

Patient Name : Mr.STALIN J	Collected : 23/Sep/2023 08:17AM
Age/Gender : 47 Y 3 M 20 D/M	Received : 23/Sep/2023 12:18PM
UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 02:07PM
Visit ID : CANNOPV371557	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE45275	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

METHODOLOGY	: Microscopic.
RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.
PLATELETS	: Adequate in number.
PARASITES	: No haemoparasites seen.
IMPRESSION	: Normocytic normochromic blood picture.
NOTE/ COMMENT	: Please correlate clinically.



SIN No:BED230230590

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

ApollO Health and Lifestyle Limited (CIN - U85110TG2008PLC115819)

Regd. Office: 1-10-60/52, Kothava Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |  
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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Charita Nagar | Banjara | Balakrishna | Nizampet | Marikonda | Uppal) | Andhra Pradesh: Vizag (Sreebhama Petra) | Karnataka: Bangalore (Basavanagudi) | Bellary | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kuntalahalli | Koramangala | Sarjapur Road | Mysore (SV Mohalla) | Tamil Nadu: Chennai (Anna Nagar | Kotturpuram | Mogappair | T Nagar | Velambrasilam) | Vellore | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wankhede) | Uttar Pradesh: Ghaziabad (Indraprastha) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	14.6	g/dL	13-17	Spectrophotometer
PCV	43.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.85	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	89.3	fL	83-101	Calculated
MCH	30	pg	27-32	Calculated
MCHC	33.6	g/dL	31.5-34.5	Calculated
R.D.W	13.8	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,900	cells/cu.mm	4000-10000	Electrical Impedance

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	47.7	%	40-80	Electrical Impedance
LYMPHOCYTES	35.0	%	20-40	Electrical Impedance
EOSINOPHILS	7.0	%	1-6	Electrical Impedance
MONOCYTES	9.3	%	2-10	Electrical Impedance
BASOPHILS	1.0	%	<1-2	Electrical Impedance

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	2337.3	Cells/cu.mm	2000-7000	Electrical Impedance
LYMPHOCYTES	1715	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	343	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	455.7	Cells/cu.mm	200-1000	Electrical Impedance
BASOPHILS	49	Cells/cu.mm	0-100	Electrical Impedance

PLATELET COUNT

PLATELET COUNT	216000	cells/cu.mm	150000-410000	Electrical impedance
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ERYTHROCYTE SEDIMENTATION RATE (ESR)	5	mm at the end of 1 hour	0-15	Modified Westergren
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PERIPHERAL SMEAR

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UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 03:25PM
Visit ID : CANNOPV371557	Status : Final Report
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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	A			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY



SIN No:BED230230590

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	102	mg/dL	70-100	HEXOKINASE
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**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of  $>$  or  $=$  126 mg/dL and/or a random / 2 hr post glucose value of  $>$  or  $=$  200 mg/dL on at least 2 occasions.
- Very high glucose levels ( $>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	96	mg/dL	70-140	HEXOKINASE
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**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.8	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	120	mg/dL		Calculated



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**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



SIN No:PLF02031119,PLP1371487,EDT230087239

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	211	mg/dL	<200	CHO-POD
TRIGLYCERIDES	228	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	32	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	179	mg/dL	<130	Calculated
LDL CHOLESTEROL	133.4	mg/dL	<100	Calculated
VLDL CHOLESTEROL	45.6	mg/dL	<30	Calculated
CHOL / HDL RATIO	6.59		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.
2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method



SIN No:SE04489711

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM

BILIRUBIN, TOTAL	0.60	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.50	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	22	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	19.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	54.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.30	g/dL	6.6-8.3	Biuret
ALBUMIN	4.50	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.61		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury.

Values also correlate well with increasing BMI.

- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**

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- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	0.99	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	21.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	9.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.20	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	9.10	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	2.60	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	141	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.4	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	105	mmol/L	101–109	ISE (Indirect)



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	24.00	U/L	<55	IFCC



SIN No:SE04489711

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/52, Kothava Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apolloclinic.com | Email ID: enquiry@apolloclinic.com, Ph No: 940-4804-7777, Fax No: 4904-7744

Address: 8/No.30, F - Block, 2nd Avenue, Anna Nagar East, Chennai-600 102, Phone - 844-0224904 (9)

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Charada Nagar | Banjara | Balakrishna | Nizampet | Marikonda | Uppal) | Andhra Pradesh: Vizag (Sreebhama Petra) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kuntalaballi) | Karnataka: Bangalore (Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamil Nadu: Chennai (Anna Nagar | Kotturpuram | Mogappair | T Nagar | Velisaraivakkam) | Kerala: Mysore (Vijaya Vittala) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)



Patient Name : Mr.STALIN J	Collected : 23/Sep/2023 08:17AM
Age/Gender : 47 Y 3 M 20 D/M	Received : 23/Sep/2023 12:42PM
UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 04:07PM
Visit ID : CANNOPV371557	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE45275	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	0.99	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.81	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.872	µIU/mL	0.34-5.60	CLIA

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes



Patient Name : Mr.STALIN J	Collected : 23/Sep/2023 08:17AM
Age/Gender : 47 Y 3 M 20 D/M	Received : 23/Sep/2023 12:42PM
UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 04:07PM
Visit ID : CANNOPV371557	Status : Final Report
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Emp/Auth/TPA ID : bobE45275	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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SIN No:SPL23135275

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Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/52, Kothava Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohli.com | Email ID: enquiry@apollohli.com, Ph No: 940-4864-7777, Fax No: 4904-7744

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APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Charada Nagar | Banjara | Balakunta | Nizampet | Marikonda | Uppal) | Andhra Pradesh: Vizag (Sreebhama Petra) | Karnataka: Bangalore (Basavanagudi) | Bellary | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kuntalaballi | Koramangala | Sarjapur Road | Mysore (SV Mohalla) | Tamil Nadu: Chennai (Annamalai | Kotturpuram | Mogappair) | T Nagar | Velambravakkam | Velachery | Maharashtra: Pune (Aundh | Nigdi | Pradhikaran | Viman Nagar | Wankwadi) | Uttar Pradesh: Ghaziabad (Indraprastha) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

Patient Name : Mr.STALIN J	Collected : 23/Sep/2023 08:17AM
Age/Gender : 47 Y 3 M 20 D/M	Received : 23/Sep/2023 12:42PM
UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 03:57PM
Visit ID : CANNOPV371557	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE45275	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM</b>	0.350	ng/mL	0-4	CLIA



SIN No:SPL23135275

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Apollo Health and Lifestyle Limited (CIN - U85110TG2009PLC115819)

Regd. Office: 1-10-60/52, Kothava Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohli.com | Email ID: enquiry@apollohli.com, Ph No: 940-4864-7777, Fax No: 4904-7744

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Patient Name : Mr.STALIN J	Collected : 23/Sep/2023 08:17AM
Age/Gender : 47 Y 3 M 20 D/M	Received : 23/Sep/2023 03:00PM
UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 04:09PM
Visit ID : CANNOPV371557	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE45275	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	3-5	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



SIN No:UR2188946

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2005PLC115819)

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1860 500 7788  
www.apolloclinic.com

APOLLO CLINICS NETWORK

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Patient Name : Mr.STALIN J	Collected : 23/Sep/2023 08:17AM
Age/Gender : 47 Y 3 M 20 D/M	Received : 23/Sep/2023 02:58PM
UHID/MR No : CANN.0000124245	Reported : 23/Sep/2023 04:18PM
Visit ID : CANNOPV371557	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : bobE45275	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



Dr. MARQUESS RAJ  
M.D, DipRCPATH, D.N.B(PATH)  
Consultant Pathologist



DR. R. SRIVATSAN  
M.D.(Biochemistry)



