

AAROGYAM DIAGNOSTICS

Patna

Report

(GEM212170906)(R)Kardic by Allengers

1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg Date: 12-Feb-2022 Technician : ARUN

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:03	0:01	00.0	00.0	01.0	100	53 %	120/80	120	00	
Standing	00:11	0:01	00.0	00.0	01.0	102	54 %	120/80	122	00	
HV	00:16	0:01	00.0	00.0	01.0	101	53 %	120/80	121	00	
Warm Up	00:23	0:01	01.0	00.0	01.0	101	53 %	120/80	121	00	
ExStart	00:40	0:06	01.7	10.0	01.1	129	68 %	120/80	154	00	
BRUCE/ Stage 1	03:40	3:00	01.7	10.0	04.7	165	87 %	120/80	198	00	
PeakEx	04:29	0:49	02.5	12.0	05.4	174	92 %	120/80	208	00	
Recovery	05:28	1:00	01.1	00.0	01.0	163	86 %	125/85	203	00	
Recovery	06:28	2:00	01.1	00.0	01.0	159	84 %	125/85	198	00	
Recovery	07:35	3:06	01.1	00.0	01.0	160	85 %	125/85	200	00	

Findings :

Exercise Time : 03:50
Max HR Attained : 198 bpm 105% of Target 189
Max BP Attained : (Sys) 125/85
Max WorkLoad Attained : 5.4 Fair response to induced stress
Max ST Dep Lead & Value : avL & -4.8 mm in Stage 1 mm
Test End Reasons : Test Complete, Test Complete

Report :

Doctor : Doctor Name

AAROGYAM DIAGNOSTICS

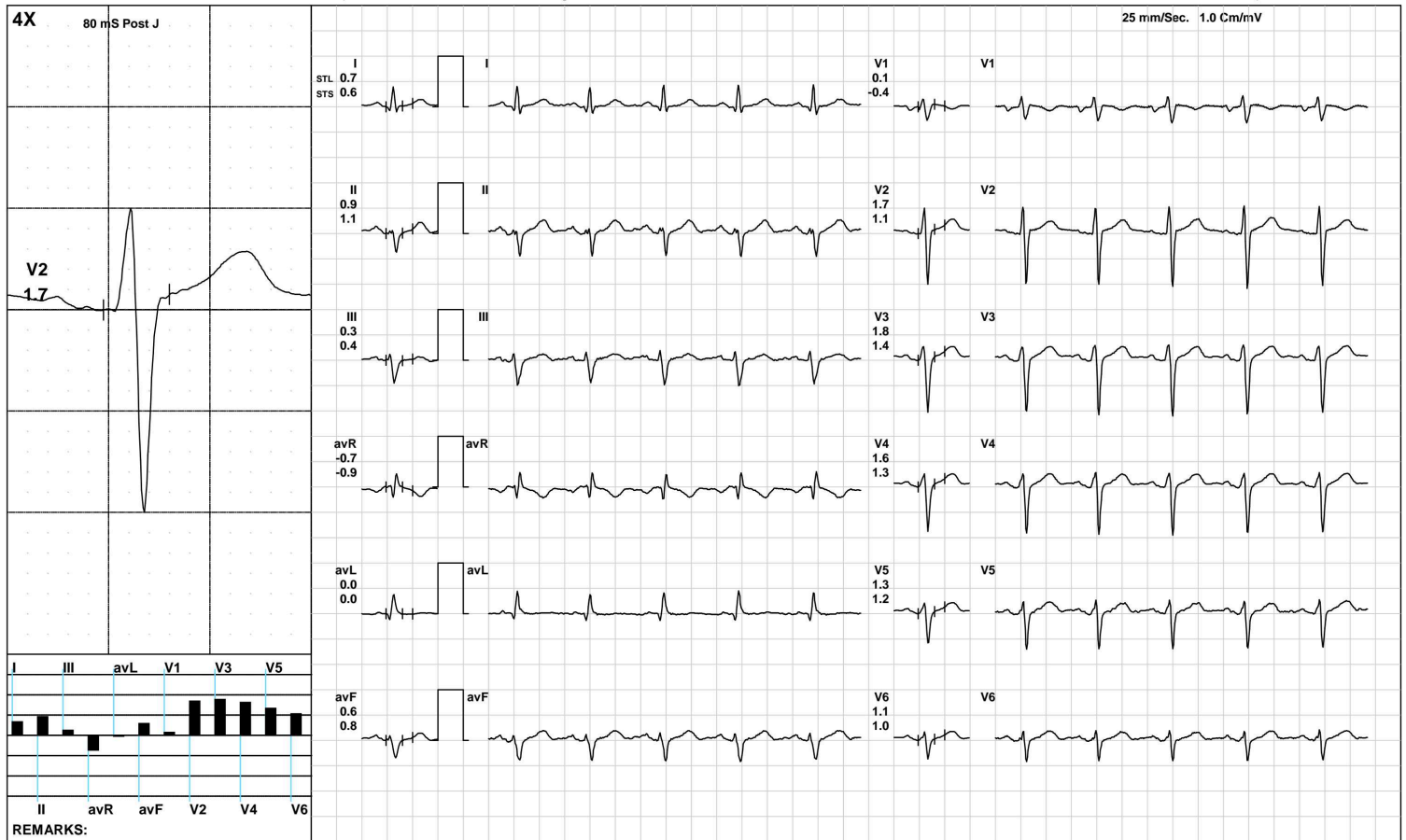
1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 100

Supine



Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 100 bpm 52% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:03 0.0 mph, 0.0%



