

#### Health Check up Booking Confirmed Request(bobE27748),Package Code-PKG10000238, Beneficiary Code-62037

1 message

Thu, Feb 2, 2023 at 4:38 PM

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Mediwheel <wellness@mediwheel.in> To: anurag.idc@gmail.com Cc: mediwheelwellness@gmail.com

Mediwheel 011-41195959 Your wellness partner Email:wellness@mediwheel.in Hi Indra Diagnostic Centre, Diagnostic/Hospital Location :Indradeep Comlex, Sanjay Gandhi Puram, City:Lucknow We have received the confirmation for the following booking . Beneficiary Name : PKG10000238 Beneficiary Name : MR. MISHRA HIMANSHU Member Age : 27 Member Gender : Male Member Relation : Employee Package Name : Full Body Health Checkup Male Below 40 Location : MARDANPUR, Uttar Pradesh-227811 Contact Details : 8004824292 Booking Date : 02-02-2023 oiagnos Appointment Date: 05-02-2023 Instructions to undergo Health Check: 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check. (1)  $\overline{C}$ 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.

3. Bring urine sample in a container if possible (containers are available at the Health Check centre).

4. Please bring all your medical prescriptions and previous health medical records with you.

Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.

2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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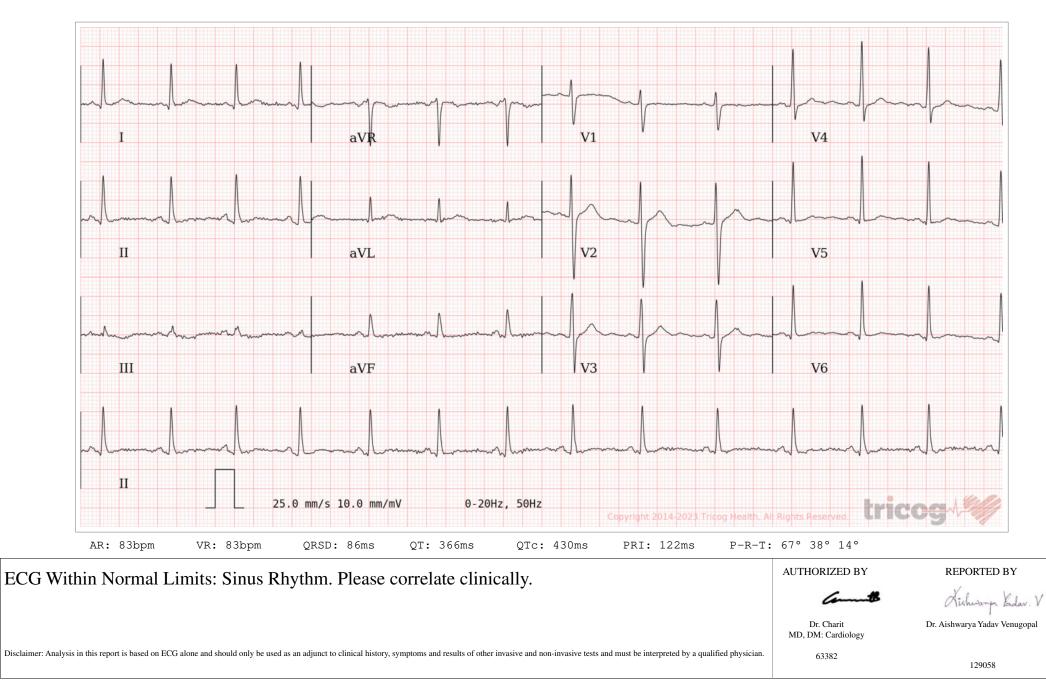


# **Chandan Diagnostic**



Age / Gender:29/MalePatient ID:IDCD0391692223Patient Name:Mr.HIMANSHU MISHRA

Date and Time: 5th Feb 23 10:08 AM







Add: Indra Deep Complex, Sanjay Gandhi Puram, Faizabad Road, Indira Nagar Ph: 7706041643,7706041644 CIN : U85196UP1992PLC014075



