

# KAPIL HOSPITAL

Near New Courts, Civil Lines, Opp. Commissioner's Office Jalandhar

11807/Mr. Raw Bir Pall / 35 Yrs / M / 78 Kg / 170 Cms / Non-Smoker

Date: 12/03/2022

Protocol : BRUCE

## Summary



Medication : Nil

Ref By :

Objective : FOR TESTING PURPOSE ONLY

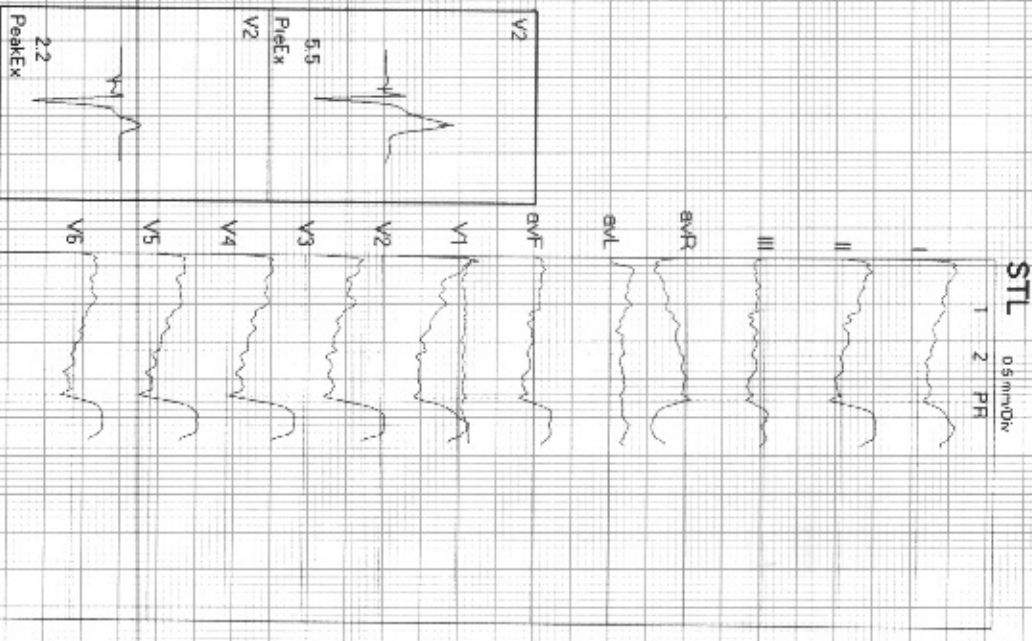
History : Nil

Stage	Stage Time (Min:Sec)	Speed (km/h)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. (x100)	PVC	Comments
Standing				1.0	67	130/80	87	-	
ExStart				1.0	68	130/80	88	-	
Stage 1	3:00	1.7	10.0	4.7	112	140/80	156	-	
Stage 2	3:00	2.5	12.0	7.1	154	160/90	246	-	
PeakEx	3:00	3.4	14.0	10.2	194	170/100	329	-	
Recovery	1:00	0.0	0.0	1.2	162	170/100	275	-	
Recovery	2:00	0.0	0.0	1.0	188	170/100	234	-	
Recovery	3:00	0.0	0.0	1.0	180	170/100	220	-	
Recovery	3:05	0.0	0.0	1.0	129	160/90	206	-	

### Findings:

Exercise Time : 09:00  
 Max HR Attained : 194 bpm (105% of Target 185)  
 Max BP : 170/100  
 Max Workload attained : 10.2 (Good Effort Tolerance)

He could exercise for 10.5 hrs. Good effort tolerance. There was no dyspnea or chest pain observed during the procedure. He had no ST-T changes from stage I to stage II, but at peak exercise there was ST depression of -1.9 to -2.0 in leads II, III, aVF & ST up of -1.6 in leads V4-V6. However these changes reverted back to normal within first minutes of recovery. Only transient T wave inversion observed.

