

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. SRIVASTAVA MUKUL ANAND
EC NO.	171917
DESIGNATION	CREDIT
PLACE OF WORK	SULTANPUR, BADHMANDI
BIRTHDATE	13-06-1989
PROPOSED DATE OF HEALTH CHECKUP	10-06-2023
BOOKING REFERENCE NO.	23J171917100060400E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **25-05-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

  
**Dr. Pawan Kumar Singh**  
M.B.B.S., DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



भारत सरकार  
Government of India

मुकुल आनन्द श्रीवास्तव  
MUKUL ANAND SRIVASTAVA  
जन्म तिथि / DOB : 13/06/1989  
पुरुष / Male

3369 1658 1885

आधार - आम आदमी का अधिकार

*Saniv Kumar*

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता:  
S/O: बीरेन्द्र कुमार श्रीवास्तव, 108  
सी, पादरी बाजार, इन्द्रप्रस्तपुरम, वॉर्ड  
15, शिवपुर, जंगल सलिकरम,  
गोरखपुर, उत्तर प्रदेश, 273014

Address:  
S/O: Virendra Kumar Srivastav,  
108 c, padari bazar,  
indraprasthpuram, ward 15,  
Shivpur, Jangle Salikram,  
Gorakhpur, Uttar Pradesh, 273014

3369 1658 1885

1947  
1800 300 1947

help@uidai.gov.in

www.uidai.gov.in

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MR. MOHAMED ANAND SRIWASARAN

29.06.2023 9:44:44  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND, SUPER MARKET  
SULTANPUR

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

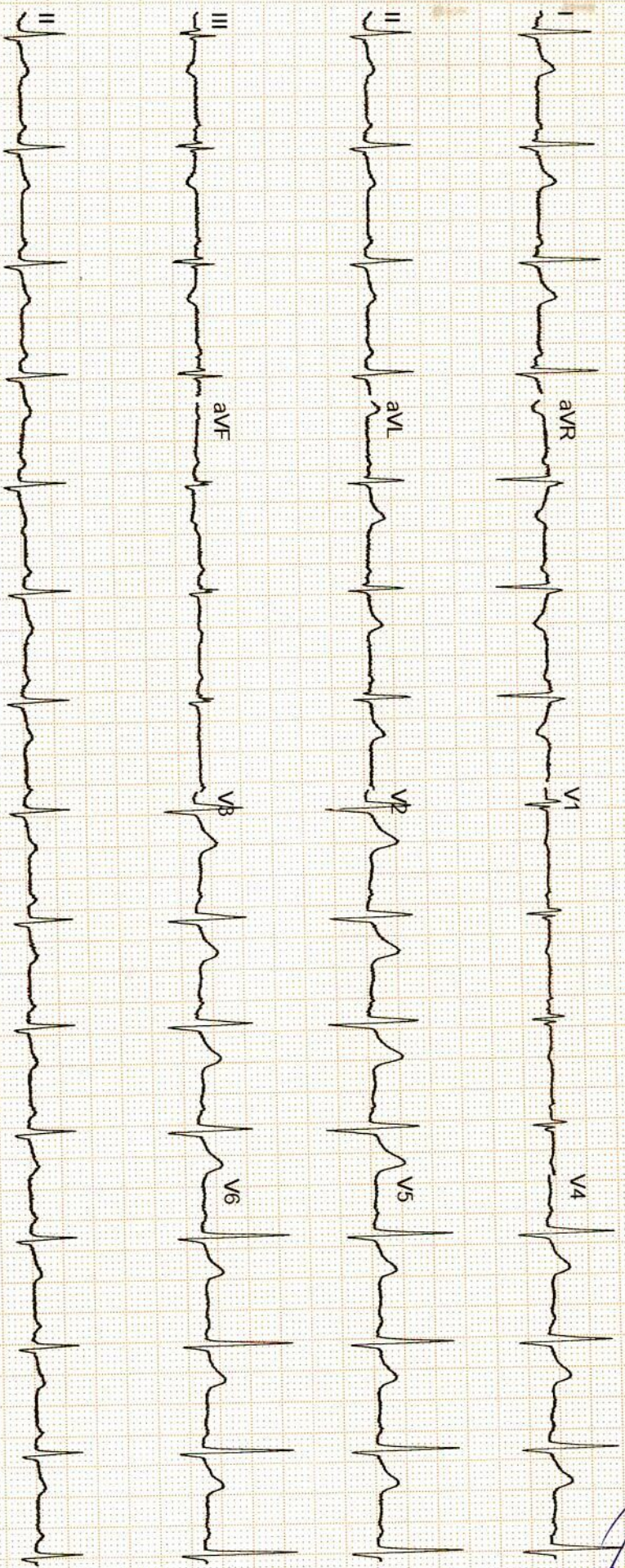
86 bpm  
- / - mmHg

QRS : 82 ms  
QT / QTcBaz : 356 / 426 ms  
PR : 140 ms  
P : 94 ms  
RR / PP : 698 / 697 ms  
P / QRS / T : 44 / 24 / 5 degrees

Normal sinus rhythm  
Normal ECG

Technician: DR. J.P. SINGH  
Referring Ph:  
Attending Ph:

*Signature*



**Dr. Pawan Kumar Singh**  
M.B.B.S. DNB (Medicine)  
UPMCI-61336  
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JPK Clinic & Diagnostics  
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GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-150 Hz 50 Hz 4X2.5X3\_25\_R1 1/1

Unconfirmed





सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 23,711

Patient Name : Mr. MUKUL ANAND SHRIVASTA

Age (Y-M-D) : 34 - 0 - 0

Sex : Male

Referred By : DHS



Bill No. / Day Sr.-: 6/29/2023 12

Receiving Date : 6/29/2023 12

Reporting Date :

## X-RAY CHEST P.A.

TRACHEA-	: Trachea is central,
CARDIAC SHADOW-	: The cardiac size and silhouette is normal.
ANGLES-	: Both costophrenic angles are clear.
PARRENCHYMA-	: Both lung fields are clear & have normal volume bronchovascular pattern.
C / T RATIO-	: Normal
MEDIASTINUM-	: no mediastinal shift is seen.
DOMES OF DIAPHRAGM-	: Both domes of the diaphragm are normal in position, outline & curvature.
IMPRESSION-	: NORMAL FINDING

Dr. Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Senior & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar  
M.B.B.S. MS  
Reg.No.-29176  
Dr. Amit Kumar  
(Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
If there is any doubt please repeat test free of cost.

{NOT FOR MEDICO LEGAL PURPOSE}





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Report No : 23,709

Patient Name : Mr. MUKUL ANAND SHRIVASTA

Age (Y-M-D) : 34 - 0 - 0

Sex : Male

Referred By : DHS



Bill No. / Day Sr.: 29-Jun-23 12

Receiving Date : 29-Jun-23 12

Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

### LIVER

: Liver show enlarged in size 148 MCL with generalized enhancement of echotexture intrahepatic vascular and biliary landmark are adequately seen.No S.O.L./ I.H.B.R.D. seen. I.V.C. , portal vein and hepatic vein are normal.

### GALL BLADDER

: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.

### PV/CBD

: Portal vein and CBD are normal in their course and calibre.

### PANCREAS

: Pancreas is normal in size, contous & echotexture.

### SPLEEN.

: Spleen is normal in size and echogenicity.  
No focal or diffuse mass lesion seen.

### KIDNEYS

: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.

### URETER

: B/L ureters are normally visualized.

### U.BLADDER

: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.

### PROSTATE

: Prostate is normal in size,shape & echo-texture .

### POST VOID

: Not done.

### BOWEL

: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity.  
No obvious lymphadenopathy noted.

