

ZENA HEALTHCARE

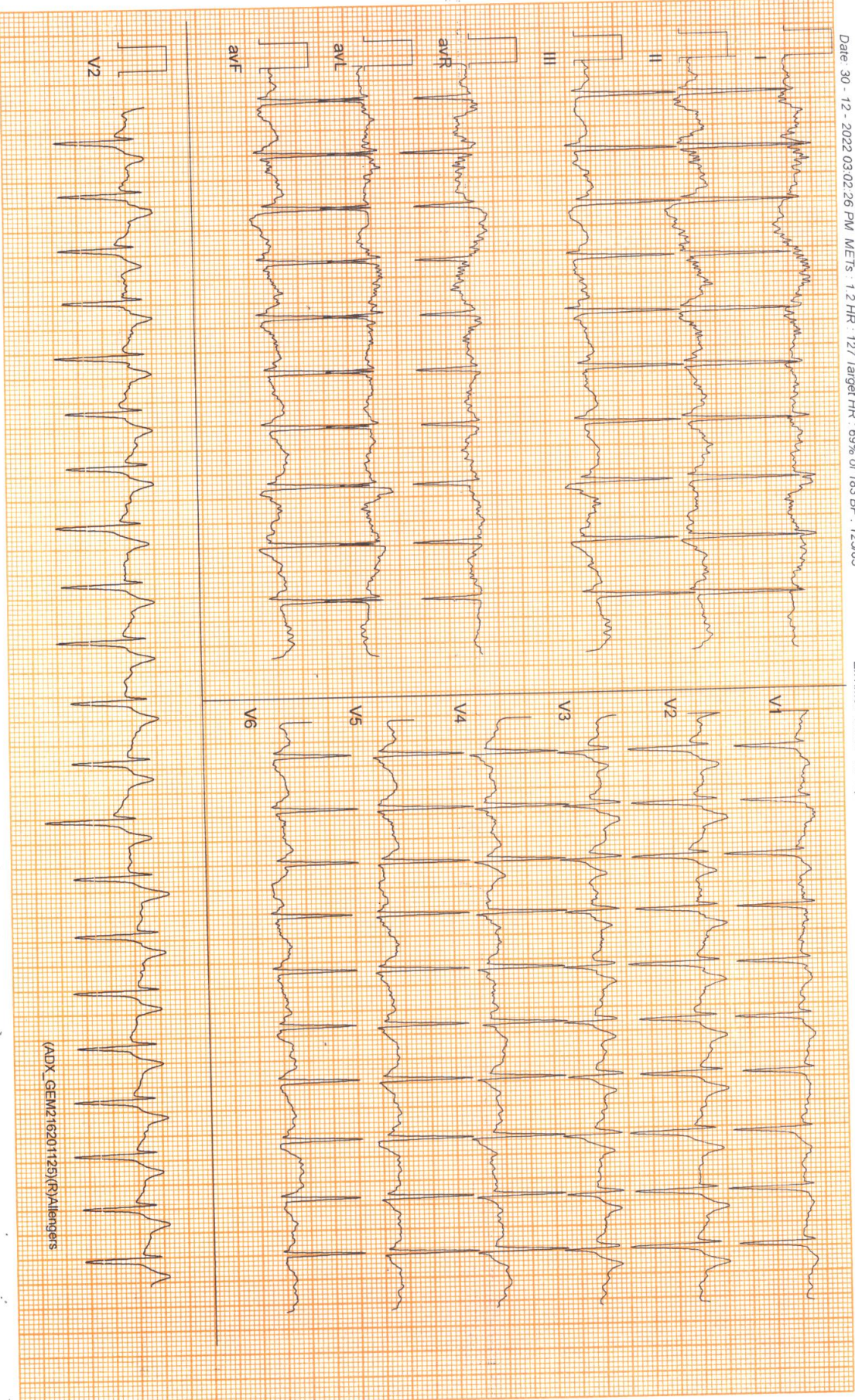
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 30 - 12 - 2022 03:02:26 PM METs - 1.2 HR - 127 Target HR - 69% of 183 BP - 125/85

EXTime - 08:40 1.1 mph 0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers

ZENA HEALTHCARE

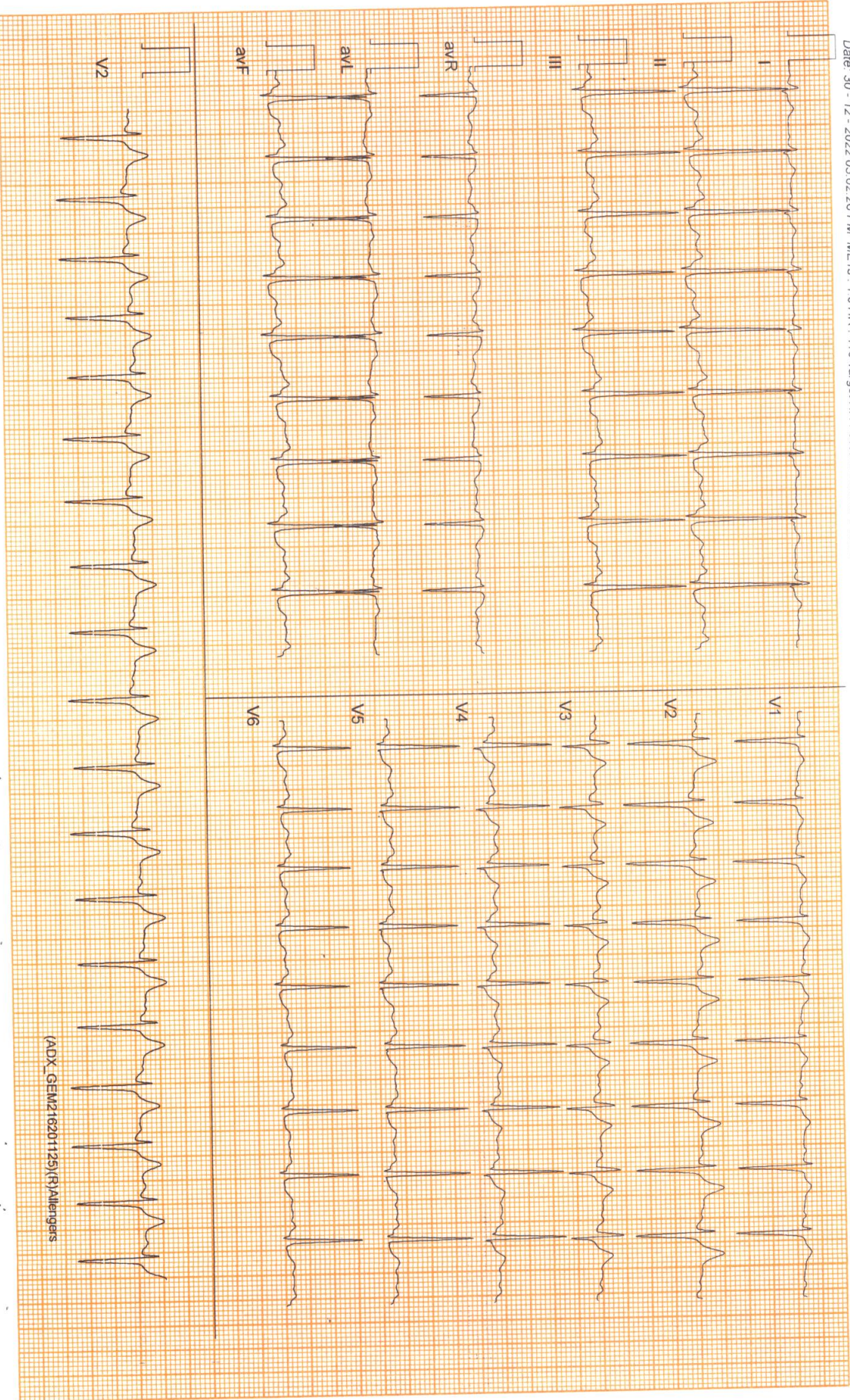
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
Recovery(3:00)



