

# M.P. Nursing Home

Research & Diabetic Care Centre

Opp. Tarun Talkies, Shankar Nagar Road,  
Durg (C.G.) 491001. Reg. No. 92/2263 F.R.  
Mob. : 98271 60949, 9303939305



Authorization -  
SBI Life Insurance  
New India Assurance Comp Ltd  
Bajaj Allianz Reliance  
ICICI Lombard LIC  
T.T.K. Health Service India  
Birla MD India, Max IDBI, MD India,  
Bharti Canara BPL (Smart Card)  
National F.P. Work of Govt  
Cash Less Treatment

SARVAJEET Singh Thakur  
01/04/2023

## PHYSICAL EVALUATION

DATE:- 01/04/2023

POLICY NO.:- PKG 10000 227

CLIENT NAME:- SARVAJEET SINGH THAKUR.

AGE / SEX:- 34.4 / M  
HEIGHT:- 167.5 cm  
WEIGHT:- 68.4 kg  
BLOOD PRESSURE:- 110/60 mmHg  
PULSE:- 60/min  
CVS SYSTEM:- S<sub>1</sub>S<sub>2</sub> Heard  
ABDOMEN:- Soft (normal)  
CNS SYSTEM:- Normal  
SPO2:- 99%  
NEAR VISION :- 6/6 both eyes  
COLOUR VISION:- Normal  
DENTAL:- oral hygiene well maintained  
ENT:- Normal  
SKIN:- Normal

REMARK:- He is Medically & physically fit.

## CLIENT SIGNATURE

*Sarjaet*

*[Signature]*  
M.P. Nursing Home  
(Dr. Bhatia)  
Durg (C.G.)

# M.P. NURSING HOME

NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)

## PATHOLOGY DEPARTMENT

NAME :- SARVAJEET SINGH THAKUR AGE:-34YRS SEX:-MALE DATE:-01/04/2023

( PAGE 1 )

| CBS & ESR        | RESULT | NORMAL RANGE (IN ADULT)             | SPECIAL TEST |                    |
|------------------|--------|-------------------------------------|--------------|--------------------|
|                  |        |                                     | RESULT       | NORMAL RANGE       |
| Hb               | 14.2   | gm% Male 12-18, Female 11-16.5      | MCV          | 82<br>80-96FL      |
| TLC              | 6500   | 4000-11000/Cell/Cu.mm               | RDW          | 43<br>39-46FL      |
| NEUTROPHIL       | 58     | 40-75%                              | PCV          | 46<br>35-55%       |
| LYMPHOCYTE       | 29     | 20-45%                              | MCH          | 29<br>27-33PG      |
| EOSINOPHIL       | 05     | 1-6%                                | MCHC         | 32<br>32-36GM/DL   |
| MONOCYTE         | 08     | 1-10%                               | MPV          | 7.10<br>6.5 -11.0  |
| RBC              | 4.21   | 3.5-6.0 mill/Cu.mm.                 | PWD          | 14<br>10-18        |
| Platelet Count   | 2.10   | 1.5 - 4.5 Lacks/Cu.mm.              | B.T.         | 2.26<br>01-06 MINT |
| Peripheral Smear | NORMAL | Normal/Macro /Microcyte/Hypochromia | C.T.         | 7.13<br>06-10 MINT |
| ESR              | 13     | Male - 0-15, Female 0-20 mm/hr      |              |                    |

| LIPID PROFILE       | RESULT | NORMAL RANGE (IN ADULT)              |
|---------------------|--------|--------------------------------------|
| SERUM CHOLESTEROL   | 158    | 130-250 MG/DL                        |
| SERUM TRIGLYCERIDES | 101    | 60-150 MG/DL                         |
| HDL Cholesterol     | 50     | MALE 45-65 MG/DL, FEMALE 35-55 MG/DL |
| LDL Cholesterol     | 97     | 60-150 MG/DL                         |
| VLDL                | 32     | 20-50 MG/DL                          |
| CHOLESTEROL/HDL     | 3.16   | 3-5                                  |
| LDL/HDL             | 1.94   | 2-3.3                                |

| LIVER FUNCTION TEST               | RESULT | NORMAL RANGE (IN ADULT)           |
|-----------------------------------|--------|-----------------------------------|
| BILIRUBIN(Direct/Conjugated)      | 0.12   | UP TO 0.25 MG/DL                  |
| BILIRUBIN (Indirect/UNCONJUGATED) | 0.27   | UP TO 0.75 MG/DL                  |
| BILIRUBIN (Total)                 | 0.39   | UP TO 1.0 MG/DL                   |
| SGOT/AST                          | 25     | FEMALE 10-31IU/L, MALE 10-35 IU/L |
| SGPT/ALT                          | 28     | 0-40 IU/L                         |
| ALP (Alkaline Phosphate)          | 161    | ADULT 108-306 IU/L                |
| G.G.T.P                           | 30     | MALE 8-61 IU/L,, FEMALE 5-36 IU/L |
| AST/ALT RATIO                     | 0.89   | LESS THAN 1                       |

| KFT/RFT            | RESULT | NORMAL RANGE                | URINE EXAMINATION (RUA)                                  |
|--------------------|--------|-----------------------------|--|
| SERUM CREATININE   | 0.75   | 0.6-1.4 MG/DL               |  |
| UREA/BUN           | 14     | 10-50 MG/DL                 | Reaction :- ACIDIC ,, Albumin:-NIL                       |
| ALBUMIN            | 3.92   | 3.2-5.5 GM/DL               | (F)Sugar:-NIL ,, (PP)Sugar:-NIL                          |
| GLOBULIN           | 2.83   | 2.3-3.6 GM/DL               | <b>MICROSCOPIC</b>                                       |
| TOTAL PROTEIN      | 6.75   | 6.0-8.0 GM/DL               | Pus cell :- NIL ,, Casts :-NIL,, Crystals :- NIL         |
| Uric Acid          | 2.90   | 2.5-7.5 MG/L                | RBC :-NIL ,, Epithelial Cells :-NIL                      |
| A/G RATIO          | 1.38   | 1.0-2.5                     |  |
| BUN/CREATINE RATIO | 18.67  | BETWEEN 10 TO 1 AND 20 TO 1 | <b>URINE SPECIFIC GRAVITY:-1.015</b><br>(1.010 to 1.025) |

