



Age/Gender : 36 Y 1 M 21 D/F
UHID/MR No : CINR.0000158686
Visit ID : CINROPV209997

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 9972488226 Collected : 07/Nov/2023 09:12AM
Received : 07/Nov/2023 11:39AM
Reported : 07/Nov/2023 02:51PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF HAEMATOLOGY

| DEL ARTHER OF TALIMATOLOGY  |        |      |                 |        |  |  |
|---|--------|------|-----------------|--------|--|--|
| ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324 |        |      |                 |        |  |  |
| Test Name   | Result | Unit | Bio. Ref. Range | Method |  |  |

| HAEMOGLOBIN                          | 10.5    | g/dL                       | 12-15         | Spectrophotometer              |
|--------------------------------------|---------|----------------------------|---------------|--------------------------------|
| PCV                                  | 31.80   | %                          | 36-46         | Electronic pulse & Calculation |
| RBC COUNT                            | 4.05    | Million/cu.mm              | 3.8-4.8       | Electrical Impedence           |
| MCV                                  | 78.7    | fL                         | 83-101        | Calculated                     |
| MCH                                  | 26      | pg                         | 27-32         | Calculated                     |
| MCHC                                 | 33      | g/dL                       | 31.5-34.5     | Calculated                     |
| R.D.W                                | 14      | %                          | 11.6-14       | Calculated                     |
| TOTAL LEUCOCYTE COUNT (TLC)          | 5,020   | cells/cu.mm                | 4000-10000    | Electrical Impedanc            |
| DIFFERENTIAL LEUCOCYTIC COUNT (I     | DLC)    |                            |               |                                |
| NEUTROPHILS                          | 62.4    | %                          | 40-80         | Electrical Impedance           |
| LYMPHOCYTES                          | 27.5    | %                          | 20-40         | Electrical Impedance           |
| EOSINOPHILS                          | 2.5     | %                          | 1-6           | Electrical Impedance           |
| MONOCYTES                            | 7       | %                          | 2-10          | Electrical Impedance           |
| BASOPHILS                            | 0.6     | %                          | <1-2          | Electrical Impedance           |
| ABSOLUTE LEUCOCYTE COUNT             |         |                            |               |                                |
| NEUTROPHILS                          | 3132.48 | Cells/cu.mm                | 2000-7000     | Calculated                     |
| LYMPHOCYTES                          | 1380.5  | Cells/cu.mm                | 1000-3000     | Calculated                     |
| EOSINOPHILS                          | 125.5   | Cells/cu.mm                | 20-500        | Calculated                     |
| MONOCYTES                            | 351.4   | Cells/cu.mm                | 200-1000      | Calculated                     |
| BASOPHILS                            | 30.12   | Cells/cu.mm                | 0-100         | Calculated                     |
| PLATELET COUNT                       | 257000  | cells/cu.mm                | 150000-410000 | Electrical impedence           |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 4       | mm at the end<br>of 1 hour | 0-20          | Modified Westergre             |

RBC- MICROCYTIC HYPOCHROMIC.MILD DEGREE OF ANISOCYTOSIS.

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

IMPRESSION: MICROCYTIC HYPOCHROMIC ANEMIA

KINDLY CORRELATE WITH IRON STUDIES.

Page 1 of 15







: Mrs.SRIVIDYA DASARI

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Method

#### DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

Test Name Result Unit Bio. Ref. Range

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SIN No:BED230273170

NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RRL BANGALORE

Address: 323/100/123, Doddathangur Village, Neeladri Main Road, Neeladri Nagar, Electronic city, Bengaluru, Karnataka-560034







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: 07/Nov/2023 03:05PM

#### DEPARTMENT OF HAEMATOLOGY

| ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324 |        |      |                 |        |  |  |
|---|--------|------|-----------------|--------|--|--|
| Test Name   | Result | Unit | Bio. Ref. Range | Method |  |  |

Reported

| BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA |          |                                |  |  |
|---|----------|--------------------------------|--|--|
| BLOOD GROUP TYPE                                | A        | Microplate<br>Hemagglutination |  |  |
| Rh TYPE   | Positive | Microplate<br>Hemagglutination |  |  |

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#### DEPARTMENT OF BIOCHEMISTRY

| ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324  Test Name Result Unit Bio. Ref. Range Method |   |        |      |                 |        |  |  |
|---|---|--------|------|-----------------|--------|--|--|
|   | ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324 |        |      |                 |        |  |  |
| Test Name Result Unit Bio. Ref. Range Method  |   |        |      |                 |        |  |  |
|   | Test Name   | Result | Unit | Bio. Ref. Range | Method |  |  |

| GLUCOSE, FASTING , NAF PLASMA | 91 | mg/dL | 70-100 | HEXOKINASE |
|-------------------------------|----|-------|--------|------------|
|-------------------------------|----|-------|--------|------------|