### IMPRESSION

: **FATTY LIVER WITH HEPATOMEGALY**

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M.B.B.S. DNB (Medicine)  
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 Super Market, Sultanpur -228 001 (U.P.)  
 Ph. : 05362-241192, 9196008963  
 www.jpkhospitals.com



Patient ID : 046202  
 Name : Mr. MUKUL ANAND SERIVASTAVA  
 Age/Gender : 34Y/M  
 Date/Time : 29-06-2023/19:07  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-016181 <b>PSA TOTAL</b>	<b>PSA Total</b> 0.30 ng/mL	<4.00 ng/mL
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016181 <b>Fasting Blood Sugar</b>	<b>Fasting blood sugar</b> 204.0 mg/dL	70-110 mg/dl
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016182 <b>Blood Urea Nitrogen (BUN)</b>	<b>Blood Urea Nitrogen (BUN)</b> 11.0 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016181 <b>Serum Creatinine</b>	<b>Serum Creatinine</b> 1.0 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016182 <b>Total Cholesterol</b>	<b>Lipid Profile</b> 161.0 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
<b>Triglycerides</b>	<b>378.5 mg/dL</b>	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*

M.B.B.S. DNB (Medicine)  
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*Dr. SHIWANGI*

M.B.B.S., D.P. (DNB)  
Consultant Pathologist  
JPK Clinic & Diagnostics  
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**Facilities Available**

This is an Electronically Generated Report. This report is based on the specimen received. The report may need to be correlated clinically as laboratory

- ECG
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 Age/Gender : 34Y/M  
 Date/Time : 29-06-2023/19:07  
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HDL	65.7 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	121.0 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	75.7 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.4	( Less than 5.0 )
LDL/HDL	1.8	UPTO 3.5
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016181	<b>Post Prandial Blood Glucose</b>	
<b>Post Prandial Blood Glucose</b>	<b>235.0 mg/dL</b>	90 - 140 mg/dL
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016183	<b>HbA1C</b>	
<b>Glycosylated Haemoglobin</b>	<b>10.1 %</b>	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
LRN-016181	<b>Uric Acid</b>	
<b>Uric Acid</b>	<b>5.6 mg/dL</b>	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		

Rakesh Sharma  
Lab Technician

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Name : Mr. MUKUL ANAND SERIVASTAVA  
Age/Gender : 34Y/M  
Date/Time : 29-06-2023/19:07  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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LRN-016182	<b>Liver Function Test (LFT)</b>	
<b>Bilirubin Total</b>	0.56 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.30 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.26 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	37.4 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>SGPT</b>	30.6 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
<b>Alkaline Phosphatase</b>	87.4 U/L	UPTO 125 U/L
<b>Total Protein</b>	6.85 g/dL	6.0 - 8.0 g/dL
<b>Albumin</b>	4.37 g/dL	3.5 - 5.2 g/dL
<b>Globulin</b>	2.48 g/dL	1.5 - 3.0 g/dL
<b>A/G</b>	2.7	1 - 2

Sample Collection Time 29 Jun 2023 / 19:09  
Result Approval Time 30 Jun 2023 / 16:42

LRN-016181	<b>Gamma Glutamyl transferase (GGT)</b>	
<b>GGT</b>	23.6 U/L	5-36 U/L (Female) 8-61 U/L (Male)

Sample Collection Time 29 Jun 2023 / 19:09  
Result Approval Time 30 Jun 2023 / 16:42

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*  
M.B.B.S. DNB (Medicine)  
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Patient ID : 046202  
Name : Mr. MUKUL ANAND SERIVASTAVA  
Age/Gender : 34Y/M  
Date/Time : 29-06-2023/19:07  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
<b>Complete Blood Count</b>		
LRN-016178 <b>Haemoglobin</b>	<b>11.6 g/dL</b>	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
<b>WBC Count</b>	5370	4000-11,000/cumm
<b>Differential Count</b>		
<b>Neutrophils</b>	54 %	40-75 %
<b>Lymphocytes</b>	36 %	20-45 %
<b>Eosinophils</b>	05 %	01-08 %
<b>Monocytes</b>	05 %	02-10 %
<b>Basophils</b>	00 %	00-01 %
<b>RBC Count</b>	5.55 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
<b>PCV</b>	34.1 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
<b>MCV</b>	<b>61.4 fl</b>	75-95 fl
<b>MCH</b>	<b>20.9 pg</b>	26-32 pg
<b>MCHC</b>	34.1 %	30-35%
<b>Platelet Count</b>	<b>130000 cells/cumm</b>	150000 - 400000 cells/cumm
<b>Mean Platelet Volume(MPV)</b>	12.2 fL	7.5-11.5 fL
<b>RDW-CV</b>	14.2 %	11-16 %
<b>RDW-SD</b>	35.1 %	35-56 %
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
<b>Erythrocyte sedimentation Rate (ESR)</b>		
LRN-016179 <b>Erythrocyte sedimentation Rate (ESR)</b>	14 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 29 Jun 2023 / 19:09 Result Approval Time 30 Jun 2023 / 16:42		
<b>Blood grouping and Rh typing</b>		
LRN-016180 <b>Blood Group</b>	A	
 Rakesh Sharma Lab Technician	 Dr. Pawan Kumar Singh M.B.B.S. DNB (Medicine) UPMCI-61330 Director & Consultant Physician JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)	 Dr. SHIWANGI M.B.B.S. DCP. (DNB) Consultant Pathologist JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

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Patient ID : 046202  
Name : Mr. MUKUL ANAND SERIVASTAVA  
Age/Gender : 34Y/M  
Date/Time : 29-06-2023/19:07  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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RH Typing

POSITIVE (+)

Sample Collection Time 29 Jun 2023 / 19:09  
Result Approval Time 30 Jun 2023 / 16:42

*Rakesh*

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*

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 Age/Gender : 34Y/M  
 Date/Time : 29-06-2023/19:07  
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INVESTIGATION	RESULT	REFERENCE RANGE
<b>Clinical Pathology</b>		
<b>URINE-ROUTINE/MICROSCOPY</b>		
LRN-016184		
<b>PHYSICAL EXAMINATION</b>		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
<b>CHEMICAL EXAMINATION</b>		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.025	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	+	
Protein	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>		
Epithelial Cells	2-3/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	1-2/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Sample Collection Time 29 Jun 2023 / 19:09		
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*Rakesh*

Rakesh Sharma  
Lab Technician

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INVESTIGATION	RESULT	REFERENCE RANGE
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INVESTIGATION	RESULT	REFERENCE RANGE
<b>CHEMILUMINESCENCE IMMUNOASSAY</b>		
<b>Thyroid Function Test (T3, T4, TSH)</b>		
LRN-016185		
<b>T3</b>	1.35 ng/mL	0.69-2.15
<b>T4</b>	98.6 ng/mL	52-127
<b>TSH</b>	<b>5.13 µIU/mL</b>	21 weeks- 20 years: 0.7-6.4 µIU/mL 21-54 years: 0.4 - 4.2 µIU/mL 55- 87 years: 0.5 – 8.9 µIU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 µIU/mL 2nd Trimester: 0.46 – 2.95 µIU/mL 3rd Trimester: 0.43 – 2.78 µIU/mL

Sample Collection Time 29 Jun 2023 / 19:09  
 Result Approval Time 30 Jun 2023 / 16:42

----- End of Report -----

*Rakesh*  
 Rakesh Sharma  
 Lab Technician

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*Dr. SHIWANGI*  
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 Consultant Pathologist  
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This is an Electronically Generated Report. This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory investigations are dependent on multiple variables. These should not be considered as a