Patient	Name	: Mr.HIMANSHU MISHRA	Registered On	: 05/Feb/2023 08:28:00
Age/Ge	ender	: 29 Y 6 M 27 D /M	Collected	: 05/Feb/2023 09:42:47
UHID/M	1R NO	: IDCD.0000164701	Received	: 05/Feb/2023 10:03:40
Visit ID	)	: IDCD0391692223	Reported	: 05/Feb/2023 13:45:33
Ref Do	ctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

## DEPARTMENT OF HAEMATOLOGY

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Group (ABO & Rh typing) * , Blood				
Blood Group	В			
Rh ( Anti-D)	POSITIVE			
RII ( AIRI-D)	POSITIVE			
Complete Blood Count (CBC) * , Whole Bloo	od			
Haemoglobin	15.40	g/dl	1 Day- 14.5-22.5 g/dl	
ů		0.	1 Wk- 13.5-19.5 g/dl	
			1 Mo- 10.0-18.0 g/dl	
			3-6 Mo- 9.5-13.5 g/dl	
			0.5-2 Yr- 10.5-13.5	
			g/dl	
			2-6 Yr- 11.5-15.5 g/dl	
			6-12 Yr- 11.5-15.5 g/dl	
			12-18 Yr 13.0-16.0 g/dl	
			Male- 13.5-17.5 g/dl	
			Female- 12.0-15.5 g/dl	
TLC (WBC)	6,400.00	/Cu mm	4000-10000	ELECTRONIC IMPEDANCE
DLC	,			
Polymorphs (Neutrophils )	54.00	%	55-70	ELECTRONIC IMPEDANCE
Lymphocytes	40.00	%	25-40	ELECTRONIC IMPEDANCE
Monocytes	5.00	%	3-5	ELECTRONIC IMPEDANCE
Eosinophils	1.00	%	1-6	ELECTRONIC IMPEDANCE
Basophils	0.00	%	<1	ELECTRONIC IMPEDANCE
ESR	0.00	70		
	10.00	NAme for a data bar		
Observed Commente d	10.00	Mm for 1st hr.		
Corrected	8.00	Mm for 1st hr.		
PCV (HCT)	46.00	%	40-54	
Platelet count				
Platelet Count	1.80	LACS/cu mm	1.5-4.0	ELECTRONIC IMPEDANCE/MICROSCOPIC
PDW (Platelet Distribution width)	16.10	fL	9-17	ELECTRONIC IMPEDANCE
P-LCR (Platelet Large Cell Ratio)	55.20	%	35-60	ELECTRONIC IMPEDANCE
PCT (Platelet Hematocrit)	0.23	%	0.108-0.282	ELECTRONIC IMPEDANCE
MPV (Mean Platelet Volume)	14.40	fL	6.5-12.0	ELECTRONIC IMPEDANCE
RBC Count				
RBC Count	4.94	Mill./cu mm	4.2-5.5	ELECTRONIC IMPEDANCE





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### DEPARTMENT OF HAEMATOLOGY

# MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
Blood Indices (MCV, MCH, MCHC)				
MCV	93.00	fl	80-100	CALCULATED PARAMETER
MCH	31.10	pg	28-35	CALCULATED PARAMETER
МСНС	33.40	%	30-38	CALCULATED PARAMETER
RDW-CV	12.80	%	11-16	ELECTRONIC IMPEDANCE
RDW-SD	43.60	fL	35-60	ELECTRONIC IMPEDANCE
Absolute Neutrophils Count	3,456.00	/cu mm	3000-7000	
Absolute Eosinophils Count (AEC)	64.00	/cu mm	40-440	

Dr. Shoaib Irfan (MBBS, MD, PDCC)

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Age/Ge	nder : 29 Y	6 M 27 D /M	Collected	: 05/Feb/2023	13:20:31
UHID/M	R NO : IDCE	0.0000164701	Received	: 05/Feb/2023	14:33:29
Visit ID	: IDCE	0391692223	Reported	: 05/Feb/2023	15:32:59
Ref Doo	tor : Dr.M	ediwheel - Arcofemi Health Car	e Ltd. Status	: Final Report	

#### DEPARTMENT OF BIOCHEMISTRY

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE FASTING , Plasma				
Glucose Fasting	103.10	mg/dl	< 100 Normal 100-125 Pre-diabetes ≥ 126 Diabetes	GOD POD

#### Interpretation:

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.
b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.
c) I.G.T = Impared Glucose Tolerance.

