

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

Name: HB.0001113138 MR. R RAMAKRISHNA Age: 48 Year(s) Year(s)/Male 8 Nov 2022 10:08:04 AM	Age :	Sex : M/F
		UHID :



Physical Examination

General : Build Height 170cm Weight 73.2kg BMI :

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm 86 bpm

B.P. : Supine 118/82 Sitting Standing SpO2 96 %

Chest shape mmHg. Lungs clear

Heart Sounds Normal LV systolic function

Murmurs Normal

Thrills Lt = Gal

RS : Rate & Type

Breath Sounds abds 10 cm



**Dr. Shalini Shetty**  
 MBBS, MS (Oph), FRCS (UK)  
 Sr. Consultant - Ophthalmology

Place Label Here  
**Mr. R. Ramakrishna**  
**49/M 1113136**  
 If label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician

Allergies :	<b>Fall Risk Assessment</b>		Wt: _____ Ht: _____ T: _____ P: _____ BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10 <input type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes No		
Gait	Dep. Indep.		

Routine Eye Test

R L

HTN - 3 years  
 Thyroid - 2 years.

6/6 6/6

With glasses

Refractive Error  
 Reading glau

NG NG  
 With glau  
 colour vision

$\frac{17}{17}$   $\frac{17}{17}$

*Clinically Reviewed*  
 Kindly get this document scanned at the counter for the record purpose

For Dr. Shalini  
 Signature and Date  
 26/11/22



**Dr. MEHTA .Y**  
 MBBS, DNB (Family Medicine)  
 Senior Consultant Physician  
 Reg. No. : ANP20010000845KTK

Place Label Here  
**Mr. R. RAMAKRISHNA**  
**AHB-0001113136**  
 29/11/18  
 If label not available, write Pt. Name, UHID No.,  
 Age, Sex, Date, Name of Treating Physician

Allergies :  NIL	<b>Fall Risk Assessment</b>		Wt: <u>72.1kg</u> Ht: <u>170cm</u> T: _____ P: <u>86</u> BP: <u>118/82</u>
	H/o fall (within 1 year)	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>	Pain <u>0</u> /10 <input type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>		
Gait	Dep. Indep. <input checked="" type="checkbox"/> <input type="checkbox"/>		

- ① Elevated CGTP
- ② HbA1c - 6.8% with normal FBS & PPBS
- ③ Dyslipidaemia - LDL-C-150, TG-237 mg/dl.
- ④ Hypertension
- ⑤ HTN - on Rx - Telma AM 1-0-0
- ⑥ Hypothyroidism - on 50 mcg Thyronorm

Adv

- Diabetic, low fat, high fiber diet
- Good Hydration
- Regular physical exercise

- Repeat HbA1c  
 lipid profile  
 LFT  
 TSH } after 3 months

- Continue the same medications for HTN & Hypothyroidism
- PFT - Review in the reports.

**Kindly get this document scanned at the counter for the record purpose**

*Deep*  
**Signature and Date**



AH-QF-RD-04

**DEPARTMENT OF RADIOLOGY**

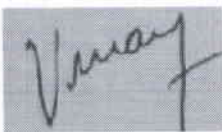
<b>Patient's Details</b> :	MR. R RAMAKRISHNA		M		49 Years
<b>UHID</b> :	AHB.0001113136	<b>Ward/Bed No.</b> :	/		
<b>I.P.No./Bill No.</b> :		<b>Scanned on</b> :	26-Nov-2022		
<b>Accession Number</b> :		<b>Reported On</b> :	13:10		
<b>Referring Doctor</b> :			26-Nov-2022		

**X-RAY CHEST PA VIEW**

Lung fields appear clear bilaterally with normal bronchovascular markings.  
 Cardiac silhouette and cardiothoracic ratio appear normal.  
 Costophrenic angles appear normal on both sides.  
 Domes of the diaphragm appear normal.  
 Underlying bony and soft tissue shadows appear normal.

**IMPRESSION:**

*No definite abnormality noted on the chest radiograph.*



**Dr. VINAY MD,  
RADIOLOGIST**

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

**CIN - U85110KA1991PLC011781**

DEPARTMENT OF BIOCHEMISTRY



MC-2547

Name : Mr. R RAMAKRISHNA / AHBHC112630  
 UHID : AHB.0001113136  
 SIN \ LRN : 8240231 \ 3607386  
 Specimen : Plasma  
 Ref Doctor : Dr. MHC

Age : 49Yr 8Mth 3Days Gender : Male  
 W/BNo/RefNo : AHC



Collected on : 26-NOV-2022 01:16:16 PM Received on : 26-NOV-2022 02:09:38 PM Reported on : 26-NOV-2022 02:50:18 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	87	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)			

Report Status:Final

\* - Abnormal Value

\* END OF REPORT \*

CHECKED BY 138762  
723076

Printed On : 26-NOV-2022 04:15:36 PM

GOVINDARAJU N L Dr. SABHARI PRIYA S  
Clinical Biochemist Registrar

**DEPARTMENT OF RADIOLOGY**

<b>Patient's Details</b> : Mr. R RAMAKRISHNA	M   049Y
<b>UHID</b> : AHB.0001113136	<b>Ward/Bed No.</b> : AHC /
<b>I.P.No./Bill No.</b> : AHBHC112630	<b>Scanned on</b> : 26-Nov-2022 14:51
<b>Accession Number</b> : 10601.222104068	<b>Reported On</b> :
<b>Referring Doctor</b> : Dr. MHC	

**ULTRASOUND WHOLE ABDOMEN**

**Clinical Information:** - General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder: Partially distended.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

**Pancreas:** Head and body appear normal. Tail obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening.

Prostate appears normal in size. Normal echopattern noted within the gland


No evidence of ascites or pleural effusion seen.

**IMPRESSION:**

*USG study of the abdomen shows no definite abnormality.*

*-Suggested clinical correlation.*

(Enclosed report) Mn

  
**Dr. SALIM SHAIKH**  
**RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

**CIN - U85110KA1991PLC011781**



# YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26/11/2022

## HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.6	g/dL	●	13-17
RBC Count (Impedance)	4.41 *	x(10) <sup>12</sup> /l	●	4.5 - 5.5
Packed cell volume (Calculated)	38 *	%	●	40 - 50
MCV (Derived from RBC histogram)	86	fl	●	83 - 101
MCH (Calculated)	31	pg	●	27 - 32
RDW (Calculated)	12.3	%	●	11.60-14.00
MCHC (Calculated)	36 *	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	216	x(10) <sup>9</sup> /l	●	150 - 450
WBC Count (Impedance)	5.17	x(10) <sup>9</sup> /l	●	4 - 11
Neutrophils	60	%	●	40 - 80
Lymphocytes	32	%	●	8.6 -23.8
Monocytes	6	%	●	2 - 10
Eosinophils	2	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	21 *	mm/1st hr	●	Adult Male- 0 - 10

## URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow		●	Yellow
			●	Outside Range

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 25/11/2022

Appearance	Clear		Clear
Volume :	30	ml	
pH	6.0		
Specific Gravity	<=1.005		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL ●	0.2 - 1.0
Blood :	NEGATIVE		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	Nil	Cells/hpf	0 - 2
WBC	1-2 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	AB			
Rh (D) Type:	POSITIVE			

Within Normal Range
  Boderline High/Low
  Outside Range



## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26/11/2022

Method: COLUMN AGGLUTINATION

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	26	U/L	●	<= 50

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	79	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	21	U/L	●	<= 50

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.88	mg/dL	●	0.30-1.20

### NEPHROLOGY RENAL PROFILE (RANDOM)

● Within Normal Range    ● Borderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26/11/2022

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	200	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.09	mg/dL	●	Male : 0.9 - 1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	159 *	U/L	●	<= 55

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	89	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

### GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
	● Within Normal Range	● Boderline High/Low	● Outside Range	

## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26/11/2022

Glycosylated Hemoglobin (HbA1c)	6.8 *	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"
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### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	42	mg/dL	●	"Low : <40High: >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	150 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 - 129Borderline High: 130 - 159High: 160 - 189Very High: > 189"

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.1	mmol/L	●	3.5-5.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	136	mmol/L	●	135 - 145

● Within Normal Range    ● Boderline High/Low    ● Outside Range



## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26-Nov-2022

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	107.00	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	13.2	µg/dL	●	5.93 - 13.29

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	237 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.8		●	< 5.0

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	4.19	µIU/mL	●	0.34 - 5.6

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	15	mg/dL	●	15 - 45

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26/11/2022

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.9 *	mg/dL	●	Adult Male: 3.0 - 7.0

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL - SERUM	47 *	mg/dl	●	Desirable: <30

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.11	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.77	mg/dL	●	0.1 - 1.0

### PROSTATE SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.4	ng/mL	●	0.000-4.000

### NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO <sub>3</sub> ) - SERUM	25		●	Healthy Adults: 22 - 29

● Within Normal Range    ● Boderline High/Low    ● Outside Range

## YOUR CLINICAL TEST RESULTS

**Mr. R RAMAKRISHNA**

MALE / 49 Yrs / AHB.0001113136 / AHBHC112630

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE ABOVE 40 YEARS

Date: 26-Nov-2022

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Biochemistry**

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**CARDIOLOGY**

ECHO/TMT - OPTIONAL

**Ultrasound Radiology**

ULTRASOUND - WHOLE ABDOMEN

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA ✓



Within Normal Range



Boderline High/Low



Outside Range



APOLLO HOSPITALS  
BANNERGATTA ROAD  
BANGALORE

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: RAMAKRISHNA R,  
Patient ID: AHB/1113136  
Height: 170 cm  
Weight: 73 kg

DOB: 23.03.1973  
Age: 49yrs  
Gender: Male  
Race: Indian

Study Date: 26.11.2022  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: AHC  
Attending Physician: DR K M NAIR  
Technician: Jagadeesha A B

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:27	0.00	0.00	93	120/80	
	STANDING	00:02	0.00	0.00	92	120/80	
	WARM-UP	00:15	1.00	0.00	93	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	123	120/80	
	STAGE 2	03:00	2.50	12.00	141	130/80	
	STAGE 3	00:32	3.40	14.00	146	140/80	
RECOVERY		02:19	0.00	0.00	115	150/80	

The patient exercised according to the BRUCE for 6:32 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 97 bpm rose to a maximal heart rate of 148 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation

Summary: Functional Capacity: moderate.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.