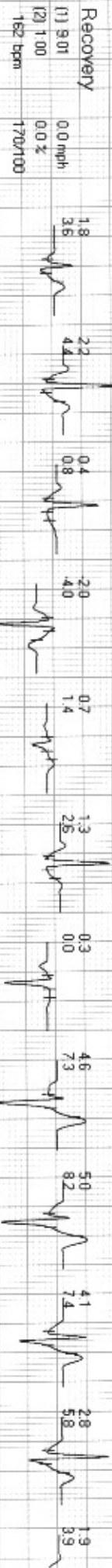
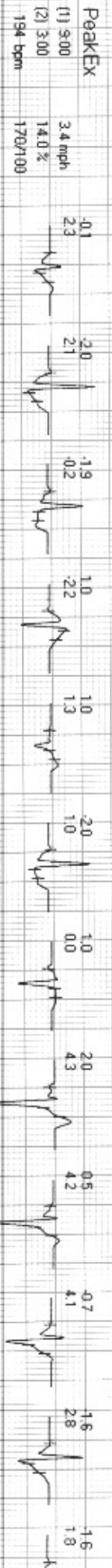
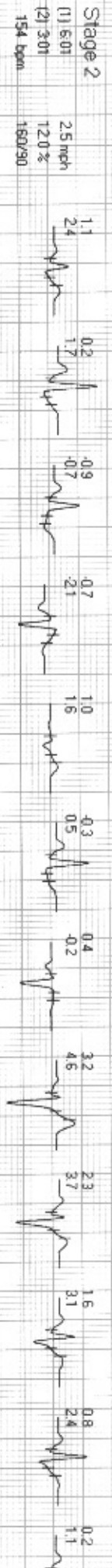
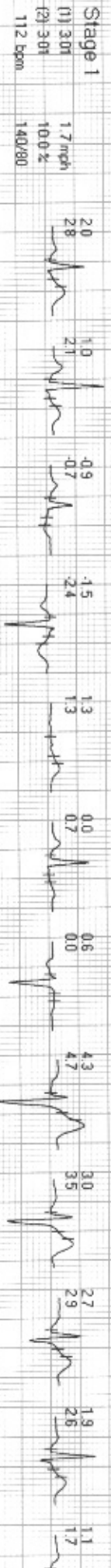
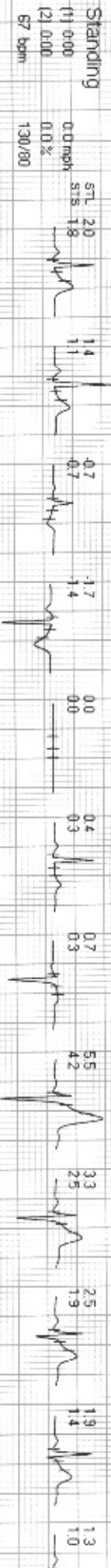


Advice/Comments : Dr. Singh of Kapil Hospital advised to avoid any strenuous activities for 2 weeks. Dr. Kapil Gupta MD, Kapil Hospital, Near New Courts.



11807/Mr. Ranvir Pall / 35 Yrs / M / 78 kg / 170 Cms

Date 12/03/2022 02:17:33 PM I II III aVR aVL aVF V1 V2 V3 V4 V5





11807 / Mr. Raw Bir Pall / 35 Yrs / M / 78 Kg / 170 Cms

Date 12/03/2022 02:17:33 PM I II III

I

II

III

aVR

aVL

aVF

V1

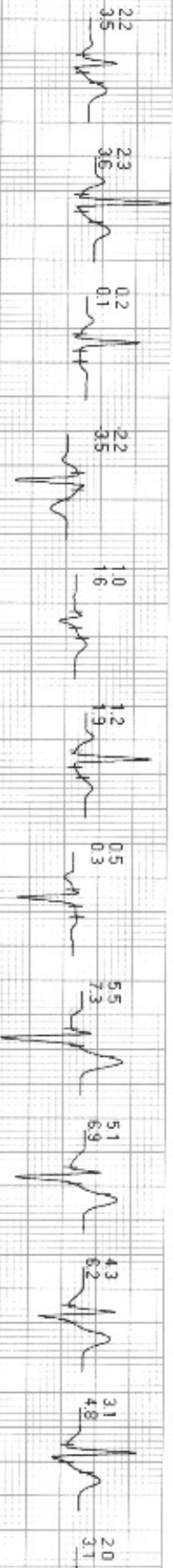
V2

V3

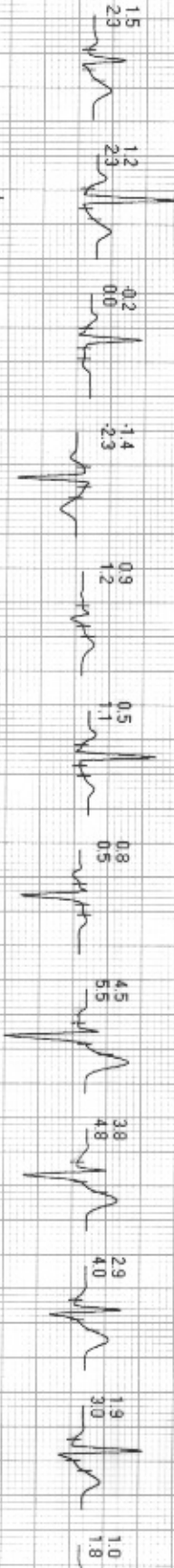
V4

V5

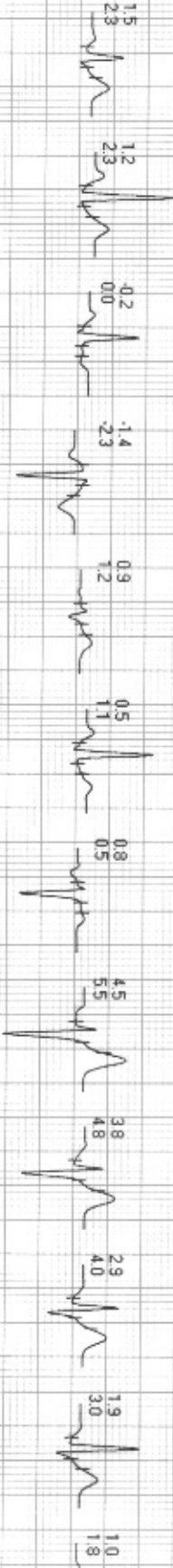
Recovery  
 (1) 9:01 0.0 mph  
 (2) 2:00 0.0 %  
 138 bpm 170/100