Sample:Plasma After Meal     140-199 Pre-diabetes       >200 Diabetes	Glucose PP Sample:Plasma After Meal	130.10	mg/dl	<140 Normal 140-199 Pre-diabetes >200 Diabetes	GOD POD	
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### Interpretation:

a) Kindly correlate clinically with intake of hypoglycemic agents, drug dosage variations and other drug interactions.
b) A negative test result only shows that the person does not have diabetes at the time of testing. It does not mean that the person will never get diabetics in future, which is why an Annual Health Check up is essential.
c) I.G.T = Impared Glucose Tolerance.

Dr. Shoaib Irfan (MBBS, MD, PDCC)







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UHID/MR NO	: IDCD.0000164701	Received	: 05/Feb/2023 13:38:20
Visit ID	: IDCD0391692223	Reported	: 05/Feb/2023 15:39:34
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

### **DEPARTMENT OF BIOCHEMISTRY**

#### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit B	io. Ref. Interval	Method
GLYCOSYLATED HAEMOGLOBIN (HBA1C)	** , EDTA BLOOD			
Glycosylated Haemoglobin (HbA1c) Glycosylated Haemoglobin (HbA1c)	5.40 36.00	% NGSP mmol/mol/IFCC		HPLC (NGSP)

mg/dl

#### Interpretation:

#### NOTE:-

Estimated Average Glucose (eAG)

- eAG is directly related to A1c.
- An A1c of 7% -the goal for most people with diabetes-is the equivalent of an eAG of 154 mg/dl.

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• eAG may help facilitate a better understanding of actual daily control helping you and your health care provider to make necessary changes to your diet and physical activity to improve overall diabetes mnagement.

The following ranges may be used for interpretation of results. However, factors such as duration of diabetes, adherence to therapy and the age of the patient should also be considered in assessing the degree of blood glucose control.

Haemoglobin A1C (%)NGSP	mmol/mol / IFCC Unit	eAG (mg/dl)	<b>Degree of Glucose Control Unit</b>
> 8	>63.9	>183	Action Suggested*
7-8	53.0 -63.9	154-183	Fair Control
< 7	<63.9	<154	Goal**
6-7	42.1 -63.9	126-154	Near-normal glycemia
< 6%	<42.1	<126	Non-diabetic level

\*High risk of developing long term complications such as Retinopathy, Nephropathy, Neuropathy, Cardiopathy, etc. \*\*Some danger of hypoglycemic reaction in Type 1 diabetics. Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1C levels in this area.

N.B. : Test carried out on Automated G8 90 SL TOSOH HPLC Analyser.

#### **<u>Clinical Implications:</u>**

\*Values are frequently increased in persons with poorly controlled or newly diagnosed diabetes.

\*With optimal control, the HbA 1c moves toward normal levels.

\*A diabetic patient who recently comes under good control may still show higher concentrations of glycosylated hemoglobin. This level declines gradually over several months as nearly normal glycosylated \*Increases in glycosylated hemoglobin occur in the following non-diabetic conditions: a. Iron-deficiency anemia b. Splenectomy

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#### DEPARTMENT OF BIOCHEMISTRY

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

Test Name	Result	Unit	Bio. Ref. Interval	Method
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c. Alcohol toxicity d. Lead toxicity

Since 1991

\*Decreases in A 1c occur in the following non-diabetic conditions: a. Hemolytic anemia b. chronic blood loss

\*Pregnancy d. chronic renal failure. Interfering Factors:

\*Presence of Hb F and H causes falsely elevated values. 2. Presence of Hb S, C, E, D, G, and Lepore (autosomal recessive mutation resulting in a hemoglobinopathy) causes falsely decreased values.