#### **Comment:**

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL                    | Normal         |
| 100-125 mg/dL                   | Prediabetes    |
| ≥126 mg/dL                      | Diabetes       |
| <70 mg/dL                       | Hypoglycemia   |

#### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

| GLUCOSE, POST PRANDIAL (PP), 2<br>HOURS, SODIUM FLUORIDE PLASMA (2 | 80 | mg/dL | 70-140 | HEXOKINASE |
|--|----|-------|--------|------------|
| HR)  |    |       |        |            |

### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

| HBA1C, GLYCATED HEMOGLOBIN ,<br>WHOLE BLOOD EDTA   | 5.9 | %     | HPLC       |
|--|-----|-------|------------|
| ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA | 123 | mg/dL | Calculated |

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

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1860 www.apolloclinic.com





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|--------------------------------|-----------------|----------------------|------------------------|------------------|
|                                |                 |                      |                        |                  |
| Test Name                      | Result          | Unit                 | Bio. Ref. Range        | Method           |

| REFERENCE GROUP        | нва1С %   |
|------------------------|-----------|
| NON DIABETIC           | <5.7      |
| PREDIABETES            | 5.7 – 6.4 |
| DIABETES               | ≥ 6.5     |
| DIABETICS              |           |
| EXCELLENT CONTROL      | 6 – 7     |
| FAIR TO GOOD CONTROL   | 7 – 8     |
| UNSATISFACTORY CONTROL | 8 – 10    |
| POOR CONTROL           | >10       |

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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SIN No:PLF02051810,PLP1385196,EDT230101260 NABL renewal accreditation under process

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#### DEPARTMENT OF BIOCHEMISTRY

|                                | 221 / 11 ( 11 11 11 11 11 11 11 11 11 11 11 1 | 2:00::2::::0::: |                        |                  |
|--------------------------------|---|-----------------|------------------------|------------------|
| ARCOFEMI - MEDIWHEEL - FULL BO | DY HEALTH ANNUA                               | AL PLUS CHECK   | K - FEMALE - TMT - PAI | N INDIA - FY2324 |
| Test Name                      | Result  | Unit            | Bio. Ref. Range        | Method           |

| LIPID PROFILE , SERUM |      |       |        |                               |
|-----------------------|------|-------|--------|-------------------------------|
| TOTAL CHOLESTEROL     | 141  | mg/dL | <200   | CHO-POD                       |
| TRIGLYCERIDES         | 59   | mg/dL | <150   | GPO-POD                       |
| HDL CHOLESTEROL       | 55   | mg/dL | 40-60  | Enzymatic<br>Immunoinhibition |
| NON-HDL CHOLESTEROL   | 86   | mg/dL | <130   | Calculated                    |
| LDL CHOLESTEROL       | 74   | mg/dL | <100   | Calculated                    |
| VLDL CHOLESTEROL      | 11.8 | mg/dL | <30    | Calculated                    |
| CHOL / HDL RATIO      | 2.56 |       | 0-4.97 | Calculated                    |

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

|                     | Desirable                              | Borderline High | High      | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL   | < 200                                  | 200 - 239       | ≥ 240     |           |
| TRIGLYCERIDES       | <150                                   | 150 - 199       | 200 - 499 | ≥ 500     |
| LDL                 | Optimal < 100<br>Near Optimal 100-129  | 130 - 159       | 160 - 189 | ≥ 190     |
| HDL                 | ≥ 60                                   |                 |           |           |
| NON-HDL CHOLESTEROL | Optimal <130;<br>Above Optimal 130-159 | 160-189         | 190-219   | >220      |

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- **4.** Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- **5.** As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

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SIN No:SE04533344

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#### DEPARTMENT OF BIOCHEMISTRY

| DEFACTMENT OF BIOGRAMMOTICS   |        |      |                 |        |
|---|--------|------|-----------------|--------|
| ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324 |        |      |                 |        |
| Test Name   | Result | Unit | Bio. Ref. Range | Method |

| LIVER FUNCTION TEST (LFT), SERUM       |       |       |         |                       |
|--|-------|-------|---------|-----------------------|
| BILIRUBIN, TOTAL                       | 0.45  | mg/dL | 0.3-1.2 | DPD                   |
| BILIRUBIN CONJUGATED (DIRECT)          | 0.09  | mg/dL | <0.2    | DPD                   |
| BILIRUBIN (INDIRECT)                   | 0.36  | mg/dL | 0.0-1.1 | Dual Wavelength       |
| ALANINE AMINOTRANSFERASE<br>(ALT/SGPT) | 9     | U/L   | <35     | IFCC                  |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT)  | 18.0  | U/L   | <35     | IFCC                  |
| ALKALINE PHOSPHATASE                   | 49.00 | U/L   | 30-120  | IFCC                  |
| PROTEIN, TOTAL                         | 6.51  | g/dL  | 6.6-8.3 | Biuret                |
| ALBUMIN                                | 4.02  | g/dL  | 3.5-5.2 | BROMO CRESOL<br>GREEN |
| GLOBULIN                               | 2.49  | g/dĹ  | 2.0-3.5 | Calculated            |
| A/G RATIO                              | 1.61  |       | 0.9-2.0 | Calculated            |

