



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012310140065	Reg No/BarcodeNo	: 665622/01565939
Patient Name	: Mr.ASHISH KUMAR	Reg. Date	: 14/Oct/2023 11:52AM
Age/Sex	: 37 Y / Male	Sample Taken Date	: 14/Oct/2023 12:51PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Oct/2023 01:41PM
Referred By Doctor	: Dr. BANK OF BARODA		

BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

Blood Sugar (Fasting)

Blood Sugar Fasting Hexokinase 100 mg/dl 70 - 100

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) Hexokinase 158 mg/dl 70-140

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 70 IU/l 12 - 64

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN Urease 9 mg/dl 8.9 - 20.6

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum Kinetic Alkaline Picrate 0.84 mg/dl 0.70 - 1.30

Sample Type:Serum

URIC ACID

URIC ACID, Serum Uricase 5.2 mg/dl 3.7 - 7.7

Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL Diazonium Salt	0.90	mg/dl	0.20 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.26	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.64	mg/dl	0.10 - 0.8
SGOT /AST Enzymatic (NADH(Without P-5-P))	73	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	174	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	82	U/L	40 - 150
PROTEIN TOTAL Biuret	8.1	g/dl	6.4 - 8.3
ALBUMIN BCG	4.7	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.4	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.38	Ratio	1.5 - 2.5

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

Lipid Profile

CHOLESTEROL TOTAL Enzymetic	175	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	95	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	36	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	120	mg/dl	70 - 130
VDL CALCULATED Calculated	19	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	4.86	Ratio	Less than 4.0
LDL / HDL RATIO	3.33		

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL MALE BELOW 40

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	9	mg/dl	8.9 - 20.6
CREATININE, Serum Kinetic Alkaline Picrate Ratio	0.84	mg/dl	0.70 - 1.30
	10.71	mg/dl	5 - 20

Sample Type:Serum



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Age/Sex	: 37 Y / Male	Sample Taken Date	: 14/Oct/2023 12:44PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Oct/2023 05:21PM
Referred By Doctor	: Dr. BANK OF BARODA		

CLINICAL PATHOLOGY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.030	1.001-1.030
pH (methylred/Bromothymol blue method)	6	4.6 - 8.0
TURBIDITY	NIL	
Deposit (UR)	NIL	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	TRACE	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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Patient Name	: Mr.ASHISH KUMAR	Reg. Date	: 14/Oct/2023 11:52AM
Age/Sex	: 37 Y / Male	Sample Taken Date	: 14/Oct/2023 12:42PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Oct/2023 01:52PM
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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	16.20	g/dl	13.5-17.5
TLC Impedence	7880	/cumm	4000-11000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	49	%	40-80
LYMPHOCYTE DHSS/Microscopic	40	%	24-44
EOSINOPHIL DHSS/Microscopic	2	%	01-06
MONOCYTE DHSS/Microscopic	9	%	3-6
BASOPHIL DHSS/Microscopic	0	%	0 - 1
Platelet Impedance/Microscopic	228	10 ³ /μL	140 - 440
RBC COUNT Impedance	5.36	10 ⁶ /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	47.3	%	41-53
MCV Calculated	88.2	fL	83-91
MCH Calculated	30.2	pg	26-34
MCHC Calculated	34.2	g/dL	31-37
RDW-CV Calculated	12.3	%	11.6 - 14.0
MPV	12.4	fL	8 - 12
IG	0.4	%	0 - 0.5
ABSOLUTE LEUCOCYTE COUNT	3.12		
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.86	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	3.15	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.71	10 ³ /μL	0.0.20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.16	10 ³ /μL	0.02 - 0.50



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40		
N/L Ratio	1.23	Ratio
		Normal:1-3,Mildly High: 4-6,Moderately High:7-9 Severly High: >9.0



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 7.2 %
Average of Glucose Level 160 mg/dl

Test is done by HPLCmethod (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

Not in NABL Scope

Sample Type:EDTA Blood



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Age/Sex	: 37 Y / Male	Sample Taken Date	: 14/Oct/2023 12:51PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Oct/2023 02:00PM
Referred By Doctor	: Dr. BANK OF BARODA		

IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL 0.85 ng/mL 0.35 - 1.93
 CMIA

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL 9.11 µg/dl 4.50 - 10.9
 CMIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) CMIA	2.26	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Oct/2023 04:34PM
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X-RAY

MEDIWHEEL MALE BELOW 40

MEDIWHEEL MALE BELOW 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.

COSTOPHRENIC ANGLES ARE CLEAR.

CARDIAC SHADOW IS NORMAL.

HILAR SHADOWS ARE HEAVY.

ACCENTUATED MARKINGS SEEN.

NO PARENCHYMAL LESION IS NOTED.

ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***





Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:33	0:01	00.0	00.0	01.0	81	130/84	105	00	
Standing	00:41	0:01	00.0	00.0	01.0	87	130/84	113	00	
HV	00:51	0:01	00.0	00.0	01.0	85	130/84	113	00	
ExStart	00:55	0:01	00.0	00.0	01.0	087	130/84	113	00	
BRUCE Stage 1	03:55	3:00	01.7	10.0	04.7	123	140/88	172	01	
BRUCE Stage 2	06:55	3:00	02.5	12.0	07.1	148	150/92	222	01	
PeakEx	08:56	2:01	03.4	14.0	09.2	175	160/96	280	00	
Recovery	09:55	1:00	00.0	00.0	01.2	80	154/94	269	00	
Recovery	10:55	2:00	00.0	00.0	01.0	137	148/92	202	00	
Recovery	12:05	3:09	00.0	00.0	01.0	124	142/90	176	00	

Findings :

Exercise Time : 08:02
Max HR Attained : 175 bpm 96% of Target 183
Max BP Attained : 160/96
Max WorkLoad Attained : 9.2 Good response to induced stress
Max ST Dep Lead & Value : avF & -1.9 mm
Duke Treadmill Score : 10.7
Test Objective : For Testing
History : Nil
Test End Reasons : Leg Pain

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 96% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

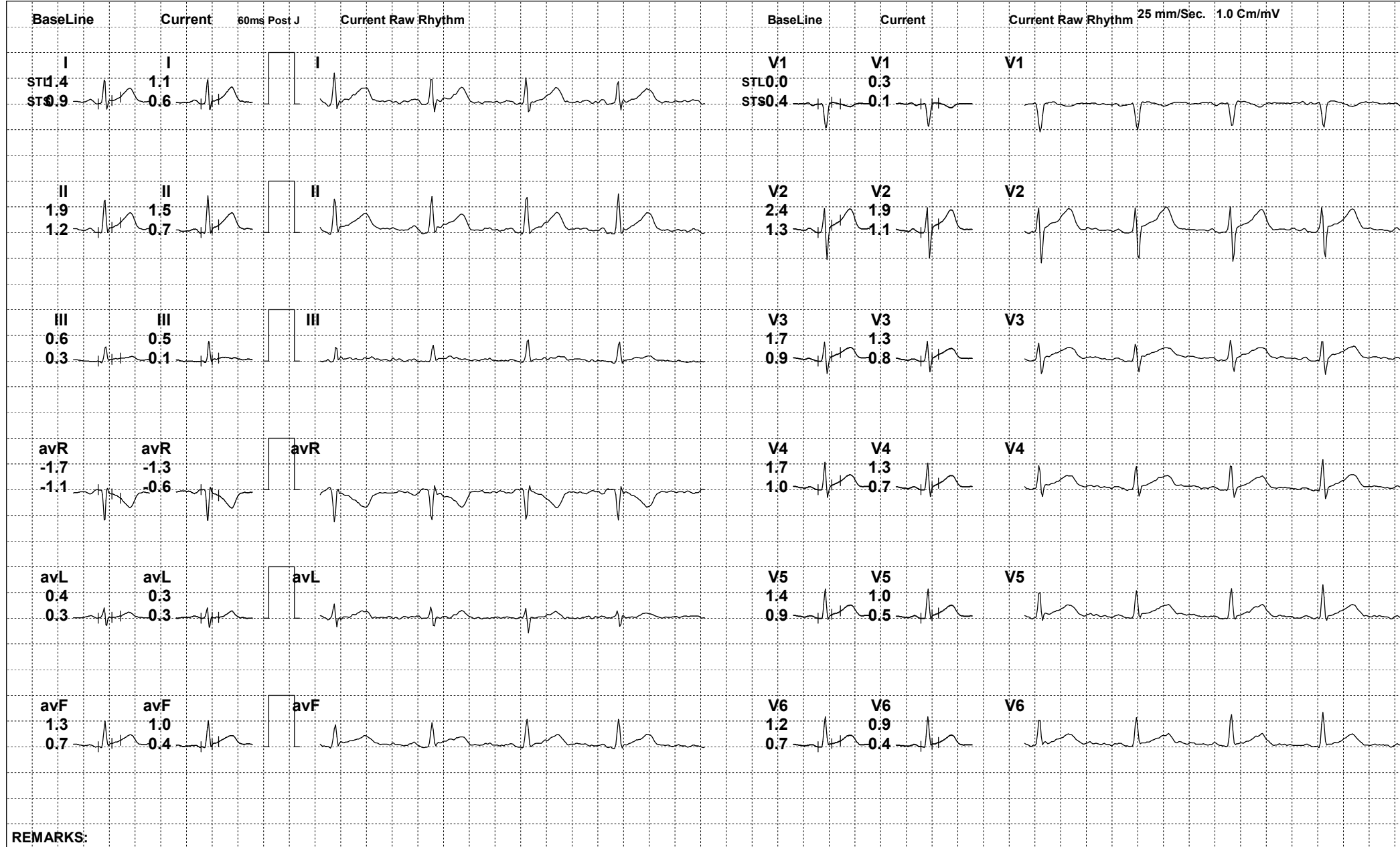
Doctor : DR. KUSH KUMAR TYAGI D.M.



