



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012210220024	Reg No/BarcodeNo	: 470474/01447046
Patient Name	: Mr..SHIV PRAKASH SINGH	Reg. Date	: 22/Oct/2022 10:00AM
Age/Sex	: 52 Y / Male	Sample Taken Date	: 22/Oct/2022 10:34AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 22/Oct/2022 12:38PM
Referred By Doctor	: Dr. B O B		

Blood Sugar (Fasting)

Blood Sugar Fasting 101 mg/dl 70 - 100
Glucose Oxidase Peroxidase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 120 mg/dl 70-140
Glucose Oxidase Peroxidase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 31 IU/l 15 - 73

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 10 mg/dl 9.00 - 20.00
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 1.05 mg/dl 0.66 - 1.25
Aminohydrolase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 6.0 mg/dl 3.5 - 8.5
Uricase Peroxidase

Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL Reflectance spectrophotometry	1.30	mg/dl	0.20 - 1.30
BILIRUBIN DIRECT Reflectance Spectrophotometry	0.45	mg/dl	0.0 - 0.3
BILIRUBIN INDIRECT Reflectance Spectrophotometry	0.85	mg/dl	0.10 - 1.1
SGOT /AST Mutipoint Rate with P-5-P	34	U/L	15 - 46
SGPT /ALT UV with P5P	42	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP BUFFER	69	U/L	38 - 126
PROTEIN TOTAL Biuret	7.6	g/dl	6.4 - 8.3
ALBUMIN BCP	5.1	g/dl	3.5 - 5.0
GLOBULIN Calculated	2.5	g/dl	2.3 - 3.5
A/G RATIO Calculated	2.04	Ratio	1.5 - 2.5

Sample Type:Serum



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Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	248	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Glucero Kinase	157	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	56	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	160.6	mg/dl	70 - 130
VLDL CALCULATED Calculated	31.4	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	4.43	Ratio	Less than 4.0
LDL / HDL RATIO	2.87		

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	10	mg/dl	9.00 - 20.00
CREATININE, Serum Aminohydrolaase	1.05	mg/dl	0.66 - 1.25
Ratio	9.52		

Sample Type:Serum



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 22/Oct/2022 04:37PM
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MEDIWHEEL MALE ABOVE 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)



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URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.020	1.001-1.030
pH (methylred/Bromothymol blue method)	6.0	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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MEDIWHEEL MALE ABOVE 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	14.4	g/dl	13.5-17.5
TLC Impedence	6600	/cumm	4000-11000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	52	%	40-80
LYMPHOCYTE DHSS/Microscopic	37	%	24-44
EOSINOPHIL DHSS/Microscopic	6	%	01-06
MONOCYTE DHSS/Microscopic	5	%	3-6
Platelet Impedance/Microscopic	190	10 ³ /μL	140 - 440
RBC COUNT Impedance	5.2	10 ⁶ /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	46.1	%	41-53
MCV Calculated	89.1	fL	83-91
MCH Calculated	27.8	pg	26-34
MCHC Calculated	31.2	g/dL	31-37
RDW-CV Calculated	14.7	%	11.6 - 14.0
MPV	12.4	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.4	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.4	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.3	10 ³ /μL	0.0.20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.4	10 ³ /μL	0.02 - 0.50
N/L Ratio	1.42	Ratio	Normal:1-3,Mildly High: 4-6,Moderately High:7-9



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Sample Type Whole Blood EDTA

Severly High: >9.0

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) 8 m m 0 - 14
WESTERGREN

Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO O
Reverse & Forward
Rh POSITIVE
Reverse & Forward

Sample Type:EDTA Blood



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HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 5.7 %
Average of Glucose Level 117 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL 1.33 ng/mL 0.35 - 1.93
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL 10.6 µg/dl 4.50 - 10.9
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 1.59 µIU/ml 0.35 - 5.50
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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PSA/PROSTATE SPECIFIC ANTGEN TOTAL

PSA TOTAL 0.36 ng/ml 0.00 - 4.00
CMIA

Note:

Normal PSA does not exclude Prostatic Carcinoma.

DISTRIBUTION OF PSA VALUES IN BPH AND PROSTATE CARCINOMA

PSA BPH CARCINOMA

0-4 ng/mL 74 % 7%

4-10ng/mL 20% 17%

> 10ng/mL 6% 76%

*Not in NABL scope

Sample Type:Serum



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MEDIWHEEL MALE ABOVE 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.

COSTOPHRENIC ANGLES ARE CLEAR .

INCREASE IN THE TRANSVERSE CARDIAC DIAMETER IS NOTED.

HILAR SHADOWS ARE HEAVY.

ACCENTUATED MARKINGS SEEN.

NO PARENCHYMAL LESION IS NOTED.

ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR

114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M / 0 Cms / 0 Kg Date: 22-Oct-2022 Refd By : BANK OF BARODA

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:37	0:01	00.0	00.0	01.0	85	118/74	100	00	
Standing	00:52	0:01	00.0	00.0	01.0	79	118/74	093	00	
HV	01:02	0:01	00.0	00.0	01.0	081	118/74	095	00	
ExStart	01:11	0:01	00.0	00.0	01.0	080	118/74	094	00	
BRUCE Stage 1	04:11	3:00	01.7	10.0	04.7	122	128/78	156	00	
BRUCE Stage 2	07:11	3:00	02.5	12.0	07.1	136	138/82	187	00	
PeakEx	08:56	1:45	03.4	14.0	08.9	161	148/86	238	00	
Recovery	09:55	1:00	00.0	00.0	01.2	121	142/84	228	00	
Recovery	10:55	2:00	00.0	00.0	01.0	97	138/82	166	00	
Recovery	12:04	3:08	00.0	00.0	01.0	098	130/78	127	00	

Findings :

Exercise Time : 07:46
 Max HR Attained : 161 bpm 96% of Target 168
 Max BP Attained : 148/86
 Max WorkLoad Attained : 8.9 Fair response to induced stress
 Max ST Dep Lead & Value : V2 & -2.1 mm
 Duke Treadmill Score : 12.1
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 96% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

