

m 39

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

| | | |
|---|-------|-----------|
| AHB.0000496049 MR. UMASHANKAR C Age: 39 Year(s) Year(s)/Male 10 Nov 2022 8:08:28 AM  | Age : | Sex : M/F |
| | | UHID : |

Physical Examination

General : Build Height 174 cm Weight 80.4 kg BMI : 26.5

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm 68 bpm SpO2 - 98 %

B.P. : Supine Sitting Standing

Chest shape

Heart Sounds

Murmurs

Thrills

RS : Rate & Type

Breath Sounds

114 / 77 mmHg
 Screening Echo Report
 Concentric LVH
 Normal LV systolic function
 No Rwmn
 LVEF = 60 %

080-41103111

Form # 8301

Place Label Here
Name : Uma Shankar C
AHB.0000495049
Age : 39 Y/M

If label not available write Pt Name UHID No
Age, Sex, Date Name of Treating Physician

DENTAL CASE SHEET



CHIEF COMPLAINT : *ARC*

MEDICAL HISTORY : *HTN (on medication)*

FINDINGS :

Drug Allergy : *Not known*

Caries :

Abrasion :

Missing Teeth :

Calculus : *+ Sn +*

Impactions :

Mobility :

Attrition :

Restored teeth :

Root Stumps :

Others :

| | |
|----------|----------|
| 87654321 | 12345678 |
| 87654321 | 12345678 |

DIAGNOSIS :

C G G

X-rays :

IOPA :

OPG

Treatment Plan :

*Adv.
Oral prophylaxis*

*Dr. Nidhi Chandra
10/11/22*

Dr. Shalini Shetty
 MBBS, MS (Oph), FRCS (UK)
 Sr. Consultant - Ophthalmology

Place Label Here
MR. Umashankar C
39/M 495049
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician



| | | | |
|--------------|-----------------------------|--------|--|
| Allergies : | Fall Risk Assessment | | Wt: _____ Ht: _____ T: _____ P: _____ BP: _____ |
| | H/o fall (within 1 year) | Yes No | Pain _____ /10 <input type="checkbox"/> Psychological & Social Assessment done |
| Mobility Aid | Yes No | | |
| Gait | Dep. indep | | |

Routine Eye Test
HTM - 2 year.

R L
6/6 6/6
without glass
NG NG
colour vision

**Medicine Reconciliation Dose & Frequency
 Advice & Plan**

IA IA
IA IA

Clinically Normal.

Kindly get this document scanned at the counter for the record purpose

For Dr. Shalini
Signature and Date

Dr. Jyoti Jain

MBBS, DNB (Family Medicine), PGDGM

(Dip in Geriatric Medicine)

Senior Consultant - Dept. of Apollo Health Check

Place Label Here

Mr UMASHANKAR-C

AHB-0000495049

39/m

If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

| | | | | | | | |
|-------------------------|-----------------------------|--------|--|---------|----------|-------|------------|
| Allergies : NKDA | Fall Risk Assessment | | Wt: 82.4 | Ht: 174 | T: _____ | P: 68 | BP: 114/77 |
| | H/o fall (within 1 year) | Yes No | | | | | |
| Mobility Aid | Yes No | | | | | | |
| Gait | Dep. Indep. | Pain | /10 <input checked="" type="checkbox"/> Psychological & Social Assessment done | | | | |

HTN - since 2 1/2 yrs On T. Telmed 40mg 1-00.

Dyslipidemia - On T. Atvast 5mg (since 1 yr)

PPBS.

Medicine Reconciliation Dose & Frequency Advice & Plan

Advise:

- Regular physical exercise.
- low fat diet.