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.0/ 81 bpm 44% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:31 0.0 mph, 0.0%



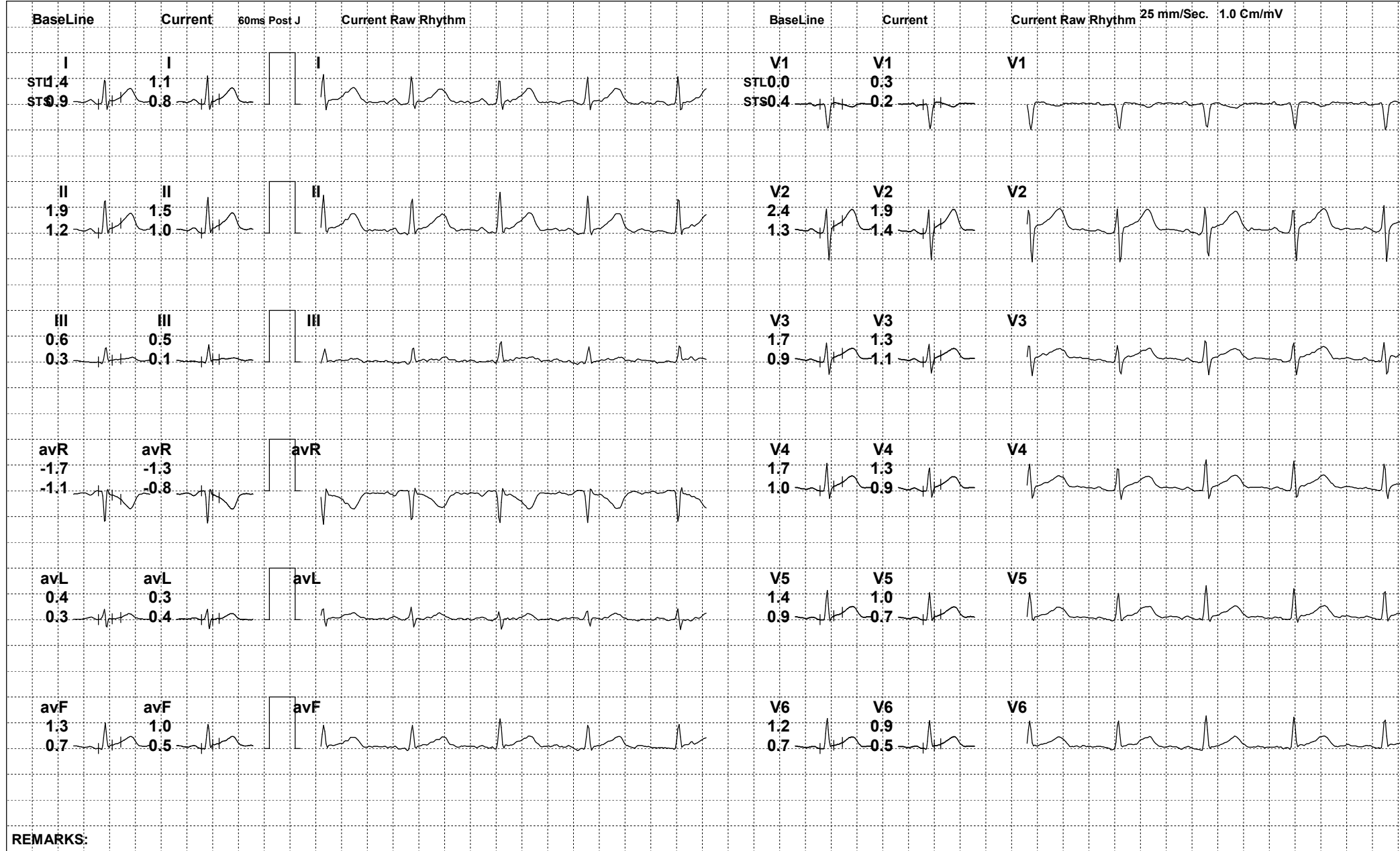
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.0/ 87 bpm 47% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:39 0.0 mph, 0.0%