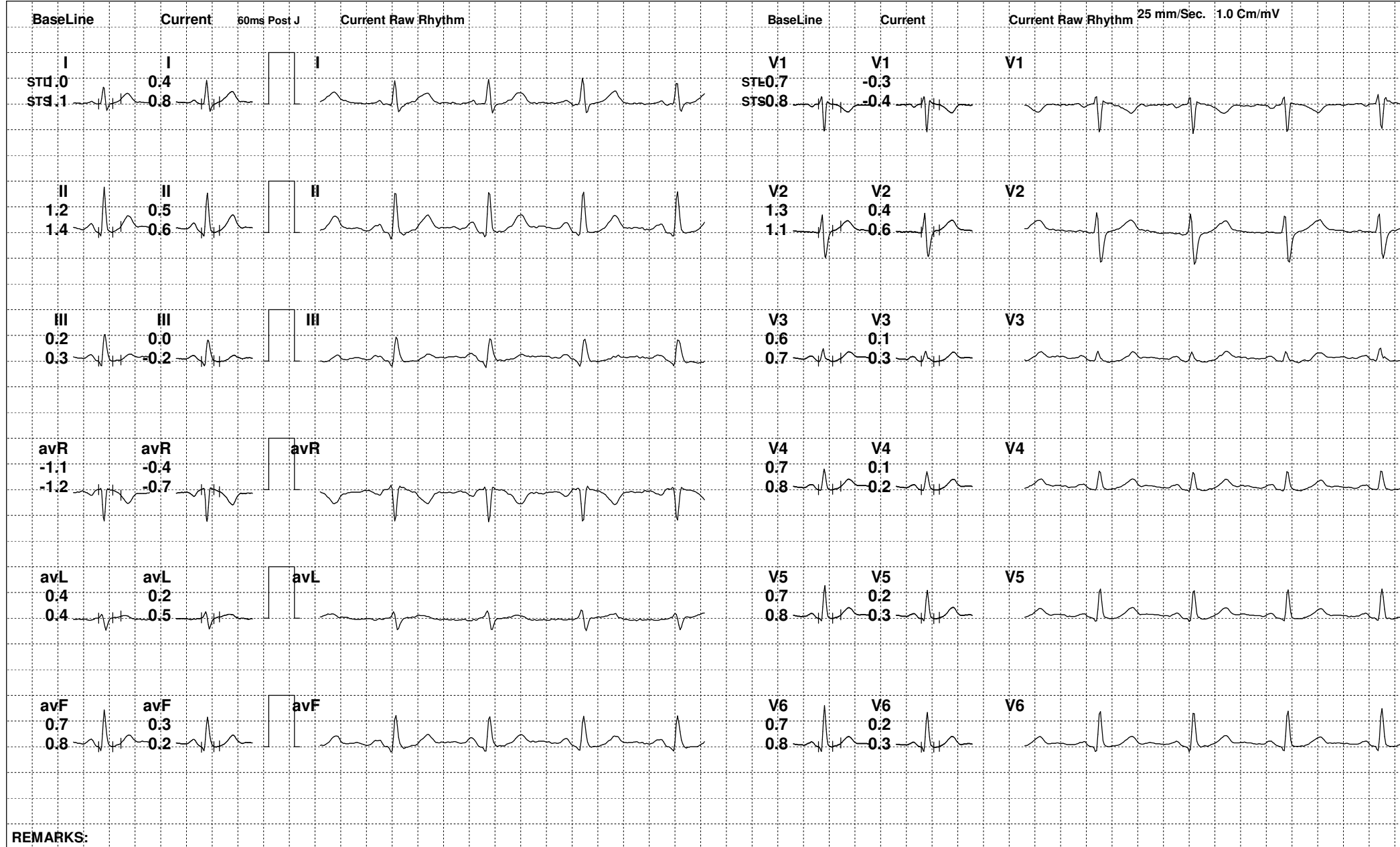
Doctor : DR. KUSH KUMAR TYAGI D.M.



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.0/ 85 bpm 50% of THR BP: 118/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:35 0.0 mph, 0.0%



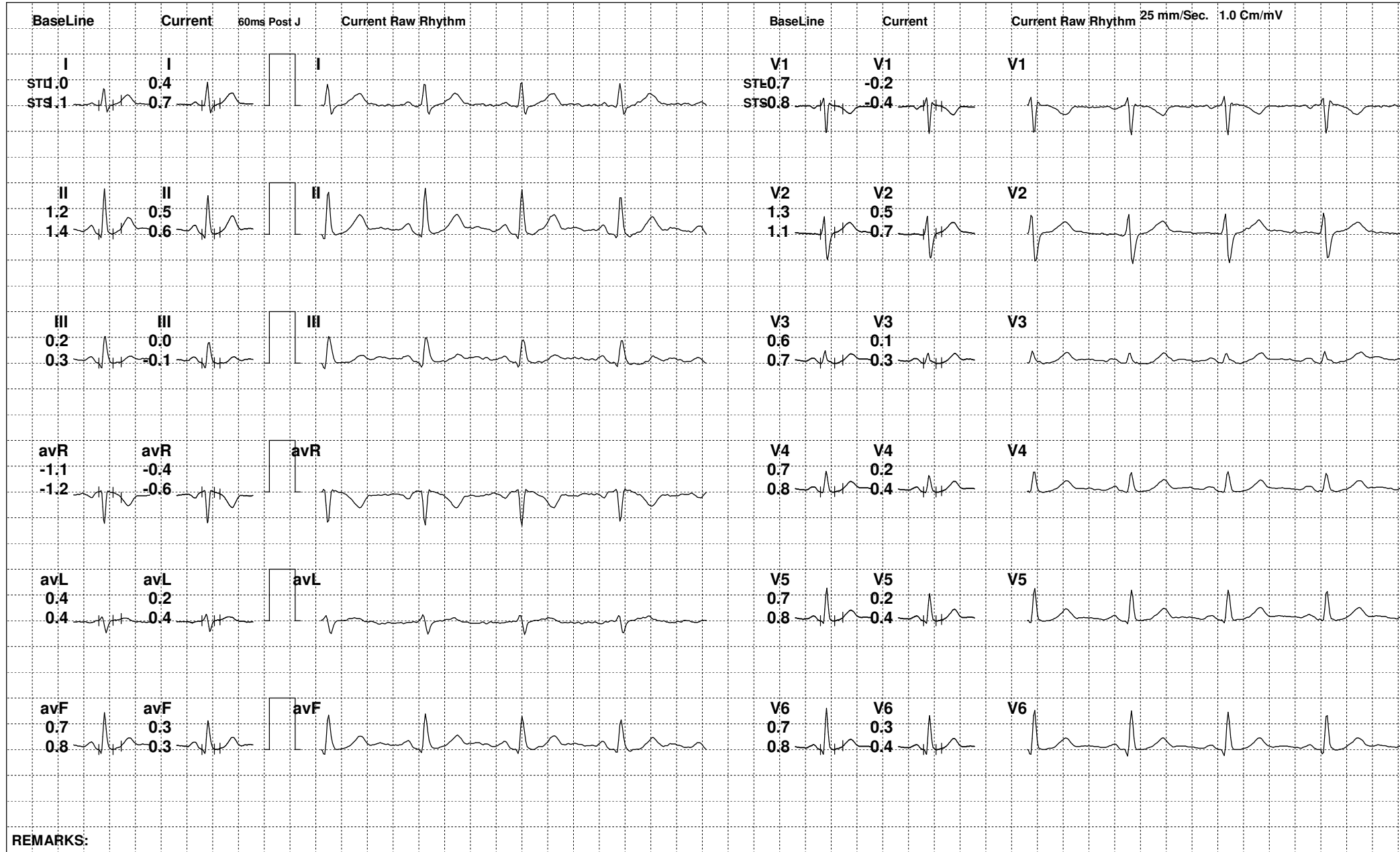
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.0/ 79 bpm 47% of THR BP: 118/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:50 0.0 mph, 0.0%