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 NEAR TARUN TALKIES, SHANKAR NAGAR ROAD, DURG (C.G.)  
**PATHOLOGY DEPARTMENT**

NAME :- SARVAJEET SINGH THAKUR    AGE:-34YRS    SEX:-MALE    DATE:-01/04/2023

**(PAGE 2)**

**STOOL TEST**

**1. Physical EXAMINATION:-**

Colour :-YELLOWISH    ,, PARASITES:-ABSENT  
 Consistency:-SOLID    ,, Mucus:-ABSENT    ,, Blood:-ABSENT,, PUS:-ABSENT

**2. MICROSCOPIC EXAMINATION:-**

Protozoa:-ABSENT    ,, FAT DROPLETS:- ABSENT,,, YEAST CELLS:- ABSENT  
 Pus Cells:-ABSENT    ,, RBC's:- ABSENT,,, CYSTS:- ABSENT  
 VEGETABLE CELLS:- ABSENT,, EPITHELIAL CELLS:- ABSENT,, MACROPHAGES:- ABSENT

**3. CHEMICAL EXAMINATION:-**

PH:-ALKALINE    ,, OCCULT BLOOD :-ABSENT

**STOOL TEST RESULT:- TEST IS NEGATIVE**

| OTHER TESTS | RESULT | NORMAL RANGE             |
|-------------|--------|--------------------------|
| FBS         | 93     | UP TO - 120 mg/dl        |
| PPBS        | 112    | UP TO - 180 mg/dl        |
| HBA1C       | 4.95   | 4-7 %                    |
| HBs Ag      | (-VE)  | -VE/+VE (Elisa)          |
| HIV 1 & 2   | (-VE)  | -VE/+VE (Elisa) (Tridot) |

**BLOOD GROUP:- "B" +VE**

| THYROID PROFILE | RESULT      | NORMAL RANGE         |
|-----------------|-------------|----------------------|
| T3              | 79 NG/ML    | 60-181    NG/ML      |
| T4              | 4.87 MG/DL  | 4.5-12    MG/DL      |
| TSH             | 1.36 MIU/ML | 0.49- 4.67    MIU/ML |

*(Signature)*  
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 (Dr. Bhatia)  
 DURG (C.G.)

# DEPARTMENT OF RADIOLOGY

M.P.NURSING HOME ,DURG(C.G.)

NAME:- SARVAJEET SINGH THAKUR AGE :-34YRS/M

DATE:-01/04/2023

## ULTRASONOGRAPHY OF WHOLE ABDOMEN

**LIVER**:-IS NORMAL IN SIZE 15.1CM,SHAPE & BRIGHT IN ECHOTEXTURE.NO FOCAL OR DIFFUSE LESION SEEN.IHBR & CBD ARE NORMAL IN APPEARANCE

**PORTAL VEIN**:-IS NORMAL IN SIZE,HEPATOPETAL FLOW.

**IVC AND AORTA**:-SIZES NORMAL,RESPIRATORY VARIATIONS NORMAL

**GALL BLADDER**:- LUMEN IS WELL DISTENDED AND ECHOFREE.NO CASLCULUS OR SLUDGE IS SEEN

**SPLEEN**:-IS NORMAL IN SIZE,SHAPE AND ECHOTEXTURE.NO FOCAL LESION . SPLEEN VEIN NORMAL.

**PANCREAS** :- IS NORMAL IN SIZE AND ECHOTEXTURE.NO RETROPERITONEAL/PARAAORTIC LYMPHADENOPATHY.NO FREE FLUID SEEN IN PERITONEAL CAVITY.

**KIDNEYS** :-APPEARS NORMAL IN SIZE, SHAPE AND ECHOTEXTURE.CORTICAL THICKNESS AND CORTICOMEDULARY DIFFERENTIALY NORMAL. NO CALCULUS.NO HYDRONEPHROSIS

**PROSTATE**:-IS NORMAL IN SIZE AND VOLUME WITH NORMAL IN ECHOTEXTURE.

**URINARY BLADDER**:- SHOWS UNIFORM WALL THICKNESS AND ECHOFREE LUMEN.

### IMPRESSION :-

- > **FATTY LIVER GRADE 1**
- > **EXCESSIVE GAS SEEN**

*(Signature)*  
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(Dr. Bhatia)  
Durg (C.G.)

DEPARTMENT OF RADIOLOGY

M.P. NURSING HOME ,DURG(C.G.)

**NAME :- SARVAJEET SINGH THAKUR**

**AGE/SEX:- 34YRS / MALE**

**STUDY DATE:- 01/04/2023**

**X-RAY CHEST PA VIEW:-**

- .BILATERAL LUNG FIELDS APPEARS CLEAR AND FREE OF ANY INFILTRATES
- .CARDIAC AND MEDIASTINUM APPEARS NORMAL
- .BOTH HILA APPEARS NORMAL
- .BOTH COSTOPHRENIC ANGLES ARE CLEAR
- .BILATERAL DOME OF DIAPHRAGM ARE NORMAL IN CONTOUR
- .BONY CAGE IS NORMAL

**IMPRESSION:-NORMAL STUDY**

  
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Durg (C.G.)



M.P. NURSING HOME  
SHANKAR NAGAR ROAD  
DURG(C.G.)

Ward  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: SARVAJEET SINGH THAKUR  
Patient ID: 2023MW06  
Height:  
Weight:

DOB: 15/09/1988

Age: 34YRS  
Gender: Male  
Race:

Study Date: 01/04/2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. B. S. BHATIA  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

| Phase Name | Stage Name | Time in Stage | Speed (km/h) | Grade (%) | HR (bpm) | BP (mmHg) | Comment |
|------------|------------|---------------|--------------|-----------|----------|-----------|---------|
| PRETEST    | SUPINE     | 01:02         | 0.00         | 0.00      | 81       | 120/80    |         |
|            | STANDING   | 00:05         | 0.00         | 0.00      | 80       | 120/80    |         |
| EXERCISE   | STAGE 1    | 03:00         | 2.70         | 10.00     | 141      | 140/90    |         |
|            | STAGE 2    | 03:00         | 4.00         | 12.00     | 157      | 156/102   |         |
|            | STAGE 3    | 01:48         | 5.40         | 14.00     | 171      | 168/110   |         |
| RECOVERY   |            | 01:01         | 0.00         | 0.00      | 137      | 150/92    |         |