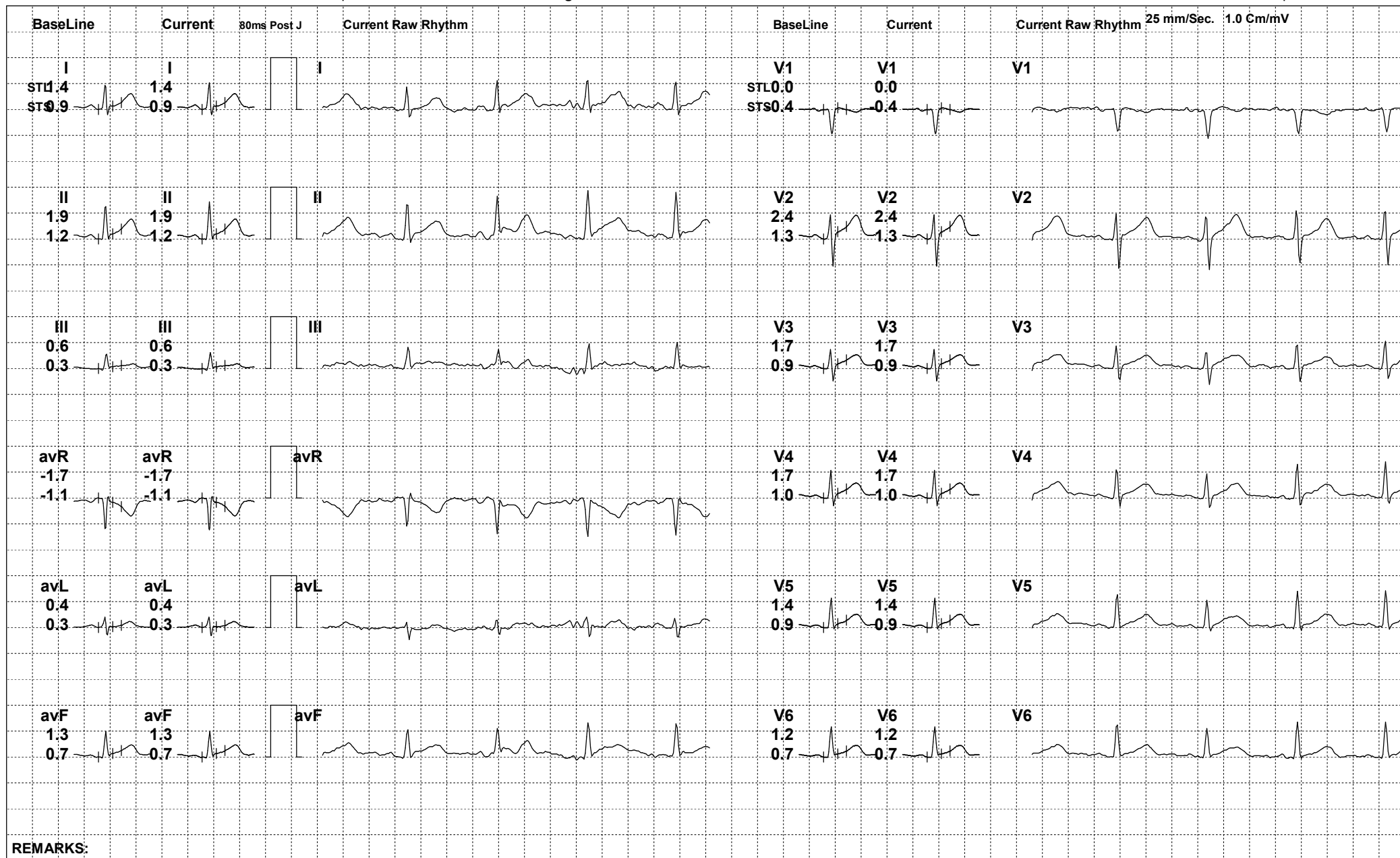
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.0/ 85 bpm 46% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:49 0.0 mph, 0.0%



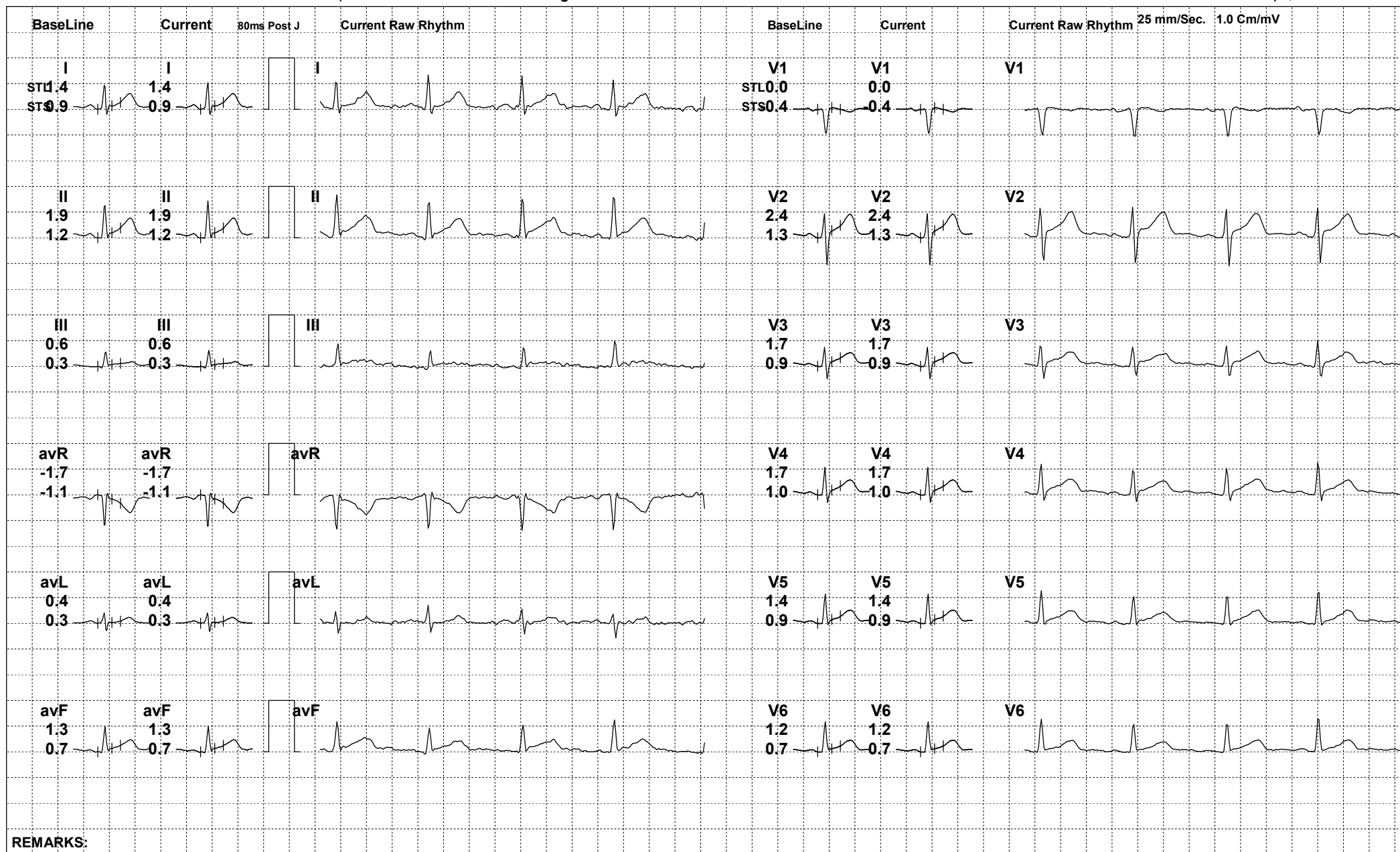
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.0/ 85 bpm 46% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:53 0.0 mph, 0.0%



REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 4.7/ 121 bpm 66% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



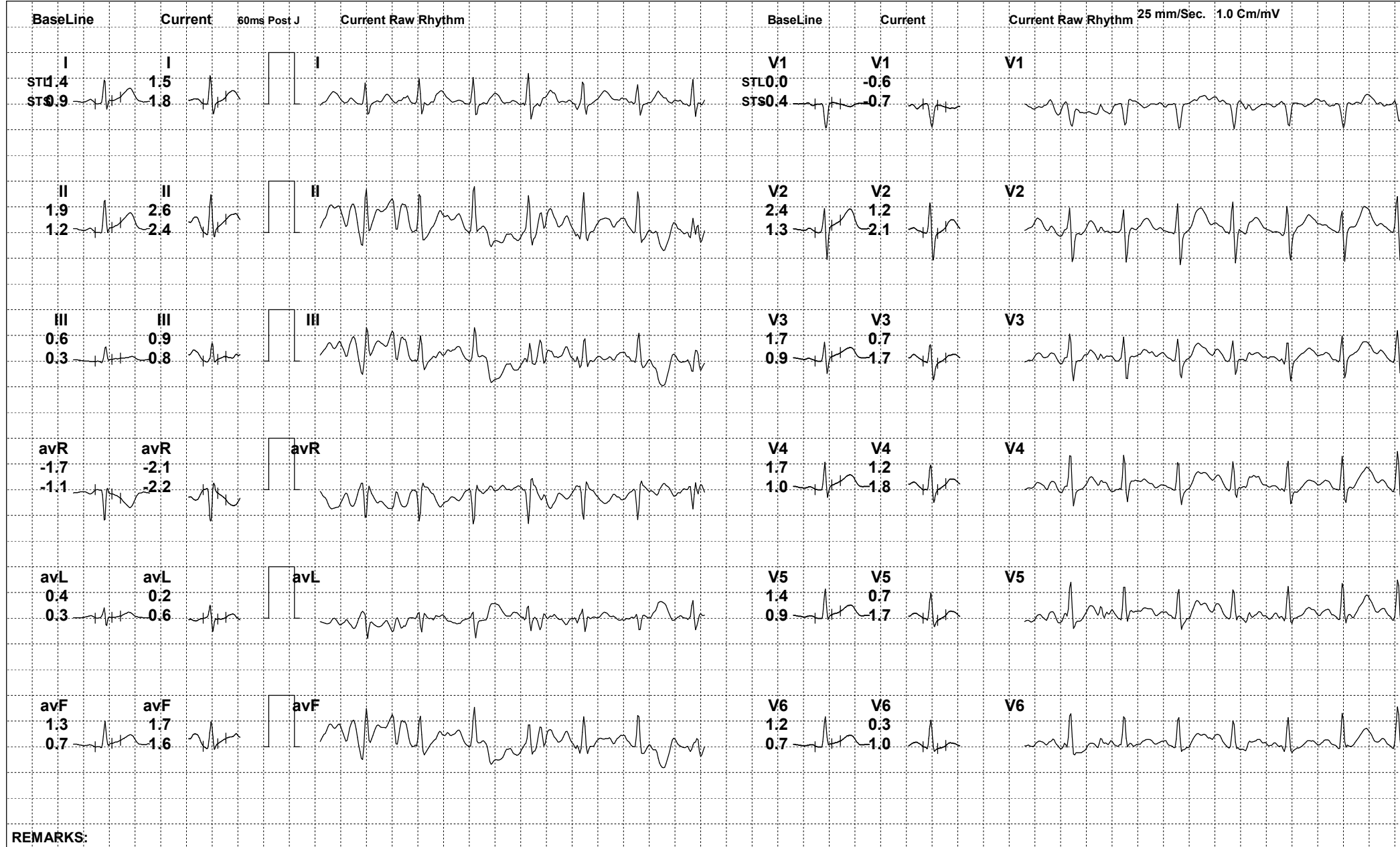
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 7.1/ 142 bpm 77% of THR BP: 150/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



