

Name : Mr. SUJOY DAS (57 /M)

Date : 18/08/2022

Address :

Examined by:

UHID : AMHL.0002002546

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH154895



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

- Diabetes mellitus, Thyroid disorder, Heart disease, Asthma  
Since - 2002 Medication - regular  
Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:18/08/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - yes; - occasional; High blood pressure - yes; Medication - yes

### Respiratory system

Cough - yes

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - flatulence; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Back (lower) - pain; Shoulder (bilateral) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Prescription not available.



### Past medical history

Past medical history - nil significant  
Covid 19 - Yes  
Hospitalization for Covid 19 - No



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - consumes alcohol occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild  
- level ground walking



### Family history

Father - has expired  
Aged - At 78 years  
Cause - coronary artery disease

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Mother - alive  
Brothers - 2  
Diabetes - father  
Hypertension - mother  
Coronary artery disease - father  
Cancer - maternal grandfather

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 160 Cm  
Weight - 74 Kg  
BMI - 28.91  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 90  
Rhythm - Regular  
Systolic(mm of Hg) - 118  
Diastolic(mm of Hg) - 82  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sound



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.9	g/dl	●	13.0-17.0
RBC COUNT	5.17	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.6	%	●	41-53
MCV	82.5 *	fl	●	83-101
MCH	27.0	pg	●	27-32
MCHC	32.7	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	5300	/cu mm	●	4000-10000
Platelet Count	1.58	lacs/cu mm	●	1.5-4.0
Neutrophils	57	%	●	40-80
Lymphocytes	37	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	2-4	/hpf		

Epithelial Cells	1-2 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine glucose rechecked and confirmed by Benedict's test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	46 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	64	U/L	●	53-128
AST (SGOT) - SERUM	43 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.1 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	155	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	93 *	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	188 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	342 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	10.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	35	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	95	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	25	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.2	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.2	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	243 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.7	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.27	ng/mL	●	0.00-6.50

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.4	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

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STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade-I fatty liver.
- \* Tiny cortical cyst in the right kidney.

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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