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

#### 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

#### 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

#### 3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

**Test Name** Result Unit Bio. Ref. Range Method

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| ARCOFEMI - MEDIWHEEL - FULL BO | DY HEALTH ANNUA | AL PLUS CHECK | C - FEMALE - TMT - PAI | N INDIA - FY2324 |
|--------------------------------|-----------------|---------------|------------------------|------------------|
|                                |                 |               |                        |                  |
| Test Name                      | Result          | Unit          | Bio. Ref. Range        | Method           |

Status

| RENAL PROFILE/KIDNEY FUNCTION T | TEST (RFT/KFT) , SERU | JM     |             |                          |
|---------------------------------|-----------------------|--------|-------------|--------------------------|
| CREATININE                      | 0.57                  | mg/dL  | 0.72 – 1.18 | JAFFE METHOD             |
| UREA                            | 17.00                 | mg/dL  | 17-43       | GLDH, Kinetic Assay      |
| BLOOD UREA NITROGEN             | 7.9                   | mg/dL  | 8.0 - 23.0  | Calculated               |
| URIC ACID                       | 4.23                  | mg/dL  | 2.6-6.0     | Uricase PAP              |
| CALCIUM                         | 9.10                  | mg/dL  | 8.8-10.6    | Arsenazo III             |
| PHOSPHORUS, INORGANIC           | 2.88                  | mg/dL  | 2.5-4.5     | Phosphomolybdate Complex |
| SODIUM                          | 136                   | mmol/L | 136–146     | ISE (Indirect)           |
| POTASSIUM                       | 4.7                   | mmol/L | 3.5–5.1     | ISE (Indirect)           |
| CHLORIDE                        | 106                   | mmol/L | 101–109     | ISE (Indirect)           |

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#### **DEPARTMENT OF BIOCHEMISTRY**

| ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2 | 324 |
|--|-----|
|--|-----|

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-----------|--------|------|-----------------|--------|
|-----------|--------|------|-----------------|--------|

| GAMMA GLUTAMYL TRANSPEPTIDASE | 12.00 | U/L | <38 | IFCC |
|-------------------------------|-------|-----|-----|------|
| (GGT) , SERUM                 |       |     |     |      |

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#### DEPARTMENT OF IMMUNOLOGY

| DEL ARTIMENT OF IMMOREGOOD  |        |      |                 |        |
|---|--------|------|-----------------|--------|
| ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324 |        |      |                 |        |
| Test Name   | Result | Unit | Bio. Ref. Range | Method |

| THYROID PROFILE TOTAL (T3, T4, TSH), | SERUM |        |            |      |
|--------------------------------------|-------|--------|------------|------|
| TRI-IODOTHYRONINE (T3, TOTAL)        | 0.96  | ng/mL  | 0.64-1.52  | CMIA |
| THYROXINE (T4, TOTAL)                | 9.68  | μg/dL  | 4.87-11.72 | CMIA |
| THYROID STIMULATING HORMONE (TSH)    | 2.290 | μIU/mL | 0.35-4.94  | CMIA |

#### **Comment:**

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American<br>Thyroid Association) |
|----------------------|--|
| First trimester      | 0.1 - 2.5  |
| Second trimester     | 0.2 - 3.0  |
| Third trimester      | 0.3 - 3.0  |

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH   | Т3   | Т4   | FT4  | Conditions  |
|-------|------|------|------|---|
| High  | Low  | Low  | Low  | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis                    |
| High  | N    | N    | N    | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low  | Low  | Low  | Secondary and Tertiary Hypothyroidism   |
| Low   | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy                   |
| Low   | N    | N    | N    | Subclinical Hyperthyroidism   |
| Low   | Low  | Low  | Low  | Central Hypothyroidism, Treatment with Hyperthyroidism  |
| Low   | N    | High | High | Thyroiditis, Interfering Antibodies   |
| N/Low | High | N    | N    | T3 Thyrotoxicosis, Non thyroidal causes   |
| High  | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma  |

