

PLANET HEALTHCARE & DIAGNOSTIC CENTRE

183, BHAI PARMANAND COLONY, KINGSSWAY CAMP, DELHI

Mr. ANUBHAV YADAV
Age/Sex : 24/M

ID : 63
HrWt /

Recorded 23-10-2021 9.20

Protocol: BRUCE

History:
Medication1:
Medication2:
Medication3:

TREADMILL TEST SUMMARY REPORT

PHASE	PHASE TIME	STAGE TIME	SPEED (Km/Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	ST LEVEL (mm) V2	V5	METS
SUPINE										
STANDING					75	126/80	94	2.3	1.1	
HYPERTENT	0.24	0.24			76	126/80	95	1.0	1.1	
					77	126/80	97	2.5	1.3	
STAGE 1	2.59	2.59	2.70	10.00	94	126/80	118	2.9	2.0	4.80
STAGE 2	5.59	2.59	4.00	12.00	113	134/82	151	2.8	2.0	7.10
STAGE 3	8.59	2.59	5.40	14.00	124	142/84	176	3.3	2.6	10.00
STAGE 4	11.44	2.44	6.70	16.00	147	150/86	220	3.6	3.5	13.66
PEAK EXER	11:52	2:52			147	150/86	220	3.8	2.9	13.84
RECOVERY	2:59	2:59	0.00	0.00	81	148/84	119	2.1	0.8	

RESULTS
Exercise Duration: 11:52 Minutes
Max Heart Rate: 147 bpm, 75% of target heart rate 196 bpm
Max Blood Pressure: 150/86 mmHg
Max Work Load: 13.84 METS
Reason of Termination:

Negative for induced BLS ischemia
- Good effort tolerance

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PLANET HEALTHCARE & DIAGNOSTIC CENTRE

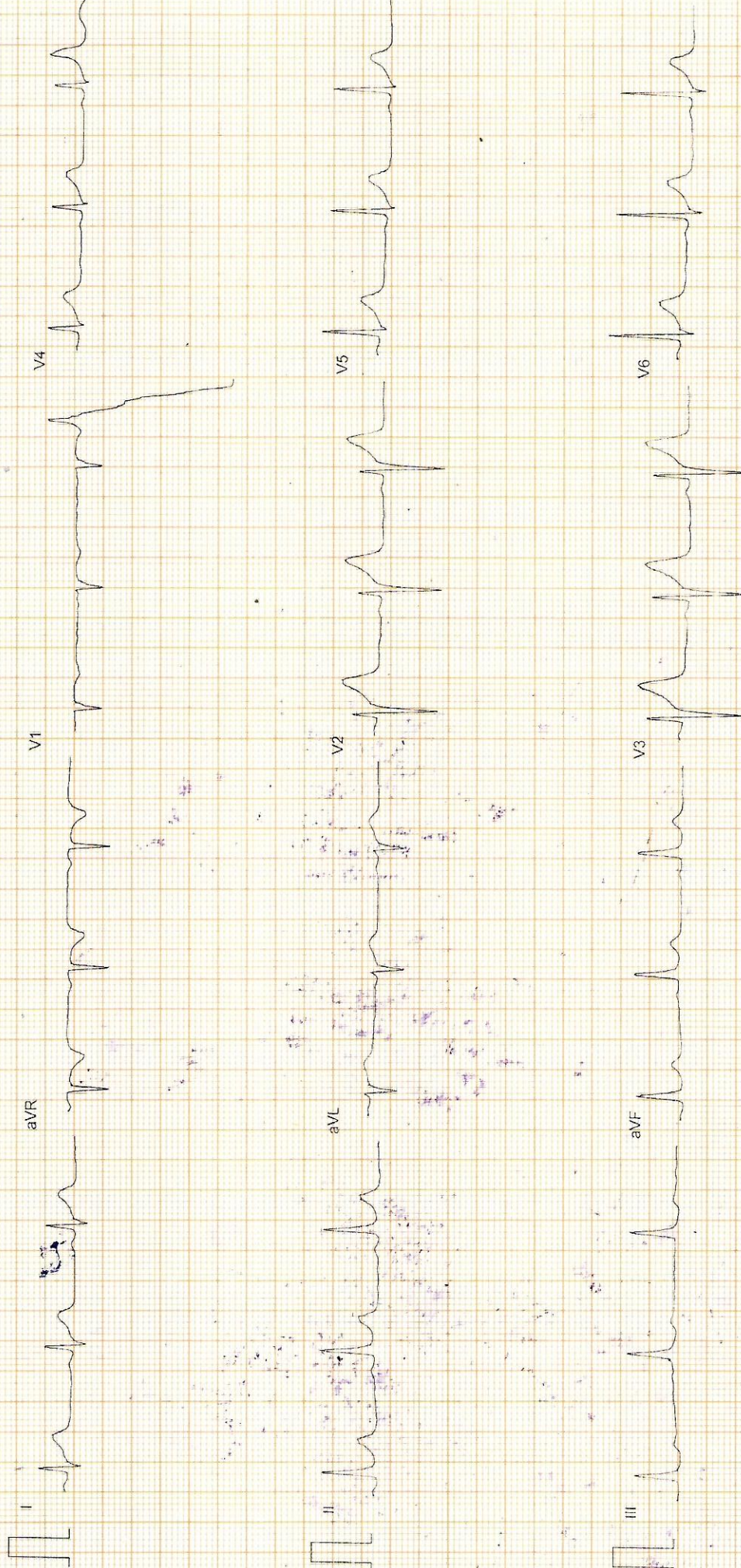
Mr. ANUBHAV YADAV
I.D. : 63
AGE/SEX : 24/M
RECORDED : 23-10-2021 9:20