To continue the same medications for HTN

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain
10/11/22
Signature and Date



MC-2847

DEPARTMENT OF BIOCHEMISTRY



Name : Mr. UMASHANKAR C Age : 39Yr 5Mth 17Days Gender : Male
 UHID : AHB.0000495049 / AHBHC111451 W/BN/RefNo : AHC
 SIN \ LRN : 8188663 \ 3586201
 Specimen : Plasma
 Ref Doctor : Dr. MHC



Collected on : 10-NOV-2022 10:57:51 AM Received on : 10-NOV-2022 12:29:36 PM Reported on : 10-NOV-2022 01:03:07 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|---|--------|---|-------|
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE) | 73 | Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 | mg/dL |

Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 138762
723076

Printed On : 10-NOV-2022 02:01:26 PM

GOVINDARAJU N L Dr.SABHARI PRIYA S
Clinical Biochemist Registrar

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

HEMOGRAM

| Test Name | Result | Unit | Level | Range |
|--|--------|------------------------|-------|--------------------|
| Hemoglobin :Oxyhemoglobin method(Photometric measurement) | 15.7 | g/dL | ● | 13-17 |
| RBC Count (Impedance) | 5.26 | x(10) ¹² /l | ● | 4.5 - 5.5 |
| Packed cell volume (Calculated) | 45 | % | ● | 40 - 50 |
| MCV (Derived from RBC histogram) | 85 | fl | ● | 83 - 101 |
| MCH (Calculated) | 30 | pg | ● | 27 - 32 |
| RDW (Calculated) | 12.8 | % | ● | 11.60-14.00 |
| MCHC (Calculated) | 35 * | g/dl | ● | 31.5 - 34.5 |
| Platelet Count (Impedance) | 294 | x(10) ⁹ /l | ● | 150 - 450 |
| WBC Count (Impedance) | 9.2 | x(10) ⁹ /l | ● | 4 - 11 |
| Neutrophils | 54 | % | ● | 40 - 80 |
| Lymphocytes | 39 | % | ● | 8.6 -23.8 |
| Neutrophils | 6 | % | ● | 2 - 10 |
| Monocytes | 6 | % | ● | 2 - 10 |
| Eosinophils | 1 | % | ● | 1 - 6 |
| Basophils | 0 | % | ● | 0 - 2 |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry) | 2 | mm/1st hr | ● | Adult Male- 0 - 10 |

URINE ROUTINE (CUE)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

| Test Name | Result | Unit | Level | Range |
|---------------------|------------|-----------|-------|------------------|
| Color : | Yellow | | | Yellow |
| Volume : | 30 | ml | | |
| Appearance | Clear | | | Clear |
| pH | 6.0 | | | |
| Specific Gravity | 1.020 | | ● | 1.016 - 1.022 |
| Protein : | NEGATIVE | | | NEGATIVE |
| Glucose: | NEGATIVE | | | NEGATIVE |
| Ketone | NEGATIVE | | | NEGATIVE |
| Bile Salts : | NEGATIVE | | | NEGATIVE |
| Bile Pigments: | NEGATIVE | | | NEGATIVE |
| Urobilinogen | 0.2 | E.U./dL | ● | 0.2 - 1.0 |
| Blood : | NEGATIVE | | | NEGATIVE |
| Nitrate: | NEGATIVE | | | NEGATIVE |
| Leucocyte Esterases | NEGATIVE | | | NEGATIVE |
| RBC | Nil | Cells/hpf | | 0 - 2 |
| Pus Cells | 1-2 /h.p.f | /HPF | | 0 - 5 |
| Epithelial Cells | Occasional | | | Occasional - Few |

BLOOD GROUPING AND TYPING (ABO and Rh)

| Test Name | Result | Unit | Level | Range |
|--------------|--------|---------------------|-------|---------------|
| Blood Group: | A | | | |
| | ● | Within Normal Range | ● | Outside Range |
| | ● | Boderline High/Low | ● | Outside Range |

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

Rh (D) Type: POSITIVE
Method: COLUMN AGGLUTINATION

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|------|-------|-------|
| ALT(SGPT) - SERUM | 49 | U/L | ● | <= 50 |

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|------|-------|-----------------|
| GLOBULIN - SERUM - CALCULATED | 2.9 | g/dL | ● | Adult 2.0 - 4.0 |
| ALBUMIN:GLOBULIN (RATIO) - CALCULATED | 1.6 | | ● | 0.8 - 2.0 |
| ALBUMIN - SERUM | 4.7 | g/dL | ● | Adult- 3.5-5.2 |

| Test Name | Result | Unit | Level | Range |
|------------------------------|--------|------|-------|-----------------|
| ALKALINE PHOSPHATASE - SERUM | 45 | U/L | ● | Adult: 30 - 120 |