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SIN No:SPL23157571

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#### DEPARTMENT OF CLINICAL PATHOLOGY

| ARCOFEMI - MEDIWHEEL - FULL BO | DY HEALTH ANNUA | L PLUS CHECK | ( - FFMALF - TMT - PAI | N INDIA - FY2324 |
|--------------------------------|-----------------|--------------|------------------------|------------------|
| /                              |                 |              |                        |                  |
| Test Name                      | Result          | Unit         | Bio. Ref. Range        | Method           |

| COMPLETE URINE EXAMINATION (C | <b>UE)</b> , URINE  |      |                  |                            |
|-------------------------------|---------------------|------|------------------|----------------------------|
| PHYSICAL EXAMINATION          |                     |      |                  |                            |
| COLOUR                        | PALE YELLOW         |      | PALE YELLOW      | Visual                     |
| TRANSPARENCY                  | HAZY                |      | CLEAR            | Visual                     |
| pН                            | 5.5                 |      | 5-7.5            | DOUBLE INDICATOR           |
| SP. GRAVITY                   | 1.025               |      | 1.002-1.030      | Bromothymol Blue           |
| BIOCHEMICAL EXAMINATION       |                     |      |                  |                            |
| URINE PROTEIN                 | NEGATIVE            |      | NEGATIVE         | PROTEIN ERROR OF INDICATOR |
| GLUCOSE                       | NEGATIVE            |      | NEGATIVE         | GLUCOSE OXIDASE            |
| URINE BILIRUBIN               | NEGATIVE            |      | NEGATIVE         | AZO COUPLING<br>REACTION   |
| URINE KETONES (RANDOM)        | NEGATIVE            |      | NEGATIVE         | SODIUM NITRO<br>PRUSSIDE   |
| UROBILINOGEN                  | NORMAL              |      | NORMAL           | MODIFED EHRLICH REACTION   |
| BLOOD                         | NEGATIVE            |      | NEGATIVE         | Peroxidase                 |
| NITRITE                       | NEGATIVE            |      | NEGATIVE         | Diazotization              |
| LEUCOCYTE ESTERASE            | POSITIVE +          |      | NEGATIVE         | LEUCOCYTE<br>ESTERASE      |
| CENTRIFUGED SEDIMENT WET MO   | OUNT AND MICROSCOPY |      |                  |                            |
| PUS CELLS                     | 6-8                 | /hpf | 0-5              | Microscopy                 |
| EPITHELIAL CELLS              | 2-3                 | /hpf | <10              | MICROSCOPY                 |
| RBC                           | NIL                 | /hpf | 0-2              | MICROSCOPY                 |
| CASTS                         | NIL                 |      | 0-2 Hyaline Cast | MICROSCOPY                 |
| CRYSTALS                      | ABSENT              |      | ABSENT           | MICROSCOPY                 |

Page 12 of 15

SIN No:UR2215389

NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RRL BANGALORE

Aduress. 323/100/123, Doddathangur Village, Neeladri Main Road, Neeladri Nagar, Electronic city, Bengaluru, Karnataka-560034







: Mrs.SRIVIDYA DASARI

Age/Gender

: 36 Y 1 M 21 D/F

UHID/MR No Visit ID : CINR.0000158686

Ref Doctor

: CINROPV209997 : Dr.SELF

Emp/Auth/TPA ID : 9972488226

Collected

: 07/Nov/2023 09:11AM

Received

: 07/Nov/2023 11:45AM : 07/Nov/2023 02:44PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

| ARCOFEMI - MEDIWHEEL - FULL BO | DY HEALTH ANNUA | L PLUS CHECK | ( - FEMALE - TMT - PA | AN INDIA - FY2324 |
|--------------------------------|-----------------|--------------|-----------------------|-------------------|
|                                |                 |              |                       |                   |

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-----------|--------|------|-----------------|--------|
|-----------|--------|------|-----------------|--------|

| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE |  | NEGATIVE | Dipstick |
|------------------------------|----------|--|----------|----------|
|------------------------------|----------|--|----------|----------|

| URINE GLUCOSE(FASTING) | NEGATIVE | NEGATIVE | Dipstick |
|------------------------|----------|----------|----------|
|------------------------|----------|----------|----------|

Page 13 of 15

SIN No:UPP015731,UF009737 NABL renewal accreditation under process

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RRL BANGALORE

Address: 323/100/123, Doddathangur Village, Neeladri Main Road, Neeladri Nagar, Electronic city, Bengaluru, Karnataka-560034