Recovery  
 (1) 9:01 0.0 mph  
 (2) 3:00 0.0 %  
 130 bpm 170/100

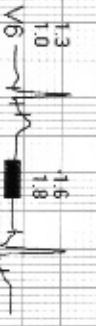
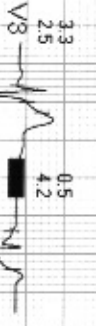
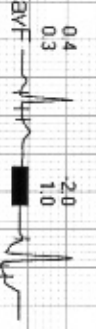
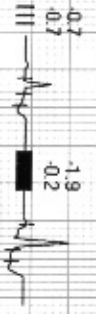
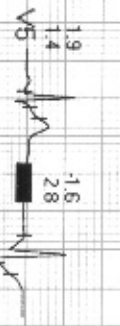
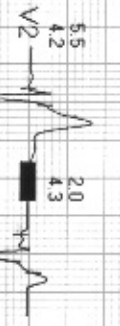
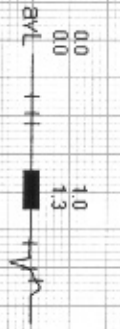
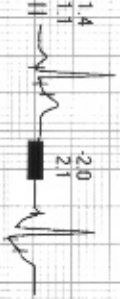
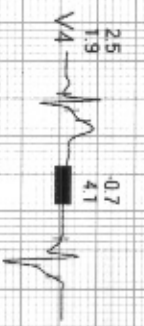
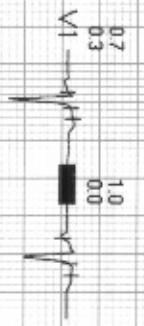
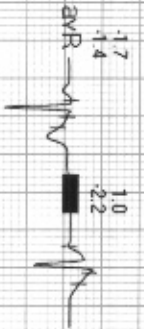
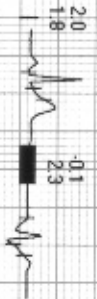


Recovery  
 (1) 9:01 0.0 mph  
 (2) 3:05 0.0 %  
 129 bpm 160/90



Standing	PhTime: 0:02	StageTime: 0:01	0.0mph	0.0%	1.0 METs	68 bpm	130/80	@80ms Post J
PeakEx	PhTime: 9:00	StageTime: 0:01	1.1 mph	0.0%	10.2 METs	194 bpm	170/100	@60ms Post J