**Facilities Available**

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

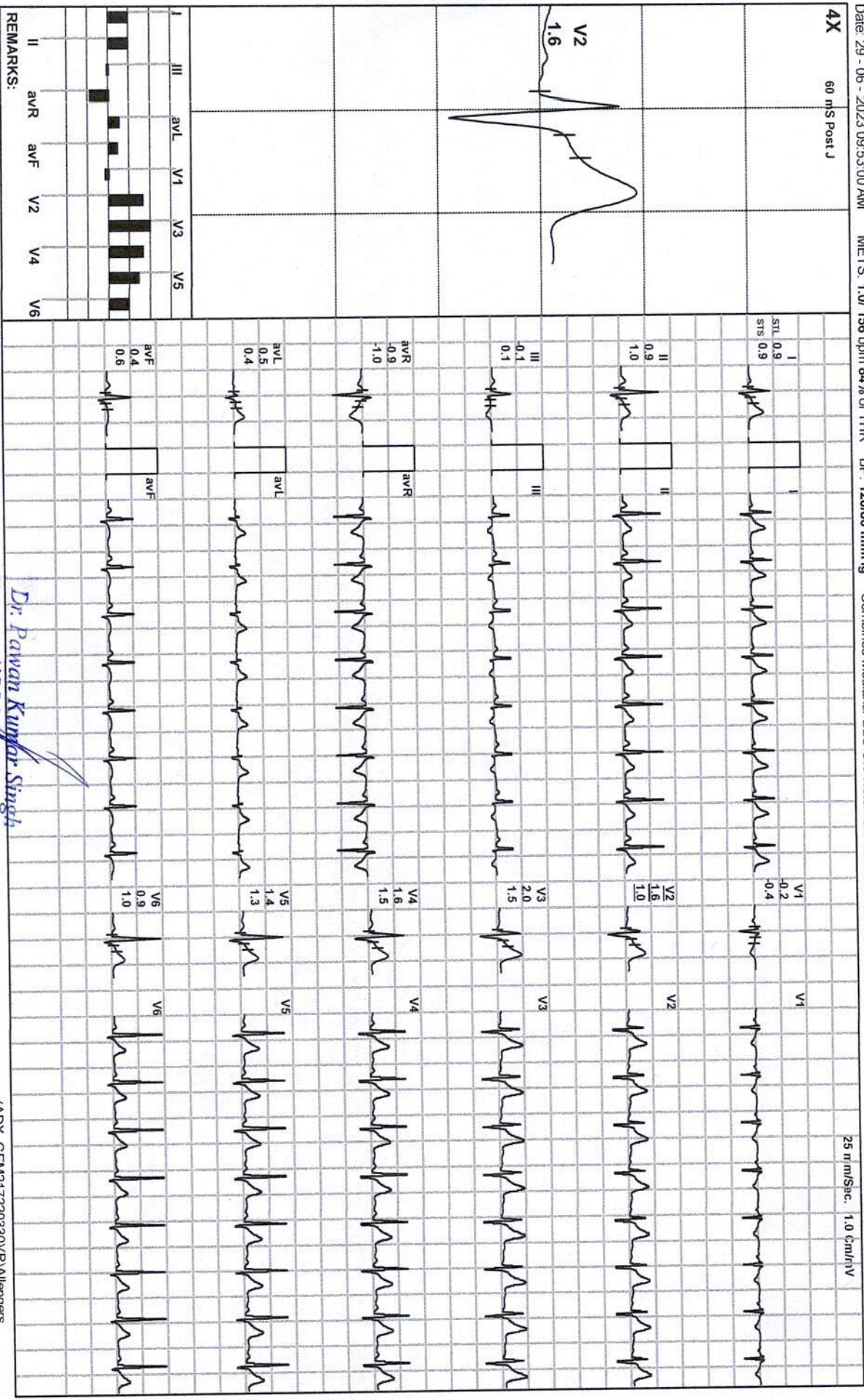




30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 156

Date: 29 - 06 - 2023 09:53:00 AM METS: 1.0/ 156 bpm 84% of THR BP- 120/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 HZ

ExTime: 00:00 0.0 mph, 0.0%



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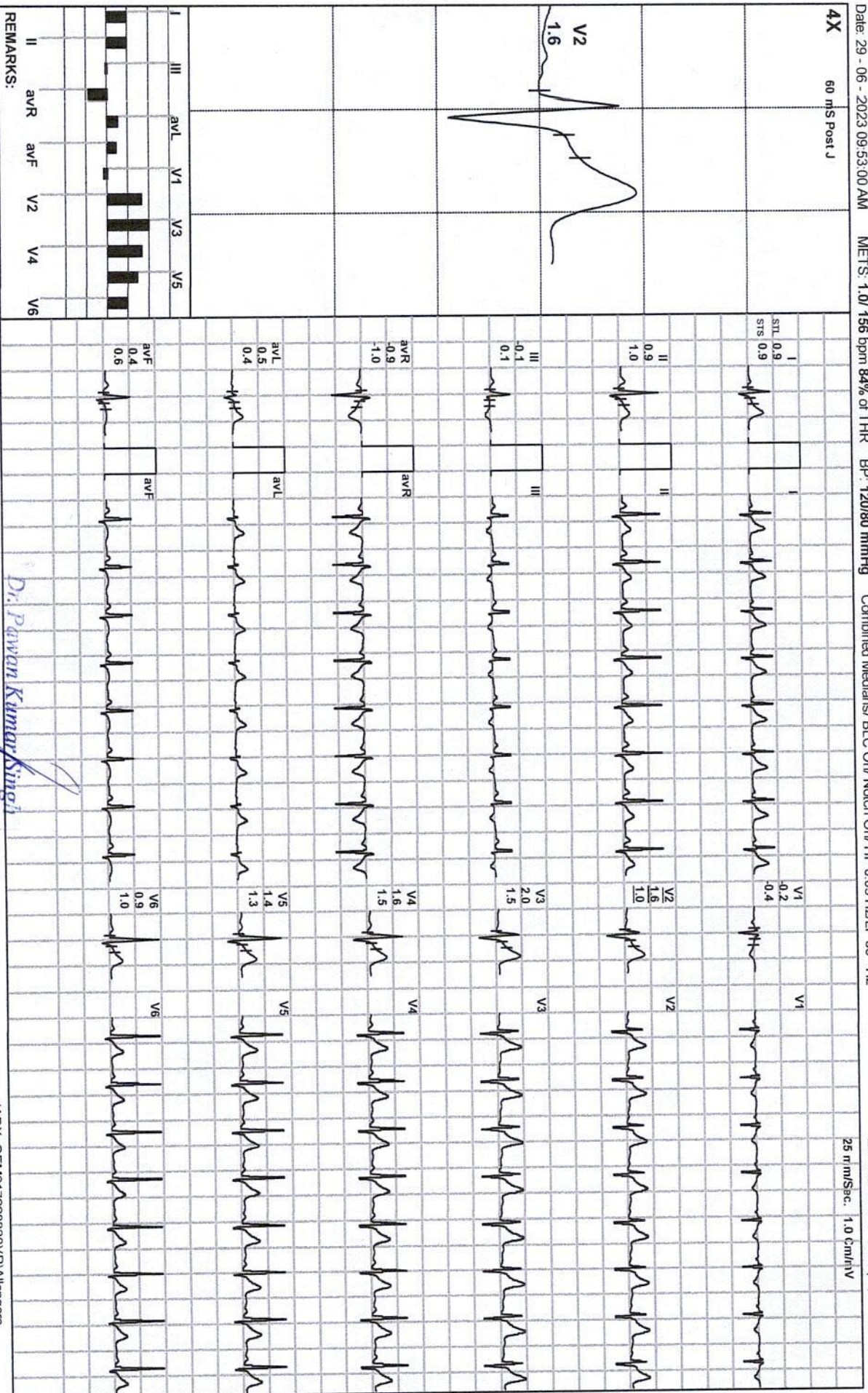
30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 156

Date: 29 - 06 - 2023 09:53:00 AM

MEETS: 1.0/ 156 bpm 84% of THR BP- 120/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