The patient exercised according to the BRUCE for 7:47 min:s, achieving a work level of Max. METS: 9.60. The resting heart rate of 98 bpm rose to a maximal heart rate of 173 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 168/110 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation

Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

### Conclusions

negative for induced ischaemia

Physician \_\_\_\_\_

Technician \_\_\_\_\_

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SARVAJEET SINGH THAKUR  
 Patient ID 2023MW06  
 01/04/2023 Male  
 9:56:13 34YRS  
 Meds:

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Tabular Summary

BRUCE Total Exercise Time 07:47  
 Max HR: 173 bpm 98% of max predicted 176 bpm  
 Max BP: 168/110 Maximum Workload: 9.60 METS  
 Max ST Level -0.95 mm in V5; EXERCISE STAGE 3 7:00

Reasons for Termination: Fatigue

Summary: Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.  
 Conclusion: negative for induced ischaemia  
 Location Number: \* 0 \*

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

| Phase Name | Stage Name | Time in Stage | Speed (km/h) | Grade (%) | Workload (METS) | HR (bpm) | BP (mmHg) | RPP (*100) | VE (/min) | ST Level V5(mm) | Comment |
|------------|------------|---------------|--------------|-----------|-----------------|----------|-----------|------------|-----------|-----------------|---------|
| PRETEST    | SUPINE     | 01:02         | 0.00         | 0.00      | 1.0             | 81       | 120/80    | 97         | 0         | 0.60            |         |
|            | STANDING   | 00:05         | 0.00         | 0.00      | 1.0             | 80       | 120/80    | 96         | 0         | 0.60            |         |
| EXERCISE   | STAGE 1    | 03:00         | 2.70         | 10.00     | 4.6             | 141      | 140/90    | 197        | 0         | 0.25            |         |
|            | STAGE 2    | 03:00         | 4.00         | 12.00     | 7.0             | 157      | 156/102   | 244        | 0         | 0.00            |         |
|            | STAGE 3    | 01:48         | 5.40         | 14.00     | 9.6             | 171      | 168/110   | 287        | 0         | -0.50           |         |
| RECOVERY   |            | 01:01         | 0.00         | 0.00      | 5.3             | 137      | 150/92    | 205        | 0         | 1.30            |         |

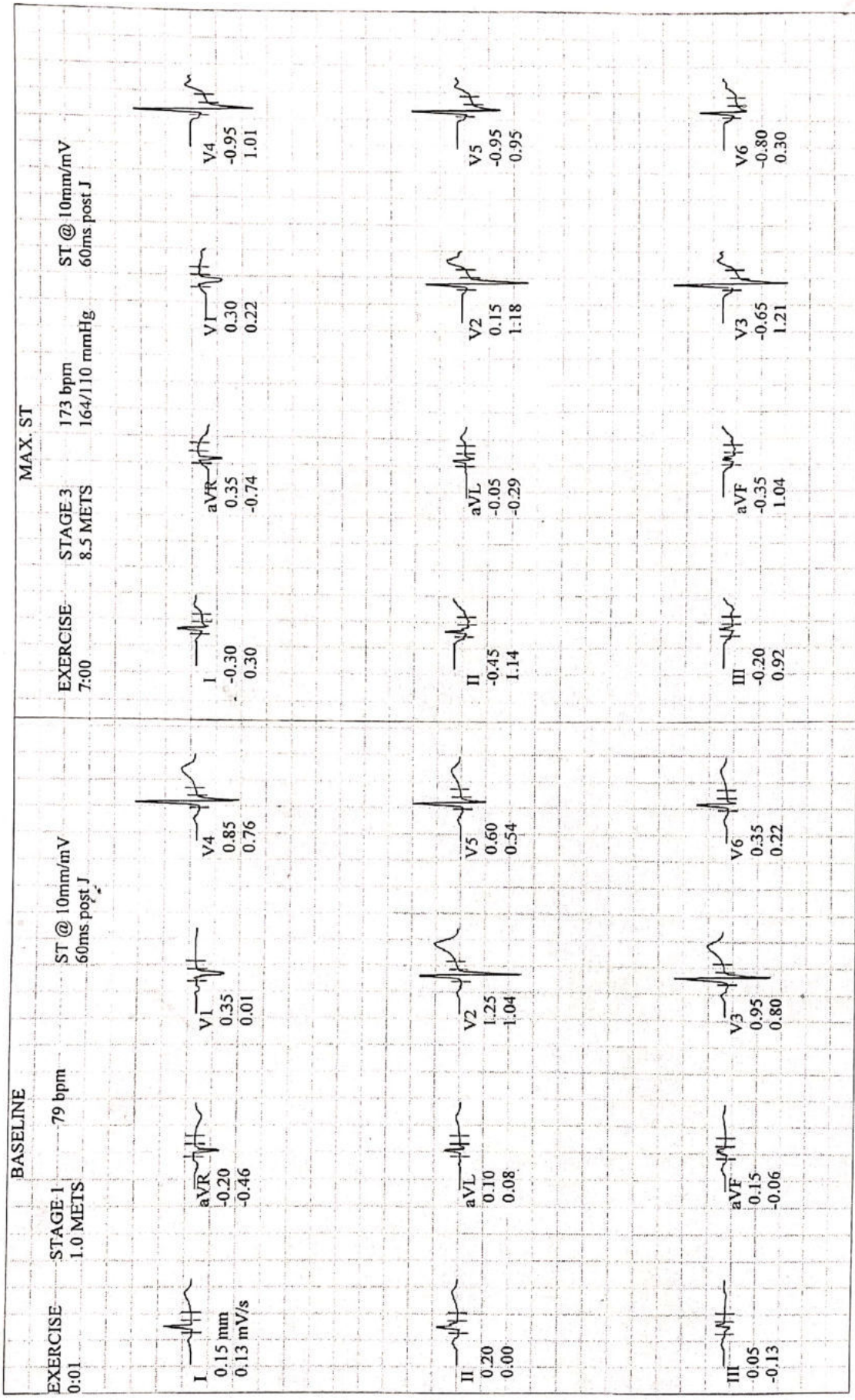




SARVAJEET SINGH THAKUR  
 Patient ID 2023MW06  
 01/04/2023  
 9:56:13

Graded Exercise Summary Report

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GE CardioSoft V6.51 (2)  
 25mm/s 10mm/mV 60Hz 0.01-40Hz FRF-

