

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001138948 MS. MYTHILY J Age: 38 Year(s) Year(s)/Female 18 Mar 2023 10:08:10 AM 	Age : Sex : M/F UHID :
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Physical Examination

General : Anaemia Oedema	Build Icterus Glands	Height 163 Oedema	Weight 55.5 kg Glands	BMI : Cyanosis Clubbing
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HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm 81 bpm B.P. : Supine 129/81 mm Hg Chest shape Heart Sounds Murmurs Thrills	Sitting Standing Spox 98%
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Echo screening
 - Normal LV systolic function
 - NO RWMA, EF 60%
 - RVSP : 22+10 mmHg

RS :

Rate & Type

 Breath Sounds



Dr. MEHTA .Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

AHB-0001136949

Place Label Here
 MS. mythily J
 Age - 38 years
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		Wt: <u>55.5</u> Ht: <u>163</u> T: _____ P: <u>81</u> BP: <u>129/81</u>
	H/o fall (within 1 year)	Yes No	Pain <u>0</u> /10 <input checked="" type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes No		
Gait <u>2</u>	Dep. Indep.		

All reports - unc

*Adv
 Healthy life style*

**Medicine Reconciliation Dose & Frequency
 Advice & Plan**

Kindly get this document scanned at the counter for the record purpose

[Signature]
Signature and Date

YOUR CLINICAL TEST RESULTS

Ms. MYTHILY J

FEMALE / 38 Yrs / AHB.0001136949 / AHBHC119673

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 18/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin : Oxyhemoglobin method(Photometric measurement)	12.7	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.34	x(10) ¹² /l	●	3.7 - 4.8
Hemoglobin (Calculated)	38	%	●	34 - 46
MCV (Derived from RBC histogram)	88	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	13.1	%	●	11.60-14.00
Platelet Count (Impedance)	283	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.3	x(10) ⁹ /l	●	4 - 11
Neutrophils	54	%	●	40 - 80
Lymphocytes	30	%	●	8.6 - 23.8
Monocytes	11 *	%	●	2 - 10
Monocytes	11 *	%	●	2 - 10
Eosinophils	5	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	8	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	5.5			

● Within Normal Range ● Boderline High/Low ● Outside Range

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Specific Gravity	1.020		●	1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments.	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E U /dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group.	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	2.8	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.3	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE -	50	U/L	●	Adult: 30 - 120

Within Normal Range
 Boderline High/Low
 Outside Range

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SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	21	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.54	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	106	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	147	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.67	mg/dL	●	Female: 0.6 - 1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	11	U/L	●	<= 38

LUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	87	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126"

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	93	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200"

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range ● Boderline High/Low ● Outside Range

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Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL - SERUM	54	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	89	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.6	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.1	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

THYROID PROFILE - I (T3, T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	159.12	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	7.8	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	56	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"

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TOTAL CHOLESTEROL/HDL	2.7	●	< 5.0
CHOLESTEROL RATIO(Calculated)			

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.44	μIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	14 *	mg/dL	●	15 - 45
URIC ACID - SERUM	3.1	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	11	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.11	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.43	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	30		●	Healthy Adults: 22 - 29

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details :	Ms. MYTHILY J		F		038Y
UHID :	AHB.0001136949	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC119673	Scanned on :			18-Mar-2023 11:45
Accession Number :	10601.123032123	Reported On :			18-Mar-2023 15:08:35
Referring Doctor :	null				

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

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IMPRESSION: *No definite abnormality noted on the chest radiograph.*

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DR ANJITHA S
RESIDENT

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details : Ms. MYTHILY J	F 038Y
UHID : AHB.0001136949	Ward/Bed No. : AHC / AHC
I.P.No./Bill No. : AHBHC119673	Scanned on : 18-Mar-2023 13:18
Accession Number : 10601.223025157	Reported On :
Referring Doctor : null	

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 7mm.

Both ovaries appear normal in size and echopattern. Dominant follicle noted in right ovary measuring ~ 20 x 15 mm.

No evidence of ascites or pleural effusion seen.

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IMPRESSION:

USG study of the abdomen shows no definite abnormality.