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|------|-------|-------|
| AST (SGOT) - SERUM | 34 | U/L | ● | <= 50 |

| Test Name | Result | Unit | Level | Range |
|--------------------------|--------|-------|-------|-----------|
| BILIRUBIN, TOTAL - SERUM | 1.12 | mg/dL | ● | 0.30-1.20 |

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name | Result | Unit | Level | Range |
|------------------|--------|--------|-------|----------|
| CHLORIDE - SERUM | 105 | mmol/L | ● | 98 - 107 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|--|
| Total Cholesterol | 163 | mg/dL | ● | "Desirable : <200 Borderline : 200 - 239 High Risk : >239" |

NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|------------------|
| CREATININE - SERUM | 0.99 | mg/dL | ● | Male : 0.9 - 1.3 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 30 | U/L | ● | <= 55 |

GLUCOSE - SERUM / PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|---|
| Glucose - Plasma (Fasting) | 93 | mg/dL | ● | "Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126" |

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

| Test Name | Result | Unit | Level | Range |
|---------------------------------|--------|------|-------|--|
| Glycosylated Hemoglobin (HbA1c) | 5.4 | % | ● | "NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5" |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------------|--------|-------|-------|----------------------|
| HDL CHOLESTEROL - SERUM | 34 * | mg/dL | ● | "Low : <40High: >59" |

| Test Name | Result | Unit | Level | Range |
|------------------------------|--------|-------|-------|--|
| LDL Cholesterol (Direct LDL) | 115 * | mg/dL | ● | "Optimal : <100Near/Above Optimal: 100 - 129Borderline High: 130 - 159High: 160 - 189Very High: > 189" |

NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|--------|-------|---------|
| POTASSIUM - SERUM | 4.5 | mmol/L | ● | 3.5-5.1 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|------|-------|------------------|
| PROTEIN TOTAL - SERUM | 7.6 | g/dL | ● | ADULT: 6.0 - 8.5 |

NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name | Result | Unit | Level | Range |
|-----------|-----------------------|------|----------------------|-----------------|
| | ● Within Normal Range | | ● Boderline High/Low | ● Outside Range |

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

| | | | | |
|----------------|-----|--------|---|-----------|
| SODIUM - SERUM | 138 | mmol/L | ● | 135 - 145 |
|----------------|-----|--------|---|-----------|

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|------------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 128.79 | ng/dL | ● | Adults: 87 - 178 |

| Test Name | Result | Unit | Level | Range |
|-----------------------------|--------|-------|-------|--------------|
| TOTAL T4: THYROXINE - SERUM | 10.9 | µg/dL | ● | 5.93 - 13.29 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|-------|-------|--|
| Triglycerides - Serum | 143 | mg/dL | ● | "Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499" |
| TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) | 4.8 | | ● | < 5.0 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-----------------------------------|--------|--------|-------|------------|
| THYROID STIMULATING HORMONE [TSH] | 0.79 | µIU/mL | ● | 0.34 - 5.6 |

NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name | Result | Unit | Level | Range |
|--------------|--------|-------|-------|---------|
| UREA - SERUM | 22 | mg/dL | ● | 15 - 45 |

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|-----------------------|
| URIC ACID - SERUM | 5.7 | mg/dL | ● | Adult Male: 3.0 - 7.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------|--------|-------|-------|----------------|
| VLDL CHOLESTEROL - SERUM | 29 | mg/dl | ● | Desirable: <30 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|-------|-------|-----------|
| BILIRUBIN DIRECT - SERUM | 0.20 | mg/dL | ● | upto 0.4 |
| BILIRUBIN INDIRECT - SERUM - CALCULATED | 0.92 | mg/dL | ● | 0.1 - 1.0 |

NEPHROLOGY RENAL PROFILE (RANDOM)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------------------------|
| BICARBONATE (HCO ₃) - SERUM | 30 | | ● | Healthy Adults: 22 - 29 |

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. UMASHANKAR C

MALE / 39 Yrs / AHB.0000495049 / AHBHC111451

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 10/11/2022

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA.