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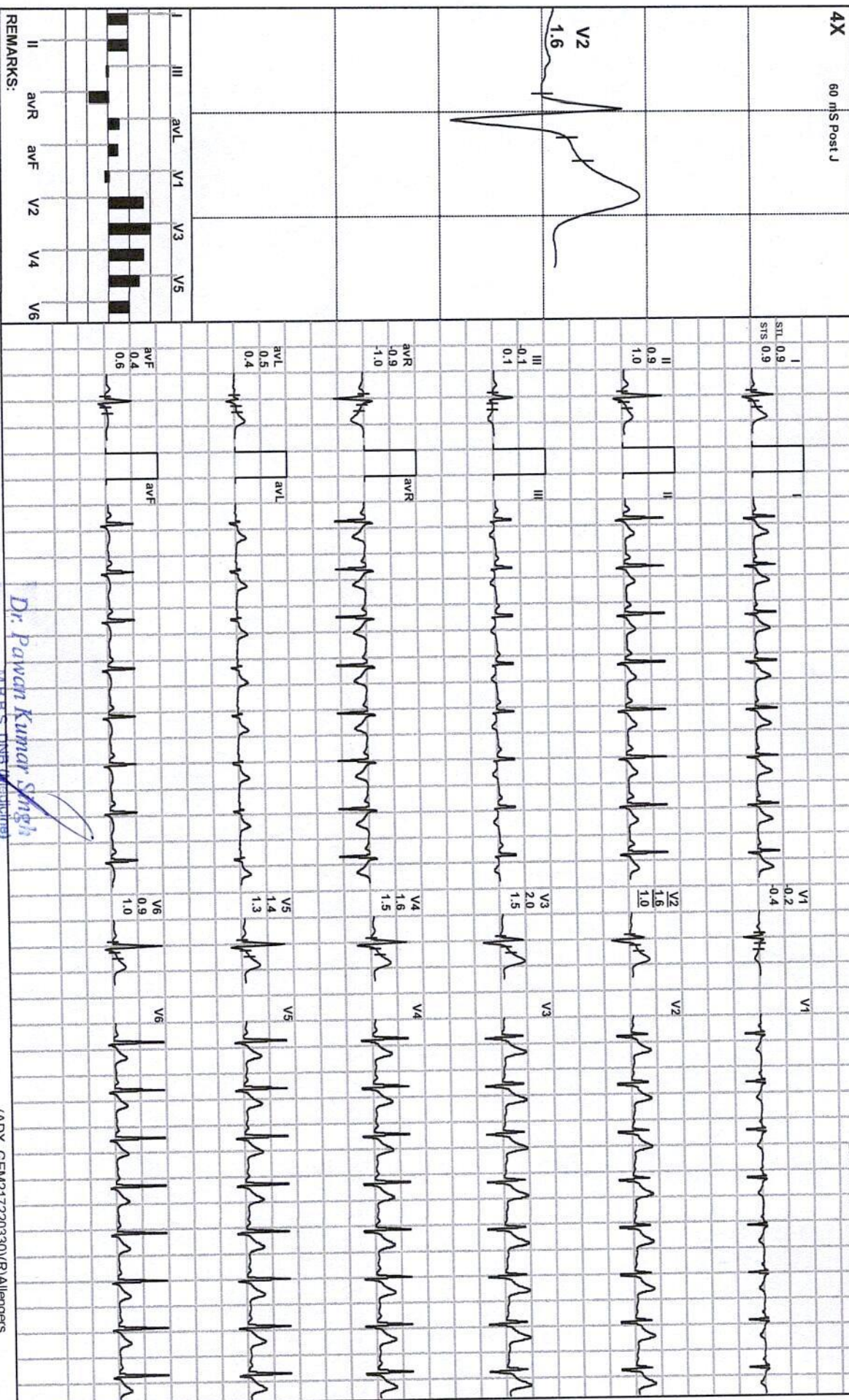




30 / MUKUL ANAND SRIVASTAVA / 34 YRS / M / 167 Cms / 81 Kg / HR : 141

Date: 29 - 06 - 2023 09:53:00 AM METS: 1.0/ 141 bpm 76% of THR BP- 120/80 mmHg Combined Medians/ BLC Or/ Natch Or/ HF 0.05 HzLF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec. 1.0 cm/IV



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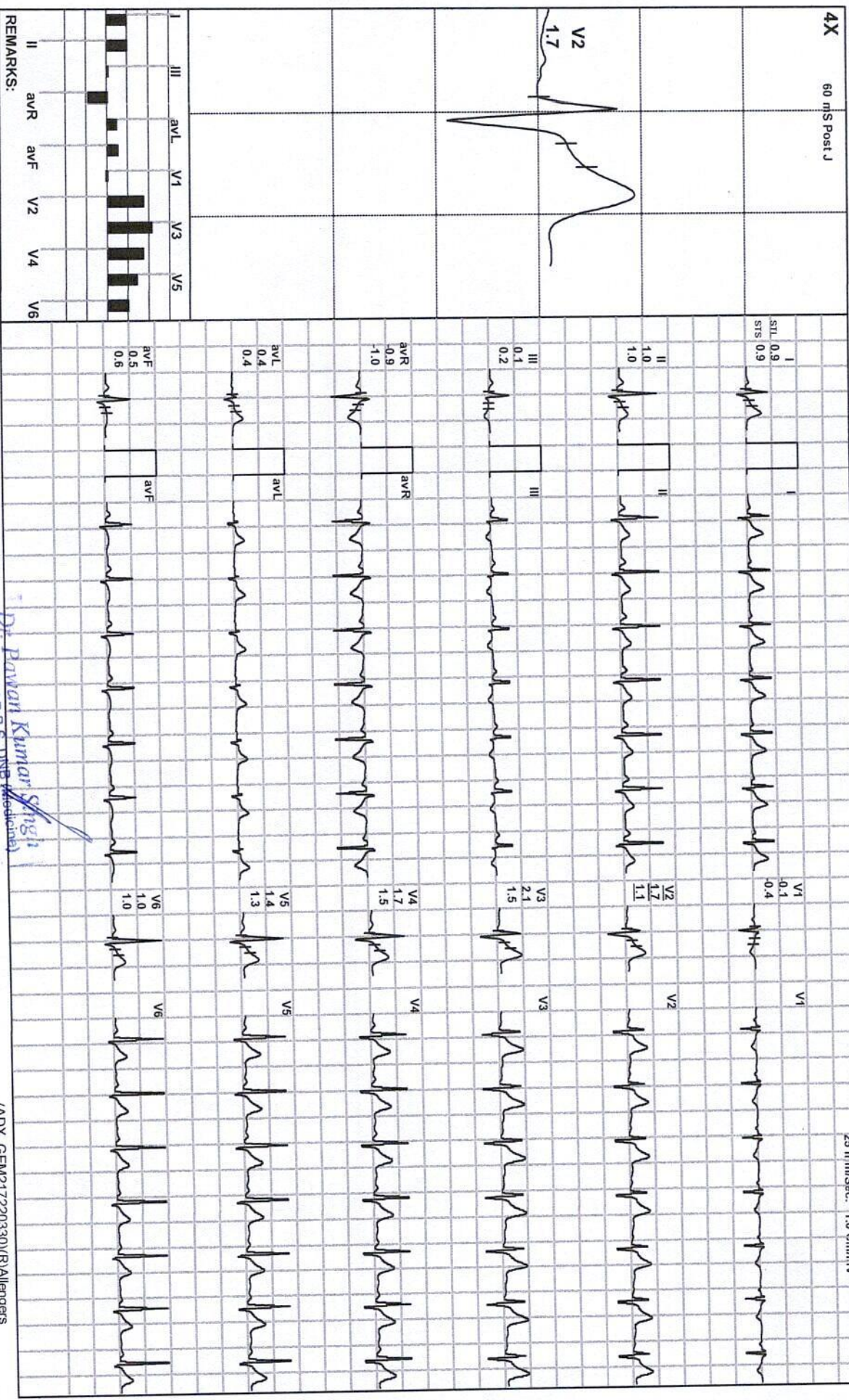




30 / MUKUL ANAND SRIVASTAVA / 34 YRS / M / 167 Cms / 81 Kg / HR : 131

Date: 29 - 06 - 2023 09:53:00 AM METS: 1.0/ 131 bpm 70% of THR BP: 120/80 mmHg Combined Medians/ BLC Or/ Natch Or/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%  
25 r/mSec. 1.0 cm/rV



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(ADX\_GEM217220330)(R)Allengers



