

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SINGH ISHWAR
EC NO.	175070
DESIGNATION	HEAD CASHIER "E" _II
PLACE OF WORK	NISSING
BIRTHDATE	10-04-1984
PROPOSED DATE OF HEALTH CHECKUP	15-03-2022
BOOKING REFERENCE NO.	21M175070100015228E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **14-03-2022** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

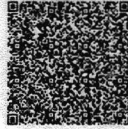
(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



भारत सरकार
Government of India



ईश्वर सिंह
Ishwar Singh
जन्म तिथि/DOB: 10/04/1984
पुरुष/ MALE



3521 5420 1037

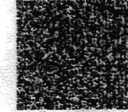
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मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

पता:
S/O: लक्ष्मण दास, नजदीक पोस्ट ऑफिस वाली गली,
सरधा, कैथल,
हरियाणा - 136043



Address:
S/O: Lachhman Dass, NEAR POST OFFICE
WALI GALI, Serhada, Kaithal,
Haryana - 136043

3521 5420 1037


VID: 9121 5948 9783 4158



help@uidai.gov.in



www.uidai.gov.in

 बैंक ऑफ बरोडा
Bank of Baroda
बोडिंग एंड डिपॉजिटरी

नाम
Name **ISHWAR SINGH**

कर्मचारी आई.एन.
E. C. No. **175070**



Saboo

Ishwar



उत्पादन अधिकारी, ए.डी.ओ., डी.एम., कारमन
Issuing Authority DRM, RO, Karnal

धारक का हस्ताक्षर
Signature of Holder

मिलने पर निम्नलिखित को लौटाने
विशेष महत्वपूर्ण (सुरक्षा)
बैंक ऑफ बरोडा कार्पोरेट सेंटर
सी-26, सी ब्लॉक, बंडोडा कुरु कॉम्प्लेक्स
मुंबई 400 051, भारत
फोन : 01 22 6608 5196 फैक्स : 01 22 2652 5747
If found, please return to
Asst. General Manager (Security)
Bank of Baroda, Baroda Corporate Center
C-26, G Block, Bando Kuru Complex
Mumbai 400 051, India
Phone: 01 22 6608 5196, Fax: 01 22 2652 5747

रक्त ग्रुप Blood Group: **B (positive)**

चिह्न/चिह्न
Identification Marks: **Mole on right foot sole.**



Park Hospital

Multi Super Speciality Hospital

CHD City, Sector 45, G.T. Road Karnal, Haryana -
132001, Tel : 0184 -7110000, +91-9643000000,
8222008811,22 Toll Free No : 1800-102-6767
E-Mail : parkkarnal@gmail.com
Visit us at : www.parkhospital.in



OPD Credit Bill

Name : Mr.ISHWAR SINGH Contact No. : 9416610860
Age/Sex : 38 YRS / Male Date : 15-Mar-2022 10:28 AM
MR No. : MR/22/001820 Credit Bill : OBL/21-22/00020829
Address : NEAR POST OFFICE WALI GALI,SERHADA -
KAITHAL, INDIA
Doctor : DR. RMO

Particulars	Units	Amount
MEDIWHEEL FULL BODY MALE AND FEMALE BELOW 40 ()		1800.00
ADMISSION CHARGES		
✓ DR. SOMPAL ()	1.00	
✓ DR. ROHIT SADANA ()	1.00	
CARDIOLOGY		
✓ ECG CARDIO ()	1.00	
✓ ECHO SCREENING ()	1.00	
PATHOLOGY		
✓ BLOOD GLUCOSE FASTING ()	1.00	
✓ BLOOD GLUCOSE PP ()	1.00	
✓ CREATININE SERUM ()	1.00	
✓ LFT(LIVER FUNCTION TEST) ()	1.00	
✓ LIPID PROFILE ()	1.00	
✓ UREA ()	1.00	
✓ URIC ACID, SERUM ()	1.00	
✓ STOOL ROUTINE EXAMINATION () <i>not done</i>	1.00	
✓ URINE ROUTINE EXAMINATION ()	1.00	
✓ BLOOD GROUP AND RH TYPE ()	1.00	
✓ CBC(COMPLETE BLOOD COUNT) ()	1.00	
✓ ESR ()	1.00	
✓ HBA1C ()	1.00	
✓ TSH TOTAL ()	1.00	
RADIOLOGY		
✓ USG ABDOMEN ()	1.00	
✓ X RAY CHEST PA ()	1.00	
	Total	1800.00
	Discount	
	Amount Paid	0
	Previous Bal.	0.00
	To Receive	1800.00

