

Name : Mrs. REKHA DEVI (46 /F)
 Address : SARUMOTARIYA, GUWAHATI, KAMRUP(M), ASSAM, INDIA
 Examined by: Dr. PRABIN KUMAR SAIKIA
 Package : MediWheel Full Body Health Check up-Female Above 40Yrs

Date : 28/09/2024
 UHID : AHLG2.0000044936
 AHC No : APHCAH28339



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Female Above 40Yrs



DRUG ALLERGY

NO KNOWN ALLERGY :28/09/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing. Restoration

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Peptic ulcer - no; Bowel habits - regular; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Menopause - yes; Since - 2022

Central nervous system

Dizziness - occasional; Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints
 Shoulder (right) - pain

Weight

- stable



Surgical history

Caesarian section - 2005

Immunization history

- Covid Dose2



Personal history

Marital status - Married
 No. of children - 1
 Male - 1
 Diet - Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - alive
 Aged - 79 YRS
 Mother - has expired
 Aged - 45 YRS
 Cause - not known
 Brothers - 2
 Sisters - 1
 Coronary artery disease - father
 Cancer - None

PHYSICAL EXAMINATION



General

Height - 153
 Weight - 49
 BMI - 20.93
 Waist circumference - 79
 Hip - 85
 Waist/ Hip ratio - 0.93
 Pallor - No
 Oedema - no
 SpO2 - 100% RA



Head and ENT

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Nose - Deviation of septum to right
 Others - Nose: Bilateral HIT +



Cardiovascular system

Heart rate (Per minute) - 82
 Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 100
 Diastolic(mm of Hg) - 60
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 22



Abdomen

Organomegaly - No
 Tenderness - No



Eyes

Eye vision - Normal
 Eye vision - BCVA. BE 6/6. N6
 Pupil - Normal
 Intraocular pressure - 17 mmHg (R), 18 mmHg (L)
 Advice for spectacle - Yes

Gynaec findings

Marital status - married
 No of Children - 1
 Deliveries - CS
 Last child birth - 18.5 Yrs
 Menopause - 2 yrs
 P/A - Soft
 P/S - Cervix normal
 P/V - Uterus NAD
 Pap smear - Taken

Printed By : HEALTH CHECK REPORT

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UHID : AHLG2.0000044936

Date : 28/09/2024

Package : MediWheel Full Body Health Check up-Female Above 40Yrs

AHC No : APHCAH28339

Executive Summary



1. Rule out UTI.

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
CULTURE AND SENSITIVITY [URINE]	Immediate/Urgent		

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHHM
 Registration No -7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mrs. REKHA DEVI Age : 46Yr 0Mth 7Days Gender : Female
 UHID : AHLG2.0000044936 / APHCAH28339 W/BNo/RefNo : AHC
 SIN \ LRN : 125490906 \ 125490907 \ 125490911 \ 11105676
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 28-SEP-2024 11:11:07 AM Received on : 28-SEP-2024 12:18:25 PM Reported on : 28-SEP-2024 03:17:03 PM

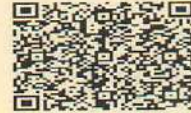
MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.7	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	125	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	0.631	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	117	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL
VLDL CHOLESTEROL - SERUM CALCULATED.	22	Desirable:<30	
AST (SGOT) - SERUM (UV With P5P-IFCC)	24	Healthy Adults:15 - 37	U/L
ALT(SGPT) - SERUM (UV With P5P-IFCC)	30	Healthy Females:14-59 U/L	U/L
PROTEIN, TOTAL - SERUM (Biuret)	8.0	Healthy Adults:6.4-8.3	mg/dl
URIC ACID - SERUM (Modified Uricase)	4.9	Healthy Women:2.6 - 6.0	mg/dL



DEPARTMENT OF BIOCHEMISTRY

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ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	90	Healthy Adults:40-150	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	19	Healthy Women:5 - 55	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.8	Healthy Adults:<=1.0	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.5 *	Healthy Women: 0.57 - 1.11	mg/dL
ALBUMIN - SERUM (Brom Cresol Green)	4.7	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.3	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	79 *	Low: <40 High: >=60 Desirable :< 4.5	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.3		
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	89	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL



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CHOLESTEROL - SERUM (Cholesteryl Oxidase)	178	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	114	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	16	<50 years:15-40	mg/dL
GLUCOSE -PLASMA (FASTING) Hexokinase	81	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL

Report Status:Final

* END OF REPORT *

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1078550

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M. Moushumi Saikia
Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

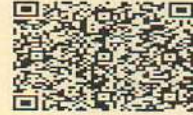
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CONSULTANTS

DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

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DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. REKHA DEVI Age : 46Yr 0Mth 7Days Gender : Female
 UHID : AHLG2.0000044936 / APHCAH28339 W/BNo/RefNo : AHC
 SIN \ LRN : 125490908 \ 11105676
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