Date: 30 - 12 - 2022 03:02:26 PM METs : 1.0 HR : 116 Target HR : 63% of 183 BP : 123/84

ExTime : 08:40 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 HZ LF 35 Hz



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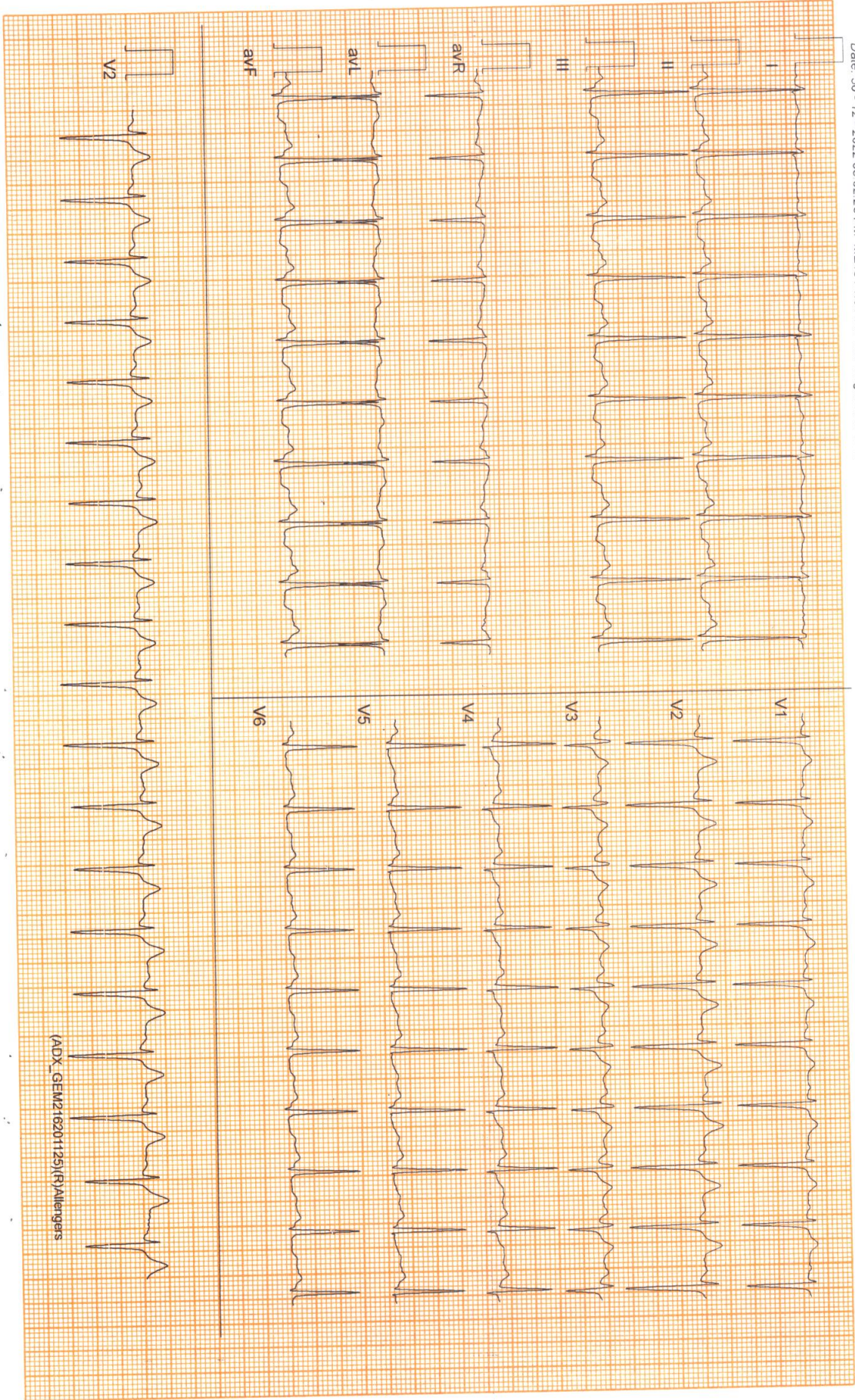
SAHDNAGAR BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
Recovery(5:07)



Date: 30 - 12 - 2022 03:02:26 PM METS : 1.0 HR : 106 Target HR : 58% of 183 BP : 121/82

ExTime : 08:40 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengars

LALATENDU MOHAPARA
MALE

ZENA HEAL THCARE
PLOT -119, SAHIDNAGAR, BHUBANESWAR

ID 500383 CASE
AGE 37 Y M D

Kg

SINUS RHYTHM

RATE	87 bpm
P-R	685 ms
P-R	152 ms
QRS	86 ms
QT	342 ms
QTc	389 ms

AXIS

P	46°
QRS	52°
T	57°

NORMAL ECG

12 SL. REPORT FORMAT: 3x4*1L SQ

REF

Dr





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Healthcare Services
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Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:- LALATENDU MOHAPATRA
AGE:-37YRS
Patient ID:-1