Dr THILAGA  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist



SIN No:UPP015500,UF009480

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2008PLC115819)

Regd. Office: 1-10-60/52, Kothakota Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |  
www.apollohsl.com | Email ID: enquiry@apollohsl.com, Ph No: 940-4804-7777, Fax No: 4904-7744

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Patient Name	: Mr. STALIN J	Age	: 47 Y/M
UHID	: CANN.0000124245	OP Visit No	: CANNOPV371557
Conducted By:	: Dr. ARULNITHI AYYANATHAN	Conducted Date	: 24-09-2023 10:38
Referred By	: SELF		

---

**CARDIOLOGY**  
**CARDIAC STRESS TEST – (TMT)**

**Angina Pectoria:**

**NO**

**Previous MI:**

**NO**

**PTCA:**

**NO**

**CABG:**

**NO**

**HTN:**

**NO**

**DM:**

**NO**

**Smoking:**

**NO**

**Obesity:**

**NO**

**Lipidemia:**

**NO**

**Resting ECG Supine:**



Patient Name : Mr. STALIN J Age : 47 Y/M  
UHID : CANN.0000124245 OP Visit No : CANNOPV371557  
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 24-09-2023 10:38  
Referred By : SELF

---

**NORMAL**

**Standing:**

**NORMAL**

**Protocol Used:**

**BRUCE**

**Monitoring Leads:**

**12 LEADS**

**Grade Achieved:**

**16**

**% HR / METS:**

**10.4 METS**

**Reason for Terminating Test:**

**MAX HR ATTAINED**

**Total Exercise Time:**

**9.12**

**Symptoms and ECG Changes during Exercise:**

**NO SYMPTOMS NO SIGNIFICANT ST T CHANGES**

**0 mts:**

**NO SYMPTOMS NO SIGNIFICANT ST T CHANGES**

**3 mts:**

**NO SYMPTOMS NO SIGNIFICANT ST T CHANGES**

**6 mts:**

Patient Name : Mr. STALIN J Age : 47 Y/M  
UHID : CANN.0000124245 OP Visit No : CANNOPV371557  
Conducted By: : Dr. ARULNITHI AYYANATHAN Conducted Date : 24-09-2023 10:38  
Referred By : SELF

---

**NO SYMPTOMS NO SIGNIFICANT ST T CHANGES**

**INTERPRETATION:**

**Rhythm:**

**NORMAL**

**S.T. Segment :**

**NORMAL**

**III Blood Pressure Response :**

**NORMAL**

**IV Fitness Response :**

**GOOD**

**Impression:**

**CARDIAC STRESS ANALYSIS IS NEGATIVE FOR INDUCIBLE  
MYOCARDIAL ISCHEMIA**

**DR ARULNITHI**

**---- END OF THE REPORT ---**

<b>Patient Name</b>	: Mr. STALIN J	<b>Age/Gender</b>	: 47 Y/M
<b>UHID/MR No.</b>	: CANN.0000124245	<b>OP Visit No</b>	: CANNOPV371557
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 23-09-2023 16:41
<b>LRN#</b>	: RAD2106105	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: bobE45275		

---

**DEPARTMENT OF RADIOLOGY**

---

**ULTRASOUND - WHOLE ABDOMEN**

Liver shows uniform echopattern with no evidence of focal or diffuse pathology.  
Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus.  
Wall thickness appear normal.

Pancreas and spleen appear normal.  
Spleen measures 9.8cms.

Portal and splenic veins appear normal.  
No evidence of ascites or lymphadenopathy.

Diaphragmatic movements are satisfactory.  
There is no evidence of sub diaphragmatic pathology or pleural effusion.

Right kidney measures 11.5 x 3.9cms.  
Left kidney measures 11.1 x 5.9cms.  
Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Prostate measures 3.6 x 3.2 x 2.9cms volume 18cc and shows normal echopattern.  
Seminal vesicles appear normal.  
Bladder is normal in contour.



