

NAME:	Abhijeet Pawar.	UHID:	
AGE:	34y	DATE OF HEALTHCHECK:	14/10/23
GENDER:	M.		

HEIGHT:	171.	MARITAL STATUS:	yes.
WEIGHT:	58.7	NO OF CHILDREN:	1
BMI:	20.1		

C/O: nil.

K/C/O: Hypertension type.
PRESENT MEDICATION: Amlodine 5mg od.

P/M/H: Nil

P/S/H: nil

ALLERGY: Painkillers

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

walking.

H/A: SMOKING:

ALCOHOL:

TOBACCO/PAN:

} No.

FAMILY HISTORY FATHER:

MOTHER:

} Not significant.

O/E:

BP: 140/80. PULSE: 72 y/min.

TEMPERATURE: SCARS: No

LYMPHADENOPATHY:

PALLOR/ICTERUS/CYNOSIS/CLUBBING:

OEDEMA:

} N.

S/E:
RS:



P/A:



CVS:

S/S 2 N, Murmurs

Extremities & Spine:

ENT:

Skin:

} N.

CNS: N.

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: Abhijeet Pawar Age: 34 Date of Health check-up: 14/10/2023

Findings and Recommendation:

Findings:-

SGOT - 59 U/L
SGPT - 49 "
SAP Phosphatase - 138 "
GGT - 55 "
urine $\leftarrow \begin{matrix} l \\ m \end{matrix} \right.$ - occasional pus cells

Rest reports w NL

Recommendation:-

Pawar
DR. PRADNYA P. DANI
(M.B.B.S)
Reg. No. 87541

Signature:
Consultant -

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 14/10/23

Name: M. Alhi Jeet Age: 34 Gender: Male/Female

Without Correction: myope & astigmatism

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 2/0 Left Eye 6/6

Near : Right Eye _____ Left Eye NC

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	<u>0.50</u>	<u>-2.0</u>	<u>170°</u>			<u>0.50</u>	<u>-2.0</u>	<u>10°</u>		
Near										

Colour Vision: 14/10 130

Anterior Segment Examination: 14/10 BL

Pupils: _____

Fundus: _____

Intraocular Pressure: 14 mm Hg BL

Diagnosis: _____

Advice: long glasses.

Re-Check on 6/11/23 (This Prescription needs verification every year)

Dr. R
(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON

REG. No. 3262/109/02

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

DENTAL CHECKUP

Name: Abhijeet Pawar.	MR NO:
Age/Gender : 34yrs 1m .	Date: 11/01/23

Medical history: Diabetes Hypertension ON Medication

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains	✓			
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.

Other Findings: Adv - RMC c 4

Abhi

• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Abhijeet Suresh Pawar Gender : Male Age : 34 Years
UHID : FVAH 8858. Bill No : Lab No : V-1253-23
Ref. by : SELF Sample Col.Dt : 14/10/2023 09:20
Barcode No : 1478 Reported On : 14/10/2023 17:04


TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	13.4	g/dl	13 - 18
RBC Count (Impedance)	4.87	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	42.2	%	35 - 55
MCV:(Calculated)	86.7	fl	78 - 98
MCH:(Calculated)	27.6	pg	26 - 34
MCHC:(Calculated)	31.8	gm/dl	30 - 36
RDW-CV:	14.8	%	11.5 - 16.5
Total Leucocyte count(Impedance)	5450	/cumm.	4000 - 10500
Neutrophils:	56	%	40 - 75
Lymphocytes:	36	%	20 - 40
Eosinophils:	05	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.4	Lakhs/c.mm	1.5 - 4.5
MPV	8.3	fl	6.0 - 11.0
ESR(Westergren Method)	07	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Tejal Dighe
Entered By

Ms Kaveri Gaonkar
Verified By

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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Abhijeet Suresh Pawar Gender : Male Age : 34 Years
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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:A:

Rh Type:

Positive

Method :

Matrix gel card method (forward and reverse)

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin : 5.1 %
 Normal <5.7 %
 Pre Diabetic 5.7 - 6.5 %
 Diabetic >6.5 %
 Target for Diabetes on therapy < 7.0 %
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 99.67 mg/dL

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method High Performance Liquid Chromatography (HPLC).


