



Mrs. KRISHNA PRIYA (29 /F)

UHID : AHIL.0000678266

AHC No : AHILAH189099

Date : 28/01/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Namaste Mrs. KRISHNA PRIYA,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

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Keep the records carefully and bring them along during your next visit to our Hospital

We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



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By Jaim C



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via [www.apollo247.com](http://www.apollo247.com) or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at [prohealthcare@apollohospitals.com](mailto:prohealthcare@apollohospitals.com)

Stay Healthy and happy! 😊  
Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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Name : Mrs. KRISHNA PRIYA (29 /F)

Date : 28/01/2023

Address : A 306 SHYAM-5 FLATS KOTARPUR, AHMEDABAD, AHMEDABAD, GUJARAT, INDIA



Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000678266

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH189099



### Chief Complaints

For Annual health checkup  
WEIGHT GAIN



### Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system :  
Spine and joints  
- Nil Significant
- Skin : - Nil Significant
- General symptoms : - Nil Significant



### Past medical history

- Do you have any allergies? - Yes
- Allergies - dust,pollens
- Do you have any drug allergies? - No
- Covid 19 - Yes
- Hospitalization for Covid 19 - No
- Jaundice - CHILDHOOD
- Chicken pox - CHILDHOOD





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### Surgical history

Surgical history - Nil



### Personal history

- Ethnicity - Indian Asian
- Marital status - Married
- Profession - corporate employed
- Diet - Mixed Diet
- Alcohol - does not consume alcohol
- Smoking - No
- Chews tobacco - No
- Physical activity - Moderate



### Family history

- Father - alive
- Aged - 60
- Mother - alive
- Aged - 54
- Diabetes - father, mother, brother
- Coronary artery disease - none
- Cancer - None
- Asthma - father

## Physical Examination



### General

- General appearance - normal
- Build - normal
- Height - 159
- Weight - 74.7
- BMI - 29.55
- Pallor - No
- Oedema - no



### Cardiovascular system



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Heart rate (Per minute) - 84  
 Rhythm - Regular  
 - B.P. Supine  
 Systolic(mm of Hg) - 100  
 Diastolic(mm of Hg) - 70  
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No  
 Tenderness - No

Printed By : MUKTA S ADALTI

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**URINE FOR ROUTINE EXAMINATION**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Slightly Turbid			
pH	5.5			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	6-8 /h.p.f			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	1-2 /h.p.f			
Casts:	Absent			
Crystals:	Absent			

**COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	11.7 *	gm%	●	12-16
Packed cell volume(Calculated)	36	%	●	36-46
RBC COUNT (Impedance)	4.58	Million/ul	●	3.8-5.2
MCV (From RBC Histogram)	78.5 *	fl	●	80-100
MCH(Calculated)	25.43 *	pg	●	27-32
MCHC(Calculated)	32.4	%	●	31-36
RDW(Calculated)	16.5 *	%	●	11.5-14.5
WBC Count (Impedance)	9276	/cu mm	●	4000-11000

● Within Normal Range     
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Test Name	Result	Unit	Level	Range
Neutrophils	66	%	●	40-75
Lymphocytes	27	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	414300	/cu mm	●	150000-450000
MPV (Calculated)	9.3	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	14	mm/1st hr	●	0-20

**URINE GLUCOSE(POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	82 *	U/L	●	0-35
ALKALINE PHOSPHATASE - SERUM/PLASMA	152 *	U/L	●	Adult(Female): 35 - 104
AST (SGOT) - SERUM	53 *	U/L	●	>1 year Female : <32
Total Bilirubin	0.344	mg/dL	●	0.300-1.200
Direct Bilirubin	0.167	mg/dL	●	Upto 0.3 mg/dl
Indirect Bilirubin	0.177	mg/dL	●	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

**CREATININE - SERUM / PLASMA**

● Within Normal Range      ● Borderline High/Low      ● Out of Range





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Test Name

Result

Unit

Level

Range

CREATININE - SERUM / PLASMA

0.78

mg/dL

●

Adult Female: 0.5 - 1.2

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Test Name

Result

Unit

Level

Range

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

56 \*

U/L

●

Male : 10 - 71  
Female : 6 - 42

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name

Result

Unit

Level

Range

Glucose - Plasma (Fasting)