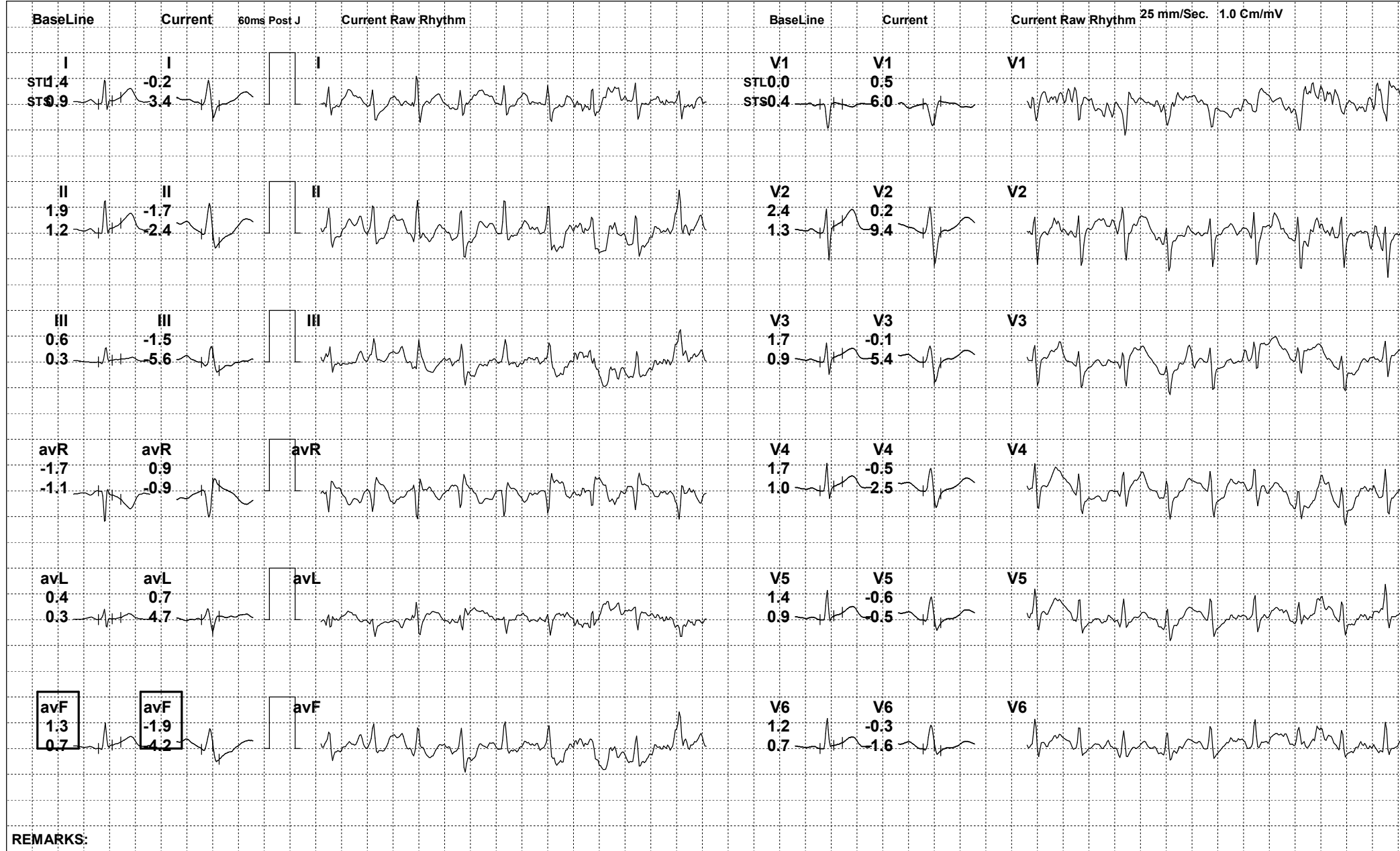
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 9.2/ 175 bpm 95% of THR BP: 160/96 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 08:01 3.4 mph, 14.0%



