

OP CASE SUMMARY
DOCTOR PRESCRIPTION

Dr. Kshitij Dwivedi

DEB, MDS (PROSTHODONTICS & IMPLANTOLOGY)
CONSULTANT DENTAL SURGEON
REG. NO. - 24024A

NHMMI Narayana
Superspecialty Hospital
Unit of Narayana Health

Kshitij Dwivedi

15/9/20

Regulus Health Clinic

*95, Station
Calcutta*



NHMMI Narayana Superspecialty Hospital

Regulated Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099
Hospital Address: New Oriental Road, Laxmi Nagar, Bengaluru 560021

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Appointments
186-0208-0208

Emergencies
8821-818181

OP CASE SUMMARY
DOCTOR PRESCRIPTION

DR. REMIKA SHARMA
Specialist, Ophthalmology
Reg. No. 12086/2013/0225

MMI Narayana

Specialty Hospital

10/9/2022

Sourabh Singh
34/11

No. Ocular Complaint
No. DM, HTN

Rec. Vnc 616 (U.S) 200 QN
Vnc 616 (U.S) 200 QN
Nig (U.S) 200 QN
etc. cony cony 8-0

findings OK ON

to spectacle Rx done
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MMI Narayana
Specialty Hospital
09-0309
0821-818181

MMI Narayana Super Speciality Hospital
100 Feet Road,
Kalyan Nagar, Post-1000, Anna Nagar, Anna Salai, Chennai-600 042
Hospital Address: 100 Feet Road, Anna Nagar, Anna Salai, Chennai-600 042
Hospital Phone: 0821-818181
Hospital Website: www.mminarayana.com

CONSULTATION SUMMARY

Patient MRN : 17540000309117
Patient Name : Saurabh Singh Thakur
Gender/Age/Dob : Male , 34 Years , 17/03/88
Patient Phone No : 7772837333
Patient Address : D-113 avanti elegantle kachna,
Raipur,Chhattisgarh,India

Consultation Date: 10/09/2022 04:10 PM
Consultant : Dr. Mukesh Kumar Sharma
(GENERAL MEDICINE)
Consultation Type : OP , NEW VISIT



CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- CAME FOR HEALTH CHECK UP
- NO COMPLAIN
- NO H/O CO-MORBIDITIES
- ITCHING OVER GLANS

VITALS

Blood Pressure: 110/70 mmHg Heart Rate: 80 /bpm

MEDICATION ORDER

- DRUG NAME
- 1) MONTELUKAST+LEVOCETIRIZINE-TABLET-10MG+5MG-**MONTEMAC L**
 - 2) BENFOTIAMIN+VB12+ALA+FOLICACID+INOSITOL-TABLET-**BALAVIN FORTE**

PATIENT INSTRUCTION

Once Daily (0 - 0 - 0 - 1) Tablet Orally At Bed Time for 10 DAYS, , Qty: 10 , Start Date: Sep 10, 2022 , End Date: Sep 19, 2022

Once Daily (1 - 0 - 0 - 0) After Food for 30 DAYS, , Qty: 30 , Start Date: Sep 10, 2022 , End Date: Oct 09, 2022

NOTES

- LIFE STYLE MODIFICATIONS AS ADVISED
LOW SALT DIET, AVOID SPICY N JUNK FOODS
REGULAR EXERCISE

CONSULTANT DETAILS



Dr. Mukesh Kumar Sharma , CONSULTANT , GENERAL MEDICINE
Registration No : 5549/2014

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Appointments

1800-309-0309

Emergencies of 2

8821-818181

DEPARTMENT OF LABORATORY MEDICINE

MRN	: 17540000309117	Department	: GENERAL MEDICINE
Name	: Saurabh Singh Thakur	Specimen	: WHOLE BLOOD
Age / Sex	: 34 Year(s) / Male	Visit Type	: OP
Sample No	: 22209100138	Collected On	: 10/09/2022 10:39 AM
Consulting DR	: Dr. Mukesh Kumar Sharma	Referred DR	: Dr. Mukesh Kumar Sharma
Patient Address	: D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On	: 10/09/2022 11:32 AM
		Reported On	: 10/09/2022 12:27 PM
		Report Type	: Final

HAEMATOLOGY LAB

Test	Result	Unit	Biological Reference Interval
EHP MEDIWHEEL FULL BODY HEALTH CHECK PACKAGE MALE BELOW 40 YRS			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15.00 H	mm/hr	0-10