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AAROGYAM DIAGNOSTICS

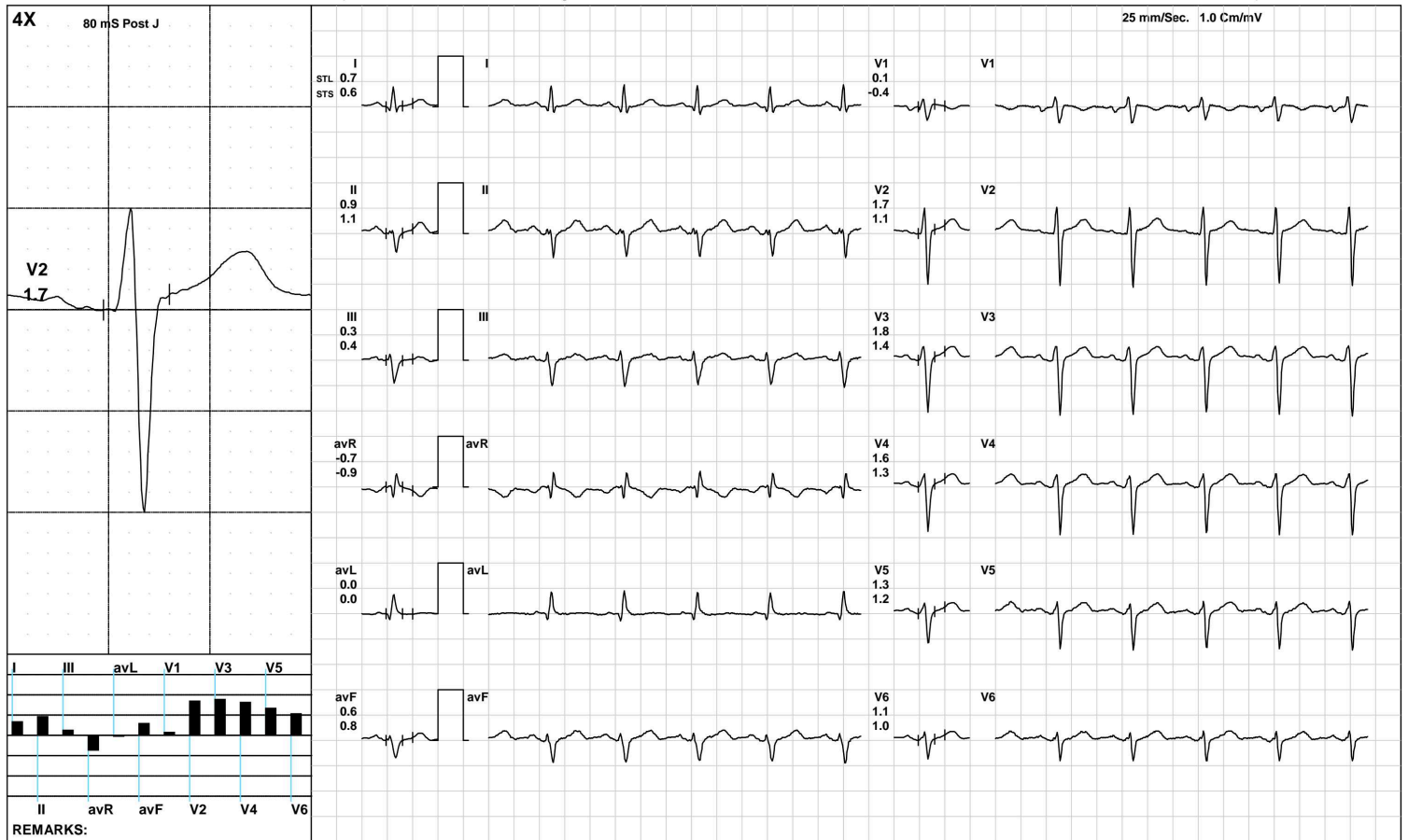
Standing



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 102

Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 102 bpm 53% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:11 0.0 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

AAROGYAM DIAGNOSTICS

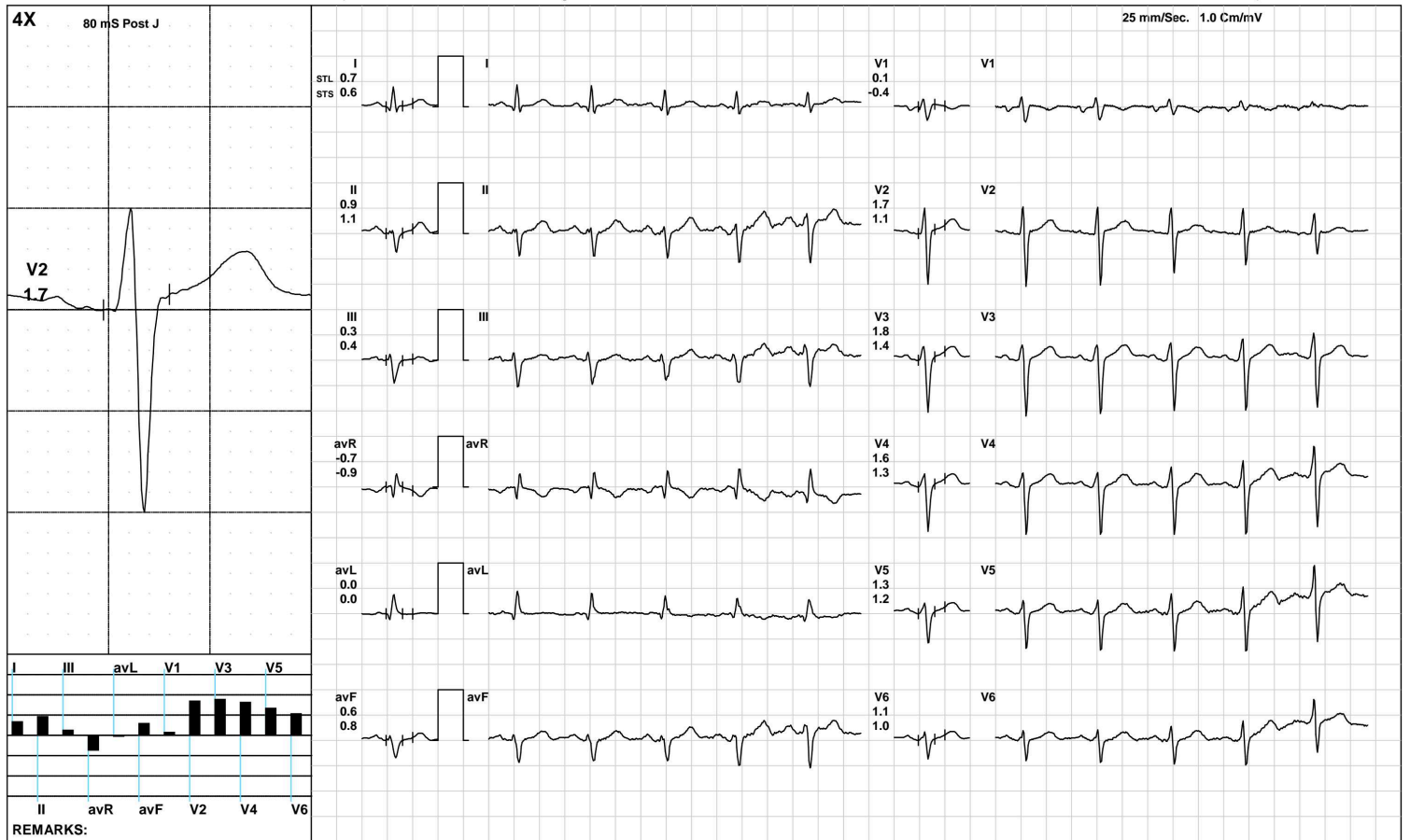
HV



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 101

Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 101 bpm 53% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:16 0.0 mph, 0.0%