**Patient Name** : Mr. STALIN J

**Age/Gender** : 47 Y/M

---

**IMPRESSION:**

**\*NO SIGNIFICANT ABNORMALITY DETECTED.**

**Dr. ASHIQ MOHAMMED JEFFREY**

MD

Radiology



<b>Patient Name</b>	: Mr. STALIN J	<b>Age/Gender</b>	: 47 Y/M
<b>UHID/MR No.</b>	: CANN.0000124245	<b>OP Visit No</b>	: CANNOPV371557
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 23-09-2023 13:16
<b>LRN#</b>	: RAD2106105	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: bobE45275		

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardiophrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

**IMPRESSION:**

**\*NO SIGNIFICANT ABNORMALITY DETECTED.**

**Dr. PRAVEENA SHEKAR T**  
**MBBS, DMRD, FAGE**  
Radiology



Name: Mr. STALIN J  
Age/Gender: 47 Y/M  
Address: NO 1/13 9TH CROSS ST VENKATESWARA NAGAR RAMAPURAM  
PORUR  
Location: CHENNAI, TAMIL NADU  
Doctor:  
Department: GENERAL  
Rate Plan: ANNANAGAR\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. ANUSHA ARUMUGAM

MR No: CANN.0000124245  
Visit ID: CANNOPV371557  
Visit Date: 23-09-2023 08:07  
Discharge Date:  
Referred By: SELF

## **DRUG ALLERGY**

DRUG ALLERGY: Nil ,

## **HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS**

### **Chief Complaints**

COMPLAINTS:::: For Corporate Health Checkup,

### **Present Known Illness**

No history of: No History of diabetes / Hypertension / Heart Disease,

## **SYSTEMIC REVIEW**

### **Cardiovascular System**

CHEST PAIN: No,

### **Respiratory System.**

Nil significant: Nil significant,

### **GastroIntestinal System**

APPETITE : Normal,

### **GenitoUrinary System**

-: Nil ,

### **Central Nervous System**

CONCENTRATION : Good,

### **\*\*Weight**

--->: Stable,

### **General Symptoms**

: No ,

## **HT-HISTORY**

**Past Medical History**

Jaundice: ,,

\*\*Cancer: No ,

**Past surgical history**

Surgical history: NIL,

**Personal History**

Marital Status	Married,
-->	
No. of Children	2,
-->	
Diet	Non-Vegetarian,
-->	
ALCOHOL	Consumes alcohol occasionally,
-->	
Physical Activity	Active,

**Family History**

Father	Alive,
-->	
Mother	Alive,
-->	
SISTERS	1,
-->	
BROTHERS	1,

**PHYSICAL EXAMINATION****General Examination**

Height (in cms): 179,

Weight (in Kgs): 83.3,

Waist: 92,

Hip: 99,

**SYSTEMIC EXAMINATION****CardioVascularSystem**

Heart Rate(Per Minute):: 76,

Systolic: 130,

Diastolic: 90,

**Central Nervous system:**

>: No neurological deficit,

**IMPRESSION**

Apollo Health check

Findings: **1. Elevated Fasting sugar level**  
**2. HLD ,**

## **RECOMMENDATION**

### **Advice on Diet**

Dietician diet advice: **Low Carbohydrates / Low fat diet / Regular physical exercise ,**

### **Advice on Medication**

Advice: **TAB ROSEDAY F10 (0-0-1) AT 3 MONTHS ,**

## **DISCLAIMER**

Disclaimer: **The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,**

**Doctor's Signature**

TABULAR SUMMARY REPORT

MR STALIN J. BMC  
ID: 000124245

47 years

23-Sep-2023  
9:08:04

Male

BRUCE  
Max HR: 170bpm 98% of max predicted 173bpm  
Max BP: 150/100  
Maximum workload: 10.4 METS  
Total Exercise time: 9:12  
25.0 mm/s  
10.0 mm/mV  
100hz