0.00

Signature

Sponsored By : MEDIWHEEL

15-Mar-2022 10:28 AM

Prepared By : JASMEET KAUR

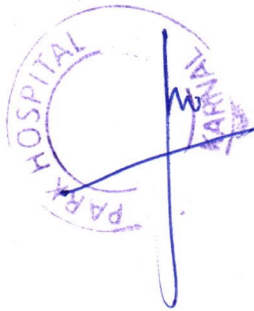
Printed By : Miss. JASMEET KAUR

Thank You For Your Business.



OPD CARD

Receipt No.: FRT/21-22/000019561 Date : 15-Mar-2022 10:30 AM
 MR NO. : MR/22/001820 Age/Sex. : 38 YRS / Male
 Name : **Mr.ISHWAR SINGH** Panel : HOSPITAL
 Doctor : Dr. SOMPAL Contact No. : 9416610860
 Department : MEDICINE

Initial Assessment Known Drug Allergy (If Any)	<p style="text-align: center;"><i>Left hand comes for Roshni</i></p> <p style="text-align: right;"><i>Investigation</i></p>
Height : weight : Vitals <i>B.P- 140/90 mmHg</i> <i>Pulse 89</i> <i>SpO2 - 97%</i>	Chief Complaints & H/O Present illness <hr/> Past History : DM <input type="checkbox"/> HT <input type="checkbox"/> IHD <input type="checkbox"/> MI <input type="checkbox"/> Bronchial Asthma <input type="checkbox"/> COPD <input type="checkbox"/> Any Others <input type="checkbox"/> <i>o/e</i> <i>Current count</i> <i>All Investigations well</i>
Investigation :	Examination <i>No Issue</i>
Nutritional Assesment :	Diagnosis Treatment 
Preventive Advice (If any)	

Name Sign of Doctor

Note: DOCTOR CONSULTATION VAILD FOR 3 DAYS(INCULDING SUNDAYS & HOLIDAYS)
Doctor Timing:

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PARK GROUP OF HOSPITALS : West Delhi • South Delhi • Gurugram • Karnal • Panipat • Hodal • Ambala • Behror

the **health** care providers

the **health** care providers

PANEL HOSPITAL : DELHI GOVT, CGHS, ECHS, MTNL, DJB, DTC NDPL MCD, NAFED, HUDCO, TRADE FAIR AUTHORITY OF INDIA, DDA, NDMC, PAWAN HANS HELICOPTER, IFFCO, METRO BHEL, MOTHER DAIRY, GAIL, VSNL, TCIL, IGL, TISCO, NPCC, NBCC, NTC, PEC, IREDA, IRCON, SCI, DU, SPG, MES, ESI, CERC, CCRT, UGC, DERC, IGNOU, JNU, DTL, CPCB, FCI, NPC, ICAR, IARI, BSNL, BSES, DELHI POLICE, ALL MAJOR TPA'S (MEDICLAIM CASHLESS HOSPITALISATION) ETC.