99

mg/dL

●

70 - 100 : Normal  
100 - 125 : Impaired Glucose Tolerance  
>= 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

Test Name

Result

Unit

Level

Range

Glucose - Plasma (Post Prandial)

113

mg/dL

●

70-140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name

Result

Unit

Level

Range

Glycosylated Hemoglobin (HbA1c)

5.6

%

●

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
<7.0 : Well Controlled Diabetes  
7.1 – 8.0 : Unsatisfactory Control  
> 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

114.02

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Within Normal Range



Borderline High/Low



Out of Range





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Test Name

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.31	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.31	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.31	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.31	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	3.00		●	2.20-4.20
Globulin-Serum/Plasma	3.00		●	2.20-4.20
A/G ratio	1.44		●	1.00-2.00
A/G ratio	1.44		●	1.00-2.00

**THYROID PROFILE (T3,T4 AND TSH)**

Test Name

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.1	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	113	nmol/L	●	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	3.28	μIU/mL	●	14-120 years : 0.27 - 4.20

**URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

**BUN (BLOOD UREA NITROGEN)**

Test Name

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6	mg/dL	●	6-20
UREA - SERUM / PLASMA	15	mg/dL	●	15 - 50

● Within Normal Range

● Borderline High/Low

● Out of Range



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**LIPID PROFILE - SERUM**

Test Name	Result	Unit	Level	Range
Total Cholesterol	142	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	74	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	56 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	82	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	15		●	< 40 mg/dl
C/H RATIO	2		●	0-4.5

**X-RAY CHEST PA**

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

**Investigations Not Done / Not Yet Reported**

**Haematology**

STOOL ROUTINE

URINE GLUCOSE(FASTING)

**Blood Bank - 2 Services**

BLOOD GROUPING AND TYPING (ABO and Rh)

**Histopathology**

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

**CARDIOLOGY**

ECHO/TMT

ECG

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### Executive Summary



- .BODY WEIGHT 74.7 KG,DEAL BODY WEIGHT 47-57 KG
- .ECG - NORMAL SINUS RHYTHM
- .TMT — TEST IS NEGATIVE,EXERCISE TIME 8:01 ,WORKLOAD 10.1 METS
- .USG ABDOMEN - NORMAL STUDY
- .CHEST X-RAY - NORMAL
- .EYE – NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

### Wellness Prescription

#### Advice On Diet :-



BALANCED DIET---

#### Advice On Physical Activity :-



- REGULAR WALK FOR 30 MINS FOR HEALTH,
- 60 MINS WALK FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 47-57 KG

*Coselly kudu*

Printed By : MUKTA S ADALTI

*Dr. Shashikant Nigam*  
**Dr. SHASHIKANT NIGAM**  
 AHC Physician / Consultant (Med)  
 Consultant Internal Medicine  
 Apollo Hospitals International Ltd., Gandhinagar,  
 Gujarat-382428, INDIA. Regd. No. : G-21961

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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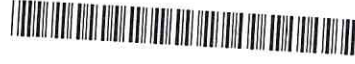
## DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

**Patient Details :** Mrs. KRISHNA PRIYA | Female | 29Yr 6Mth 11Days

**UHID :** AHIL.0000678266

**Patient Location:** AHC

**Patient Identifier:** AHILAH189099



**DRN :** 123011266

**Completed on :** 28-JAN-2023 09:32

**Ref Doctor :** DR. SHASHIKANT NIGAM

### X-RAY CHEST PA

#### FINDINGS :

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

#### IMPRESSION

NORMAL STUDY.

