

Name : Mrs. NITHYASRI V K (27 /F)

Date : 25/02/2023

Address : CROSS STREET MANNACHANALLUR, TIRUCHIRAPPALLI, TIRUCHIRAPPALLI,
TAMIL NADU, INDIA

Examined by: Dr .AHC DOCTOR TRICHY

UHID : AT01.0000221448

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE BELOW
40YRS

AHC No : TRYMH44103



CHIEF COMPLAINTS

For general health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:25/02/2023



SYSTEMIC REVIEW

Gynaec history

Last menstrual period - 24/02/2023; Periods -
regular; No of Children - 1; Deliveries - normal
vaginal delivery



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
No. of children - 1

Female - 1
Occupation - house wife
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Chews paan - No
Physical activity - Sedentary



Family history

Father - alive
Aged - 59 YERAS OLD
Mother - alive
Aged - 53 YERAS OLD
Brothers - 1
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - normal
Height - 158
Weight - 57.85
BMI - 23.17
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 74
Rhythm - Regular
Systolic(mm of Hg) - 100
Diastolic(mm of Hg) - 60
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds

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 **Abdomen**

Organomegaly - No

Tenderness - No

Printed By : Elvis Matthew Gomes

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ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-20

Blood Group A
Rh (D) Type: POSITIVE

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.010 *		●	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Slightly Turbid			
pH	6 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	Plenty	/hpf		0-5
Pus Cells	2-4 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Positive			

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
ALT(SGPT)	24	U/L	●	Adult Female : <34
Globulin - Serum: (Calculated)	2.7	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	66	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	23	U/L	●	Adult Female: <31
Bilirubin, Total - Serum	0.6	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	161	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	12.7	gm%	●	11.5-16.5
Packed cell volume(Calculated)	39.6	%	●	37-47
WBC Count	6.43	10 ⁹ /m ³	●	4-11
Platelet Count	346	10 ⁹ /m ³	●	150-450
Neutrophils	63	%	●	40-80
Lymphocytes	30	%	●	20-40
Eosinophils	02	%	●	01-06
Monocytes	05	%	●	2-10

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.9	mg/dL	●	Female: 0.6 - 1.1

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	18	U/L	●	Female: < 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	89	mg/dL	●	70 - 100

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
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GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	98	mg/dL	●	< 140

TOTAL T4: THYROXINE - SERUM	5.9	µg/dL	●	Adults(15-60 Yrs Female): 5.5 - 11.0
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GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.5	%	●	4 - 6 % (NGSP)

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	72	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL Cholesterol	46	mg/dL	●	Low: <40 High: >=60

Total Cholesterol / HDL Cholesterol Ratio (Calculated)	3.5		●	< 4.5
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LDL Cholesterol (Direct LDL)	101	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190
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TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	1.51	µIU/mL	●	Adults(21 - 54 Years): 0.5 - 5.0 Pregnancy: First Trimester: 0.3 - 4.5 Second Trimester: 0.5 - 4.6 Third Trimester: 0.8 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.0	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.3	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Urea	27	mg/dL	●	Adult: 13 - 43

TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	76.49	ng/dL	●	Adults(20-50 Yrs Female): 70 - 204 Pregnancy: First Trimester: 81-190 Second Trimester : 100 - 260 Third Trimester: 100 - 260

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	2.9	mg/dL	●	Adult Female: 2.6 - 6.0

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.2	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.4	mg/dL	●	0.0-1.0

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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BUN (BLOOD UREA NITROGEN) 12.6 mg/dL ● Adult : 6 - 20

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES/HDL CHOLESTROL	1.5			

2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY
LEFT VENTRICLE NORMAL IN SIZE
NORMAL LEFT VENTRICULAR FUNCTION
NO LV CLOT
TRIVIAL MITRAL REGURGITATION
TRIVIAL TRICUSPID REGURGITATION
NO PULMONARY ARTERY HYPERTENSION
NO PERICARDIAL EFFUSION
IAS/IVS INTACT

ULTRASOUND - WHOLE ABDOMEN

NO SIGNIFICANT ABNORMALITY DETECTED.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR

CARDIOLOGY


ECG

X Ray

X-RAY CHEST PA


● Within Normal Range ● Borderline High/Low ● Out of Range

Executive Summary


 Physical examination and tests in the package do not reveal any significant abnormality

Wellness Prescription


Advice On Diet :-

 Well-balanced diet

Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

Follow-up and Review Plan

 Annual health check



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : Elvis Matthew Gomes

Dr.AHC DOCTOR TRICHY
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.