STL  
STS





11807 / Mr Ranu Bil Palli / 35 YRS / M / 78 Kg / 170 Cms

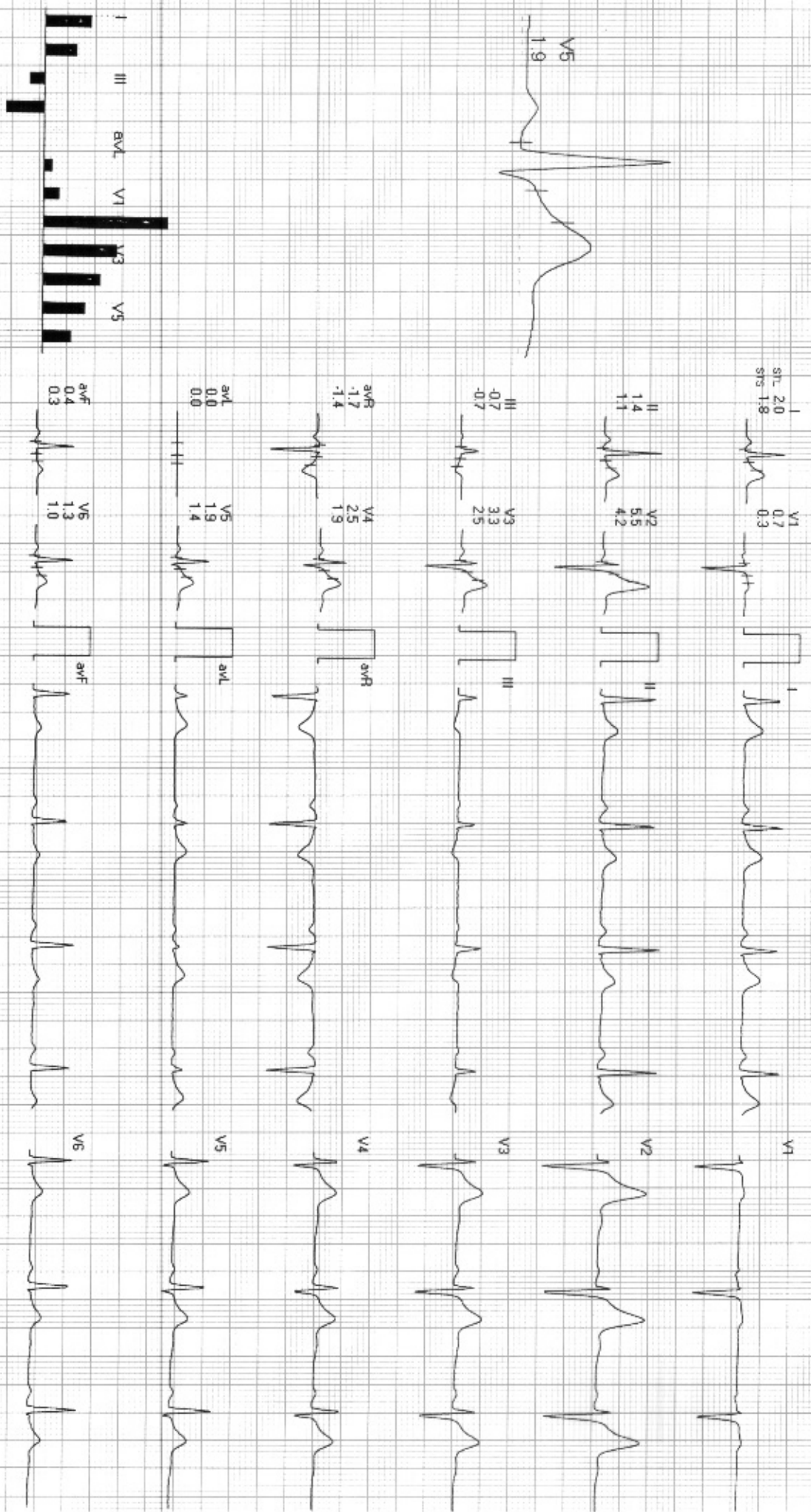
Date: 12/03/2022 02:17:33 PM

METS: 1.0 HR: 67 bpm 36% Trgt BP: 130/80 Raw ECG, BLC, Notch (0.05-100)Hz

EXTime 00:01 0.0 mph, 0.0%

4X 80ms Post J

25mm/Sec 1.0 Cm/mV



COMMENTS:  
II aVR aVF V2 V4 V6

RMS 717 MARK-II/12 PRECORDERS AND MEDICARE SYSTEMS (P) Ltd CHANDIGARH



11807 / Mr. Ravi Bir Pall / 35 Yrs / M / 78 Kg / 170 Cms

Date: 12/03/2022 02:17:33 PM

METS: 1.0 HR: 68 bpm 36% Tgt

BP: 130/80

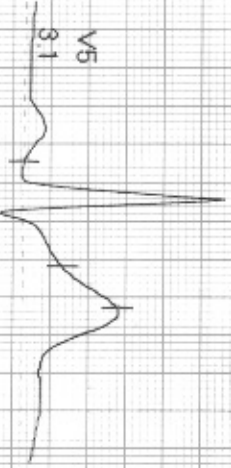
