





# FITNESS CERTIFICATE

CANDIDATE		Address	th: OP	07-    Fem  / Pre-	existing disea	Age He	Date: 2.71113
OLIZIUAL			Weight  70 Kgs.	Vision	: Distant L.E.	ELG R. E. GLG Left Righ	nt Ear
1-20-200			152 P		RS: A	e BE cleu	Resp. Rate: 18 1 m in Abdomen: SOR+
CERTIFICATE		on2.S Remarks if unfi	that I have exit.  AV PATE  AV PATE  B.D.PHYSICM  G-713  BOIGH EMERGEN  A TACHERICAL	amined	Mr./Ms.:≤1	nim FIT / UNFIT for	employment.  CHHANA E CHHANA E CHHANA E CHHANA E CHHANA E CHHANA E CHANA E CHA
DECLARATION	fro mi dis do ac	declare that the om any diseasisrepresentations	e above infor se / illness, on of this decl ing out of my findings will	the pr laration declara be full	is true and cor esence of wh could lead to t ation, I will und	rect to the best of r ich I have not rev he termination of n ergo the medical cl	my knowledge and I am not suffering realed. I fully understand that any my offer / appointment. In case of any heck-up by the company's suggested con towards my employment will be Date: 27   11   23



1st Floor, Tower A, Eshantisira, Near Sitaram Super Market, Chhani Vadodara-391740

(3) +91 63596 22244

NAME: MRS SUNEETA MISHRA

AGE:46/FEMALE

DATE: 25/11/2023

### USG FOR ABDOMEN

#### LIVER:

The echogenicity of the liver is normal.

There is no focal liver lesion.

There are no dilated intrahepatic biliary radicles.

### **GALL BLADDER:**

Appears to be distended and shows no calculus or polyp in the lumen.

Wall thickness is normal.

#### SPLEEN:

The echogenicity of the spleen is normal.

There is no focal splenic lesion.

#### PANCREAS:

The echogenicity appears to be normal.

There is no free fluid in the abdomen.

There are no enlarged retroperitoneal lymphnodes.

KIDNEY: The kidneys are normal in position, size, shape and outline.

The parenchyma is normal. Right kidney measure 85\*40 cm.

Left kidney measure 89\*49 cm.

Bladder is well distended and shows normal wall thickness. No evidence of intraluminal mass or calculi.

UTERUS: Normal in size ,contour, and echotexture.

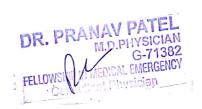
Both ovaries appears normal in size and echotexture. No adnexal mass lesions.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa







PATIENTS	SUNEETA MISHRA	AGE/SEX	46/FEMALE
NAME			
REF. BY	CHHANI HOPITAL	DATE	25/11/23

#### X-RAY CHEST PA VIEW

BOTH LUNG FIELDS ARE NORMAL.

BOTH COSTOPHRENIC RECESS ARE CLEAR.

CARDIAC CONFIGURATION IS NORMAL.

MEDIASTINUM AND BONY THORACIC CAGE REVEAL NO ABNORMALITY.

IMPRESSION: NORMAL LUNGS HEART AND MEDIASTINUM

DR.HIMANI VIRAPARA Regn. No: G.28771 M.D. [Radiodiagnosis]

(CONSULTANT RADIOLOGIST)



SB 03 PUJAR COMPLEX, NR GANGA JAMNA HOSPITAL, OPP GOLDEN SILVER APPARTMENT , SUBHANPURA MAIN ROAD VADODARA 390023 8758530074, 7227815698



#### First Floor A Tower Eshantisira, Nr. Sitaram Super Market Chhani Road Chhani Vadodara-391740 Mo:9033286182/9099685928