Unconfirmed

Attending MD: DR. B. S. BHATIA



SARVAJEET SINGH THAKUR  
Patient ID 2023MW06  
01/04/2023  
9:57:14

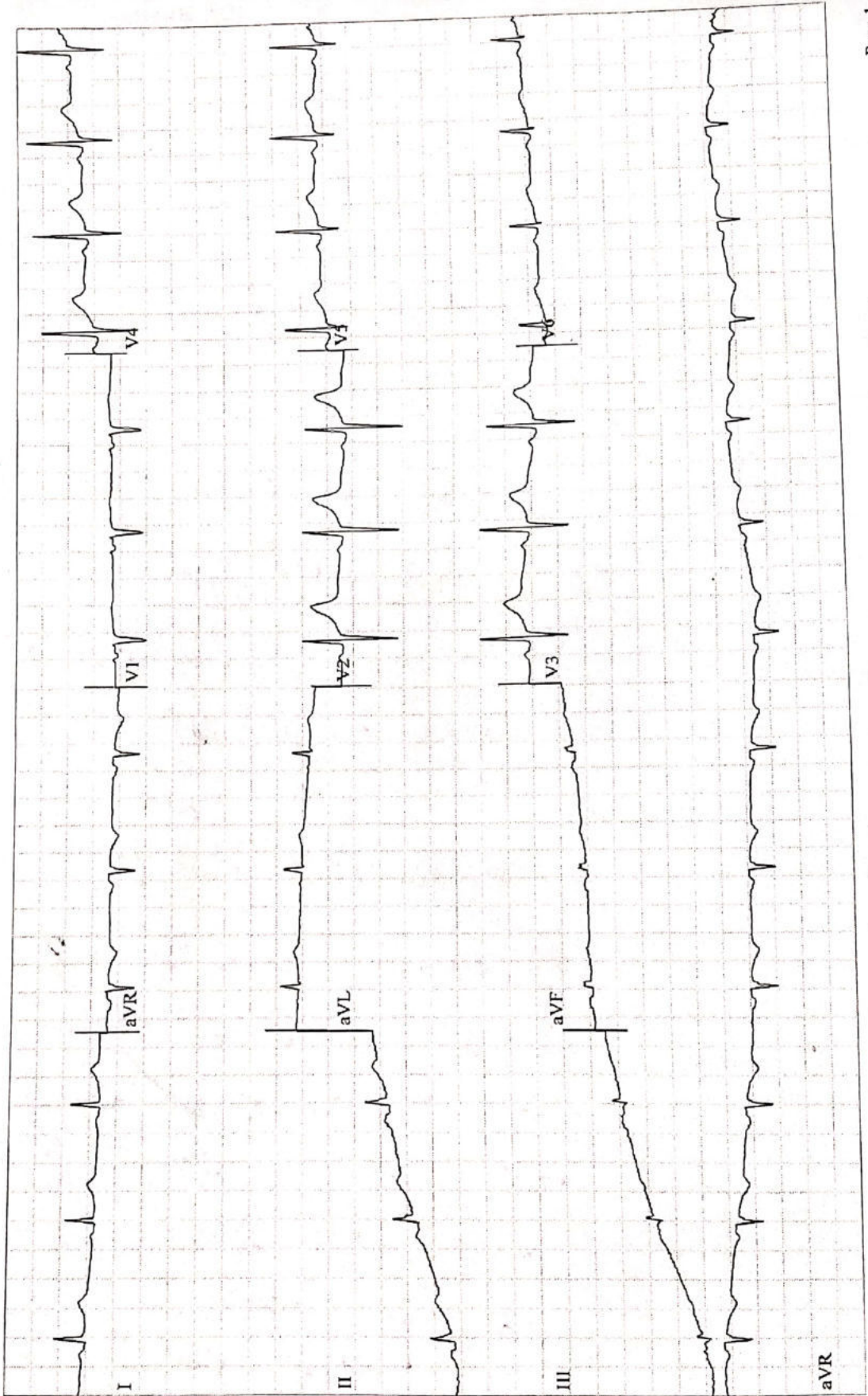
EXERCISE TEST / ECG Strips

81 bpm  
120/80 mmHg

PRETEST  
SUPINE  
1:00

BRUCE  
0.0 km/h  
0.0 %

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GE CardioSoft V6.51 (2)  
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V3, V2)

