





#### TMT INVESTIGATION REPORT

Patient Name: Mrs Neha KADAM

Location

: Ghaziabad

Age/Sex

: 31Year(s)/Female

Visit No

: V000000001-GHZB

MRN No

Order Date

: 25/03/2023

Ref. Doctor : HCP

MH010871596

Report Date

: 25/03/2023

Protocol

: Bruce

MPHR

: 189BPM

**Duration of exercise** 

: 6min 42sec

85% of MPHR

: 160BPM

**Reason for termination**: THR achieved

Peak HR Achieved : 185BPM % Target HR

**Blood Pressure (mmHg)**: Baseline BP: 120/60mmHg

Peak BP

: 134/66mmHg

**METS** 

: 97% : 8.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	75	120/60	Nil	No ST changes seen	Nil
STAGE 1	3:00	143	126/60	Nil	No ST changes seen	Nil
STAGE 2	3:00	171	134/66	Nil ·	No ST changes seen	Nil
STAGE 3	0:42	180	134/66	Nil	No ST changes seen	Nil
RECOVERY	3:02	104	130/60	Nil	No ST changes seen	Nil

### **COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

#### **IMPRESSION:**

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

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Manipal Health Enterprises Private Limited

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### RADIOLOGY REPORT

Name	Neha KADAM	Modality	DX
Patient ID	MH010871526	Accession No	R5329868
Gender/Age	F / 32Y 1M 29D	Scan Date	25-03-2023 10:22:59
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	25-03-2023 10:43:33

#### XR- CHEST PA VIEW

#### FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

#### **IMPRESSION**

-No significant abnormality noted.

Recommend clinical correlation.

Dr. Prabhat Prakash Gupta,

MBBS, DNB, MNAMS, FRCR(I)

Consultant Radiologist, Reg no DMC/R/14242

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## RADIOLOGY REPORT

Name	Neha KADAM	Modality	US
Patient ID	MH010871526	Accession No	R5329869
Gender/Age	F / 32Y 1M 29D	Scan Date	25-03-2023 11:42:48
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	25-03-2023 12:00:48

#### **USG ABDOMEN & PELVIS**

#### **FINDINGS**

LIVER: appears enlarged in size (measures 157 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 79 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.5 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.9 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Well distended with normal walls (~ 2.7 mm). Its lumen demonstrates multiple mobile calculi within with

the largest one measuring ~ 14 mm. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 105 x 49 mm.

Left Kidney: measures 91 x 51 mm. It shows a concretion measuring 2.5 mm at lower calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures  $76 \times 49 \times 43 \text{ mm}$ ), shape but shows coarse myometrial echotexture. Endometrial thickness measures 8.6 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 30 x 29 x 18 mm with volume 8.1 cc.

Left ovary measures 26 x 25 x 13 mm with volume 4.4 cc.

Bilateral adnexa is clear.

No free fluid seen in cul-de-sac.

BOWEL: Visualized bowel loops appear normal.

#### **IMPRESSION**

- -Cholelithiasis.
- -Hepatomegaly with diffuse grade I fatty infiltration in liver.
- -Left renal concretion.
- -Coarse myometrial echotexture of uterus.

Recommend clinical correlation.

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# RADIOLOGY REPORT

Name	Neha KADAM	Modality	US
Patient ID	MH010871526	Accession No	R5329869
Gender/Age	F / 32Y 1M 29D	Scan Date	25-03-2023 11:42:48
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	25-03-2023 12:00:48

(Marica)

Dr. Monica Shekhawat, MBBS,DNB, Consultant Radiologist,Reg No MCI 11 10887

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Name

MRS NEHA KADAM

Age

32 Yr(s) Sex :Female

**Registration No** 

MH010871526

Lab No

32230309957

**Patient Episode** 

H18000000373

Collection Date:

25 Mar 2023 20:58

Referred By

HEALTH CHECK MGD

**Reporting Date:** 26 Mar 2023 08:10

**Receiving Date** 

25 Mar 2023 21:12

#### BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Specimen Type : Serum

#### THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.35	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	11.07	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	3.500	µIU/mL	[0.340-4.250]

1st Trimester: 0.6 - 3.4 micIU/mL 2nd Trimester: 0.37 - 3.6 micIU/mL 3rd Trimester:0.38 - 4.04 micIU/mL

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neclan Sugal



Name

MRS NEHA KADAM

Age

32 Yr(s) Sex: Female

**Registration No** 

MH010871526

Lab No

202303002480

**Patient Episode** 

H18000000373

Collection Date:

25 Mar 2023 09:41

Referred By

HEALTH CHECK MGD

**Reporting Date:** 25 Mar 2023 13:11

**Receiving Date** 

25 Mar 2023 09:41

#### HAEMATOLOGY

7	FI	F	C	П	1
		-	J	Я	

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

COMPLETE BLOOD COUNT (AUTOMATED	)	SPECIMEN-EDTA Whole Blood			
RBC COUNT (IMPEDENCE)	4.44	millions/cu mm	[3.80-4.80]		
HEMOGLOBIN	12.8	g/dl	[12.0-16.0]		
Method:cyanide free SLS-colorim	etry				
HEMATOCRIT (CALCULATED)	40.1	8	[36.0-46.0]		
MCV (DERIVED)	90.3	fL	[83.0-101.0]		
MCH (CALCULATED)	28.8	pg	[27.0-32.0]		
MCHC (CALCULATED)	31.9	g/dl	[31.5-34.5]		
RDW CV% (DERIVED)	13.4	%	[11.6-14.0]		
Platelet count	287	x 10³ cells/cumm	[150-400]		
MPV(DERIVED)	12.8				
WBC COUNT(TC)(IMPEDENCE) DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)	8.96	$\times$ 10 $^3$ cells/cumm	[4.00-10.00]		
Neutrophils	77.0	%	[40.0-80.0]		
Lymphocytes	18.0	9	[17.0-45.0]		
Monocytes	4.0	8	[2.0-10.0]		
Eosinophils	1.0 #	%	[2.0-7.0]		
Basophils	0.0	9	[0.0-2.0]		
ESR	47.0 #	/1sthour	[0.0-		

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Name

MRS NEHA KADAM

Age

32 Yr(s) Sex :Female

Registration No

MH010871526

Lab No

202303002480

**Patient Episode** 

H18000000373

Collection Date:

25 Mar 2023 09:41

Referred By

HEALTH CHECK MGD

Reporting Date:

25 Mar 2023 17:23

**Receiving Date** 

25 Mar 2023 09:41

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

6.0 #

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbA1c in %

Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk )5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

126

mg/dl

Comments: HbAlc provides an index of average blood glucose levels over the past

8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance Reaction[pH] SLIGHTLY TURBID 5.0

(4.6 - 8.0)

Specific Gravity

1.005

(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NEGATIVE)

Glucose

NIL

(NIL)

Ketone Bodies

Negative

(NEGATIVE)

Urobilinogen

Normal

(NORMAL)

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Name

MRS NEHA KADAM

Age

32 Yr(s) Sex :Female

**Registration No** 

MH010871526

Lab No

202303002480

Patient Episode

111000000000

Dao 110

: H18000000373

Collection Date:

25 Mar 2023 12:30

Referred By

: HEALTH CHECK MGD

Reporting Date :

25 Mar 2023 15:39

**Receiving Date** 

25 Mar 2023 12:30

CLINICAL PATHOLOGY

/hpf

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells

10-15 /hpf

(0-5/hpf)

RBC Epithelial Cells

0-1/hpf

(0-2/hpf)

CASTS

1-2 NIL

14 T T1

Crystals OTHERS

NIL NIL

Serum LIPID PROFILE

TRIGLYCERIDES (GPO/POD)

