

Name : Mr. KESHAV KUMAR (34 /M)

Date : 12/01/2023

Address :

Examined by:

UHID : AMHL.0002074698

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164913



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY : 12/01/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms -  
bloating; Bowel habits - regular; Piles - no; Hernia -  
no

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Do you have any - No  
allergies?

Do you have any drug - No  
allergies?

Covid 19 - No



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

No. of children - 1

Female - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 1

Coronary artery  
disease - none

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Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 162  
Weight - 73  
BMI - 27.82  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 76  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 102  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.5	g/dl	●	13.0-17.0
RBC COUNT	4.89	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.4	%	●	41-53
MCV	86.8	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	34.1	%	●	31.5-34.5
RDW	13.2	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	1.90	lacs/cu mm	●	1.5-4.0
Neutrophils	61	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	63 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	83	U/L	●	53-128
AST (SGOT) - SERUM	41	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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CHOLESTEROL - SERUM 162 mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 22 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.9 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 36 U/L ● 7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 8.7 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 86 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 148 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 95 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 8.6 \* µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.6 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.4 mg/dL ● 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 44 mg/dL ● 30-70

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LDL CHOLESTEROL -SERUM 96 mg/dL ● Optimal: <100

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 10.0 mg/dL ● 7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.