Pt. Name : Suneeta Mishra

: 46 Years Female

Patient ID : 2489

Ref. By : Dr. BOB

Address

Age/Gender

Registered On

: 25 Nov, 2023 10:44 AM

Collected On

: 25 Nov, 2023 10:45 AM

Reported On

: 25 Nov, 2023 02:48 PM

MO: 7874304011

#### **CBC** with ESR

Investigation	Observed Value	Biological Reference Interval	Unit
HEMOGLOBIN			
Hemoglobin (Hb)	11.2	12 - 15	g/dL
RBC COUNT			
Total RBC Count	4.30	3.9 - 4.8	mill/cumm
BLOOD INDICES			
Packed Cell Volume (PCV)	36.7	36.1 - 44.3	%
Mean Corpuscular Volume(MCV)	85.35	78.2 - 97.93	fL
Mean Corpuscular Hemoglobin (MCH)	26.05	27 - 33	pg/cell
Mean Corpuscular Hemoglobin Concentration (MCHC)	30.52	33 - 36	g/dL
Red cell Distribution Width (RDW)	15.0	11.5 - 16	%
WBC COUNT			
Total WBC Count	4900	4000 - 11000	cumm
DIFFERENTIAL WBC COUNT			
Neutrophils	55	40 - 70	%
Lymphocytes	40	20 - 40	
Eosinophils	02	1 - 6	%
Monocytes	03	2 - 6	%
Basophils	00		
Erythrocyte Sedimentation Rate (ESR)	14	0 - 22	mm/hr
PLATELET COUNT			
Platelet Count	145000	150000 - 450000	/cumm

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#### **BLOOD GROUP**

#### BG

Investigation	Observed Value	Biological Reference Interval	Unit
BLOOD GROUP, ABO &	RH TYPING		
ABO Group	"B"		
RH Factor	POSITIVE		

The test to determine your blood group is called ABO typing. Your blood sample is mixed with antibodies against type A and B blood. Then, the sample is checked to see whether or not the blood cells stick together. If blood cells stick together, it means the blood reacted with one of the antibodies.

Rhesus (Rh) factor is an inherited protein found on the surface of red blood cells. If your blood has the protein, you're Rh positive. If your blood lacks the protein, you're Rh negative.

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#### HBA1C

Investigation	Observed Value	Biological Reference Interval	Unit
HBA1c	5.32	For Screening: Diabetes: >6.5% Pre-Diabetes: 5.7% - 6.4% Non-Diabetes: < 5.7%	
Mean Blood Glucose	105.98	For Diabetic Patient: Poor Control : > 7.0 % Good Control : 6.0-7.0 %	mg/dL

#### Comment

- 1. HbA1c is an indicator of glycemic control. HbA1c represents average Glycemia over the past six to eight weeks. Glycation of Hemoglobin occurs over the entire 120 day life span of the Red Blood Cell, but within this 120 days. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four.
- 2. Mean Plasma Glucose mg/dL = 28.7 x A1C 46.7. Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only this means that to predict or estimate average glucose from HbA1c or vice-versa is not "perfect" but gives a good working ballpark estimate.

3. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime Glucose levels, which are easier to predict and control. As per IFCC recommendations 2007, HbA1c being reported as above maintaining traceability to both IFCC (mmol/mol) & NGSP (%) units.

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#### **FASTING BLOOD SUGAR**

#### **FBS PP2BS**

Investigation	Observed Value	Biological Reference Interval	ference Unit	
FBS PP2BS				
Fbs	84	70 - 110	mg/dL	
PP2BS	99	80 - 140	mg/dL	



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#### LIPID PROFILE

#### **Lipid Profile**

Investigation	Observed Value	Biological Reference Interval	Unit
CHOLESTEROL			
Total Cholesterol	165	150 - 199	mg/dL
Serum Triglycerides	110	0 - 150	mg/dL
HDL Cholesterol	47	42 - 88	mg/dL
LDL Cholesterol	96.00	0 - 100	mg/dL
VLDL Cholesterol	22.00	0 - 30	mg/dL
Non-HDL cholesterol	118.00	- >130 Optimal	mg/dL
RATIO			
LDL HDL Cholesterol Ratio	2.04	1.5 - 3.5	
Total-HDL Cholesterol Ratio	3.51	3.5 - 5	
Triglycerides HDL Ratio	2.34		