#### Dr. Anupam Singh (MBBS MD Pathology)

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UHID/MR NO	: IDCD.0000164701	Received	: 05/Feb/2023 11:56:28
Visit ID	: IDCD0391692223	Reported	: 05/Feb/2023 13:41:04
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

#### **DEPARTMENT OF BIOCHEMISTRY**

Test Name	Result	Unit	Bio. Ref. Interval	Method
<b>BUN (Blood Urea Nitrogen)</b> Sample:Serum	11.11	mg/dL	7.0-23.0	CALCULATED
<b>Creatinine</b> Sample:Serum	0.98	mg/dl	Serum 0.7-1.3 Spot Urine-Male- 20- 275 Female-20-320	MODIFIED JAFFES
Uric Acid Sample:Serum	5.10	mg/dl	3.4-7.0	URICASE
LFT (WITH GAMMA GT) * , Serum				
SGOT / Aspartate Aminotransferase (AST) SGPT / Alanine Aminotransferase (ALT) Gamma GT (GGT) Protein Albumin Globulin A:G Ratio Alkaline Phosphatase (Total) Bilirubin (Total) Bilirubin (Direct) Bilirubin (Indirect) <b>LIPID PROFILE ( MINI ) ,</b> Serum Cholesterol (Total)	34.20 40.40 18.70 6.66 4.23 2.43 1.74 138.40 1.23 0.43 0.80 183.00	U/L U/L IU/L gm/dl gm/dl gm/dl U/L mg/dl mg/dl mg/dl	< 35 < 40 11-50 6.2-8.0 3.8-5.4 1.8-3.6 1.1-2.0 42.0-165.0 0.3-1.2 < 0.30 < 0.8	IFCC WITHOUT P5P IFCC WITHOUT P5P OPTIMIZED SZAZING BIRUET B.C.G. CALCULATED IFCC METHOD JENDRASSIK & GROF JENDRASSIK & GROF JENDRASSIK & GROF
HDL Cholesterol (Good Cholesterol) LDL Cholesterol (Bad Cholesterol) VLDL Triglycerides	56.00 113 14.36 71.80	mg/dl mg/dl mg/dl mg/dl	200-239 Borderline High > 240 High 30-70 < 100 Optimal 100-129 Nr. Optimal/Above Optimal 130-159 Borderline High 160-189 High > 190 Very High 10-33 < 150 Normal 150-199 Borderline High 200-499 High	DIRECT ENZYMATIC CALCULATED CALCULATED GPO-PAP





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## DEPARTMENT OF BIOCHEMISTRY

## MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

**Test Name** 

Result

Unit

Method

>500 Very High

Bio. Ref. Interval

Dr. Shoaib Irfan (MBBS, MD, PDCC)

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Patient Name	: Mr.HIMANSHU MISHRA	Registered On	: 05/Feb/2023 08:28:00
Age/Gender	: 29 Y 6 M 27 D /M	Collected	: 05/Feb/2023 13:36:24
UHID/MR NO	: IDCD.0000164701	Received	: 05/Feb/2023 13:38:30
Visit ID	: IDCD0391692223	Reported	: 05/Feb/2023 13:53:31
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

### DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Unit	Bio. Ref. Interval	Method
JRINE EXAMINATION, ROUTINE *	* , Urine			
Color	LIGHT YELLOW			
Specific Gravity	1.010			
Reaction PH	Neutral (7.0)			DIPSTICK
Protein	ABSENT	mg %	< 10 Absent	DIPSTICK
			10-40 (+)	
			40-200 (++)	
			200-500 (+++)	
			> 500 (++++)	
Sugar	ABSENT	gms%	< 0.5 (+)	DIPSTICK
			0.5-1.0 (++)	
			1-2 (+++) > 2 (++++)	
Ketone	ABSENT	mg/dl	0.2-2.81	BIOCHEMISTRY
Bile Salts	ABSENT	11.8/ 01		Diochemiona
Bile Pigments	ABSENT			
Urobilinogen(1:20 dilution)	ABSENT			
Microscopic Examination:			· · · · · · · · · · · · · · · · · · ·	
Epithelial cells	0-1/h.p.f			MICROSCOPIC
	0-1/11.p.1			EXAMINATION
Pus cells	ABSENT			
RBCs	ABSENT			MICROSCOPIC
	1002111			EXAMINATION
Cast	ABSENT			
Crystals	ABSENT			MICROSCOPIC
				EXAMINATION
Others	ABSENT			
STOOL, ROUTINE EXAMINATION *	* , Stool			
Color	YELLOWISH			
Consistency	SEMI SOLID			
Reaction (PH)	Acidic ( 6.0 )			
Mucus	ABSENT			
Blood	ABSENT			
Worm	ABSENT			
Pus cells	ABSENT			
RBCs	ABSENT			