Raw ECG, BLC, Notch, (0.05-100)Hz

ExTime: 00:21 0.0 mph, 0.0%

4X

80 ms Post U

25 mm/Sec 1.0 Cm/mV



ST: 3.4  
STs: 2.7

V1 0.9  
0.2

II 2.7  
2.3

V2 8.3  
5.5

III -0.7  
-0.4

V3 4.9  
3.1

aVR -3.1  
-2.5

V4 3.9  
2.8

aVL 0.0  
0.0

V5 3.1  
2.2

aVF 1.0  
0.9

V6 2.2  
1.7



COMMENTS:

RMS TMT MARK III 4.0 PRECORDERS AND MEDICARE SYSTEMS (P) Ltd CHANDIGARH



Date: 12/03/2022 02:17:33 PM

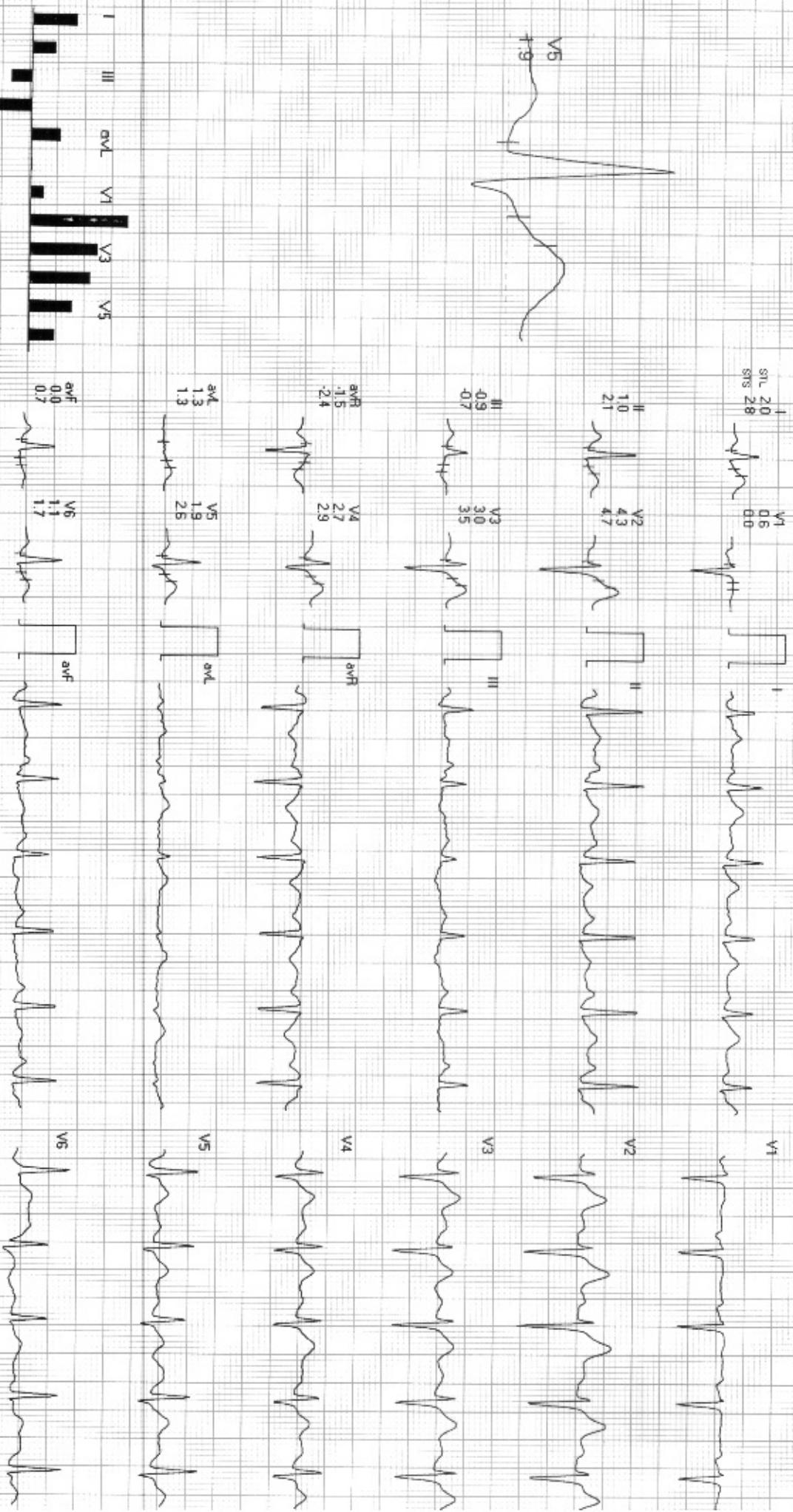
METS: 4.7 HR: 112 bpm 60% Trgt BP: 140/80 Row ECG: BLC, Norch, (0.05-100)Hz

