

Name : Mr. SAYAJEE K (35 /M)

Date : 09/12/2022

Address : ARABALLY 1302, GODREJ PRAKRITI, SODEPUR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .RATNA GUPTA

UHID : AMHL.0002057304

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH162563



CHIEF COMPLAINTS

For Annual health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:10/12/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Bowel habits - regular; Rectal bleeding - no; Piles - no

Genitourinary system

- Nil Significant

Central nervous system

Concentration - good; Sleep - adequate

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error; - HIGH MYOPIC - 16 DIOPTERS BOTH EYES , CORRECTED WITH CONTACTS AND SPECTACLES

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Shoulder (bilateral) - pain, stiffness

Skin

- NEUROFIBROMATOSIS

Weight

- has gained weight; Number of kgs - PUT ON 20 KG IN 8 MONTHS



Present medications

- MULTIVITAMINS DAILY; Compliance - regular



Past medical history

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - Yes
- 2020

Hospitalization for Covid 19 - No



Surgical history

Tonsillectomy - AT 8 YEARS OF AGE



Personal history

Marital status - Married

No. of children - 1

Diet - Mixed Diet

Alcohol - stopped consuming alcohol

Units - 1

Frequency - occasional

Stopped consuming alcohol for - 12 YEARS

Smoking - No

Chews tobacco - No

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Physical activity - Moderate
 - gym
 Duration - 1 HOUR 6 DAYS A WEEK

 **Family history**


Father - alive
 Aged - 73 YEARS
 Mother - has expired
 Aged - 71 YEARS
 Cause - coronary artery disease
 Sisters - 1
 Diabetes - father,mother,paternal
 grandmother,paternal
 grandfather,aunt
 Hypertension - father,mother,aunt
 Coronary artery
 disease - mother
 Cancer - None
 Thyroid/other
 endocrine disorder - sister
 CVA - mother
 Renal disease - mother

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Obese
 Organomegaly - No
 Tenderness - No
 Bowel sounds - Normal

 **Central nervous system**

- No neurological deficit

 **Eyes**

Eye vision - Impaired
 Eye vision - HIGH MYOPIC

PHYSICAL EXAMINATION

 **General**

Build - obese
 Height - 182
 Weight - 110
 BMI - 33.21
 Pallor - No
 Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 80
 Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 100
 Diastolic(mm of Hg) - 60
 Heart sounds - S1S2+

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.2	g/dl	●	13.0-17.0
RBC COUNT	5.02	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.6	%	●	41-53
MCV	84.8	fl	●	83-101
MCH	28.4	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	12.8	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	3.02	lacs/cu mm	●	1.5-4.0
Neutrophils	47	%	●	40-80
Lymphocytes	41 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	08	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	41 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	77	U/L	●	53-128
AST (SGOT) - SERUM	35	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM 192 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 32 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 0.9 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.2 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.8 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 24 U/L ● 7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 0.9 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 6.3 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 87 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 192 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 119 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.6 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.5 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 8.2 * mg/dL ● 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 41 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 119 mg/dL ● Optimal: <100

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 12.4 mg/dL ● 7.0-18.0

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

ECG

SINUS RHYTHM.
T INVERSION IN LEAD III & AVF.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Dr.RATNA GUPTA

AHC Physician / Consultant Internal Medicine

Printed By :

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.