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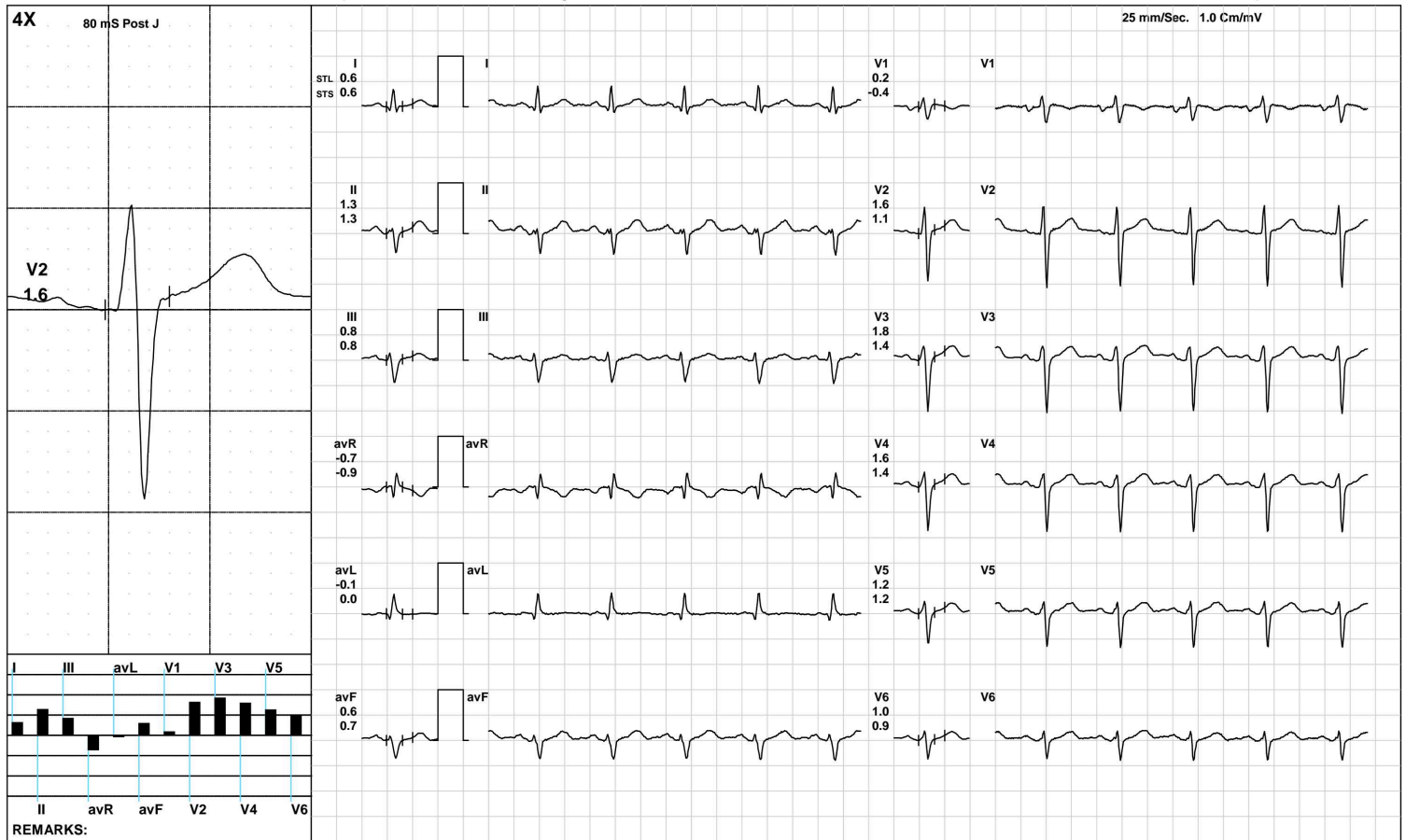
Warm Up



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 101

Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 101 bpm 53% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:23 1.0 mph, 0.0%



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AAROGYAM DIAGNOSTICS

ExStart



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 129

Date: 12-Feb-2022 02:30:10 PM METS: 1.1/ 129 bpm 68% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:06 1.7 mph, 10.0%



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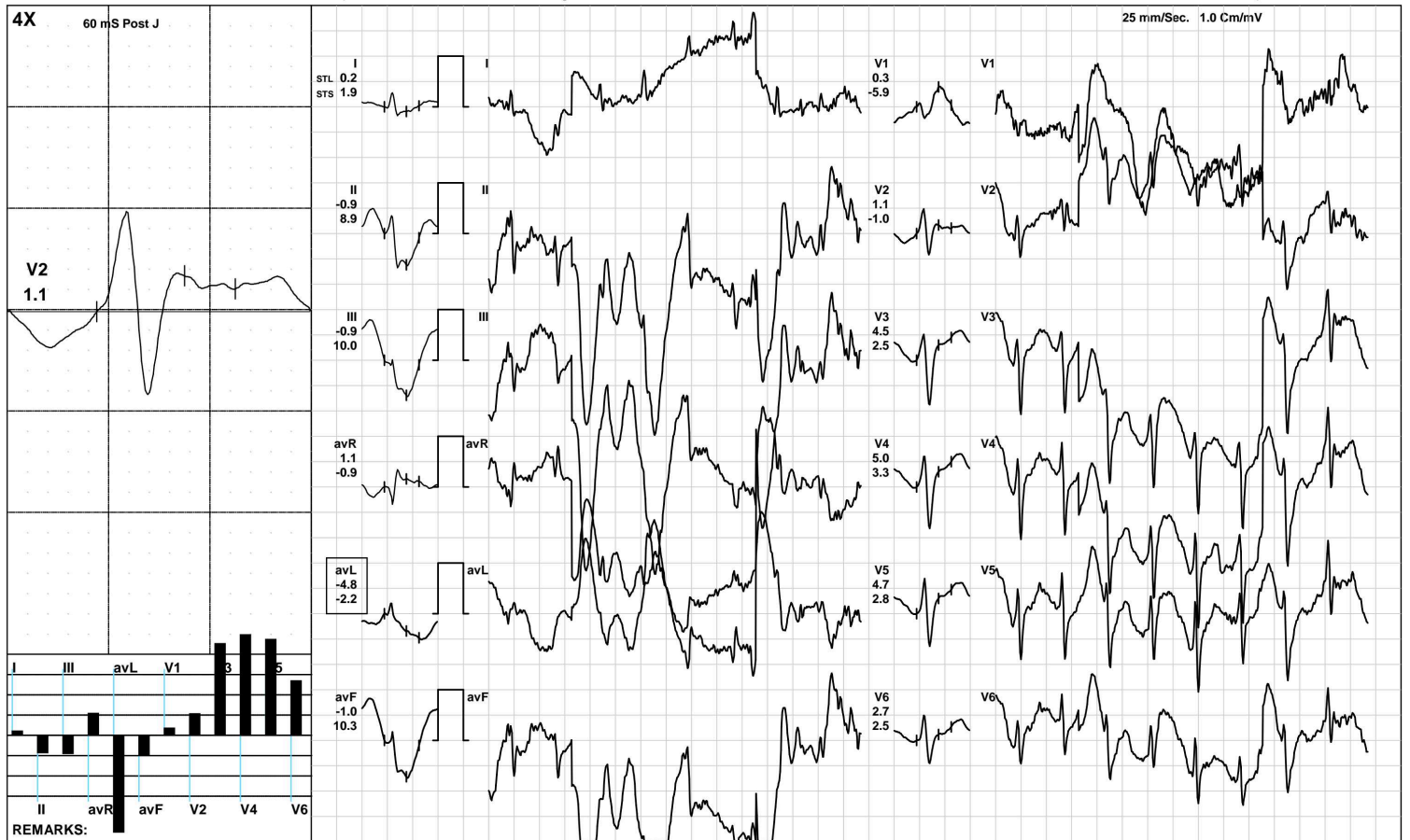
BRUCE/Stage 1(3:00)