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### DEPARTMENT OF CLINICAL PATHOLOGY

Test Name	Result	Unit	Bio. Ref. Interval	Method
Ova	ABSENT			
Cysts	ABSENT			
Others	ABSENT			
SUGAR, FASTING STAGE * , Urine				
Sugar, Fasting stage	ABSENT	gms%		
Intermetation				
Interpretation: (+) < 0.5				
(++) 0.5-1.0				
(+++) 1-2				
(++++) > 2				
SUGAR, PP STAGE * , Urine				
Sugar, PP Stage	ABSENT			
Interpretation:				
(+) < 0.5  gms%				
(++) 0.5-1.0 gms%				
(+++) 1-2 gms%				
(++++) > 2  gms%				

Dr. Shoaib Irfan (MBBS, MD, PDCC)





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UHID/MR NO	: IDCD.0000164701	Received	: 05/Feb/2023 13:03:58
Visit ID	: IDCD0391692223	Reported	: 05/Feb/2023 14:36:18
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

#### **DEPARTMENT OF IMMUNOLOGY**

#### **MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS**

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE - TOTAL ** , Serum				
T3, Total (tri-iodothyronine)	136.62	ng/dl	84.61–201.7	CLIA
T4, Total (Thyroxine)	9.60	ug/dl	3.2-12.6	CLIA
TSH (Thyroid Stimulating Hormone)	2.58	μIU/mL	0.27 - 5.5	CLIA
Intermediation				
Interpretation:		0.3-4.5 µIU/	mL First Trimes	ton
		0.3-4.5 μIU/ 0.5-4.6 μIU/		
		0.8-5.2 μIU/		
		0.5-8.9 μIU/		55-87 Years
		0.7-27 μIU/		28-36 Week

1) Patients having low T3 and T4 levels but high TSH levels suffer from primary hypothyroidism, cretinism, juvenile myxedema or autoimmune disorders.

2.3-13.2

0.7 - 64

1 - 39

1.7-9.1

µIU/mL

µIU/mL

µIU/mL

µIU/mL

Cord Blood

Child

Child

Child(21 wk - 20 Yrs.)

> 37Week

0-4 Days

2-20 Week

2) Patients having high T3 and T4 levels but low TSH levels suffer from Grave's disease, toxic adenoma or sub-acute thyroiditis.

3) Patients having either low or normal T3 and T4 levels but low TSH values suffer from iodine deficiency or secondary hypothyroidism.

**4**) Patients having high T3 and T4 levels but normal TSH levels may suffer from toxic multinodular goiter. This condition is mostly a symptomatic and may cause transient hyperthyroidism but no persistent symptoms.

5) Patients with high or normal T3 and T4 levels and low or normal TSH levels suffer either from T3 toxicosis or T4 toxicosis respectively.

**6)** In patients with non thyroidal illness abnormal test results are not necessarily indicative of thyroidism but may be due to adaptation to the catabolic state and may revert to normal when the patient recovers.

7) There are many drugs for eg. Glucocorticoids, Dopamine, Lithium, Iodides, Oral radiographic dyes, etc. which may affect the thyroid function tests.

**8**) Generally when total T3 and total T4 results are indecisive then Free T3 and Free T4 tests are recommended for further confirmation along with TSH levels.

