

3

Subject: Health Check up Booking Confirmed Request(bobE47976),Package Code-PKG10000228, Beneficiary Code-27166

Mediwheel <wellness@mediwheel.in>

Sent: Tue, 10 Oct 2023 18:15:46 GMT+0530

To: You

Cc: customercare@mediwheel.in

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MedSave

011-41195959

Email:wellness@mediwheel.in

Hi Metro Hospital & Heart Institute,
Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000228

Beneficiary Name : MS. PANT MEGHNA

Member Age : 28 32

Member Gender : Female

Member Relation : Employee

Package Name : Medi-Wheel Full Body Health Checkup Female Below 40

Location : HARDWAR,Uttarakhand-249401

Contact Details : 8764473215

Booking Date : 10-10-2023

Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY... Mediwheel (Bids)

3

EMPLOYEE NO. 115605 DEPTT. : Operations DATE 14/10/23

NAME Meghna Pant AGE/SEX 32/F DOB.....

DESIGNATION..... MOBILE NO 8764473215

CHEST (INSP).....cm. CHEST (EXP).....cm. CHEST EXPANSION.....cm

HEIGHT 154 cm. WEIGHT 68 Kg. BMI.....

P/R 76 per mt. BP 97/75 mmHg SIGN OF EMP Meghna

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
1	LAB INVESTIGATIONS	Path Lab	Hb <u>12.8 gm/l</u> TLC <u>7760</u> / DLC <u>6.2% / 1.6</u> F <u>0.6</u> / PP <u>97</u> / RBS <u>HS 15.65-5.1</u>
2	BLOOD SUGAR F/PP/RANDOM	Path Lab	
3	BLOOD GROUP	Path Lab	<u>B+</u>
4	URINE	Path Lab	<u>ALS NIL / Sugar NIL</u>
5	STOOL	Path Lab	
6	X RAY CHEST PA	Radiology	<u>NAD</u>
7	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Normal study</u>
8	ECG	Health check up	<u>WNL</u>
9	ECHO	Radiology	<u>Normal study</u>
10	TMT	Radiology	<u>-</u>
11	PFT	Health check up	<u>-</u>
12	AUDIOMETRY	25	<u>-</u>
13	ENT EXAM	25	<u>-</u>
14	DENTAL EXAMINATION	24	<u>Stating (N) / Hygiene good / correct</u>
15	ACUITY OF VISION/COLOUR VISION	13	<u>AVT 6/6 gl N/A CV (N)</u>
16	EXAMINATION BY PHYSICIAN	23	<u>Hypertension + / peo</u>
17	Gynae Opinions		<u>done</u>

Observations -
 TFT - WNL
 Lipid - WNL
 LFT - WNL
 KFT - WNL



DR. ANIL SINGH
 MBBS, AFIH, DHA
 Consultant Occupational Health
 Reg No -UKMC-2831
 Metro Hospital & Heart Institute
 SIDCUL, Haridwar-249403 (U K)



Patient Name Meghna Pant Age/Sex Reg.No.....
Doctor Dr. Naman Agarwal
Date..... Time.....

DENTAL EXAMINATION

➤ **TEETH STATUS** = NIL

• **MISSING** - NIL

• **DECAYED** - NIL

➤ **ORAL HYGIENE STATUS** = Good

• **STAINS** - Abs

• **CALCULUS** - Abs

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we treat...HE CURES

Metro Hospital & Heart Institute

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OPD CONSULTATION

Patient Name Meghaa Pant Age/Sex 32y/F Reg. No.