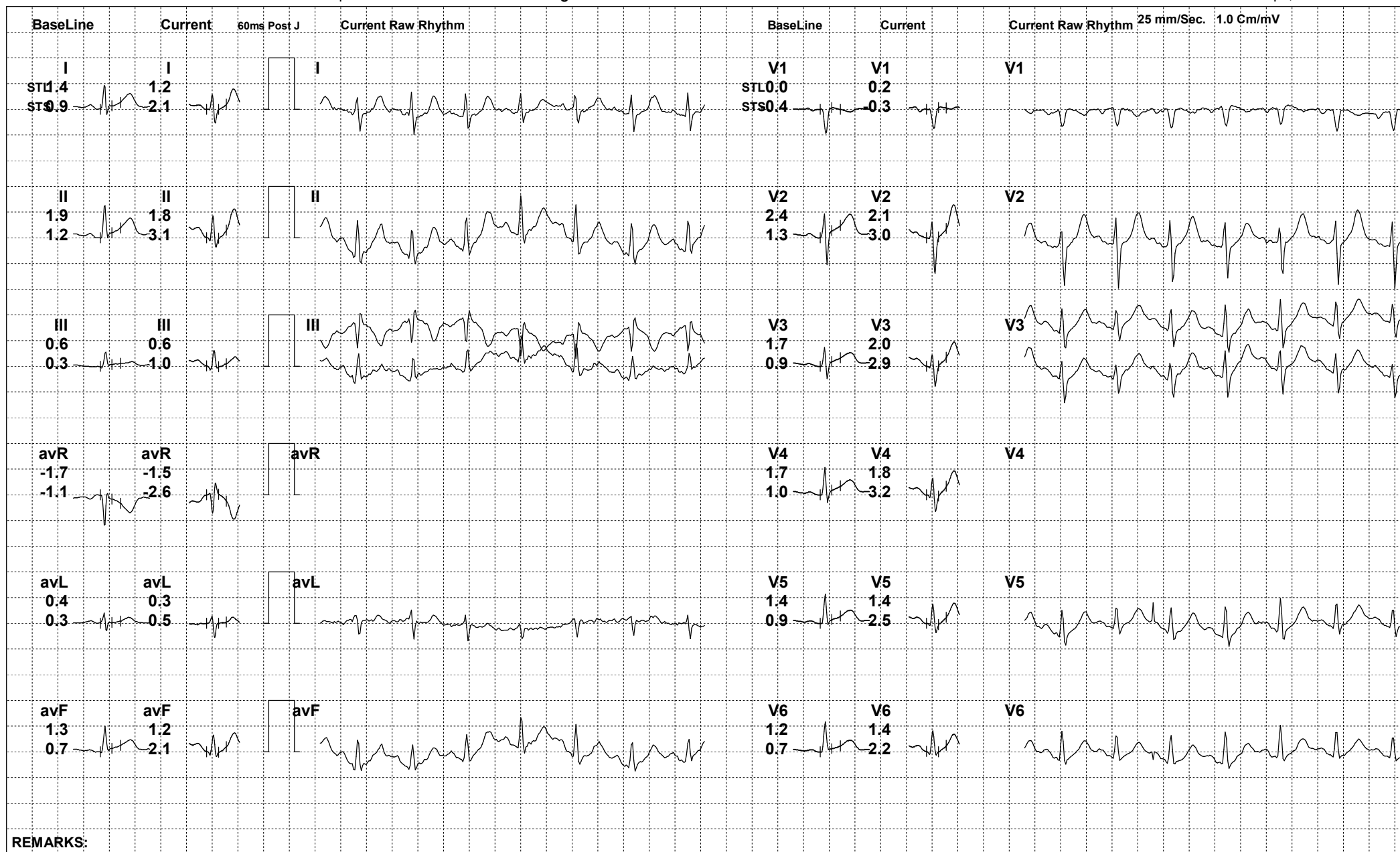
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.2/ 80 bpm 43% of THR BP: 154/94 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 08:02 0.0 mph, 0.0%



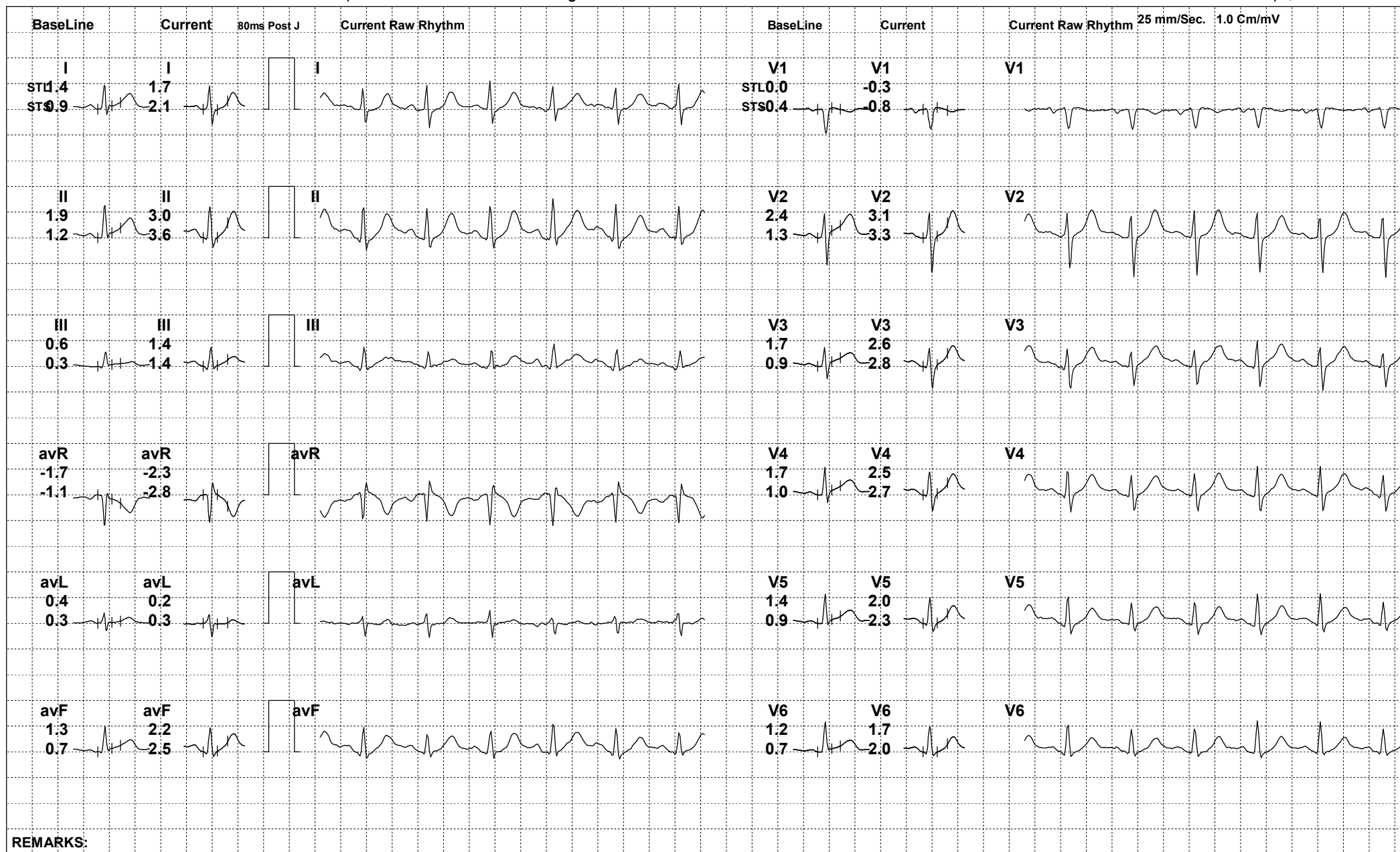
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.0/ 122 bpm 66% of THR BP: 148/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 08:02 0.0 mph, 0.0%