Dr. Anupam Singh (MBBS MD Pathology)







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Patient Name	: Mr.HIMANSHU MISHRA	Registered On	: 05/Feb/2023 08:28:02
Age/Gender	: 29 Y 6 M 27 D /M	Collected	: N/A
UHID/MR NO	: IDCD.0000164701	Received	: N/A
Visit ID	: IDCD0391692223	Reported	: 05/Feb/2023 14:57:55
Ref Doctor	: Dr.Mediwheel - Arcofemi Health Care Ltd.	Status	: Final Report

## **DEPARTMENT OF X-RAY**

### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

# X-RAY DIGITAL CHEST PA \* (500 mA COMPUTERISED UNIT SPOT FILM DEVICE)

# **DIGITAL CHEST P-A VIEW**

- Soft tissue shadow appears normal.
- Bony cage is normal.
- Diaphragmatic shadows are normal on both sides.
- Costo-phrenic angles are bilaterally clear.
- Trachea is central in position.
- Cardiac size & contours are normal.
- Hilar shadows are normal.
- Pulmonary vascularity & distribution are normal.
- Pulmonary parenchyma did not reveal any significant lesion.

# **IMPRESSION**: NORMAL SKIAGRAM

Dr. Anoop Agarwal MBBS,MD(Radiology)







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## DEPARTMENT OF ULTRASOUND

### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

## ULTRASOUND WHOLE ABDOMEN (UPPER & LOWER) \*

#### <u>LI VER</u>

• Liver is normal in size measures 126.8 mm in cranio caudal extent, shows diffuse bright echoes. No focal lesion is seen.

### PORTAL SYSTEM

- The intra hepatic portal channels are normal.
- Portal vein is normal at the porta.
- Porta hepatis is normal.

### BILIARY SYSTEM

- The intra-hepatic biliary radicles are normal.
- Common duct are normal at the porta.
- The gall bladder is normal in size and has regular walls. Wall thickness is normal. Lumen of the gall bladder is anechoic.

### PAN CREAS

• The pancreas is normal in size and shape and has a normal homogenous echotexture.

#### RIGHT KIDNEY

- Right kidney is normal in size and shape and cortical echotexture.
- The collecting system is not dilated.
- The upper part of right ureter is normal.
- The vesicoureteric junction is normal.
- Corticomedullary demarcation is clear.
- Renal respiratory excursions are normal.

#### LEFT KIDNEY

- Left kidney is normal in size and shape and cortical echotexture.
- The collecting system is not dilated.



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## DEPARTMENT OF ULTRASOUND

### MEDIWHEEL BANK OF BARODA MALE & FEMALE BELOW 40 YRS

- The upper part of left ureter is normal.
- The vesicoureteric junction is normal.
- Corticomedullary demarcation is clear.
- Renal respiratory excursions are normal.

#### <u>S PLEEN</u>

• The spleen is normal in size and has a homogenous echotexture. No focal lesion is seen.

### **ILIAC FOSSA**

Scan over the iliac fossae does not reveal any fluid collection or mass.

### URINARY BLADDER

• The urinary bladder is normal. Bladder wall is normal in thickness and regular.

## PROS TATE

• Prostate gland is normal in size & echotexture is homogenous & measures ~ 18.24 grams.

#### **IMPRESSION**

• Grade- I fatty changes in liver.

Typed by-shanaya

\*\*\* End Of Report \*\*\*

(\*\*) Test Performed at Chandan Speciality Lab.

Result/s to Follow: ECG/EKG

Dr. Anoop Agarwal MBBS,MD(Radiology)

This report is not for medico legal purpose. If clinical correlation is not established, kindly repeat the test at no additional cost within seven days.

Facilities: Pathology, Bedside Sample Collection, Health Check-ups, Digital X-Ray, ECG (Bedside also), Allergy Testing, Test And Health Check-ups, Ultrasonography, Sonomammography, Bone Mineral Density (BMD), Doppler Studies, 2D Echo, CT Scan, MRI, Blood Bank, TMT, EEG, PFT, OPG, Endoscopy, Digital Mammography, Electromyography (EMG), Nerve Condition Velocity (NCV), Audiometry, Brainstem Evoked Response Audiometry (BERA), Colonoscopy, Ambulance Services, Online Booking Facilities for Diagnostics, Online Report Viewing \* 365 Days Open \*Facilities Available at Select Location

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