Doctor's Name Dr. Sushil Kumar

Date 14/10/23

Time

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt 6/6
Lt 6/6 = glass

NEAR VISION-

Rt N/6
Lt N/6
COLOUR VISION - Natural

EYE EXAMINATION

- Cornea
- Ant Chamber
- Pupil
- Fundus Examination

ADVICE-

Dr. Sushil Kumar, MBBS, MS (Ophtho)
Consultant Ophthalmology
Metro Hospital & Heart Institute
Sidcul, Haridwar, Reg. No. 2672 (UK)

Signature

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

Mrs Meghna Pant

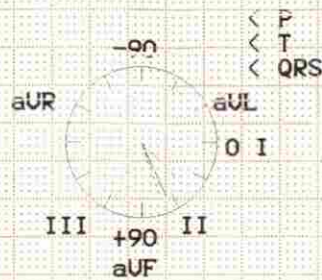
HR 58 bpm

328/F

14-10-23

Measurement Results:

QRS : 76 ms
 QT/QTcB : 386 / 381 ms
 PR : 136 ms
 P : 92 ms
 RR/PP : 1024 / 1040 ms
 P/QRS/T : 70/ 65/ 45 degrees
 QTD/QTcBD : 30 / 30 ms
 Sokolow : 1.2 mV
 NK : 8