RATE : 75 BPM
B.P. : 126/80 mmHg

ST @ 10mm/mV
80ms PostJ

SUPINE
PRETEST

RAW E.C.G.



PLANET HEALTHCARE & DIAGNOSTIC CENTRE

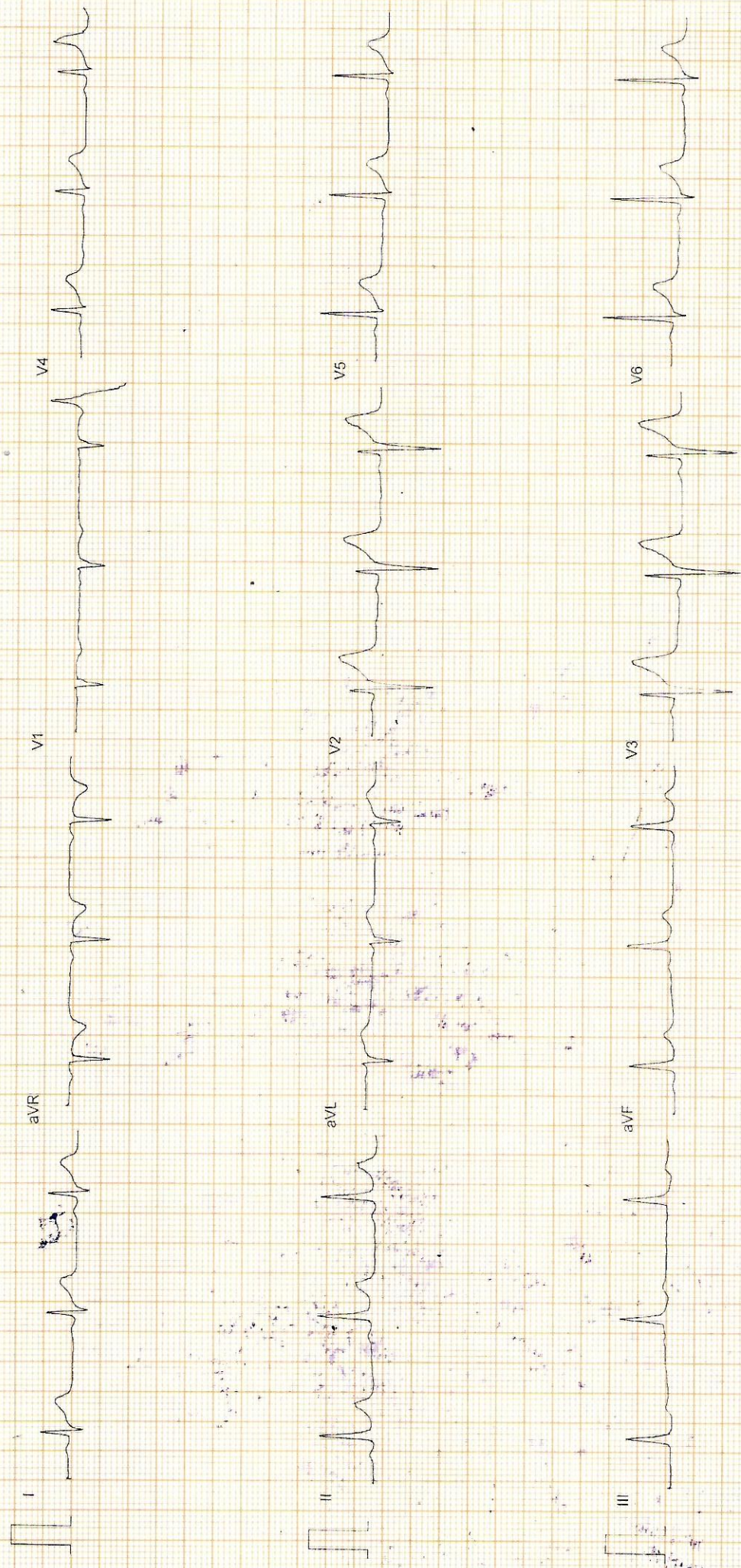
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PRETEST

