

Name : Ms. SARSWATI KM SHAW (30 /F)

Date : 27/07/2024

Address :

Examined by:

UHID : AMHL.0002392026

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH212923



CHIEF COMPLAINTS

For general health checkup
Shortness of breath
Acidity
Visual disturbances



DRUG ALLERGY

NO KNOWN ALLERGY :27/07/2024



Past medical history

Do you have any allergies? - No
Covid 19 - No



Surgical history

Caesarian section - 2

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
Female - 1
Male - 1
Occupation - house wife
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Chews paan - No
Physical activity - Moderate
- home exercise



Family history

Father - alive
Aged - ???????
Mother - alive
Aged - 58

Brothers - 1
Sisters - 1
Diabetes - mother
Hypertension - father
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height - 164
Weight - 68
BMI - 25.28
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 123
Diastolic(mm of Hg) - 88
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

Ophthalmology consultation

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Ophthalmology findings - PGVA:RE:6/9 LE:6/9
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:
WNL ANT.SEG: WNL
ACCPT:SPECTACLE PWR
RE:-2.75/-0.50X175*(6/6,N6)
LE:-2.50DS(6/6,N6)
ADVICE:*Glass Rx.*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 12.8 | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.85 * | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 39.9 | % | ● | 36-46 |
| MCV | 82.3 * | fl | ● | 83-101 |
| MCH | 26.3 * | pg | ● | 27-32 |
| MCHC | 32.0 | % | ● | 31.5-34.5 |
| RDW | 13.6 | % | ● | 11.8-14.0 |
| WBC Count | 6700 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.71 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 53 | % | ● | 40-80 |
| Lymphocytes | 35 | % | ● | 20-40 |
| Monocytes | 05 | % | ● | 2-10 |
| Eosinophils | 07 * | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 6 | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume: | 20 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.030 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |
| Epithelial Cells | 0-2 | | | |

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 27 | U/L | ● | 0-35 |
| ALBUMIN - SERUM | 4.5 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 128 * | U/L | ● | 33-98 |
| AST (SGOT) - SERUM | 25 | U/L | ● | 0-35 |
| BILIRUBIN TOTAL - SERUM | 0.5 | mg/dL | ● | 0.3-1.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 138 | mg/dL | ● | 0-200 |
| Non-HDL Cholesterol | 93 | | | |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.7 | mg/dL | ● | 0.6-1.1 |

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 16 | U/L | ● | 0-38 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 97 | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 99 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 4.9 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 45 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 84 | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 9 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.5 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 3.0 | g/dL | ● | 1.8-3.6 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.06 | ng/ml | ● | 0.87-1.78 |
| TOTAL T4: THYROXINE - SERUM | 10.25 | µg/dL | ● | 5.48-14.28 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 45 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-----------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 2.07 | µIU/mL | ● | 0.38-5.33 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 5.3 | mg/dL | ● | 2.4-5.7 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1 | mg/dL | ● | 0.0-0.2 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 11.4 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|--------|------|-------|---------|
| A/G - RATIO | 1.5 | | ● | 1.0-2.0 |

BUN/CREATININE RATIO

| Test Name | Result | Unit | Level | Range |
|----------------------|--------|------|-------|-------|
| BUN/CREATININE RATIO | 15.4 | | | |

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2406130

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SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

* Chest skiagram does not reveal any significant abnormality.

Dr. ARKADEEP DEY
DNB RESIDENT
In consultation with

ECG

SINUS RHYTHM.

LOW "QRS" AMPLITUDES.

PROLONGED QTc (468ms).

NONSPECIFIC T WAVE CHANGES.

PLEASE CORRELATE CLINICALLY.

Dr. KHWAJA KAMRUDDIN
DMRD
DNB RESIDENT
Reg. No. 62704 (WBMC)

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. KHWAJA KAMRUDDIN
DMRD, DNB RESIDENT
Reg. No. 62704 (WBMC)

X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.