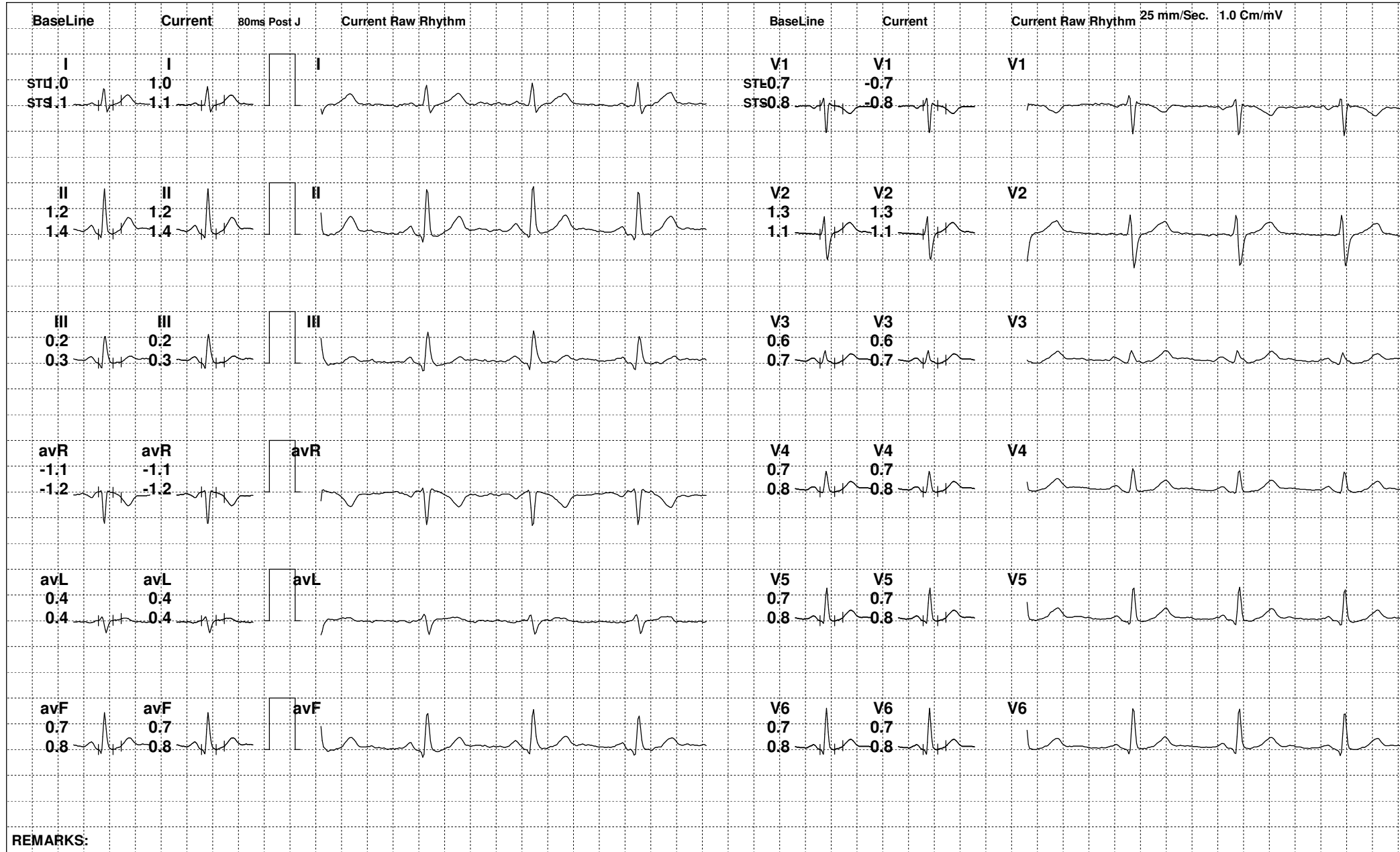
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.0/ 73 bpm 43% of THR BP: 118/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:00 0.0 mph, 0.0%