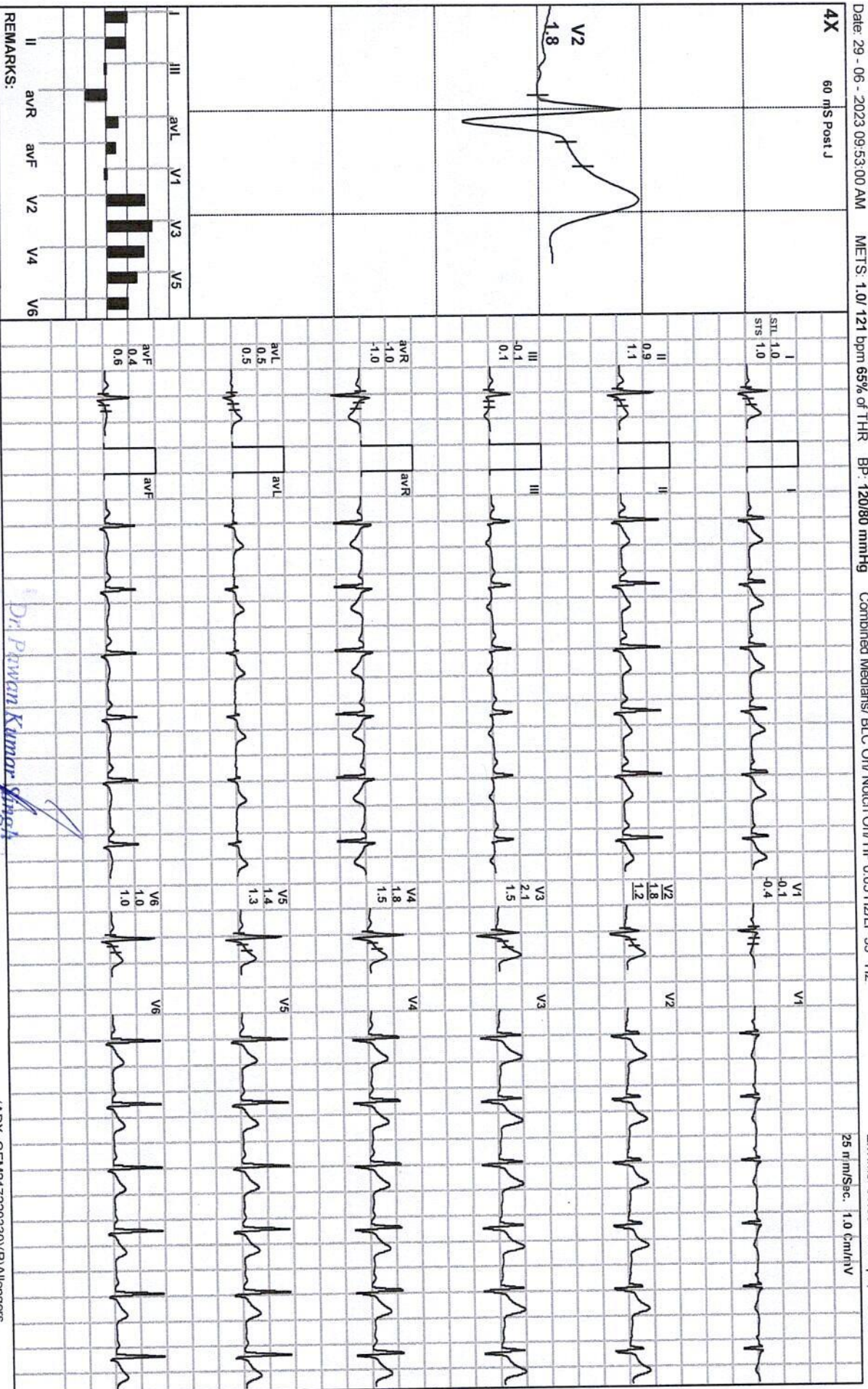


30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 121

Date: 29 - 06 - 2023 09:53:00 AM METS: 1.0/ 121 bpm 65% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

25 r/m/Sec. 1.0 cm/rV



REMARKS:

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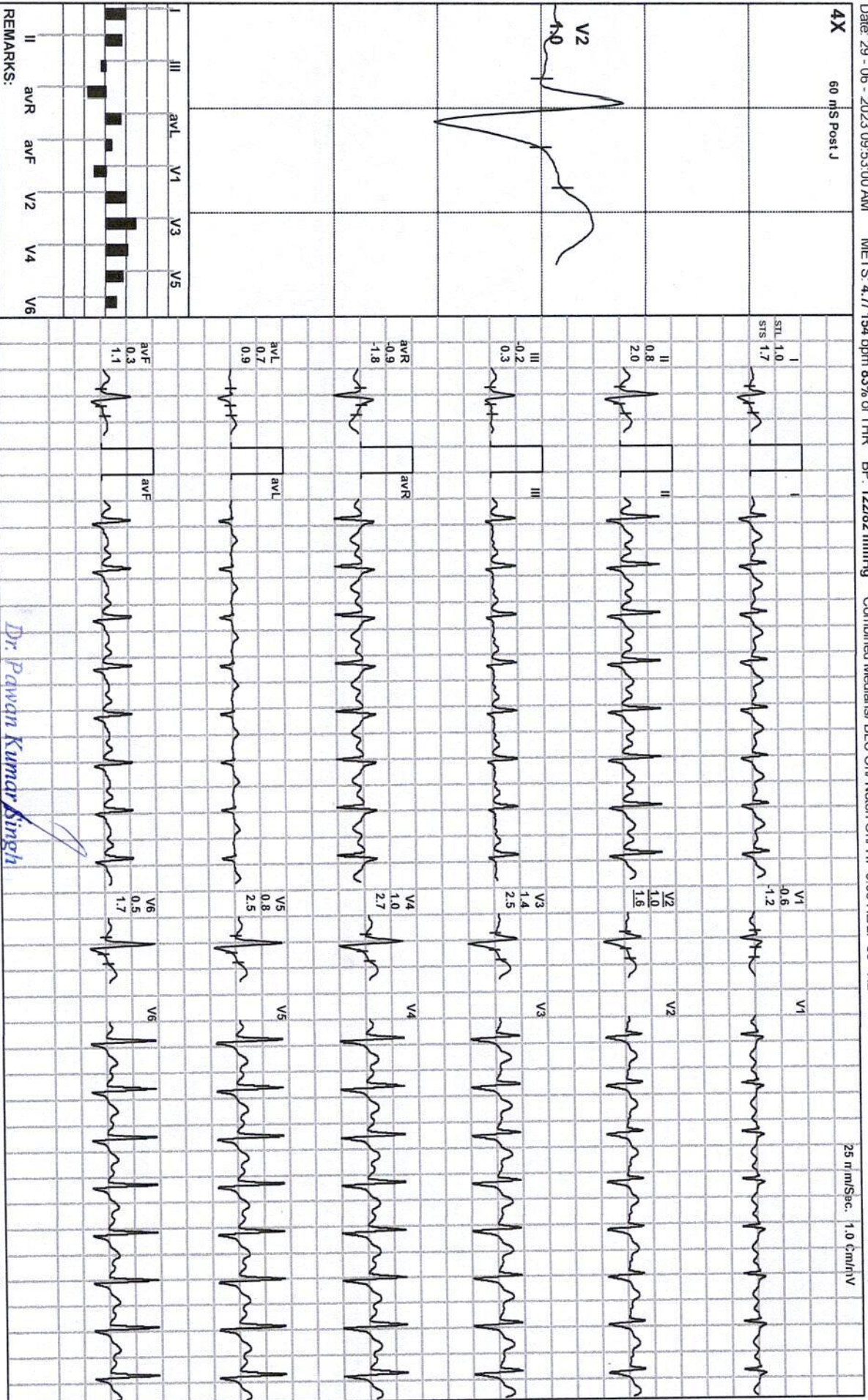


30 / MUKUL ANAND SRIVASTAVA / 34 YRS / M / 167 Cms / 81 Kg / HR : 154

Date: 29 - 06 - 2023 09:53:00 AM METS: 4.7/ 154 bpm 83% of THR BP: 122/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HzLF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%

