

Unit of Narayana Health

# **DEPARTMENT OF LABORATORY MEDICINE**

**Final Report** 

# Patient Name : Ms Barathi Matam MRN : 20150000000540 Gender/Age : FEMALE , 31y (15/11/1991)

Collected On : 10/06/2023 10:05 AM Received On : 10/06/2023 12:53 PM Reported On : 10/06/2023 07:40 PM

Barcode : 012306100995 Specimen : Plasma Consultant : EXTERNAL(EXTERNAL)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7019659530

BIOCHEMISTRY					
Test	Result	Unit	<b>Biological Reference Interval</b>		
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	95	mg/dL	70 to 99 : Normal 100 to 125 : Pre-diabetes =>126 : Diabetes ADA standards 2020		
Post Prandial Blood Sugar (PPBS) (Colorimetric - Glucose Oxidase Peroxidase)	86	mg/dL	70 to 139 : Normal 140 to 199 : Pre-diabetes =>200 : Diabetes ADA standards 2020		
HBA1C					
HbA1c (HPLC NGSP Certified)	5.2	%	Normal: 4.0-5.6 Prediabetes: 5.7-6.4 Diabetes: => 6.5 ADA standards 2020		
Estimated Average Glucose (Calculated)	102.54	-	-		

### Interpretation:

1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.

2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.

3. Any sample with >15% should be suspected of having a haemoglobin variant.

## SERUM CREATININE

<b>Serum Creatinine</b> (Two Point Rate - Creatinine Aminohydrolase)	0.47 L	mg/dL	0.52-1.04
eGFR (Calculated)	154.6	mL/min/1.73m <sup>2</sup>	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18 years of age.
Blood Urea Nitrogen (BUN) (Endpoint	8	mg/dL	7.0-17.0
/Colorimetric – Urease)			

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Patient Name : Ms Barathi Matam MRN : 20150000000540 Gender/Age : FEMALE , 31y (15/11/1991) mg/dL 2.5-6.2 Serum Uric Acid (Colorimetric - Uricase, Peroxidase) 5.1 LIPID PROFILE (CHOL, TRIG, HDL, LDL, VLDL) Desirable: < 200 Cholesterol Total (Colorimetric - Cholesterol 175 mg/dL Borderline High: 200-239 Oxidase) High: > 240 mg/dL Normal: < 150 Triglycerides (Colorimetric - Lip/Glycerol Kinase) 63 Borderline: 150-199 High: 200-499 Very High: > 500 mg/dL 40.0-60.0 HDL Cholesterol (HDLC) (Colorimetric: Non HDL 62 H Precipitation Phosphotungstic Acid Method) mg/dL Desirable: < 130 Non-HDL Cholesterol (Calculated) 113.0 Above Desirable: 130-159 Borderline High: 160-189 High: 190-219 Very High: => 220 mg/dL Optimal: < 100 LDL Cholesterol (Colorimetric) 94 L Near to above optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: > 190 VLDL Cholesterol (Calculated) mg/dL 0.0-40.0 12.6 0.0-5.0 Cholesterol /HDL Ratio (Calculated) 2.9 **THYROID PROFILE (T3, T4, TSH)** ng/mL 0.97-1.69 Tri Iodo Thyronine (T3) (Enhanced 1.45 Chemiluminesence) Thyroxine (T4) (Enhanced Chemiluminesence) µg/dl 5.53-11.0 9.11 µlU/mL > 18 Year(s) : 0.4 -4.5 TSH (Thyroid Stimulating Hormone) (Enhanced 2.674 Pregnancy: 1st Trimester: 0.129-3.120 Chemiluminesence) 2nd Trimester: 0.274-2.652 3rd Trimester: 0.312-2.947

#### **Interpretation Notes**

• TSH levels are subjected to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration.