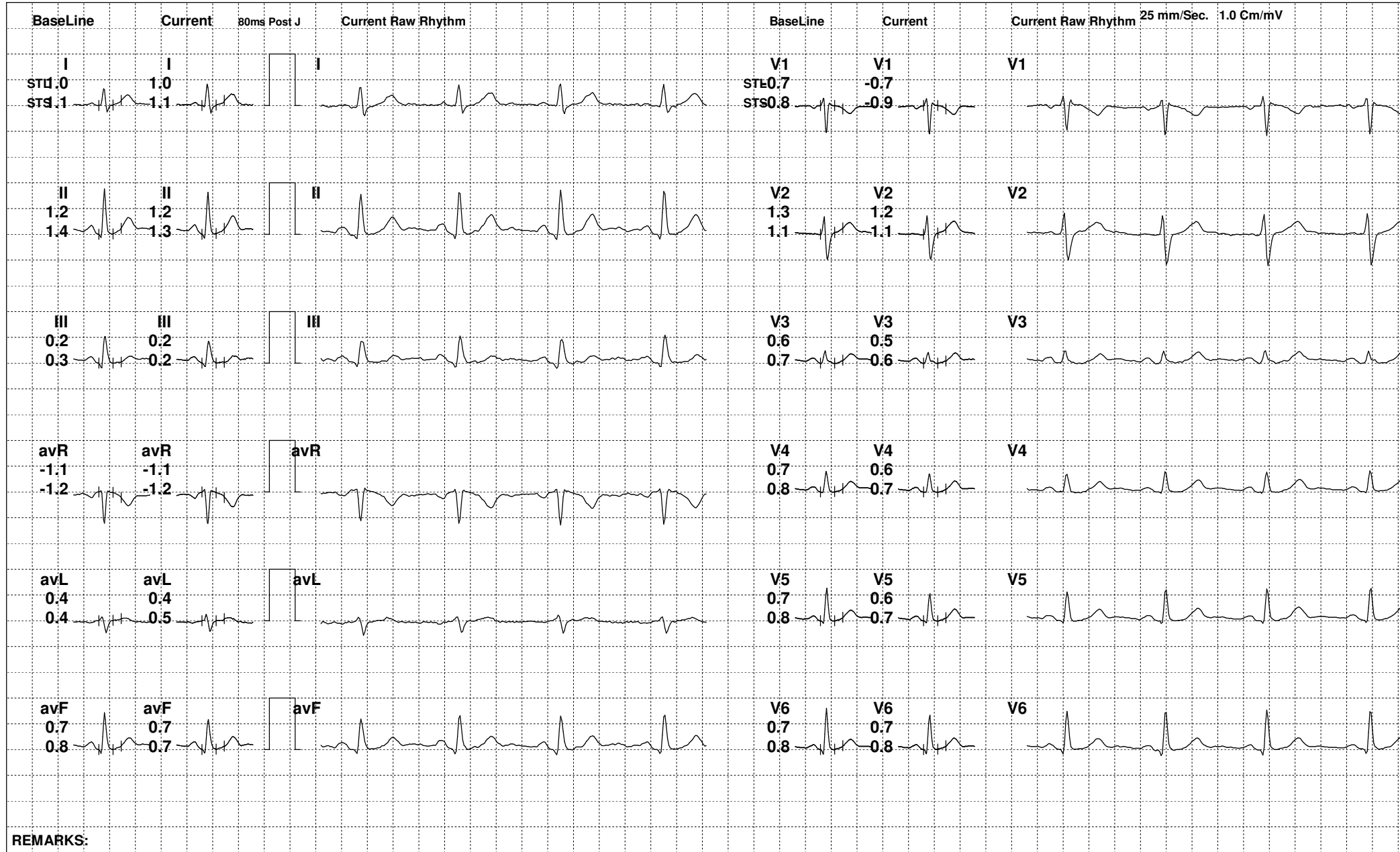
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.0/ 79 bpm 47% of THR BP: 118/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:09 0.0 mph, 0.0%



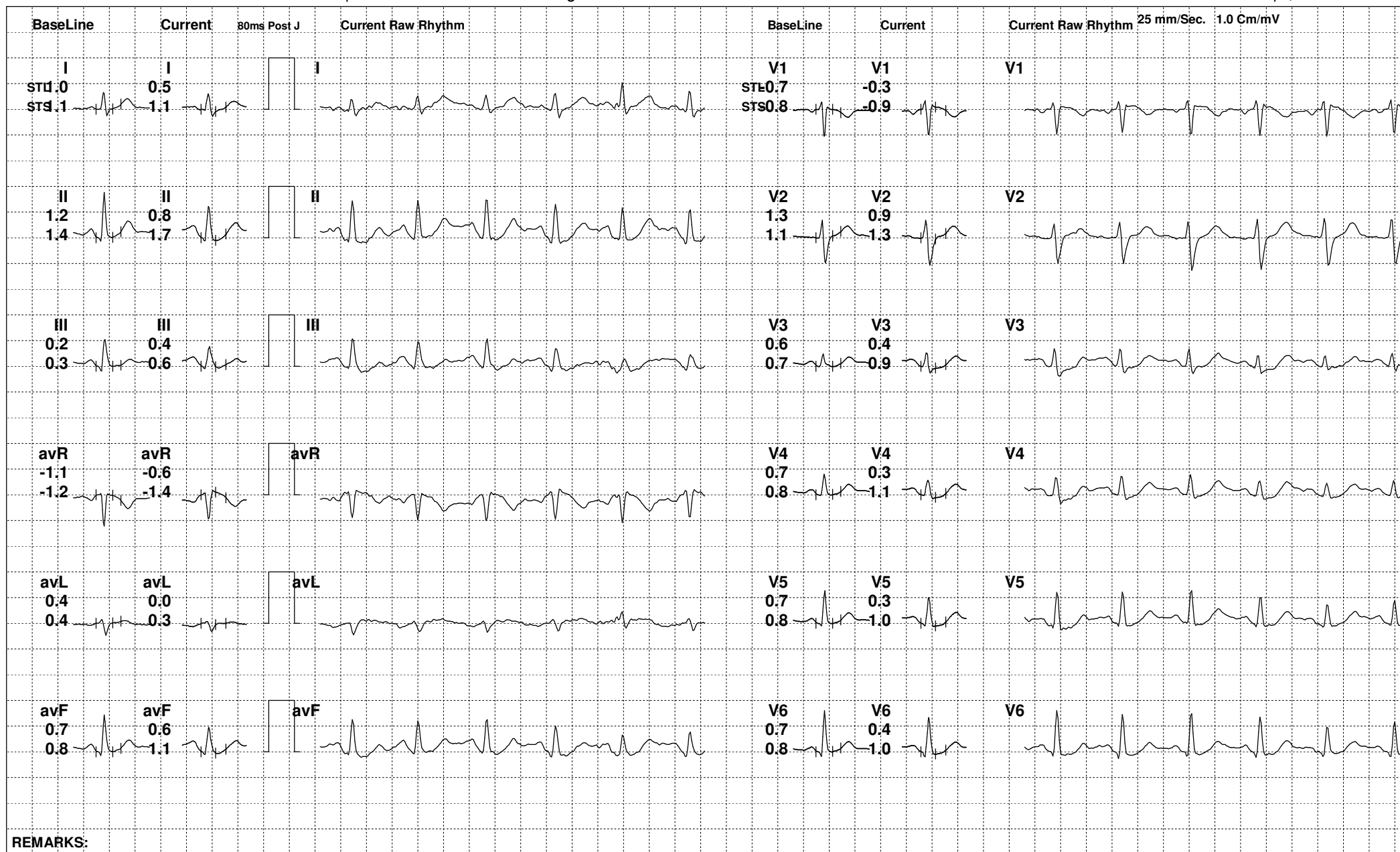
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 4.7/ 115 bpm 68% of THR BP: 128/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