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 165

Date: 12-Feb-2022 02:30:10 PM METS: 4.7/ 165 bpm 87% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



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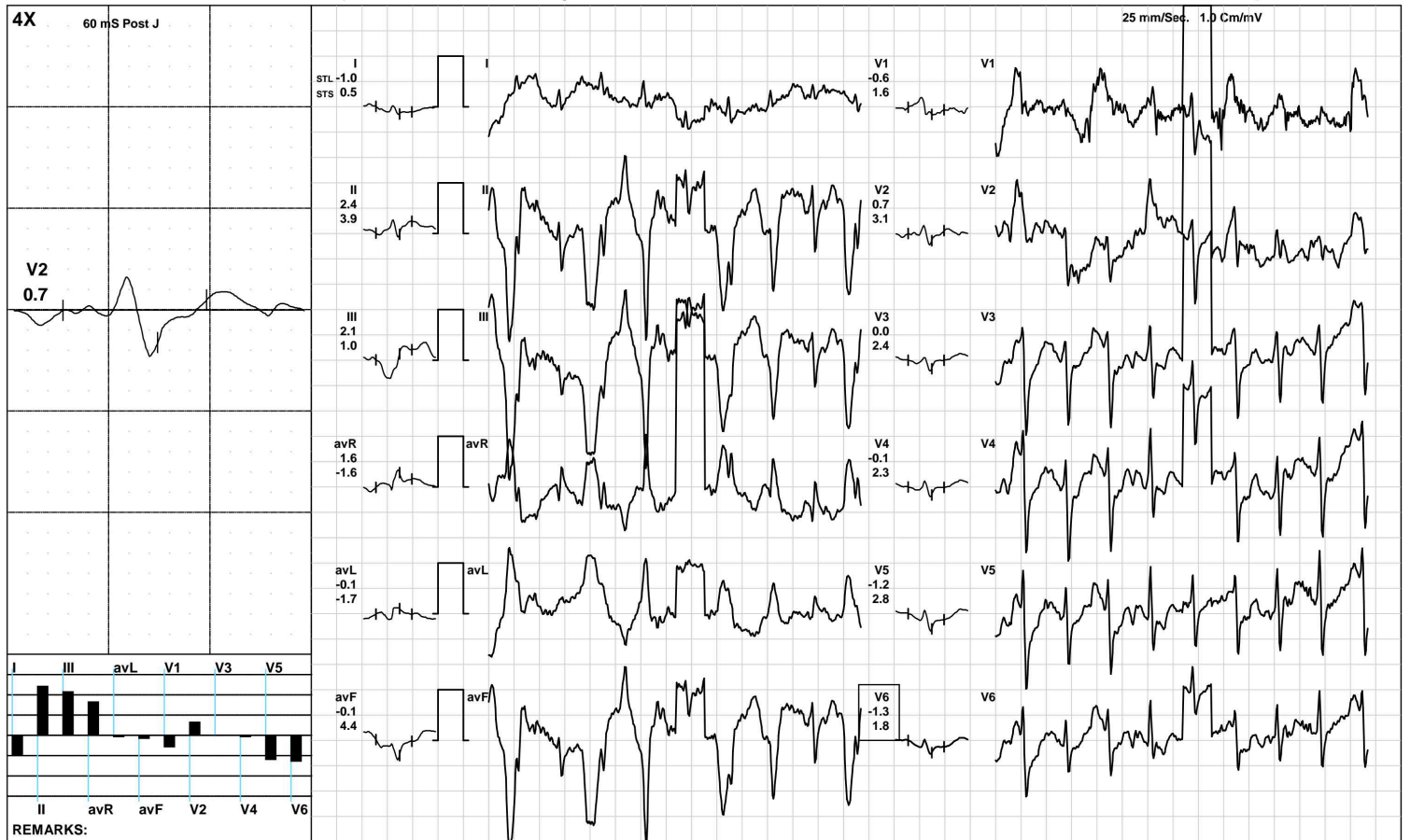
PeakEx



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 174

Date: 12-Feb-2022 02:30:10 PM METS: 5.4/ 174 bpm 92% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:49 2.5 mph, 12.0%



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AAROGYAM DIAGNOSTICS

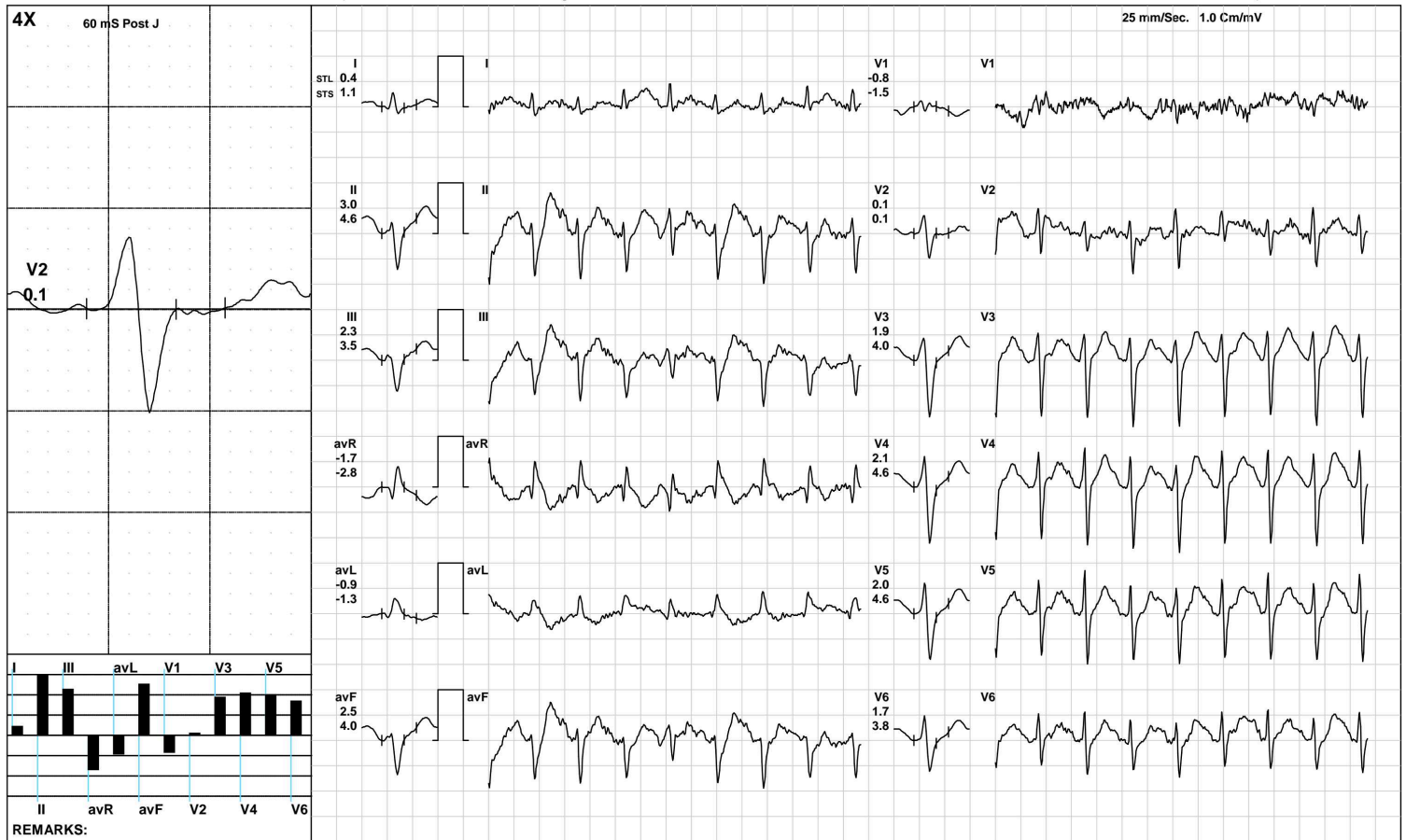
Recovery(1:00)