INTERPRETATION

The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.

- * This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- * It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- * Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	92	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	111	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	175	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	53	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	10.6	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	49.2	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	115.2	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	3.6		3.5 - 5
Ratio of LDL/HDL	2.3		2.5 - 3.5

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Name : Mr. Abhijeet Suresh Pawar Gender : Male Age : 34 Years
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.27	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.73	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.54	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.86		0.9 - 2
S.Total Bilirubin (DPD):	0.44	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.26	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P): 51		U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P): 49		U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic): 138		U/L	40 - 129
S.GGT(IFCC Kinetic): 55		U/L	11 - 50

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY		
S.Urea(Urease Method)	28.3 mg/dl	10.0 - 45.0
BUN (Calculated)	13.2 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.73 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	18.08	9:1 - 23:1
S.Uric Acid(Uricase Method)	3.9 mg/dl	3.4 - 7.0

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Thyroid (T3,T4,TSH)- Serum

Total T3 (Tri-iodo Thyronine) (ECLIA)	1.81	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	92.84	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	1.07	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	50	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)


REACTION(PH)	5.0		4.6 - 8.0
SPECIFIC GRAVITY	1.010		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Vasanti Gondal
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Ms Kaveri Gaonkar
Verified By


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End of Report
 Results are to be correlated clinically

Abhijeet, Pawar
8838

34 Years Male

14.10.2023 9:59:32
Apollo Clinic
1st Flr, The Emerald, Sector-12,
Vashi, Mumbai-400703.