Dr. Pradeep N. NAIK M.B.B.S D.C.P
CONSULTANT PATHOLOGIST



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DEPARTMENT OF LABORATORY MEDICINE

MRN	: 17540000309117	Department	: GENERAL MEDICINE
Name	: Saurabh Singh Thakur	Specimen	: PLASMA
Age / Sex	: 34 Year(s) / Male	Visit Type	: OP
Sample No	: 1R2209100279	Collected On	: 10/09/2022 10:39 AM
Consulting DR	: Dr. Mukesh Kumar Sharma	Referred DR	: Dr. Mukesh Kumar Sharma
Patient Address	: D-113 avanti elegantle kachna Raipur null Chhattisgarh, India	Received On	: 10/09/2022 11:32 AM
		Reported On	: 10/09/2022 03:20 PM
		Report Type	: Final

BIOCHEMISTRY

test	Result	Unit	Biological Reference Interval
POST PRANDIAL BLOOD SUGAR (PPBS)	118.00		



Dr. NEERAJ KUMAR B.S.D.C.P
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Emergencies

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DEPARTMENT OF LABORATORY MEDICINE Narayana Health

MRN : 17540000309117 Name : Saurabh Singh Thakur Age / Sex : 34 Year(s) / Male Sample No : 1R2209100281 Consulting DR : Dr. Mukesh Kumar Sharma Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Department : GENERAL MEDICINE Specimen : SERUM Visit Type : OP Collected On : 10/09/2022 10:39 AM Referred DR : Dr. Mukesh Kumar Sharma Received On : 10/09/2022 11:32 AM Reported On : 10/09/2022 02:34 PM Report Type : Final
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Test	Result	Unit	Biological Reference Interval
FASTING BLOOD SUGAR (FBS)	100.00 H	mg/dl	70-99
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
CHOLESTEROL TOTAL	169.00		50-200
TRIGLYCERIDES	100.00	mg/dl	0-150
HDL CHOLESTROL (HDL C)	41.00	mg/dl	35-70
LDL CHOLESTEROL	108.00	mg/dl	0-100
VLDL CHOLESTEROL	20.00	mg/dl	0-40
CHOLESTEROL /HDL RATIO	4.12		0-5



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DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117	Department : GENERAL MEDICINE
Name : Saurabh Singh Thakur	Specimen : WHOLE BLOOD
Age / Sex : 34 Year(s) / Male	Visit Type : OP
Sample No : 22209100139	Collected On : 10/09/2022 10:39 AM
Consulting DR : Dr. Mukesh Kumar Sharma	Referred DR : Dr. Mukesh Kumar Sharma
Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On : 10/09/2022 11:32 AM
	Reported On : 10/09/2022 11:39 AM
	Report Type : Final

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
HAEMOGLOBIN (HB%)	14.90	g/dl	13-18
RED BLOOD CELL COUNT	4.73	Million/ μ l	4.5-6.5
PCV (PACKED CELL VOLUME) / HEMATOCRIT	43.2	%	40-54
MCV (MEAN CORPUSCULAR VOLUME)	91.4	fL	76-96
MCH (MEAN CORPUSCULAR HAEMOGLOBIN)	31.50	pg	27-32
MCHC (MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION)	34.40	%	30-35
RED CELL DISTRIBUTION WIDTH (RDW)	15.50 H	%	11.6-14.0
PLATELET COUNT	321.00	Thous/ μ l	150-400
TOTAL LEUKOCYTE COUNT (TLC)	7.1	Thousand/cu.mm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	67	%	40-75
Lymphocytes	28	%	20-45
Monocytes	03	%	2-10
Eosinophils	02	%	1-6
Basophils	00	%	0-1

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D. NEERAJ KUMAR, M.B.B.S D.C.P

CONSULTANT PATHOLOGIST



Appointments

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Emergencies

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DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117
 Name : Saurabh Singh Thakur
 Age / Sex : 34 Year(s) / Male
 Sample No : 1R2209100281
 Consulting DR : Dr. Mukesh Kumar Sharma
 Patient Address : D-113 avanti elegantle kachma Raipur null
 Chhattisgarh,India

Department : GENERAL MEDICINE
 Specimen : SERUM
 Visit Type : OP
 Collected On : 10/09/2022 10:39 AM
 Referred DR : Dr. Mukesh Kumar Sharma
 Received On : 10/09/2022 11:32 AM
 Reported On : 10/09/2022 02:35 PM
 Report Type : Final

