

**Dr. Shalini Shetty**  
 MBBS, MS (Oph), FRCS (UK)  
 Sr. Consultant - Ophthalmology

Place Label Here: **MS: Thejashvi Shettigar**  
**31/F 1137957**  
 If label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician



Allergies :	<b>Fall Risk Assessment</b>		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10		<input type="checkbox"/> Psychological & Social Assessment done		
	Mobility Aid	Yes No					
	Gait	Dep. Indep					

*Routine Eye test*

*2 2*  
*6/6 6/6*  
*without glass*  
*all 6 all 6*

**Medicine Reconciliation Dose & Frequency Advice & Plan**

*Colour vision*  
*17 17*  
*17 17*

*Chandru caly*  
 Kindly get this document scanned at the counter for the record purpose

*[Signature]*  
 Signature and Date

To book appointments or Consult doctors online, visit [www.askapollo.com](http://www.askapollo.com)

AUB - 1137957

Place Label Here

Ms. RAJAKSHI SHETTIGAR

Age: 31

If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician

Form # OP1



**Dr. MEHTA .Y**

MBBS, DNB (Family Medicine)

Senior Consultant

Reg. No. : ANP20010000845KTK

Allergies : <u>NIL</u>	<b>Fall Risk Assessment</b>		Wt: <u>48</u>	Ht: <u>158</u>	T: _____	P: <u>98</u>	BP: <u>117/84</u>
	H/o fall (within 1 year)	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Dep.	Indep.	Pain <u>0</u> /10	<input checked="" type="checkbox"/> Psychological & Social Assessment done	
Mobility Aid	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>						
Gait	<u>(D)</u>						

- ① HbA1c - 5.8%
- ② LDL-C - 153
- ③ TMT Negative

Adv **Diabetes, low fat diet**  
**Regular exercise**

- lipid profile - after 3 months

Kindly get this document scanned at the counter for the record purpose

*Real*  
Signature and Date

**DEPT. OF APOLLO HEALTH CHECK**



**CASE RECORD**

AHB 0001137967  
MS. THEJAKSHI SHETTIGA

R  
Age: 31 Year(s) Year(s)

Age :

Sex : M/F

UHID :

**Physical Examination**

**General :**

Build

Height 158 cm Weight 48 kg BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

**HEAD & NECK :**

**ENT :**

**CVS :**

Heart Rate & Rhythm 98 bpm

B.P. : Supine Sitting Standing Spod 88%

Chest shape 117/84

Heart Sounds

Murmurs

Thrills

**RS :**

Rate & Type

Breath Sounds

Echo screening

- Normal LV systolic function
- NO RWMA, EF:60%
- RVsp: 25+10mmHg



MC-0847

DEPARTMENT OF BIOCHEMISTRY

Name : Ms. THEJAKSHI SHETTIGAR      Age : 31Yr 10Mth 1Days      Gender : Female  
 UHID : AHB.0001137957      / AHBHC119869      W/BNo/RefNo : AHC  
 SIN \ LRN : 8621433 \ 3762066  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC



Collected on : 23-MAR-2023 01:01:40 PM      Received on : 23-MAR-2023 01:45:01 PM      Reported on : 23-MAR-2023 02:20:50 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	76	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Final

\* - Abnormal Value

\* END OF REPORT \*

CHECKED BY 152875  
723076

Printed On : 23-MAR-2023 02:29:12 PM

*Govindaraju N L*  
 GOVINDARAJU N L      Dr. SABHARI PRIYA S  
 Clinical Biochemist      Registrar

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b>	: Ms. THEJAKSHI SHETTIGAR	F   031Y
<b>UHID</b>	: AHB.0001137957	<b>Ward/Bed No.</b> : AHC / AHC
<b>I.P.No./Bill No.</b>	: AHBHC119869	<b>Scanned on</b> : 23-Mar-2023 12:15
<b>Accession Number</b>	: 10601.223026553	<b>Reported On</b> :
<b>Referring Doctor</b>	: null	

**ULTRASOUND WHOLE ABDOMEN SCREENING**

**Clinical Information:** - General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is contracted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi on either side. No evidence of hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus retroverted and grossly appears normal. Endometrial thickness measures ~ 6mm.  
Both ovaries – Not localized.