Unconfirmed

Attending MD: DR. B. S. BHATIA

SARVAJEET SINGH THAKUR  
Patient ID 2023MW06  
01/04/2023  
10:00:08

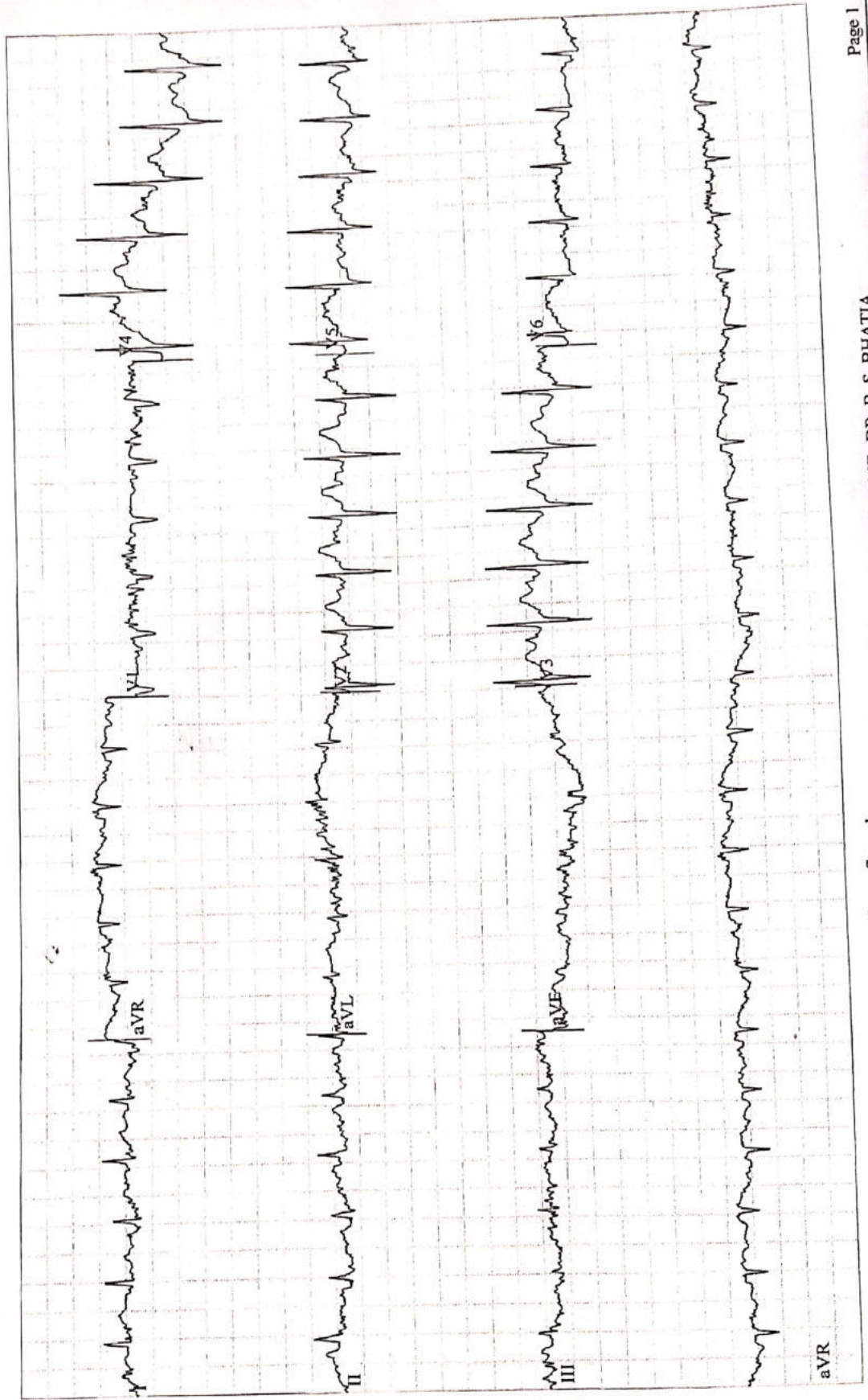
EXERCISE TEST / ECG Strips

142 bpm  
140/90 mmHg

EXERCISE  
STAGE 1  
2:50

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BRUCE  
2.7 km/h  
10.0 %



Unconfirmed

Attending MD: DR. B. S. BHATTIA



SARVAJEET SINGH THAKUR  
Patient ID 2023MW06  
01/04/2023  
10:03:08

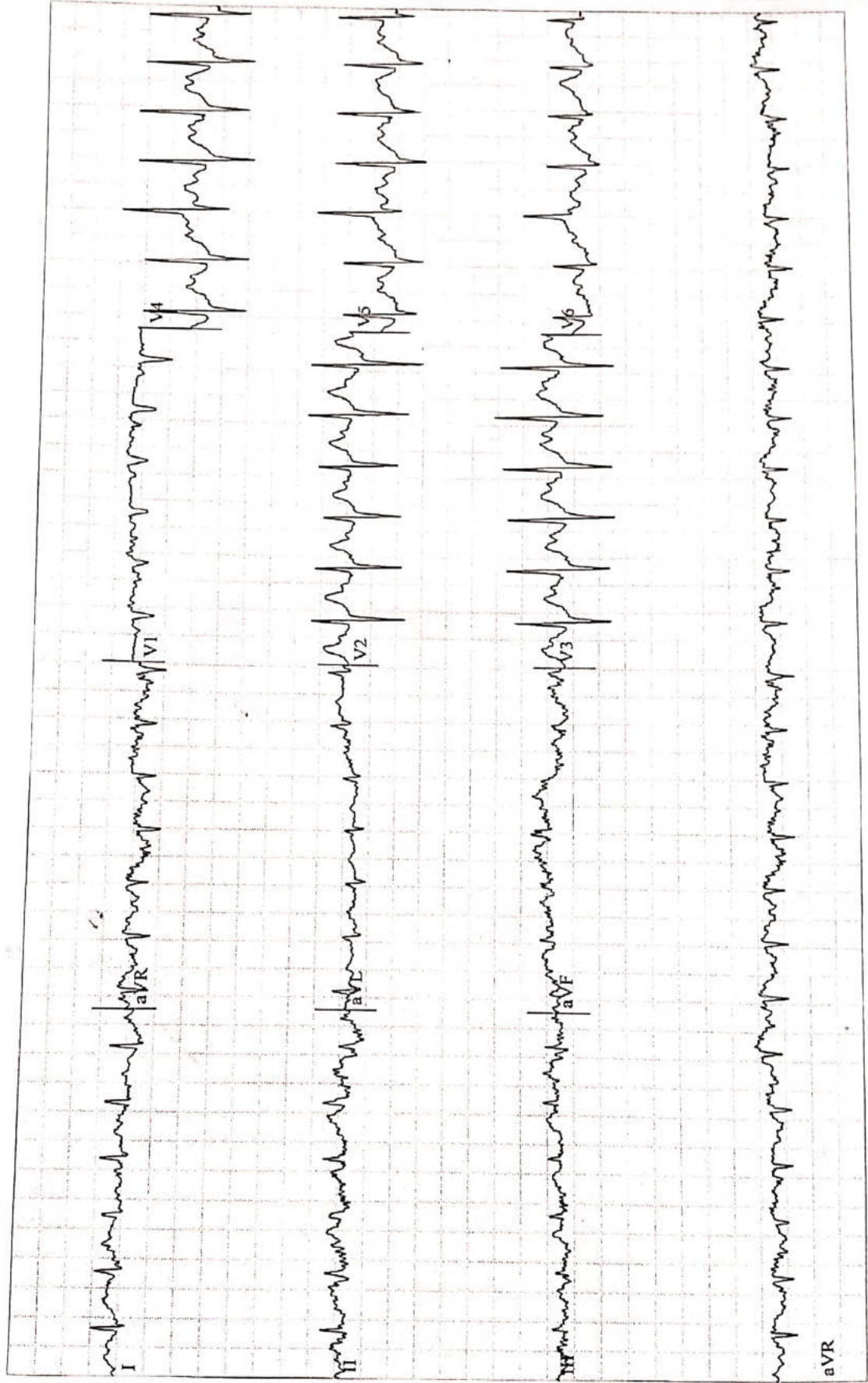
EXERCISE TEST / ECG Strips

157 bpm  
156/102 mmHg

EXERCISE  
STAGE 2  
5:50

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BRUCE  
4.0 km/h  
12.0 %



GE CardioSoft V6.51 (2)  
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V3, V2)

Unconfirmed

Attending MD: DR. B. S. BHATIA

SARVAJEET SINGH THAKUR  
Patient ID 2023MW06  
01/04/2023  
10:05:06

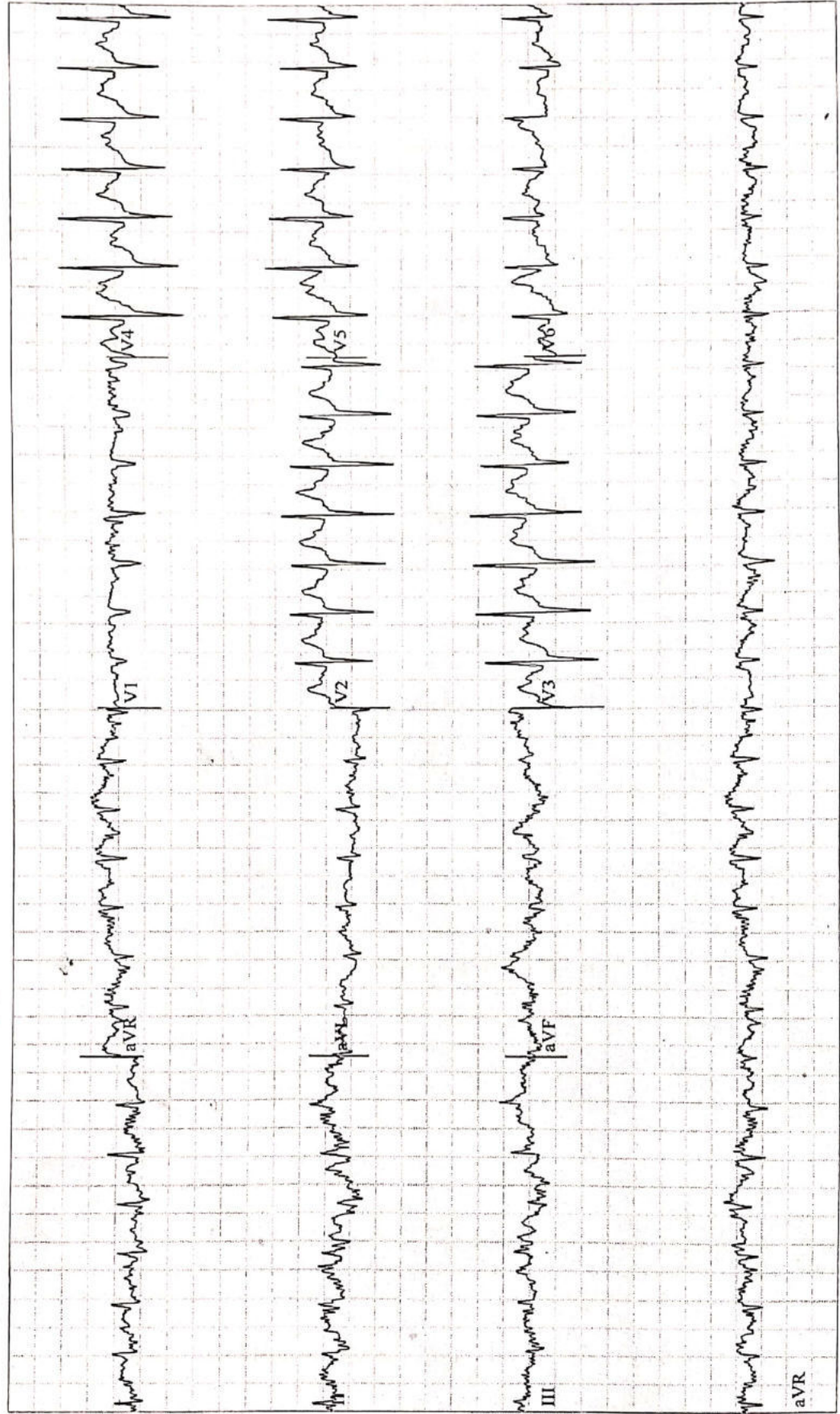
EXERCISE TEST / ECG Strips

171 bpm  
168/110 mmHg

EXERCISE  
STAGE 3  
7:48

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BRUCE  
5.4 km/h  
14.0 %



GE CardioSoft V6.51 (2)  
25mm/s 10mm/mV 60Hz 0.01-40Hz FRF- HR(V3, V2)