Within Normal Range



Boderline High/Low



Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

| | | | | | |
|----------------------------|------------------|-----------------------|---|--|-------------|
| Patient's Details : | Mr. UMASHANKAR C | | M | | 039Y |
| UHID : | AHB.0000495049 | Ward/Bed No. : | | | AHC / |
| I.P.No./Bill No. : | AHBHC111451 | Scanned on : | | | 10-Nov-2022 |
| Accession Number : | 10601.122120250 | Reported On : | | | 09:38 |
| Referring Doctor : | Dr. MHC | | | | 10-Nov-2022 |

X-RAY CHEST PA VIEW

Clinical information: Routine health checkup

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.
 -suggested clinical correlation.

DR.PRUTHVI.S
 SR.RESIDENT

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

| | | |
|--------------------------|--------------------|---------------------------------------|
| Patient's Details | : Mr. UMASHANKAR C | M 039Y |
| UHID | : AHB.0000495049 | Ward/Bed No. : AHC / |
| I.P.No./Bill No. | : AHBHC111451 | Scanned on : 10-Nov-2022 10:22 |
| Accession Number | : 10601.222097861 | Reported On : |
| Referring Doctor | : Dr. MHC | |

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - Routine health checkup.

Liver appears normal in size and shows diffuse increase in echogenicity with loss of periportal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Prostate appears enlarged in size (volume ~ 26 cc).

No evidence of ascites or pleural effusion seen.

Impression:

Grade II fatty liver.

Grade I prostatomegaly.

- *Suggested clinical correlation.*

As



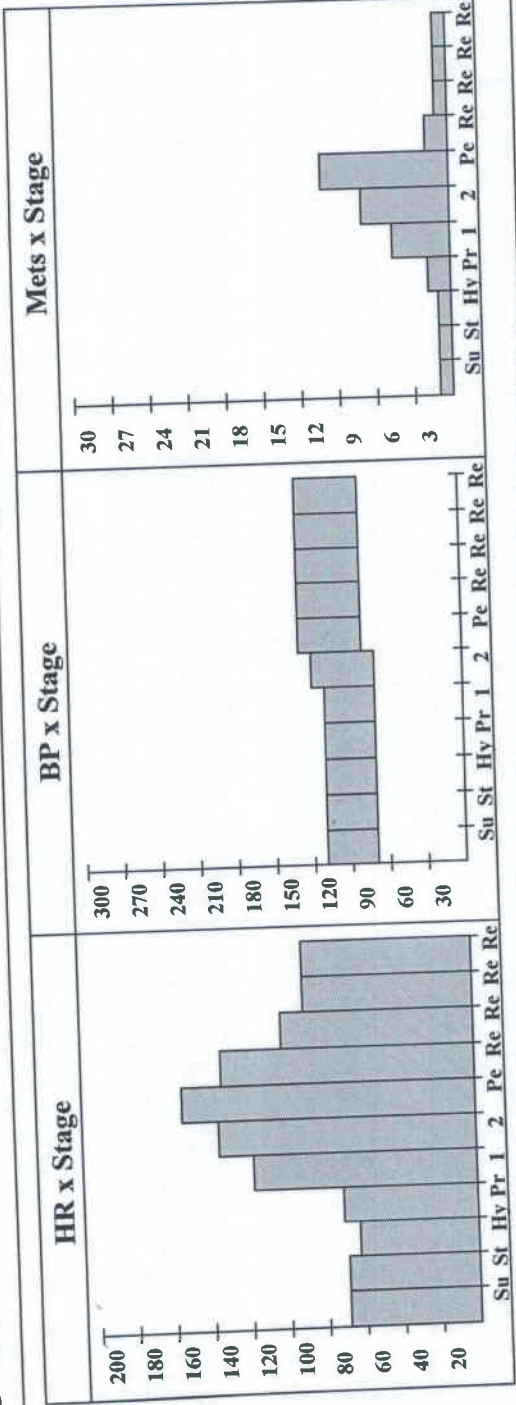
DR. SAKSHAM SHARMA
RESIDENT

DR. SHRIVALLI N
MBBS, DMRD, DNB
CONSULTANT

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS

Patient Details Date: 10-Nov-22 Time: 09:53:54 Weight: 82 Kgs
 Name: UMASHANKAR C ID: AHB495049 Height: 174 cms
 Age: 39 y Sex: M