Reason for Termination: Max HR attained  
Comments: FINAL IMPRESSION : TMT IS NEGATIVE / POSITIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA

*RM*

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METs)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:19	***	***	1.0	82		
	STANDING	0:44	0.8	0.0	1.2	75	130/90	98
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	102	130/90	133
	STAGE 2	3:00	2.5	12.0	7.0	130		
	STAGE 3	3:00	3.4	14.0	10.1	163	150/100	245
	STAGE 4	0:12	4.2	16.0	10.4	170	150/100	255
RECOVERY	Post	3:34	***	***	1.0	105	140/90	147

*JSR*

Unconfirmed



MR STALIN J. RMC  
ID: 000124245

47 years

Male

23-Sep-2023  
9:08:04

**BRUCE**  
Max HR: 170bpm 98% of max predicted 173bpm  
Max BP: 150/100  
Maximum workload: 10.4 METS  
Total Exercise time: 9:12  
25.0 mm/s  
10.0 mm/mV  
100hz

Reason for Termination: Max HR attained  
Comments: FINAL IMPRESSION : TMT IS NEGATIVE / POSITIVE FOR INDUCIBLE MYOCARDIAL ISCHEMIA

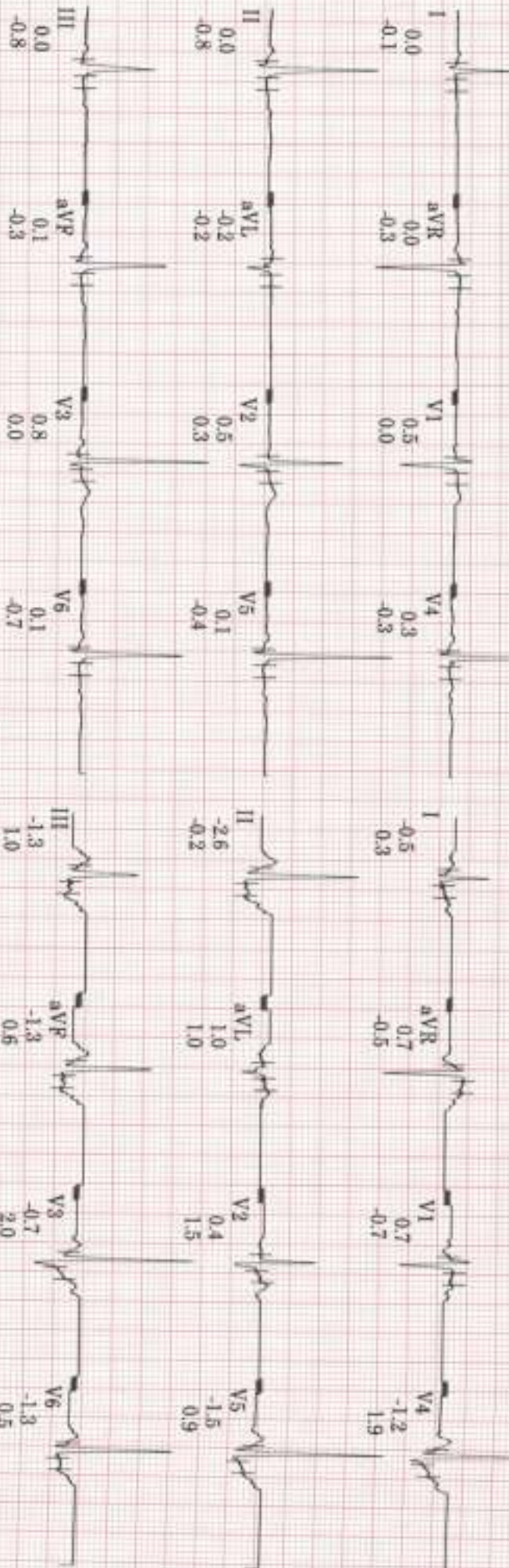
**BASELINE**  
EXERCISE STAGE 1  
0:00 1.2 METS  
75bpm ST @ 10mm/mV  
BP: 130/90 80ms post