Unconfirmed

Attending MD: DR. B. S. BHATTIA

Page 1



SARVAJEET SINGH THAKUR  
Patient ID 2023MW06  
01/04/2023  
10:05:55

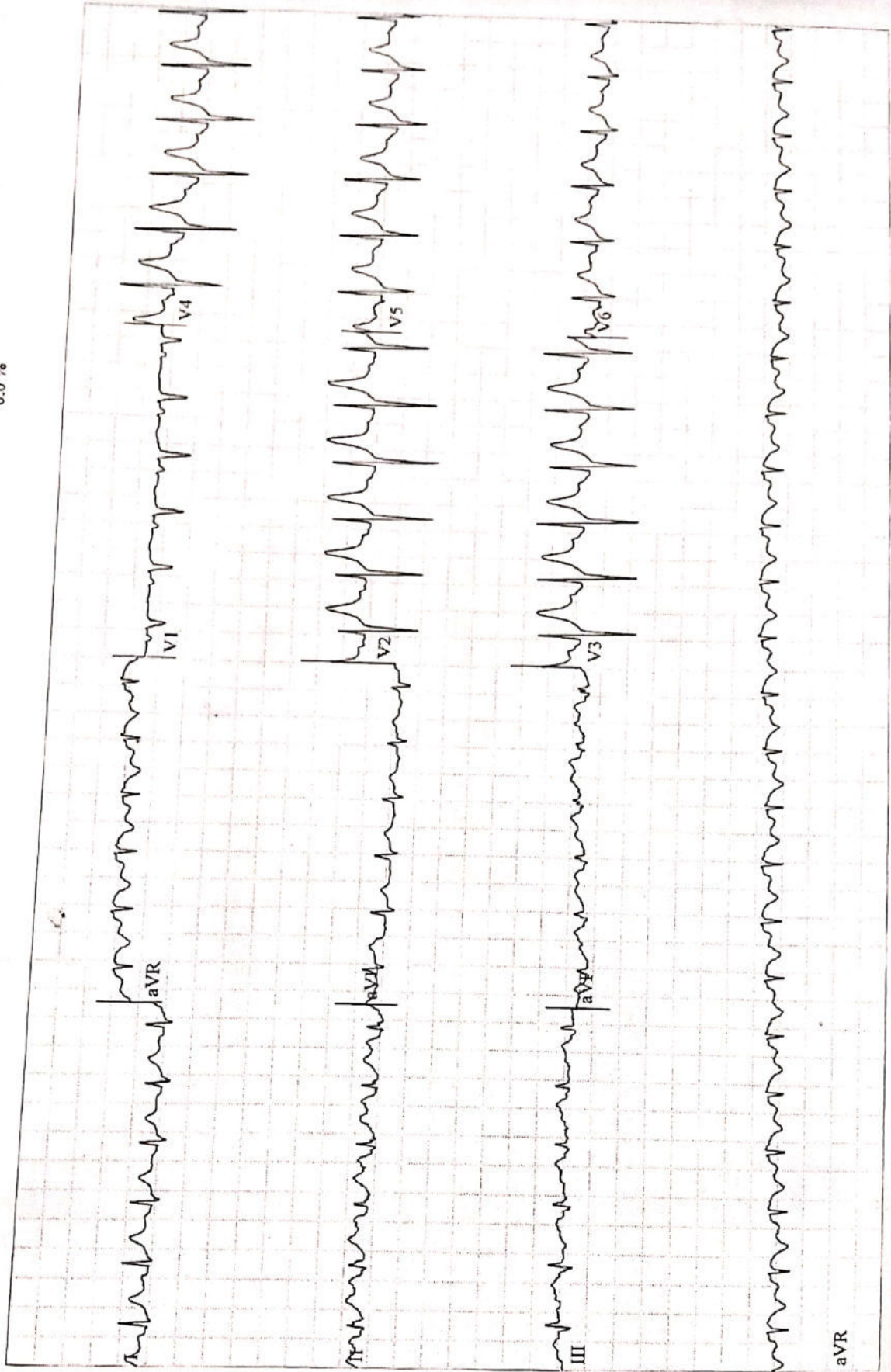
EXERCISE TEST / ECG Strips

148 bpm  
150/92 mmHg

RECOVERY  
0:50

BRUCE  
0.0 km/h  
0.0 %

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GE CardioSoft V6.51 (2)  
2.5mm/s 10mm/mV 60Hz  
0.01-40Hz FRF- HR(V3, V2)

Unconfirmed

Attending MD: DR. P. S. BHATEJA




 भारत सरकार  
 Government of India
 
 आधार



सर्वजीत सिंह ठाकुर  
 Sarvajeet Singh Thakur  
 जन्म तिथि/DOB: 15/09/1988  
 पुरुष/ MALE

8471 7605 0279  
 VID : 9167 7161 7286 0725

मेरा आधार, मेरी पहचान

ISSUE DATE: 10/03/2013

*M.P. Nursing Hoi  
 (Dr. Bhatia)  
 Durg (C.G.)*


 भारतीय विशिष्ट पहचान प्राधिकरण  
 Unique Identification Authority of India
 
 AADHAAR

पता:  
 आत्मज: जे. एस. ठाकुर, एस-6, जुगनू डेरा रोड, आदर्श  
 नगर दुर्ग, दुर्ग, दुर्ग,  
 छत्तीसगढ़ - 491001

Address:  
 S/O: J. S. Thakur, S-6, Jugnu Dera Road,  
 Adarsh Nagar Durg, Durg, Durg,  
 Chhattisgarh - 491001

8471 7605 0279  
 VID : 9167 7161 7286 0725

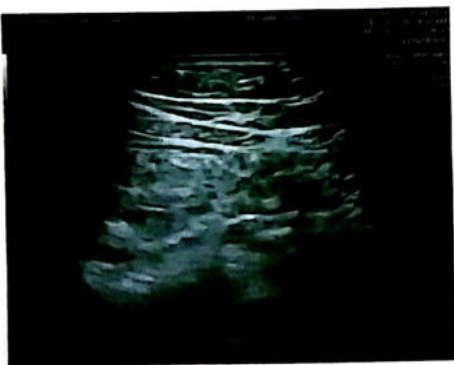
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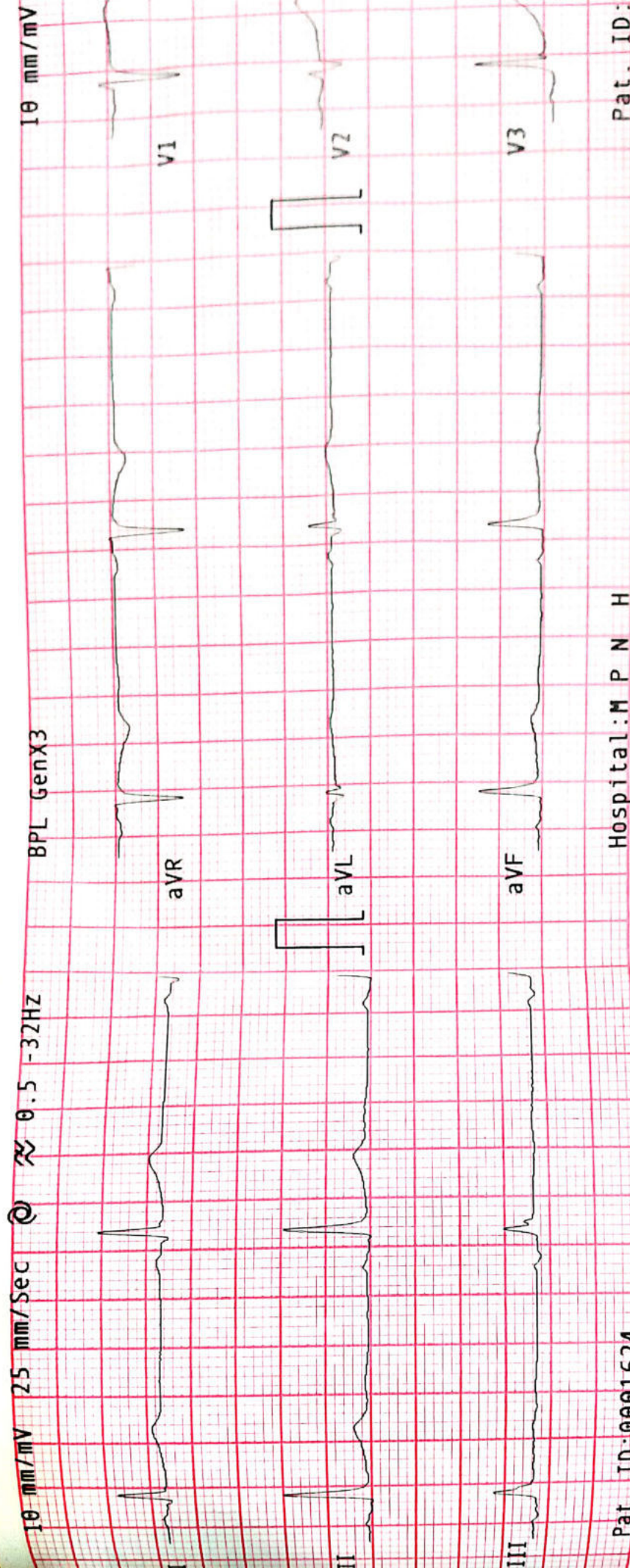
*Sarvjeet  
 01/4/23*

