

Name : Mr. PALASH CHAKRABORTY (43 /M)

Date : 26/08/2022

Address : NARAYANPUR, PO-LAXMIPUL,PS-HABRA, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001584518

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH155430



CHIEF COMPLAINTS

For corporate health checkup
C/O Anger issues (Longstanding) - not on treatment.

PRESENT KNOWN ILLNESS

Present known illness

- Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Asthma
Since - 2015. Medication - regular
- H/O Pulmonary Koch's in 1999 - had full treatment. H/O Hyperuricaemia - not on any treatment.



DRUG ALLERGY

NO KNOWN ALLERGY

:29/08/2022



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Bowel habits - regular

Genitourinary system

Frequency - normal

Central nervous system

- Nil Significant

Eyes

Glasses - yes; - Decreased.

ENT

- Normal hearing

Skin

- Skin tags.



Present medications

- Tab. Telma (40 mg) - once daily.



Past medical history

Past medical history - nil significant
Covid 19 - Yes
Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Aged - 70 years
- CVA
Mother - alive
Aged - 73 years
Sisters - 2 (Living 1).
Diabetes - father

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Hypertension - father
Coronary artery disease - father
Cancer - None
CVA - father

PHYSICAL EXAMINATION



General

Build - obese
Height - 159 Cm
Weight - 76 Kg
BMI - 30.06
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 78
Rhythm - Regular
Systolic(mm of Hg) - 148
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sound



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.9	g/dl	●	13.0-17.0
RBC COUNT	4.57	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.0	%	●	41-53
MCV	91.9	fl	●	83-101
MCH	30.5	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	13.6	%	●	11.8-14.0
WBC Count	6500	/cu mm	●	4000-10000
Platelet Count	1.32 *	lacs/cu mm	●	1.5-4.0
Neutrophils	48	%	●	40-80
Lymphocytes	43 *	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Acidic			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	++			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	0-2	/hpf		
Epithelial Cells	Occasional/hpf			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test			

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	10-40

● Within Normal Range ● Borderline High/Low ● Out of Range

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ALBUMIN - SERUM	3.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	97	U/L	●	53-128
AST (SGOT) - SERUM	23	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

HDL CHOLESTEROL - SERUM	34	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	102	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	18	mg/dL	●	0-35

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	154	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	26	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	80	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	97	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.5	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	5.5	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	138	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	4.6 *	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.7 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
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PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.2	ng/mL	●	0.00-6.50
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BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

ECG

SINUS RHYTHM.
ST ELEVATION PROBABLY DUE TO EARLY REPOLARIZATION.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

* Descriptive as above.
- Suggested CT Chest.

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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