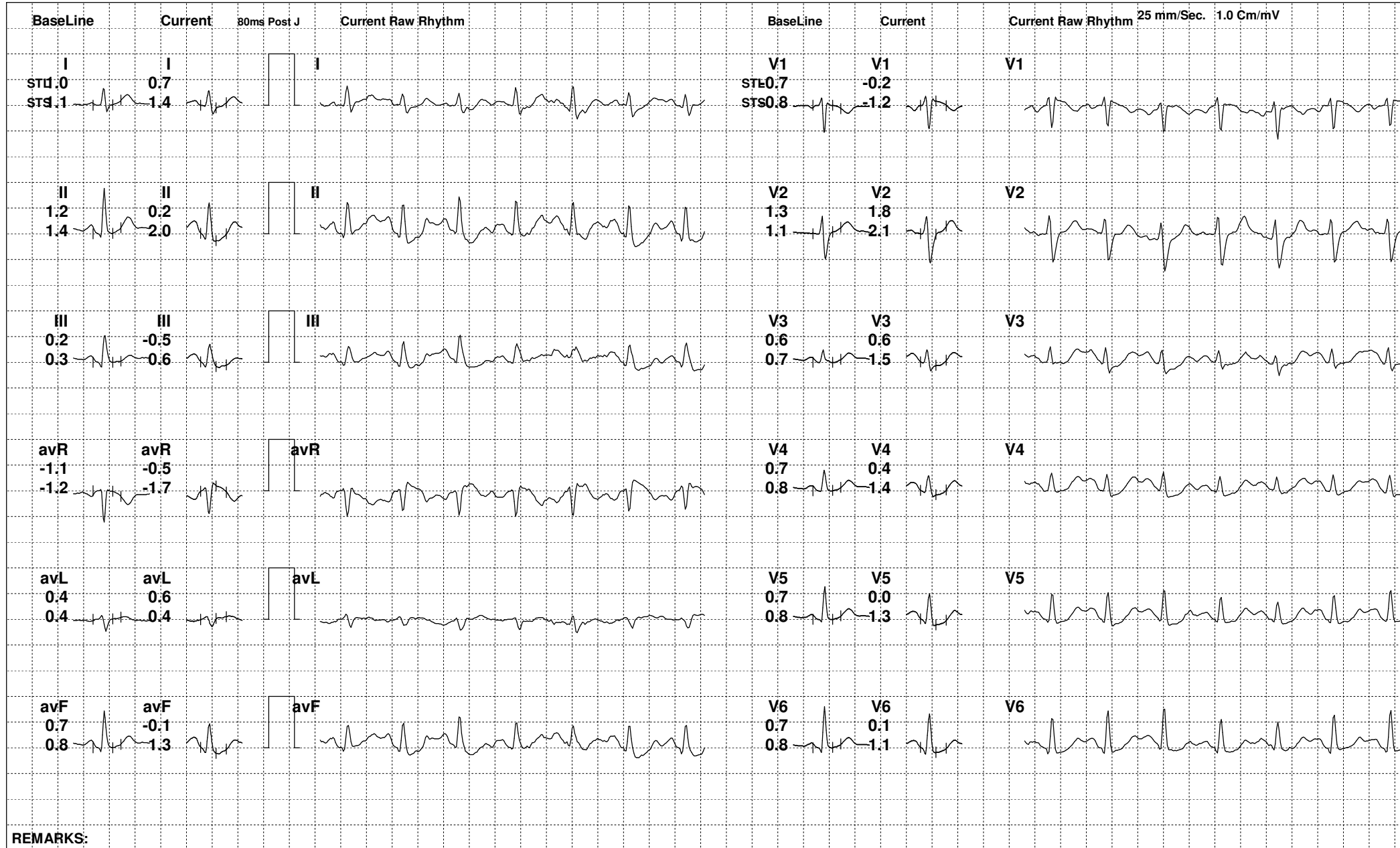
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 7.1/ 111 bpm 66% of THR BP: 138/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



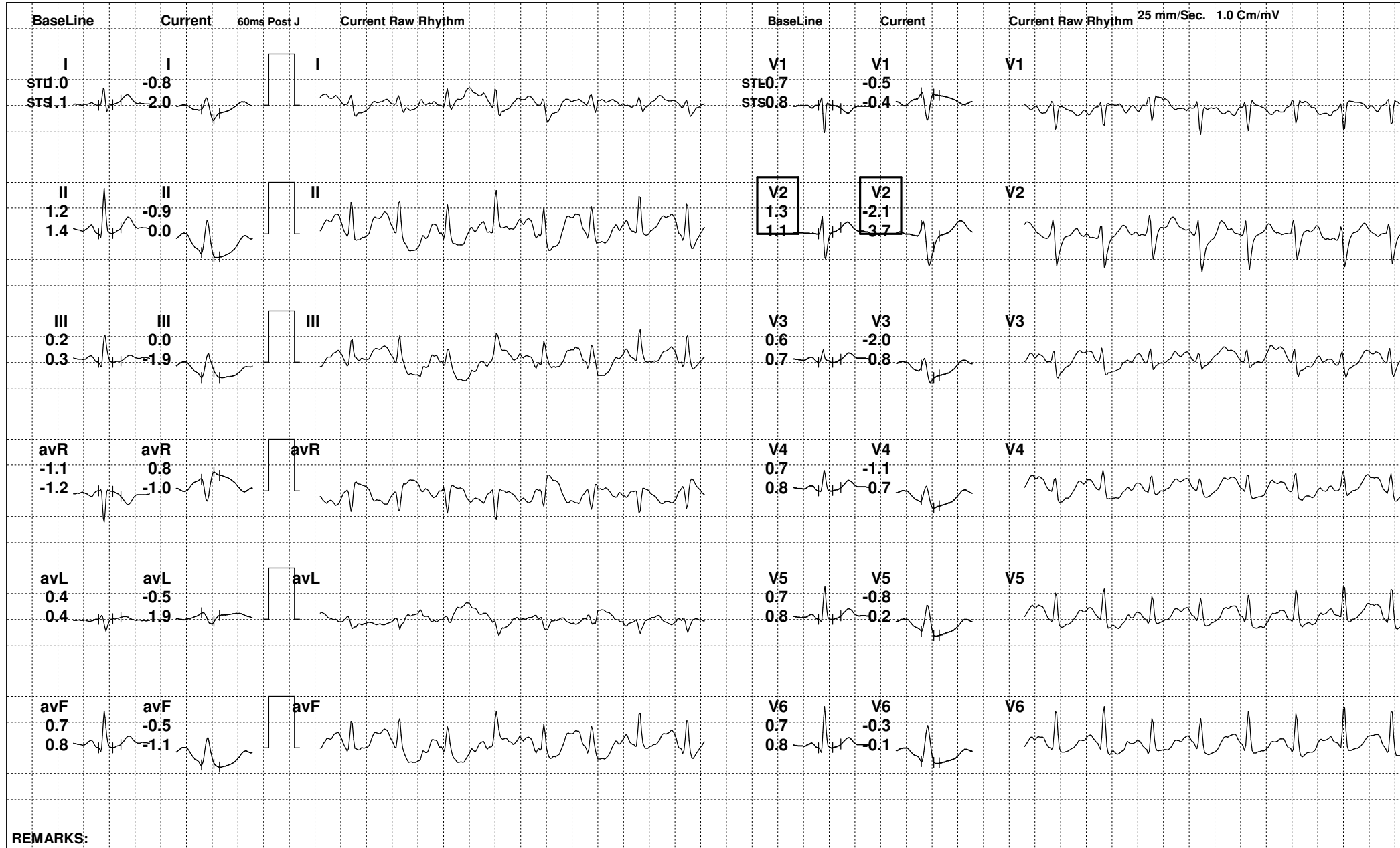
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 8.9/ 161 bpm 95% of THR BP: 148/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:45 3.4 mph, 14.0%



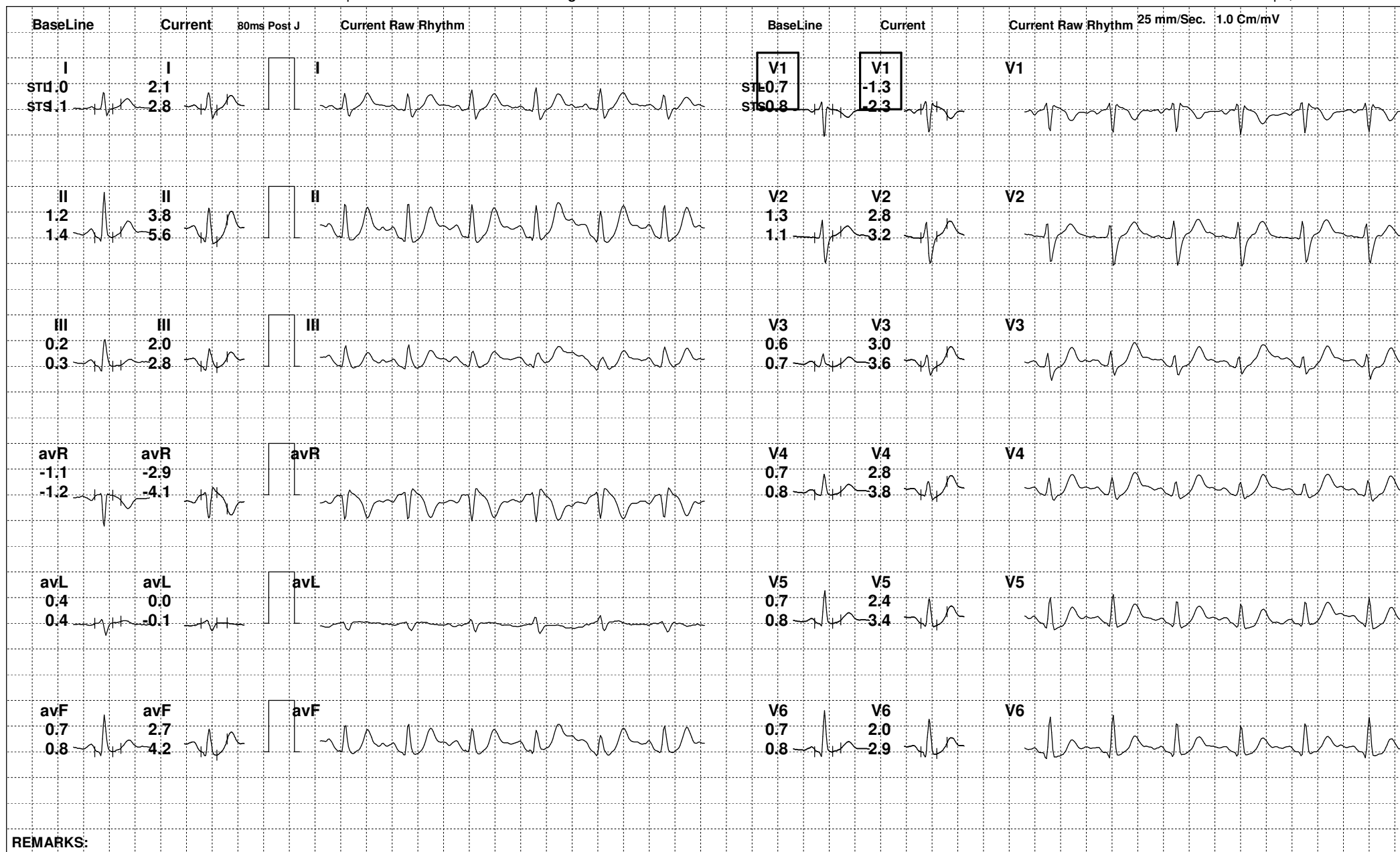
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.2/ 121 bpm 72% of THR BP: 142/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:46 0.0 mph, 0.0%