REFERRAL:-MEDI-WHEEL
DATE:-30.12.2022
SEX:-MALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist


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Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health

Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:28 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	83.36	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	94.19	70 - 140	mg/dL
Blood Group ABO & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"A"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		
ESR, Erythrocyte Sedimentation Rate			
ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren	13	0 - 15	mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT


Lab Technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health
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Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:27 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	18.29	10 - 50	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.81	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	5.04	3.4 - 7.0	mg/dL

END OF REPORT


Lab technician



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MICROBIOLOGIST

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Wishing Good Health
Page 1 of 1

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Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:27 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	15.4	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.36	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	48.0	42 - 52	%
Mean Cell Volume (MCV)	89.55	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.73	27 - 31	PG
Mean Corpuscular Hb Concn. (MCHC)	32.08	32 - 36	g/dL
Red Cell Distribution Width (RDW)	11.5	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7400	4000-10000	cell/cu.mm
Neutrophils	65	40 - 80	%
Lymphocytes	31	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	01	1 - 6	%
Basophils	00	1-2	%
Platelet Count	371	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	10.3	7.2 - 11.7	fL
PCT	0.38	0.2 - 0.5	%
PDW	17.0	9.0 - 17.0	%

END OF REPORT


Lab technician


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Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:30 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.55	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.13	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.42	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	12.32	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	20.60	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	8.28	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	93.36	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.68	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.11	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.57	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.60	1.2 - 2.2	

END OF REPORT


Lab technician



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Wishing Good Health
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Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:28 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.33	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.74	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.26	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT


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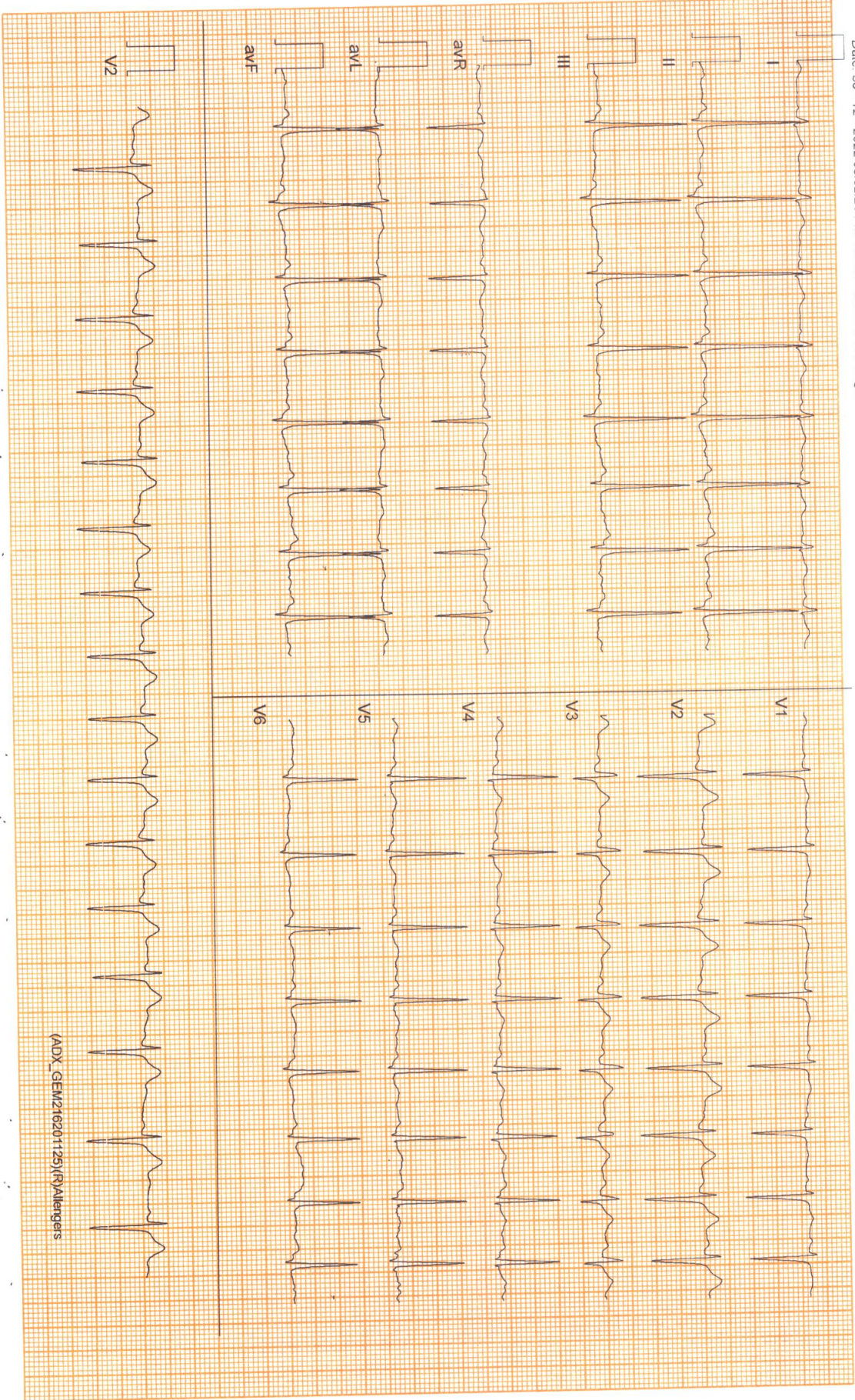
ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

Date: 30 - 12 - 2022 03:02:26 PM METS : 1.0 HR : 106 Target HR : 58% of 183 BP : 120/80


ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

6 x 2 + Rhythm
BRUCE:Supine(0:31)



(ADX_GEM216201125)(R)Allengas

Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:28 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.0		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	96.80	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Wishing Good Health
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Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES
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Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male.
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:28 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

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CONSULTANT PATHOLOGIST /
MICROBIOLOGIST


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Wishing Good Health
Page 2 of 2




Patient Name : MR. LALATENDU MOHAPATRA
Age / Gender : 37 years / Male
Patient ID : 14703

Referral : MEDI WHEEL
Collection Time : 30/12/2022, 11:15 AM
Reporting Time : 30/12/2022, 02:30 PM
Sample ID : 
16847

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	1 - 2 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT


Lab technician


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Wishing Good Health
Page 1 of 1



MEDICAL CERTIFICATE

Date :- 21.09.2022

NAME

Mr.LALATENDU MOHAPATRA

MEDICAL INFORMATION

Height:- 164 cm	Age:- 37 yrs
Weight:- 86 kg	Sex:-Male
Blood Pressure:- 126/82 mmhg	Pulse:-88/min

Body Mass Index(BMI)

32

Physical Fitness certificate

This is to certify that Mr. LALATENDU MOHAPATRA, aged 37 yrs, reports is Normal and I have found his FIT.