: Mrs.SRIVIDYA DASARI

Age/Gender

: 36 Y 1 M 25 D/F

UHID/MR No

: CINR.0000158686

Visit ID Ref Doctor : CINROPV209997

Emp/Auth/TPA ID

: Dr.SELF : 9972488226 Collected

: 11/Nov/2023 03:08PM

Received

: 12/Nov/2023 06:00PM

Reported

: 14/Nov/2023 01:24PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CYTOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

|     | CYTOLOGY NO.                     | 19046/23   |
|-----|----------------------------------|--|
| I   | SPECIMEN                         |  |
| a   | SPECIMEN ADEQUACY                | ADEQUATE   |
| b   | SPECIMEN TYPE                    | LIQUID-BASED PREPARATION (LBC)   |
|     | SPECIMEN NATURE/SOURCE           | CERVICAL SMEAR   |
| c   | ENDOCERVICAL-TRANSFORMATION ZONE | PRESENT WITH ENDOCERVICAL CELLS  |
| d   | COMMENTS                         | SATISFACTORY FOR EVALUATION  |
| П   | MICROSCOPY                       | Superficial and intermediate squamous epithelial cells with benign morphology. |
|     |                                  | Inflammatory cells, predominantly neutrophils.                                 |
|     |                                  | Negative for intraepithelial lesion/ malignancy.                               |
| III | RESULT                           |  |
| a   | EPITHEIAL CELL                   |  |
|     | SQUAMOUS CELL ABNORMALITIES      | NOT SEEN   |
|     | GLANDULAR CELL ABNORMALITIES     | NOT SEEN   |
| b   | ORGANISM                         | NIL  |
| IV  | INTERPRETATION                   | NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY, INFLAMMATORY SMEAR          |

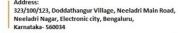
Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

\*\*\* End Of Report \*\*\*

Result/s to Follow: PERIPHERAL SMEAR

Page 14 of 15

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RRL BANGALORE













: Mrs.SRIVIDYA DASARI

Age/Gender

: 36 Y 1 M 25 D/F

UHID/MR No Visit ID

: CINR.0000158686 : CINROPV209997

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 9972488226 Collected

: 11/Nov/2023 03:08PM

Received

: 12/Nov/2023 06:00PM

Reported

: 14/Nov/2023 01:24PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CYTOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - TMT - PAN INDIA - FY2324

DR.SHIVARAJA SHETTY M.B.B.S, M.D(Biochemistry) CONSULTANT BIOCHEMIST

Dr. Reshma Stanly M.B.B.S, DNB (Pathology) Consultant Pathologist

Dr.Shobha Emmanuel M.B.B.S, M.D(Pathology) Consultant Pathologist

M.B.B.S, M.D(Pathology) Consultant Pathologist

Chinki Anupam M.B.B.S, M.D (Pathology) Consultant Pathologist

Page 15 of 15



SIN No:CS070116

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFSTYLE LIMITED- RRL BANGALORE

323/100/123, Doddathangur Village, Neeladri Main Road, Neeladri Nagar, Electronic city, Bengaluru, Karnataka- 560034







|   | NAME: MRS SRIVIDYA D | AGE/SEX: 36Y/F   | OP NUMBER: 158686 |
|---|----------------------|------------------|-------------------|
| ľ | Ref By : SELF        | DATE: 11-11-2023 |                   |

# M mode and doppler measurements:

| CM         | CM            | M/sec          |             |
|------------|---------------|----------------|-------------|
| AO:1.9     | IVS(D): 1.0   | MV: E Vel: 0.9 | A Vel : 0.5 |
| LA: 2.1    | LVIDD(D): 3.3 | AV Peak: 0.9   |             |
|            | LVPW(D): 1.1  | PV Peak: 0.6   |             |
|            | IVS(S): 1.2   |                |             |
|            | LVID(S): 1.7  |                |             |
|            | LVPW(S): 1.2  |                |             |
| MAN (A.C.) | LVEF: 65%     |                |             |
|            | TAPSE: 2.6    |                |             |
|            |               |                |             |

# **Descriptive findings:**

| Left Ventricle   | Normal   |
|------------------|----------|
| Right Ventricle: | Normal   |
| Left Atrium:     | Normal   |
| Right Atrium:    | Normal   |
| Mitral Valve:    | Normal   |
| Aortic Valve:    | Normal _ |
| Tricuspid Valve: | Normal   |
| IAS:             | Normal   |
| IVS:             | Normal   |
|                  |          |





|   | HOSPITALS                 |        |  |  |
|---|---------------------------|--------|--|--|
|   | HOSPITALS<br>Pericardium: | Normal |  |  |
|   | IVC:                      | Normal |  |  |
|   | Others                    |        |  |  |
|   |                           |        |  |  |
| Į |                           |        |  |  |

