

Patient Name	: Mrs. Bhavyashree N S	Age/Gender	: 38 Y/F
UHID/MR No.	: CMYS.0000059241	OP Visit No	: CMYSOPV121327
Sample Collected on	:	Reported on	: 16-01-2024 10:57
LRN#	: RAD2207691	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 898942899820		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

<u>RIGHT KIDNEY</u>: It measures 85x42mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 97x46 mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 65x45x56mm with ET= 9mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 31x28 mm. It is normal. No mass lesion seen.

Lt. OVARY: It measures27x28 mm. It is normal. No mass lesion seen.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB Consultant Radiologist.

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Dr. PRADEEP KUMAR C N MBBS DNB(RADIOLOGY) Radiology

D Date N MR NO	: 13-01-2024 : CMYS.0000059241	Department : GENERAL Doctor :
Name	: Mrs. Bhavyashree N S	Registration No : Dr. Mavien Kumer :
, Age/ Gender	: 38 Y / Female	Qualification :

Consultation Timing: 09:37

Height: 157	141-1-1				
	Pulse :	-/ BMI:	Waist Circum :		
Temp :		Resp :			
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Clinical Diagnosis & Management Plan

General Examination / **Allergies History**

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Follow up date :

Doctor Signature

Apollo Clinic # 23, 1st Floor, Kalidasa Road, Mysore - 02 Ph:0821-4006040/41

Date : 13-01-2024 MI Date : 13-01-2024 MR NO : CMYS.0000059241 Ac Name : Mrs. Bhavyashree N S Co Age/ Gender : 38 Y / Female	Department Doctor Registration No Qualification H.cc Nuchrifton & Diefeffe PhDM
Consultation Timing: 09:37 <u>Height: 57 Weight: 57.7</u> <u>Temp:</u> Pulse: <u>General Examination/</u> Allergies History LPL - (17-87 <i>Clinical Diagnosis & M</i> <i>S ACR sed</i> <i>foods.</i> <i>Joods.</i> <i>S Cles ele</i> <i>Whole</i> <i>Jobel 2</i> <i>Start of</i>	<u>I Que stable</u> <u>BMI: 22 tophale Waist Circum:</u> <u>Resp: B.P: Molton</u> anagement Plan A alanced diel with fiber such for hulk for hulk 2 given.
Follow up date :	Doctor Signature B.P. Apollo Chimi # 23, 1st Floor, Kalidasa Road, Mysore - 02 Ph: 0821-4006040/43

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MR NO Ne	: CMYS.0000059241	Doctor	
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Doctor Signature

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Follow up date :

Doctor Signature

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			Apollo Clinic

Apollo Clinic # 23, 1st Floor, Kalidasa Road, Mysore - 02 Ph: 0821-4006040/41



Patient's Name : Mrs Bhavyashree

Date: 13.01.2024

Age & Sex; 38Yrs /Female UHID No:59241

Apollo Clinic Expertise. Closer to you.

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves P
- No regional wall motion abnormality 2
- Normal left ventricular systolic function. EF 66 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

CIN URS1101G2000PLC115819

Kiegil Ciffice 1 10/60/62, Ashoka Raghupathi Chambers, Sth Floor, Begumper, Hyderabad, Telangana - 500 016 In No 645 4954 7777 Fax No 4954 7744 [Email ID enquiry#apollohi.com] www.apollohi.com

Bangalore (Basavahagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Kocamurigala | Sarjaipur Road) Mysore (VV Mohalla)

Online appointments, www.applloclinic.com

TO BOOK AN APPOINTMENT 1860 500 7788

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Patient Name : Mrs. Bhavyashree N S UHID : CMYS.0000059241 Reported on : 13-01-2024 16:43 Adm/Consult Doctor

:38 Y F Age : CMYSOPV121327 OP Visit No : 13-01-2024 16:53 Printed on : SELF Ref Doctor

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.