Interpretation

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 NO SIGNIFICANT ST-T CHANGES NOTED
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Signature
10/11/22

Doctor: DR K M NAIR

Schiller CS-20 V 1.9

Ref. Doctor: AHC

(Summary Report edited by user)

Signature

AHB.0000495094
39 Years

UMASHANKAR C
Male

10-Nov-22 8:30:37 AM

Rate 64

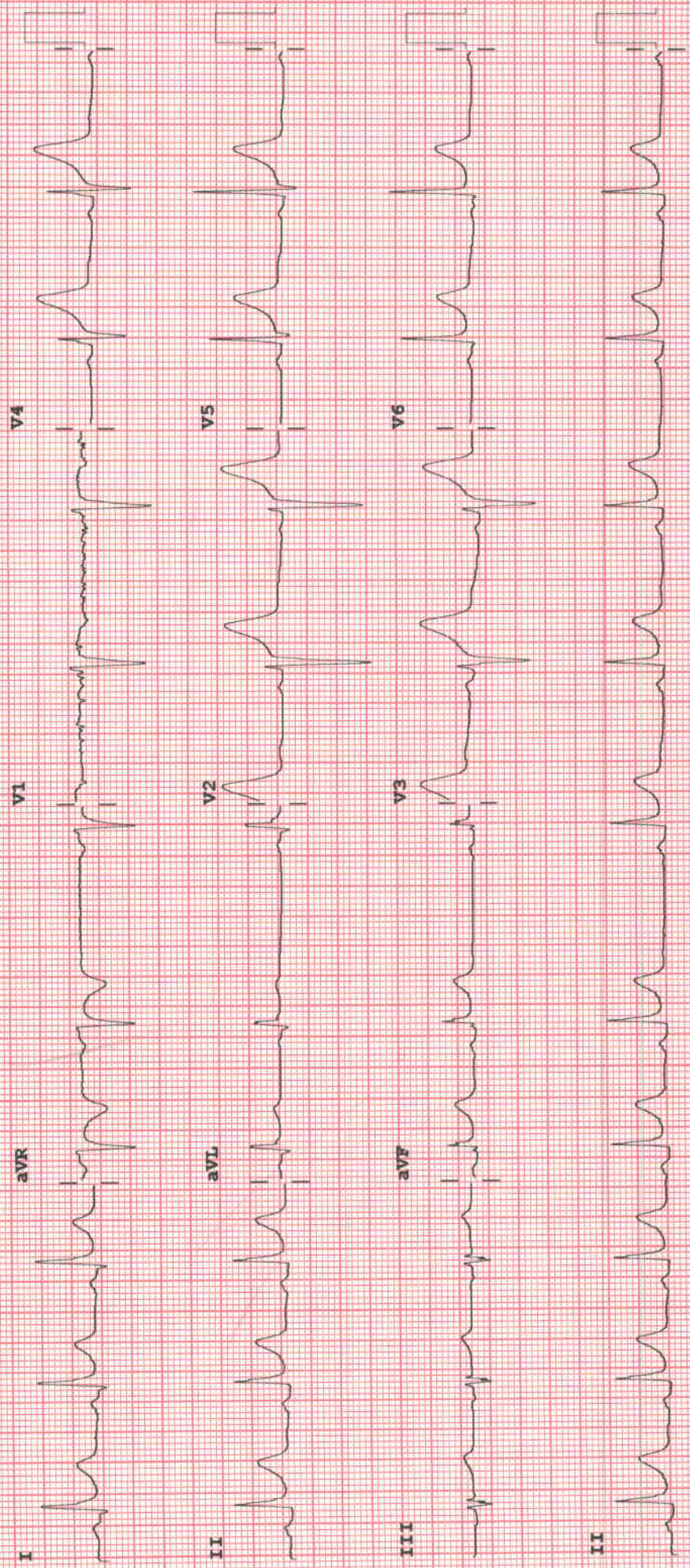
PR 162
QRS 105
QT 419
QTc 433

--AXIS--

P 22
QRS 27
T 46

12 Lead; Standard Placement

AHB 0000495049
MR. UMASHANKAR C
Age: 39 Year(s) Year(s)/Male
10 Nov 2022 8:08:23 AM



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50~ 0.15-100 Hz 100B CL P?