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MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	4.8	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<5.7% Uncontrolled-diabetics>8%	%
Mean Plasma Glucose (MPG) Estimate:	91.0600		mg/dL

Report Status:Final

* END OF REPORT *

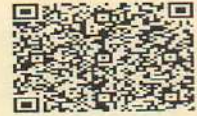
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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

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Name : Mrs. REKHA DEVI Age : 46Yr 0Mth 7Days Gender : Female
 UHID : AHLG2.0000044936 / APHCAH28339 W/BNNo/RefNo : AHC
 SIN ILRN : 125490905 \ 125490904 \ 11105676
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 28-SEP-2024 11:11:07 AM Received on : 28-SEP-2024 01:50:13 PM Reported on : 28-SEP-2024 02:02:09 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE SUGAR	Nil		
URINE ROUTINE (CUE)			
Color:	Pale yellow	Pale Yellow/amber	
Transparency:	Turbid	Clear	
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	5.0	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Trace	Negative	
DEPOSITS:(Microscopy)			
RBC	Occasional	Upto 3 Cells/hpf	
WBC/Pus Cells	10-12/HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Positive	Negative	
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	11.9 *	12.0 - 15.0	g/dl
RBC COUNT	3.86	3.8 - 4.8	Million/ul
MCV	94.3 *	82.0 - 92.0	fl
MCH	30.8	26.0 - 32.0	pg
MCHC	32.7	31.0 - 36.0	g/dl
RETICULOCYTE COUNT	1.74	Healthy Adult -:0.5-2.5%	%
Platelet Count	110 *	150 - 400	10 ³ /mm ³

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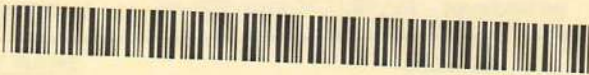
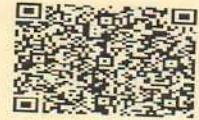
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DEPARTMENT OF HAEMATOLOGY & CLINICAL PATHOLOGY

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 SIN \LRN : 125490905 \ 125490904 \ 11105676
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 46Yr 0Mth 7Days
 Gender : Female
 W/BNo/RefNo : AHC

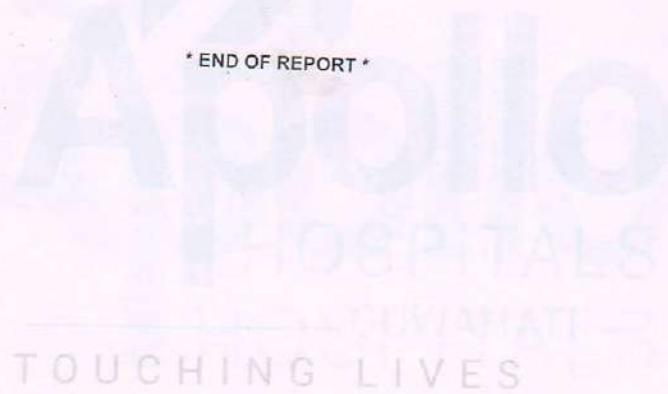


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TLC/WBC Count	4.64	4.0 - 11.0	
ERYTHROCYTE SEDIMENTATION RATE (ESR)	26 *	0 - 20	10 ³ /mm ³ mm/1st hr
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	36.4	36 - 46	%
Comments :	DLC-Poly-62.4%,lympho-33.4%,Mono-3.4%,Eosino-0.6.		

Report Status:Final

* END OF REPORT *



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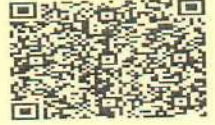
DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

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Name : Mrs. REKHA DEVI Age : 46Yr 0Mth 7Days Gender : Female
UHID : AHLG2.0000044936 / APHCAH28339 W/BNo/RefNo : AHC
SIN \LRN : 125490910 \ 11105676
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



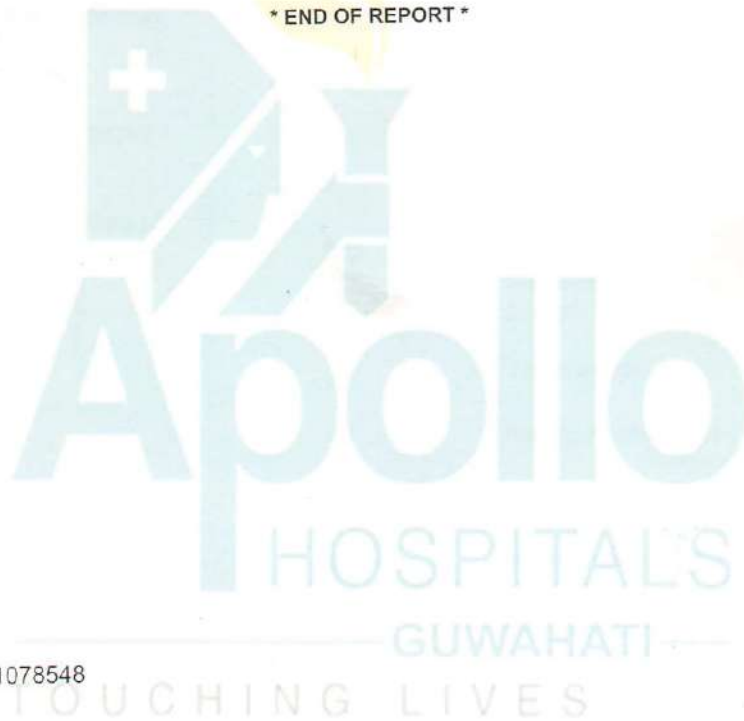
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TEST NAME **RESULT**

