

Name : Ms. SUSHMITA KUMARI (30 /F)

Date : 08/10/2022

Address :

Examined by:

UHID : AMHL.0002026797

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH158529



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease



DRUG ALLERGY

NO KNOWN ALLERGY

:08/10/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - not known; Periods - regular

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses

ENT

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Mother - alive

Brothers - 1

Sisters - 2

Coronary artery disease - father

Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight

Height - 150

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Weight - 63
BMI - 28
Pallor - No
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 94
Diastolic(mm of Hg) - 62
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No

 **Central nervous system**

- No neurological deficit

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.0	g/dl	●	12.0-15.0
RBC COUNT	3.93	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.8	%	●	36-46
MCV	101.3 *	fl	●	83-101
MCH	33.0 *	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	18.5 *	%	●	11.8-14.0
WBC Count	6900	/cu mm	●	4000-10000
Platelet Count	2.33	lacs/cu mm	●	1.5-4.0
Neutrophils	65	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis++, Predominantly Normocytic Normochromic			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

RBC	Nil	/hpf
Pus Cells	8-10	/hpf
Epithelial Cells	2-4 /h.p.f	/hpf
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	32	U/L	●	10-40
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	80	U/L	●	42-98
AST (SGOT) - SERUM	31	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	135	mg/dL	●	0-200

VLDL CHOLESTEROL - SERUM (Calculated)	20	mg/dL	●	0-35
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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.6	g/dL	●	1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	6.1	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	81	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	96	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	89	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.7	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.8	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	●	2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	39	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	76	mg/dL	●	0-100

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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BUN (BLOOD UREA NITROGEN) 3.5 * mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2:1.0			1.0-2.0

ECG

SINUS BRADYCARDIA.
NONSPECIFIC T WAVE CHANGES IN INFERIOR LEADS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.
* Right adnexal cyst.
- Suggested TVS.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR /CERVICAL SMEAR

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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