Signature



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Wishing Good Health

ZENA HEALTHCARE

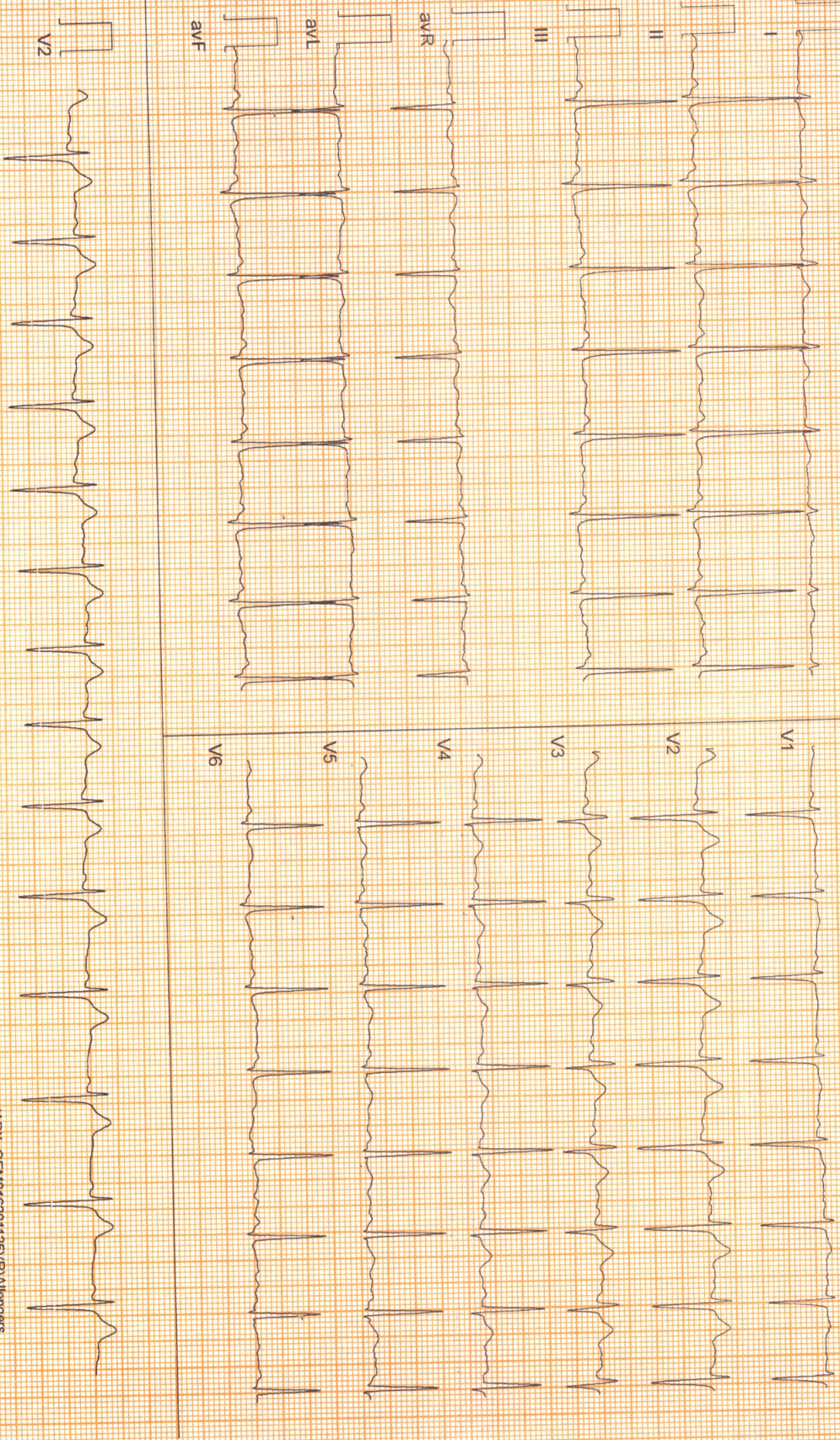
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:16)



Date: 30 - 12 - 2022 03:02:26 PM METs : 1.0 HR : 83 Target HR : 45% of 183 BP : 120/80