Test	Result	Unit	Biological Reference Interval
LIVER FUNCTION TEST(LFT)			
BILIRUBIN TOTAL	0.80	mg/dl	0-1.3
BILIRUBIN DIRECT	0.20	mg/dl	0-0.3
TOTAL PROTEIN	7.60	gm/dL	6.4-8.2
SERUM ALBUMIN	4.50	gm/dL	3.4-5
SERUM GLOBULIN	3.10		
ALBUMIN TO GLOBULIN (A/G)RATIO	1.45		1-2.1
SGOT (AST)	30.00	IU/L	15-37
SGPT (ALT)	34.00	IU/L	30-65
ALKALINE PHOSPHATASE (ALP)	89.00	IU/L	50-136
GAMMA GLUTAMYL TRANSFERASE (GGT)	22	U/L	5-85



Dr. Neelam M. B. S. D. C. P
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Emergencies
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DEPARTMENT OF LABORATORY MEDICINE

MRN	: 17540000309117	Department	: GENERAL MEDICINE
Name	: Saurabh Singh Thakur	Specimen	: SERUM
Age / Sex	: 34 Year(s) / Male	Visit Type	: OP
Sample No	: 1R2209100281	Collected On	: 10/09/2022 10:39 AM
Consulting DR	: Dr. Mukesh Kumar Sharma	Referred DR	: Dr. Mukesh Kumar Sharma
Patient Address	: D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On	: 10/09/2022 11:32 AM
		Reported On	: 10/09/2022 03:39 PM
		Report Type	: Final

Test	Result	Unit	Biological Reference Interval
THYROID PROFILE (T3, T4, TSH)			
TRI IODO THYRONINE (T3)	1.24	ng/dL	0.6-1.81
THYROXINE (T4)	10.70	ug/dl	3.2-12.6
TSH (THYROID STIMULATING HORMONE)	1.73	mIU/mL	0.35-5.50



Dr. NEERAJ NAIK M.B.B.S D.C.P
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DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117	Department : GENERAL MEDICINE
Name : Saurabh Singh Thakur	Specimen : WHOLE BLOOD
Age / Sex : 34 Year(s) / Male	Visit Type : OP
Sample No : 82209100012	Collected On : 10/09/2022 10:39 AM
Consulting DR : Dr. Mukesh Kumar Sharma	Referred DR : Dr. Mukesh Kumar Sharma
Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On : 10/09/2022 11:32 AM
	Reported On : 10/09/2022 02:21 PM
	Report Type : Final

BLOOD BANK

Test	Result	Unit	Biological Reference Interval
BLOOD GROUP & RH TYPING			
BLOOD GROUP	"A"		
RH Typing	Positive		

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CONSULTANT PATHOLOGIST



Appointments
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Emergencies
8821-818181

DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117	Department : GENERAL MEDICINE
Name : Saurabh Singh Thakur	Specimen : WHOLE BLOOD
Age / Sex : 34 Year(s) / Male	Visit Type : OP
Sample No : 1R2209100282	Collected On : 10/09/2022 10:39 AM
Consulting DR : Dr. Mukesh Kumar Sharma	Referred DR : Dr. Mukesh Kumar Sharma
Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On : 10/09/2022 11:32 AM
	Reported On : 10/09/2022 01:42 PM
	Report Type : Final

Test	Result	Unit	Biological Reference Interval
HBA1C			
HBA1C	5.3	%tage	

Reference Group HBA1c in %

Non diabetic Adult (18 years or more) < 5.7

At risk (Prediabetes) 5.7 - 6.4

Diagnosing Diabetes >= 6.5

Estimated Average Glucose	105.41	mg/dL	
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Dr. T. BHUPENDRA NAIKM.B.B.S D.C.P
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Emergencies
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DEPARTMENT OF LABORATORY MEDICINE Unit of Narayana Health

MRN : 17540000309117	Department : GENERAL MEDICINE
Name : Saurabh Singh Thakur	Specimen : URINE
Age / Sex : 34 Year(s) / Male	Visit Type : OP
Sample No : 7R2209100053	Collected On : 10/09/2022 10:39 AM
Consulting DR : Dr. Mukesh Kumar Sharma	Referred DR : Dr. Mukesh Kumar Sharma
Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On : 10/09/2022 11:32 AM
	Reported On : 10/09/2022 12:41 PM
	Report Type : Final