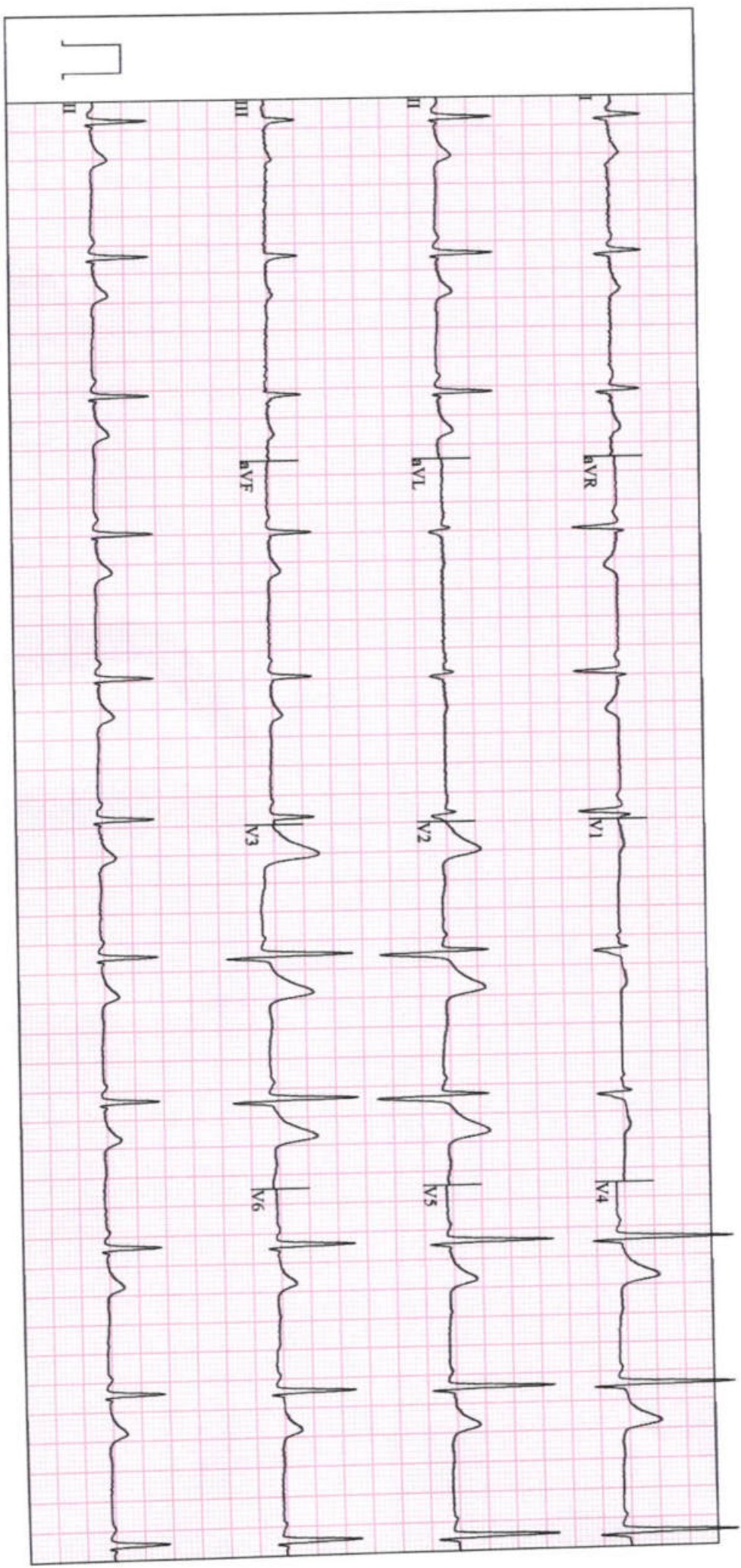
61 bpm
--/-- mmHg

NORMAL ECG

QRS : 78 ms
QT / QTcBaz : 388 / 390 ms
PR : 118 ms
P : 92 ms
RR / PP : 976 / 983 ms
P / QRS / T : 40 / 72 / 52 degrees

Normal sinus rhythm
Normal ECG

Dr. Anirban Dasgupta
DR. ANIRBAN DASGUPTA
M.B., B.S., D.N.B. Medicine
Diploma Cardiology
MMC-2005/02/0920



GE MAC2000 L.1 12SL™ v241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz Unconfirmed 4x2.5x3_25_R1 1/1

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: ABHIJEET, PAWAR
Patient ID: 8858
Height:
Weight:

DOB: 31.10.1988
Age: 34yrs
Gender: Male
Race: Asian

Study Date: 14.10.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
AHA

Medical History:
HTN

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	0.00	75	140/80	
	STANDING	00:17	0.00	0.00	75		
	HYPERV.	00:16	0.00	0.00	82		
	WARM-UP	00:19	0.00	0.00	77		
EXERCISE	STAGE 1	03:00	1.70	10.00	125	150/90	
	STAGE 2	02:31	2.50	12.00	160	160/90	
RECOVERY		01:05	0.00	0.00	116	180/90	

The patient exercised according to the BRUCE for 5:30 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 78 bpm rose to a maximal heart rate of 160 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/80 mmHg, rose to a maximum blood pressure of 180/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

Anirban Dasgupta
Dr. ANIRBAN DASGUPTA
M.B., B.S., D.N.B. Medicine
Diploma Cardiology
MMC - 2005/02/0920

PATIENT'S NAME	ABHIJEET S PAWAR	AGE :- 34 Y/M
UHID	8858	DATE :- .14 Oct. 23

X-RAY CHEST PA VEIW

OBSERVATION:

Patient is in positional obliquity.
Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR. CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg No. 073826

PATIENT'S NAME	ABHIJEET S PAWAR	AGE :- 34y/M
UHID NO	8858	14 Oct 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 9.6 x 3.7 cm. **LEFT KIDNE** measures 9.0 x 3.9 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR.CHHAYA S. SANGANI
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