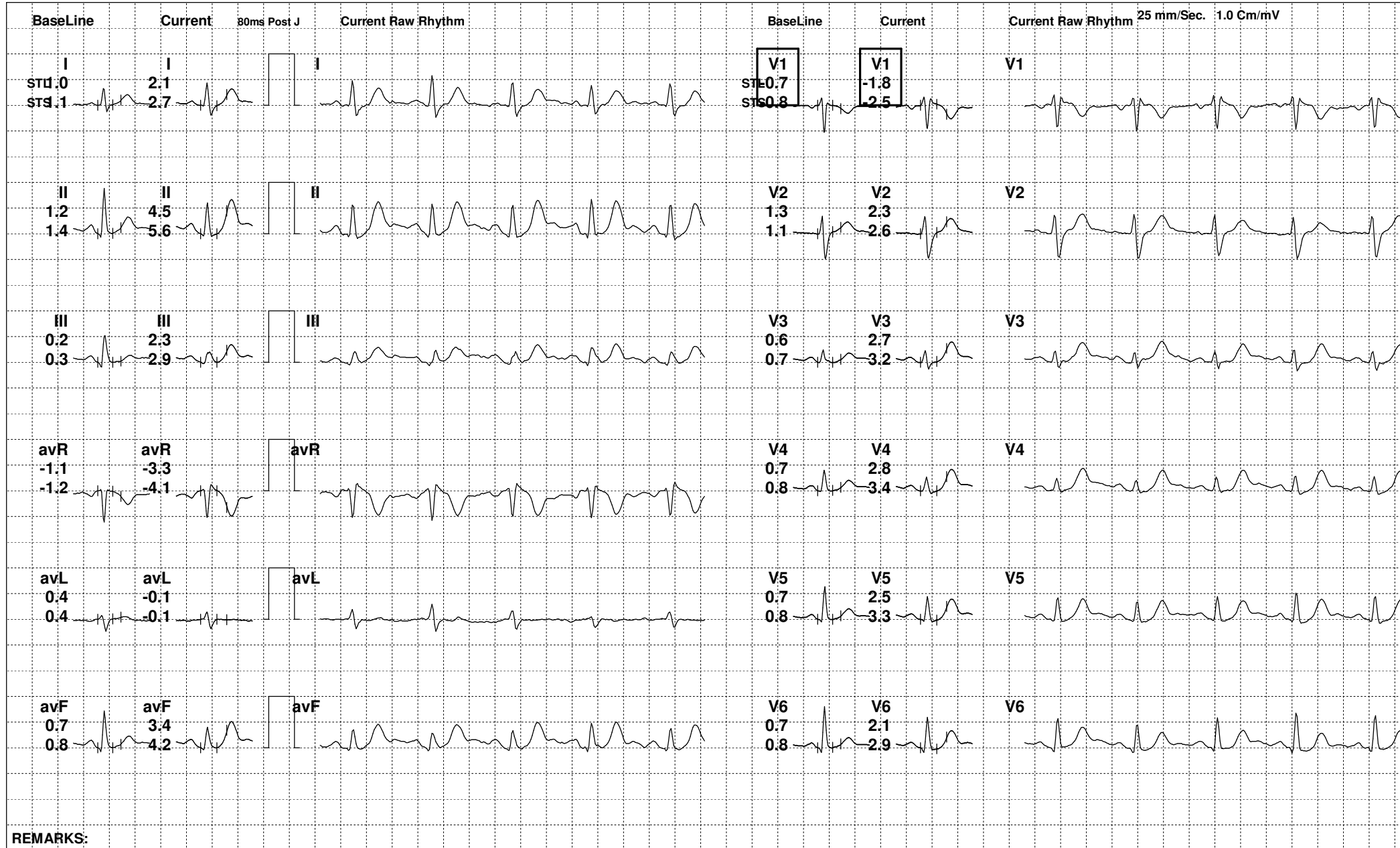
REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.0/ 97 bpm 57% of THR BP: 138/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:46 0.0 mph, 0.0%