RAW E.C.G.



PLANET HEALTHCARE & DIAGNOSTIC CENTRE

Mr. ANUBHAV YADAV

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RECORDED : 23-10-2021 9:20

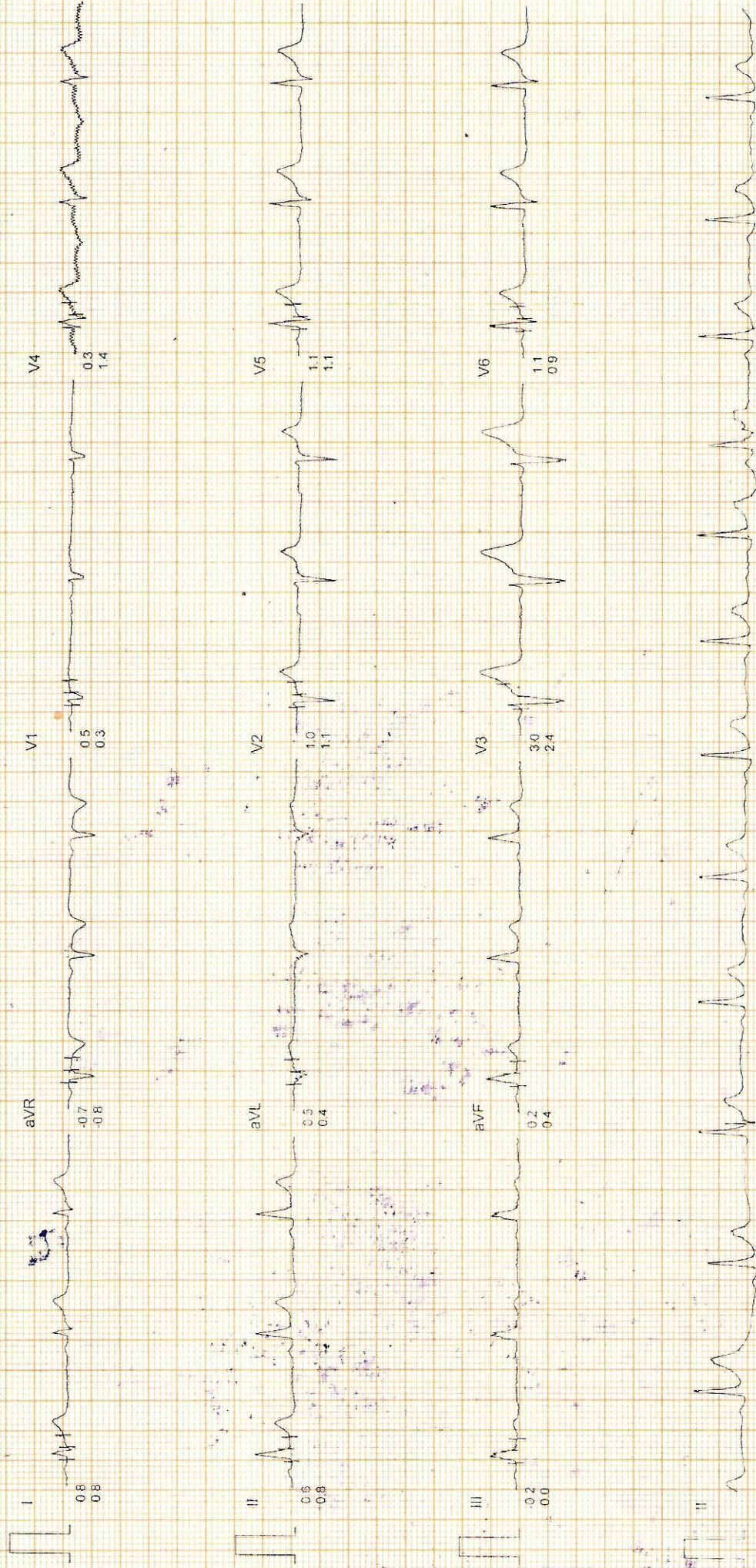
RATE : 76 BPM

B.P. : 126/80 mmHg

STANDING
PRETEST

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



PLANET HEALTHCARE & DIAGNOSTIC CENTRE

Mr ANUBHAV YADAV
ID 63
AGE/SEX 24/M
RECORDED 23-10-2021 9:20