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201129)(R)Allengers

ZENA HEALTHCARE

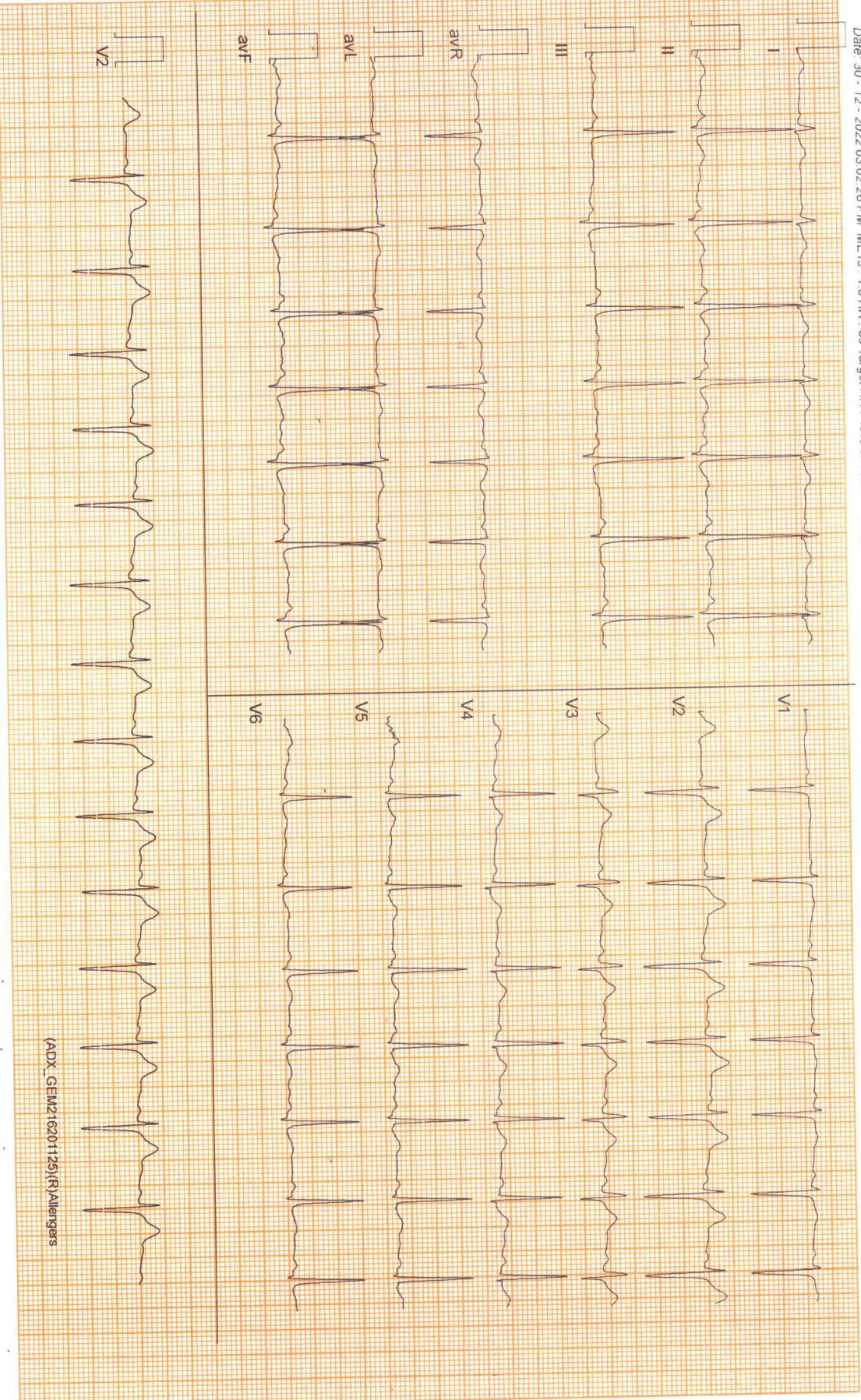
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE:HV(0:19)



Date: 30 - 12 - 2022 03:02:26 PM METs : 1.0 HR : 89 Target HR : 49% of 183 BP : 120/80

Ex Time : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/IV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

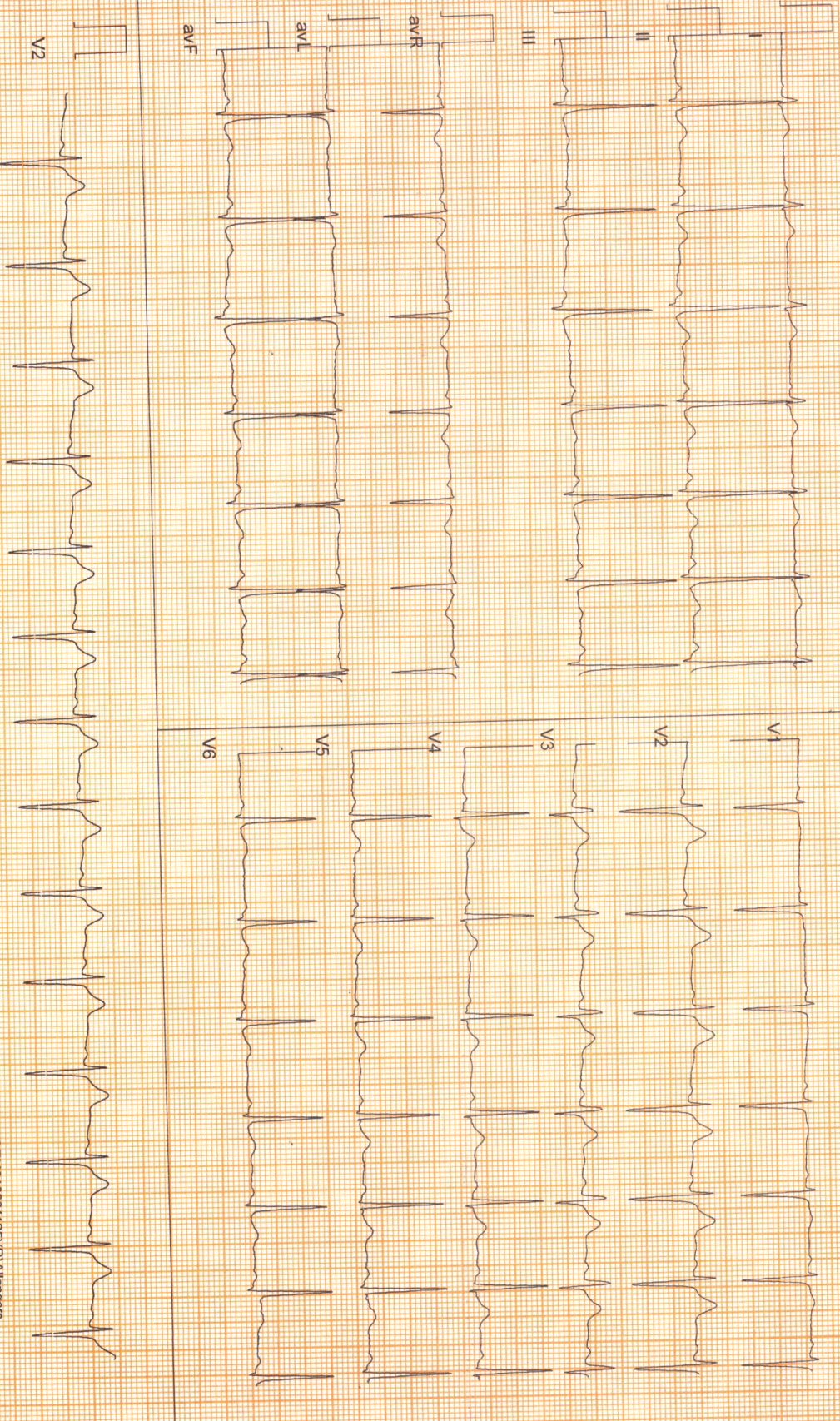


(ADX_GEM216201125)(R)/Allengas



Date: 30 - 12 - 2022 03:02:26 PM METs: 1.0 HR: 76 Target HR: 42% of 183 BP: 120/80