**IMPRESSION:** 

Normal cardiac chambers

No Regional wall motion abnormality

No MR/AR/TR

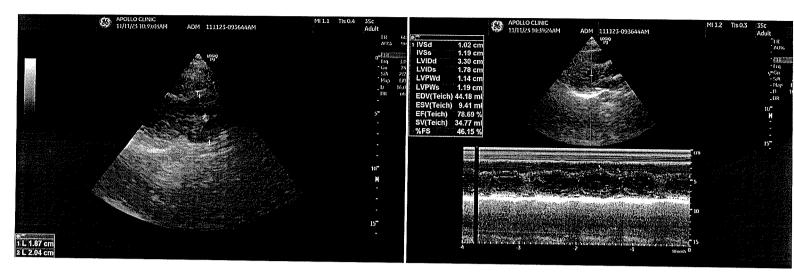
No clot/vegetation/pericardial effusion

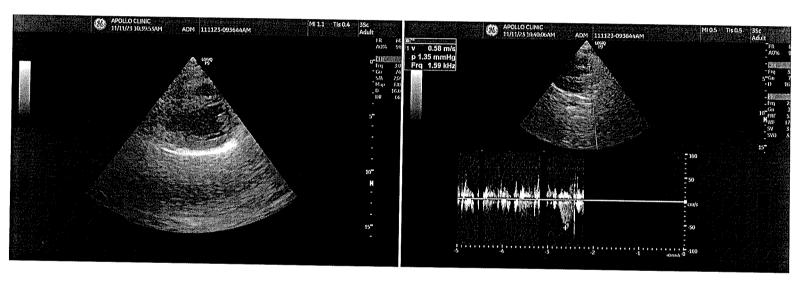
Normal LV systolic function - LVEF= 65%

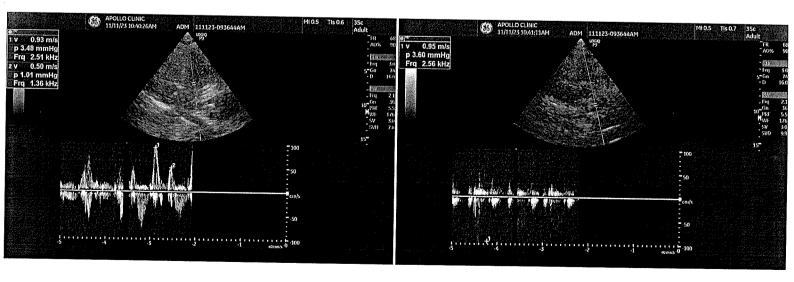
DR JAGADEESH H V MD, DM

**CONSULTANT CARDIOLOGIST** 

MBBS,MD, DM(Cardio) Consultant Cardiologist KMC Reg No.86848 Apollo Clinic









Name : Mrs. Srividya Dasari

INDIA OP AGREEMENT

Address: bangalore

Plan

**Age:** 36 Y Sex: F

: ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN

OP Number: CINROPV209997 Bill No: CINR-OCR-90477

UHID:CINR.0000158686

|        | n   | ate  | : 07.11.2023 | 09:04             |
|--------|---|------|--------------|-------------------|
| Sno    | Scrive Type/ServiceName                                     |      |              | Department        |
| 1      | ARCOFEMI MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - F | EMA: | LE - TMT - P | AN INDIA - FY2324 |
| نسي    | UKINE GLUCOSE(FASTING)                                      |      |              |                   |
|        | GAMMA GLUTAMYL TRANFERASE (GGT)                             |      |              |                   |
| نر     | HIBAIC, GLYCATED HEMOGLOBIN                                 |      |              |                   |
|        | LIVER FUNCTION TEST (LFT)                                   |      |              |                   |
|        | X-RAY CHEST PA - 10   |      |              |                   |
|        | GLUCOSE, FASTING  |      |              |                   |
|        | HEMOGRAM + PERIPHERAL SMEAR                                 |      |              |                   |
|        | ENT CONSULTATION  |      |              |                   |
| ç      | CARDIAC STRESS TEST(TMT) - ( pending)                       |      |              |                   |
|        | FITNESS BY GENERAL PHYSICIAN                                |      |              |                   |
| -      | GYNAECOLOGY CONSULTATION                                    |      |              |                   |
|        | DIET CONSULTATION   |      |              |                   |
|        | COMPLETE URINE EXAMINATION                                  |      |              |                   |
|        | URINE GLUCOSE(POST PRANDIAL)                                |      |              |                   |
|        | DERIPHERAL SMEAR  |      |              |                   |
|        | EĆG – L   |      |              |                   |
|        | BLOOD GROUP ABO AND RH FACTOR                               |      |              |                   |
| 15     | LIPID PROFILE   |      |              |                   |
| 19     | BODY MASS INDEX (BMI) - 6                                   |      |              |                   |
| 20     | LBC PAP TEST- PAPSURE 3 - (pending) gfC                     | 1    | 11 am        |                   |
|        | OPTHAL BY GENERAL PHYSICIAN - / pending/6.                  |      |              |                   |
|        | RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)                 |      |              |                   |
|        | ÚLTRASOUND - WHOLE ABDOMEN — Ĝ                              | llin | , 10:30      |                   |
|        | THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)                   | ,    |              |                   |
|        | DENTAL CONSULTATION - 1                                     |      |              |                   |
| 2      | LUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)             |      |              |                   |
| ALIAN. | 40-11   |      |              |                   |