EXTime: 03:00 1.7 mph, 10.0%

4X

80ms Paper

25 mm/Sec. 1.0 Cm/mV



COMMENTS: I II aVR aVL V1 V2 V3 V4 V5 V6

RMS THITMARK-4420 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH



11807/Mr. Ravi Bir Pall / 35 Yrs / M / 78 kg / 170 cms

Date: 12/03/2022 02:17:33 PM

METS: 7.1

HR: 154 bpm

83% Trgt.

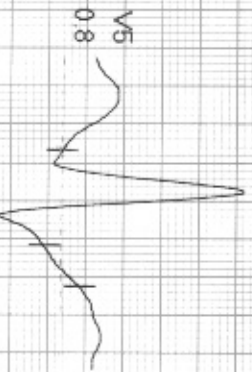
BP: 160/90

Raw ECG, BLC, Noch. (0.05-100)Hz

ExTime: 06:00 2.5 mph, 12.0%

4X 80 mS Post J

25 mm/Sec: 1.0 Cm/mV



STL 1.1  
STB 2.4

V1 0.4  
0.2

V2 3.2  
4.6

II 0.2  
1.7

V3 2.3  
3.7

III 0.9  
0.7

IV 1.5  
3.1

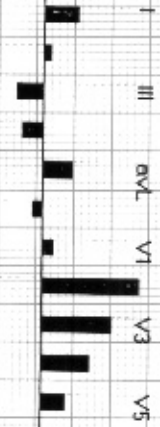
V4 0.8  
2.4

avR -0.7  
-2.1

avL 1.0  
1.5

avF -0.3  
0.5

V5 0.2  
1.1



I 0.2  
1.1

II 0.2  
1.1

III 0.9  
0.7

avR -0.7  
-2.1

avL 1.0  
1.5

avF -0.3  
0.5

V1 0.4  
0.2

V2 3.2  
4.6

V3 2.3  
3.7

V4 0.8  
2.4

V5 0.2  
1.1

V6 0.2  
1.1

II avR avF V2 V4 V6

COMMENTS: RMS 1717 MARK-III & RECORDERS AND MEDICARE SYSTEMS (P) LTD, CHANDIGARH



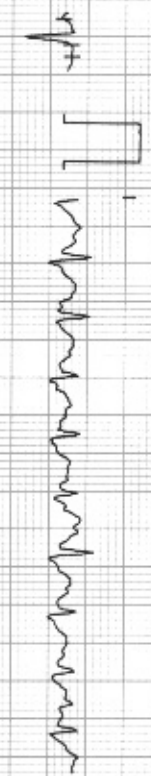


4X 80ms Post J

25mm/Sec 1.0 Cm/mV

I ST-T 0.1  
ST-S 2.3

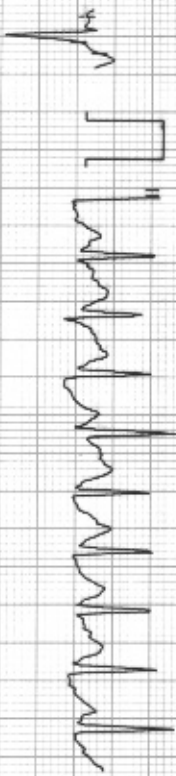
V1 1.0  
0.0



V1

II 2.0  
2.1

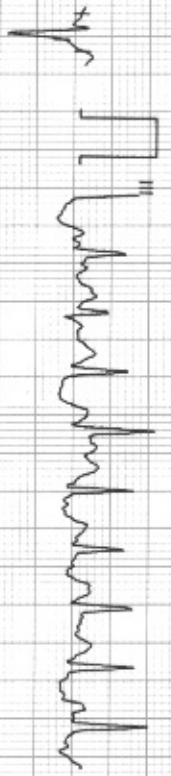
V2 2.0  
4.3



V2

III -1.9  
-0.2

V3 0.5  
4.2



V3

aVR 1.0  
-0.22

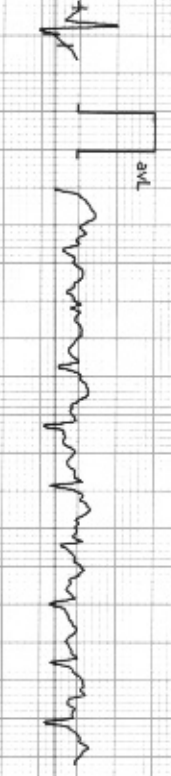
V4 -0.7  
4.1



V4

aVL 1.0  
1.3

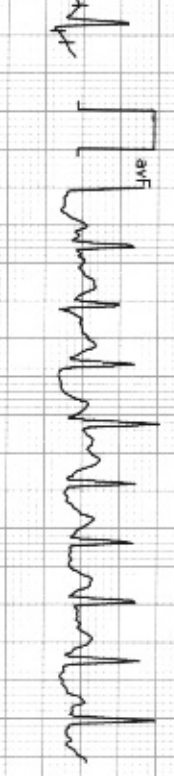
V5 -1.6  
2.8



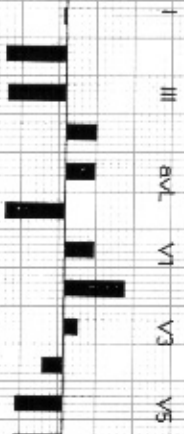
V5

aVF 2.0  
1.0

V6 -1.6  
1.8



V6



I aVR aVL V1 V2 V3 V4 V5  
II aVF V6

COMMENTS:

RMS TMT MARK-III/4.0 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH



11807/Mr.Ravi Bir Pall / 35 Yrs / M / 78 Kg / 170 Cms

Date: 12/03/2022 02:17:33 PM

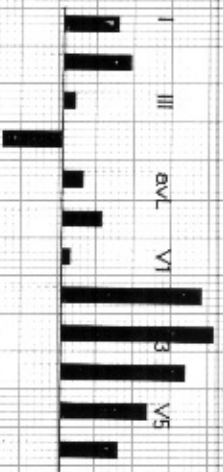
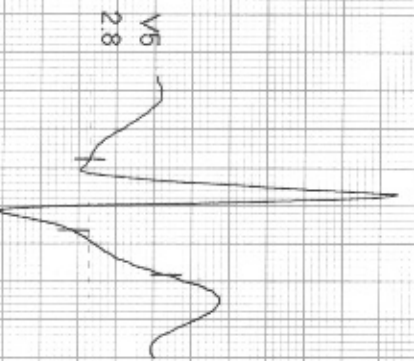
METS: 1.2 HR: 162 bpm 87% Tgt. BP: 170/100 Raw ECG, BLC, Natch. (0.05-100)Hz

EXTime: 09:00 0.0 mph, 0.0%

4X

80 mS Post J

25 mm/Sec: 1.0 Cm/1V



ST1 1.8  
ST2 3.6



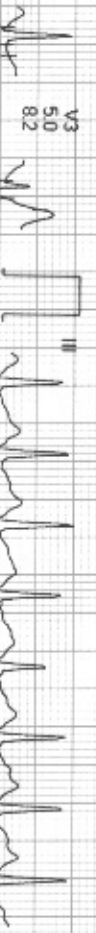
V1

II 2.2  
III 0.4  
aVR 4.4  
aVL 2.0  
aVF 4.0



V2

III 0.4  
aVR 0.8



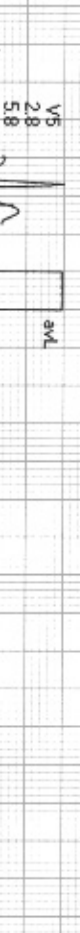
V3

aVR 2.0  
aVL 4.0



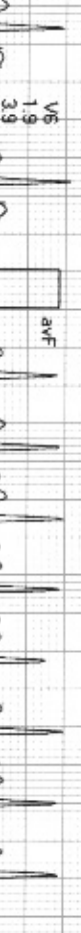
V4

aVL 0.7  
aVF 1.4



V5

aVF 1.3  
aVL 2.6



V6

II aVR aVL aVF V1 V2 V3 V4 V5 V6

COMMENTS:

RMS TMT MARK-4/4.0 PRECORDERS AND MEDICARE SYSTEMS (P) LTD CHANDIGARH



Date: 12/03/2022 02:17:33 PM

METS: 1.0

HR: 138 bpm

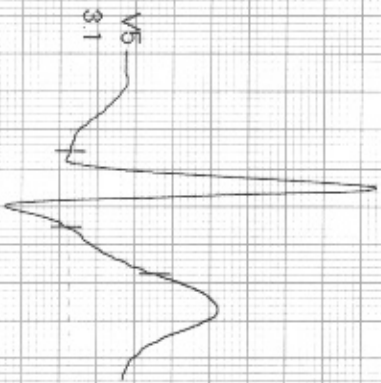
74% Tgt

BP: 170/100

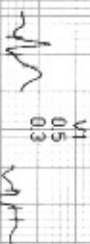
Raw ECG, BLC, Notch, (0.05-100)Hz  
EXTime: 09:00 0.0 msp, 0.0%