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 163

Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 163 bpm 86% of THR BP: 125/85 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:50 1.1 mph, 0.0%



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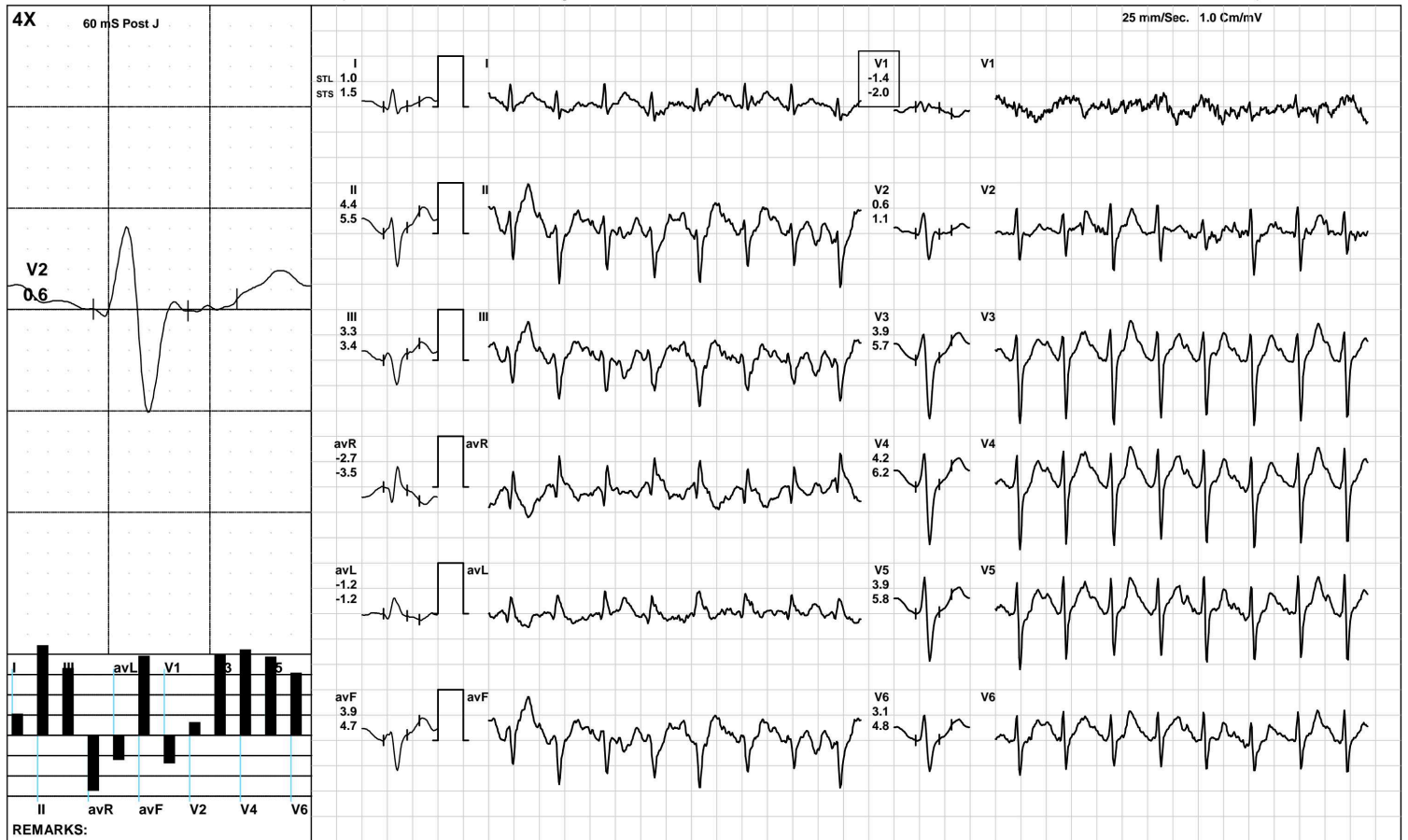
Recovery(2:00)



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 159

Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 159 bpm 84% of THR BP: 125/85 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:50 1.1 mph, 0.0%



(GEM212170906)(R)Kardic by Allengers

AAROGYAM DIAGNOSTICS

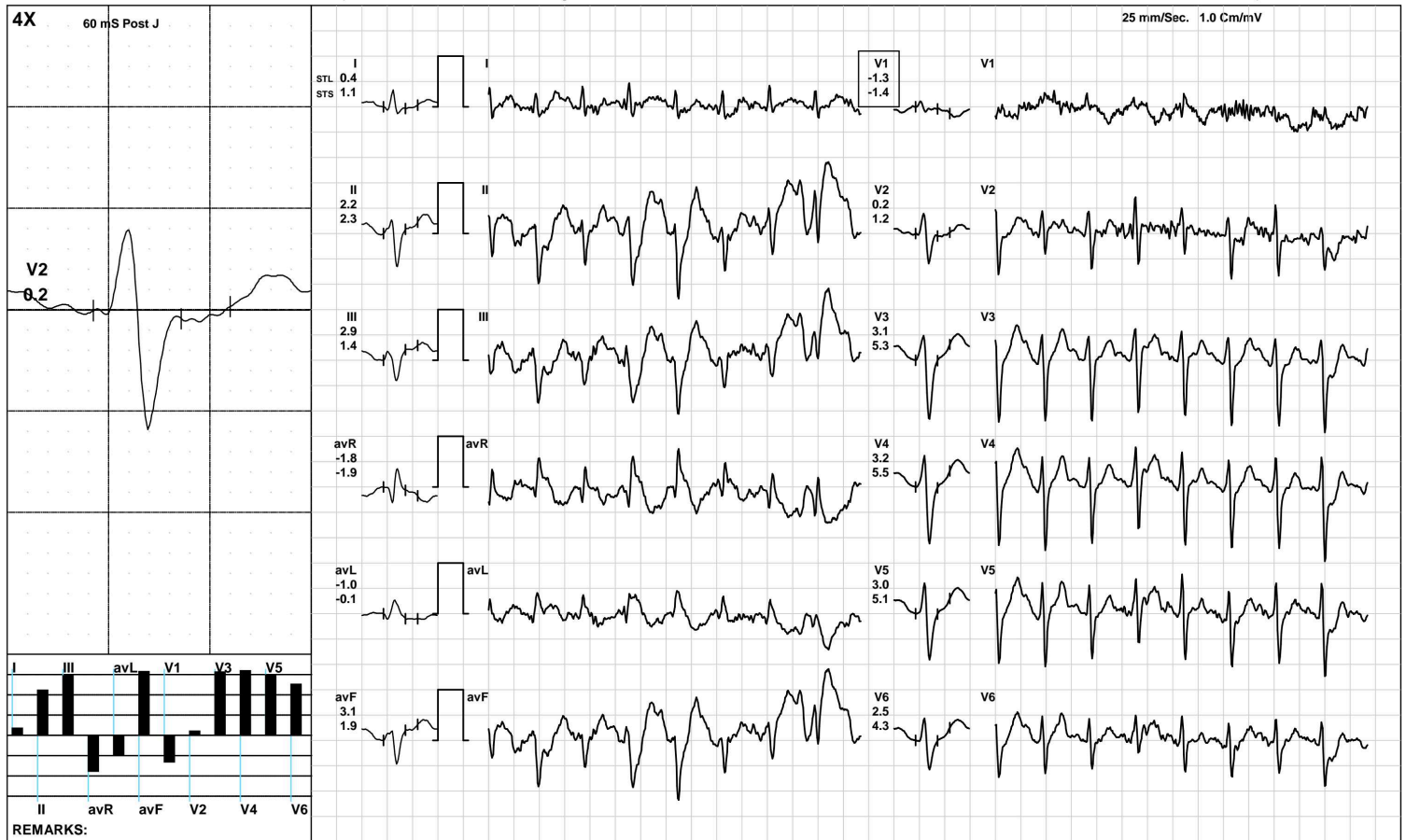
Recovery(3:06)