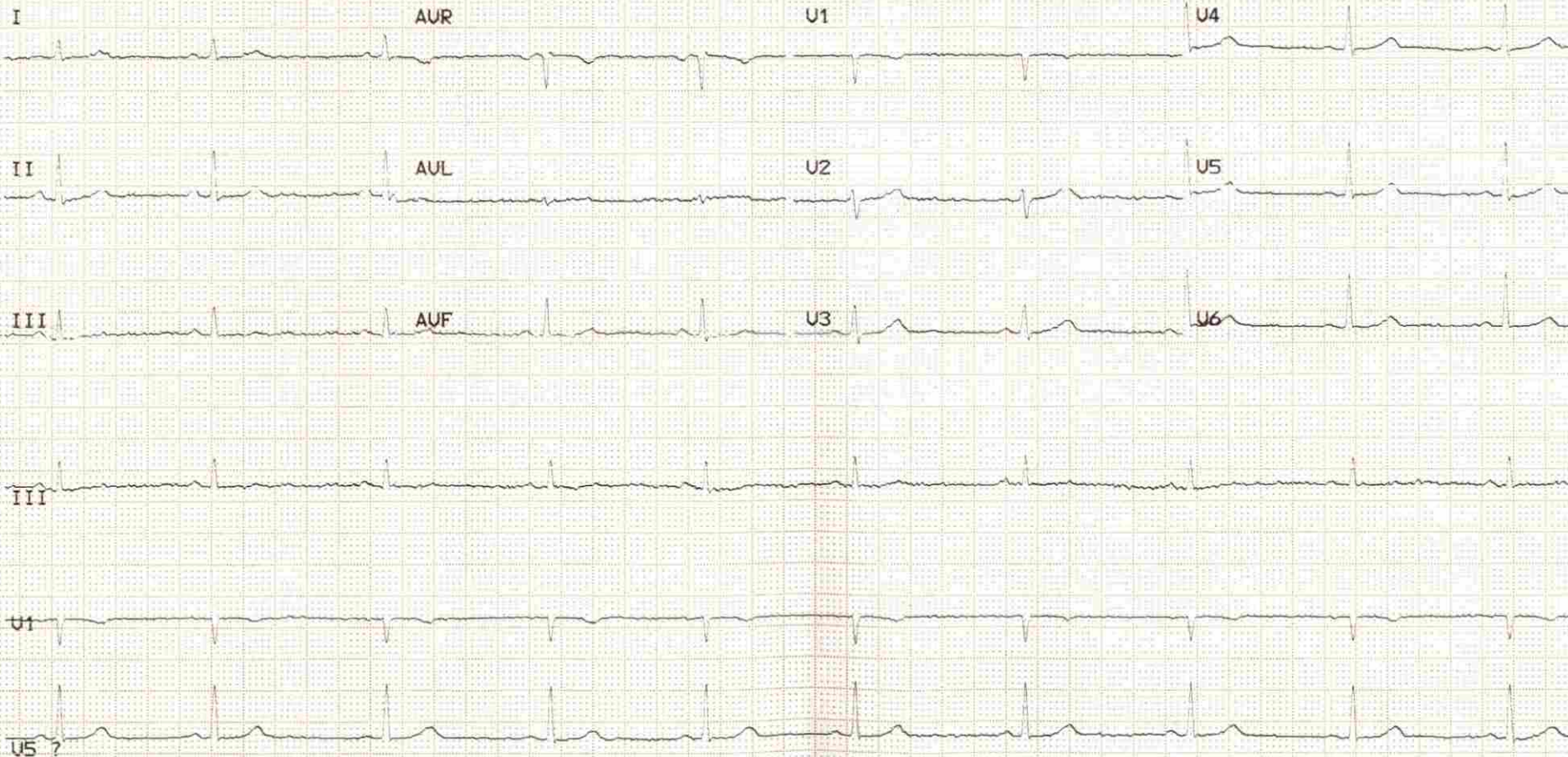


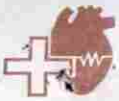
Interpretation:

low QRS amplitudes
 probably abnormal ECG

Handwritten scribble

Unconfirmed report.





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OPD INITIAL ASSESSMENT



Dr. Name: Dr. Sonu Rishi, MBBS MD (Gynae & Obs)
 OPD TIMING: Consultant Gynae & Obs
 Metro Hospital & Heart Institute
 Regn. No. Sidcul, Haridwar, Reg. No. 1294 (UKMG)
 Tel. No. +91-81919 02600

NAME OF PATIENT
Mr. Megha

AGE/SEX
37

ID NO.

DATE / IN TIME
14/07/23

PRESENT COMPLAINT :

40 Severe vaginismus.

1st - No focal lesion
- vaginal mts higher
- no swelling; slight form discharge

PAST HISTORY :

(Patient was kept abx to tolerate)

FAMILY HISTORY :

EXAMINATION :

Acro's Speculum well lubricated & dyspareunia (jelly)

Do consult Cosmetic Gynaecologist

DIAGNOSIS :

DRUG ALLERGY :

FOR OPD APPOINTMENT : +91-1334-6666 60, 2390 40, 42, 43

INVESTIGATION / TREATMENT / PREVENTIVE CARE / NUTRITION ADVISED

an obs for PMS

Abx
 y. CEFIZAN Puss 12
 o. J. CHYMOLEN Puss 12
 o. C. LACISQUET 12
 o. C. RABENIC - DJR 24 }
ENTIRE VAG TASTY 403
Verena gel (up intensely)

(DOCTOR SIGNATURE)

OUT TIME

Next Followup:

NUTRITIONAL SCREENING:- Wt. Loss Loss Of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain scale

0. NO PAIN 02 Mild Pain 04 Annoying Pain 06 Moderate Pain 08 Severe Pain 10 Worst Pain

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Mr. [Name]

27

[Name]

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Radiology Investigation Report

(3)

Name : Mrs. Meghna Pant
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311299
Date : 14/10/2023

Age/Sex : 32 Y/F
UHID NO : 2023017996
Request No : 70240483

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & echotexture. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

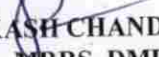
Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : NORMAL STUDY


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.



Radiology Investigation Report


Name : Mrs. Meghna Pant
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311299
Date : 14/10/2023

Age/Sex : 32 Y/F
UHID NO : 2023017996
Request No : 70240483

X-RAY CHEST PA View

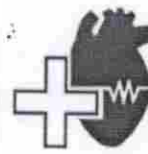
Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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2D ECHOCARDIOGRAPHY

Name:	Mr. Megha Pant	UHID No:	2023017996
Age/Sex:	32Y/F	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	14.10.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	0.9	(0.6 – 1.1 cm)
LVPW (ED)	1.1	(0.6 – 1.1 cm)
LVID (ED)	3.8	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.1	(2.0 – 3.7 cm)
LA dimension	3.3	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 66, A – 81, E/A<1	
Aortic	Nil	Vel – 111	
Tricuspid	Trace	Vel – 235	PASP – 25
Pulmonary	Nil	Vel – 80	

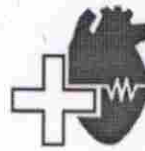
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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace MR, Trace TR, PASP 25 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883

Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

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Pathology Report

Name : Mrs. Meghna Pant
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202311299
 Sample Date : 14/10/2023
 Reporting Date: 15/10/2023