Lead  
ST(mm)  
Slope(mV/s)

**RECOVERY Post**  
0:11 9.9 METS

169bpm ST @ 10mm/mV  
BP: 150/100 80ms post

Lead  
ST(mm)  
Slope(mV/s)



*IBR*



## Your Apollo order has been confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Mon 8/28/2023 5:36 PM

To:wellness@mediwheel.in <wellness@mediwheel.in>

Cc:Annanagar Apolloclinic <annanagar@apolloclinic.com>;Haranath S <haranath.s@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>



Dear MR. J STALIN .,

Namaste Team,

Greetings from Apollo Clinics,

With regards to the below request the below appointment is scheduled at **ANNA NAGAR clinic** on **2023-09-23** at **08:15-08:20**.

Corporate Name	<b>ARCOFEMI HEALTHCARE LIMITED</b>
Agreement Name	<b>ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT</b>
Package Name	<b>[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324]</b>

**"In view of corona virus precautionary measures, you are requested to take a mandatory check for symptoms & self-declaration at centre. Please cooperate. Thank you."**

**NOTE: We are not providing the breakfast in view of corona virus. And that customers on their own should carry their breakfast.**

**Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.**

### **Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check Centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

**As per agreement terms please carry all relevant documents such as Confirmation mail, valid id proof, company ID card etc.**

**For further assistance please call us on our Help Line #: 1860 500 7788.**

**Clinic Address: APOLLO MEDICAL CENTRE,NO-30,F- BLOCK,2ND AVENUE, ANNANAGAR EAST,CHENNAI - 600102.**

**Contact No: 7358392880/7305702537.**

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

**Note: Speak Freely. Speak Free! Speak to our Doctor from 8:00 PM to 8:00 AM by calling 1860 500 7788 and press #2 on the IVR. Now get all your Health related queries answered by an expert! Service by Apollo Clinic.**

Warm Regards,  
Apollo Team



CANN- 124245  
OCR- 95763

Jalr.

23/2/23

Mr. Stalin J 47/11.

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P.:

General Examination / Allergies  
History

Rx  
Patient advised complete  
scaling

Follow up date:

  
Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.

Name: Mx. Stalin J  
 Occupation: Assistant Manager-Bank  
 Age: 47 Sex: Male  Female   
 Address: 1/3, 9th cross st,  
Bomr Ph: 9626631038

Date: 23/9/23 Reg. No.: 129245  
 Ref. Physician: \_\_\_\_\_  
 Copies to: \_\_\_\_\_

**REPORT ON OPHTHALMIC EXAMINATION**

History: No systemic & ocular illness.

Present Complaint: Medical checkup.

**ON EXAMINATION:**

	RE	LE
Ocular Movements :	Full	Full
Anterior Segment :	N	N.
Intra-Ocular-Pressure :		
Visual Acuity: D.V. :	6/6	6/6
Without Glass :		
With Glass :	-	-
N.V. :	Need g/ Add +1.75 Dsph	Nc.
Visual Fields :	N	N
Fundus :		
Impression :		
Advice :		
Colour Vision :	N	N

*Stalin*

ENT check up

Stalin J

67/M

23/9/23

Height:	Weight:	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P:

General Examination / Allergies  
History

No complaints

of E

DSR



Follow up date:

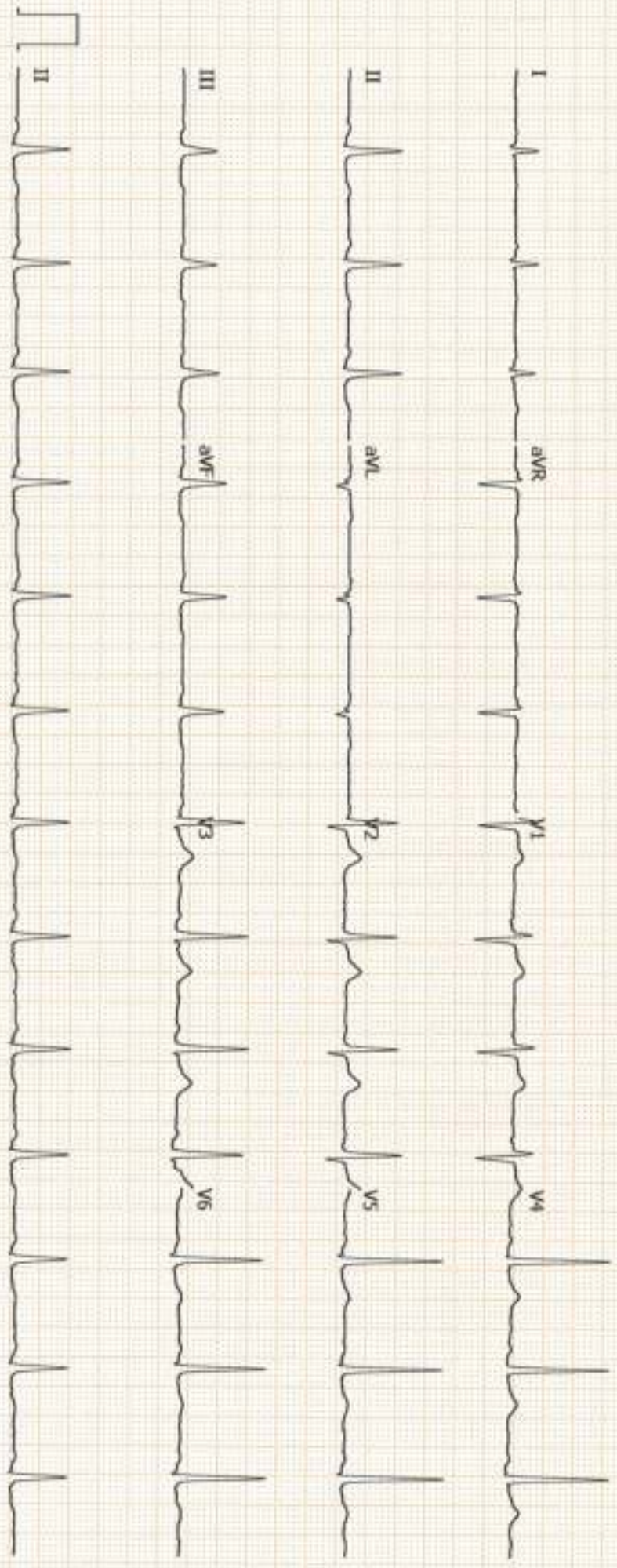
Doctor Signature & Stamp

Convenient & reliable. Complete diagnostic services for the entire family. All under one roof.



Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

QRS : 76 ms  
QT / QTcBaz : 364 / 422 ms  
PR : 136 ms  
P : 98 ms  
RR / PP : 744 / 740 ms  
P / QRS / T : 67 / 70 / 40 degrees



*NSR  
Non specific ST-T changes  
Dist*

*ISAR*



Patient Name	: Mr. STALIN J	Age	: 47 Y/M
UHID	: CANN.0000124245	OP Visit No	: CANNOPV371557
Reported By:	: Dr. ARULNITHI AYYANATHAN	Conducted Date	: 23-09-2023 14:18
Referred By	: SELF		

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## **ECG REPORT**

### **Observation :-**

- 1. Sinus Rhythm.**
- 2. Heart rate is 81 beats per minutes.**

### **Impression:**

**NONSPECIFIC ST - T CHANGES.**

**----- END OF THE REPORT -----**

**Dr. ARULNITHI AYYANATHAN**