- *Suggested clinical correlation.*

=====

(Enclosed report) Mn



DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

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APOLLO HOSPITALS

Patient Details

Date: 18-Mar-23

Time: 13:30:05

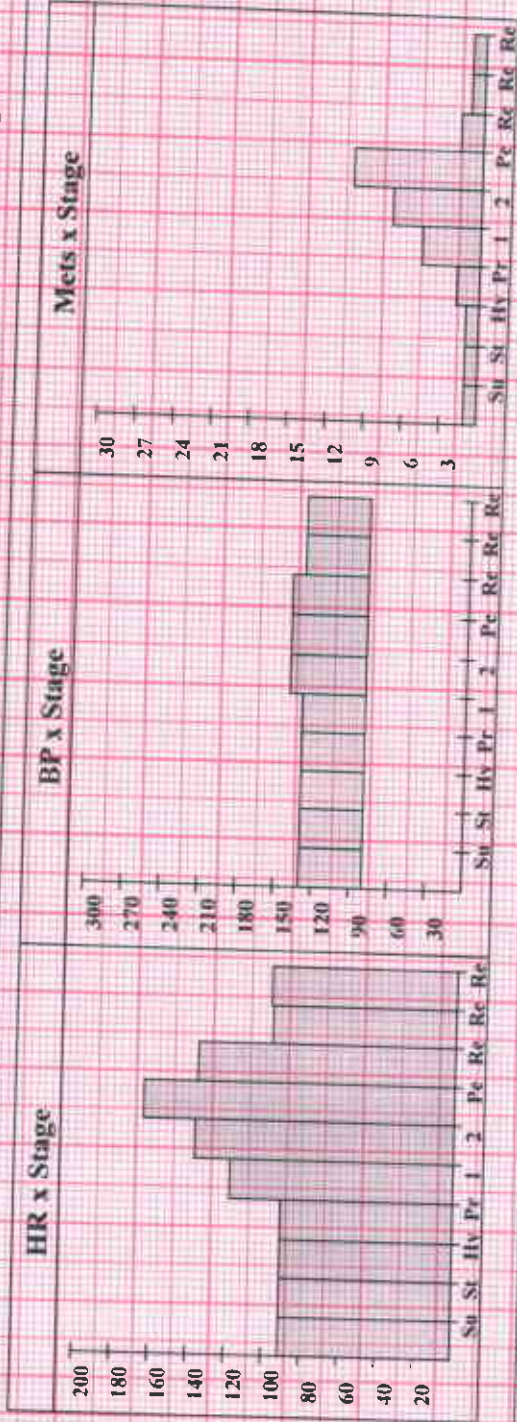
Name: MYTHILY J ID: AHB1136949

Sex: F

Age: 38 y

Height: 163 cms

Weight: 55 Kgs



Interpretation

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 BASELINE ECG SHOWS ST-T CHANGES, NO FURTHER CHANGES NOTED IN EXERCISE
 OR RECOVERY
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA.
 * CORRELATE CLINICALLY *

[Handwritten Signature]

Ref. Doctor: AHC

(Summary Report edited by user)

Doctor: DR K M NAIR

Schiller CS-20 V1.9

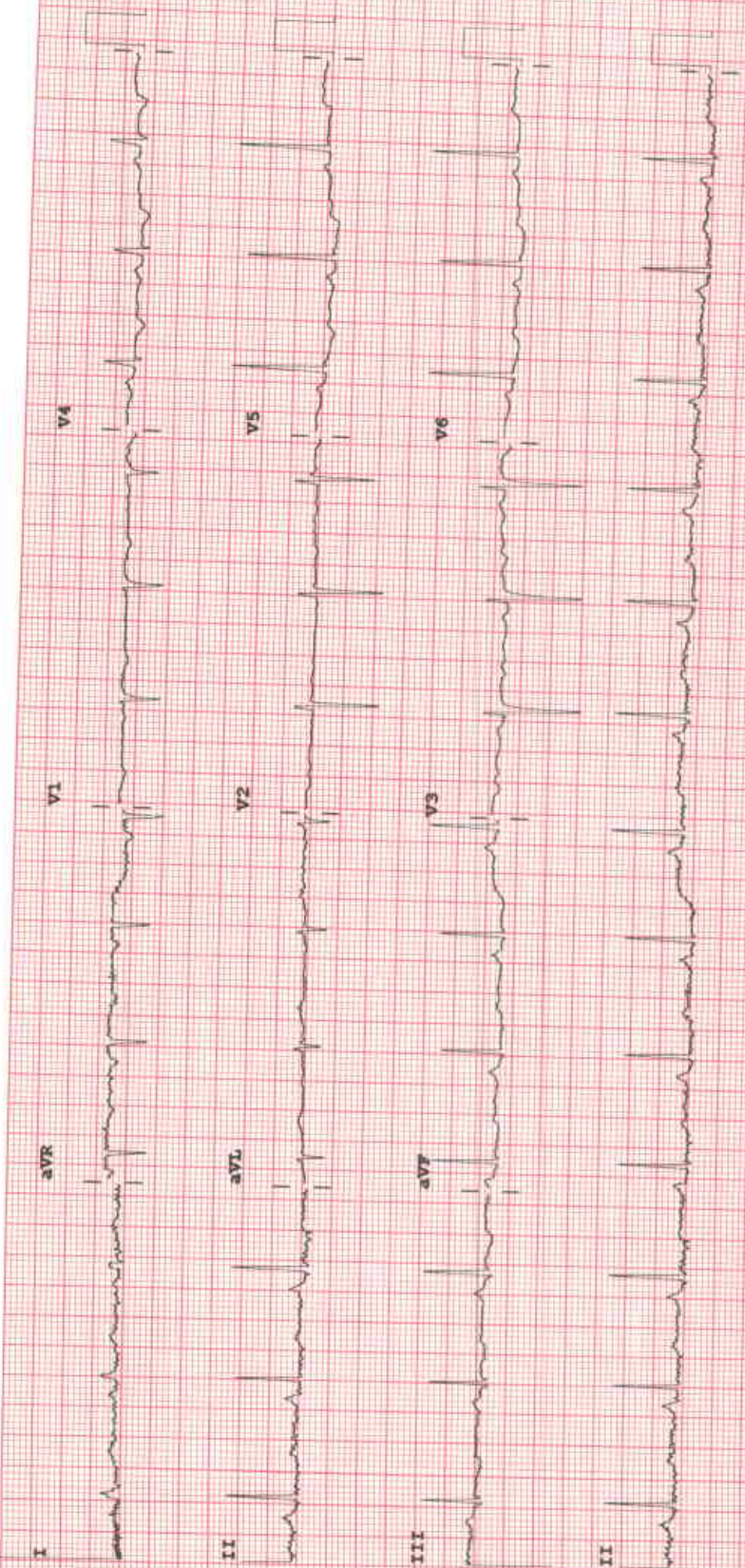
[Handwritten Signature]

Rate 80
 PR 158
 QRSD 82
 QT 353
 QTc 408
 --AXIS--
 P 69
 QRS 66
 T -13

AHB.0001136848
 MS. MYTHILY J
 Age: 38 Year(s) Female
 18 Mar 2023 10:08:14 AM



12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV
 P 50~ 0.15-100 Hz 100B CL P?