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nvestigation	Observed Value	Biological Reference Unit		
Total Cholesterol (mg/dL)	HDL Cholesterol (mg/dL)	LDL Cholesterol (mg/dL)	Triglycerides (mg/dL)	
Desirable <200	Low <40	Optimal <100 Near Optimal 100-129 Borderline High 130-159 High 160-189 Very High > 190	Normal <150 Borderline High 150-199 High 200-499 Very High >500	
Borderline High 200-239 High >240	High <60			







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#### LFT

#### Liver Function Test (LFT)

Investigation	Observed Value	Biological Reference Interval	Unit
BILLIRUBIN			
Total Bilirubin	0.52	0 - 1.2	mg/dL
Direct Bilirubin	0.14	0.0 - 0.25	mg/dL
Indirect Bilirubin	0.38	0.2 - 1	mg/dL
LIVER ENZYMES			
SGPT (ALT)	19	0 - 40	IU/L
SGOT (AST)	23	0 - 31	U/L
Alkaline Phosphatase	77	60 - 320	U/L
Gamma Glutamyl Transferase (GGT)	18	5 - 36	U/L
SERUM PROTEINS			
Total Serum Protein	6.75	6.3 - 7.9	g/dL
Serum Albumin	4.10	3.5 - 5.5	g/dL
Serum Globulin	2.65	2.5 - 3.5	g/dL
A/G Ratio	1.55	1.1 - 2.1	

#### Clinical Information:

Liver function tests, also known as liver chemistries, help determine the health of your liver by measuring the levels of proteins, liver enzymes, and bilirubin in your blood. Having abnormal results on any of these liver tests typically requires follow up to determine the cause of the abnormalities. Even mildly elevated results can be associated with liver disease. However, these enzymes can also be found in other places besides the liver.

Talk to your doctor about the results of your liver function test and what they may mean for you.

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#### RFT(RENAL FUNCTION TEST)

Investigation	Observed Value	Biological Reference Interval	Unit
RFT(RENAL FUNCTION TI	EST)		
Serum Creatinine	0.86	0.5 - 0.9	mg/dL
Serum Urea	23.84	13 - 40	mg/dL
BUN	11.13	7.0 - 20.0	mg/dL
Serum Uric Acid	4.06	2.6 - 6.0	mg/dL







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#### THYROID SERUM HORMONS

#### Thyroid Function Test (TFT)

Investigation	Observed Value	Biological Reference Interval	Unit
THYROID SERUM HORMONS			
Serum Triiodothyronine (T3)	162	0.6 - 1.81	ng/mL
Serum thyroxine (T4)	6.41	4.5 - 12.6	ug/dL
Thyroid Stimulating Hormone (TSH)	1.700	0.55 - 4.78	mIU/L







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#### **URINE ROUTINE**

#### URM

Investigation	Observed Value	Biological Reference Interval	Unit
PHYSICAL EXAMINATION			
Quantity	10ml	10ml	
Colour	Pale Yellow	Pale yellow	
Appearance	Clear	whitish	
PH	6.5		
Specitfic Gravity	1.010		
Blood	Absent		
CHEMICAL EXAMINATION			
Proteins	Absent	Nil	
Glucose	Absent	Nil	
Ketones	Absent	Nil	
Leucocyte Esterase	Absent	Negative	
Bile Pigment	Negative		
Bile salt	Negative		
MICROSCOPIC EXAMINATION			
R.B.C.	Absent		
Pus Cells	2-3/hpf		
Epithelial Cells	1-2/ hpf Squamous		
Amorphous Material	Absent		
Bacteria	Absent		

\*\*\*\*\*End Of Report\*\*\*\*\*

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