--- END OF THE REPORT ---

*VP Patel*

DR. VAIBHAVI PATEL

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Reported By : 717876

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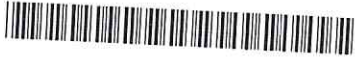
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**UHID :** AHIL.0000678266 **Patient Location:** AHC  
**Patient Identifier:** AHILAH189099   
**DRN :** 223004541 **Completed on :** 28-JAN-2023 09:55  
**Ref Doctor :** DR. SHASHIKANT NIGAM

### USG WHOLE ABDOMEN

#### FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified Pancreatic duct appears normal in caliber.

Spleen measures 9.6 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 9 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

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Mrs. KRISHNA PRIYA

AHIL.0000678266

AHILAH189099

USG WHOLE ABDOMEN

No definite evidence of adnexal/pelvic mass is seen.

IMPRESSION :

NORMAL STUDY.

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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Place Label Here  
If label not available, write Pt. Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

**GYNAECOLOGY - AHC**

AHIL.0000678266

Name : ..	Mrs. KRISHNA PRIYA	Date : ..	28/11/23	Unit No. : ..
Occupati	29 Year(s) / Female	Ref. Physician : ..	Dr. Kiran Naha	
Age : .....		Copies to : .....		

**GYNAEC CHECK UP**

**Chief Complaint:**

None. (AML - 2 years) <sup>Pot + 2</sup>

Children: None

Weight:

Deliveries: None

BP:

Last Child: None

Abortions: ~~None~~ 1 MTP.

Breasts: Normal

Periods: Regular 3-4 days / 27

PAP Smear: Taken.

LMP: 10/11/23

Previous Medical H/O:

Menopause: -

None

G. Condition: Fit

F H/O: DM.

P/A: Soft

Previous Surgical H/O:

S/E: -

None.

P/V:

Uterus: Anterverted  
Ⓝ Size

P/R:

Cervix: felt healthy.

Impression:

*Kiran Naha*

Doctor Signature  
Date & Time

28/11/23

1:15 PM.

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Mrs. KRISHNA  
PRIYA

**OPHTHALM**

29 Year(s) / Female

**N RECORDS**

Name :



Date :

28/1/23

UHID :

Distance Vision :

Right Eye - 6/9

Left Eye - 6/9

(aided)

Refresh  
tear e/d  
MS (BE)

Near Vision :

Right Eye : N6

Left Eye : N6

(aided)

APLN.TN - Right Eye

14

Left Eye-

16 mmHg

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

WNL

Both Eye Posterior Segment Examinations -

WNL

Dr. Jagrithi Sinha  
MS (Ophthalmology)  
Jr. Consultant  
Apollo Hospitals International Ltd., Gandhi Str.  
Coimbatore-562428, INDIA. Regd. No.: G-88792