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
VOLUME	30	ml	
COLOUR	PALE YELLOW		
APPEARANCE	CLEAR		
SP. GRAVITY	1.010		1.002-1.03
CHEMICAL EXAMINATION			
pH(REACTION)	6.5		4.8-7.5
PROTEIN	Negative		Negative
URINE GLUCOSE	Negative		Negative
KETONE BODIES	Negative		Negative
BILE SALTS	Negative		Negative
BILE PIGMENT (BILIRUBIN)	Negative		Negative
UROBILINOGEN	Negative		
BLOOD URINE	Negative		Negative
URINE LEUCOCYTE ESTERASE	Negative		Negative
MICROSCOPIC EXAMINATION			
NITRITE	Negative		Negative



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Appointments
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Emergencies

8821-818181

DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117 Name : Saurabh Singh Thakur Age / Sex : 34 Year(s) / Male Sample No : 7R2209100053 Consulting DR : Dr. Mukesh Kumar Sharma Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Department : GENERAL MEDICINE Specimen : URINE Visit Type : OP Collected On : 10/09/2022 10:39 AM Referred DR : Dr. Mukesh Kumar Sharma Received On : 10/09/2022 11:32 AM Reported On : 10/09/2022 12:41 PM Report Type : Final
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CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
PUS CELLS	1-2	hpf	0-2
RBC	NOT SEEN	hpf	0-3
EPITHELIAL CELLS	1-2	hpf	2-3
CRYSTALS	NOT SEEN		
CASTS	NOT SEEN		OCC HYALINE CAST / HPF



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1800-309-0309

Emergencies

8821-818181

DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117 Name : Saurabh Singh Thakur Age / Sex : 34 Year(s) / Male Sample No : IR2209100281 Consulting DR : Dr. Mukesh Kumar Sharma Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Department : GENERAL MEDICINE Specimen : SERUM Visit Type : OP Collected On : 10/09/2022 10:39 AM Referred DR : Dr. Mukesh Kumar Sharma Received On : 10/09/2022 11:32 AM Reported On : 10/09/2022 02:36 PM Report Type : Final
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Test	Result	Unit	Biological Reference Interval
RENAL PACKAGE - 2 (RFT FASTING)			
SERUM CREATININE			
SERUM CREATININE	0.9	mg/dl	0.8-1.3
eGFR	96.59	mL/min/1.73m2	
BLOOD UREA NITROGEN (BUN)	7.00	mg/dl	7-20
CALCIUM	9.40	mg/dl	8.5-10.1
MAGNESIUM	1.80	mg/dL	1.8-2.4
URIC ACID	5.90	mg/dl	3.5-7.2
PHOSPHORUS	3.40	mg/dl	2.6-4.7



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DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117
Name : Saurabh Singh Thakur
Age / Sex : 34 Year(s) / Male
Sample No : 1R2209100281
Consulting DR : Dr. Mukesh Kumar Sharma
Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India

Department : GENERAL MEDICINE
Specimen : SERUM
Visit Type : OP
Collected On : 10/09/2022 10:39 AM
Referred DR : Dr. Mukesh Kumar Sharma
Received On : 10/09/2022 11:32 AM
Reported On : 10/09/2022 03:10 PM
Report Type : Final

Test	Result	Unit	Biological Reference Interval
SODIUM, SERUM	145.00	mmol/L	135-150
POTASSIUM, SERUM	4.90 H	mmol/L	3.5-5
CHLORIDE	103.00	mmol/L	95-106



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DEPARTMENT OF LABORATORY MEDICINE

MRN : 17540000309117	Department : GENERAL MEDICINE
Name : Saurabh Singh Thakur	Specimen : SERUM
Age / Sex : 34 Year(s) / Male	Visit Type : OP
Sample No : 1R2209100280	Collected On : 10/09/2022 10:39 AM
Consulting DR : Dr. Mukesh Kumar Sharma	Referred DR : Dr. Mukesh Kumar Sharma
Patient Address : D-113 avanti elegantle kachna Raipur null Chhattisgarh,India	Received On : 10/09/2022 11:32 AM
	Reported On : 10/09/2022 02:34 PM
	Report Type : Final

Test	Result	Unit	Biological Reference Interval
FASTING BLOOD SUGAR (FBS)	100.00 H	mg/dl	70-99

Note:
Abnormal results are highlighted.
Results relate to the sample only.
Kindly correlate clinically.