Ex Time: 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers

ZENA HEALTHCARE

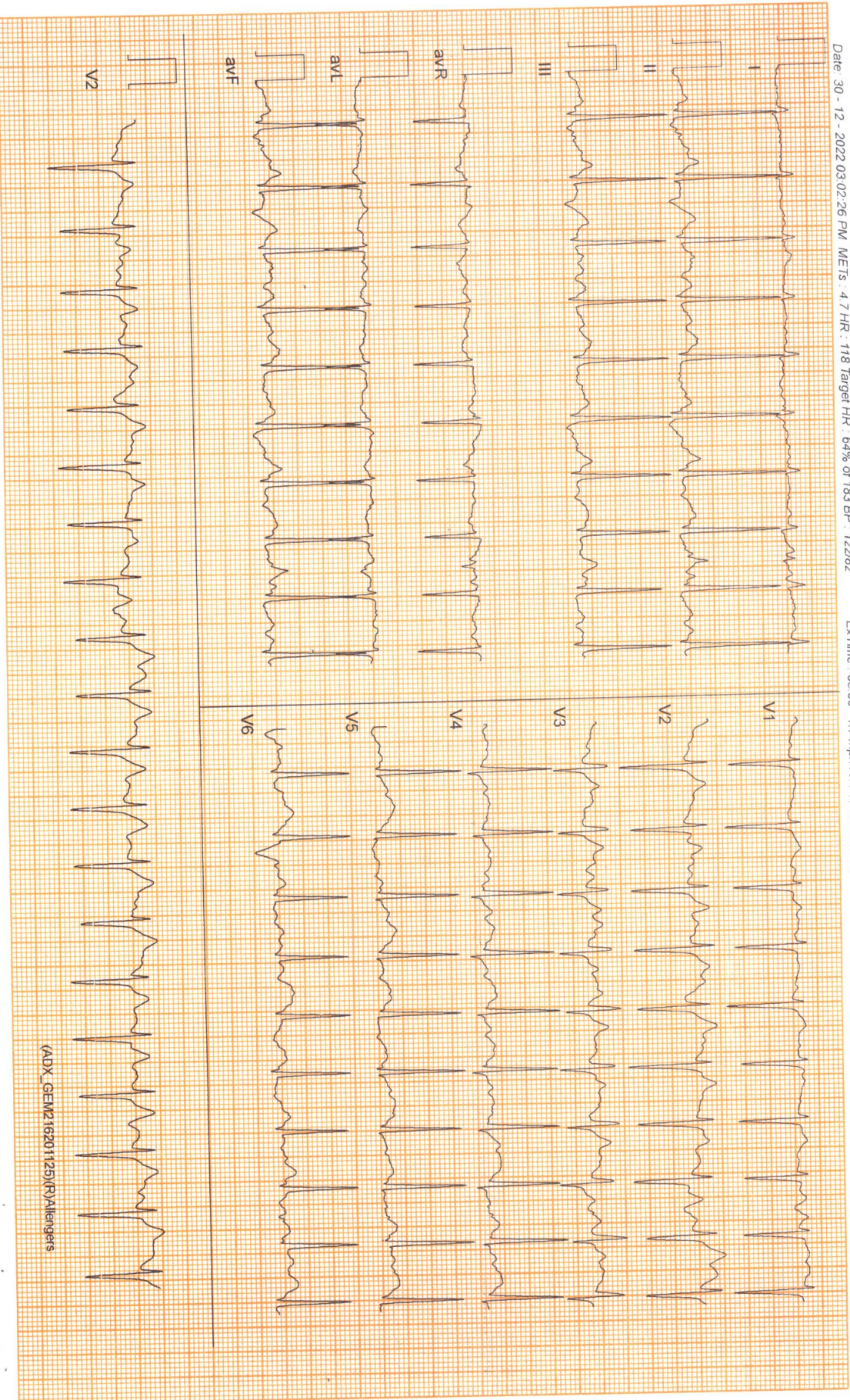
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465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 30 - 12 - 2022 03:02:26 PM METS : 4.7 HR : 118 Target HR : 64% of 183 BP : 122/82

ExTime : 03:00 1.7 mph/10.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Noch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125(R))Allengers