### Conclusions

IMP:STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician

Technician

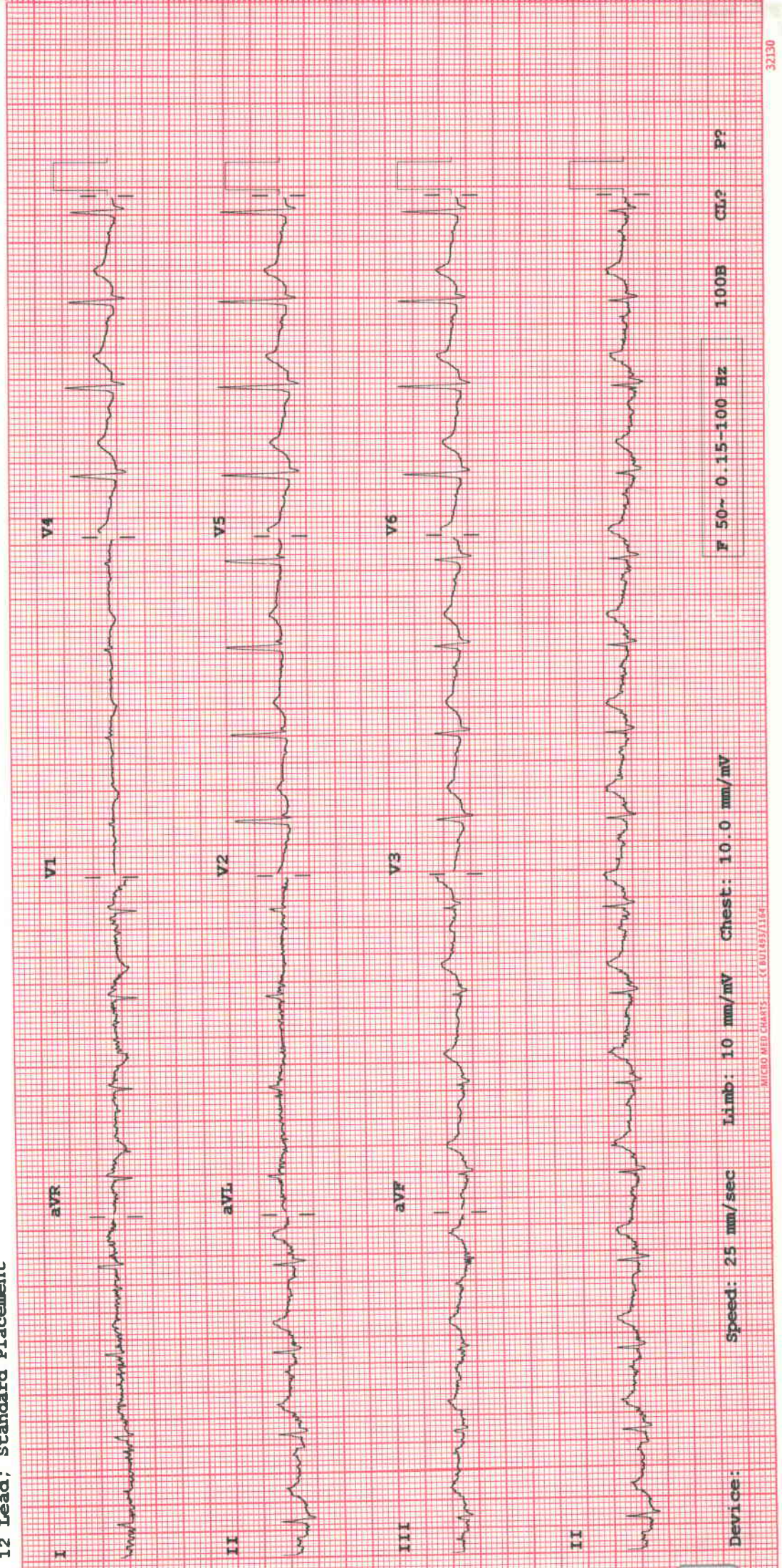


Rate 94  
 PR 147  
 QRS 152  
 QT 354  
 QTc 443

--AXIS--  
 P 92  
 QRS 3  
 T 75

12 Lead; Standard Placement

AHB.0001113136  
 MR. R RAMAKRISHNA  
 Age: 49 Year(s) Male  
 28 Nov 2022 10:06:03 AM



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~ 0.15-100 Hz 100B CL? P?