– End of Report –



Dr. NEERAJ NAIK M.B.B.S D.C.P
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ECHOCARDIOGRAPHY REPORT

Patient ID	: 17540000309117	Report Date	: 10/09/2022
Patient Name:	: Mr.Saurabh Singh Thakur		
Age / Gender	: 34 Years/ Male		

MEASUREMENT

AO : 27 (20 - 35)mm **LVID(d)** : 42 (36 - 52)mm **IVS**: 07 (06 -11)mm
LA : 30 (19 - 40)mm **LVID s** : 25 (23 - 39)mm **PW**: 07 (06 - 11)mm
EF : 60%

VALVES

Mitral Valve : Normal
Aortic valve : Normal
Tricuspid Valve : Normal
Pulmonary Valve : Normal

CHAMBERS

Left Atrium : Normal
Right Atrium : Normal
Left Ventricle : Normal
Right Ventricle : Normal

SEPTAE

IVS : Intact
IAS : Intact

GREAT ARTERIES

Aorta : Normal
Pulmonary Artery : Normal



Patient ID : 17540000309117 Report Date : 10/09/2022
Patient Name: : Mr.Saurabh Singh Thakur
Age / Gender : 34 Years/ Male

WALL MOTION ABNORMALITIES

No RWMA at rest

FINAL DIAGNOSIS

No RWMA at rest
Normal LV systolic function. LVEF-60%.
Normal cardiac chambers dimension
IVC normal & collapsing >50% with respiratory variation.
No I/C clot, vegetation or pericardial effusion

S.Gouniyal

Dr. S.Gouniyal
MD, DM
Senior interventional Cardiologist



DR. PRASHANT MADHARIA
MD, PGDCC
Consultant Non- Invasive Cardiology

Dr. JINESH JAIN
MD, DM
Consultant, interventional Cardiology

Patient Name	Saurabh Singh Thakur	Requested By	Dr. Mukesh Kumar Sharma
MRN	17540000309117	Procedure Date Time	2022-09-10 15:05:07
Age/Sex	34Y 5M/Male	Hospital	NH-RAIPUR

CHEST RADIOGRAPH (PA VIEW)

CLINICAL DETAILS:For health checkup.

FINDINGS:

- The lung fields and bronchovascular markings appear normal.
The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- The visualized bones and soft tissue structures appear normal.
- Both the diaphragmatic domes appear normal.

IMPRESSION:

- **Normal chest radiograph.**



DR. VIJENDRA RUPRELA
MBBS, DMRD, DNB, MNAMS
CONSULTANT RADIOLOGIST

* **This is a digitally signed valid document.** Reported Date/Time: 2022-09-12 11:53:41

NAME: MR. SAURABH SINGH THAKUR

AGE: 34YRS/M MRN:309117

REF. BY: DR. M.SHARMA

DATE: 10.09.2022

SONOGRAPHY OF ABDOMEN AND PELVIS

The Real time, B mode, gray scale sonography was performed.

LIVER : The liver is normal in size 14.3cm & reveals increased echotexture grade-I.

PORTAL VEIN : The portal vein is normal in calibre.

GALL BLADDER : The gall bladder is partially distended.

Visualized proximal CBD is normal in calibre.

SPLEEN : The spleen is normal in size 9.6cm. No evidence of focal lesion is noted.

PANCREAS :The pancreas is poorly visualized.

B/L KIDNEYS :

The right kidney measures - 9.9 x 3.6cm and left kidney measures - 10.6 x 4.6cm in size. Both kidneys reveal normal cortical echotexture and have smooth margins. Cortico-medullary differentiation is maintained. No calculus or hydronephrosis is seen.

URINARY BLADDER : The urinary bladder is well distended.

PROSTATE: The prostate is normal in size 18cc.

No free fluid is seen in the peritoneal cavity.

Excessive intrabowel gases are noted.

IMPRESSION :

- Grade-I fatty liver.

ADVISED: Clinical correlation & appropriate further evaluation.



DR. PANKAJANA KEDIA
MBBS, CBET
CONSULTANT SONOLOGIST

ID: 309117
Name: MR SAURABH SINGH
Age: 34 Years
Gender: Male

2022-09-10 10:25:30

Vent. Rat. Sinus rhythm
PR interval 156 ms
QRS Duration 86 ms
QT/QTc interval 412/416 ms
P/QRS/T Axes 18/48/28 deg
QTc Hodges Normal ECG

Unconfirmed Diagnosis

“Please Xerox This Copy”