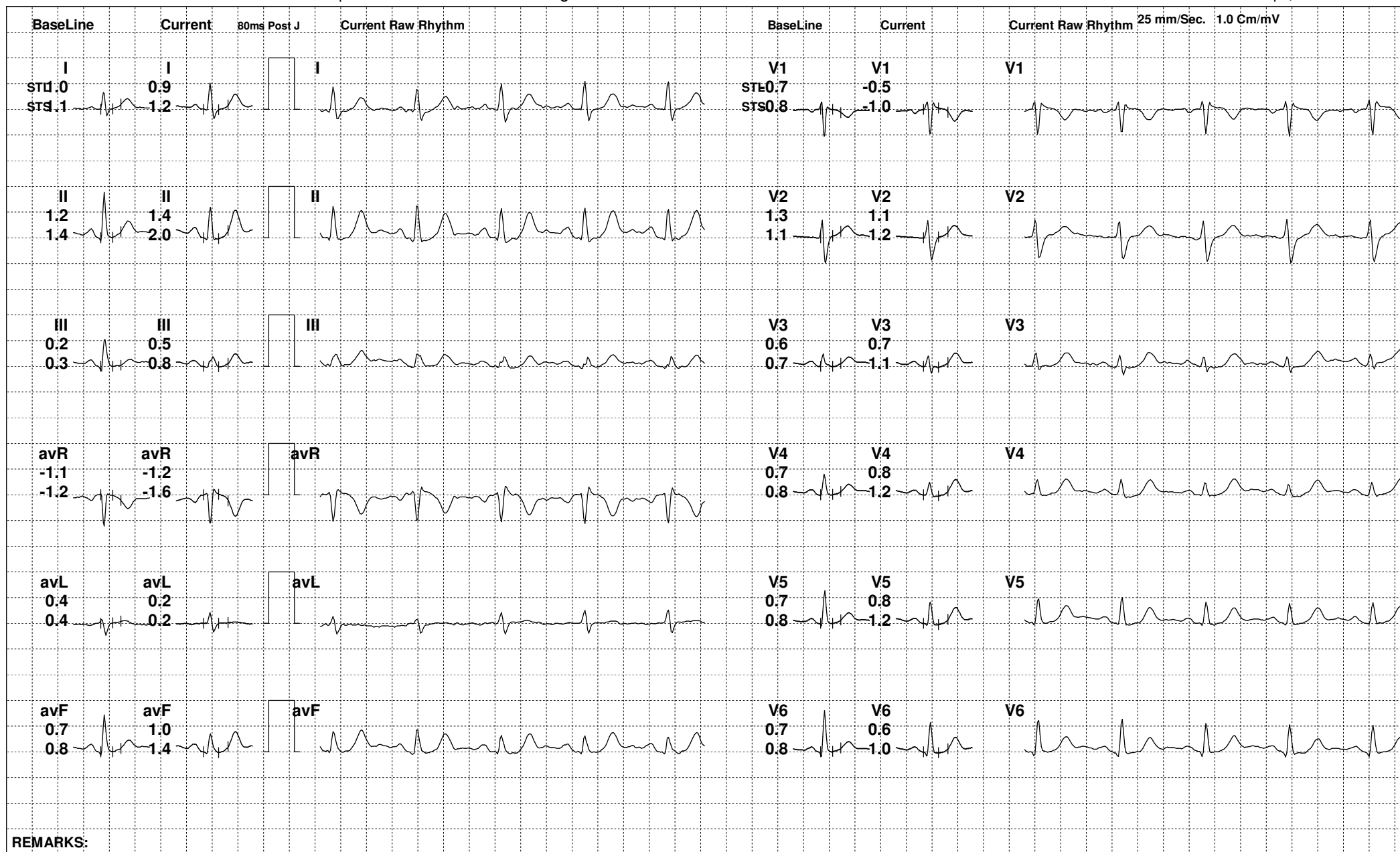




114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM METS: 1.0/ 92 bpm 54% of THR BP: 130/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:46 0.0 mph, 0.0%

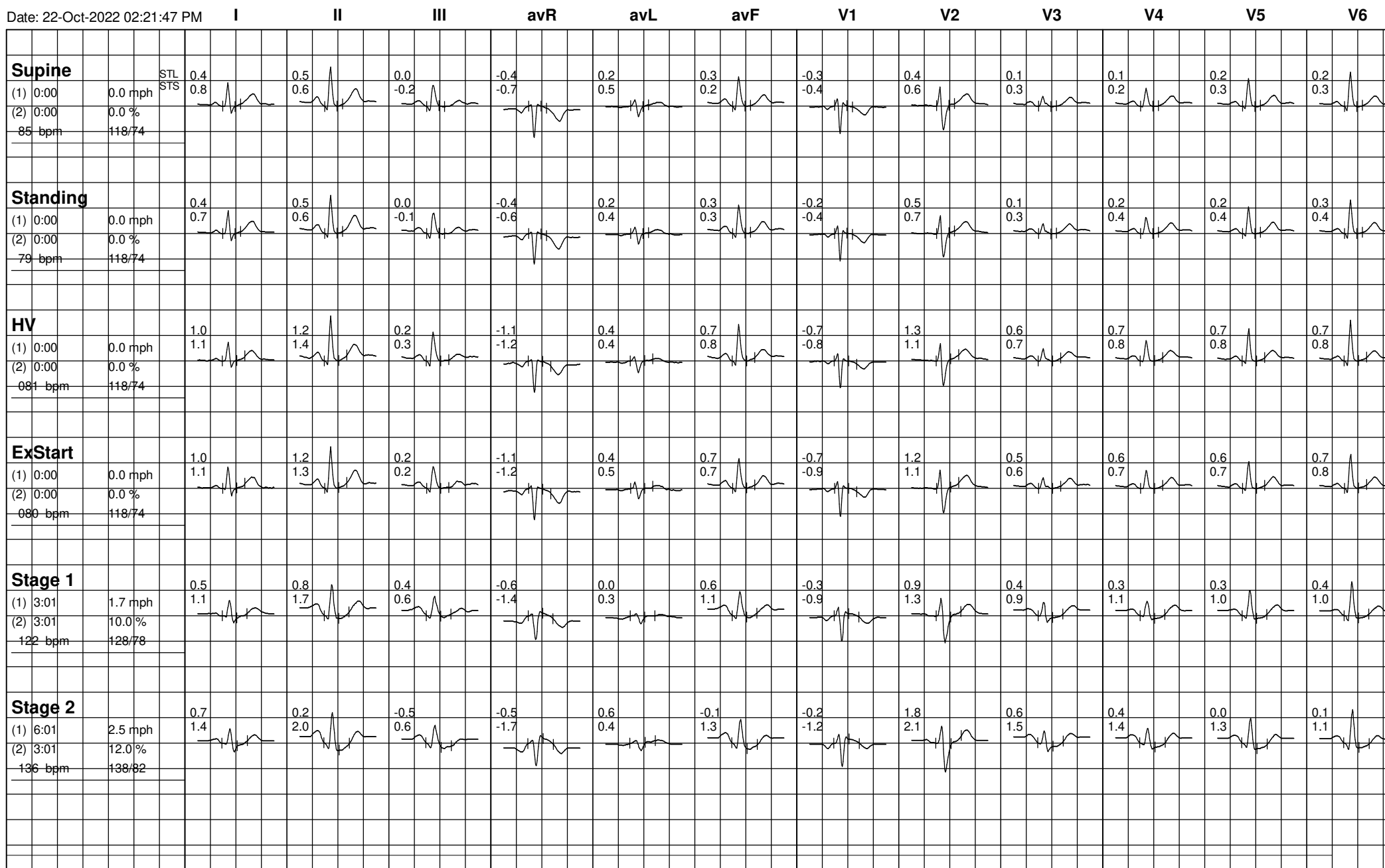


REMARKS:



114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM





114 (470474) / SHIV PRAKASH SINGH / 52 Yrs / M

Date: 22-Oct-2022 02:21:47 PM