No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

USG study of the abdomen shows no definite abnormality.  
- Suggested clinical correlation.

(Enclosed report) LM

**DR. SHADAB ALAM**  
**ASSOCIATE CONSULTANT**  
**RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



# YOUR CLINICAL TEST RESULTS

**Ms. THEJAKSHI SHETTIGAR**

FEMALE / 31 Yrs / AHB.0001137957 / AHBHC119869

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 23/03/2023

## HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	12.7	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.29	x(10) <sup>12</sup> /l	●	3.7 - 4.8
Packed cell volume (Calculated)	37	%	●	34 - 46
MCV (Derived from RBC histogram)	86	fl	●	83 - 101
RDW (Calculated)	30	pg	●	27 - 32
MCHC (Calculated)	13.7	%	●	11.60-14.00
Platelet Count (Impedance)	34	g/dl	●	31.5 - 34.5
WBC Count (Impedance)	377	x(10) <sup>9</sup> /l	●	150 - 450
Neutrophils	9.3	x(10) <sup>9</sup> /l	●	4 - 11
Lymphocytes	67	%	●	40 - 80
Monocytes	25	%	●	8.6 -23.8
Monocytes	7	%	●	2 - 10
Eosinophils	7	%	●	2 - 10
Basophils	1	%	●	1 - 6
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	0	%	●	0 - 2
	32 *	mm/1st hr	●	Adult Female- 0 - 20

## URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	5.5			

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. THEJAKSHI SHETTIGAR**

FEMALE / 31 Yrs / AHB.0001137957 / AHBHC119869

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 23/03/2023

Specific Gravity	≤1.005		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL ●	0.2 - 1.0
Blood :	2+		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	2-4 /h.p.f	Cells/hpf	0 - 2
Pus Cells	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	1-2 /h.p.f		Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	≤ 35
GLOBULIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5	g/dL	●	0.8 - 2.0
ALBUMIN - SERUM	4.6	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE -	46	U/L	●	Adult: 30 - 120
	● Within Normal Range	● Boderline High/Low	● Outside Range	

## YOUR CLINICAL TEST RESULTS

**Ms. THEJAKSHI SHETTIGAR**

FEMALE / 31 Yrs / AHB.0001137957 / AH8HC119869

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 23/03/2023

### SERUM

AST (SGOT) - SERUM	20	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.80	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	107	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	218 *	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239 "

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.88	mg/dL	●	Female: 0.6 -1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	<= 38

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	93	mg/dL	●	"Non-Diabetic :<= 100 Impaired Fasting Glucose:100-125 Diabetic :>= 126 "

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	"NON-DIABETICS<=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC>=6.5"

### LIPID PROFILE TEST (PACKAGE)

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Ms. THEJAKSHI SHETTIGAR**

FEMALE / 31 Yrs / AHB.0001137957 / AHBHC119869

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 23/03/2023

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	55	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	153 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.1	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	139	mmol/L	●	135 - 145

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	123.64	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.3	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	43	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.0		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING	3.77	µIU/mL	●	0.34 - 5.6

Within Normal Range    
  Boderline High/Low    
  Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. THEJAKSHI SHETTIGAR**

FEMALE / 31 Yrs / AHB.0001137957 / AHBHC119869

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 23/03/2023

### HORMONE [TSH]

#### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	11 *	mg/dL	●	15 - 45
URIC ACID - SERUM	3.7	mg/dL	●	Adult Female: 2.5 - 6.0

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	9 *	mg/dl	●	Desirable: <30

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.14	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.66	mg/dL	●	0.1 - 1.0

#### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	25		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Ms. THEJAKSHI SHETTIGAR**

FEMALE / 31 Yrs / AHB.0001137957 / AHBHC119869

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 23/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

### Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

### Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

### CARDIOLOGY

ECHO/TMT - OPTIONAL

### Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

### CARDIOLOGY

ECG

### X Ray

X-RAY CHEST PA



Within Normal Range



Boderline High/Low



Outside Range

AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> :	Ms. THEJAKSHI SHETTIGAR	F	031Y
<b>UHID</b> :	AHB.0001137957	<b>Ward/Bed No.</b> :	AHC / AHC
<b>I.P.No./Bill No.</b> :	AHBHC119869	<b>Scanned on</b> :	23-Mar-2023 10:53
<b>Accession Number</b> :	10601.123033896	<b>Reported On</b> :	23-Mar-2023 13:22:42
<b>Referring Doctor</b> :	null		

**X-RAY CHEST PA VIEW**

*Clinical information: Routine health checkup.*

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

=====

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.  
 -Suggested clinical correlation*

=====

*Dr.Pruthvi.S  
 Sr.Resident*

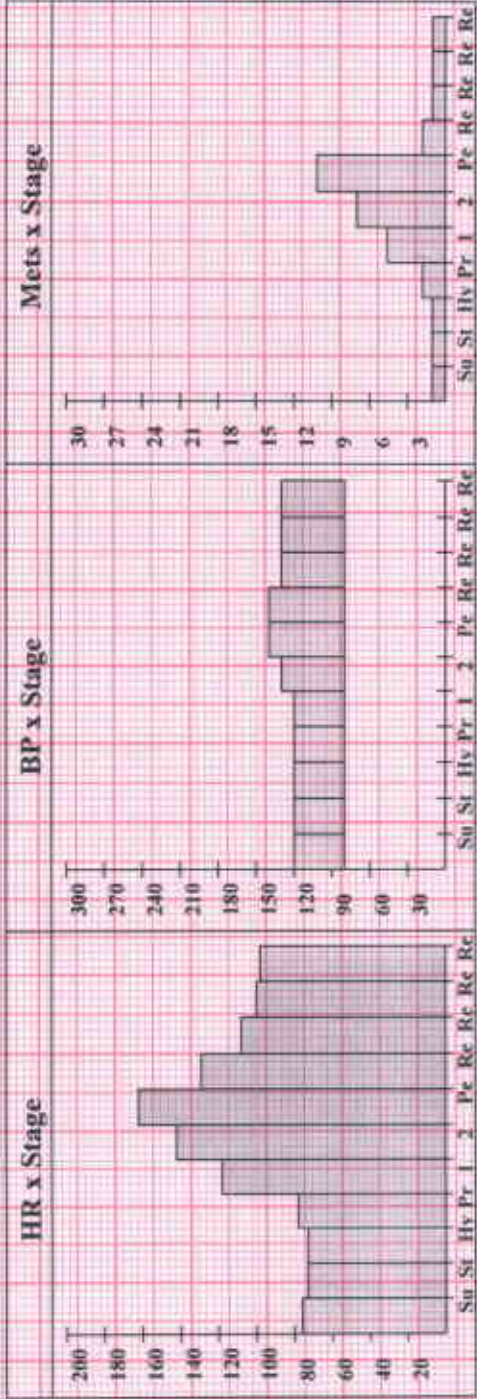
---END OF THE REPORT---

**N.B. :** This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



# APOLLO HOSPITALS

**Patient Details**      Date: 23-Mar-23      Time: 12:32:28  
 Name: THEJAKSHI SHETTIGAR ID: AHB1137957  
 Age: 31 y      Sex: M      Height: 158 cms      Weight: 48 Kgs



**Interpretation**  
 GOOD EFFORT TOLERANCE  
 NORMAL HR AND BP RESPONSE  
 NO ANGINA OR ARRHYTHMIAS  
 NO SIGNIFICANT ST-T CHANGES NOTED  
 IMP: - STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Ref. Doctor: AHC