BLOOD GROUPING AND TYPING

ABO Group: B
Rh (D) Type: POSITIVE
Report Status: Final

* END OF REPORT *



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Printed On : 28-SEP-2024 12:17:39 PM

CONSULTANTS

DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG2.0000044936	Patient Name:	REKHA DEVI
Age:	46 Years	Sex:	F
Accession Number:	17002.124256217	Modality:	DX
Study Date:	28-Sep-2024	Study:	X-RAY CHEST PA
Referring Physician:	Prabin Kumar Saikia		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Meghain

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 30-Sep-2024 10:32:04

Apollo
HOSPITALS
GUWAHATI
TOUCHING LIVES

Patient ID:	0000044936	Patient Name:	REKHA DEVI
Age:	46	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	28-Sep-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is contracted. There is no obvious echoreflexive calculus in the gall-bladder.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 97 x 34 mm

Left kidney measures – 84 x 35 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal.

Uterus measures about 71 x 41 x 21 mm.

ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression: No significant abnormality is noted on this scan.



Dr. Sukanya Goswami
Consultant Radiologist, MD

Date: 28-Sep-2024 17:32:41

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB

Discrepancy or transcription error if detected should be sent for correction

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG2.0000044936	Patient Name:	MRS REKHA DEVI
Age:	46 Years	Sex:	F
Accession Number:		Modality:	MG
Referring Physician:	DR P KR SAIKIA	Study:	Bilateral Mammogram
Study Date:	28-Sep-2024		

Examination: Bilateral digital sonomammography.

PROTOCOL: Bilateral digital mammography has been performed in the cranio-caudal (CC) and medio-lateral oblique (MLO) projection with complimentary ultrasound.

Findings:

ACR category C bilateral breast composition. The breasts reveal mixed fatty and fibroglandular parenchyma. No evidence of any spiculated lesions seen on either side.

Both breasts: On USG correlation, no discernable mass lesion or calcification seen.

No axillary lymphadenopathy is seen.

REMARKS:

- **RIGHT BREAST: BIRADS category 1**
- **LEFT BREAST: BIRADS category 1**

BIRADS CATEGORY: (0 = Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Probably benign findings, 4 = Suspicious abnormality, 5 = Highly suggestive of malignancy).

PLEASE NOTE. Not all breast abnormalities show up on mammography. The false negative rate of mammography is approximately 10%. The management of a palpable abnormality must be based on clinical grounds. If you detect a lump or any other change in your breast before your next screening mammogram, consult your doctor immediately.



Dr. Sukanya Goswami
Consultant Radiologist, MD

Date: 28-Sep-2024 18:09:54

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. REKHA, DEVI
Patient ID: 65477
Height:
Weight:

DOB: 21.09.1976
Age: 48yrs
Gender: Female
Race: Indian

Study Date: 28.09.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:03	0.00	0.00	139	120/80	
	STANDING	00:22	0.00	0.00	83		
	WARM-UP	00:22	1.60	0.00	123		
EXERCISE	STAGE 1	03:00	2.70	10.00	134	120/80	
	STAGE 2	03:00	4.00	12.00	171	130/80	
	STAGE 3	00:48	5.50	14.00	181	140/80	
RECOVERY		03:06	0.00	0.00	99	120/80	

The patient exercised according to the BRUCE for 6:47 min:s, achieving a work level of Max. METS: 9.50. The resting heart rate of 78 bpm rose to a maximal heart rate of 203 bpm. This value represents 118 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician



Technician

Dr. Niranta Konwar
MBBS, PGDCC.
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati

Patient Details : Mrs. REKHA DEVI | Female | 46Yr 0Mth 7Days

UHID : AHLG2.0000044936

Patient Location: AHC

Patient Identifier: APHCAH28339



DRN : 100187722

Completed on : 28-SEP-2024 11:32

Ref Doctor : Dr. Prabin Kumar Saikia

ECC

IMPRESSION .:

POOR R WAVE PROGRESSION V1 TO V3

--- END OF THE REPORT ---

Dr. Niranta Konwar
MBBS, PGDCC.
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati