

Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	31230200473
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:56
Referred By Receiving Date	HEALTH CHECK MHD11 Feb 2023 10:44	Reporting Date :	11 Feb 2023 13:41

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

B Rh(D) Positive Blood Group & Rh typing

Antibody Screening (Microtyping in gel cards using reagent red cells) Cell Panel I NEGATIVE Cell Panel II NEGATIVE Cell Panel III NEGATIVE Autocontrol NEGATIVE

Final Antibody Screen Result

Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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Dr Himanshu Lamba





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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	:	MR KAPIL BHANOT		Age	:	33 Yr(s) Sex :Male
Registration No	:	MH010772896		Lab No	:	32230204356
Patient Episode	:	H03000052069		Collection Dat	te:	11 Feb 2023 09:55
Referred By Receiving Date	:	HEALTH CHECK MHD 11 Feb 2023 10:58		Reporting Dat	te :	11 Feb 2023 14:44
			BIOCHEMIS	TRY		
Glycosylated Hemoglobin Specimen: EDTA Whole blood						
HbAlc (Glycosyla	tec	Hemoglobin)	5.4	As per American I % Non diabetic adul Prediabetes (At F Diagnosing Diabet	.ts Risk)5.7-6.4
Methodology		(HPLC)				
Estimated Avera	ge	Glucose (eAG)	108	mg/dl		
Commonts . Uhlls		owides an index of a	torage blood	alucasa lavala av	~ +	he past

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.54	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.66	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.550	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

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Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	32230204356
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:55
Referred By Receiving Date	: HEALTH CHECK MHD: 11 Feb 2023 11:00	Reporting Date :	11 Feb 2023 12:52

BIOCHEMISTRY

2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum) TOTAL CHOLESTEROL (CHOD/POD)	228 #	mg/dl	[<200] Moderate risk:200-239
TRIGLYCERIDES (GPO/POD)	110	mg/dl	High risk:>240 [<150]
			Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct)	39	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	22	mg/dl	[10-40]
LDL- CHOLESTEROL	167 #	mg/dl	[<100]
			Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	5.8		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	4.3		<3 Optimal 3-4 Borderline >6 High Risk

Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Name	MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	MH010772896	Lab No :	32230204356
Patient Episode	H03000052069	Collection Date :	11 Feb 2023 09:55
Referred By Receiving Date	HEALTH CHECK MHD 11 Feb 2023 11:00	Reporting Date :	11 Feb 2023 12:50

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	0.64	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.25 #	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.39	mg/dl	[0.20-1.00]
SGOT/ AST (P5P, IFCC)	44.30 #	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	76.20 #	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	75	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.5	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.8	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.7	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.78		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby *New born: 4 times the adult value

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Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	32230204356
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:55
Referred By Receiving Date	: HEALTH CHECK MHD: 11 Feb 2023 11:00	Reporting Date :	11 Feb 2023 12:48

BIOCHEMISTRY

Test Name	Result	Unit E	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	12.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	1.08	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	7.2	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.5	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	2.5	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	140.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.68	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	106.7 #	mmol/l	[95.0-105.0]
eGFR	89.7	ml/min/1.73sc	[.m [>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	32230204356
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:55
Referred By Receiving Date	: HEALTH CHECK MHD: 11 Feb 2023 11:00	Reporting Date :	11 Feb 2023 12:52

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
TOTAL PSA, Serum (ECLIA)	0.743	ng/mL	[<2.000]

Note : PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

Some patients who have been exposed to animal antigens, may have circulating anti-animal antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

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Neefam Su

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





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Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	32230204357
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:57
Referred By Receiving Date	: HEALTH CHECK MHD: 11 Feb 2023 11:06	Reporting Date :	11 Feb 2023 12:08

BIOCHEMISTRY

Specimen Type : Serum/Plasma Plasma GLUCOSE-Fasting (Hexokinase) 87 mg/dl [70-100] Page7 of 11 -----END OF REPORT--Neelane \$

> Dr. Neelam Singal CONSULTANT BIOCHEMISTRY







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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	33230202619
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:56
Referred By Receiving Date	: HEALTH CHECK MHD : 11 Feb 2023 10:35	Reporting Date :	11 Feb 2023 13:38

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR	4.0	/1st

chour [0.0-10.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bio	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	4580	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.37	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	16.3	g/dL	[13.0-17.0]
Haematocrit (PCV)	48.6	8	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	90.5	fL	[83.0-101.0]
MCH (Calculated)	30.4	pg	[25.0-32.0]
MCHC (Calculated)	33.5	g/dL	[31.5-34.5]
Platelet Count (Impedence)	159000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.9	8	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	56.7	00	[40.0-80.0]



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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR KAPIL BHANOT	Age :	33 Yr(s) Sex :Male
Registration No	: MH010772896	Lab No :	33230202619
Patient Episode	: H03000052069	Collection Date :	11 Feb 2023 09:56
Referred By Receiving Date	: HEALTH CHECK MHD : 11 Feb 2023 10:35	Reporting Date :	11 Feb 2023 11:16