Doctor's Signature

Ophthalmologist Name

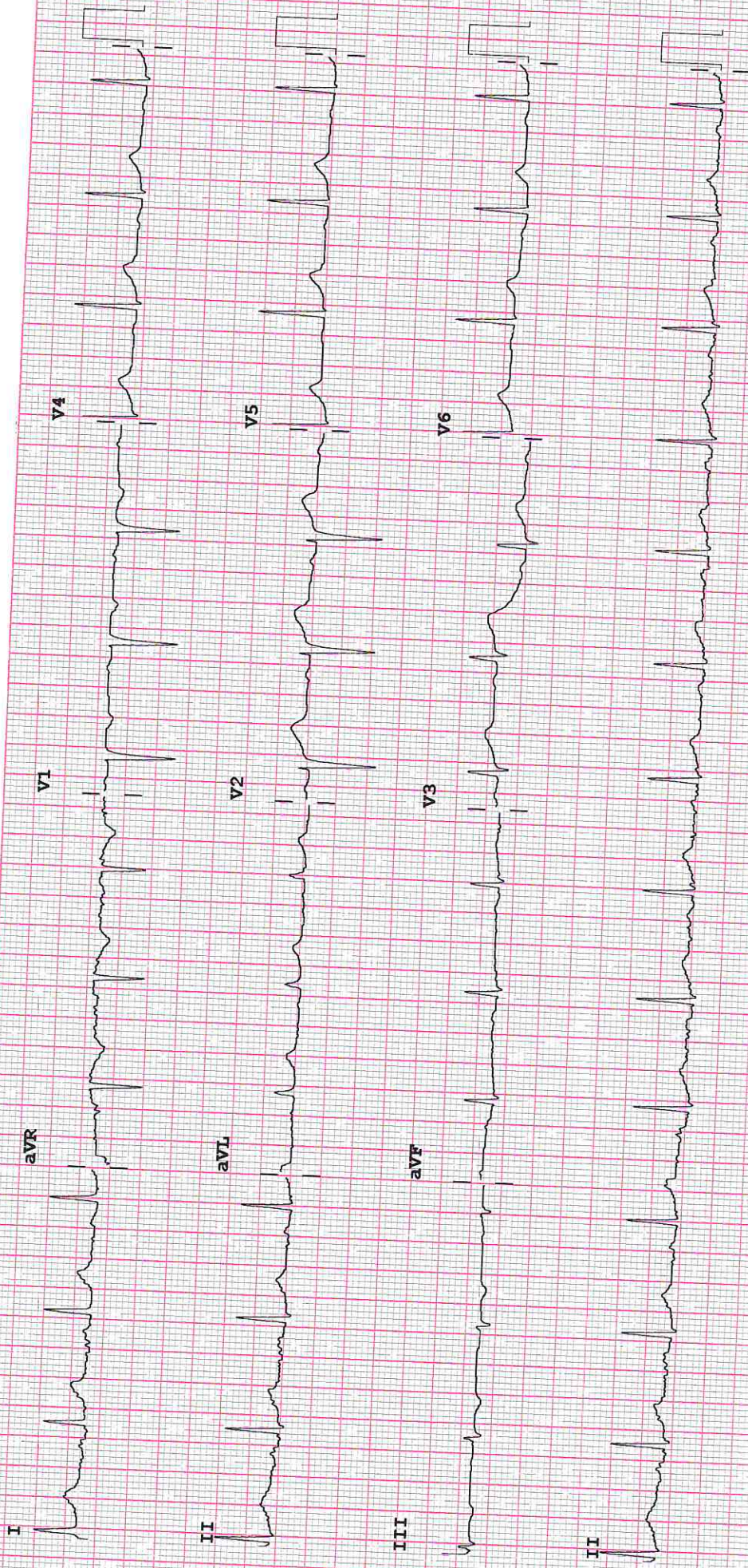


Rate 80

PR 168  
QRSD 89  
QT 356  
QTc 411

--AXIS--  
P 45  
QRS 27  
T 14

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec    Limb: 10 mm/mV    Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

PH10    CL    P?





**DENTISTRY**

Name : .....

Date : 28/1/23 Unit No. : .....

Occupation : .....

Ref. Physician : .....

Age : ..... Sex :  Male  Female

Copies to : .....

**DENTAL RECORD**

ALLERGIES : - NA

PAIN : Score (0-10) 0 Location : ..... Character : .....

DENTAL CLEANING HABIT  Once  Twice  Occasionally  
 Brush  Finger  Stick  Any other  
 Tooth Paste  Powder  Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH?  Yes  No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD?  Yes  No

ORAL HYGIENE  Good  Fair  Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION			OCCLUSION		
NORMAL FINDINGS IN DISEASE	MILD	MOD	SEV	CLASS I	II	III
Lips : <u>NA</u>				CROSSBITE		
Cheeks : <u>NA</u>				Hypoplasia		
Tongue : <u>NA</u>				Impaction <u>ST/S</u>		
Floor of the mouth : <u>NA</u>				Non-vital		
Palate : <u>NA</u>				Fracture		
Tonsillar Area : <u>NA</u>				Abscess		
Any other : <u>NA</u>				Ulcers		
				Caries		
				Missing Teeth		
				Supernumerary		
				Others		

PRESENT COMPLAINT : Tooth decay

PRE-MEDICAL HISTORY:  DM  HTN  Thyroid  Acidity  Pregnancy  
 Anticoagulant  Under Drug Therapy

- NAD