ECHOCARDIOGRAPHY REPORT

Date : 15-03-2022

O.P.D.NO. :

Patient name : MR. ISHWAR SINGH

AGE/Sex: 38Y/M

Dr.Name : SANJAY KUMAR GUPTA

2D ECHO

- Mitral valve**Normal**
- Pulmonary artery.....**Normal**.....
- Tricuspid valve.....**Normal**
- Pulmonary valve**Normal**...
- Aortic valve... **Normal**

2 D RWMA

- ... **No RWMA** (Regional wall motion abnormality at rest).

COLOUR DOPPLER

- ...**No..** Significant valvular stenosis/ regurgitation

COMMENTS AND SUMMARY

- All cardiac chambers of....**Normal**..... Size and shape... **No**..... dilatation or hypertrophy
- ... **No RWMA** (regional wall motion abnormality) at rest.
- ...**No**...clot/ vegetation/ pericardial effusion
- LV**Normal LV function**.....systolic function
- ...**No**.... Significant valvular stenosis / regurgitation

FINAL IMPRESSION:

- EF AT REST**55%**.....



Dr. SANJAY KUMAR GUPTA
SENIOR CONSULTANT
MD (MED), DNB CARDIOLOGY
FNB (INTERVENTION) CARDIOLOGY

(This is only professional opinion and not the diagnosis. Please correlate clinically.)

Sector 45, Bhaini Khurd G.T. Karnal Road, Karnal, Haryana - 132116 PH.: 08222008811, 22, 66

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the health care providers the health care providers

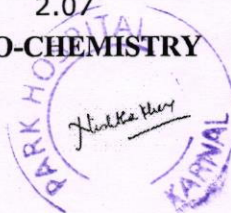


Diagnosics S. No. : LSHHI245262	MR No. : MR/22/001820
Patient Name : Mr. ISHWAR SINGH	Doctor : Dr. RMO
Age/Sex : 38 YRS Sex : Male	Date & Time : 15-Mar-2022 10:28 AM
OPD/IPD : OPD	Sample Collection : 15-Mar-2022 10:40 AM
IPDNo :	Reporting Date/Time : 15-Mar-2022 12:45 PM
	ReferDoctor :

BIO-CHEMISTRY

Test Name	Status	Result	Biological Reference Interval	Unit
<u>BLOOD GLUCOSE FASTING</u>				
BLOOD SUGAR FASTING		104	70-110	mg/dl
<u>BLOOD GLUCOSE PP</u>				
BLOOD SUGAR PP		135	80-140	mg/dl
HAEMATOLOGY				
<u>BLOOD GROUP And RH TYPE</u>				
BLOOD GROUP ABO & Rh		"B" POSITIVE	-	
<u>CBC(COMPLETE BLOOD COUNT)</u>				
HAEMOGLOBIN		16.3	13.0-17.0	gm/dl
TLC (Total Leucocyte Count)		5400	4000-11000	/cumm
NEUTROPHILS		60	45-75	%
LYMPHOCYTES		33	20-45	%
EOSINOPHILS		02	0-06	%
MONOCYTES		05	02-10	%
BASOPHILS		00	0-2	%
RBC		5.41	3.8-5.5	Millions/cmm
PCV/HAEMATOCRIT	H	46.0	35-45	%
MCV		85	76-96	fl
MCH		30.1	27-31	Picogram
MCHC	H	35.4	30-35	gm/dl
RDW		12.2	11.5-14.5	%
PLATELETS		2.07	1.5-4.0	Lacs

BIO-CHEMISTRY



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	ReferDoctor :

CREATININE SERUM

CREATININE 1.4 0.6-1.4 mg/dl

HAEMATOLOGY

ESR

ESR 10 0-20 mm/1sthr

BIO-CHEMISTRY

LFT(LIVER FUNCTION TEST)

BILIRUBIN (TOTAL)	0.94	0.1-1.2	mg/dl
BILIRUBIN DIRECT	0.21	0.0-0.3	mg/dl
BILIRUBIN INDIRECT	0.73	0.1-0.9	mg/dl
SGOT (AST)	38	0-40	IU/L
SGPT (ALT)	35	0-40.0	IU/L
ALK.PHOSPHATASE	108	42.0-119	IU/L
TOTAL PROTEIN	6.7	6.0-8.0	gm/dl
ALBUMIN	4.3	3.20-5.0	gm/dl
GLOBULIN	2.4	2.30-3.80	gm/dl
A/G Ratio	H 1.7	1.0-1.60	

LIPID PROFILE

TOTAL CHOLESTEROL	186	0-200	mg/dL
TRIGLYCERIDE	H 175	0-161	mg/dL
HDL-CHOLESTEROL	44	35.0-85	mg/dL
LDL CHOLESTEROL	107	0-130	mg/dL
VLDL	35	0-40	mg/dL
LDL / HDL RATIO	2.43	0.0-3.55	

UREA

BLOOD UREA 18 13.0-45.0 mg/dl

URIC ACID, SERUM



(This is only professional opinion and not the diagnosis, Please correlate clinically)

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Diagnostics S. No. : LSHHI245262	MR No. : MR/22/001820
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	ReferDoctor :

URIC ACID 5.8 3.0-7.2 mg/dl

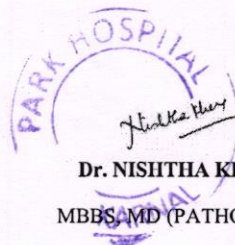
CLINICAL PATHOLOGY

URINE ROUTINE EXAMINATION

VOLUME	30	-	ml
COLOUR	P.YELLOW	-	
APPEARANCE	CLEAR	-	
URINE pH	6.5	5.5-8.5	
SPECIFIC GRAVITY	1.015	1.005-1.030	
KETONE	NEG	-	
URINE PROTEIN	NEG	-	
URINE SUGAR	NEG	-	
PUS CELLS	0-1	1-2	/HPF
RBC CELLS	NIL	-	/HPF
EPITHELIAL CELLS	0-1	2-3	/HPF
CRYSTALS	NIL	-	
CASTS	NIL	-	

LAB
TECHNICIAN

Dr. BHARAT JINDAL
MD (PATHOLOGY)



Dr. NISHTHA KHERA
MBBS, MD (PATHOLOGY)

Dr. PARDIP KUMAR
CONSULTANT(MICROBIOLOGY)

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Prognosis Laboratories

National Reference Lab.: 515-516, Sector-19, D.D.A. Plotted Development, Dwarka, New Delhi-110075

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Lab No.	012203160219	Age/Gender	38 YRS/MALE	Coll. On	16/Mar/2022 10:42AM
Name	Mr. ISHWAR SINGH			Reg. On	16/Mar/2022
Ref. Dr.				Approved On	16/Mar/2022 01:01PM
Rpt. Centre	undefined			Printed On	19/Mar/2022 12:34PM

Test Name	Value	Unit	Biological Reference Interval
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BIOCHEMISTRY

HbA1c (Glycosylated haemoglobin), whole blood <i>Method : HPLC</i>	5.2	%	4.0 - 6.0
Estimated average plasma Glucose <i>Method : Calculated</i>	102.54	mg/dL	65 - 136

The test is approved by NGSP for patient sample testing.

Interpretation:

Metabolically normal patients	%	4.0 - 6.0
Good control:	%	< 7.0
Fair control:	%	7.0 - 8.0
Poor control:	%	> 8.0

Glycosylated hemoglobin or HbA1C is a reliable indicator of mean plasma glucose levels for a period of 8-12 weeks preceding the date on which the test is performed and is a more reliable indicator of overall blood sugar control in known diabetic patients than blood sugar levels. A value of 4-6 % is usually seen in metabolically normal patients, however diabetics with very good control can also yield similar values. The HbA1c test, thus can not be used to differentiate between diabetic patients with very good control over the plasma glucose levels from metabolically normal, non-diabetic subjects as both groups may reveal very similar values in the assay.



Dr. Smita Sadwani
MD(Biochemistry)
Technical Director

Dr. Mukesh Sharma
MD(Microbiology)
Consultant Microbiologist

Dr. Deepak Sadwani
MD(Pathology)
Lab Director

Dr. Ashish Gautam
MD, PGDCC
Consultant Cardiologist

Dr. Moushmi Mukherjee
MBBS,MD (Pathology)
Consultant Pathologist

OUR FOOTPRINT



Prognosis Laboratories

National Reference Lab.: 515-516, Sector-19, D.D.A. Plotted Development, Dwarka, New Delhi-110075

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Lab No.	012203160219	Age/Gender	38 YRS/MALE	Coll. On	16/Mar/2022 10:42AM
Name	Mr. ISHWAR SINGH			Reg. On	16/Mar/2022
Ref. Dr.				Approved On	16/Mar/2022 02:05PM
Rpt. Centre	undefined			Printed On	19/Mar/2022 12:34PM

Test Name	Value	Unit	Biological Reference Interval
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IMMUNOLOGY

TSH (Hypersensitive), serum
Method : ECLIA
1.10 uIU/ml 0.27 - 4.2

Please note the change in reference ranges

Interpretation:

1. Primary hyperthyroidism is accompanied by elevated serum FT3 and FT4 values alongwith depressed TSH levels.
2. Primary hypothyroidism is accompanied by depressed serum FT3 and FT4 values and elevated serum TSH levels.
3. High FT3 levels accompanied by normal FT4 levels and depressed TSH levels may be seen in T3 toxicosis.
4. Central hypothyroidism occurs due to pituitary or thalamic malfunction (secondary and tertiary hypothyroidism respectively). This relatively rare but important condition is indicated by presence of low serum FT3 and FT4 levels, in conjunction with TSH levels that are paradoxically either low/normal or are not elevated to levels that are expected.

The following ranges are recommended for pregnant females:

First trimester	uIU/ml	0.1 - 2.5
Second trimester	uIU/ml	0.2 - 3.0
Third trimester	uIU/ml	0.3 - 3.0

***Disclaimer: This is an electronically validated report, if any discrepancy found should be confirmed by user.**
This test was performed at Prognosis Laboratories, 515-516, Sector 19, Dwarka, New Delhi-110075.

*** End Of Report ***

Dr. Smita Sadwani
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ITDOSE INFOSYSTEMS PVT. LTD.

Diagnostics S. No.	: LSHHI245262	MR No.	: MR/22/001820
Patient Name	: Mr. ISHWAR SINGH	Doctor	: Dr. RMO
Age/Sex	: 38 YRS Sex : Male	Reporting Date/Time	: 15-Mar-2022 03:52 PM
Visit Date & Time	: 15-Mar-2022 10:28 AM		
OPD/IPD	: OPD	IPD No	:

ULTRASOUND

Liver is normal in size & echo pattern. There is no focal hepatic lesion present. CBD is normal in course & calibre & measures 3 mm at porta hepatis. There is no calculus defined in the CBD. Intra hepatic biliary radicals are normal. Gallbladder is normal in distension & contains no calculi.

Pancreas is normal in size, contour & echo pattern The pancreatic duct is not dilated. Pancreatic contour is regular & peri pancreatic planes are maintained.

Spleen is normal in size & echo pattern.

Both kidneys are normal in shape size contour & echo pattern. There is no hydronephrosis defined on either side. Both ureters are obscured by bowel gas.

Bladder is normal in distension & contains no calculi. There is no mass defined in the bladder.

There is no free fluid present in the abdomen.

Aorta & IVC are normal in course & calibre.

There is no mass defined in relation to Aorta or IVC.

There is no collection in right Iliac fossa. Local tenderness is not elicited in right iliac fossa.

There is no pleural effusion present on either side.



(This is only professional opinion of)
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