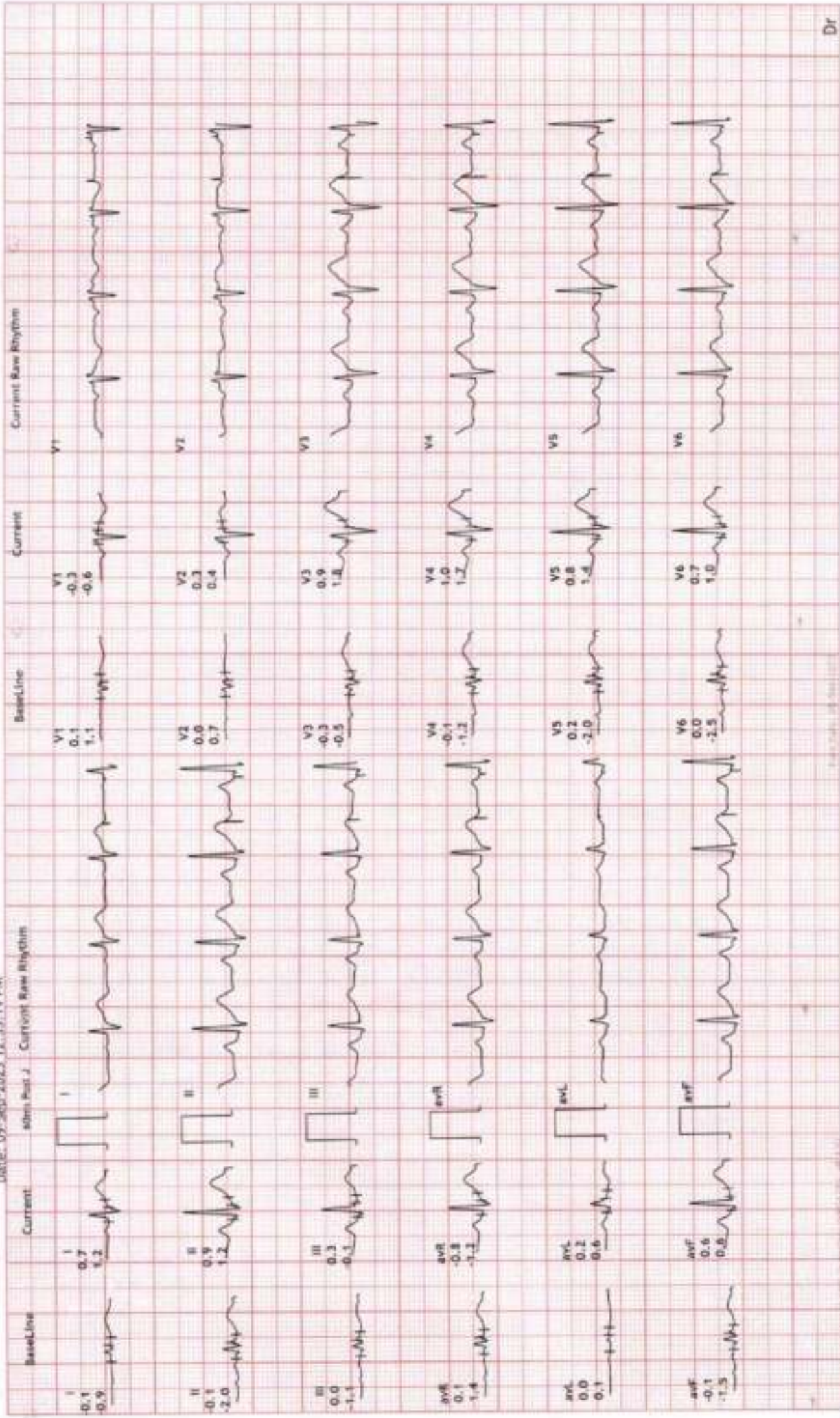
### 12 Lead + Comparison

129/MR HIMANSHU JOSHI  
 30 Yrs/Male  
 0 Kg/0 Cms  
 Date: 09-Sep-2023 12:35:19 PM

MPHR: 45% of 190  
 Speed: 0.0 mph  
 Grade: 0.0%

### UNIQUE DIAGNOSTIC CENTER JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

Ex Time 08:45  
 BLC :On  
 Notch :On  
 Recovery : ( 04:00 )  
 10.0 mm/mV  
 25 mm/Sec.