*M.P. Nursing Hoi  
 (Dr. Bhatia)  
 Durg (C.G.)*





*Sr*  
M.P. Nursing Home  
(Dr. Bhatia)  
Durg (C.G.)



Hospital: M P N H

Pat. ID:

Pat. ID: 0001624



Heart R

STFront  
ST Dura  
Q-T Int  
QT Dis  
P Term

Average

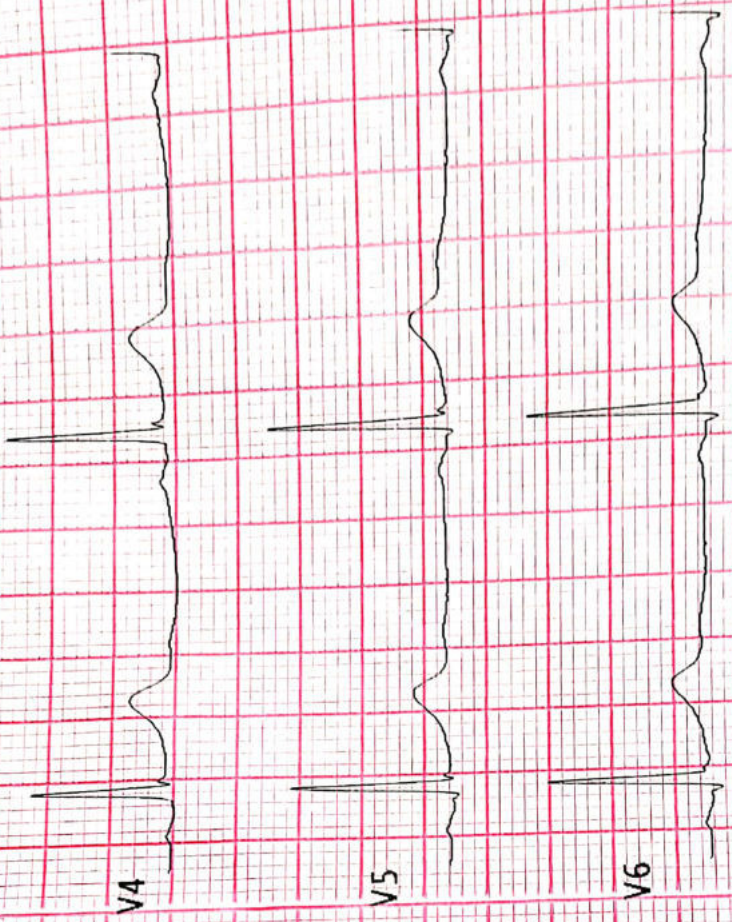
P

QRS

T

BPL GenX3

10 mm/mV 25 mm/Sec 0.5 -32Hz



Hospital: M P N H

Pat. ID: 0001624



249 Sinus rhythm Normal ECG

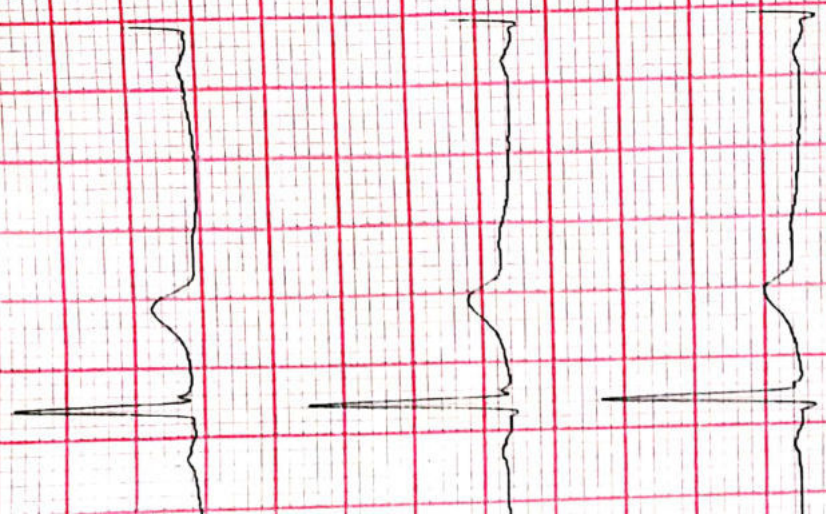
*Sarvagreet*  
*Sigh*  
*Hektor*

Disclaimer:

**M.P. Nurbhag Hon.**  
**(Dr. Bhatia)**  
 01/11/2

55 bpm

Heart Rate



STFrontalAxis 99 deg.  
 ST Duration 112 ms  
 Q-T Interval 438 ms  
 QT Dispersion 104 ms  
 P Terminal Force 1560 ms.uv

TFrontalAxis 37 deg.  
 PR Interval 138 ms  
 QTc Hodges 429 ms

Average beat fiducial point sample number

| Wave | Onset | Termination | Duration(ms) |
|------|-------|-------------|--------------|
| P    | 288   | 388         | 100          |
| QRS  | 426   | 512         | 86           |
| T    | 624   | 864         | 240          |