25 r/m/Sec. 1.0 cm/rV



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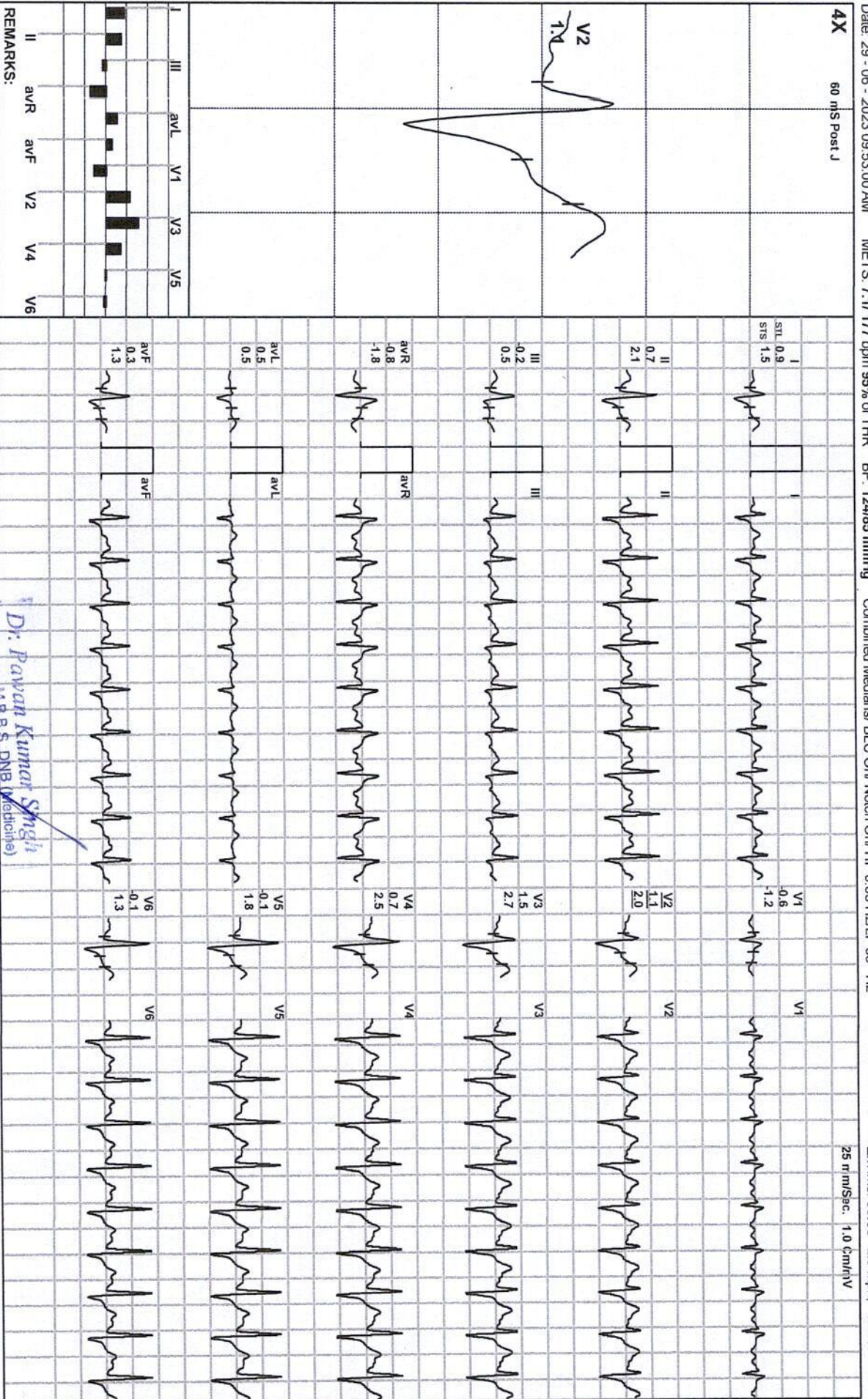




30 / MUKUL ANAND SRIVASTAVA / 34 YRS / M / 167 Cms / 81 Kg / HR : 177

Date: 29 - 06 - 2023 09:53:00 AM METS: 7.1/ 177 bpm 95% of THR BP: 124/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%



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30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 189

Date: 29 - 06 - 2023 09:53:00 AM

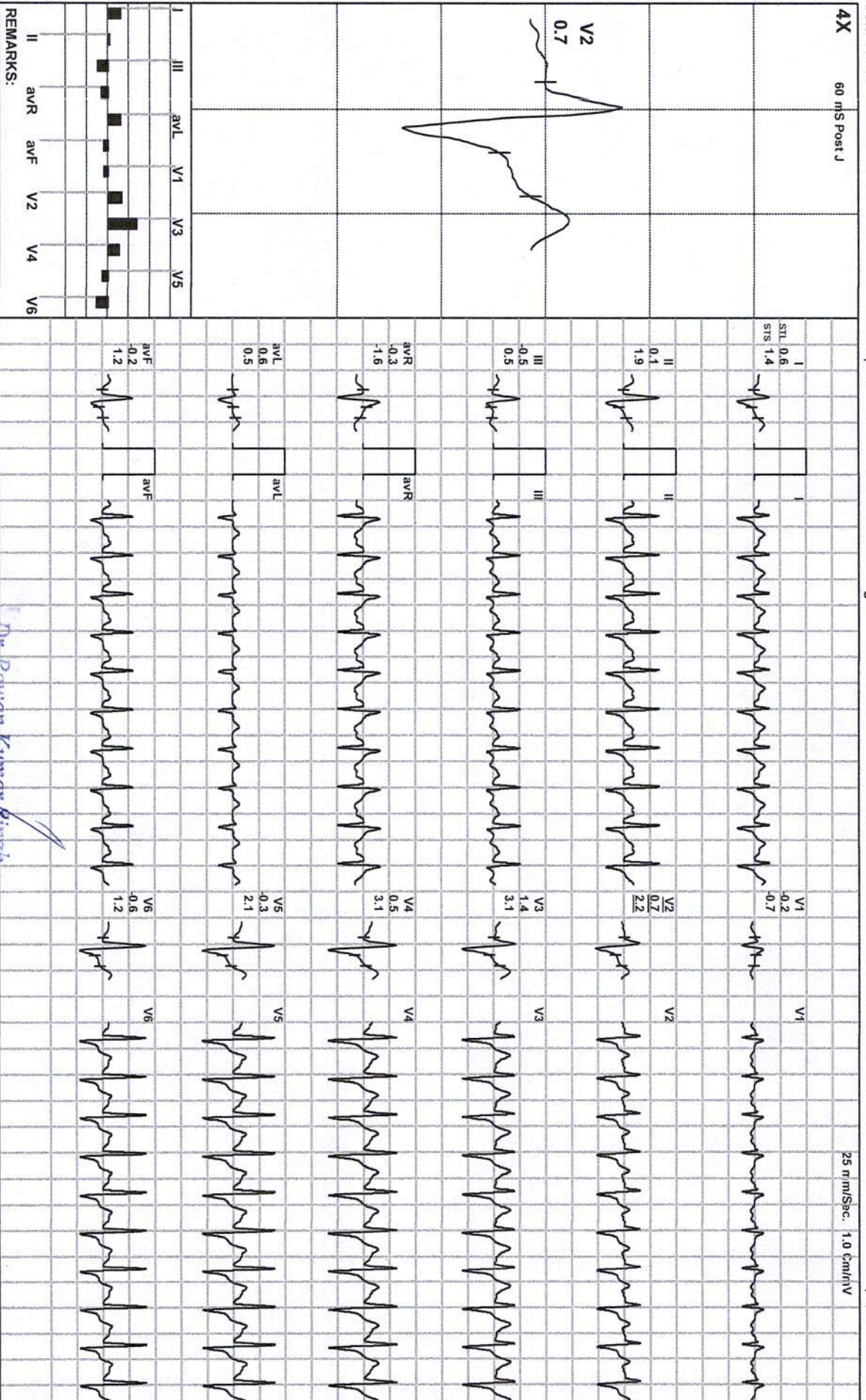
METS: 10.2 / 189 bpm 102% of THR

BP: 126/88 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 m/s Post J

ExtTime: 09:00 3.4 mph, 14.0%



REMARKS:

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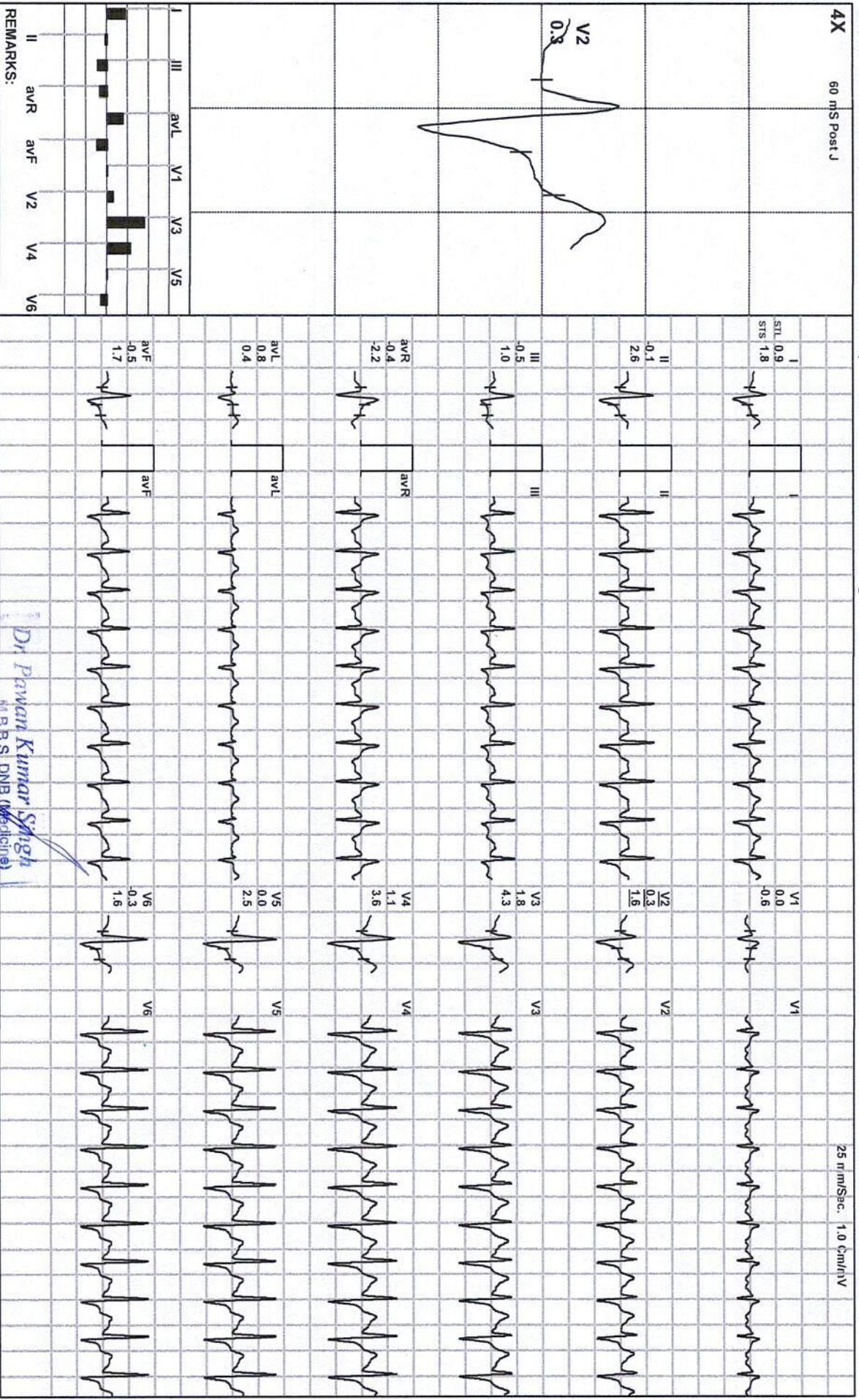
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30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 189

