

BHAILAL AMIN GENERAL HOSPITAL
 BHAILAL AMIN MARG,
 VADODARA-3, PH-(0265) 3956222

Station
 Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: VINODKHANCHANDANI,
 Patient ID: 6515
 Height: 173 cm
 Weight: 88 kg

DOB: 08.11.1987
 Age: 34yrs
 Gender: Male
 Race: Indian

Study Date: 09.03.2022
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: ARCOFEMI HEALTCARE LTD
 Attending Physician: DR. MANISH MITTAL
 Technician: Mr. VISHAL MORE

Medications:

Medical History:

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mpt)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	02:24	0.00	0.00	101	110/80	
	STANDING	00:02	0.00	0.00	103	110/80	
	HYPERV.	00:02	0.00	0.00	103	110/80	
EXERCISE	WARM UP	00:09	1.00	0.00	100	110/80	
	STAGE 1	03:00	1.70	10.00	131	120/80	
	STAGE 2	03:00	2.50	12.00	155	130/80	
	STAGE 3	01:31	3.40	14.00	171	130/80	
RECOVERY		03:24	0.00	0.00	114	130/80	

The patient exercised according to the BRUCE for 7:31 min.s, achieving a work level of Max METS: 10.10. The resting heart rate of 97 bpm rose to a maximal heart rate of 171 bpm. This value represents 91% of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

STRESS TEST IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA

CONFIRMED BY : DR. MANISH MITTAL