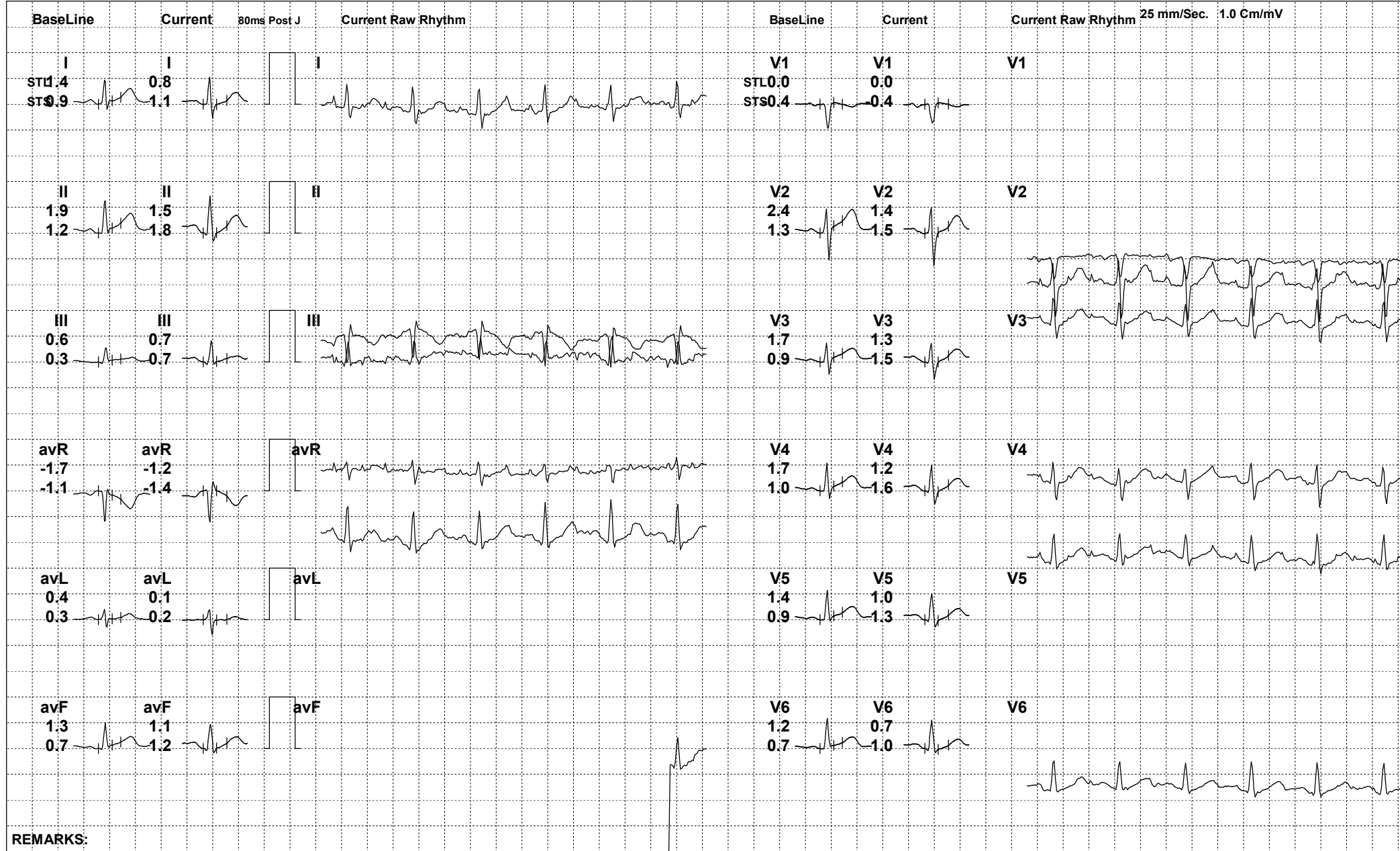
REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM METS: 1.0/ 116 bpm 63% of THR BP: 142/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 08:02 0.0 mph, 0.0%



REMARKS:



241 / ASHISH KUMAR / 37 Yrs / M

Date: 14-Oct-2023 12:32:15 PM

