

Dr. MEHTA . Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

AUB . 1137584
 Place Label Here
 MR - ABHISHEK ROUJ
 Age . 35
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician.



Allergies: NIL	Fall Risk Assessment		Wt: 75.5	Ht: 164	T: 83	BP: 126/70
	H/o fall (within 1 year)	Yes No				
Mobility Aid	Yes No					
Gait	Dep. Indep.	Pain				
<input checked="" type="checkbox"/> Psychological & Social Assessment done						

- ① Mildly elevated SPT & GGTP & fatty liver.
- ② Diabetes Mellitus - De novo
 FBS - 133, HbA1c - 7.5%, PP - 146 mg/dl.
- ③ Dyslipidemia - LDL-C - 143, TG - 259
- ④ Left renal calculus.

Adv: Diabetes, low fat diet
 weight reduction
 Regular exercise.

- 1. Tab. DAPREY - M 50/500 0-0-0
 (side effects of wt loss / UTI / genital warts explained)
- 2. Tab. ROZAVEL 10 mg 0-0-1 after dinner to control

- FBS, PPBS, HbA1c - after 3 months
 lipid profile

Kindly get this document scanned at the counter for the record purpose.

- Annual fundoscopy

Seel
 Signature and Date

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001137534
MR. ABHISHEK ROUT
Age: 35 Year(s) Year(s)/Male
21 Mar 2023 8:52:23 AM



Age :	Sex : M/F
	UHID :

Physical Examination

General :

Build

Height

164 cm

Weight

75.5 kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

83 bpm

B.P. : Supine

126/79

Sitting

Standing SpO2 97 %

Chest shape

normal

Echo screening

Heart Sounds

- Normal LV systolic funct

Murmurs

- NO RWMA, EF: 60%

Thrills

- Rusp: 25+10 mmHg

RS :

Rate & Type

Breath Sounds

YOUR CLINICAL TEST RESULTS

Mr. ABHISHEK ROUT

MALE / 35 Yrs / AHB.0001137584 / AHBHC119790

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 21/03/2022

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	14.1	g/dL	●	13-17
RBC Count (Impedance)	4.96	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	43	%	●	40 - 50
MCV (Derived from RBC histogram)	87	fl	●	83 - 101
MCH (Calculated)	28	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	15.7 *	%	●	11.60-14.00
Platelet Count (Impedance)	303	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.6	x(10) ⁹ /l	●	4 - 11
Neutrophils	70	%	●	40 - 80
Lymphocytes	23	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	26 *	mm/1st hr	●	Adult Male- 0 - 10

STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Color :	Brownish			Yellow
Consistency :	Semi Solid			
Reaction:	Acidic			7.2-7.8
Blood :	NEGATIVE			NEGATIVE
Mucus:	Absent			

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 35 Yrs / AHB.0001137584 / AHBHC119790

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 21-Mar-2023

Pus Cells	1-2 /h.p.f	/HPF	0 - 5
RBC	Nil	Cells/hpf	0 - 2
Ova:	Absent		
Cysts:	Absent		
Trophozoite	Absent		
Yeast Cells	Yeast Cells Not Seen		
Vegetable Matter	Absent		

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Appearance	Clear			Clear
Volume :	30	ml		
pH	5.0		●	1.016 - 1.022
Specific Gravity	1.010 *			
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
*Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	TRACE-LYSED			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	1+			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	2-4 /h.p.f	/HPF	●	0 - 5



Within Normal Range



Boderline High/Low



Outside Range

YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 28-Mar-2023

Epithelial Cells Occasional Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	57 *	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	3.2	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.9	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	90	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	36	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	0.92	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	203 *	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.98	mg/dL	●	Male : 0.9 - 1.3

● Within Normal Range
 ● Boderline High/Low
 ● Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 21/3/2023

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	62 *	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	133 *	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	146 *	mg/dL	●	"Non-Diabetic : <= 140 Impaired Glucose Tolerance : 140-199 Diabetic : >= 200 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	7.5 *	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	40	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	143 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	5.0	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
	● Within Normal Range		● Boderline High/Low	● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. ABHISHEK ROUT

MALE / 35 Yrs / AHB.0001137584 / AHBHC119790

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 21/03/2023

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	ADULT: 6.0 - 8.5
NEPHROLOGY RENAL PROFILE (RANDOM)				
Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145
THYROID PROFILE - I(T3,T4 AND TSH)				
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	142.67	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	8.4	µg/dL	●	5.93 - 13.29
LIPID PROFILE TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
Triglycerides - Serum	259 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	5.1 *		●	< 5.0
THYROID PROFILE - II(T3,T4 AND TSH)				
Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.3	µIU/mL	●	0.34 - 5.6
NEPHROLOGY RENAL PROFILE (RANDOM)				
Test Name	Result	Unit	Level	Range
UREA - SERUM	22	mg/dL	●	15 - 45
URIC ACID - SERUM	6.1	mg/dL	●	Adult Male: 3.0 - 7.0
LIPID PROFILE TEST (PACKAGE)				
Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	52 *	mg/dl	●	Desirable: <30
LIVER FUNCTION TEST (PACKAGE)				