Date: 29 - 06 - 2023 09:53:00 AM METS: 10.4/ 189 bpm 102% of THR BP: 126/88 mmHg Combined Medians/ BLC Or/ Natch Or/ HF 0.05 Hz/ LF 35 Hz ExtTime: 09:08 4.2 mph, 16.0%



REMARKS:

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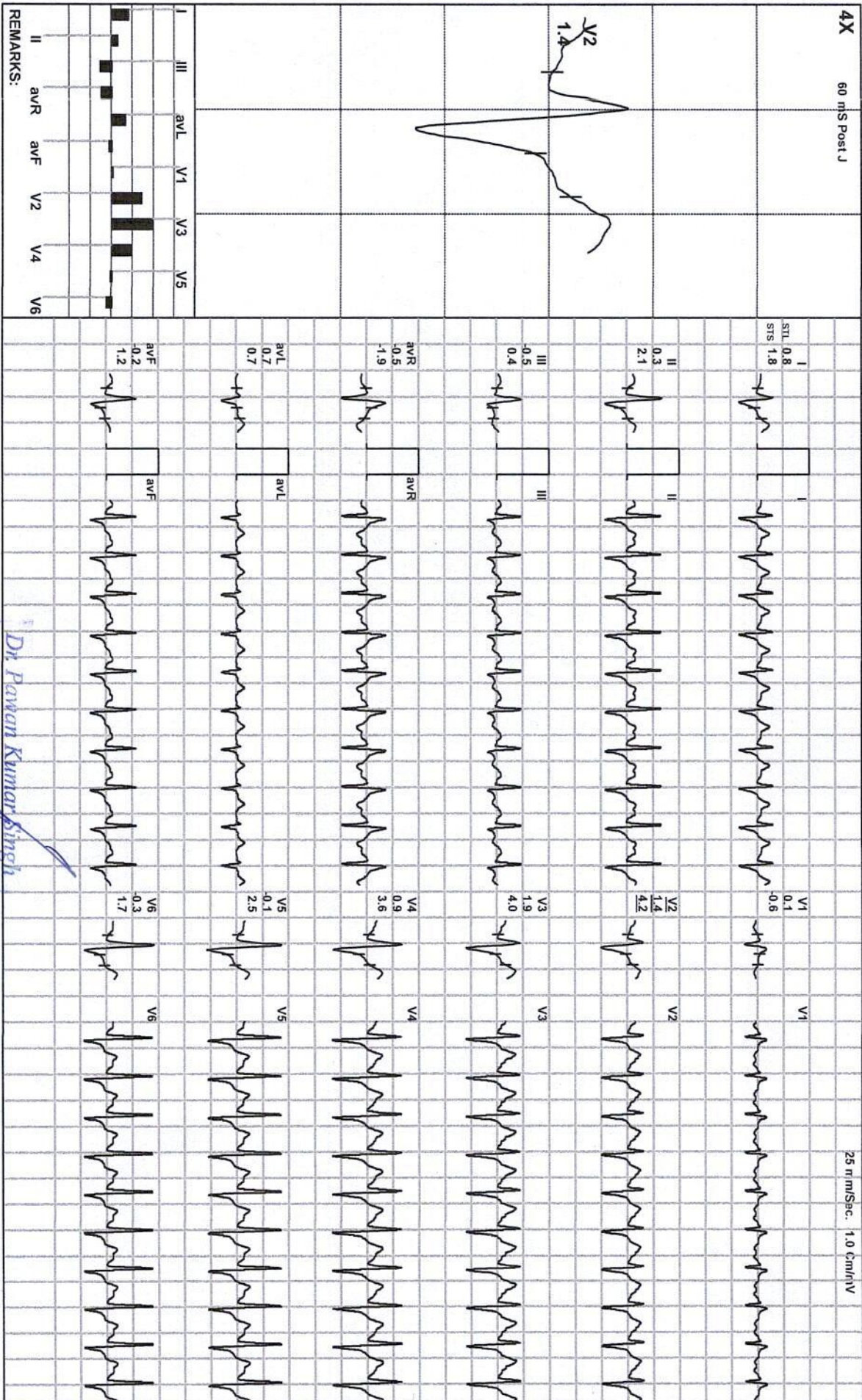




30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 185

Date: 29 - 06 - 2023 09:53:00 AM METS: 7.3/ 185 bpm 99% of THR BP: 126/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZL/F 35 Hz

ExTime: 09:08 1.1 mph, 0.0%



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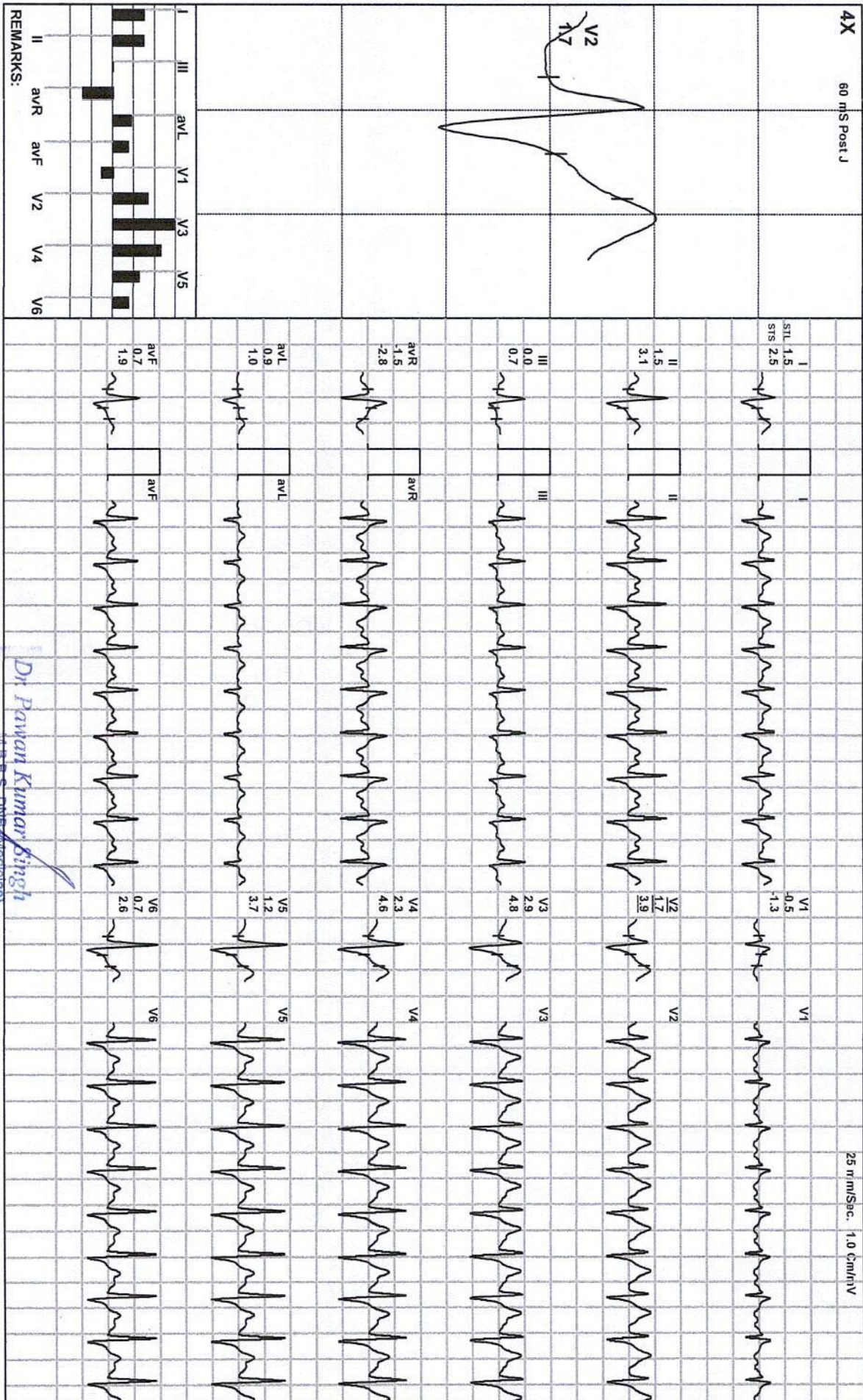