12 Lead + Comparison

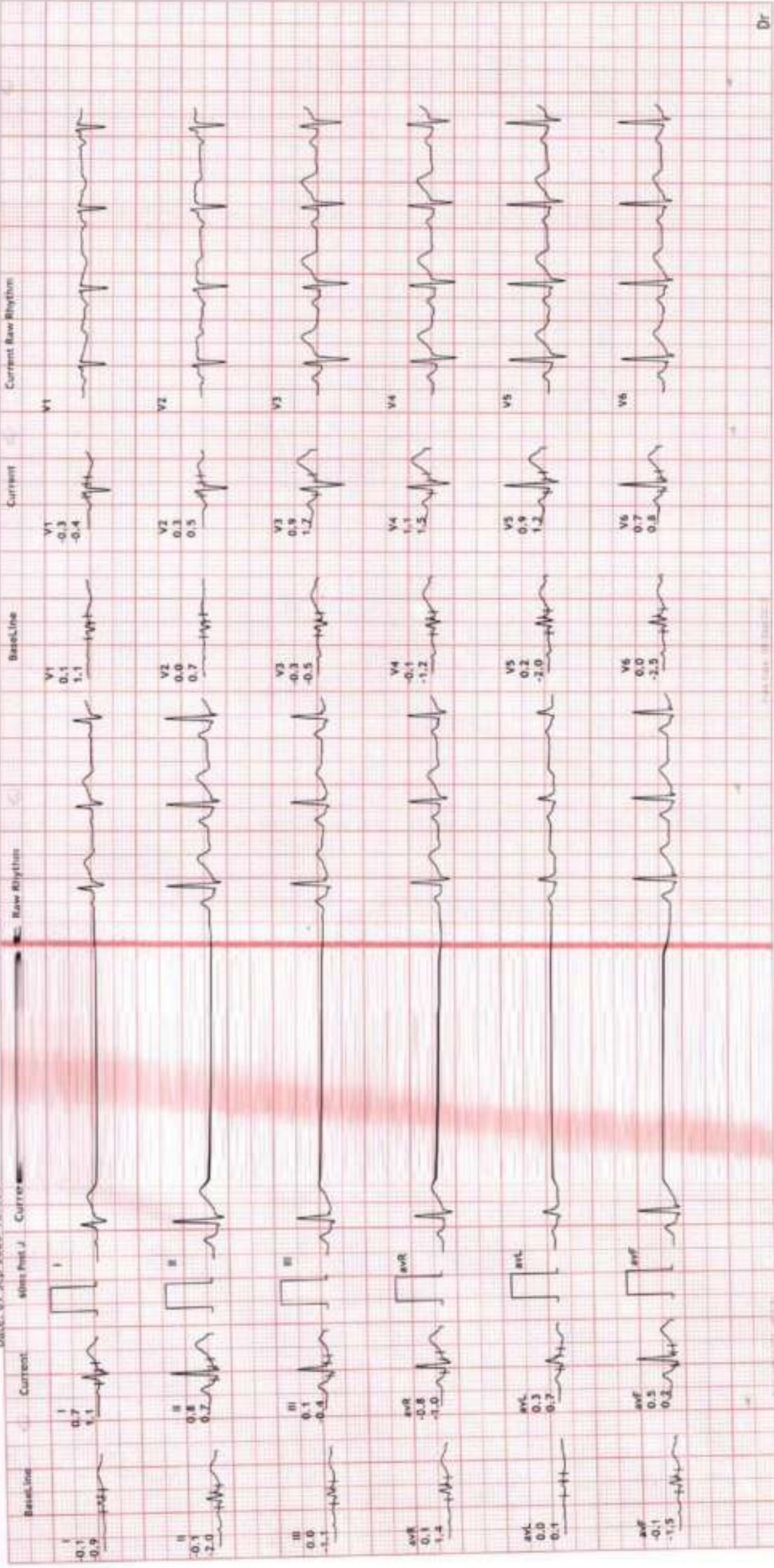
129/MR HIMANSHU JOSHI  
30 Yrs/Male  
0 Kg/70 Cms  
Date: 09-Sep-2023 12:35: PM

MPHR: 45% of 190  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

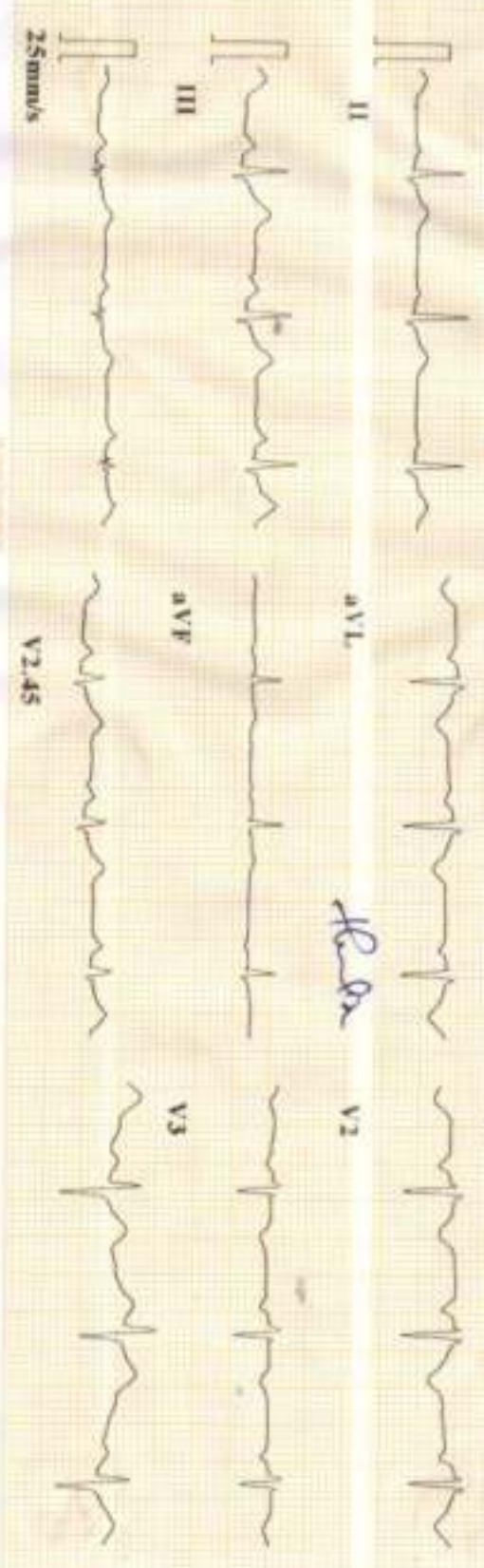
UNIQUE DIAGNOSTIC CENTER  
JAURA COMPOUND, OPP. M. Y. HOSPITAL - INDORE

Ex Time 08:45  
BLC :On  
Notch :On  
Recovery : ( 06:00 )  
10.0 mm/mV  
25 mm/Sec.





10mm/mV 0.25-35Hz AC50  
 09.09.2023 12:43:36  
 aVR  
 MR. Himanshu Joshi  
 V1



ID : 230909-1243  
 Name :  
 Age : 30 yr  
 Sex : male  
 BP :  
 Height : cm  
 Weight : kg

HR : 73 bpm  
 P Dur : 111 ms  
 PR Int : 163 ms  
 QRS Dur : 91 ms  
 QT/QTc Int : 361/399 ms  
 P/QRS/T axis : 75/31/56 °  
 RV5/SV1 amp : 0.884/0.642 mV  
 RV6/SV2 amp : 1.576 mV  
 RV6/SV2 amp : 0.942/0.441 mV

Minnesota Code:  
 9-4-2(V4)

Diagnosis Information:  
 800: Sinus Rhythm  
 \*\*\*Normal ECG\*\*\*

Report Confirmed by:



MM  
 Dr. Mahendra Chourasia  
 M.D., D.M. (Cardio)