Dat∍

: 07-11-2023

Department

: GENERAL

MR NO

: CINR.0000158686

Doctor

Name

: Mrs. Srividya Dasari

Registration No

Qualification

Age/ Gender

/ Female 36 Y

Consultation Timing: 09:04

20. Waist Circum: 155 m BMI: Weight: Height: B.P: Resp: Pulse: Temp:

General Examination / Allergies

History

Clinical Diagnosis & Management Plan

Follow up date:

**Doctor Signature** 

Apollo Clinic, Indiranagar

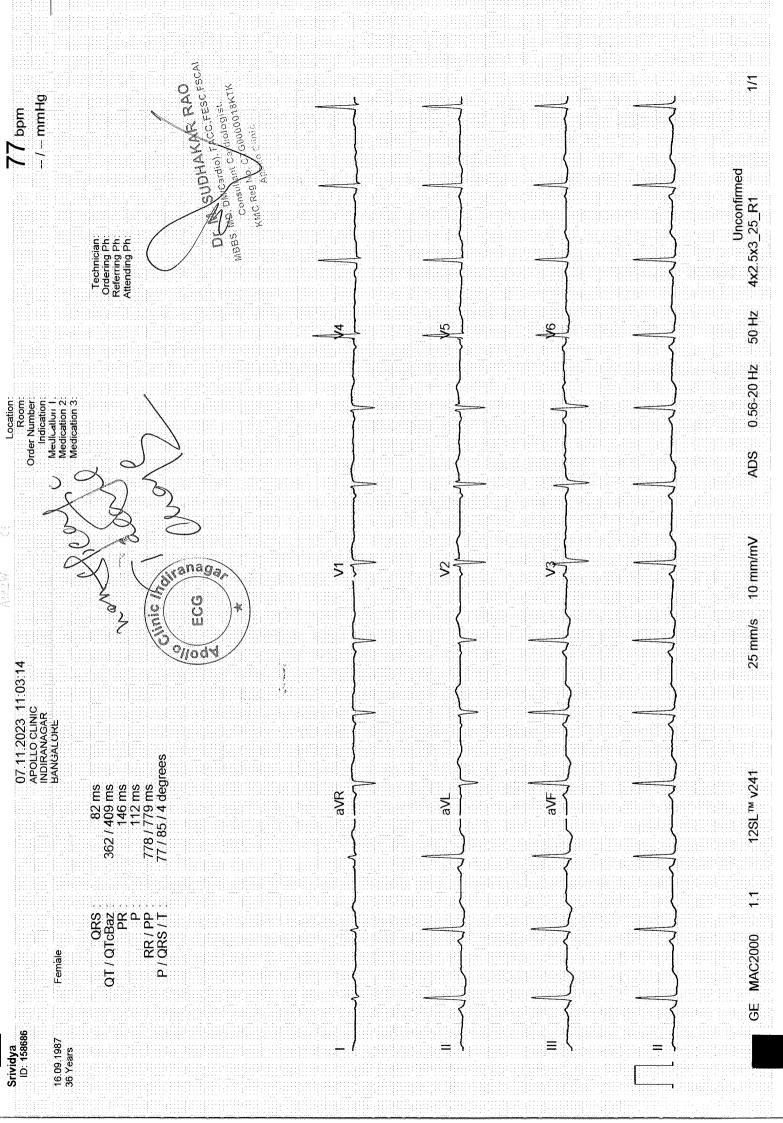
#2012, 1st Floor, 100 Feet Road, HAL 2nd Stage, Indiranagar - 560038

Phone: (080) 2521 4614/15

Toll Number Website

Whatsapp Number: 970 100 3333 : 1860 500 7788 : www.apolloclinic.com

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#### LETTER OF APPROVAL / RECOMMENDATION

To.

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

#### Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

| PARTICULARS             | EMPLOYEE DETAILS         |
|-------------------------|--------------------------|
| NAME                    | MS. DASARI SRIVIDYA      |
| EC NO.                  | 162637                   |
| DESIGNATION             | SINGLE WINDOW OPERATOR A |
| PLACE OF WORK           | BANGALORE,PBB-BANGALORE  |
| BIRTHDATE               | 16-09-1987               |
| PROPOSED DATE OF HEALTH | 07-11-2023               |
| CHECKUP                 |                          |
| BOOKING REFERENCE NO.   | 23D162637100072018E      |

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 12-10-2023 till 31-03-2024 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