4X 80ms Post J

25 mm/Sec: 1.0 Cm/mV



I STC 2.2  
STB 3.5

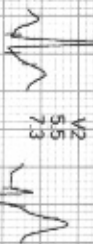


V1 0.5  
0.3



V1

II 2.3  
3.6

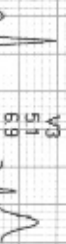


V2 5.5  
7.3



V2

III 0.2  
0.1

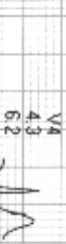


V3 5.1  
6.9

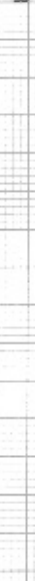


V3

avR -2.2  
-3.5

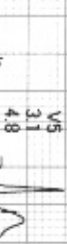


V4 4.3  
6.2



V4

avL 1.0  
1.6

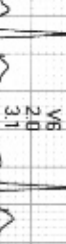


V5 3.1  
4.8



V5

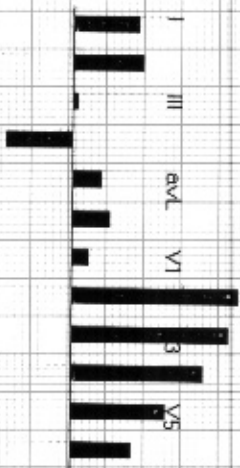
avF 1.2  
1.9



V6 2.0  
3.1



V6



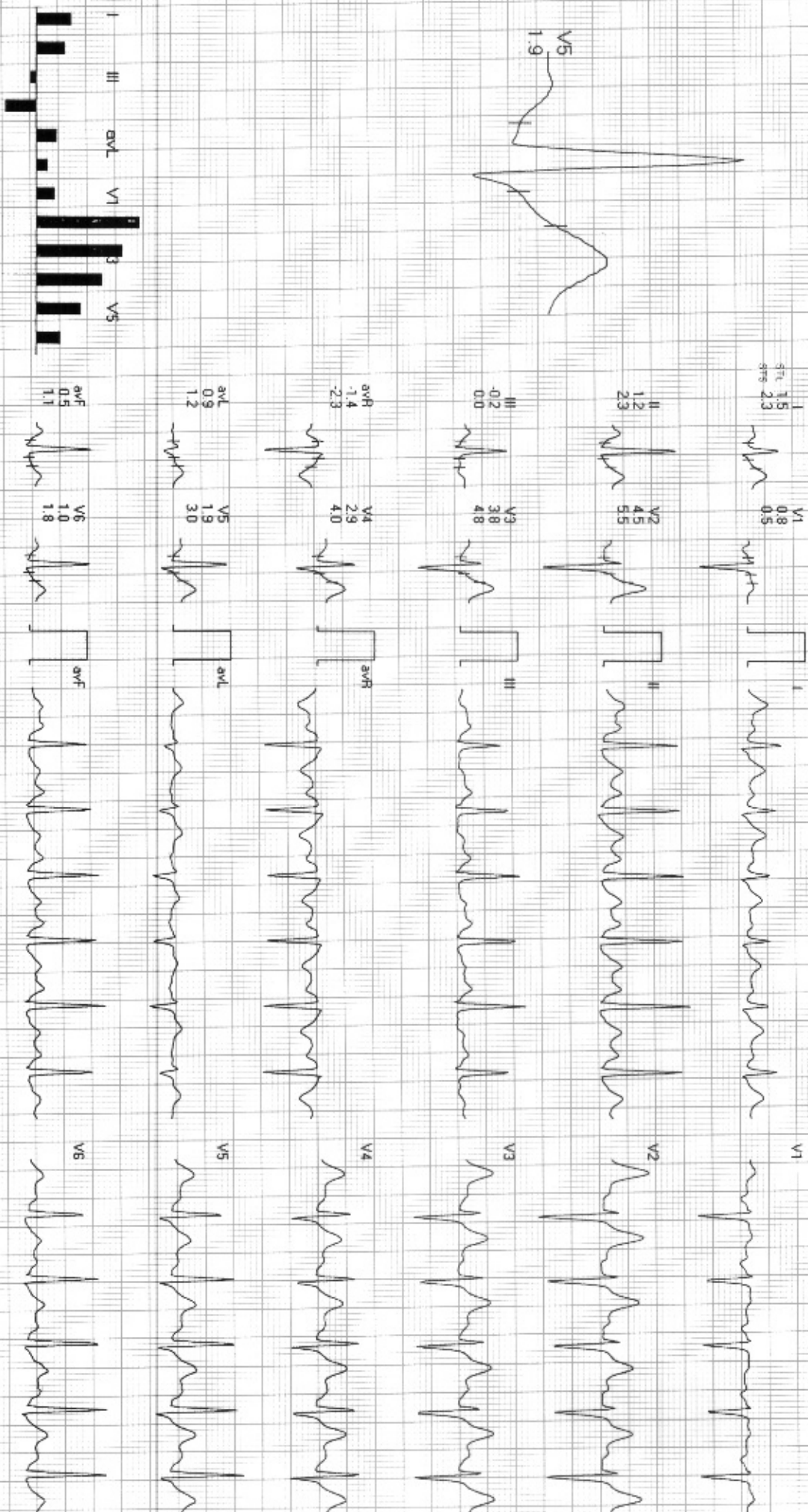
II aVR aVL aVF V1 V2 V3 V4 V5 V6

COMMENTS RMS TMT 444K-4140 PRECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH



4X 80 mS Post U

25 mm/Sec 1.0 Cm/mV



COMMENTS:

RMS TMT MARK-III 1.0 PRECORDERS AND MEDICARE SYSTEMS (P) LTD, CHANDIGARH



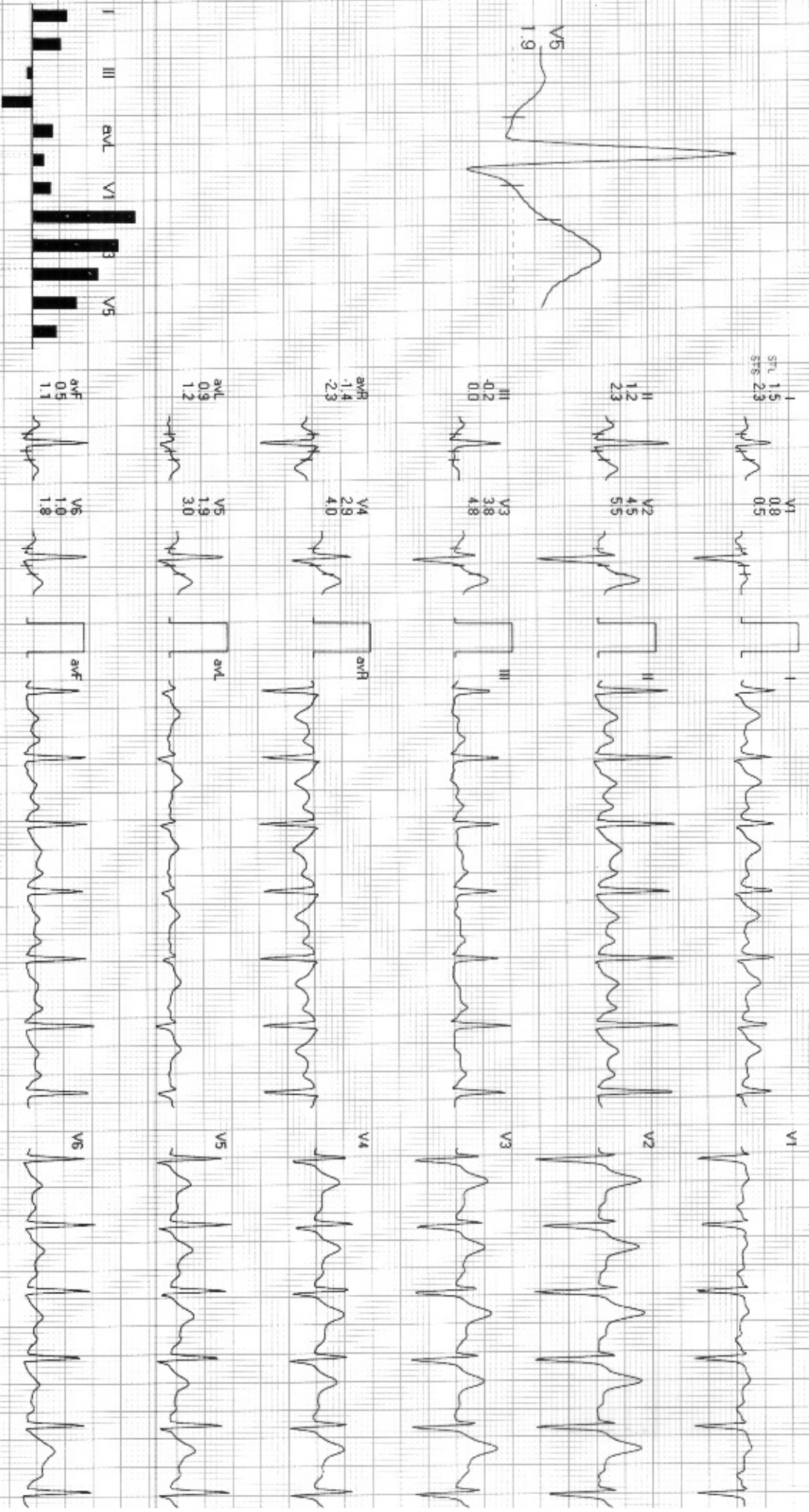
11807 / Mr Raw Bir Pall / 36 Yrs / M / 78 Kg / 170 Cms

Date: 12/03/2022 02:17:33 PM METS: 1.0 HR: 129 bpm 69% Trgt BP: 160/90 Raw ECG BLC Notch: (0.05-100)Hz

EXTime: 09:00 0.0 mph, 0.0%

4X 80ms Post J

25 mm/Sec 1.0 Cm/mV



COMMENTS: RMS TMT MARK-44.0 RECORDERS AND MEDICARE SYSTEMS (P) LTD. CHANDIGARH