## LIVER FUNCTION TEST(LFT)

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Patient Name : Ms Barathi Matam MRN : 20150000	000540 Gend	er/Age : FEMALE , 31y (15/	11/1991)
Bilirubin Total (Colorimetric -Diazo Method)	0.50	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.00	mg/dL	0.0-0.3
Unconjugated Bilirubin (Indirect) (Calculated)	0.5	mg/dL	0.0-1.1
Total Protein (Colorimetric - Biuret Method)	8.20	gm/dL	6.3-8.2
Serum Albumin (Colorimetric - Bromo-Cresol Green)	5.00	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3.2	gm/dL	2.0-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.57	-	1.0-2.1
SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal- 5-phosphate))	27	U/L	14.0-36.0
SGPT (ALT) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	22	U/L	<35.0
Alkaline Phosphatase (ALP) (Multipoint-Rate - P- nitro Phenyl Phosphate, AMP Buffer)	154 H	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (Multipoint Rate - L-glutamyl-p-nitroanilide ( Szasz Method))	16	U/L	12.0-43.0

## **Interpretation Notes**

Indirect Bilirubin result is a calculated parameter (Indirect Bilirubin = Total Bilirubin - Direct Bilirubin).
 Indirect bilirubin result includes the delta bilirubin fraction also. Delta Bilirubin is the bilirubin which is covalently bound to albumin.
 Delta Bilirubin is not expected to be present in healthy adults or neonates.

Mrs. Latha B S MSc, Mphil, Biochemistry Incharge, Consultant Biochemistry

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Dr. Anushre Prasad MBBS,MD, Biochemistry Consultant Biochemistry

# HEMATOLOGY

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Patient Name: Ms Barathi Matam MRN: 2015000000540 Gender/Age: FEMALE, 31y (15/11/1991)				
Test	Result	Unit	Biological Reference Interval	
COMPLETE BLOOD COUNT (CBC)				
Haemoglobin (Hb%) (Photometric Measurement)	14.6	g/dL	12.0-15.0	
Red Blood Cell Count (Electrical Impedance)	4.69	million/µl	3.8-4.8	
PCV (Packed Cell Volume) / Hematocrit (Calculated)	42.8	%	36.0-46.0	
MCV (Mean Corpuscular Volume) (Derived)	91.2	fL	83.0-101.0	
MCH (Mean Corpuscular Haemoglobin) (Calculated)	31.1	pg	27.0-32.0	
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	34.1	%	31.5-34.5	
Red Cell Distribution Width (RDW) (Derived)	12.8	%	11.6-14.0	
Platelet Count (Electrical Impedance Plus Microscopy)	336	$10^3/\mu L$	150.0-450.0	
Total Leucocyte Count(WBC) (Electrical Impedance)	7.7	$10^3/\mu L$	4.0-10.0	
DIFFERENTIAL COUNT (DC)				
Neutrophils (VCS Technology Plus Microscopy)	51.6	%	40.0-75.0	
Lymphocytes (VCS Technology Plus Microscopy)	41.2 H	%	20.0-40.0	
Monocytes (VCS Technology Plus Microscopy)	6.1	%	2.0-10.0	
Eosinophils (VCS Technology Plus Microscopy)	0.8 L	%	1.0-6.0	
Basophils (VCS Technology Plus Microscopy)	0.3	%	0.0-2.0	
Absolute Neutrophil Count (Calculated)	3.98	x10 <sup>3</sup> cells/µl	2.0-7.0	
Absolute Lympocyte Count (Calculated)	3.18 H	x10 <sup>3</sup> cells/µl	1.0-3.0	
Absolute Monocyte Count (Calculated)	0.47	x10 <sup>3</sup> cells/µl	0.2-1.0	
Absolute Eosinophil Count (Calculated)	0.07	x10 <sup>3</sup> cells/µl	0.02-0.5	

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Absolute Basophil Count (Calculated)

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

#### **Interpretation Notes**

• Haemoglobin , RBC Count and PCV: If below reference range, indicates Anemia. Further evaluation is suggested . RBC Indices aid in typing of anemia.

0.03

WBC Count: If below reference range, susceptibility to infection.

If above reference range- Infection\*

If very high in lakhs-Leukemia

Neutrophils -If above reference range-acute infection, mostly bacterial

 $\label{eq:lymphocytes-lf} \mbox{Lymphocytes-lf} \mbox{ above reference range-chronic infection/viral infection}$ 

Monocytes -If above reference range- TB, Typhoid, UTI

Eosinophils -If above reference range -Allergy, cough, Common cold, Asthma & worms

Basophils - If above reference range, Leukemia, allergy

Platelets: If below reference range- bleeding disorder, Dengue, drug- induced, malignancies

\* In bacterial infection with fever total WBC count increases.