## SUGGESTIVE LIST OF MEDICAL TESTS

| FOR MALE                            | FOR FEMALE                          |
|-------------------------------------|-------------------------------------|
| CBC                                 | CBC                                 |
| ESR                                 | ESR                                 |
| Blood Group & RH Factor             | Blood Group & RH Factor             |
| Blood and Urine Sugar Fasting       | Blood and Urine Sugar Fasting       |
| Blood and Urine Sugar PP            | Blood and Urine Sugar PP            |
| Stool Routine                       | Stool Routine                       |
| Lipid Profile                       | Lipid Profile                       |
| Total Cholesterol                   | Total Cholesterol                   |
| HDL                                 | HDL                                 |
| LDL                                 | LDL                                 |
| VLDL                                | VLDL                                |
| Triglycerides                       | Triglycerides                       |
| HDL / LDL ratio                     | HDL / LDL ratio                     |
| Liver Profile                       | Liver Profile                       |
| AST                                 | AST                                 |
| ALT                                 | ALT                                 |
| GGT                                 | GGT                                 |
| Bilirubin (total, direct, indirect) | Bilirubin (total, direct, indirect) |
| ALP                                 | ALP                                 |
| Proteins (T, Albumin, Globulin)     | Proteins (T, Albumin, Globulin)     |
| Kidney Profile                      | Kidney Profile                      |
| Serum creatinine                    | Serum creatinine                    |
| Blood Urea Nitrogen                 | Blood Urea Nitrogen                 |
| Uric Acid                           | Uric Acid                           |
| HBA1C                               | HBA1C                               |
| Routine urine analysis              | Routine urine analysis              |
| USG Whole Abdomen                   | USG Whole Abdomen                   |
| General Tests                       | General Tests                       |
| X Ray Chest                         | X Ray Chest                         |
| ECG                                 | ECG                                 |
| 2D/3D ECHO / TMT                    | 2D/3D ECHO / TMT                    |
| Stress Test                         | Thyroid Profile (T3, T4, TSH)       |
| PSA Male (above 40 years)           | Mammography (above 40 years)        |
|                                     | and Pap Smear (above 30 years).     |
| Thyroid Profile (T3, T4, TSH)       | Dental Check-up consultation        |
| Dental Check-up consultation        | Physician Consultation              |
| Physician Consultation              | Eye Check-up consultation           |
| Eye Check-up consultation           | Skin/ENT consultation               |
| Skin/ENT consultation               | Gynaec Consultation                 |

# आधार

# ಭಾರತೀಯ ವಿಶಿಷ್ಟ ಗುರುತು ಪ್ರಾಧಿಕಾರ

# ಭಾರತ ಸರ್ಕಾರ Unique Identification Authority of India Government of India

ನೋಂದಾವಣೆ ಕ್ರಮ ಸಂಖ್ಯೆ / Enrollment No.: 1177/81118/00089

ಶ್ರೀವಿದ್ಯಾ ದಸರಿ

Srividya Dasari

W/O: Upendra Kumar Dasari

#443/A 5th Cross Church Road

Near Rama Temple New Thippasandra

Bangalore North

New Thippasandra

Bangalore North Bangalore

Karnataka 560075

9972488226



MN144378553FT



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

6139 1679 1020

ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ



# ಬಾರತ ಸರ್ಕಾರ

Government of India



ಶ್ರೀವಿದ್ಯಾ ದಸರಿ Srlvidya Dasari ಹುಟ್ಟಿದ ವರ್ಷ / Year of Birth : 1987 പ്പു / Female



6139 1679 1020





Patient Name : Mrs. Srividya Dasari Age/Gender : 36 Y/F

Sample Collected on : Reported on : 07-11-2023 18:45

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : 9972488226

### DEPARTMENT OF RADIOLOGY

#### X-RAY CHEST PA

Bilateral lung fields appear normal.

Cardiac size is normal.

Bilateral hila appears normal.

Bilateral CP angle appear normal.

Dr. PRIYA B

MBBS, MD (Radiology)

Radiology



: 07-11-2023 14:40

**Patient Name** : Mrs. Srividya Dasari Age/Gender : 36 Y/F

UHID/MR No. **OP Visit No** : CINROPV209997 : CINR.0000158686

Sample Collected on LRN# : RAD2144280 Specimen

**Ref Doctor** : SELF

Emp/Auth/TPA ID : 9972488226

#### DEPARTMENT OF RADIOLOGY

Reported on

#### **ULTRASOUND - WHOLE ABDOMEN**

LIVER: Appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

GALLBLADDER: Moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

SPLEEN: Appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

PANCREAS: Obscured by bowel gas. However, the visualized portion appear normal.

KIDNEYS: Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

URINARY BLADDER: Distended and appears normal. No evidence of abnormal wall thickening noted.

UTERUS: Anteverted and appears normal in size. Myometrial echoes appear normal. The endometrial lining appears intact. Endometrium measures 10 mm.

OVARIES: Both ovaries appear normal in size and echopattern.

No free fluid is seen.

#### IMPRESSION:

NO SIGNIFICANT SONOGRAPHIC ABNORMALITY DETECTED.

Dr. AKSHAY A RESHMI MBBS, MD (Radiology) Radiology