	HAEMATOLOGY		
Lymphocytes (Flowcytometry)	32.8	90	[20.0-40.0]
Monocytes (Flowcytometry)	7.0	90	[2.0-10.0]
Eosinophils (Flowcytometry)	2.6	90	[1.0-6.0]
Basophils (Flowcytometry)	0.9 #	8	[1.0-2.0]
IG	0.00	90	
		x10 ³	

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT----

Dr.Lakshita singh





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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	:	MR KAPIL BHANOT	Age	:	33 Yr(s) Sex :Male
Registration No	:	MH010772896	Lab No	:	38230200692
Patient Episode	:	H03000052069	Collection Dat	te :	11 Feb 2023 09:56
Referred By Receiving Date	:	HEALTH CHECK MHD 11 Feb 2023 11:59	Reporting Dat	te :	11 Feb 2023 16:56

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	5.0	(5.0-9.0)
(Reflectancephotometry(Indicator Method	od))	
Specific Gravity	1.020	(1.003-1.035)
(Reflectancephotometry(Indicator Method	od))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Met)	nod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Bene	dict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test)	/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium salt	reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Ester	rase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual) Me	ethod: Light microscopy on	centrifuged urine
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

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Patient Episode	:	H03000052069	Collection Dat	e :	11 Feb 2023 09:56
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CLINICAL PATHOLOGY

Interpretation:

 $\tt URINALYSIS-Routine$ urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise. Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in

various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

	END C	Œ	REPORT		
			I	Dr.Lakshita singh	
-			-	-	
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Name:	KAPIL BHAN	ОТ		Hospital No:	MH010772896	
Age: 33	Sex:	Μ		Episode No:	H03000052069	
Doctor:	Health Check	MHD		Result Date:	13 Feb 2023 11:57	I
Order:	Tread Mill Tes	st				
Findings:	<u>.</u>	EST REPORT				
Baseline E		Nil				I
Premedica	ltions	Nil	i -			I
Protocol Duration of Reason for Peak achie	r termination	Bruce 10 Minutes 07 THR achieved 162			MPHR 85% OF MPHR METS %of MPHR achieved	187 158 12.80 86%
Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T	changes/arrhythmia)	Sympton
Control	0.00	82	130/80	No ST-T ch	nanges	Nil
Stage I	3.00	107	130/80	No ST-T ch	0	Nil
Stage II	3.00	126	140/80	No ST-T ch	•	Nil
Stage III	3.00	144	150/80	No ST-T ch	•	Nil
Stage IV	1.07	162	160/80	No ST-T ch	8	Nil
Recovery	3.00	114	140/80	No ST-T ch	hanges	Nil

Result:

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.

Name:KAPIL BHANOTAge:33Sex:MDoctor:Health Check MHDOrder:Tread Mill Test

Hospital No:MEpisode No:HResult Date:1

MH010772896 H03000052069 13 Feb 2023 11:57

DR. SAMANJOY MUKHERJEE MD, DM CONSULTANT CARDIOLOGIST DR. (MAJ) J S KHATRI MBBS, PGDCC, FNIC SPECIALIST (NON-INVASIVE CARDIOLOGY)

> Dr Samanjoy Mukherjee ASSOCIATE CONSULTANT

Name:	KAPIL BHANOT					
Age:	33	Sex:	М			
Doctor:	He	Health Check MHD				
Order:	Ul	Ultrasound abdomen n pelvis				

Hospital No:MH01Episode No:H0300Result Date:11 Fel

MH010772896 H03000052069 11 Feb 2023 13:46

USG WHOLE ABDOMEN

Results:

Liver is borderline enlarged in size measuring ~15.4 cm and shows grade II fatty changes. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is obscured by bowel gases.

Spleen is normal in size ~10.8 cm and echopattern.

Both kidneys are normal in position, size (RK~11.5 cm and LK ~9.8 cm) and outline. Corticomedullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in shape and echopattern. It measures ~24.3 cc in volume.

No significant free fluid is detected.

Kindly correlate clinically.

Dr Divya Jain ASSOCIATE CONSULTANT

NAME	Kapil BHANOT	STUDY DATE	11-02-2023 10:22:14
AGE / SEX	033Yrs / M	HOSPITAL NO.	MH010772896
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	11-02-2023 11:46:07	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Poor inspiratory effort.

Visualised lung fields shows prominent bronchovascular markings.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically

Dr.Pankaj Saini `MD,DHA, DMC reg. no. 15796 Consultant Radiologist

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

NAME	Kapil BHANOT	STUDY DATE	11-02-2023 10:22:14
AGE / SEX	033Yrs / M	HOSPITAL NO.	MH010772896
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	11-02-2023 11:46:07	REFERRED BY	Dr. Health Check MHD

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.