

Name : Mr. SETHURAJA .B (42 /M)

Date : 16/02/2023

Address : NO:22/4 VENUS NAGAR, WIRELESS ROAD, AIRPORT, TIRUCHIRAPPALLI,
TIRUCHIRAPPALLI, TAMIL NADU, INDIA

Examined by: Dr .AHC DOCTOR TRICHY

UHID : AT01.0000091359

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE
40YRS

AHC No : TRYMH43851



CHIEF COMPLAINTS

For general health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma
Diabetes mellitus Since - 2 YEARS;
Medication - regular; - NOT KNOWN MEDICINE
Dyslipidaemia Since - 5 YEARS;
Medication - regular; - TAB. ROSUVAS; 5MG HS,



DRUG ALLERGY

NO KNOWN ALLERGY :16/02/2023



Past medical history

Do you have any allergies? - Yes
Allergies - dust
Do you have any drug allergies? - No
Covid 19 - Yes
Hospitalization for Covid 19 - No
Oxygen support - No
Ventilator support - No

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
No. of children - 1
Female - 1
Profession - corporate employed

Diet - Mixed Diet
Alcohol - stopped consuming alcohol
Stopped consuming alcohol for - 1 YEAR BACK
Smoking - Ex.Smoker
Stopped since - YEARS OLD
Chews tobacco - No
Chews paan - No
Physical activity - Active



Family history

Father - has expired
Mother - alive
Aged - 63 YEARS OLD
Brothers - 1
Diabetes - father,mother
Hypertension - father
Coronary artery disease - father
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 175
Weight - 68.70
BMI - 22.43
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 92
Rhythm - Regular
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

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Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal

Printed By : Elvis Matthew Gomes

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ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm/1st hr	●	0-15

Blood Group	B
Rh (D) Type:	POSITIVE

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
pH	5.5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Nil	/hpf		0-5
Pus Cells	1-2 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Absent			

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
ALT(SGPT)	23	U/L	●	Adult Male : < 45
Globulin - Serum: (Calculated)	2.4	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	85	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	20	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	0.6	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	151	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	15.6	gm%	●	13.0-18.0
Packed cell volume(Calculated)	46.1	%	●	40-54
WBC Count	5.78	10 ⁹ /m ³	●	4-11
Platelet Count	319	10 ⁹ /m ³	●	150-450
Neutrophils	50	%	●	40-80
Lymphocytes	40	%	●	20-40
Eosinophils	06	%	●	01-06
Monocytes	04	%	●	2-10

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	1.1	mg/dL	●	Male: 0.9 - 1.3

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	32	U/L	●	Male: < 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	155 *	mg/dL	●	70 - 100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
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BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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Glucose - Serum / Plasma (Post Prandial) 143 * mg/dL ● < 140

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 2.6 ● < 4.5

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated Hemoglobin (HbA1c) 6.7 * % ● 4 - 6 % (NGSP)

TOTAL T3 T4 TSH

Test Name Result Unit Level Range
TSH: Thyroid Stimulating Hormone 1.19 µIU/mL ● Adults(21 - 54 Years): 0.5 - 5.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL Cholesterol 59 mg/dL ● Low: <40 High: >=60
LDL Cholesterol (Direct LDL) 91 mg/dL ● Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
Urea 15 mg/dL ● Adult: 13 - 43

URIC ACID - SERUM

Test Name Result Unit Level Range
Uric Acid - Serum 4.7 mg/dL ● Adult Male: 3.5 - 7.2

LIVER FUNCTION TEST WITH GGTP

Test Name Result Unit Level Range
Protein Total - Serum 6.8 g/dL ● >2 Year: 6.0 - 8.0
Albumin - Serum 4.4 g/dL ● Adult(20 - 60 Yr): 3.5 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name Result Unit Level Range
Bilirubin Conjugated - Serum 0.2 mg/dL ● 0.0-0.2
Bilirubin Unconjugated - Serum (Calculated) 0.4 mg/dL ● 0.0-1.0

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
Prostatic Specific Antigen (PSA Total) 0.37 ng/mL ● Healthy Men: <= 4.0 Males: 40-49 yrs: 0 - 2.5 50-59 yrs: 0 - 3.5 60-69 yrs: 0 - 4.5 70-79 Yrs: 0 - 6.5

TOTAL T3 T4 TSH

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 118.40 ng/dL ● Adults(20-50 Yrs Male): 70 - 204
TOTAL T4: THYROXINE - SERUM 9.1 µg/dL ● Adults(15-60 Yrs Male): 4.6 - 10.5

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
Triglycerides - Serum 165 * mg/dL ● Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.0 mg/dL ● Adult : 6 - 20

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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TRIGLYCERIDES/HDL 2.8
CHOLESTROL

2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY
LEFT VENTRICLE NORMAL IN SIZE
NORMAL LEFT VENTRICULAR FUNCTION
NO LV CLOT
TRIVIAL MITRAL REGURGITATION
TRIVIAL AORTIC REGURGITATION
TRIVIAL TRICUSPID REGURGITATION
NO PULMONARY ARTERY HYPERTENSION
NO PERICARDIAL EFFUSION
IAS/IVS INTACT

ULTRASOUND - WHOLE ABDOMEN

- Grade I fatty liver.
- Right renal simple cortical cyst.
- Left renal calculus.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY



ECG

X Ray

X-RAY CHEST PA


 Within Normal Range  Borderline High/Low  Out of Range

Executive Summary


 Diabetes Mellitus with HBA1C =6.7
 Dyslipidemia

Wellness Prescription

Advice On Diet :-

 Diabetic diet
Low fat diet


Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

Medications

TAB. Metformin 500 mg 1-0-1

Follow-up and Review Plan

 Regular Diabetology follow up and to repeat FBS,PPBS , HbA1c in 3months and review
To repeat lipid profile after 3 months



Scan the QR code
in AskApollo App
to book your
follow-up
appointments and
investigations

Dr.AHC DOCTOR TRICHY

AHC Physician / Consultant Internal Medicine

Printed By : Elvis Matthew Gomes

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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