Age/Sex : 32 Y/F
 UHID : 2023017996
 Request No. : 10374718
 Sample Time : 10:08
 Reporting Time : 00:57

Test	Result	Unit	Bio. Ref.	Inter. Test Method
------	--------	------	-----------	--------------------

Hematology

BLOOD GROUP

ABO	B		-	
Rh	POSITIVE		-	

CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

HB	12.8	gm/dl	F - 11.5-15	
TLC	7760	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	65	%	45-75	
LYMPHOCYTES	25	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	--<	
RBC	4.59	million	3.5-5.5	
PCV	42.2	%	36-52	
MCV	91.9	fL	80-100	
MCH	27.9	PG	27-32	
MCHC	30.3	gm/dl	31-37	
PLATELET COUNT	3.13	lakh/cumm	1.5-4.5	
RDW	12.9	%	11.5-15	
ESR	20	mm/hr	20	

Serology & Immunology

THYROID PROFILE

T3	2.06	nmol/L	1.70-3.10	
T4	14.0	µg/dl	5.95-15.4	
TSH	4.66	µIU/L	0.46-4.68	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

Checked By

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
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4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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10/15/2023 1:51 AM



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Test	Result	Unit	Bio. Ref. Inter. Test Method
------	--------	------	------------------------------

Biochemistry

HB1AC	5.8	%	4.5-6.3
BLOOD SUGAR -PP	97.0	mg/dl	70.0-140.0
BLOOD SUGAR -FASTING	86.0	mg/dl	70.0-110.0

LIPID PROFILE

TOTAL CHOLESTEROL	158.0	mg/dl	00-250.0
HDL-CHOLESTEROL	38.0	mg/dl	00-50.0
LDL	97.0	mg/dl	00-150.0
TRIGLYCERIDES	115.0	md/dl	30-150
VLDL	23.0	mg/dl	0-50
CHOL/HDL Ratio	4.1		<4.5

LFT (LIVER FUNCTION TEST)

BILIRUBIN INDIRECT	0.31	mg/dl	0.2-0.8
SGOT	22.0	U/L	10-42
SGPT	18.0	U/L	10-42
BILIRUBIN TOTAL	0.61	mg/dl	0.2-1.0
ALKALINE PHOSPHATASE	105.0	IU/L	28-111
BILIRUBIN DIRECT	0.30	mg/dl	0.1-0.4
TOTAL PROTEIN	6.5	gm/dl	6.4-8.2
ALBUMIN	3.5	g/dl	3.5-5.0
GLOBULIN	3.0	gm/dl	2.0-4.0
AG RATIO	1.2		-

KFT (KIDNEY FUNCTION TEST)

UREA	20.6	mg/dl	15-45
SODIUM	143.0	mmol/L	135-155
CREATININE	0.76	mg/dl	0.6-1.3
URIC ACID	5.3	mg/dl	3.0-7.6
BUN	9.8	mg/dl	05-20
POTASSIUM	5.0	mmol/L	3.5-5.5
CALCIUM	10.0	mg/dl	8.5-10.5

*** End of Reports ***

Dr. Vishal Arora
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 (Consultant Pathologist)

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 Checked By

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 Sample Time : 10:08
 Reporting Time: 00:57

Test	Result	Unit	Bio. Ref. Inter. Test Method
Urine Examination			
URINE SUGAR	NIL		
URINE ROUTINE ANALYSIS			
PHYSICAL EXAMINATION			
COLOUR	STRAW	-	
TRANSPARENCY	TURBID	-	
S. GRAVITY	1.020	-	
CHEMICAL EXAMINATION			
ALBUMIN	NIL	-	
SUGAR	NIL	-	
pH	6.0	-	
BLOOD	NIL	-	
KETONE	NIL	-	
MICROSCOPIC EXAMINATION			
PUS CELLS	2-3	-	
EPITHELIAL CELLS	10-15	-	
RBC	NIL	-	
CRYSTALS	NIL	-	
CAST	NIL	-	
BACTERIA	NIL	-	
AMORPHOUS PHOSPHATE	NIL	-	
AMORPHOUS URATES	NIL	-	

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