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 160

Date: 12-Feb-2022 02:30:10 PM METS: 1.0/ 160 bpm 84% of THR BP: 125/85 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:50 1.1 mph, 0.0%



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AAROGYAM DIAGNOSTICS

ST Measurements



1141 / ABHISHEK KUMAR / 31 Yrs / M / 171 Cms / 93 Kg / HR : 101

Date: 12-Feb-2022 02:30:10 PM

Protocol : BRUCE/

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	STS(mv/sec)
STL(mm)Supine	0.7	0.9	0.3	-0.7	0.0	0.6	0.1	1.7	1.8	1.6	1.3	1.1	0.6	1.1	0.4	-0.9	0.0	0.8	-0.4	1.1	1.4	1.3	1.2	1.0	
60 @mS Standing	0.7	0.9	0.3	-0.7	0.0	0.6	0.1	1.7	1.8	1.6	1.3	1.1	0.6	1.1	0.4	-0.9	0.0	0.8	-0.4	1.1	1.4	1.3	1.2	1.0	
HV	0.7	0.9	0.3	-0.7	0.0	0.6	0.1	1.7	1.8	1.6	1.3	1.1	0.6	1.1	0.4	-0.9	0.0	0.8	-0.4	1.1	1.4	1.3	1.2	1.0	
Warm Up	0.6	1.3	0.8	-0.7	-0.1	0.6	0.2	1.6	1.8	1.6	1.2	1.0	0.6	1.3	0.8	-0.9	0.0	0.7	-0.4	1.1	1.4	1.4	1.2	0.9	
ExStart	0.5	2.1	1.0	-0.3	-0.4	0.8	0.2	1.4	1.1	1.2	0.8	0.6	1.0	3.1	2.1	-2.3	-0.2	3.9	-0.5	0.7	1.3	1.2	0.8	0.5	
Stage 1	0.2	-0.9	-0.9	1.1	-4.8	-1.0	0.3	1.1	4.5	5.0	4.7	2.7	1.9	8.9	10.0	-0.9	-2.2	10.3	-5.9	-1.0	2.5	3.3	2.8	2.5	
PeakEx	-1.0	2.4	2.1	1.6	-0.1	-0.1	-0.6	0.7	0.0	-0.1	-1.2	-1.3	0.5	3.9	1.0	-1.6	-1.7	4.4	1.6	3.1	2.4	2.3	2.8	1.8	
Recovery	0.4	3.0	2.3	-1.7	-0.9	2.5	-0.8	0.1	1.9	2.1	2.0	1.7	1.1	4.6	3.5	-2.8	-1.3	4.0	-1.5	0.1	4.0	4.6	4.6	3.8	
Recovery	1.0	4.4	3.3	-2.7	-1.2	3.9	-1.4	0.6	3.9	4.2	3.9	3.1	1.5	5.5	3.4	-3.5	-1.2	4.7	-2.0	1.1	5.7	6.2	5.8	4.8	
Recovery	0.4	2.2	2.9	-1.8	-1.0	3.1	-1.3	0.2	3.1	3.2	3.0	2.5	1.1	2.3	1.4	-1.9	-0.1	1.9	-1.4	1.2	5.3	5.5	5.1	4.3	

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	
STI(μVs)													
Supine		5.1	7.0	1.8	-5.6	-0.3	4.4	1.1	12.8	12.8	11.9	9.8	7.8
Standing		5.1	7.0	1.8	-5.6	-0.3	4.4	1.1	12.8	12.8	11.9	9.8	7.8
HV		5.1	7.0	1.8	-5.6	-0.3	4.4	1.1	12.8	12.8	11.9	9.8	7.8
Warm Up		4.5	9.7	6.1	-5.5	-0.7	4.5	1.3	11.9	13.3	11.4	8.9	7.0
ExStart		3.3	15.5	5.9	-0.8	-3.0	3.8	1.6	9.6	7.2	8.4	6.3	5.0
Stage 1		-2.9	-25.3	-28.9	7.2	-24.3	-30.1	15.1	7.3	21.2	22.8	22.6	9.9
PeakEx		-6.2	10.1	14.4	8.7	1.4	-4.7	-7.3	-1.9	-1.5	-1.7	-9.2	-8.6
Recovery		0.5	10.0	7.8	-5.4	-3.4	8.2	-1.8	-0.5	4.3	4.6	3.9	3.3
Recovery		2.8	14.6	12.2	-8.7	-4.6	13.2	-5.6	0.7	11.0	11.6	9.6	7.8
Recovery		-0.6	7.9	13.8	-6.3	-6.1	13.7	-4.4	-1.9	7.6	7.6	7.4	5.5