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Dr. PRADEEP KUMAR C N MBBS DNB(RADIOLOGY)

Radiotogy

Printed on:13-01-2024 16:43

--- End of the Report---

Apollo Health and Lifestyle Limited

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---End of the Report---

Dr. PRADEEP KUMAR C N MBBS DNB(RADIOLOGY)

Radiology

Apollo Health and Lifestyle Limited

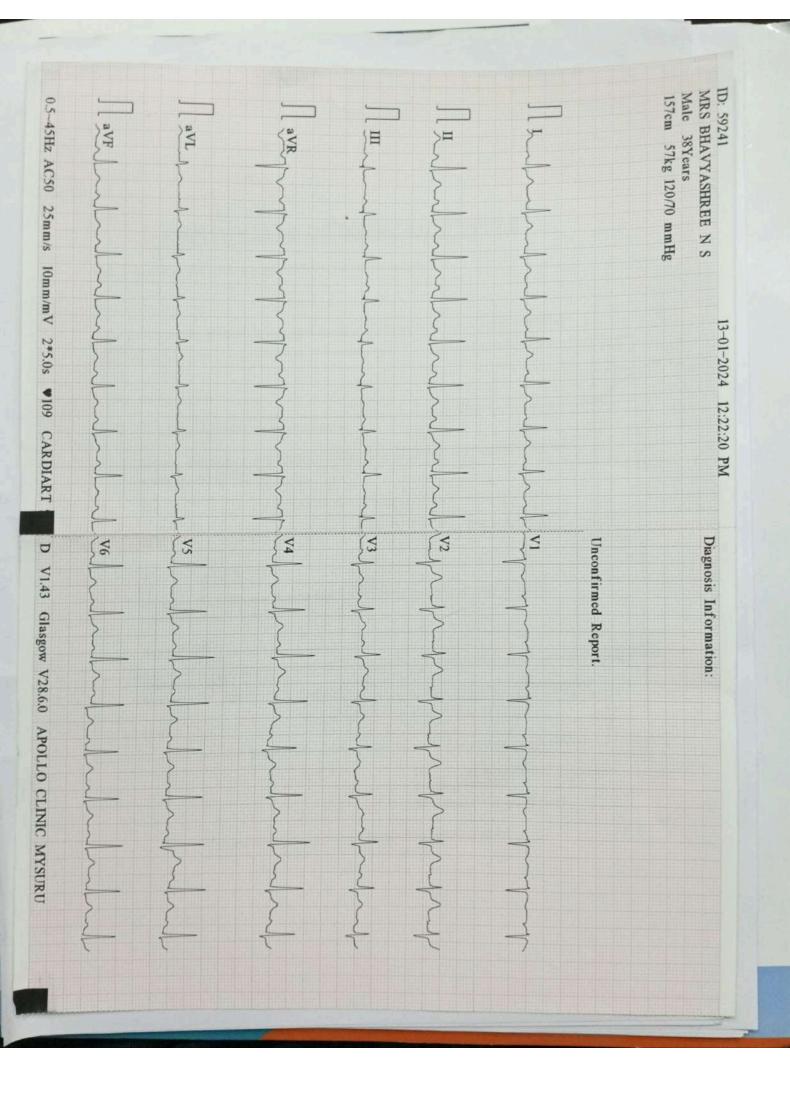
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Online appointments, www.apolloclinic.com

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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

		Tick
• 1	Medically Fit	V
• 1	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1	1	
2	2	
1	3	
H c	However the employee should follow the advice/medication that has been communicated to him/her.	
F	Review after	
	Currently Unfit.	
F	Review afterrecommende	ed
	Jnfit	

The Apollo Clinic, Mysore.

This certificate is not meant for medico-legal purposes

Name-Age Heipht-Weight-BMI-

Department- Dietetics Name- Madhura B P Qualification- M.Sc Nutrition & Dietetic PhD*

- · Advised
- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil- 1/2 litre/person/month.

HBW-

- Use combination of oils like Rice bran oil, Groundnut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fried foods, Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates, Alcohol, caffeine and carbonated beverages.
- Avoid junk foods like Pizza and Burger.

13/01/2024





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No e/o free fluid in the abo	domen. No e/o lymp abdomen.	
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IMPRESSION		
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Health and Circory STIDTG2D00PLC115819 Stell 10 rid 62. Avhata Baghupathi Chambers. Sth Floor Begumpet, Hi Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com ww Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com WM Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com WM Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com WM Stellog 2777 Fax No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou stellog 2777 Fax No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 Fax No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 Fax No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 Fax No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 Fax No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 (D. enquiry=apollohi.com HSR Layou Stellog 2777 (Max No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 (D. enquiry=apollohi.com HSR Layou Stellog 2777 (Max No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 (Max No. 4904 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 (Max No. 4904 7744 Email (D. enquiry=apollohi.com HSR Layou Stellog 2777 (Max No. 4904 (Max No. 4904 7744 HTR No. 4904 7744 HTR No. 4904 7744 HTR No. 4904	ut Indira Nagar JP Nagar Kund	tarahalli) 1860 500 77
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