Eg Tonsillitis, Sinusitis, Bronchitis, Pneumonia, Appendicitis, UTI -12000-25000 cells/cumm.

In typhoid and viral fever WBC may be normal. DISCLAIMER:All the laboratory findings should mandatorily interpreted in correlation with clinical findings by a medical expert.

Dr. Sudarshan Chougule MBBS, MD, Pathology Consultant & Head - Hematology & Flow Cytometry

## **CLINICAL PATHOLOGY**

Test	Result	Unit
Urine For Sugar (Fasting) (Enzyme Method (GOD POD))	Not Present	-

Urine For Sugar (Post Prandial) (Enzyme

Not Present

Method (GOD POD))

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## **HEMATOLOGY**

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR)	2	mm/1hr	0.0-12.0

(Westergren Method)

**Interpretation Notes** 

• ESR high - Infections, chronic disorders,, plasma cell dyscrasias. DISCLAIMER:All the laboratory findings should mandatorily interpreted in correlation with clinical findings by a medical expert

--End of Report-

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Dr. Deepak M B MD, PDF, Hematopathology Consultant

# Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.
  (Fasting Blood Sugar (FBS), -> Auto Authorized)
  (Lipid Profile, -> Auto Authorized)
  - (, -> Auto Authorized)
  - (Uric Acid, -> Auto Authorized)
  - (Blood Urea Nitrogen (Bun), -> Auto Authorized)
  - (Post Prandial Blood Sugar (PPBS) -> Auto Authorized)





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Barcode : 1B2306100027 Specimen : Whole Blood Consultant : EXTERNAL(EXTERNAL)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 7019659530

## NARAYANA HRUDAYALAYA BLOOD CENTRE

Test	Result	Unit
BLOOD GROUP & RH TYPING		
Blood Group (Column Agglutination Technology)	В	-
RH Typing (Column Agglutination Technology)	Positive	-

Dr. Prathip Kumar B R MBBS, MD, Immunohaematology & Blood Transfusion Consultant

## **CLINICAL PATHOLOGY**

Test	Result	Unit	<b>Biological Reference Interval</b>
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (pH Indicator Method)	5.0	-	4.5-7.5
Sp. Gravity (Refractive Index)	1.009	-	1.002 - 1.030
Protein (Automated Protein Error Or Ph Indicator)	Not Present	-	Not Present
Urine Glucose (Enzyme Method (GOD POD))	Not Present	-	Not Present

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Patient Name : Ms Barathi Matam MRN : 20150000	0000540 Gender	/Age : FEMALE , 31y (15/	11/1991)
Ketone Bodies (Nitroprusside Method)	Not Present	-	Not Present
Bile Salts (Azo Coupling Method)	Not Present	-	Not Present
Bile Pigment (Bilirubin) (Azo Coupling Method)	Not Present	-	Not Present
Urobilinogen (Azo Coupling Method)	Normal	-	Normal
Urine Leucocyte Esterase (Measurement Of Leukocyte Esterase Activity)	Not Present	-	Not Present
Blood Urine (Peroxidase Reaction)	Trace	-	Not Present
Nitrite (Gries Method)	Not Present	-	Not Present
MICROSCOPIC EXAMINATION			
Pus Cells	0.7	/hpf	0-5
RBC	7.0	/hpf	0-4
Epithelial Cells	3.0	/hpf	0-6
Crystals	0.0	/hpf	0-2
Casts	0.04	/hpf	0-1
Bacteria	146.9	/hpf	0-200
Yeast Cells	0.1	/hpf	0-1
Mucus	Not Present	-	Not Present

## Interpretation Notes

• Since the analytical methodology of Urine Microscopy is Flow cytometry based and FDA approved the results of automated urine microscopy which includes RBCs, WBCs Epithelial cells etc are being reported in decimal fraction. Rounding off the value to nearest whole number is suggested.

--End of Report-

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