Within Normal Range



Boderline High/Low



Outside Range

YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 21-Mar-2023

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.14	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.78	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	26		●	Healthy Adults: 22 - 29

ECHO/TMT - OPTIONAL

STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA



Within Normal Range



Boderline High/Low



Outside Range

YOUR CLINICAL TEST RESULTS

Mr. ABHISHEK ROUT

MALE / 35 Yrs / AHB.0001137584 / AHBHC119790

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date: 28/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details	Mr. ABHISHEK ROUT	M	035Y
UHID	AHB.0001137584	Ward/Bed No.	AHC / AHC
I.P.No./Bill No.	AHBHC119790	Scanned on	21-Mar-2023 12:39
Accession Number	10601.223025951	Reported On	21-Mar-2023 14:15:08
Referring Doctor	null		

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shows diffuse increased parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder: Contracted (post prandial status).

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Visualized head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of hydronephrosis seen on either side. Left kidney shows echogenic focus measuring ~ 6.6 mm at its mid pole.

Urinary bladder is moderately distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

=====

IMPRESSION:

Fatty liver.

Left renal possible calculus.

- Suggested clinical correlation.

=====

(Enclosed report) *MI.*

DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. ABHISHEK ROUT		M		035Y
UHID :	AHB.0001137584	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC119790	Scanned on :			21-Mar-2023 12:39
Accession Number :	10601.223025951	Reported On :			21-Mar-2023 14:15:08
Referring Doctor :	null				

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. ABHISHEK ROUT		M		035Y
UHID :	AHB.0001137584	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC119790	Scanned on :			21-Mar-2023 11:21
Accession Number :	10601.123033183	Reported On :			21-Mar-2023 11:24:47
Referring Doctor :	null				

X-RAY CHEST PA VIEW

Clinical information – health check up

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

=====

IMPRESSION:

No definite abnormality noted on the chest radiograph.

=====

- Suggested clinical and other investigation correlation.
 Dr sam k George
 Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.



Dr. Shalini Shetty
MBBS, MS (Oph), FRCS (UK)
Sr. Consultant - Ophthalmology

Place Label Here
35/M 1137584
Mr: Abhishek Rout
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

Allergies:	Fall Risk Assessment		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10 <input type="checkbox"/> Psychological & Social Assessment done				
	Mobility Aid	Yes No					
	Gait	Dep. Indep					

Routine

Eye test

R 2

6/6 6/6

without glass

RL6 RL6

Colour vision.

Medicine Record

17
17

17
17

Clinically Normal
Kindly get this document scanned at the counter for the record purpose

Signature and Date

21/3/23

APOLLO HOSPITALS

Patient Details Date: 21-Mar-23

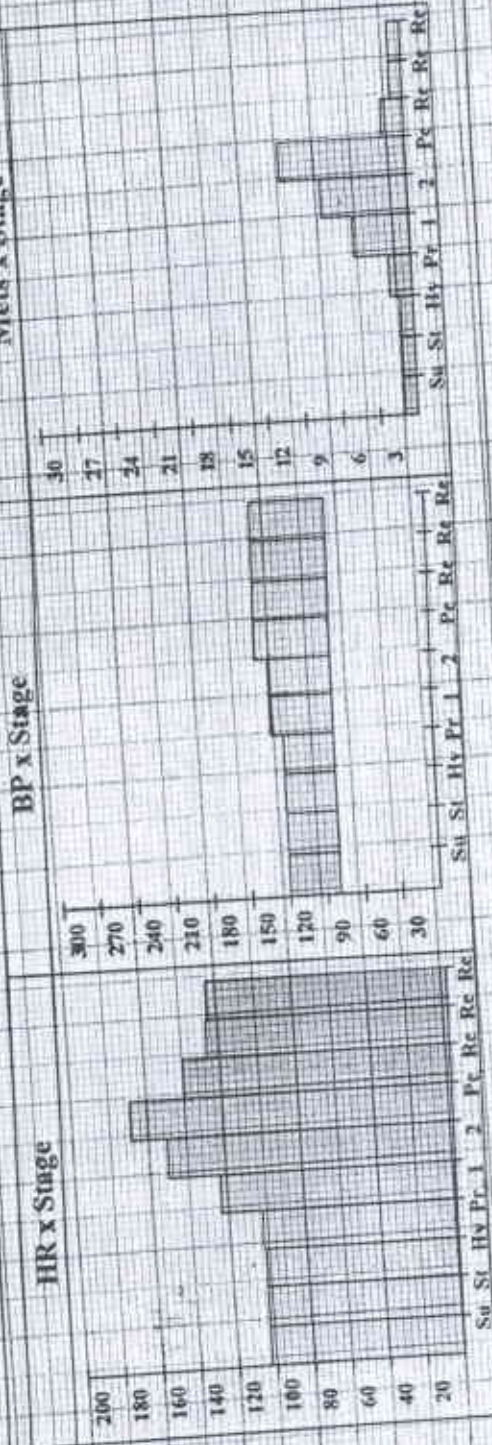
Time: 12:41:03

Name: ABHISHEK ROUT ID: AHB1137584

Height: 164 cms

Age: 35 y Sex: M

Weight: 75 Kgs



Interpretation

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 NO SIGNIFICANT ST-T CHANGES NOTED
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Doctor: DR K M NAIR

Schiffert CS-30 V 1.9

Ref. Doctor: AHC

(Summary Report edited by: usaz)

Rate 82

PR 151

QRSD 80

QT 341

QTC 399

--AXIS--

P 61

QRS 16

T 22

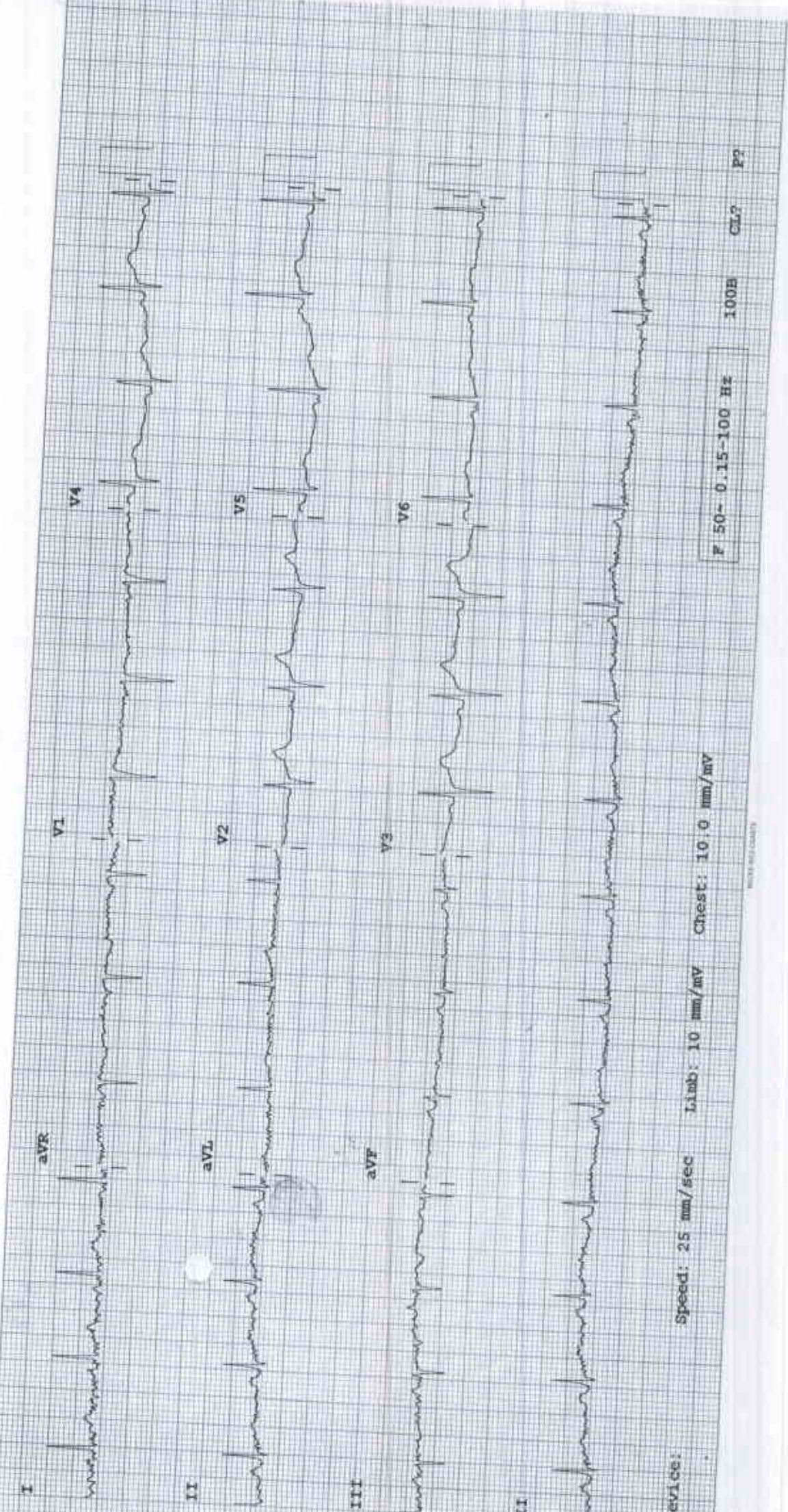
12 Lead; Standard Placement

AHE 0001137594

MR. ABHISHEK ROUIT

Age: 35 Year(s) Year(s) Male

21 Mar 2023 8:52:20 AM



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~0.15-100 Hz

100B CL? PP