30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 176

Date: 29 - 06 - 2023 09:53:00 AM METS: 4.3/ 176 bpm 95% of THR BP: 128/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

ExtTime: 09:08 1.1 mph, 0.0%



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30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg / HR : 174

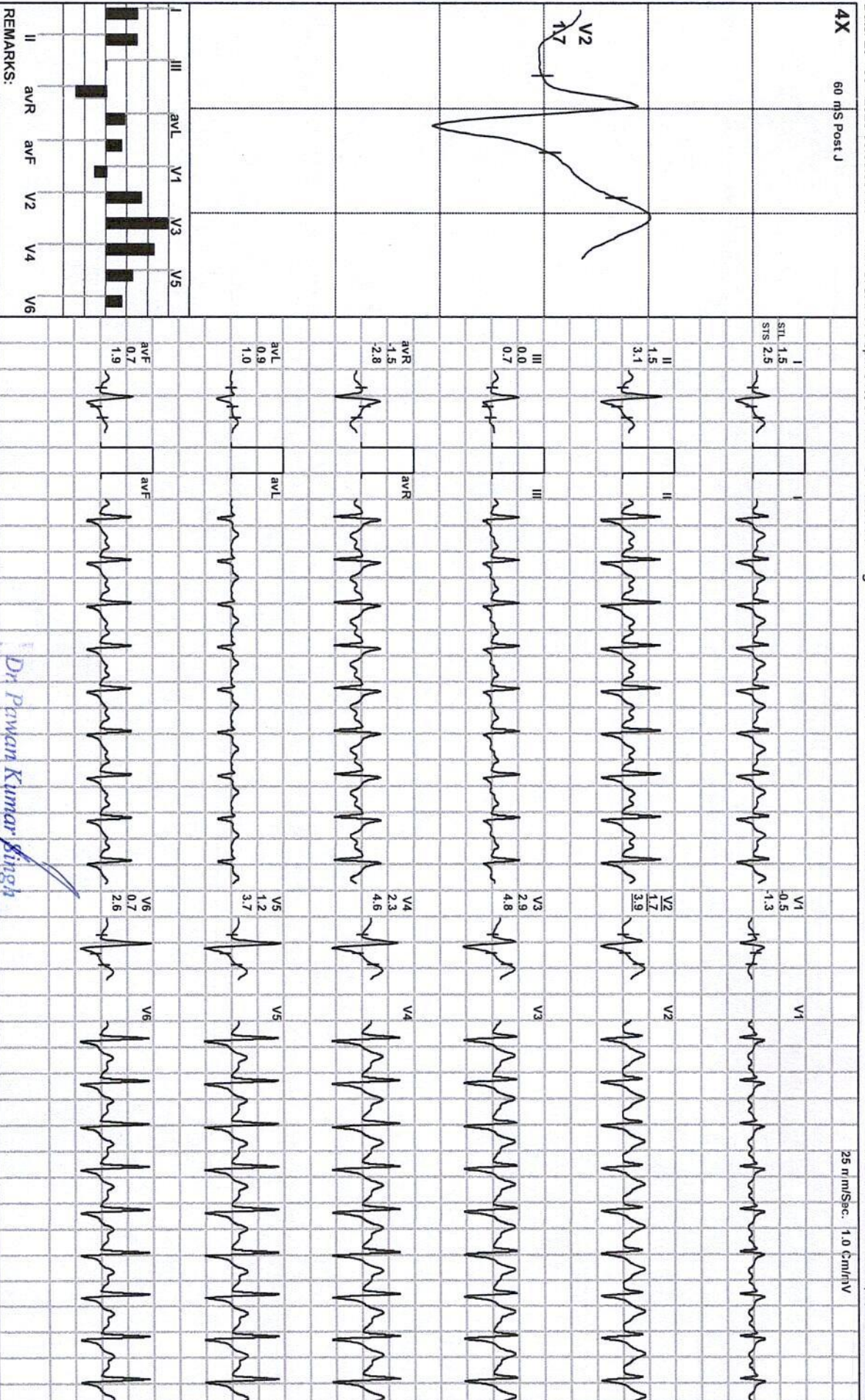
Date: 29 - 06 - 2023 09:53:00 AM

METS: 3.4/ 174 bpm 94% of THR

BP: 128/90 mmHg

Combined Medians/ BLC Or/ Notch Or/ HF 0.05 HZ/LF 35 HZ

ExTime: 09:08 0.0 mph, 0.0%



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**JPK HOSPITAL AND TRAUMA CENTER**

SULTANPUR Email:

Report



30 / MUKUL ANAND SRIVASTAVA / 34 Yrs / M / 167 Cms / 81 Kg  
 Date: 29 - 06 - 2023 09:53:00 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:08	0:08	00.0	00.0	01.0	156	84 %	120/80	187	00	
Standing	00:12	0:04	00.0	00.0	01.0	156	84 %	120/80	187	00	
HV	00:17	0:05	00.0	00.0	01.0	141	76 %	120/80	169	00	
Warm Up	00:21	0:04	00.0	00.0	01.0	131	70 %	120/80	157	00	
ExStart	00:33	0:12	00.0	00.0	01.0	121	65 %	120/80	145	00	
BRUCE Stage 1	03:33	3:00	01.7	10.0	04.7	154	83 %	122/82	187	00	
BRUCE Stage 2	06:33	3:00	02.5	12.0	07.1	177	95 %	124/85	219	00	
BRUCE Stage 3	09:33	3:00	03.4	14.0	10.2	189	102 %	126/88	238	00	
PeakEx	09:41	0:08	04.2	16.0	10.4	189	102 %	126/88	238	00	
Recovery	10:11	0:30	01.1	00.0	07.3	185	99 %	126/88	233	00	
Recovery	10:41	1:00	01.1	00.0	04.3	176	95 %	128/90	225	00	
Recovery	10:49	1:08	00.0	00.0	03.4	174	94 %	128/90	222	00	

**FINDINGS :**

Exercise Time : 09:08  
 Initial HR (ExStrt) : 121 bpm 65% of Target 186  
 Initial BP (ExStrt) : 120/80 (mm/Hg)  
 Max Workload Attained : 10.4 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -0.7 mm in Recovery  
 Duke Treadmill Score : 09.2  
 Test End Reasons : Test Complete  
 VO2Max : 36.4 ml/Kg/min (Fair)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

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Doctor : DR PAWAN KUMAR SINGH



OTHER INVESTIGATION : NO  
REASON FOR TERMINATION : TEST COMPLETE  
EXERCISE TOLERANCE : GOOD  
EXERCISE INDUCED ARRHYTHMIAS : NO  
HAEMODYNAMIC RESPONSE : NORMAL  
CHRONOTROPIC RESPONSE : NORMAL  
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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