Serum TOTAL CHOLESTEROL 236 #

mg/dl

[<200]

Moderate risk:200-239

High risk:>240

[<150]

Borderline high: 151-199

High: 200 - 499 Very high: >500

HDL- CHOLESTEROL

39.0

85

mg/dl

mg/dl

[35.0-65.0]

Method: Enzymatic Immunoimhibition VLDL- CHOLESTEROL (Calculated)

CHOLESTEROL, LDL, CALCULATED

17

mg/dl

[0-35]

180.0 # mg/dl

[<120.0]

Near/

Above optimal-100-129

T.Chol/HDL.Chol ratio(Calculated)

6.1

Borderline High:130-159

High Risk: 160-189

<4.0 Optimal

4.0-5.0 Borderline

>6 High Risk

LDL.CHOL/HDL.CHOL Ratio(Calculated)

4.6

<3 Optimal

3-4 Borderline

>6 High Risk

Note:

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MRS NEHA KADAM

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Registration No

MH010871526

Lab No

202303002480

Patient Episode

H18000000373

Collection Date:

25 Mar 2023 09:41

Referred By

**Reporting Date:** 25 Mar 2023 12:57

**Receiving Date** 

HEALTH CHECK MGD

25 Mar 2023 09:41

#### **BIOCHEMISTRY**

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Reference ranges based on ATP III Classifications.

#### KIDNEY PROFILE

Specimen: Serum			
UREA	27.7	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			- 4
BUN, BLOOD UREA NITROGEN	12.9	mg/dl	[8.0-20.0]
Method: Calculated		5.	[
CREATININE, SERUM	0.66 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization		(1000 <b>3</b> ) 1000 100	
URIC ACID	5.6	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	134.90 #	mmol/L	[136.00-144.00]
POTASSIUM, SERUM	4.21	mmol/L	[3.60-5.10]
SERUM CHLORIDE	101.2	mmo1/1	[101.0-111.0]
Method: ISE Indirect			

eGFR (calculated) 117.3 ml/min/1.73sq.m [>60.0] Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

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Age

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**Registration No** 

MH010871526

Lab No

202303002480

**Patient Episode** 

H18000000373

**Collection Date:** 

25 Mar 2023 09:41

Referred By

**Receiving Date** 

HEALTH CHECK MGD 25 Mar 2023 09:41

Reporting Date:

25 Mar 2023 12:58

**BIOCHEMISTRY** 

TEST	RESULT	UNIT	BIC	DLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST				
BILIRUBIN - TOTAL Method: D P D	0.68		mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0,12		mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN(SERUM) Method: Calculation	0.56		mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) Method: BIURET	8.90 #		gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.49		g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	4.40 #		gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.02			[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	20.00		U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	20.00		U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	118.0 #		IU/L	[40.0-98.0]
GGT	21.0			[7.0-50.0]

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32 Yr(s) Sex :Female

Registration No

MH010871526

Lab No

202303002480

**Patient Episode** 

H18000000373

Collection Date:

25 Mar 2023 09:41

Referred By

HEALTH CHECK MGD

Reporting Date:

25 Mar 2023 17:18

**Receiving Date** 

25 Mar 2023 09:41

**BLOOD BANK** 

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

A Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----

Dr. Charu Agarwal **Consultant Pathologist** 



Name

MRS NEHA KADAM

Age

32 Yr(s) Sex :Female

Registration No

: MH010871526

Lab No

202303002481

**Patient Episode** 

: H18000000373

Collection Date:

25 Mar 2023 09:41

Referred By

: HEALTH CHECK MGD

Reporting Date:

25 Mar 2023 12:58

**Receiving Date** 

: 25 Mar 2023 09:41

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

103.0

mg/dl

[70.0-110.0]

Method: Hexokinase

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-----END OF REPORT-----

Dr. Charu Agarwal Consultant Pathologist