Median Measurement Summary




Time (Min.)	HR (bpm)	PR Int (mS)	QRS Wid (mS)	QRS Axis (Deg.)	QTC (mS)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J (μV)	Leads for (J & PJ)	Min. Post JRR Var (μV)	Var (%)	VEB (Counts)	Missed Beats (Counts)
00 : 30	132	178	74	-78	161	364	804	-485	1253	-24	avL	-163	0.00	0	0
01 : 00	139	178	74	-75	161	686	713	-1093	-1914	-715	avF	-1801	0.00	0	0
01 : 30	156	92	2	269	234	-3628	2412	-1599	-2656	-708	III	-2183	0.00	0	0
02 : 00	155	110	70	269	396	-3628	2412	-1599	-2656	-708	III	-2183	0.00	0	0
02 : 30	165	110	70	-38	396	-2002	501	-1984	-2070	-1979	V1	-1986	0.00	0	0
03 : 00	165	110	70	-38	396	-2002	501	-1984	-2070	-1979	V1	-1986	0.00	0	0
03 : 30	170	110	70	-89	396	-564	636	-1231	-1413	-1279	avF	-1194	0.00	0	0
04 : 00	175	110	70	-78	396	-2606	433	-2503	-2883	-1276	V3	-1330	0.00	0	0
04 : 30	170	106	66	-76	207	986	618	-1541	1558	-493	V6	-366	0.00	0	0
05 : 00	163	116	64	-76	399	360	643	-1177	552	85	avL	-63	0.00	0	0
05 : 30	162	98	68	-74	330	363	642	-1223	542	-26	V1	-111	0.00	0	0
06 : 00	159	98	80	-65	426	330	699	-1208	543	-7	V1	-91	0.00	0	0
06 : 30	160	112	68	-75	426	311	686	-1199	597	-96	V1	-134	0.00	0	0
07 : 00	162	100	80	-75	437	323	697	-1203	525	34	V1	-60	0.00	0	0

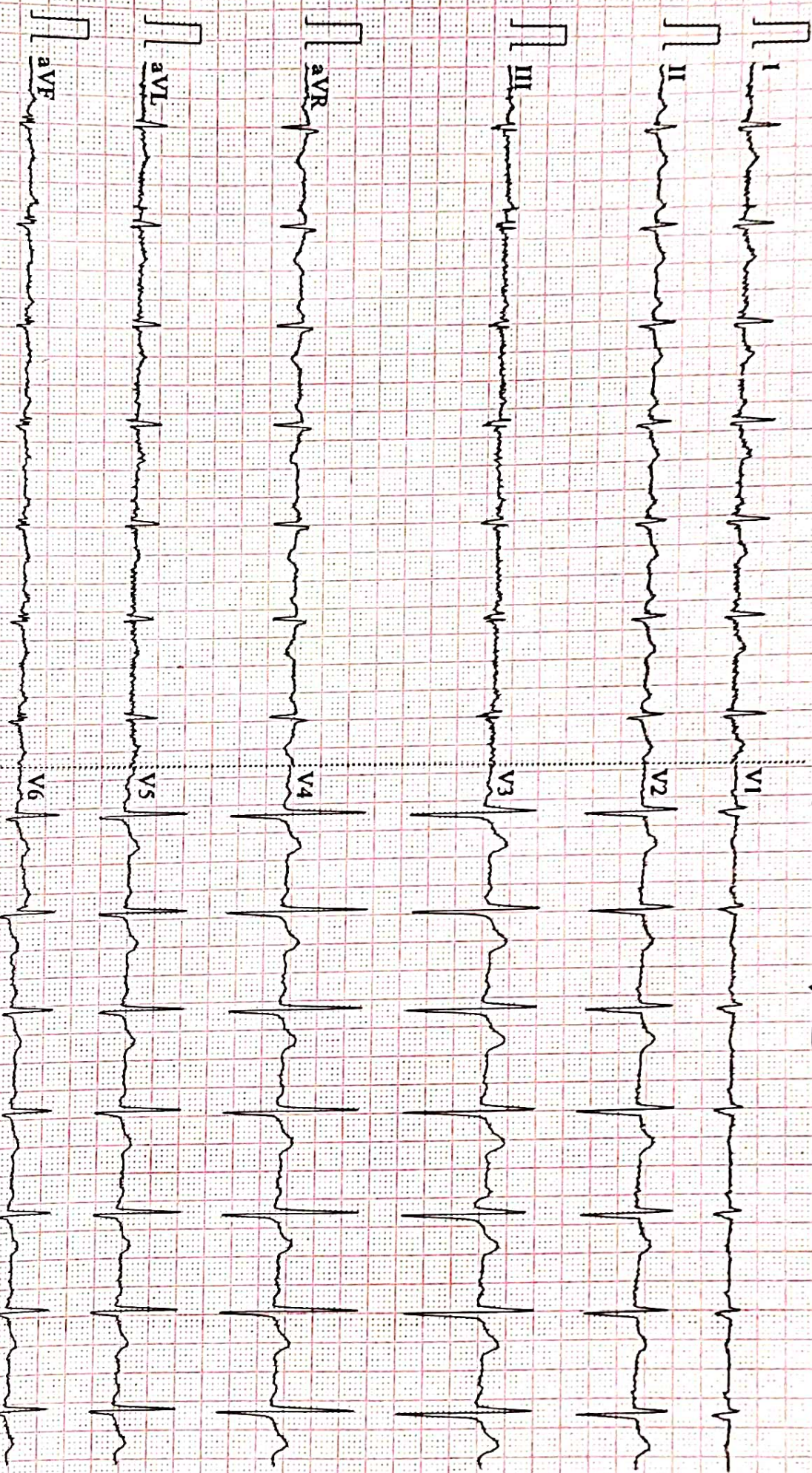
ABHISHEK KUMAR
Male 31 Years

12-02-2022 01:41:38 PM

HR	: 85	bpm
P	: 108	ms
PR	: 158	ms
QRS	: 97	ms
QT/QTc	: 357/425	ms
P/QRS/T	: 73/34/40	°
RV5/SV1	: 1.123/0.294	mV

Diagnosis Information:
Sinus Rhythm
Normal ECG

Ref-Phys: :
Report Confirmed by: 



0.67~100Hz AC50 25mm/s 10mm/mV 275.0s 65 V2.2 SEMIP V1.81 DAIGNOSTIC



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Name :- Abhishek Kumar
Refd by :- BoB

Age/Sex:- 31Yrs/M
Date :- 13/02/22

Thanks for referral.

REPORT OF USG OF WHOLE ABDOMEN

- Liver** :- Normal in size(14.8cm) with raised echotexture. No focal or diffuse lesion is seen. IIBR are not dilated. PV is normal in course and calibre with echofree lumen.
- G. Bladder** :- It is normal in shape, size & position. It is echofree & shows no evidence of calculus, mass or sludge.
- CBD** :- It is normal in calibre & is echofree.
- Pancreas** :- Normal in shape, size & echotexture. No evidence of parenchymal / ductal calcification is seen. No definite peripancreatic collection is seen.
- Spleen** :- Normal in size(9.3cm) with normal echotexture. No focal lesion is seen. No evidence of varices is noticed.
- Kidneys** :- Both kidneys are normal in shape, size & position. Sinus as well as cortical echoes are normal. No evidence of calculus, space occupying lesion or hydronephrosis is seen.
Right Kidney measures 9.0 x 4.7cm and Left Kidney measures 8.0 x 4.5cm.
- Ureters** :- Ureters are normal.
- U. Bladder**:- It is echofree. No evidence of calculus, mass or diverticulum is seen.
- Prostate** :- Normal in size (24cc)& echotexture.
- Others** :- No ascites or abdominal adenopathy is seen.
No free subphrenic / basal pleural space collection is seen.