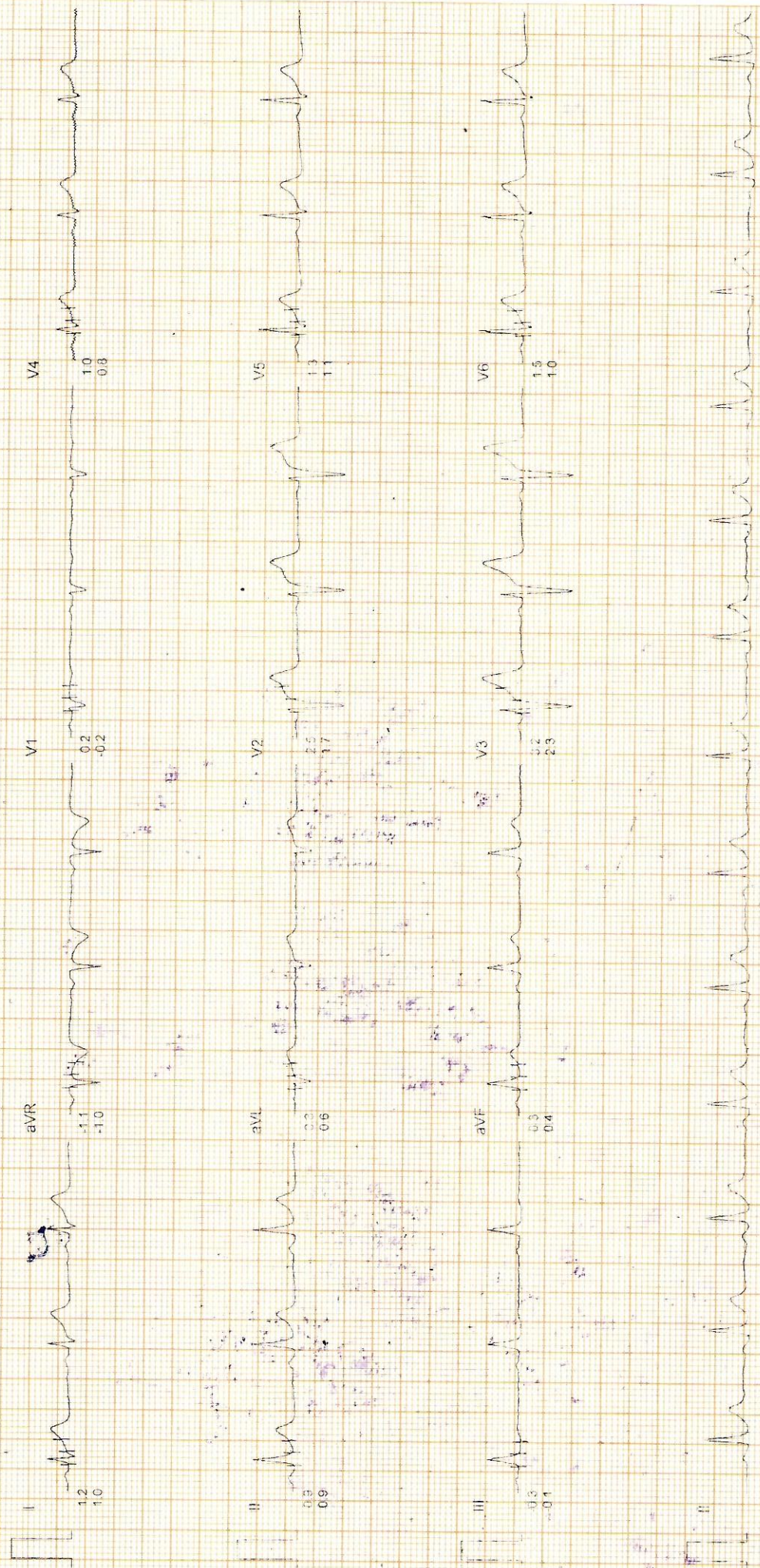
RATE 77 BPM
B.P. 126/80 mmHg

ST @ 10mm/mV
80ms PostJ

HYPERVENTILATION
PRETEST

STAGE TIME 0.24

LINKED MEDIAN



PLANET HEALTHCARE & DIAGNOSTIC CENTRE

Mr. ANUBHAV YADAV
ID : 63
AGE/SEX : 24/M
RECORDED : 23-10-2021 9:20

RATE : 113 BPM
B.P. : 134/82 mmHg

BRUCE
EXERCISE 2
PHASE TIME : 5:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 4.0 Km./Hr.
GRADE : 12.0 %