ZENA HEALTHCARE

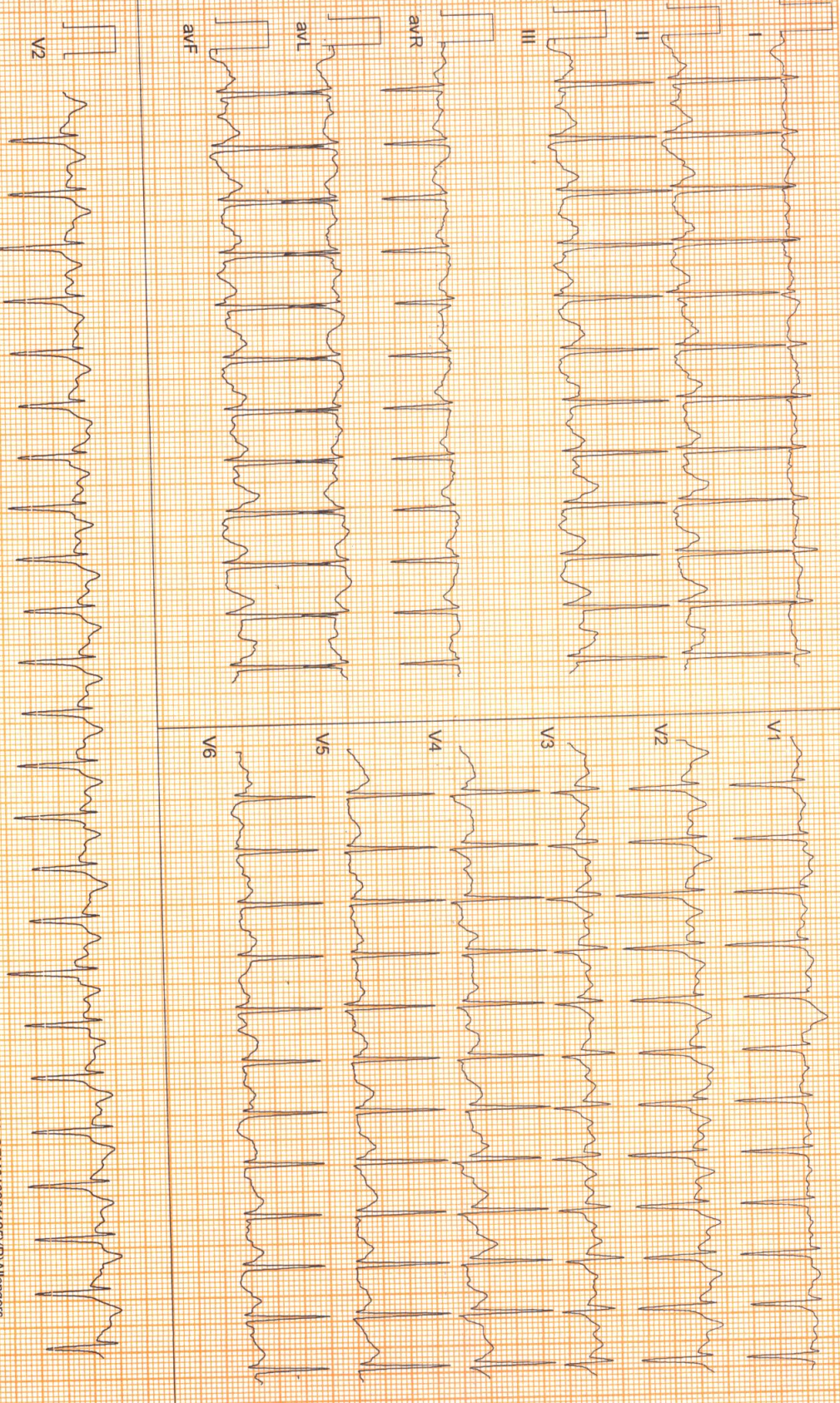
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 30-12-2022 03:02:26 PM METs: 7.1 HR: 146 Target HR: 80% of 183 BP: 124/83

EXTime: 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz



(ADX_GEM216201125/R)/Allengers

ZENA HEALTHCARE

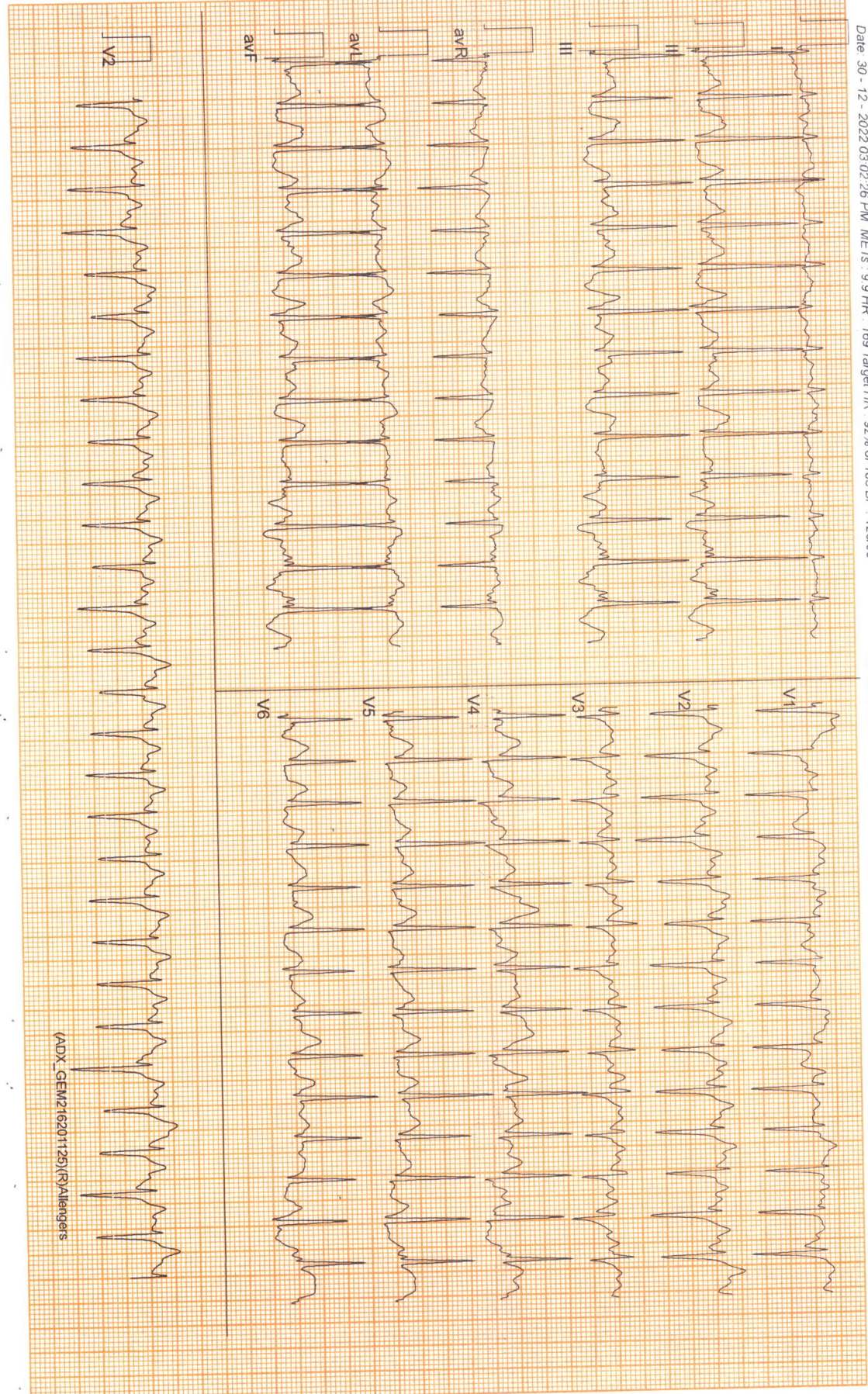
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
PeakEX



Date: 30 - 12 - 2022 03:02:26 PM METs 9.9 HR : 169 Target HR 92% of 183 BP : 120/85