IMPRESSION:- *Grade I fatty Liver.*

Dr. U. Kumar
MBBS, MD(Radio-Diagnosis)
Consultant Radiologist



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Date	12/02/2022	Srl No. 19	Patient Id 2202120019
Name	Mr. ABHISHEK KUMAR	Age 31 Yrs.	Sex M
Ref. By Dr.BOB			

Test Name	Value	Unit	Normal Value
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HAEMATOLOGY

HB A1C	5.0	%	
--------	-----	---	--

EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1C
Good Control	=	5.5 - 6.8 % HbA1C
Fair Control	=	6.8-8.2 % HbA1C
Poor Control	=	>8.2 % HbA1C

REMARKS:-

In vitro quantitative determination of **HbA1C** in whole blood is utilized in long term monitoring of glycemia

The **HbA1C** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of **HbA1C** be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy.

Results of **HbA1C** should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

**** End Of Report ****

Dr.R.B.RAMAN
MBBS, MD
CONSULTANT PATHOLOGIST



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Date	12/02/2022	Srl No. 19	Patient Id 2202120019
Name	Mr. ABHISHEK KUMAR	Age 31 Yrs.	Sex M
Ref. By Dr.BOB			

Test Name	Value	Unit	Normal Value
COMPLETE BLOOD COUNT (CBC)			
HAEMOGLOBIN (Hb)	14.0	gm/dl	13.5 - 18.0
TOTAL LEUCOCYTE COUNT (TLC)	7,200	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	64	%	40 - 75
LYMPHOCYTE	33	%	20 - 45
EOSINOPHIL	01	%	01 - 06
MONOCYTE	02	%	02 - 10
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN's METHOD)	10	mm/1st hr.	0 - 15
R B C COUNT	4.72	Millions/cmm	4.5 - 5.5
P.C.V / HAEMATOCRIT	42	%	40 - 54
M C V	88.98	fl.	80 - 100
M C H	29.66	Picogram	27.0 - 31.0
M C H C	33.3	gm/dl	33 - 37
PLATELET COUNT	2.66	Lakh/cmm	1.50 - 4.00
BLOOD GROUP ABO	"O"		
RH TYPING	POSITIVE		

**** End Of Report ****

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Date	12/02/2022	Srl No. 19	Patient Id 2202120019
Name	Mr. ABHISHEK KUMAR	Age 31 Yrs.	Sex M
Ref. By Dr.BOB			

Test Name	Value	Unit	Normal Value
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BIOCHEMISTRY

BLOOD SUGAR FASTING	87.2	mg/dl	70 - 110
SERUM CREATININE	0.88	mg%	0.7 - 1.4
BLOOD UREA	23.6	mg /dl	15.0 - 45.0
SERUM URIC ACID	4.1	mg%	3.4 - 7.0
<u>LIVER FUNCTION TEST (LFT)</u>			
BILIRUBIN TOTAL	0.64	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin)	0.18	mg/dl	0.00 - 0.40
UNCONJUGATED (I.D.Bilirubin)	0.46	mg/dl	0.00 - 0.70
TOTAL PROTEIN	6.8	gm/dl	6.6 - 8.3
ALBUMIN	3.7	gm/dl	3.4 - 5.2
GLOBULIN	3.1	gm/dl	2.3 - 3.5
A/G RATIO	1.194		
SGOT	38.7	IU/L	5 - 40
SGPT	52.2	IU/L	5.0 - 55.0
ALKALINE PHOSPHATASE IFCC Method	97.3	U/L	40.0 - 130.0
GAMMA GT	26.9	IU/L	8.0 - 71.0

LFT INTERPRET**LIPID PROFILE**

TRIGLYCERIDES	82.9	mg/dL	25.0 - 165.0
TOTAL CHOLESTEROL	160.3	mg/dL	29.0 - 199.0



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Date	12/02/2022	Srl No.	19	Patient Id	2202120019
Name	Mr. ABHISHEK KUMAR	Age	31 Yrs.	Sex	M
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
H D L CHOLESTEROL DIRECT	41.7	mg/dL	35.1 - 88.0
V L D L	16.58	mg/dL	4.7 - 22.1
L D L CHOLESTEROL DIRECT	102.02	mg/dL	63.0 - 129.0
TOTAL CHOLESTEROL/HDL RATIO	3.844		0.0 - 4.97
LDL / HDL CHOLESTEROL RATIO	2.447		0.00 - 3.55
THYROID PROFILE			
T3	0.90	ng/ml	0.60 - 1.81
T4	8.26	ug/dl	4.5 - 10.9
Chemiluminescence			
TSH	0.63	uIU/ml	
Chemiluminescence			
REFERENCE RANGE			
PAEDIATRIC AGE GROUP			
0-3 DAYS	1-20	ulu/ ml	
3-30 DAYS	0.5 - 6.5	ulu/ml	
1 MONTH -5 MONTHS	0.5 - 6.0	ulu/ml	
6 MONTHS- 18 YEARS	0.5 - 4.5	ulu/ml	
ADULTS	0.39 - 6.16	ulu/ml	

Note: TSH levels are subject to circadian variation, rising several hours before the onset of sleep, reaching peak levels between 11 pm to 6 am. Nadir concentrations are observed during the afternoon. Diurnal variation in TSH level approximates $\pm 50\%$, hence time of the day has influence on the measured serum TSH concentration.



Date	12/02/2022	Srl No. 19	Patient Id 2202120019
Name	Mr. ABHISHEK KUMAR	Age 31 Yrs.	Sex M
Ref. By Dr.BOB			

Test Name	Value	Unit	Normal Value
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Assay performed on enhanced chemi luminescence system (Centaur-Siemens)

Serum T3,T4 & TSH measurements form the three components of Thyroid screening panel, useful in diagnosing various disorders of Thyroid gland function.

1. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH level.
2. Primary hyperthyroidism is accompanied by elevated serum T3 and T4 levels along with depressed TSH values.
3. Normal T4 levels are accompanied by increased T3 in patients with T3 thyrotoxicosis.
4. Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, renal failure and during therapy with drugs like propranolol and propyl thiouracil.
5. Although elevated TSH levels are nearly always indicative of primary hypothyroidism, and may be seen in secondary thyrotoxicosis.

URINE EXAMINATION TEST

PHYSICAL EXAMINATION

QUANTITY	25	ml.
COLOUR	PALE YELLOW	
TRANSPARENCY	CLEAR	
SPECIFIC GRAVITY	1.025	
PH	6.0	

CHEMICAL EXAMINATION

ALBUMIN	NIL
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Date	12/02/2022	Srl No.	19	Patient Id	2202120019
Name	Mr. ABHISHEK KUMAR	Age	31 Yrs.	Sex	M
Ref. By	Dr.BOB				

Test Name	Value	Unit	Normal Value
SUGAR	NIL		
MICROSCOPIC EXAMINATION			
PUS CELLS	0-1	/HPF	
RBC'S	NIL	/HPF	
CASTS	NIL		
CRYSTALS	NIL		
EPITHELIAL CELLS	0-1	/HPF	
BACTERIA	NIL		
OTHERS	NIL		

**** End Of Report ****

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MBBS, MD
CONSULTANT PATHOLOGIST