LINKED MEDIUM



PLANET HEALTHCARE & DIAGNOSTIC CENTRE

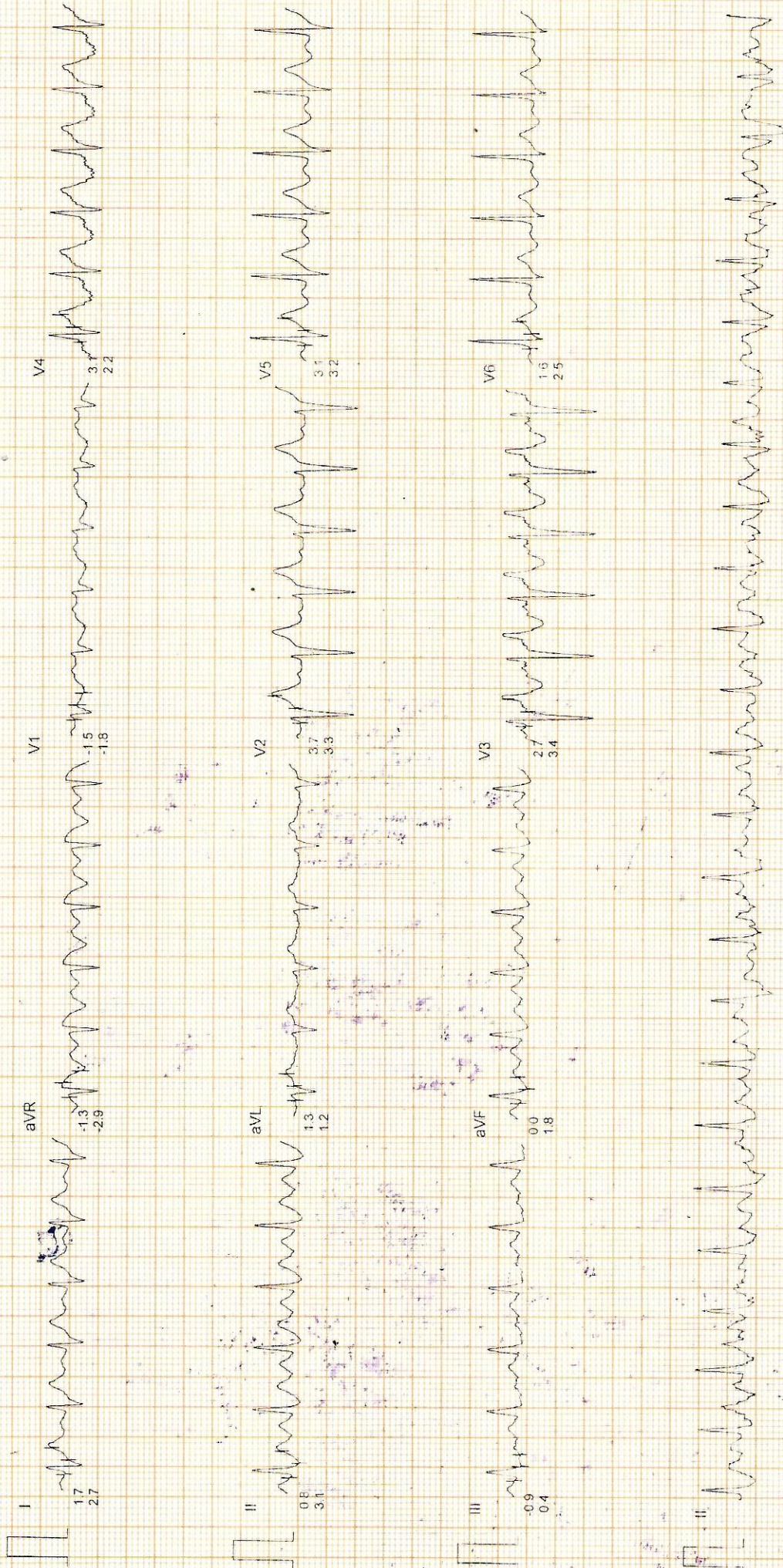
Mr ANUBHAV YADAV
I.D : 63
AGE/SEX : 24/M
RECORDED : 23-10-2021 9:20