EXTime : 08:40 3.4 mph/4.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Alengaris

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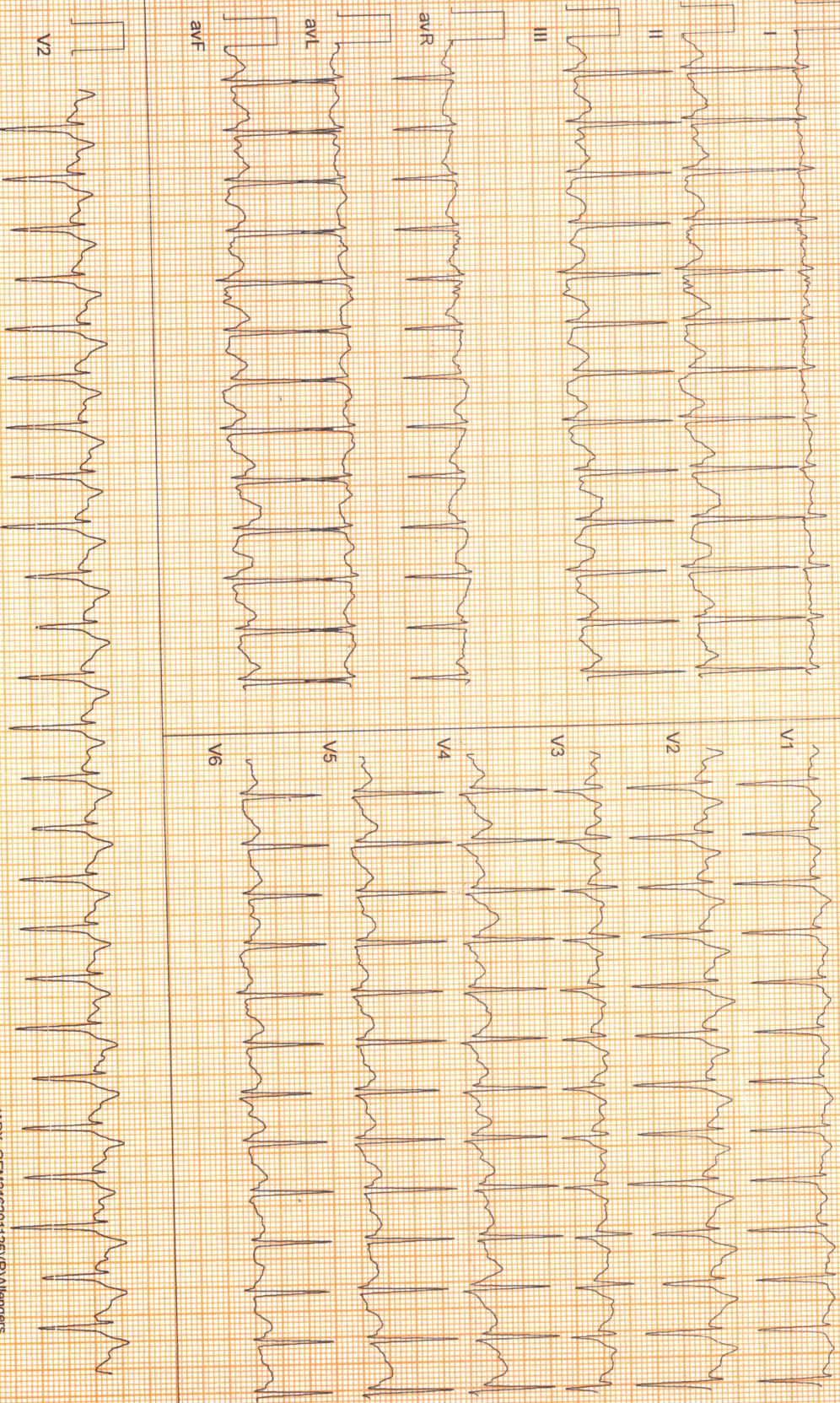
SAHIDNAGAR, BHUBANESWAR
465 / LALATENDU MOHAPATRA / 37 Yrs / Male / 164 Cm / 86 Kg

6 x 2 + Rhythm
Recovery(0:30)



Date: 30-12-2022 03:02:26 PM METS: 4.2 HR: 155 Target HR: 85% of 183 BP: 126/85

EXTime: 08:40 1.1 mph 0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Nach On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengers



465 / LALATENDU MOHAPATRA / 37 Yrs / M / 164 Cms / 86 Kg Date: 30-Dec-2022 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:31	0:31	00.0	00.0	01.0	106	58 %	120/80	127	00	
Standing	00:47	0:16	00.0	00.0	01.0	083	45 %	120/80	099	00	
HV	01:06	0:19	00.0	00.0	01.0	089	49 %	120/80	106	00	
ExStart	01:23	0:17	00.0	00.0	01.0	076	42 %	120/80	091	00	
BRUCE Stage 1	04:23	3:00	01.7	10.0	04.7	118	64 %	122/82	143	00	
BRUCE Stage 2	07:23	3:00	02.5	12.0	07.1	146	80 %	124/83	181	00	
PeakEx	10:03	2:40	03.4	14.0	09.9	169	92 %	126/85	212	00	
Recovery	10:33	0:30	01.1	00.0	04.2	155	85 %	126/85	195	00	
Recovery	11:03	1:00	01.1	00.0	01.2	127	69 %	125/85	158	00	
Recovery	13:03	3:00	00.0	00.0	01.0	116	63 %	123/84	142	00	
Recovery	15:10	5:07	00.0	00.0	01.0	106	58 %	121/82	128	00	

FINDINGS :

Exercise Time : 08:40
 Max HR Attained : 169 bpm 92% of Target 183
 Max BP Attained : 126/85
 Max Workload Attained : 9.9 Good response to induced stress
 Test End Reasons : Test Complete

REPORT :

MATERNITY CARE HOSPITAL

NAME :LALATENDU MOHAPATRA

DATE : 30/12/2022

AGE-37 Y/M

SONOGRAPHER : DR.PARUL PATI

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 8.7 mm,

GALL BLADDER: normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (3.0 mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Rental cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.


- Right kidney measures : 9.8 x 3.6cms.
- Left kidney measures: 9.6 x 3.4cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate-normal in size shape and echosructure .

Impression:Normal study of abdomen



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