Doctor: DR K M NAIR



AHB.0001137957  
31 Years

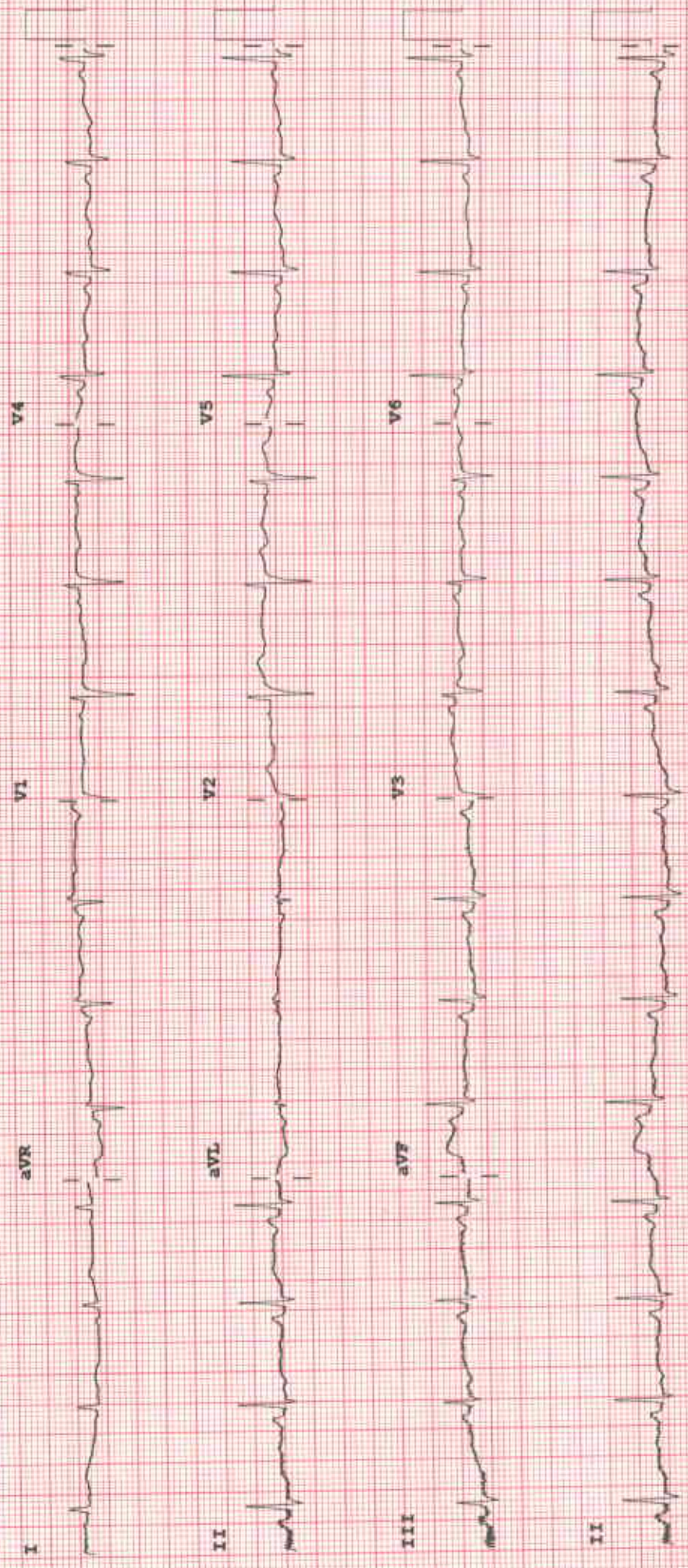
THEJAKSHI SHEPHTIGAR  
female

23 MAY 23 10:23:10 AM

Rate 88  
PR 127  
QRSD 83  
QT 431  
QTc 522  
--AXIS--  
P 80  
QRS 56  
T 33  
12 Lead; Standard Placement

AHB0001137867  
MS. THEJAKSHI SHETTIGA

R Age: 31 Year(s) Year(s)



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~0.15-100 Hz 100B CL P?