RATE : 147 BPM
B.P. : 150/86 mmHg

BRUCE
EXERCISE 4
PHASE TIME : 11:18
STAGE TIME : 2:18

ST @ 10mm/mV
80ms PostJ
SPEED : 6.7 Km/Hr
GRADE : 16.0 %

LINKED MEDIAN



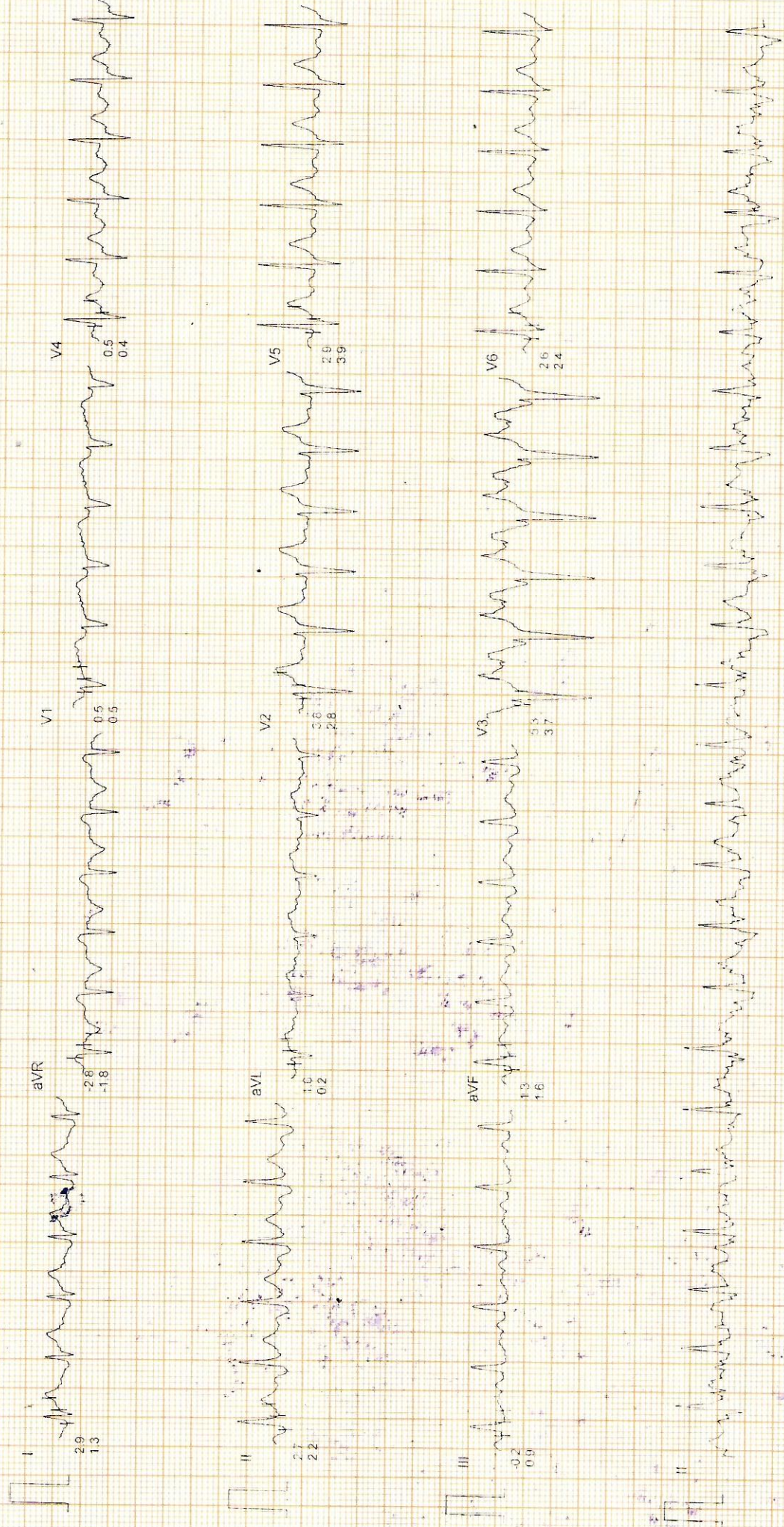
PLANET HEALTHCARE & DIAGNOSTIC CENTRE

Mr. ANUBHAV YADAV
I.D : 63
AGE/SEX : 24/M
RECORDED : 23-10-2021 9:20

RATE : 147 BPM
B.P. : 150/86 mmHg

ST @ 10mm/mV
80ms PostJ
SPEED : 6.7 Km./Hr.
GRADE : 16.0 %

LINKED MEDIAN



PLANET HEALTHCARE & DIAGNOSTIC CENTRE

Mr. ANUBHAV YADAV
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AGE/SEX : 24/M
RECORDED : 23-10-2021 9:20

RATE : 81 BPM
B.P. : 148/84 mmHg

BRUCE
RECOVERY
PHASE TIME : 2:59
ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN

